

REGULARIZATION TECHNIQUES FOR DEEP LEARNING

REGULARIZING NEURAL NETWORKS

We have several means by which to help "regularize" neural networks – that is, to prevent overfitting

- Regularization penalty in cost function
- Dropout
- Early stopping
- Stochastic / Mini-batch Gradient descent (to some degree)

PENALIZED COST FUNCTION

- One option is to explicitly add a penalty to the loss function for having high weights.
- This is a similar approach to Ridge Regression

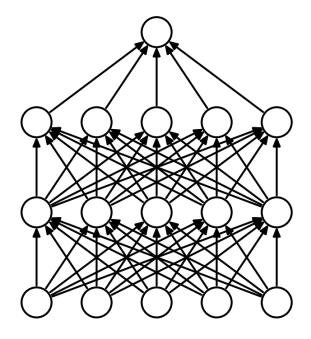
$$J = \frac{1}{2n} \sum_{i=1}^{n} (\hat{y}_i - y_i)^2 + \lambda \sum_{j=1}^{m} W_i^2$$

Can have an analogous expression for Categorical Cross Entropy

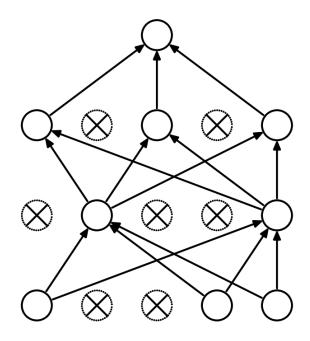
DROPOUT

- Dropout is a mechanism where at each training iteration (batch) we randomly remove a subset of neurons
- This prevents the neural network from relying too much on individual pathways, making it more "robust"
- At test time we "rescale" the weight of the neuron to reflect the percentage of the time it was active

DROPOUT-VISUALIZATION



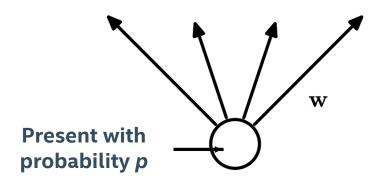
(a) Standard Neural Net



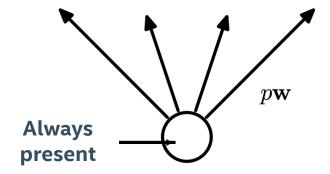
(b) After applying dropout

DROPOUT-VISUALIZATION

If the neuron was present with probability p, at test time we scale the outbound weights by a factor of p.



(a) At training time



(b) At test time

EARLY STOPPING

- Another, more heuristical approach to regularization is early stopping.
- This refers to choosing some rules after which to stop training.
- Example:
 - Check the validation log-loss every 10 epochs.
 - If it is higher than it was last time, stop and use the previous model (i.e. from 10 epochs previous)

OPTIMIZERS

- We have considered approaches to gradient descent which vary the number of data points involved in a step.
- However, they have all used the standard update formula:

$$W \coloneqq W - \alpha \cdot \nabla J$$

- There are several variants to updating the weights which give better performance in practice.
- These successive "tweaks" each attempt to improve on the previous idea.
- The resulting (often complicated) methods are referred to as "optimizers".

MOMENTUM

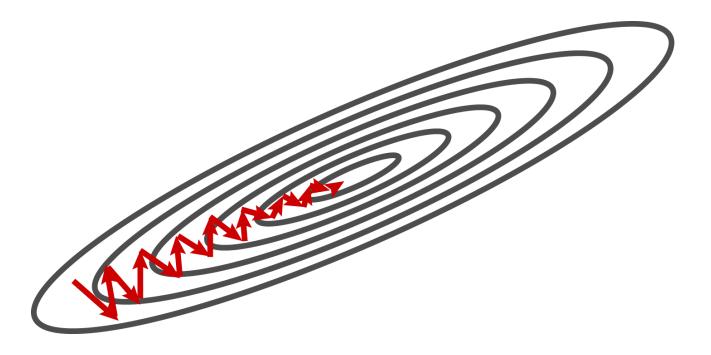
- Idea, only change direction by a little bit each time.
- Keeps a "running average" of the step directions, smoothing out the variation of the individual points.

$$v_{\mathsf{t}} \coloneqq \eta \cdot v_{t-1} - \alpha \cdot \nabla J$$

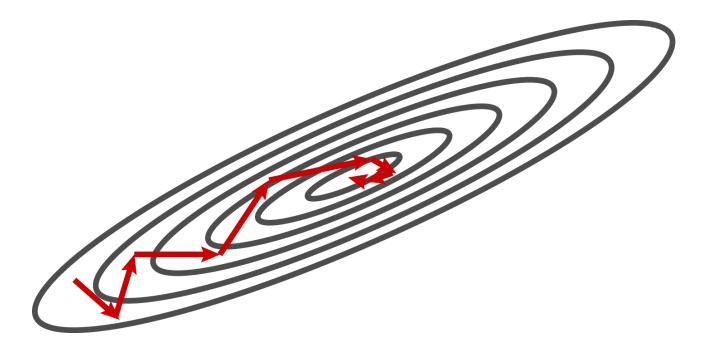
$$W \coloneqq W - v_t$$

• Here, η is referred to as the "momentum". It is generally given a value <1

GRADIENT DESCENT VS MOMENTUM



GRADIENT DESCENT VS MOMENTUM



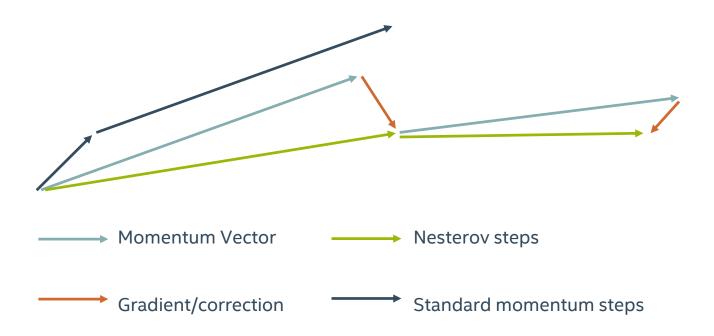
NESTEROV MOMENTUM

- Idea: Control "overshooting" by looking ahead.
- Apply gradient only to the "non-momentum" component.

$$v_t = \eta \cdot v_{t-1} - \alpha \cdot \nabla (J - \eta \cdot v_{t-1})$$

$$W \coloneqq W - v_t$$

NESTEROV MOMENTUM



ADAGRAD

- Idea: scale the update for each weight separately.
- Update frequently-updated weights less
- Keep running sum of previous updates
- Divide new updates by factor of previous sum

$$W \coloneqq W - \frac{\eta}{\sqrt{G_t} + \epsilon} \odot \nabla J$$

RMSPROP

- Quite similar to AdaGrad.
- Rather than using the sum of previous gradients, decay older gradients more than more recent ones.
- More adaptive to recent updates

ADAM

Idea: use both first-order and second-order change information and decay both over time.

$$m_{t} = \beta_{1} m_{t-1} + (1 - \beta_{1}) \nabla J$$

$$\hat{m}_{t} = \frac{m_{t}}{1 - \beta_{1}^{t}}$$

$$v_{t} = \beta_{2} v_{t-1} + (1 - \beta_{2}) \nabla J$$

$$\hat{v}_{t} = \frac{v_{t}}{1 - \beta_{1}^{t}}$$

$$W := W - \frac{\eta}{\sqrt{\hat{v}_{t}} + \epsilon} \odot \hat{m}_{t}$$

WHICH ONE SHOULD I USE?!

- RMSProp and Adam seem to be quite popular now.
- Difficult to predict in advance which will be best for a particular problem.
- Still an active area of inquiry.

