

Plaza Mackerel Seenisambol

Ingredients :

Plaza Mackerel Canned fish	1 can
Sugar	1 tspn
Finely chopped onions	300g
Rampe and curry leaves	as required
Cinnamon	1 stick
Crushed chili	2 tspn
Tamarind juice	3 tspn
Salt and sugar	according to taste
Oil for frying	as needed

Method :

Flake the Plaza Mackerel and fry in oil until golden. After which fry the onions until golden. On a separate pan heat oil and add the Curry leaves , Rampe , Cinnamon , crushed Chili , fried Onions , Sugar and add the fried Plaza Mackerel and mix well. Finally add sugar salt and tamarind juice to taste.

