

**Day 3  
05:30**



**07:00**

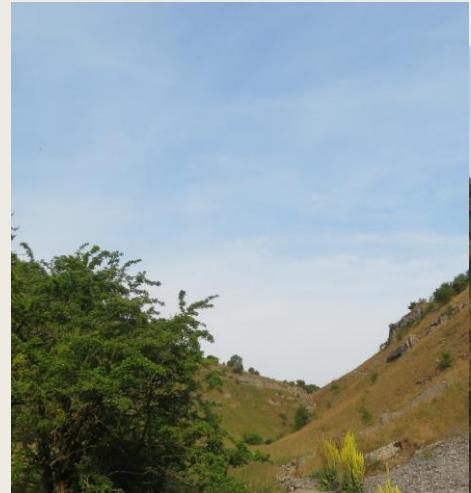


**07:30**



No big difference in the weather and the cloud

**08:00**



**08:30**



**09:00**



# 08:00

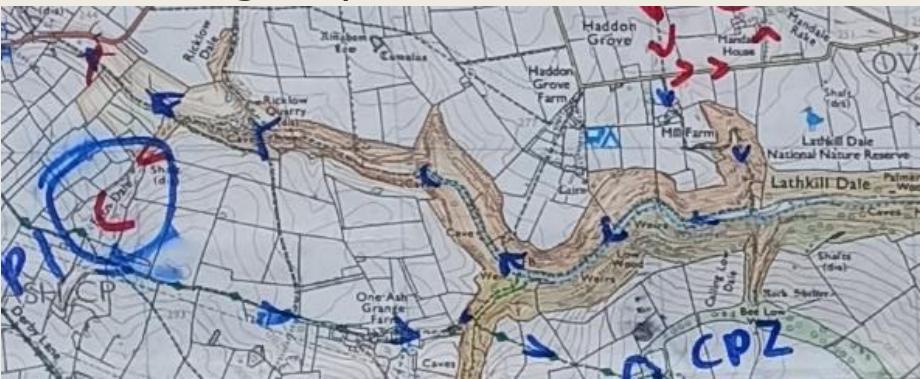


# 08:30



Although it is not as hot and shiny as day 2, the humidity is very high which build up the heat around the atmosphere.

We are walking downhill instead of uphill and we saw the other group on the hill



# 09:00

**09:15**



**09:40**



**09:50**



Mid-level Mid density cloud cover up most of the sunlight. The weather is perfect for hiking. We are making good progress and far beforehand than other group



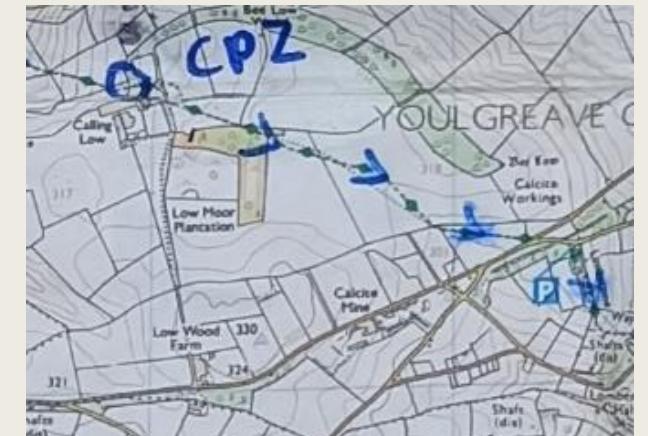
# 10:10



# 10:45



The cloud gone away and direct sunlight is faced. Although it was 27°C, it is burning hot with no wind. No shaded until we walk into the forest, it is painful exposing directly into sunlight



High level high-density cloud can be seen but far away from us. We meet some old people who walk 40km away from there home. Impressive!!!



10:45



11:00



# 12:00



# 13:45



# 14:40



There are less cloud compare to 13:45. They are mostly low-density high cloud. The temperature only 22oC which is comfortable to walk

The sky is slowly cover up with mid-level cloud. We are before the schedule and the



**15:40**



We arrived day 3 campsite at 15:40. The sky build up cloud half an hour later. It didn't rain or get too hot so it is a good weather for playing sport.

**16:17**



# Day 4 08:00

## 08:40



## 09:00



Foggy and rainy day. Low-level high-density cloud gather together and it start to rain before we leave the campsite. Not very happy with the weather and the behind schedule

# 09:30

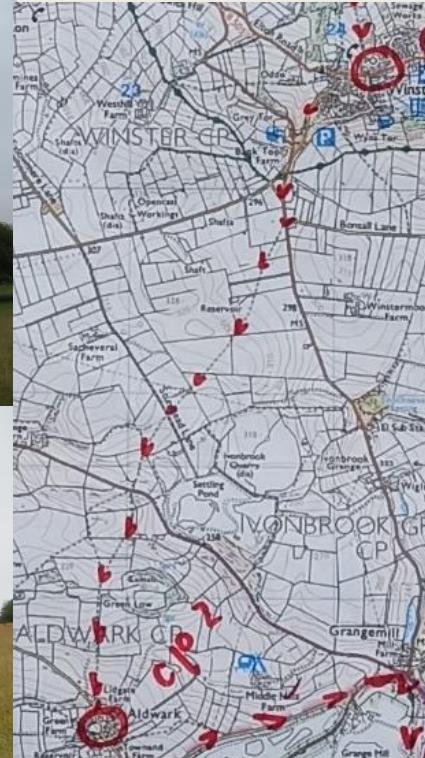


The rains continue and the sky looks so dark and gray. Very unhappy as schedule delayed for 1.5 hrs and my shoes and trousers are all wet

# 09:50



# 10:22



The rain finally stops and it looks much brighter compared to 9:30. We are walking non-stop and making good progress

# 11:00



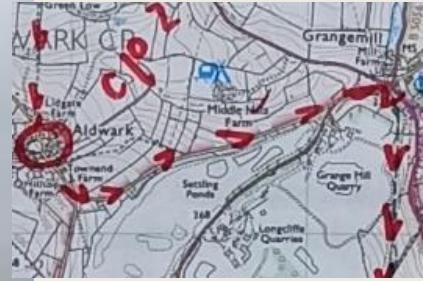
# 12:00



# 13:00



We have a good conversation about should we have lunch next to the wind turbine



The cloud didn't disappear, which provide perfect barrier to the sun. We walk pass by a farm and a chicken is playing crossy road

The weather doesn't change much. But we are slower than group so we have to hurry up.

13:20



14:10



14:30



After de-brief,  
nothing to worry  
😊  
The weather  
doesn't change  
much and most  
of the road are  
going downhill.



15:00



15:30



16:00



The sky stay the same as before. We are walking on full speed and arrived the end point.

# Environmental impact

DAY 1 Next to Grindleford Station



DAY 2 School lane to Hassop(yellow road after walking though the forest)



Monsal Head (where we stopped/wait and suspended)

DAY 4 traffic road near to CP1 (Winster)



Grangemill(where we rest between CP2 and 3)



Cromford(next to end point)



# Environmental impact



Literately  
rubbish  
bin nearby





Tissue paper





## Human activities







## Food Packaging



# How rubbish affect nature?

The peak district is a biodiversity national park. It is also a habitat of lots of wild animal and insect. The smell and colour of litter will attract them to consume. This may cause health problem to wild animals as plastic can't digest inside them.

Thank you for Jason, who pick up the rubbish he saw even though it is someone else



THE END