الأتيام المسنون فيها الصّوم

Special Days For Voluntary Fasts

Muharram1-10

Rajab 27(Mihraj Day)

Sha'ban 15 (Baraath Day)

6 Days of Sha'ban

Dhul-Hijjah 1-8

Dhul-Hijjah 9 (Arafa Day)

Full Moon Days (13, 14,15 of Every Month)

New Moon Days (28,29,30 of Every Month)

First Three Days of Every Month

All Mondays & Thursdays