

# لِسُهُولَةٍ وَضَعِ الحَمْلَ

## To Become Childbirth Easier

Approach some any religious person like an Alim and get some betel leaves from them with zikr chanted on and then chew it in the mouth and gulp its juice. Besides, you can get water from them with zikr chanted on and drink it.

If we do this with the permission and guidance of the great religious persons, the result will be immense. And the recital of Surah Yaseen as mentioned earlier itself will greatly benefit in easy delivery.

