

إِذَا خَافَتْ الْحَامِلُ بِالْقَيْءِ

When Facing Diffuculty with Vomiting

Mix the pure powder from soil in a bowl of water

﴿وَقِيلَ يَآرْضُ أَبْلَعِي مَاءَكَ وَيَسْمَاءُ أَقْلَعِي

وَعِغِضَ الْمَاءِ وَقُضِيَ- الْأَمْرُ وَاسْتَوَتْ عَلَى

الْجُودِيِّ وَقِيلَ بُعْدًا لِلْقَوْمِ الظَّالِمِينَ﴾

Then, recite the given Ayah for seven times and chant into the water. Then, drink the water after the soil is completely drained. Take some of the wet soil and apply it in the tongue.