

عِنْدَ الْحَمْلِ

During Pregnancy

Since the beginning of the conception, recite Surah Al-Fatiha, Al-Ikhlās, Al-Muavidathaini, Surah Yāsīn and send it *hadya* upon Prophet Muhammed, Beevi Khadeeja, Beevi Fathima, Sheikh Jeelani, Kavarathi Sheikh Muhammed Qasim Valiyullah and others. It's better to include Asmaul Badr and One portion from Burdha daily. Increase Swalat and *Zikr*. Purify your heart.

