

التَّسْبِيح

100 Tasbeeh after Jumua

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ
وَبِحَمْدِهِ أَسْتَغْفِرُ اللَّهَ

It has been narrated in Hadith that one who recites this will be granted with 124,000 virtues; and his 100,000 sins and his parents' 24,000 sins will be forgiven.