```html
<!DOCTYPE html>
<html lang="en">

<head>
    <meta charset="UTF-8">
    <meta http-equiv="X-UA-Compatible" content="IE=edge">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <meta name="description" content="">
    <title>Chapter 8 - Structure</title>

    <style>
        a {
            text-decoration: none;
        }

        #about {
            /* color: yellow; */
            text-decoration: underline;
        }

        h1 {
            text-align: center;
        }

        iframe {
            width: 100%;
            height: 800px;
        }

        .text-teal {
            color: teal;
        }

        /* #two {
            color: teal;
        } */
    </style>
</head>

<body>
    <header>
        <nav>
            <a href="index.html">Chapter 8 - Structure</a> |
            <a href="about.html" id="about">About</a> |
            <a href="contact.html">Contact</a>
        </nav>
    </header>

    <main>
        <div>
            <h3>Table</h3>
            <table border="1">
                <thead>
                    <tr>
                        <th>Serial No</th>
                        <th>Name</th>
                        <th>City</th>
                        <th>Gender</th>
                    </tr>
                </thead>
                <tbody>
                    <tr>
                        <td>1</td>
                        <td>Ahmad</td>
                        <td>Lahore</td>
                    </tr>
                    <tr>
                        <td>1</td>
                        <td>Ahmad</td>
                        <td>Lahore</td>
                    </tr>
                </tbody>
                <tfoot>
                    <tr>
                        <th colspan="2">Total</th>
                        <td>123</td>
                    </tr>
                </tfoot>

            </table>

        </div>



        <div>
            aside
            Left Side Main content
            aside
        </div>
        <!-- <div></div>

        <section></section>
        <article></article>
        <aside></aside> -->

        <div>
            <h3>Chapter 9 - <span class="text-teal">Extra Markup</span></h3>

            <meter value="100" max="100"></meter>
            <br>
            <span>90%</span><br>

            <progress value="25" max="100"></progress>

            <a href="https://umairahmad.net" target="_blank" rel="noopener noreferrer">Go To Website</a>
            <!-- <iframe src="https://umairahmad.net" frameborder="0"></iframe> -->
            <h3>Chapter 10 - <span class="text-teal">Metadata</span></h3>

            <fieldset>
                <legend>Login Form</legend>
                <input type="text" placeholder="Email" value="abc@gmail.com" readonly>
                <input type="text" placeholder="First Name" value="">
            </fieldset>

        </div>
    </div>
    </main>

    <footer>
        <p>&copy; 2022. All Rights Reserved.</p>
    </footer>
</body>

</html>
```