







ANEESH ANIYAN

Experienced Registered Nurse – DHA : 80093537

Experienced DHA Registered Nurse with 15+ years' mastery in critical care, invasive procedures, and advanced cardiac catheterization. Proficient in CPR, resuscitation, and post-procedural care. Effective collaborator in multi-specialty teams, ensuring optimal patient outcomes. Committed to ongoing learning, staying updated with medical advancements. Known for compassionate, efficient, patient-centered approach, consistently exceeding care standards.

PERSONAL INFORMATION

-  **Phone :** +971505181614
-  **Email :** aneeshaply@gmail.com
-  **Nationality :** Indian
-  **Marital Status :** Married
-  **Visa Type :** Employment
-  **Date Of Birth :** Mar-1985

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EDUCATION

- **BSc Nursing (2015)**
Rajiv Gandhi University of Health Sciences
 - Nursing Fundamentals
 - Medical-Surgical Nursing
 - Pharmacology
 - Pediatric Nursing
 - Community Health Nursing
 - Nursing Ethics and Law
 - Emergency and Trauma Nursing
 - Health Assessment
- **Diploma Nursing (2007)**
Karnataka State Diploma of Nursing examination board
 - Anatomy and Physiology
 - First Aid and CPR
 - Basic Medical Terminology

PROFESSIONAL EXPERIENCE

SAUDI GERMAN HOSPITAL (UAE) | STAFF NURSE OT JAN 2022 TO PRESENT

Key responsibilities:

- Prepare and maintain the operating room environment, ensuring cleanliness and proper equipment setup.
- Assist the surgical team by preparing sterile instruments, supplies, and equipment needed for surgical procedures.
- Collaborate with surgeons, anesthesiologists, and other healthcare professionals to ensure patient safety and proper procedural setup.
- Monitor patients' vital signs before, during, and after surgery, and promptly report any changes to the medical team.
- Administer medications and anesthesia as directed by the anesthesiologist and assist in positioning patients for surgery.
- Maintain accurate and complete documentation of patient care, surgical procedures, and medication administration.
- Assist in transporting patients to and from the operating room and ensure their comfort and safety.
- Adhere to infection control protocols and maintain a sterile environment within the operating room.
- Handle surgical instruments and equipment with care, ensuring proper cleaning, sterilization, and storage.
- Respond effectively to emergency situations and be prepared to provide life-saving interventions when necessary.

MEDIPOINT HOSPITALS PVT LTD (INDIA) | STAFF NURSE OT & CATH LAB | OCT 2007 TO JUN 2022

Key responsibilities:

- Assist in the setup and operation of specialized equipment, such as laparoscopic and robotic surgical systems.
- Ensure the availability of necessary surgical supplies, implants, and equipment, and coordinate their procurement as needed.
- Collaborate with the surgical team to maintain a sterile field and adhere to aseptic techniques throughout the surgical procedure.
- Anticipate the needs of the surgical team by providing instruments and supplies promptly and efficiently.
- Communicate effectively with the surgical team to provide updates on the patient's condition and any changes during the procedure.
- Manage the disposal of biohazardous waste and ensure proper handling and disposal of used supplies.

ACHIEVEMENTS

- Successfully maintained patient records and ensured documentation accuracy, facilitating efficient communication across shifts.
- Successfully provided critical care to a diverse range of emergency patients, ensuring optimal patient outcomes.
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- Effectively managed post-procedure care, including femoral artery compression and wound care, promoting patient recovery.
- Displayed exceptional leadership by mentoring staff, enhancing communication skills, and fostering problem-solving abilities.

EQUIPMENTS USED

- VENTILATORS
- CARDIAC MONITORS
- PULS OXYMETERS
- SYRING PUMP
- DEFIBRILLATORS
- NEBULIZERS
- SPIRO METER
- ECG MACHINE
- SPHYGMOMANOMETER
- GLUCOMETER
- OXYGEN CYLINDER
- SUCTION APPARATUS
- LARINGEO SCOPE

LANGUAGES

- English
- Malayalam
- Hindi

- Assist with wound closure and dressing application, ensuring aseptic technique and patient comfort.
- Assist the cardiologist with patient preparation, positioning, and administration of contrast agents.
- Monitor patients closely during procedures, noting any adverse reactions to contrast media or changes in vital signs.
- Operate specialized equipment, such as fluoroscopy machines and hemodynamic monitoring systems.
- Assist in the insertion and removal of catheters and guidewires, ensuring patient comfort and safety.
- Provide post-procedure care, including monitoring patients in the recovery area and addressing any complications.
- Maintain accurate and complete documentation of cath lab procedures, patient responses, and medication administration.

CARDIAC CATH LAB EXPERIENCE

- Coronary angiography, renal and peripheral angiography.
- Percutaneous transluminal coronary angioplasty (PTCA) with multivessel angioplasty and stenting.
- Renal angioplasty and stenting, leading to improved patient outcomes.
- Implantation of permanent pacemakers (dual chamber, CRT) and implantable cardioverter defibrillators (ICD).
- Performed aortic and pulmonary balloon dilatation, enhancing cardiac function.
- Expertise in cerebral catheterization, ensuring precise diagnostics and interventions.
- Proficiently conducted pericardial effusion tapping, relieving patients from discomfort.
- Skillfully managed intravascular foreign body retrieval procedures, ensuring patient safety.

OPERATING THEATRE EXPERIENCE

- Orthopedic surgeries, contributing to patients' mobility and quality of life.
- Laparoscopic surgeries, promoting minimally invasive and quicker recoveries.
- Gynecological surgeries, providing critical care during complex procedures.
- General surgeries, ensuring patients' well-being during a variety of interventions.
- Neurosurgeries, demonstrating precision and vigilance in high-stakes procedures.
- Ophthalmic surgeries, supporting patients' visual health and postoperative care.
- ENT surgeries, assisting in procedures that enhance patients' hearing and quality of life.
- Urology surgeries, offering vital support in urinary system interventions.
- Reconstruction and maxillofacial surgeries, contributing to patients' physical and emotional well-being.

PROFESSIONAL SKILLS

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| <div><div></div></div> Team Collaboration | <div><div></div></div> Critical Thinking |
| <div><div></div></div> Problem-Solving Abilities | <div><div></div></div> Attention to Detail |
| <div><div></div></div> Empathy | <div><div></div></div> Communication Skills |
| <div><div></div></div> Stress Management | <div><div></div></div> Adaptability |
| <div><div></div></div> Patient Advocacy | <div><div></div></div> Patient Education |
| <div><div></div></div> Leadership Abilities | <div><div></div></div> Continuous Learning |