

Nutrition Education

The following nutritionists can help cancer patients implement the ketogenic diet for cancer. Keep in mind that they are nutrition educators and consultants, not metabolic doctors.

Miriam Kalamian, EdM, MS, CNS (keto4cancer101@gmail.com). Miriam is author of “[*Keto for Cancer*](#).” This book is highly recommended for those cancer patients and caregivers who need sound advice on ketogenic diet implementation nuanced for cancer. You can take it a step further and get a personalized plan and support from her and her team at [Dietary Therapies](#).

Beth Zupec-Kania. Beth is the leading consulting dietitian for the Charlie Foundation. Their original mission and focus was on the use of the ketogenic diet for epilepsy but have they since expanded to include other conditions, including cancer. [Click here](#) for a link to their consulting page.

Denise Potter’s Pediatric RD Team for can provide ketogenic diet guidance and support for pediatric cancers.
<https://advancedketogenictherapies.com/team>

Remission Nutrition. provides oncology nutrition consulting worldwide for the prevention, management and recovery from cancer using metabolic dietary therapies
<https://www.remissionnutrition.com/>

Patrice Surley, MH, NC, Nutrition Consultant
<https://www.facebook.com/profile.php?id=100013123448263>

Metabolic Oncology Practitioners

The following physicians and clinics are familiar with metabolic therapy for cancer and might help cancer patients implement a plan. Please understand that I am simply sharing this information with you and not endorsing any specific practitioner or treatment.

[Astron Health](#) is a new service that assesses tumor mutations. This has the potential to offer you a personalized and targeted protocol of repurposed drugs and supplements.

Alicia Hickson, Minneapolis, MN offers a comprehensive approach to cancer management, including KMT alongside other treatments.
Rayma Health: <https://www.raymahealth.com/>

Dr. Donese Worden, an integrative ND in Arizona who can offer a comprehensive approach (info@drworden.com).

Dr. Isabella Cooper, London, UK,
isabella@bellamitocondria.com

Dr. Janak Nathan, Mumbai, India. Provides support in India as well as worldwide, including the unique dietary needs of vegans and vegetarians. janak.nathan@gmail.com.

Dr. Neal Speight, North Carolina secure@cfwellness.com

Dr. Annette Bosworth, dr.bosworth@meaningfulmedicine.org

Dr. Simon Yu, St. Louis, MO (preventionandhealinginc@gmail.com)

Drs. Csaba Toth & Zsófia Clemens, (Budapest, Hungary) Paleolithic ketogenic diet for cancer (clemenszsofia@gmail.com).

Dr. Akbar Khan <http://medicorcancer.com/>

Dr. Axel Pflueger, Center for Comprehensive & Diagnostic Medicine, New York City, NY provides services to the Hasidic community and others in surrounding communities. apflueger@tmediq.com

Dr. Abdul Slocum, (Istanbul Turkey) at [Chemo Thermia Clinic](#) Email: abdulkadirsl@gmail.com

Dr. Athanasios Evangelios, Greece (aeevange@auth.gr).

Dr. Fabiano Serfaty, Brazil (fmserfaty@gmail.com).

Dr. Jean Pierre Spinosa, Switzerland (spinosa@deckpoint.ch). <http://www.neovitalitas.com/contact-en.htm>

Dr. Matthew Phillips, Hamilton, New Zealand (Matthew.Phillips@waikatodhb.health.nz)

Dr. Michelle Scott, Facebook page (**DocScottMD**) where Dr. Scott discusses bringing Press-Pulse therapy to Florida (micscottmd@aol.com).

Dr. Charles (Chuck) Meakin, MeakinMetabolicCare.com <https://meakinmetabolicscare.com/contact/>

Low Carb Down Under is a resource for people in Australia and New Zealand lowcarbdownunder@gmail.com

MaxLove Foundation: Support for families of children with cancer. Contact advocate Samantha Chacon samantha@maxloveproject.or

Hyperbaric Oxygen Therapy

Hyperbaric Oxygen Therapy (HBOT) used alongside metabolic treatment

We believe the combination of HBOT with a ketogenic diet can be effective in managing brain cancer and many metastatic cancers (see paper attached to my email). Ideally, this will be in a hard chamber with pressure between 2.0 and 2.5 ATA. If this is not possible, some evidence exists for soft chamber use at lower ATAs and longer and/or more frequent sessions. Our research on an animal model suggests that therapeutic efficacy of HBOT is best when the body is in a state of ketosis (blood ketone levels above 2.0 mmol/L). This may be augmented by consuming exogenous ketone supplements, taken just prior to the dive. However, it is essential that anyone considering this therapy work with their KMT-savvy health care provider on a plan and protocol best suited to them.

Dr. Dominic D'Agostino's TEDx talk at USF in Tampa.

<http://www.youtube.com/watch?v=3fM9o72ykww>

Dom is in the process of writing a blog on HBOT. He'll include more resources. Keep tuned to his site, <https://ketonutrition.org/>

Dr. Scott Sherr, Hyperbaric oxygen therapy New York and San Francisco

<https://www.hyperbaricmedicalsolutions.com/integrative-hbot/scott-sherr>

Dr. Alan Katz, Hyperbaric oxygen therapy in NY, FL, and New England

<https://www.hyperbaricmedicalsolutions.com/metabolic-cancer-support>

[Click here](#) for a recent review on the use of HBOT as a complementary treatment in GBM.

Hyperbaric chambers for home use can be purchased from the following companies:

<https://hbotusa.com/contact/>

<http://www.hyperbaric-dives.com/>

Products

(No affiliate relationships with these companies or individuals)

KetoGen 4:1 -Ketogenic Diet product from Medica Nutrition. This is the product we use in our preclinical research. www.medica-nutrition.com

The Keto Mojo Blood Glucose/Ketone Meter can be purchased on Amazon or on their [website](#).

Media

Lily Chien-Davis describes GKI Index for cancer management through **Heads-Up-Health**
<https://headsuphealth.com/blog/stories-of-transformation/cancer-diet-how-keto-and-the-glucose-ketone-index-helped-us/>

YouTube Videos, web comments, and news articles

Kelli O'Brien: [Brain Cancer Healing with a Ketogenic Diet](#)

Post from [Eat and Beat Cancer](#)

Post from the CBN: <https://cbn.com/news/health/starving-cancer-ketogenic-diet-key-recovery>

Journalist Anne Mullens discusses ketogenic diet therapy for glioblastoma in Diet Dr.
<https://www.dietdoctor.com/low-carb/keto/brain-cancer>

Comments from Dr. Lorraine Day MD (surgeon)
<https://www.dietdoctor.com/low-carb/keto/brain-cancer>

Andrew Scarborough describes how he is managing his glioma using a zero carb KD.
<http://zerocarben.com/2015/05/31/healing-brain-cancer-with-a-zero-carb-ketogenic-diet-by-andrew-scarborough/>

Pablo Kelly managed his brain tumor with metabolic therapy using ketogenic diet.
(<http://www.childhoodcancer2018.org.uk/speakers/pablo-kelly.asp>)
<https://youtu.be/dB5Mc9E9ifI>

Guy Tenenbaum beats advanced prostate cancer using metabolic therapy alone
(https://youtu.be/Nv0Lt67_h9I).

Damien Blenkinsopp Enters the Metabolic Zone!
<https://thequantifiedbody.net/5-day-water-fast-results/>

Dr. James McCarter speaks on his experience with therapeutic ketosis:
<https://vimeo.com/147795263>

Dr. Mel Schottenstein of An Oasis of Healing discusses how metabolic therapy helps with one's cancer treatment plan.
<http://www.naturalaz.com/ARIZ/August-2017/A-Modern-Metabolic-Interpretation-of-Cancer/>

This video describes why so little progress has been made in cancer management. All cancer patients, especially brain cancer patients, need to be aware of this.
<https://vimeo.com/119006145>

Outstanding books on the conceptual and practical application of KMT for cancer:

Miriam Kalamian: *Keto For Cancer* , 2017 Chelsea Green Publishing

Travis Christofferson: *Tripping over the Truth: The Metabolic Theory of Cancer*, 2014, CreateSpace Independent Publishing.

Jack C. Westman: *The Cancer Solution: Taking Charge of Your Life with Cancer*, 2015, Archway Publishing.

Dr. Annette Bosworth, *Any Way You Can: A Beginner's Guide to Ketones for Life*, MeTone Life, LLC, Sioux Falls, SD.

Patricia Daly, *The Ketogenic Kitchen*. Unfortunately, Patricia passed recently but her book is still available on Amazon.

Susan Wadia-Ells, *Busting Breast Cancer*

Seyfried presentations on the origin, management, and prevention of cancer

Silicon Valley presentation: https://www.youtube.com/watch?v=APwnkpD_BfI

Cognitum TV interviews: Origin and Management of Cancer
<https://youtu.be/QTbUkYa3isM>

Guy Tenenbaum manages his advanced prostate cancer using metabolic therapy,
<https://www.youtube.com/watch?v=wiGVsUtCZwI>
You can contact Mr. Tenenbaum (guytenenbaum@gmail.com).

Low Carb Down Under: On the Origin of Cancer as a Metabolic Disease.
(<https://youtu.be/06e-PwhmSq8>).

Seyfried Interviews

Dr. David Perlmutter
<http://www.drperlmutter.com/the-empowering-neurologist-david-perlmutter-md-and-dr-thomas-seyfried/>

Commonwealth Club of San Francisco
<https://www.commonwealthclub.org/events/2018-06-20/dr-thomas-seyfried-healthy-cancer-treatment>

Peter Attia, The Drive
<https://peterattiamd.com/tomseyfried/>

Dr. Seyfried on cancer in dogs.

(<https://www.facebook.com/PlanetPaws.ca/videos/749279488573803/>)

Finding Genius podcast (<https://youtu.be/cNvt8L3SINI>).

Our research on metabolic therapies relies heavily on private donations

Foundation For Metabolic Cancer Therapies. Travis Christofferson established this 501(c)(3) foundation to support research on novel approaches to cancer management using non-toxic metabolic therapies (<http://www.foundationformetabolicscancertherapies.com/>). His book, “Tripping over the Truth: The Metabolic Theory of Cancer”, is also recommended reading. Travis’ Foundation and book can change the paradigm by which all cancers are treated. Checks can also be mailed to the foundation Please consider donating to his foundation with a pass-through to my research.

Boston College Biology Research. You can donate to my research where it says “Give to Biology” on the bottom of my Boston College faculty page.

<https://www.bc.edu/bc-web/schools/morrissey/departments/biology/people/faculty-directory/thomas-seyfried.html>