## Hill functions of activation and inhibition

$$H^{+}(S_{i}, T_{i}^{j}, n_{i}^{j}) = \frac{(S_{i}/T_{i}^{j})^{n_{i}^{j}}}{1 + (S_{i}/T_{i}^{j})^{n_{i}^{j}}}$$
(1)

$$H^{-}(S_i, T_i^j, n_i^j) = \frac{1}{1 + (S_i/T_i^j)^{n_i^j}},$$
 (2)

where  $S_i$  – concentration of the regulating substrate,  $T_i^j$  – threshold (where the response is half-maximal), and  $n_i^j$  influences the speed of regulatory process: high  $n_i^j$  means rapid response, whereas low  $n_i^j$  – gradual Michaelis-Menten-like response.

When  $S_i$  approaches  $T_i^j$ , it regulates  $S_i$ .

## Kisspeptin dynamics

Kisspeptin is released in a pulse pattern with a frequency f(t) and amplitude a(t):

$$f(t) = f_0 \times H^-(A(t), T_A^f, n_A^f) \times H^-(E(t), T_E^f, n_E^f) \times H^+(L, T_L^f, n_L^f)$$
(3)

$$a(t) = a_0 \times \left( H^+(E(t), T_E^a, n_E^a) + H^-(E(t), T_E^a, n_E^a) \right) \times H^+(L, T_L^a, n_L^a) , \quad (4)$$

where  $f_0$  is a basal frequency, and  $a_0$  is a basal amplitude.

Estrogens E and adrogens A regulate kisspeptin frequency and amplitude of pulsates.

During the luteal phase E and A inhibit the kisspeptin frequency; during the follicular phase before the LH surge E suppresses kisspeptin amplitude.

#### LH dynamics

LH dynamics in the pituitary can be described as follows:

$$\frac{d}{dt}LH_p(t) = s_{LH}(t) - r_{LH}(t) , \qquad (5)$$

where synthesis of LH is

$$s_{LH}(t) = b_s^{LH} \times H^+(E(t), T_E^{LH}, n_E^{LH}) \times H^-(A(t), T_A^{LH}, n_A^{LH}) \times b_h \exp(-(f(t) - b_0)^2 / b_k) ,$$
(6)

where the kisspeptin influence on LH synthesis is modelled by the bell-shaped function with parameters  $b_h, b_0$ , and  $b_k$  to reflect its inhibitory effect of both low and high frequencies of GnRH pulses on LH. We treat henceforth  $b_s^{LH} \times b_h$  as one parameter by setting  $b_h = 1$ . Release of LH is

$$r_{LH}(t) = k_r^{LH} \times LH_p(t) \tag{7}$$

LH dynamics in blood can be described as follows:

$$\frac{d}{dt}LH_b(t) = \frac{1}{V_b}r_{LH}(t) - k_{cl}^{LH} \times LH_b(t)$$
(8)

The basal LH-synthesis rate  $b_s^{LH}$  is stimulated by E and inhibited by A. LH is released into the blood stream from the pituitary with a release rate  $k_r^{LH}$  and is cleared from the blood stream with a clearance rate  $k_{cl}^{LH}$ .

## **FSH**

FSH dynamics in the pituitary can be described as follows:

$$\frac{d}{dt}FSH_p(t) = s_{FSH}(t) - r_{FSH}(t) , \qquad (9)$$

where synthesis of FSH is

$$s_{FSH}(t) = b_s^{FSH} \times H^-(A(t), T_A^{FSH}, n_A^{FSH}) \times H^-(f(t), T_f^{FSH}, n_f^{FSH}) , \quad (10)$$

and release of FSH is

$$r_{FSH}(t) = k_r^{FSH} \times FSH_p(t) \tag{11}$$

FSH dynamics in blood can be described as follows:

$$\frac{d}{dt}FSH_b(t) = \frac{1}{V_b}r_{FSH}(t) - k_{cl}^{FSH} \times FSH_b(t)$$
(12)

The basal FSH-synthesis rate  $b_s^{FSH}$  is inhibited by A and high kisspeptin frequencies f.

FSH is released into the blood stream from the pituitary with a release rate  $k_r^{FSH}$  and is cleared from the blood stream with a clearance rate  $k_d^{FSH}$ .

### Estrogens

Estrogens dynamics in the ovaries can be described as follows:

$$\frac{d}{dt}E_{ov}(t) = s_E(t) - r_E(t) , \qquad (13)$$

where synthesis of E is

$$s_E(t) = E_0 + E_{max} \times H^+(FSH_p(t), T_{FSH}^E, n_{FSH}^E) \times H^+(A(t), T_A^E, n_A^E) ,$$
 (14)

and release of E is

$$r_E(t) = k_r^E \times E_{ov}(t) \tag{15}$$

Note that  $s_E$  is also a function of androgens' levels to account for the fact that granulosa cells convert androgens (produced by theca cells) into estrogens. Estrogens dynamics in blood can be described as follows:

$$\frac{d}{dt}E_b(t) = \frac{1}{V_b}k_r^E \times E_{ov}(t) - k_{cl}^E \times E_b(t)$$
(16)

Estrogens are released into the blood stream from the ovaries with a release rate  $k_r^E$  and are cleared from the blood stream with a clearance rate  $k_{cl}^E$ .

### Adrogens

Adrogens dynamics in the ovaries can be described as follows:

$$\frac{d}{dt}A_{ov}(t) = s_A(t) - r_A(t) , \qquad (17)$$

where synthesis of A is

$$s_A(t) = A_0 + A_{max} \times H^+(LH_p(t), T_{LH}^A, n_{LH}^A), \qquad (18)$$

and release of A is

$$r_A(t) = k_r^A A_{ov}(t) \tag{19}$$

Adrogens dynamics in blood can be described as follows:

$$\frac{d}{dt}A_b(t) = \frac{1}{V_b}k_r^A \times A_{ov}(t) - k_{cl}^A \times A_b(t)$$
(20)

Adrogens are released into the blood stream from the ovaries with a release rate  $k_r^A$  and are cleared from the blood stream with a clearance rate  $k_{cl}^A$ .

Note: we set  $A_0$  and  $E_0$  to 0, but keep them in the model for future.

# Leptin