* MAIA V. DUTTA, MS, RDN, LDN
* PO Box 158902
* Nashville, TN

**Registered Dietitian   
Medical Nutrition Therapy| Nutrition Counseling | Management | Research**

* Over 18 years of experience in management, food service and customer service.
* Strong quantitative, critical thinking, organizational, and problem-solving skills.
* Excellent written, verbal, and interpersonal skills to facilitate productive working relationships with multidisciplinary teams and provide outstanding customer service.
* Extensive experience working with people from diverse cultures, ethnicities, and socioeconomic groups.

**SKILLS & EXPERTISE**

Medical Nutrition Therapy 🞟 Nutrition Counseling 🞟 Legal & Ethics Compliance 🞟 Training & Development 🞟 Team Collaboration & Coordination 🞟 Problem Solving 🞟 Customer Service 🞟 Management 🞟 Written & Verbal Communication

**EDUCATION & CERTIFICATIONS**

**University of Alabama, Tuscaloosa, AL** **2019 –** **2021**

Master of Science in Human Nutrition; GPA: 3.90

**Middle Tennessee State University, Murfreesboro, TN** **2012 –** **2015**

Didactic Program in Dietetics; GPA: 4.0

**Oregon State University, Corvallis, OR** **2004 –** **2007**

* Bachelor of Science in Biology with a Marine Biology Minor
* **Research Projects**: Amphibian Conservation Research, Marine Intertidal Monitoring Project

**Certifications or Additional Education:**

* Registered Dietitian Nutritionist (Licensed in Tennessee)

**PROFESSIONAL EXPERIENCE**

**◤ PRIVATE PRACTICE/NUTRITION CONSULTANT 2019 – Present**

* Conduct nutrition assessments based on client interviews, medical and social history, dietary habits, laboratory tests, and anthropometric measurements.
* Provide individualized nutrition plans/interventions to prevent or manage chronic disease, maintain weight, manage food allergies/intolerances, improve nutrition, plan meals, and improve athletic performance.
* Refer clients to resources for additional support as needed.

**◤ CLINICAL DIETITIAN,** The Health Center at Richland Place and NHC Place at the Trace **2016 – 2019**

* Accurately performed and documented nutritional risk screenings and comprehensive assessments on patients with various medical conditions in long-term care, memory care, and skilled nursing environments.
* Utilized clinical data, patient and caretaker interviews, diagnoses, treatment goals, and patient medical history to assess nutritional risk and status, make recommendations and develop individualized care plans.
* Collaborated with administration, medical staff, physical/occupational/speech therapy, food and nutrition services, social workers, and outside providers to coordinate patient care.
* Participated in care plan meetings with interdisciplinary teams, patients, and caregivers to provide nutrition recommendations, discharge planning, and education as needed.
* Assessed and monitored at-risk patients, such as those with multiple comorbidities, pressure injuries, significant weight changes, tube feeding, total parenteral nutrition, and dialysis to provide recommendations and adjust care plans.
* Maintained thorough nutrition records and documentation.
* Routinely rounded on patients to monitor interventions, update care plans, and ensure patient satisfaction.
* Supervised and trained dietetic interns to assess nutritional needs and provide individualized nutrition counseling and medical nutrition therapy to patients.

**◤ DIETETIC INTERN,** National HealthCare Corporation **2015 – 2016**

* 1200 hours of supervised dietetic practice, including 18 weeks of clinical training, 5 weeks of foodservice, 2 weeks of dialysis, 2 weeks of pediatric, and 5 weeks of staff relief in skilled nursing and long-term care.
* Developed and delivered over 20 educational presentations to promote healthy eating in local communities.
* Provided individualized nutrition therapy and education to patients with various disease states from diverse ethnic and socioeconomic backgrounds.

**◤ DIETARY AIDE,** Blakeford at Green Hills **2014 – 2015**

* Successfully performed all duties in compliance with Blakeford at Green Hills food and resident safety codes.
* Worked as part of a team to accurately follow therapeutic diet orders, load food carts, and provide timely and cordial meal service to patients.

**◤ ASSISTANT MANAGER & SHIFT SUPERVISOR,** Starbucks Coffee Company **1998 – 2014**

* Led teams of 12-24 employees to provide exemplary customer service by cultivating personal connections, anticipating needs, and promptly responding to customer cues.
* Enforced 100% adherence to Starbucks’ food safety/sanitation standards to pass internal and external audits.
* Conducted meetings and workshops to reinforce customer service skills, standards, and sales strategies to improve customer satisfaction and drive location revenue.
* Directly trained and developed employees in all aspects of beverage preparation, food safety/sanitation, cash handling, and customer service by providing tailored feedback relative to individual evaluations.
* Ensured all supervisors managed daily operations, coached and trained team members, set and achieved daily sales goals, controlled inventory and labor, and maintained or improved customer service standards.

**PROJECTS**

**◤ Web Page Project Leader:** Nutrition Graduate Course at UA **2021**

* Led a remote group project to create a web page that reviews, summarizes, and communicates recent research on the effects of a following vegetarian diet during pregnancy on fetal growth outcomes.

**◤ Food Service Compliance:** ServSafe Food Handler Certification Initiative at NHC **2018**

* Ensured all kitchen team members obtained ServSafe Food Handler Certification in 3 months by assigning each team member a ServSafe guide alongside weekly in-services and routine small-group practice tests.

**◤ Customer Satisfaction Project:** Meal Nourishment Care at Blakeford **2015**

* Improved customer satisfaction by 40% in one month by conducting a survey to identify areas for improvement and developing a nourishment cart checklist for dietary partners.

**TECHNOLOGY & TECHNICAL SKILLS**

*Microsoft Office (Word, Excel, PowerPoint, Outlook, Publisher) / Adobe Spark / SPSS / Google Drive / HTML / CSS*

**VOLUNTEER EXPERIENCE**

* **Expanded Food and Nutrition Education Program**: Instructor
* **Feeding America’s 2014 Hunger in America Study**: Traveling Survey Host
* **Starbucks Make Your Mark Program:** Green Team Leader

**INTERESTS**

*Web Development, Health and Nutrition, Reading, Hiking, Kayaking, Animal Rescue, Wildlife Conservation*