

# PERSONAL CYBER SECURITY



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# PRELIMS

# OBJECTIVES

# INTRODUCTION

WHY DOES THIS DATA COLLECTION MATTER?

HACKS ARE HAPPENING ALL THE TIME

Check out real-time attack map, showing live hacks on  
companies and government organisations at:  
<http://map.norsecorp.com>

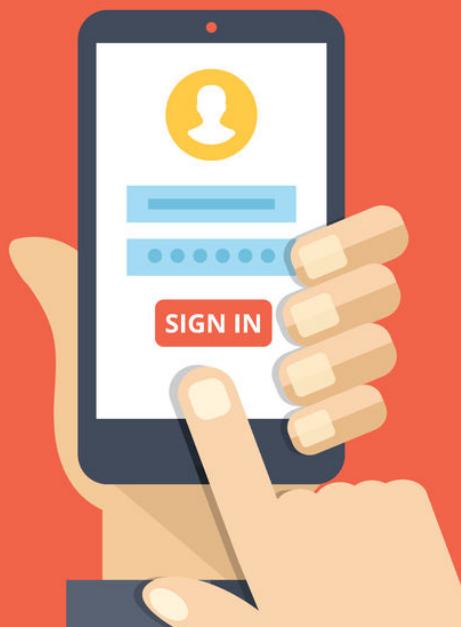
CHANCES ARE THAT YOU'VE ALREADY BEEN  
HACKED

You've probably already been hacked.

Check what details have been leaked, at:

<https://haveibeenpwned.com/>

# PASSWORDS



# PASSWORD SECURITY BASICS

- Use a different passphrase for each account
- Ensure that each passphrase is strong
  - Ideally 12+ characters
  - Including numbers, symbols, upper and lowercase letters
  - Don't include dictionary words, names or places
  - Replacing o for 0, i for 1, or just adding an ! to the end doesn't help much
- Try to change all important passwords at least once a year

# PASSWORD MANAGERS

*A password manager is a tool that securely stores and autofills your login information.*

That means you only ever need to remember one password, and can easily use different, very complex passwords for each site. Most password managers come with a Windows, OS X, Android, iOS and Windows Phone app, as well as a browser extension.

The image displays three separate windows from the LastPass browser extension, each illustrating a different aspect of password management:

- Facebook Window:** Shows a "Password" field filled with a masked password. Below it is a "Log in as" dropdown menu with an option for "facebook.com fan@lastpass.com".
- Amazon Window:** Shows a "Shipping Address" field filled with "17 Main St. New York, NY 10044". A "Fill form with" dropdown menu is open, showing a "My Mastercard" card entry.
- Salesforce Window:** Shows a "New Password" field filled with a masked password. Below it is a "Generate password" field containing "d4dx1q!Rb\*li". A "Fill" button is visible next to the generated password. At the bottom, there are options for generating a longer password and selecting character types: Uppercase (checked), Lowercase (checked), Numbers (checked), and !%#@# (checked).

PASSWORD MANAGERS ARE WIDELY AGREED TO BE THE  
BEST APPROACH FOR STORING & AUTO-FILLING SECURE  
INFORMATION.

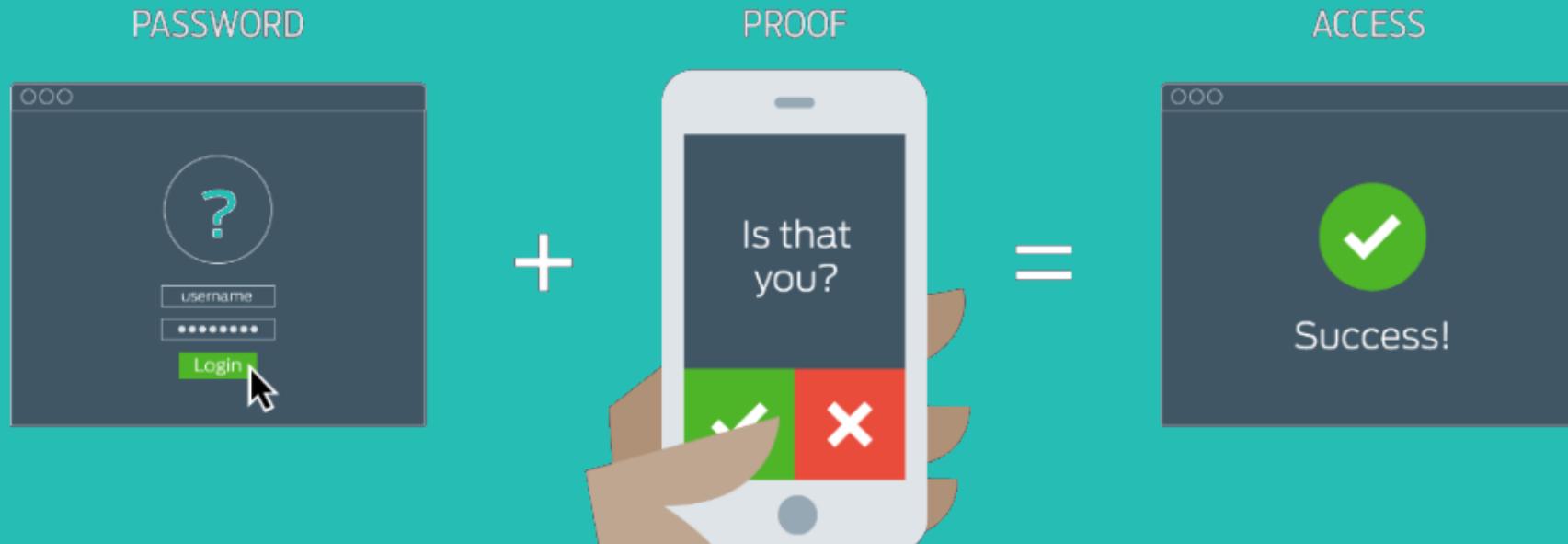
Dashlane, LastPass and 1Password are all very  
good, reputable and easy to use options.  
KeePass is an alternative, more advanced offline password manager.

Check how long it'd take to crack one of your  
passwords: <https://howsecureismypassword.net/>

# 2-FACTOR AUTHENTICATION



*Two-factor authentication (also known as 2FA) is a type (subset) of multi-factor authentication. It is a method of confirming users' claimed identities by using a combination of two different factors: 1) something they know, 2) something they have, or 3) something they are.*



# SOFTWARE UPDATES



# SOFTWARE UPDATES: HOW TO STAY SECURE

- Always install the latest operating system (Windows, OSX, Android and iOS) updates, when prompted to. Don't ignore or postpone them
- Keep all apps and software on both your PC and phone up to date
- Ensure your antivirus definitions are kept update, or turn on autoupdate
- Update your router firmware

# ENCRYPTION & BACKUP

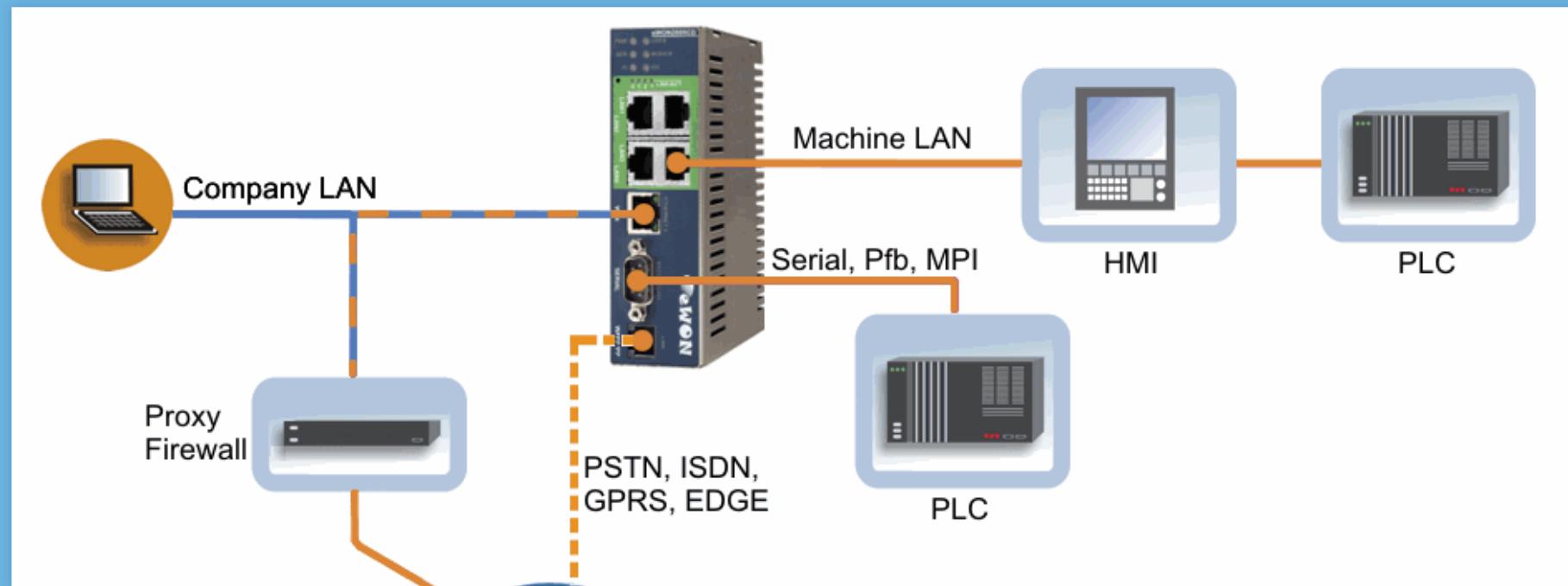


# SAFE BROWSING



# VPN

Find a reputable VPN provider, to use on any  
**public, shared, or potentially insecure** networks





# THE IMPORTANCE OF HTTPS

**BE WARY WHEN INSTALLING NEW BROWSER  
EXTENSIONS**

**USE INCOGNITO WHEN ON A PUBLIC OR  
SHARED DEVICE**

**CONSIDER USING A PRIVACY BROWSER**

# SOCIAL MEDIA



# SMART PHONES



**ENCRYPT YOUR PHONE**

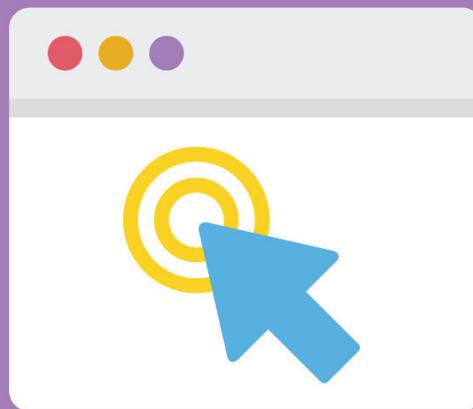
**PROTECT YOUR PHONE WITH A LONGER PIN  
OR PASSWORD**

DON'T GRANT APPS PERMISSIONS THEY DON'T  
NEED

**TURN OFF CONNECTIVITY FEATURES YOUR  
NOT USING**

**REMOTE ERASE STOLEN DEVICES**

# THINK BEFORE YOU CLICK



**DON'T PLUG IN UNKNOWN FLASH DRIVES**

**DOUBLE-CHECK WHO AN EMAIL IS FROM,  
BEFORE REPLYING OR CLICKING ANYTHING**

**DON'T OPEN ATTACHMENTS FROM UNKNOWN  
SENDERS**

**DOUBLE CHECK DOMAIN NAMES**

# SHOPPING ONLINE



# QUESTIONS



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