

영구교대 유무에 따른 수면장애 여부(p-q)

표 Differences in sleep condition by relevance of permanent shift

		Sleep condition		Total	x ²	p
		Stable	Unstable			
Permanent shift	Relevant	581(68.3)	270(31.7)	851(3.3)	65.531	0.000
	Non relevant	20154(79.7)	5134(20.3)	25288(96.7)		
Total		20735(79.3)	5404(20.7)	26139		

(교대근무 유무에 따른 건강 문제들) (P-R)

표 Differences in problem(domestic life, health of mental, health of physical) by relevance of shift work

		Shift work		Total	x ²	p
		Relevant	Non relevant			
Domestic life	Unstable	2064(64.6)	13369(58.3)	15433(59)	47.158	0.000
	Stable	1129(35.4)	9577(41.7)	10706(41)		
Health of mental	Unstable	1901(59.5)	12632(55.1)	14533(55.6)	22.844	0.000
	Stable	1292(40.5)	10314(44.9)	11606(44.4)		
Health of physical	Unstable	1117(35)	7057(30.8)	8174(31.3)	23.313	0.000
	Stable	2076(65)	15889(69.2)	17965(68.7)		
Total		3193(12.2)	22946(87.8)	26139		

교대근무 유무에 따른 수면 장애 (p-q)

표 Differences in sleep condition by relevance of shift work

		Sleep condition		Total	χ^2	p
		Stable	Unstable			
Shift work	Relevant	2387(74.8)	806(25.2)	3193(12.2)	46.293	0.000
	Non relevant	18348(80)	4598(20)	22946(87.8)		
Total		20735(79.3)	5404(20.7)	26139		

교대근무 유형별 수면장애(p-q)

표 Differences in sleep condition by type of shift work

		Sleep condition		Total	χ^2	p
		Stable	Unstable			
Shift work	Permanent shift	581(68.3)	270(31.7)	851(27.4)	24.672	0.000
	Non permanent shift	1738(77)	520(23)	2258(72.6)		
Total		2319(74.6)	790(25.4)	3109		

(Q-R요인)

수면장애유무에 따른 건강문제들

표 1.3 Differences in problem(domestic life, health of mental, health of physical) by sleep condition

		Sleep condition		Total	χ^2	p
		Stable	Unstable			
Domestic life	Unstable	11114(53.6)	4319(79.9)	15433(59)	1228.206	0.000
	Stable	9621(46.4)	1085(20.1)	10706(41)		
Health of mental	Unstable	11063(53.4)	3470(64.2)	14533(55.6)	204.704	0.000
	Stable	9672(46.6)	1934(35.8)	11606(44.4)		
Health of physical	Unstable	6116(29.5)	2058(38.1)	8174(31.3)	147.068	0.000
	Stable	14619(70.5)	3346(61.9)	17965(68.7)		
Total		20735(79.3)	5404(20.7)	26139		