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Briefing by Wuhan Municipal Health Commission on the current pneumonia epidemic in our city

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Recently, some medical institutions found that many pneumonia cases received were related to South China Seafood City. After receiving the report, the Municipal Health Commission immediately carried out a case search and retrospective investigation related to South China Seafood City in the city's medical and health institutions. At present, 27 cases have been found, 7 of which are in serious condition and the rest of the cases are stable. It is definitely controllable. There are 2 cases of improvement and are scheduled to be discharged in the near future. The clinical manifestations of the case are mainly fever, a small number of patients with dyspnea, and the chest radiography is infiltrating with both lungs. At present, all cases have been isolated and treated, follow-up investigations and medical observation of close contacts are under way, and the health investigation and environmental sanitation disposal of South China Seafood City are in progress.

Wuhan organized clinical medicine, epidemiology and virology experts from Tongji Hospital, Provincial Center for Disease Control and Prevention, Wuhan Institute of Virology of the Chinese Academy of Sciences, Wuhan Infectious Disease Hospital and Wuhan Center for Disease Control and Prevention for consultation. Experts analyzed and believed that the situation from the situation of illness, treatment referral, epidemiological investigation, laboratory preliminary testing, etc. The case described is viral pneumonia. So far, no obvious human-to-human transmission has been found in the investigation, and no infection of medical personnel has been found. At present, the detection of pathogens and the investigation of the causes of infection are in progress.

Viral pneumonia is most common in winter and spring, which can be emanating or outbreaks. The main clinical manifestations are fever, soreness all over the body, a small number of dyspnea, and lung infiltration. Viral pneumonia is related to the virulence of the virus, the route of infection, and the age and immune status of the host. The viruses that cause viral pneumonia are common influenza viruses, and the others are parainfluenza viruses, cytomegaloviruses, adenoviruses, rhinoviruses, coronaviruses, etc. Diagnosis depends on etiological examination, including viral isolation, serological examination, and viral antigen and nucleic acid testing. The disease can be prevented and controlled, indoor air circulation can be maintained, closed and air-free public places and crowded places can be avoided. Wearing masks when going out. Clinically, symptomatic treatment is the main method, and bed rest is needed. If you have the above symptoms, especially the persistent fever, you should go to the medical institution in time.

December 31, 2019

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