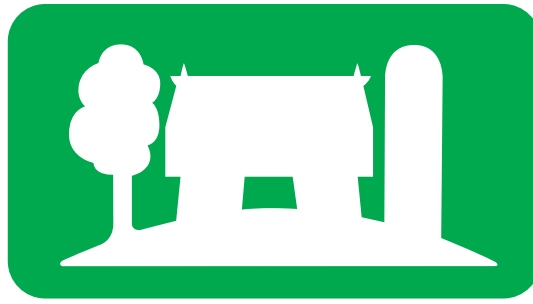


Fresh savings effective
Friday, November 11 to
Thursday, November 17, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



Visit our website
Check out highlandfarms.ca
for more tasty goodness.

HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Pork Back Ribs

SAVE MORE!

3⁹⁹
/lb
8.80/kg



Picked Fresh
from our own
Highland Farms Orchards



Red Delicious Apples
Fancy Grade

SAVE MORE!

79¢
/lb
1.74/kg



Oasis
Premium Orange Juice
Assorted Varieties

3⁹⁹
2.5L



Charmin Bathroom Tissue
pkg of 12 Double Rolls
or Bounty Paper Towels,
Regular or Select-A-Size,
pkg of 6 Rolls

5⁹⁹
each



Palmolive
Liquid Dish Soap
Assorted Varieties

1⁹⁹
1L

Produce



Blueberries
Product of Chile
No. 1 Grade

2⁹⁹
170g



Roma Tomatoes
Product of Mexico
No. 1 Grade

99¢
/lb
2.18/kg



Haychia
Persimmons
Product of U.S.A.

99¢
each



Ontario Homegrown
Bosc Pears
Fancy Grade

1⁴⁹
/lb
3.28/kg



Zucchini
Product of Mexico

99¢
/lb
2.18/kg



Classic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

4⁹⁹
283g



Black Plums
Product of Spain
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Mini Seedless
Watermelons
Product of Mexico

2⁹⁹
each



Ontario Homegrown
Spinach

1²⁹
bunch



Ontario Homegrown
White Potatoes
No. 1 Grade

1⁹⁹
10lb
paper bag



Pink Lady Apples
Product of B.C.
Canada
Extra Fancy Grade

2⁹⁹
/lb
6.59/kg



Kiwifruit
Product of Italy

2⁹⁹
454g



Yellow Onions
Product of U.S.A.
No. 1 Grade

3⁹⁹
3lb
bag



Floral

Premium
Jumbo Bouquets

18⁹⁹
each

Bakery

Dairy



Dempster's
Sliced Bread
Whole Grains
Selected Varieties

2/5⁰⁰
600g



Baker Street
Fresh 8" Cake
Hot Chocolate or
Chocolate Salty Caramel

SAVE MORE!

22⁹⁹
each



Dimpflmeier
Bavarian
Multigrain Bread

2¹⁹
500g



Highland Farms
Country Kitchen
Gourmet
Cinnamon Rolls

5⁹⁹
pkg of 4



Natrel
Fine-Filtered Milk
3.25%, 2%, 1%
or Skim

3⁹⁹
2L



Danone DanActive
Drinkable Yogurt
8x93ml or Creamy
Yogurt 16x100g
Selected Varieties

3⁹⁹
each



Yoplait
Minigo 6x60g or
Tubes 8x60g
Assorted Varieties

2⁴⁹
each



Liberté
Greek Yogourt
Assorted Varieties

4⁹⁹
750g



Pillsbury
Cookies 428-468g
or Turnovers 383g
Selected Varieties

2²⁹
each



Black Diamond
Natural Cheddar
or Gouda
Cheese Slices

3⁹⁹
260-280g



Lactantia
Cream Cheese
Assorted Varieties

1⁹⁹
227-250g



I Can't Believe
It's Not Butter!
Regular & Light

1¹⁹
454g

Brands You Love



Delissio
Rustico Frozen Pizza
Selected Varieties

SAVE MORE!

2⁹⁹
340-370g



Highland Farms
Country Kitchen
Dry Roasted
Almonds
Salted or Unsalted

8⁹⁹
400g



Delverde
Pasta
Selected Varieties

3/4⁰⁰
450g



Kellogg's Family Pack
Cereal, Froot Loops 580g,
Frosted Flakes 650g,
Corn Pops 515g, Krave 564g
or Mini-Wheats 700g

4⁹⁹
each



Kellogg's Nutri-Grain
Bars 175-295g
or Rice Krispies
Squares 176g
Assorted Varieties

2/5⁰⁰



Rogers
Five Grain Granola
Assorted Varieties

3⁹⁹
700-750g



Colussi
Biscolussi Biscuits

99¢
250g



Orville
Redenbacher's
Microwave Popcorn
Assorted Varieties

3⁹⁹
248-540g



Clover Leaf
Solid White
Albacore Tuna
Selected Varieties

2⁹⁹
170g



Gallo
100% Pure or
Extra Virgin
Olive Oil

16⁹⁹
3L



Annie's
Cookies and
Crackers
Selected Varieties

2⁹⁹
213g

Everyday Essentials



Aquafina Demineralized Water
24x500ml, Lipton Iced Tea or
Dole Sparklers 12x355ml
Assorted Varieties or Montellier
Carbonated Mineral Water 6x1L

4⁹⁹
each



Hunt's
Thick & Rich Pasta Sauce
Assorted Varieties

SAVE MORE!

99¢
680ml



Lindt
Swiss Classic Gold
Chocolate Bars
Assorted Varieties

2/10⁰⁰
300g



San Pellegrino
Sparkling
Fruit Beverage
Assorted Varieties

4⁴⁹
6x330ml



Tropical Grove
Fruit Cocktails
Assorted Varieties

2/5⁰⁰
9x300ml



Trophy
Peanuts
Dry Roasted,
Honey Roasted or
Butter Toffee

3⁹⁹
700-750g



Scrub Free
Bathroom Cleaner
Selected Varieties

2⁹⁹
950ml



Organic Meadow
2% Milk
Plain or Chocolate

4⁴⁹
3x250ml



Manitoba Harvest
Hemp Hearts
Raw Shelled
Hemp Seeds

6⁹⁹
227g



Purina
Fancy Feast
Cat Food
Assorted Varieties

3/1⁹⁹
85g



Arm & Hammer
Cat Litter
Assorted Varieties

5⁹⁹
6.4kg

Seafood

Frozen Foods



Fresh
Atlantic Salmon
Fillets

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Fresh
Whole Dressed
Rainbow Trout

6⁹⁹
/lb
15.41/kg



Fresh
Arctic Char
Fillets

13⁹⁹
/lb
30.84/kg



Frozen
Wild
Sockeye Salmon
Fillets

12⁹⁹
/lb
28.64/kg



Triple Crown
Cooked
Black Tiger Shrimp
21/25ct

14⁹⁹
454g



Simply Poultry
Breaded Chicken
Nuggets, Strips
& Burgers

4⁹⁹
907g



Michelina's
Frozen Entrées
Selected Varieties

99¢
128-284g



Chapman's
Ice Cream
Sundaes
Assorted Varieties

2/5⁰⁰
1L

Magnum
Ice Cream Bars
Assorted Varieties

4⁹⁹
3x90-100ml



Furlani
Texas Toast
Garlic or
Three Cheese

3/5⁰⁰
240-288g

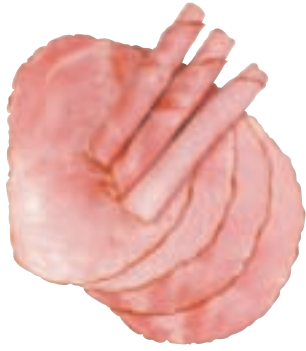


Earthbound Farm
Frozen Organic
Fruits & Vegetables
300-400g
Selected Varieties

20%
OFF
regular retail

Deli

Country Kitchen



Piller's
Black Forest Ham
Freshly Sliced
at the Deli

4⁴⁹
/lb
9.90/kg



Lilydale
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



SAVE MORE!

12⁹⁹
/lb
28.64/kg

Agropur
Oka L'Artisan Cheese
Freshly Cut at the Deli



Cayer
Domestic
Swiss Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Saputo Provolone
Gigantino Cheese
Regular or Light
Freshly Cut
at the Deli

7⁹⁹
/lb
17.61/kg



Marc Angelo
Imported
Deli Meat Slices
Selected Varieties

5⁴⁹
100-125g



Santa Lucia
Mozzarella Cheese

4⁶⁹
340g



Santa Lucia
Fresh
Ricotta Cheese

4⁴⁹
500g



Piller's
Mini Pepperoni
Mild or Hot

5⁹⁹
500g



Springer's
Whole Smoked
Bone-In
Pork Picnic
Shoulder

1⁹⁹
/lb
4.39/kg



Grilled
Lemon Herb
Chicken Breast

2⁸⁹
/100g

Basmati & Wild
Rice or Honey
Roasted Root
Vegetable Salad

1⁸⁹
/100g

Meat

Poultry

Canada AAA

AGED
21
DAYS



Fresh Beef
Boneless Top Sirloin
Steaks or Roast
Product of Canada

SAVE MORE!

6⁹⁹
/lb
15.41/kg

100% Canadian.
Freshly Ground.
Every day.



Fresh
Extra Lean
Ground Sirloin
Beef

5⁹⁹
/lb
13.21/kg



Fresh
Bone-in Beef Shank
Cut from Canada AA
Grade Beef or Higher
Product of Canada

6⁹⁹
/lb
15.41/kg

Canada AAA

Canada AAA



Fresh
Outside Round
Beef Cutlets
Product of Canada

6⁹⁹
/lb
15.41/kg



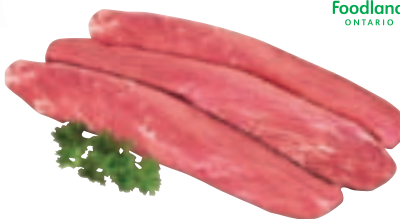
Fresh
Beef Stir Fry
Product of Canada

7⁹⁹
/lb
17.61/kg



Marc Angelo
Chicken Breast
Roast
Selected Varieties

9⁹⁹
700g



Fresh Ontario
Pork Tenderloin

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Lean Ground Pork

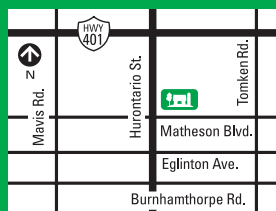
2⁹⁹
/lb
6.59/kg



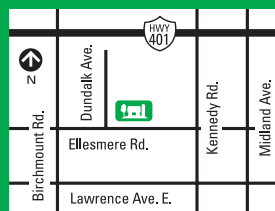
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:

Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

Friday, November 11 to
Thursday, November 17, 2016



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