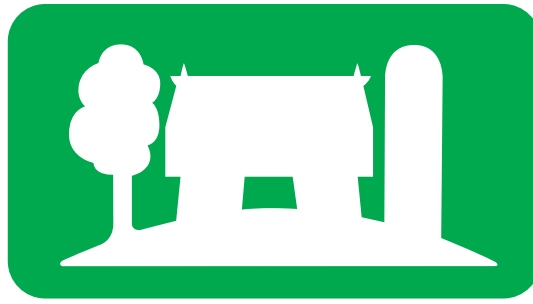


Fresh savings effective
Friday, November 25 to
Thursday, December 1, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



Visit our website
Check out highlandfarms.ca
for more tasty goodness.

HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Milk-Fed Veal
Shoulder Blade

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Clementines
Product of Morocco



SAVE MORE!

4⁹⁹
2.3kg



Royale
Bathroom Tissue
Original or Velour

9⁹⁹
24
double rolls



Product of Italy
Divella Pasta
Assorted Regular Cuts

99¢
500g



Tropicana
Pure Premium
Orange Juice
Assorted Varieties

4⁹⁹
2.63L

Produce

**NEW
CROP**



Picked Fresh
from our own
Highland Farms Orchards

Fresh Apples
Cortland, Matsu,
McIntosh, Red or
Golden Delicious
Fancy Grade

1.99
4lb
cello bag



Romaine Lettuce
Product of U.S.A.

99¢
each



Bartlett Pears
Product of U.S.A.
Extra Fancy Grade

1.49
/lb
3.28/kg



Pomegranates
Product of U.S.A.
Jumbo Size

2/5.00



Ontario Homegrown
Greenhouse
Tomatoes on the Vine
No. 1 Grade

1.49
/lb
3.28/kg



Ontario Homegrown
Greenhouse
Seedless Cucumbers
No. 1 Grade

1.29
each



Mangos
Product of Brazil

3/5.00



Honeydew Melons
Product of Mexico
Jumbo Size

3.99
each



Andy Boy
Rapini
Product of U.S.A.

1.99
bunch



Zucchini
Product of Mexico

99¢
/lb
2.18/kg



Granny Smith
Apples
Product of U.S.A.
Extra Fancy Grade

2.49
/lb
5.49/kg



Celery
Product of U.S.A.
No. 1 Grade
Large Stalk

1.99
each



Romaine Hearts
Product of U.S.A.

3.99
pkg of 3



Poinsettia
Product of Ontario

5.99
6 inch
pot

Floral

Bakery

Dairy



Wonder
Classic or +Fibre
Sliced Bread
White or 100%
Whole Wheat

1⁹⁹
675g



SAVE MORE!

21⁹⁹
each



Highland Farms
Country Kitchen
Store-Baked
Cookies
Assorted Varieties

2⁹⁹
pkg of 12



Dufflet Pastries
Fresh
6" Black Forest
Cake

1⁹⁹
each

La Rocca
Fresh 8" Mixed Fruit Torte



Black Diamond
Cheese
Assorted Varieties

5⁹⁹
400-450g



Black Diamond
CheeStrings
Assorted Varieties

4⁹⁹
336g



Western
Sour Cream
Regular or Light

1⁹⁹
500ml



Pillsbury Grands!
Cinnamon Rolls
or Ready to Bake!
Cookies
Selected Varieties

2⁹⁹
454-496g



iögo
Yogurt 16x100g or
Probio 12x100g
Selected Varieties

4⁷⁹
each



Liberté
Greek Yogourt
Assorted Varieties

3⁹⁹
500g



Liberté
Kéfir
Coconut or
Raspberry

3⁹⁹
4x200ml



Olympic
Natural
Balkan Style Yogurt
Selected Varieties

2⁷⁹
650g

NEW!

Brands You Love



Mantova
Extra Virgin
Olive Oil 1L or
Organic Extra Virgin
Olive Oil 750ml

7⁹⁹
each



Kimbo Export or
Classico Espresso
Ground Coffee 250g
or Midi Croissants
Assorted Varieties 300g

2/5⁰⁰



Borsari
Panettone or
Pandoro Classico

7⁹⁹
750g



Kimbo
Espresso Bar
Extra Cream
Coffee Beans

10⁹⁹
1kg



Elledi
Poker Wafers
Assorted Varieties

99¢
150g



Sant'Anna
Natural
Mineral Water

3⁹⁹
6x1.5L



Divella
Passata
di Pomodoro 720ml
or Italian Tomatoes
796ml

4/5⁰⁰



Knorr
Broth 900ml or
Stagg Chili 425g
Assorted Varieties

2⁴⁹
each



Uncle Ben's
Rice & Grains or
Bistro Express
Rice Side Dish
Selected Varieties

3/8⁰⁰
170-250g



Pantanella
Spelt Pasta
Selected Varieties

2⁷⁹
454g



Nescafé Rich or
Taster's Choice
Instant Coffee
Assorted Varieties

4⁹⁹
100-170g



Nutrafruit
Red Sour Cherries
in Syrup

2⁴⁹
540ml



Sardo
Kalamata Olives
Whole or Sliced

1⁹⁹
375ml



Unico
Sunflower Oil

6⁹⁹
3L

Everyday Essentials



Doritos Tortilla Chips 225-255g or Ruffles Potato Chips 215-245g Assorted Varieties

2/6⁵⁰



Pepsi Soft Drinks Assorted Varieties Mini Cans 6x222ml 2/\$5.00

3/5⁰⁰ 2L bottle



Pepsi Soft Drinks Assorted Varieties

3⁷⁷ case of 12x355ml



Clover Leaf Light Skipjack Tuna in Water Chunk or Flaked

4/5⁰⁰ 170g



Campbell's Soup Tomato, Vegetable, Cream of Mushroom or Chicken Noodle

99¢ 284ml



Rogers Flour Unbleached, Whole Wheat or All Purpose

8⁹⁷ 10kg



Orville Redenbacher's Ready-to-Eat Gourmet Popcorn Assorted Varieties

2⁹⁹ 150-220g



Allen's Fruit Juice & Cocktails Assorted Varieties

2⁹⁹ 6x300ml



Kellogg's Special K Fruit Crisps 125g or Pop-Tarts 400g Assorted Varieties

2/5⁰⁰



Tylex Shower Cleaner 946ml or Pine-Sol Cleaner & Disinfectant 1.41L Selected Varieties

2⁹⁹ each



Black River Juice Selected Varieties

20% OFF regular retail



Stash Tea Assorted Varieties

2⁹⁹ box of 18-20



Dial Liquid Soap Eco-Smart Refill Assorted Varieties

3⁹⁹ 1.18L



Royale Luncheon Napkins 240's or Ziploc Storage or Freezer Bags 10-30's Selected Varieties

3⁴⁹ each

Seafood

Frozen Foods



Fresh
Rainbow Trout Fillets

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Wild



Fresh
Wild Sea Smelts

6⁹⁹
/lb
15.41/kg



Fresh, Organic
Atlantic Salmon
Fillets

14⁹⁹
/lb
33.05/kg



Janes
Pub Style
Fish Fillets

10⁹⁹
580g



Janes
Battered Fish Bites
or English Style
Fish

6⁹⁹
450g



Janes
Frozen
Chicken Wings
Barbeque, Buffalo or
Sea Salt & Pepper

12⁹⁹
900g



Pillsbury Pizza Pops
400g, Crispy Crust
Pizza 278-309g or
Toaster Strudel 326g
Assorted Varieties

1⁹⁹
each



Highland Farms
Country Kitchen
Frozen Lasagna,
Cannelloni or
Cabbage Rolls

12⁹⁹
1.85-2.27kg



Minute Maid
Frozen Fruit Punch
Assorted Varieties

89¢
295ml



Chapman's
Frozen Yogurt
Assorted Varieties

3⁹⁹
2L

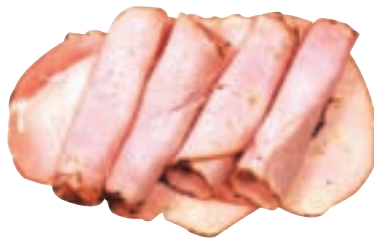
Deli

Country Kitchen



Mastro Prosciutto Cotto
Freshly Sliced
at the Deli

4⁹⁹
/lb
11.00/kg



Mastro Porchetta
Hot or Mild
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Santa Lucia Mozzarella
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Santa Lucia Provolone Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Imported from Italy
Marc Angelo Prosciutto
Freshly Sliced at the Deli

SAVE MORE!

12⁹⁹
/lb
28.64/kg

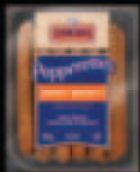
GET YOUR GAME ON
WITH OUR ALL-STAR LINE-UP



\$8⁹⁹
each
Maple Leaf® Prime®
Breaded Chicken
Wings
800g



\$7⁹⁹
each
Maple Leaf® Prime®
Breaded Chicken
Strips, Nuggets
and Burgers
750g



\$7⁹⁹
each
Schneiders®
Pepperettes®
Selected Varieties
375g



\$4⁹⁹
each
Schneiders®
Grill'ems®
Sausages
300-375g



\$4⁹⁹
each
Schneiders®
Juicy Jumbos®
Wieners
375-450g



\$6⁹⁹
each
Devour™
Jerky
Assorted Varieties
70g



Saputo
Parmesan Cheese
Petals

3⁹⁹
125g



Anco
Gouda Cheese
Assorted Varieties

3⁹⁹
170g



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each

Family Size Fresh Salad
Garden
Min. Weight 600g or
Caesar
Min. Weight 570g

6⁹⁹
each

Meat

Poultry



Fresh Ontario
Chicken Breast
Boneless & Skinless

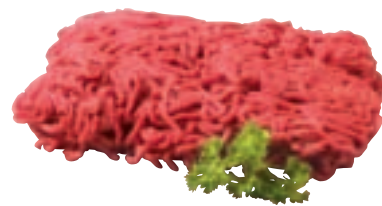
SAVE MORE!

3⁹⁹
/lb
8.80/kg



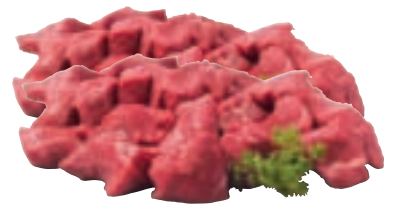
100% Canadian.
Freshly Ground.
Every day.

Canada AAA



Fresh Lean
Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Stewing Beef
Product of Canada

4⁹⁹
/lb
11.00/kg

Canada AAA

AGED
21
DAYS



Fresh Beef
Inside Round
Roast
Product of Canada

4⁹⁹
/lb
11.00/kg

Canada AAA



Fresh
Inside Round
Beef Cutlets
Product of Canada

6⁹⁹
/lb
15.41/kg



Fresh Ontario
Boneless
Stewing Pork

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Boneless Pork
Sirloin Chops

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Boneless Pork
Shoulder Blade
Roast

3⁴⁹
/lb
7.69/kg



Fresh Ontario
Pork
Shoulder Blade
Steaks

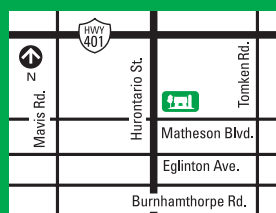
2⁹⁹
/lb
6.59/kg



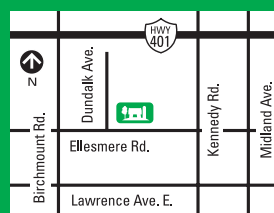
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:

Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

Friday, November 25 to
Thursday, December 1, 2016



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