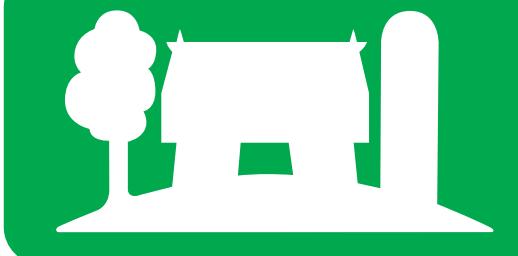


Fresh savings effective
Thursday, July 13 to
Wednesday, July 19, 2017

Sign-up for your E-flyer
today at highlandfarms.ca

Follow us and
get the latest
deals & savings!



Make your BBQ sizzle!
with our 100% Canadian meats,
fresh salads and more



HIGHLAND FARMS



START FRESH

BRING HOME THE
SIZZLE
THIS SUMMER



Canada AAA

AGED
21
DAYS

Fresh Beef
T-Bone Steaks
Product of Canada

SAVE MORE!

12.99
/lb
28.64/kg



Fresh Sweet Red Cherries
Product of U.S.A., Washington
No. 1 Grade, Colossal Size

SAVE MORE!

3.99
/lb
8.80/kg



Nestlé
Drumsticks
Assorted Varieties

2.99
pkg of 4



Aquafina
Demineralized Water

4.99
24x500ml



Oasis Premium Orange or
Apple Juice, Health Break
Blends or Smoothies
Selected Varieties

2.49
1.65-1.75L

Produce



Peaches
No. 1 Grade or
Nectarines
Product of U.S.A.

1 99
/lb
4.39/kg



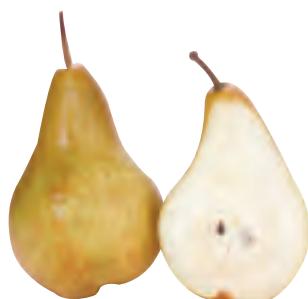
Tomatoes
Product of U.S.A.
No. 1 Grade

99¢
/lb
2.18/kg



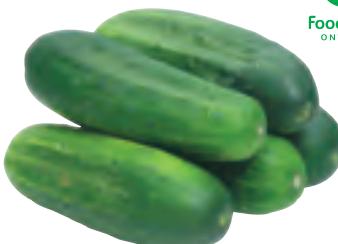
Mangos
Product of Mexico

99¢
each



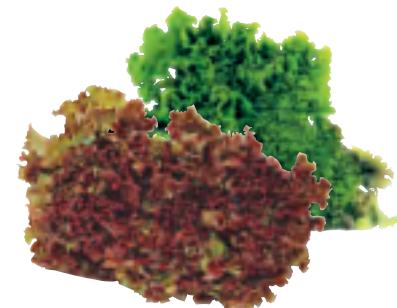
Bosc Pears
Product of
Argentina
Extra Fancy Grade

1 49
/lb
3.28/kg



Ontario Homegrown
Dill Pickles

99¢
/lb
2.18/kg



Leaf Lettuce
Red or Green
Product of Canada

99¢
each



Seedless
Minneola Tangelos
Product of Peru

1 49
/lb
3.28/kg



Sharon Fruit
Product of
South Africa

4 99
1lb
tub



Ontario Homegrown
Green Cabbage
No. 1 Grade
Jumbo Size

1 49
each



Ontario Homegrown
Sweet Green Peas

1 99
/lb
4.39/kg



Plums
Product of U.S.A.
No. 1 Grade

3 99
/lb
8.80/kg



Cauliflower
Product of U.S.A.
No. 1 Grade

2 99
each



Ontario Homegrown
Greenhouse
Tomatoes
on the Vine
No. 1 Grade

2 99
/lb
6.59/kg



Orchids
Assorted Colours
Product of Ontario

14 99
5" ceramic pot

Bakery

Dairy



Dempster's Sliced Bread White, 100% Whole Wheat, Smart with Supergrains or Smooth Multigrains

2/500
675g



Rudolph's Bakeries
Schinkenbrot
Whole Grain Rye or
Bavarian Premium
Sandwich Bread

249
454-500g



Highland Farms
Country Kitchen
Store-Baked
Gourmet Cookies
Assorted Varieties

399
pkg of 10



SAVE MORE!

1999
each



Simply
Lemonade,
Limeade or Gold
Peak Iced Tea

299
1.75L



Burnbrae Farms
Eggs
Large Brown or
Super Bon-ee
Extra Large

299
dozen



Black Diamond
Cheese Portions
Marble or Gouda

299
6x21g



Becel
Margarine
Assorted Varieties

479
907g



Alphonso or AlJuice
Premium Juice
Assorted Varieties or
St. Maarten Calamansi
Fruit Beverage

249
1.75L



Liberté Kefir 1L
Assorted Varieties or
Modhani Greek Yogurt
with Tumeric Blueberry
or Strawberry 4x125g

399
each



Liberté
Greek Yogourt
Assorted Varieties

499
750g



Yoplait
Yop
Drinkable Yogurt
Assorted Varieties

79¢
200ml

Everyday Essentials



Majesta
Multipack
Facial Tissue

4⁹⁹
pkg of 6



Old Dutch
Restaurante
Tortilla Chips
Assorted Varieties

2/6⁰⁰
276-384g



Pepsi Soft Drinks 12x355ml or
7up Lemon Lemon 8x355ml
Assorted Varieties

SAVE MORE!
3⁹⁹
each



UFC
Refresh 100%
Coconut Water
Case of 12x500ml
\$17.99

1⁴⁹
500ml



Clover Leaf
Wild Pacific
Pink Salmon
Regular, Low Sodium
or Skinless Boneless

2⁴⁹
150-213g



Montellier
Carbonated
Mineral Water
Natural or Lemon

4⁹⁹
6x1L



Swiffer
Refills
Wet 24s, Dry 32s
or Dusters 10s

8⁹⁹
each



Nuts to You
Almond Butter
Smooth or Crunchy

14⁹⁹
735g



So Delicious
Dairy Free
Coconut Milk
Beverage

3⁹⁹
1.89L



Bragg
Apple Cider
Vinegar

7⁹⁹
946ml



Larabar
Bars
Selected Varieties

99^c
45-48g

Seafood

Frozen Foods



Fresh
Cod Fillets
Product of Iceland

SAVE MORE!

9.99
/lb
22.02/kg

Fresh
Arctic Char
Fillets

14.99
/lb
33.05/kg

Fresh
Whole Dressed
European
Sea Bream
(Orata)

7.99
/lb
17.61/kg

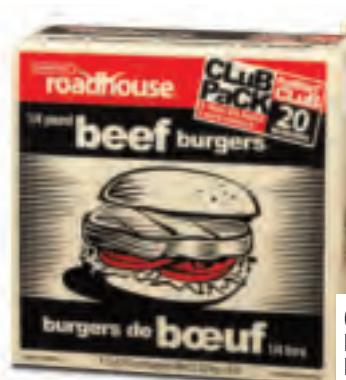


Toppits
Cooked Shrimp
16/20ct

24.99
908g

Toppits
Shrimp Meal Kit
General Tso or
Kung Pao

7.99
500g



Cardinal
Roadhouse
Frozen 1/4 Pound
Beef Burgers
Club Pack

24.99
2.27kg



Pillsbury
Frozen Pizza Pops
800g or Pizza Bites
692-693g
Assorted Varieties

3.99
each



Furlani
Texas Toast
Garlic or
Three Cheese

3/5.00
240-288g



Tenderflake
Frozen Shells
and Puff Pastry
Selected Varieties

3.69
255-454g



Chapman's
Ice Cream
Sundaes
Assorted Varieties

2/5.00
1L



Cuddy
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

7.99
/lb
17.61/kg



San Daniele
Boneless
Prosciutto
Freshly Sliced
at the Deli

10.99
/lb
24.23/kg



Santa Lucia
Bocconcini
At the Deli

6.99
/lb
15.41/kg

Imported from Norway
Jarlsberg Cheese
Regular
Freshly Cut
at the Deli

10.99
/lb
24.23/kg

Cayer Havarti Cheese
Regular or Light
Freshly Sliced at the Deli

SAVE MORE!

5.99
/lb
13.21/kg



Tre Stelle
Cheese Slices
Assorted Varieties

3.99
140-175g



Castello
Blue Cheese
Traditional or
Extra Creamy

3.99
125g



Agropur
Le Connaisseur
Brie or Camembert
or Notre Dame Brie

4.99
170g



Santa Lucia
Fresh
Ricotta Cheese

4.49
500g



Piller's
Grillwurst Sausages
Regular, Spicy or
Cheddar

4.99
375g



Maple Leaf
Top Dogs Wieners
Selected Varieties

2.99
375-450g



Veal or Chicken
Cutlet on a Bun
2 Toppings
Included

6.99
each

Fresh Salad
Garden
Min. Weight 300g
or Caesar
Min. Weight 150g

3.99
each

Meat

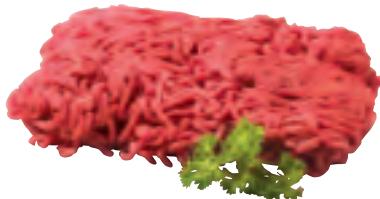
Poultry



Fresh Ontario
Boneless Pork Loin
Centre Cut Chops



100% Canadian.
Freshly Ground.
Every day.



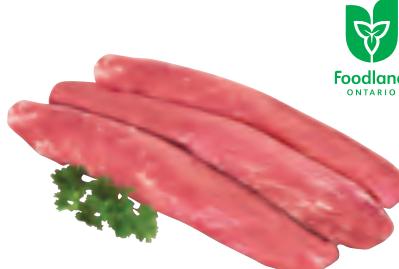
Fresh
Extra Lean
Ground Beef

4.99
/lb
11.00/kg



Fresh
Store-Made
Lean Beef Burgers

4.99
/lb
11.00/kg



Fresh Ontario
Pork Tenderloin

3.99
/lb
8.80/kg



Fresh Ontario
Boneless Pork
Rib End Chops

3.99
/lb
8.80/kg

SAVE MORE!

3.99
/lb
8.80/kg

BRING HOME THE
SIZZLE
THIS SUMMER



Marc Angelo
Fresh Pork
Sausages
Selected Varieties

3.99
500g



Marc Angelo
Fresh Burgers
Pork or Turkey
Selected Varieties

3.99
500g



We sell only Canadian Beef



**Visit our 3 locations.
Open 7 days a week.**

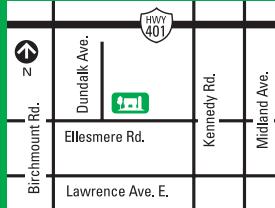
Store Hours:

Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

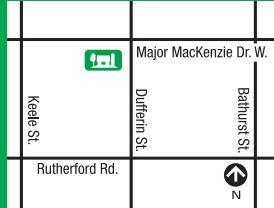
Fresh Savings Effective:
Thursday, July 13 to
Wednesday, July 19, 2017



50 MATHESON BLVD. E.
AT HURONTARIO ST.
905.501.9910



850 ELLESMORE RD.
AT KENNEDY RD.
416.298.1999



9940 DUFFERIN ST.
AT MAJOR MACKENZIE DR. W.
905.832.4481



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