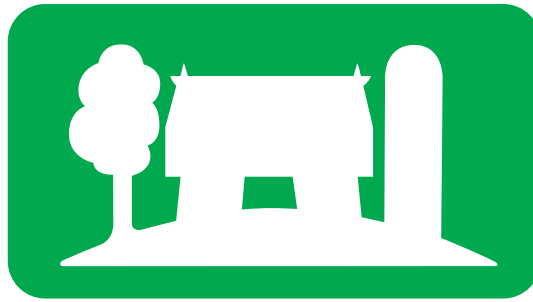


Fresh savings effective
Friday, May 13 to
Thursday, May 19, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



Check out
our website
Visit highlandfarms.ca for a
new and delicious experience!

HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Veal Shoulder Blade

SAVE MORE!

3⁹⁹
/lb
8.80/kg



Strawberries
Product of U.S.A.
No. 1 Grade

SAVE MORE!

2⁹⁹
1lb
tray



Mazola Oil
100% Pure Corn or Canola

5⁹⁹
2.84L



Del Monte
Refrigerated Fruit Juice &
Cocktails
Assorted Varieties

1⁹⁹
1.6L



Chapman's
Premium Ice Cream 2L or
Super Novelties 8-18pk
Selected Varieties

3⁹⁹
each

Produce



Fresh Apricots
Product of U.S.A.
No. 1 Grade

2⁹⁹
/lb
6.59/kg



Fresh
Roma Tomatoes
Product of Mexico
No. 1 Grade

99¢
/lb
2.18/kg



Fresh
Large Mangos
Product of Mexico

3/5⁰⁰



Fresh
Packham Pears
Product of
Argentina
Extra Fancy Grade

1⁴⁹
/lb
3.28/kg



Ontario Homegrown
Greenhouse Grown
Seedless
Cucumbers
No. 1 Grade

99¢
each



Classic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

4⁹⁹
283g



Seedless
Navel Oranges
Product of U.S.A.
Large Size

99¢
/lb
2.18/kg



**NEW
CROP**

Fresh Mini
Seedless
Watermelons
Product of Mexico

2⁹⁹
each



Eggplants
Product of U.S.A.
Large Size

1⁴⁹
/lb
3.28/kg



Ontario Homegrown
Greenhouse Grown
Fresh Sweet Red
Sheppard Peppers
No. 1 Grade

2⁹⁹
/lb
6.59/kg

Calavo



Fresh, Organic
Avocados
Product of Mexico

3/5⁰⁰



Fresh, Organic
Kiwifruit
Product of Italy

3⁹⁹
1kg
tub



Fresh, Organic
Mini Peeled
Carrots
Product of U.S.A.

1⁹⁹
1lb
cello bag



Floral

Fresh
Orchids
Assorted Colours
Product of Ontario

14⁹⁹
5" ceramic pot

Bakery

Dairy



D'Italiano
Sliced Bread
White or
Whole Wheat

2/5⁰⁰
675g



SAVE MORE!

19⁹⁹
each



La Fournée Dorée
Brioche
Burger Buns
Plain or Sesame

2⁹⁹
4 pack



Baked In Store
Premium Bagels
Selected Varieties

6/2⁷⁹
or 49¢ each

Fresh
Store-Made 7" Mixed Fruit
Cheesecake



Gay Lea
Sour Cream
Assorted Varieties

1⁹⁹
425-500ml



Gay Lea
Real Whipped
Cream
Assorted Varieties

2⁹⁹
225g



Liberté Classique
or Western Yogurt
Selected Varieties

2⁴⁹
750g



Yoplait
Yop Yogourt Drink
Assorted Varieties

79¢
200ml



Butter
Salted or Unsalted

3⁹⁹
454g



Burnbrae Farms
Prestige
Large White Eggs

2⁷⁹
dozen



I Can't Believe
It's Not Butter!
Regular & Light

1⁴⁹
454g



Danone DanActive
Drinkable Yogurt
8x93ml or
Activia 12x100g
Selected Varieties

4⁹⁹
each

Brands You Love



Kellogg's All-Bran Cereal
Original 525g, Cranberries & Clusters
380g, Strawberry Bites 465g, Bran
Flakes 670g, Special K Nourish 396g
or Vector 400g

SAVE MORE!

3⁹⁹
each



Old Dutch Potato
Chips 255g or
Minute Maid
Tetra 10x200ml
Assorted Varieties

2/5⁰⁰



Delverde Pasta
Selected Varieties

3/4⁰⁰
450g



Pasta Sauce
Assorted Varieties
Pizza Sauce 473ml
\$2.99

5⁹⁹
473ml-1L



Clover Leaf
Flavoured
Light Tuna
Assorted Varieties

3/4⁰⁰
85g



Allen's
Apple Juice

2⁴⁹
1.89L



French's
Classic Yellow
Mustard
Original, Sweet
or Spicy

1⁹⁹
400ml



Aurora Herbal Tea
16's or Loacker
Quadratini Wafer
Cookies 220-250g
Selected Varieties

2⁹⁹
each



Leclerc
Chocomax
Chewy Bars
Assorted Varieties

1⁹⁹
192g



Orangina
Sparkling Orange
Beverage

2⁶⁹
1.75L



Old El Paso
Dinner Kits
Selected Varieties
Salsa 650ml \$2.99

3⁹⁹
250-400g

Everyday Essentials



NEW!

Kettle Brand
Potato Chips
Selected Varieties

3/800
170-220g



SAVE MORE!

Cott Soft Drinks
Assorted Varieties

99¢
2L



Fiuggi
Spring Water
Natural, Sparkling

9.99
6x1L



Kellogg's Bars
Vector Protein
or Special K
Nourish or Protein
Selected Varieties

2.99
165-220g



Pepperidge Farms
Goldfish Crackers 156-200g,
Hot-Kid Rice Crisps or
Want-Want SuperSlim
Brown Rice Crisps 100g

2/5.00



TRESemmé
Shampoo or
Conditioner
Assorted Varieties

4.99
700-828ml



Purina
Fancy Feast
Cat Food
Assorted Varieties

3/2.00
85g



Oasis Protein Active Drinks
300ml or Neurogenesis Happy
Water 100% Pure Natural
Spring & Lithia Waters 1L
Happy Water 6x500ml \$6.99

1.99
each



Uncle Ben's
Rice & Grains
Selected Varieties

3/800
170-240g



Felicetti
Organic White or
Whole Wheat
Pasta
Selected Varieties

1.99
500g



UFC Refresh
100% Coconut
Water
Case of 12x500ml
\$19.99

1.79
500ml

Seafood

Frozen Foods



Fresh Atlantic Salmon Fillets

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Wild

Fresh Wild Pickerel Fillets

14⁹⁹
/lb
33.05/kg



Fresh Swordfish Steaks

13⁹⁹
/lb
30.84/kg



Wild

NEW!

Marnobre Wild Whole Atlantic Mackerel

4⁴⁹
750 g



NEW!

Marnobre Cod or Shrimp Cakes

4⁴⁹
300-400g



Janes Frozen Ultimate Unbreaded BBQ Chicken Burgers

9⁹⁹
907g



Chapman's Slice Cream Ice Cream Assorted Varieties

3⁹⁹
1.5L



Pelmen Foods Frozen Perogies Assorted Varieties

2⁹⁹
454-625g



Stouffer's & Lean Cuisine Frozen Entrées Assorted Varieties

2/5⁰⁰
196-340g

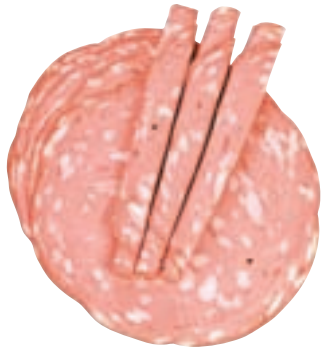


Popsicle Ice Treats Selected Varieties

3⁹⁹
pkg of 10

Deli

Country Kitchen



San Daniele
Mortadella
Regular, Light or Hot
Freshly Sliced
at the Deli

4⁹⁹
/lb
11.00/kg



Bittner's
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Santa Lucia
Bocconcini
At the Deli

7⁹⁹
/lb
17.61/kg



Armstrong
Cheddar Cheese
Mild, Medium or
Marble, Freshly
Cut at the Deli

7⁹⁹
/lb
17.61/kg



Imported from Italy
Marc Angelo Prosciutto
Freshly Sliced at the Deli

SAVE MORE!

11⁹⁹
/lb
26.43/kg



Agropur
Import Collection
Double Crème Brie

12⁹⁹
/lb
28.64/kg



Apetina
Feta Cheese
Cubes
Assorted Varieties

3⁹⁹
200g



Stella
Asiago Cheese

12⁹⁹
500g



Santa Lucia
Fresh Ricotta
Cheese

4⁴⁹
500g



Maple Leaf
Top Dogs Wieners
Selected Varieties

3⁴⁹
375-450g



Maple Leaf Prime
Naturally Sliced
Cooked Chicken
or Turkey Breast

6⁹⁹
300g



Fresh Store-Made
Hot 16" Pizza
Pepperoni or
Cheese

9⁹⁹
each

Meat

Poultry



Maple Leaf Prime Naturally
Fresh Boneless Skinless
Chicken Breasts

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Bring home
the Sizzle



Fresh
Store-Made
Lean Beef Burgers

5⁹⁹
/lb
13.21/kg



Bring home
the Sizzle



Fresh
Store-Made
Beef Shish Kabob

7⁹⁹
/lb
17.61/kg

Canada AAA



Fresh Beef
Eye of Round
Steaks
Product of Canada

6⁹⁹
/lb
15.41/kg

Canada AAA



Fresh Beef
Stir Fry
Product of Canada

7⁹⁹
/lb
17.61/kg



Fresh Ontario
Veal Shoulder
Arm Chop

4⁴⁹
/lb
9.90/kg



Fresh Ontario
Bone-in Veal
Shank
Ossobuco

6⁹⁹
/lb
15.41/kg



Fresh Ontario
Veal Stew

6⁹⁹
/lb
15.41/kg



Fresh Ontario
Regular
Ground Veal

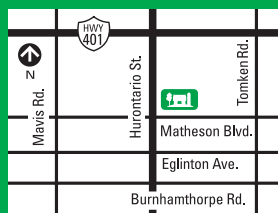
3⁴⁹
/lb
7.69/kg



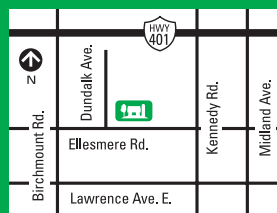
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, May 13 to
Thursday, May 19, 2016



Although we strive for accuracy in illustration, copy and regulatory requirements, unintentional errors may occur. We reserve the right to correct any errors. We reserve the right to limit quantities. Unauthorized reproduction or use of this advertisement without the written consent of Highland Farms and its marketing agency is strictly prohibited.

