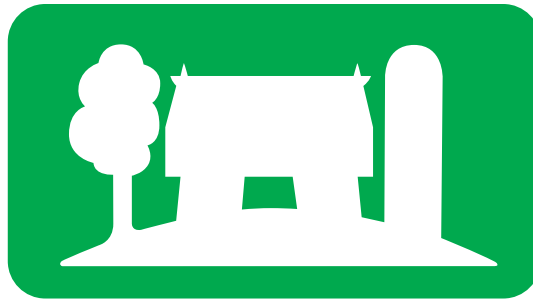


Fresh savings effective
Thursday, May 4 to
Wednesday, May 10, 2017

Sign-up for your E-flyer
today at highlandfarms.ca

Follow us and
get the latest
deals & savings!



HIGHLAND FARMS



START FRESH

Visit our website
Check out highlandfarms.ca
for more tasty goodness.



Fresh Ontario
Chicken Leg Quarters
Backs Attached

SAVE MORE!

1²⁹
/lb
2.84/kg



Fresh Strawberries
Product of U.S.A.
No. 1 Grade

SAVE MORE!

1⁹⁹
1lb tray



Product of Italy
Divella Pasta
Assorted Regular Cuts

88¢
500g



Unico
Sunflower Oil

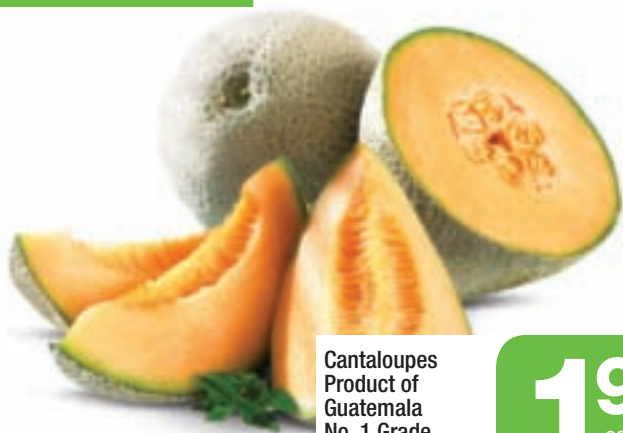
6⁹⁹
3L



Black Diamond
Cheese
Assorted Varieties

4⁹⁹
400-450g

Produce



Cantaloupes
Product of
Guatemala
No. 1 Grade
Jumbo Size

1.99
each



Field Tomatoes
Product of U.S.A.
No. 1 Grade

79¢
/lb
1.74/kg



Mangos
Product of Mexico

1.49
each



Black Plums
Product of Chile
No. 1 Grade

1.99
/lb
4.39/kg



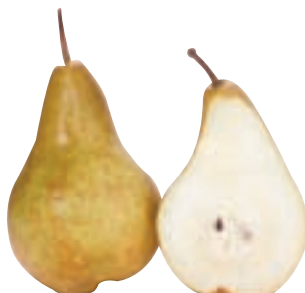
Ontario Homegrown
Greenhouse
Seedless
Cucumbers
No. 1 Grade

99¢
each



Cauliflower
Product of U.S.A.
No. 1 Grade
Jumbo Size

2.99
each



Bosc Pears
Product of U.S.A.
Extra Fancy Grade

1.49
/lb
3.28/kg



Avocados
Product of Mexico

1.99
each



Eggplants
Product of Mexico
Large Size

1.49
/lb
3.28/kg



Spinach
Product of U.S.A.

1.49
bunch



Abate Pears
Product of
Argentina
Extra Fancy Grade

1.99
/lb
4.39/kg



Sweet Pineapples
Product of
Costa Rica

3.99
each



Classic
Organic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

5.99
454g



Premium
Jumbo Bouquets

18.99
each

Bakery

Dairy



Highland Farms
Country Kitchen
Hot Dog or
Hamburger Buns

1.99
pkg of 12



Grainhouse
Soft Slice Bread
White or
100% Whole Wheat

1.99
675g



Fresh
Made In-Store
7" Mixed Fruit Cheesecake

SAVE MORE!

19.99
each



The Bakeshop
Butter Tarts or
Lemon Tarts

3.49
500-540g



Stonemill Bakehouse
Organic Sourdough
Rye Bread
Whole Wheat or
Flax Seed

2.99
500g



Natre!
Lactose Free
Milk 2L or
Lactose Free
Butter 250g

4.29
each



Mini
Babybel Cheese
Assorted Varieties

3.99
120-129g



Becel Margarine
Assorted Varieties

4.79
907g



Oasis
100% Premium
Valencia
Orange Juice
With or Without Pulp

2.99
1.75L



Danone Activia
Yogurt 8x100g
or Oikos Greek
Yogurt 4x100g
Assorted Varieties

3.39
each



Liberté
Greek Yogurt
Assorted Varieties

3.49
500g



Yoplait
Source Yogurt
Assorted Varieties

1.99
650g



Liberté
Kéfir
1L or 4x200ml
Assorted Varieties

3.49
each

Brands You Love



Unico
Solid Light Tuna
in Oil

SAVE MORE!

3/4⁰⁰
198g



Pepsi Soft Drinks
12x355ml or
7up Lemon Lemon
8x355ml
Assorted Varieties

3⁹⁹
each



General Mills
Family Size Cereals
Cheerios, Oatmeal
Crisp, Pre-Sweets
Selected Varieties

4⁹⁹
525-710g



Clover Leaf
Wild Pacific
Pink Salmon
Regular, Low Sodium
or Skinless Boneless

2⁴⁹
150-213g



VH
Cooking or
Stir-Fry Sauce
Assorted Varieties

2/5⁰⁰
341-355ml



S&F
Smoked Sprats
in Oil

1⁴⁹
160g



Melitta
Ground Coffee
Assorted Varieties

4⁹⁹
250-300g



Unico
Tomato Paste

2/1⁰⁰
156ml



Radenska
Naturally
Sparkling Mineral
Water

5⁹⁹
6x1.5L



O.N.E.
Coconut Water

3⁹⁹
1L



Larabar Bars
Selected Varieties

2/3⁰⁰
45-48g

Everyday Essentials



Minute Maid
Juice or
Five Alive
Fruit Beverage
Selected Varieties

99¢
1L



Old Dutch Potato Chips 255g or
Double Dutch Ridgies 235g
Assorted Varieties

SAVE MORE!

3/8⁰⁰



Aurora Diced
Tomatoes 398ml
Product of Italy
or Divella Italian
Tomatoes 796ml

99¢
each



San Pellegrino
Sparkling
Fruit Beverage
Assorted Varieties

4⁴⁹
6x330ml



Perrier
Carbonated
Mineral Water
Selected Varieties

5⁹⁹
10x250ml



Dawn or Ivory
Liquid Dish Soap
Assorted Varieties

2⁴⁹
638-709ml



Mr. Clean
All Purpose Cleaner
Assorted Varieties

2⁹⁹
1.2L



Annie's
Macaroni and
Cheese
Selected Varieties

1⁹⁹
170g



Spectrum
Vegan
Eggless
Mayonnaise

2⁹⁹
473ml



Barbara's
Puffins Cereal
Original or
Cinnamon

4⁴⁹
285g



Fresh Gourmet
The Better Chip
Assorted Varieties

3⁶⁹
170g

Seafood

Frozen Foods



Fresh
Atlantic Salmon
Fillets

SAVE MORE!

10⁹⁹
/lb
24.23/kg



Wild



Fresh
Wild Turbot
Fillets

12⁹⁹
/lb
28.64/kg



Wild



Fresh
Wild Dressed
Sea Smelts

6⁹⁹
/lb
15.41/kg



Janes
English Style
Battered
Fish Fillets

6⁹⁹
450g



Janes
Breaded
Fillet of Sole

11⁹⁹
590g



Schneiders
Country Naturals
Frozen Burgers
Angus or Beef

8⁹⁹
680-720g



Chapman's
Canadian Collection
or Sweet Canadian
Options Novelties
Selected Varieties

2⁹⁹
4-8pk



Delissio
Frozen Pizza
Rising Crust
or Pizzeria
Selected Varieties

4⁹⁹
530-888g



Stouffer's &
Lean Cuisine
Frozen Entrees
Assorted Varieties

2/5⁰⁰
196-340g



Ben & Jerry's
Ice Cream
Assorted Varieties

4⁹⁹
500ml

Deli

Country Kitchen



Piller's
Square Mustard
Salami
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Schneiders
Old Fashion Ham
Freshly Sliced
at the Deli

4⁹⁹
/lb
11.00/kg



Canadian
Feta Cheese
Freshly Cut
at the Deli

4⁹⁹
/lb
11.00/kg



Kalamata Olives
At the Deli

4⁹⁹
/lb
11.00/kg



Bittner's
Oven Roasted Turkey Breast
Freshly Sliced at the Deli

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Agropur
Brie Vaudreuil or
Grand Camembert
Freshly Cut
at the Deli

10⁹⁹
/lb
24.23/kg



Imported
from Norway
Jarlsberg Cheese
Regular
Freshly Cut at the Deli

10⁹⁹
/lb
24.23/kg



Ferrante
Mozzarella
Cheese

3⁹⁹
320g



Ferrante
Ricotta Cheese

4⁹⁹
500g



Maple Leaf
Top Dogs Wieners
Selected Varieties

2⁹⁹
375-450g



Maple Leaf Prime
Fully Cooked
Oven Roasted
Chicken or Turkey

6⁹⁹
300g



Grilled
Lemon Herb
Chicken Breast

2⁹⁹
/100g



Basmati
& Wild Rice

1⁹⁹
/100g

Fresh Meat

BRING HOME THE
SIZZLE



Fresh Ontario
Store-Made Pork Sausages
Hot or Mild
Assorted Varieties

SAVE MORE!

3⁹⁹
/lb
8.80/kg

BRING HOME THE
SIZZLE

Canada **AAA**

**AGED
21
DAYS**



Fresh Store-Made Burgers
Smoked Jalapeño & Tequila,
Coffee & Black Pepper,
Montreal Steak or Pork &
Veal with Feta & Peppers

5⁹⁹
/lb
13.21/kg



Fresh Beef
T-Bone Steaks
Product of Canada

10⁹⁹
/lb
24.23/kg



Canada **AAA**



Fresh Ontario
Boneless
Pork Loin
Centre Cut Chops

2⁹⁹
/lb
6.59/kg



Fresh
Inside Round
Beef Cutlets
Product of
Canada

5⁹⁹
/lb
13.21/kg



Marc Angelo
Kabobs
Chicken Breast
or Pork
Selected Varieties

5⁹⁹
320g



Marc Angelo
Spiedini
Beef, Chicken
or Lamb

6⁹⁹
240g

We sell only Canadian Beef

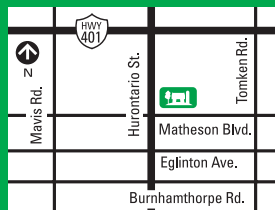
**Visit our 3 locations.
Open 7 days a week.**

Store Hours:

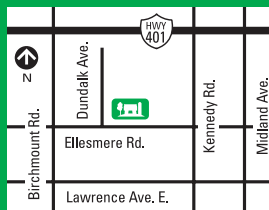
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

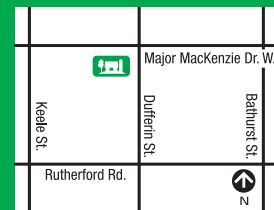
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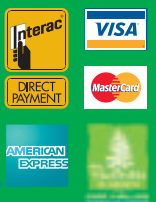
50 MATHESON BLVD. E.
AT HURONTARIO ST.
905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999



9940 DUFFERIN ST.
AT MAJOR MACKENZIE DR. W.
905.832.4481



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