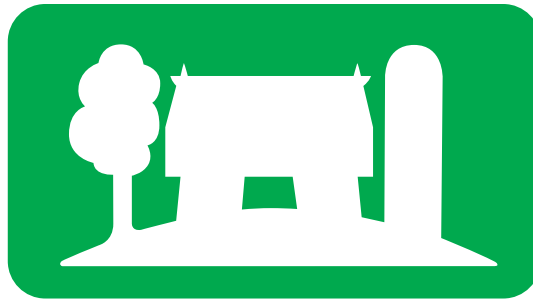


Fresh savings effective
Saturday, January 2 to
Thursday, January 7, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



Check out our
fresh new look
Visit highlandfarms.ca for a
new and delicious experience

HIGHLAND FARMS

—  START FRESH —



Fresh Ontario
Milk-Fed Veal Shoulder Blade

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Grown at
Highland Farms
Orchards



Apples
Red or Golden Delicious
Fancy Grade

SAVE MORE!

2⁹⁹
4lb
cello bag



Sealtest
Milk
2%, 1% or Skim

3⁹⁹
4L



Christie Cookies
Selected Varieties

1⁹⁹
300g



Minute Maid, Five Alive or
Nestea Iced Tea
Assorted Varieties

1⁹⁹
10x200ml

Produce



Seedless
Navel Oranges
Product of U.S.A.
Large Size

149
/lb
3.28/kg



Sweet Bell Peppers
Red, Yellow or Orange
Product of Spain
No. 1 Grade
Extra Large Size

299
/lb
6.59/kg



Ontario
Homegrown
Flemish Pears
Fancy Grade
Extra Large Size

149
/lb
3.28/kg



Red Grapefruit
Product of U.S.A.

2/100



Head Lettuce
Product of U.S.A.
No. 1 Grade

199
each



Collards,
Dandelion, Kale
or Swiss Chard
Product of U.S.A.

2/400



Mangos
Product of Peru
Large Size

3/400



Kiwi Fruit
Product of Italy

149
/lb
3.28/kg



Spinach
Product of U.S.A.

169
bunch



White Potatoes
Product of P.E.I.
Canada
No. 1 Grade

199
10lb
paper bag



Fuji Apples
Product of B.C.
Canada
Extra Fancy Grade

249
/lb
5.49/kg



Green Cabbage
Product of U.S.A.
No. 1 Grade

149
/lb
3.28/kg



Organic
Classic Salads
Product of U.S.A.
Assorted Varieties

399
141g



Premium
Roses, 50cm
Assorted Colours
Product of Ecuador

1699
dozen

Floral

Bakery

Dairy



Villaggio Sliced Bread 675g loaf, Crustini Buns pkg of 8 or Sausage Buns pkg of 6

2/5⁰⁰



Ace Bakery Classic Sour Miche 484g or Pane Rustico 600g

3⁶⁹ each



Casa Mendosa 7" Tortillas Original or Whole Wheat

2⁶⁹ 340g



Toute Sweet Cheesecake Crostata Cranberry, Blueberry or Apple

9⁹⁹ 550g



Elite Sweets Fresh 8" Cakes Red Velvet, Bacio Mousse, Carrot or Tiramisu

SAVE MORE!

19⁹⁹ each



Beatrice Fruit Bottom or Astro Yogourt Assorted Varieties

2/1⁰⁰ 175g



iögo Nomad Yogourt Drinks Selected Varieties

89¢ 200ml



M-C Dairy Kefir Assorted Varieties

2⁹⁹ 1L



Simply Orange Juice or Lemonade Selected Varieties

4⁴⁹ 2.63L



Gay Lea Nordica Cottage Cheese Assorted Varieties

2⁷⁹ 450-500g



Black Diamond Cheese Sticks Assorted Varieties

3⁴⁹ 200g

Brands You Love



Kellogg's Cereal
Special K 310-553g, Vector 400g,
Vector Granola 317g or Protein Bars
Special K or Vector 180-200g
Selected Varieties

SAVE MORE!

2⁹⁹
each



Kellogg's Special K
Granola Bars or Fruit Crisps
125-138g, Cracker or
Popcorn Chips 113-127g,
Assorted Varieties

2/4⁰⁰



Allen's
Fruit Juice &
Cocktails
Assorted Varieties

1⁹⁹
8x200ml



Italpasta Mare
Aperto Tuna in
Olive Oil

2⁹⁹
3x80g



Monterey Pure
White Vinegar

1⁹⁷
4L



Mamma Nuccia
Traditional
Gnocchi

99¢
500g



Special K
Morning Shakes
Assorted Varieties

5⁹⁹
4x296ml



Pepperidge Farms
Goldfish Crackers
Assorted Varieties

2/5⁰⁰
156-200g



Sun-Maid
Raisins
Mini-Packs

2/5⁰⁰
196g



Primo GrainWise
Pasta
Whole Grain
Selected Varieties

1²⁹
375g



Primo GrainWise
Gluten Free Pasta
Selected Varieties

2⁷⁹
340g

Everyday Essentials



Uncle Ray's
Potato Chips
Assorted Varieties

99¢
130-150g



Fruité
Fruit Drinks or
Tetley
Lemon Iced Tea

99¢
2L



Royale
Bathroom Tissue
Original or Velour



SAVE MORE!

10⁹⁹
24
double's



Head & Shoulders
Shampoo
Selected Varieties

4⁹⁹
400ml



Mr. Clean
All Purpose
Cleaner
Assorted Varieties

2⁹⁹
1.2L



Tide Simply
Clean & Fresh
Daybreak Fresh or
Refreshing Breeze

6⁹⁹
2.95L jug/
64 loads



Kleenex
Facial Tissues
Assorted Varieties

1⁹⁹
box of
74-160

**GLUTEN
FREE**



Larabar
Über Bars
Selected Varieties
Case of 15x40g
\$19.99 each

3/5⁰⁰
40g



Annie's
Cookies and
Crackers
Selected Varieties

2⁹⁹
213g



Annie's
Macaroni and
Cheese
Selected Varieties

1⁹⁹
170g



Purina Beneful
Dry Dog Food
Assorted Varieties

4⁹⁹
1.6-1.8kg

Seafood

Frozen Foods



Fresh
Rainbow Trout Fillets

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Wild



Fresh
Wild Haddock
Fillets

8⁹⁹
/lb
19.82/kg



Fresh
Whole European
Sea Bass

7⁹⁹
/lb
17.61/kg



Ocean Prime
Frozen Tilapia
Fillets

9⁹⁹
908g



Ocean Prime
Frozen Basa
Fillets

8⁹⁹
1.13kg



Canadian
Frozen Whitefish
Whole Dressed

2⁹⁹
/lb
6.59/kg



Dr. Oetker
Frozen Pizza
Ristorante, Casa di
Mama or Panebello
Selected Varieties

3⁹⁹
325-450g



Kellogg's
Frozen
Eggo Waffles
Assorted Varieties

3⁹⁹
560g



Minute Maid
Frozen
Orange Juice
Assorted Varieties

2/3⁰⁰
295ml



Chapman's
Frozen Yogurt
Assorted Varieties

3⁹⁹
2L

Deli

Country Kitchen



Mastro Calabrese
Sopressata Salami
Sweet or Hot
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



Mastro
Capicollo di Lusso
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Saputo Provolone
Gigantino Cheese
Regular or Light
Freshly Cut
at the Deli

8⁹⁹
/lb
19.82/kg



Dofino
Havarti Cheese
Freshly Cut
at the Deli

6⁹⁹
/lb
15.41/kg



Butterball Turkey Roast
Cooked or Smoked
Freshly Sliced at the Deli

SAVE MORE!

7⁹⁹
/lb
17.61/kg



Damafro
Le Chèvre Noir
Goat Cheese

6⁹⁹
130g



Damafro
Tour de France
Brie
At the Deli

9⁹⁹
/lb
22.02/kg



Silani
Shredded Cheese
Assorted Varieties

3⁴⁹
340g



Tre Stelle
Cheese Slices
Assorted Varieties

3⁴⁹
145-175g



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each



Honey Roasted
Root Vegetable
Salad

1⁹⁹
/100g



Shepherd's Pie
with Peas

1⁹⁹
/100g



Ready to Bake Pizza
Cheese, Pepperoni,
Veggie or Hawaiian
Min. Weight
350-590g

2/12⁰⁰

Meat

Poultry

Canada AAA

100% Canadian.
Freshly Ground.
Every day.

Canada AAA

AGED
21
DAYS



Fresh Beef
Inside Round Roast
Product of Canada

SAVE MORE!

5⁹⁹
/lb
13.21/kg



Fresh
Lean Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Stewing Beef
Product of Canada

5⁹⁹
/lb
13.21/kg



Fresh Beef
Chuck Short Ribs
Cut from Canada AA
Grade Beef or Higher
Product of Canada

6⁹⁹
/lb
15.41/kg



Fresh Bone-in
Beef Shank
Cut from Canada AA
Grade Beef or Higher
Product of Canada

6⁹⁹
/lb
15.41/kg



Fresh, Organic
Whole Chickens
Grade A

4⁹⁹
/lb
11.00/kg



Fresh, Organic
Chicken Breasts
Boneless &
Skinless

12⁹⁹
/lb
28.64/kg



Fresh, Organic
Chicken
Drumsticks

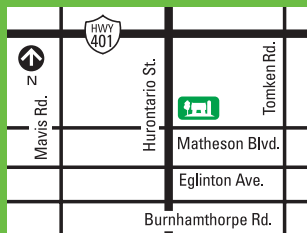
4⁹⁹
/lb
11.00/kg



Fresh, Organic
Ground Chicken

10⁹⁹
/lb
24.23/kg

Visit our
2 grand
locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST.
905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday:
8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Saturday, January 2 to
Thursday, January 7, 2016



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