Fresh savings effective Friday, June 3 to Thursday, June 9, 2016

Sign-up for your E-flyer today at **highlandfarms.ca** 



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**HIGHLAND FARMS** 



START FRESH—



Fresh Ontario Pork Tenderloin







lce River Springs Green Natural Spring or Distilled Water





Product of Italy Divella Pasta Assorted Regular Cuts

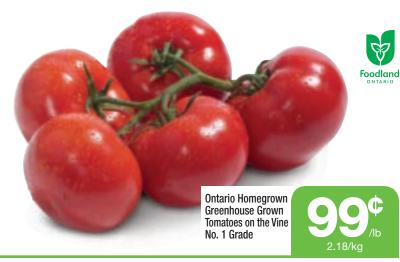




General Mills Cheerios 260-500g or Presweet Cereal 330-380g Selected Varieties









**Packham Pears** Product of Argentina Extra Fancy Grade



Honeydew Melons Product of Mexico Jumbo Size



Ontario Homegrown Greenhouse Grown **Seedless Cucumbers** No. 1 Grade



Ontario Homegrown Greenhouse Grown Sweet Bell Peppers Red, Yellow or Orange No. 1 Grade, Extra Large Size





Avocados Product of Mexico





Bard Valley Natural Delights Medjool Dates Product of U.S.A.



Potatoes White, Red or Yellow Product of U.S.A. No. 1 Grade





Classic Salads Spring Mix or Baby Spinach Product of U.S.A.





**Premium Bananas** From the Tropics





**Large Mangos** Product of Mexico



**Swiss Chard** Red or Green Product of U.S.A.



Premium Orchids **Product of Ontario** 



# Bakery Dairy









Jesse Tree Crostata Strawberry or Blueberry



**Empire Bakery** Strudel **Assorted Varieties** 



La Rocca Fresh 8" Milk Chocolate Caramel Cake





**Beatrice** Fruit Bottom or Astro Yogourt Assorted Varieties





Hershey's Milk Shakes Assorted Varieties



Yogourt



Liberté Méditerranée Plain or Vanilla



Liberté Kéfir Coconut or Raspberry





Tropicana Pure Premium Orange Juice Assorted Varieties





Lactantia Margarine Olivina or Healthy Attitude Omega 3





The Laughing Cow Processed Cheese **Selected Varieties** 





Burnbrae Farms Naturegg Eggs Omega 3 Large Brown or Omega Plus Large White



### **Brands You Love**



Orville Redenbacher's **Microwave Popcorn Assorted Varieties** 



4550.63



248-540a

Mastro Balsamic Vinegar





Pan Ducale Bastoncini Biscuits 180-250a



Cooking or Stir-Fry Sauce Assorted Varieties





Sardo Red Wine Vinegar

Tomato Sauce or

Thick & Rich

Pasta Sauce Assorted Varieties





Kisko Freezies Regular 100x20ml or No Sugar Added 90x20ml





Nescafé Rich or Taster's Choice **Instant Coffee Assorted Varieties** 



Segments 100-170g



Success Mandarin Orange



284ml

Al Benna Tunisian **Deglet Nour Dates** 



# **Everyday Essentials**







Divella Passata Di Pomodoro 720ml or Italian Tomatoes 796ml



**Aquafina Plus Vitamins** Water 591ml or Gatorade Thirst Quencher Beverages 710ml **Assorted Varieties** 



0.N.E. Coconut Water



Sunlight Liquid Dish Soap Assorted Varieties



740-950m



**Purex Laundry** Detergent Selected Varieties





Santa Cruz Organic Lemonade Selected Varieties





Blue Diamond Almond Breeze Refrigerated Beverages Assorted Varieties





Litehouse Dressing & Dip Assorted Varieties





Mr. Clean All Purpose Cleaner Assorted Varieties



# Seafood Frozen Foods





Fresh Wild Sole **Fillets** 

8.80/kg

Fresh Wild Haddock **Fillets** 



Dom Reserve Cedar-Planked

Frozen Steelhead Salmon **Assorted Varieties** 



**Whole Dressed Whiting** 

(Merluzzo)







Minute Maid Frozen Lemonade, Nestea, Five Alive or Fruitopia





Tofutti Frozen Milk Free Dessert 500ml or **Cuties Dairy Free** Novelties pkg of 8





Mastro Genoa Salami Regular or Hot Freshly Sliced at the Deli









Armstrong Cheddar Cheese Mild, Medium or Marble, Freshly Cut at the Deli







## **Country Kitchen**



Fletcher's **Black Forest Ham** Freshly Sliced at the Deli





Saputo Pizza Mozzarella





Anco Cheese Slices Assorted Varieties





Mastro Salami Calabrese or Sopressata





San Daniele Sliced Prosciutto





### Meat | Poultry



Fresh Ontario Pork Back Ribs

### 100% Canadian. Freshly Ground. Every day.





Fresh
Extra Lean
Ground Beef

| 11,00/kg



Fresh Store-Made Lean Beef Burgers

**5**99 //b //3,21/kg

Bring home the Sizzle

this Summer



Freshly Seasoned In-Store Chicken Thighs Boneless, Skinless Bombay Sweet Curry

11.00/kg



Freshly Seasoned In-Store Chicken Drumsticks Piri Piri







Johnsonville Pork Sausages Selected Varieties 49



Fresh Store-Made Shish-Ka-Bob Chicken or Pork 699 //b //5,41/kg



### We sell only Canadian Beef



Visit our 2 locations. Open 7 days a week.











50 MATHESON BLVD. EAST, AT HURONTARIO ST. **905.501.9910** 

		HWY		
Rd. z	Dundalk Ave.		Kennedy Rd.	Midland Ave.
Birchmount Rd.	Ellesmere Rd.		Keni	Mid
- Bi	Lawrence Ave. E.			

850 ELLESMERE RD. AT KENNEDY RD. **416.298.1999**  Store Hours: Monday – Saturday: 7:00a.m. till 10:00p.m. Sunday: 8:00a.m. till 8:00p.m.

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