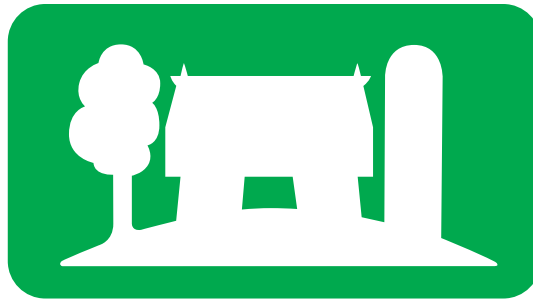


Fresh savings effective
Friday, July 8 to
Thursday, July 14, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS



START FRESH

Fresh ideas for
your next event
Check out highlandfarms.ca
for a great selection of party platters!

BRING HOME THE
SIZZLE
THIS SUMMER



Canada **AAA**

AGED
21
DAYS

SAVE MORE!

8⁹⁹
/lb
19.82/kg

Fresh Beef
Boneless Top Sirloin Steaks
Product of Canada



SAVE MORE!

79¢
each

Fresh Head Lettuce
No. 1 Grade
Product of Canada



Tide
Laundry Detergent
Liquid 2.72-2.95L or
Powder 3.1-3.2kg

10⁹⁹
each



Ice River Springs
Natural Spring Water

1⁹⁹
24x500ml



Burnbrae Farms
Naturegg Omega 3
Large White Eggs

2⁹⁹
dozen

Produce



Sweet
Red Cherries
Product of U.S.A.
Colossal Size

3⁹⁹
/lb
8.80/kg



Ontario Homegrown
Greenhouse Grown
Tomatoes
No. 1 Grade

99¢
/lb
2.18/kg



Peaches
No. 1 Grade or
Nectarines
Product of U.S.A.

1⁴⁹
/lb
3.28/kg



Red Seedless
Grapes
Product of U.S.A.
No. 1 Grade

2⁹⁹
/lb
6.59/kg



Ontario Homegrown
Green Onions or
Radishes

79¢
bunch



Ontario Homegrown
Greenhouse Grown
Seedless
Mini Cucumbers

1⁴⁹
/lb
3.28/kg



Bosc Pears
Product of
Argentina
Extra Fancy Grade

1⁴⁹
/lb
3.28/kg



Cantaloupes
Product of U.S.A.
No. 1 Grade
Jumbo Size

2⁹⁹
each



Ontario Homegrown
Zucchini
Green or Yellow

99¢
/lb
2.18/kg



Ontario Homegrown
Baby
Vegetable Marrow

1⁴⁹
/lb
3.28/kg



Honeydew Melons
Product of U.S.A.

3⁹⁹
each



Ontario Homegrown
Romaine Lettuce

1⁴⁹
each



Ontario Homegrown
Green Kale

2⁴⁹
bunch



Premium
Jumbo Bouquets
Product of Ontario

18⁹⁹
each

Floral

Bakery

Dairy



Villaggio
Sliced Bread 675g
loaf, Crustini Buns
pkg of 8 or Sausage
Buns pkg of 6

2/5⁰⁰



SAVE MORE!

22⁹⁹
each



Annette's
Mini Cupcakes
Vanilla or
Chocolate

2⁹⁹
284g



Goldminer
California
Sourdough Bread
Large Boule

3⁴⁹
680g

Baker Street
Fresh 8" Cake
Lemoncello or Fieldberry Shortcake



Oasis Premium
Orange or Apple
Juice, Health Break
Blends or Smoothies
Selected Varieties

2⁹⁹
1.65-1.75L



I Can't Believe
It's Not Butter!
Regular & Light

99¢
454g



Yoplait
Minigo 6x60g or
Tubes 8x60g
Assorted Varieties

2⁴⁹
each



Natre Milk
Milk Chocolate,
Dark Chocolate or
Caramel Latte

1⁹⁹
1L



Lactantia
Lactaid
Lactose Free Milk
Homogenized,
2%, 1% or Skim

3⁹⁹
2L



So Good
Soy Beverages
Selected Varieties

2/6⁴⁹
1.89L



Liberté Organic
Greek Yogurt
Assorted Varieties
Greek Yogurt
4x100g \$2.99

2⁹⁹
4x100g

Brands You Love



Allen's
Fruit Juice & Cocktails
Assorted Varieties

SAVE MORE!

2/4⁰⁰
8x200ml



Bertolli Olive Oil
Classico,
Extra Virgin or
Extra Light

8⁹⁹
1L



Kellogg's Family Size Cereal
Froot Loops, Frosted Flakes,
Corn Pops, Rice Krispies,
Krave, Raisin Bran or
Mini-Wheats

4⁹⁹
515-755g



Heinz
Tomato Ketchup

3⁴⁹
1L



Sardo
Black Olives
Assorted Varieties

99¢
398ml



Clover Leaf
Flavoured
Light Tuna
Assorted Varieties

3/4⁰⁰
85g



Kellogg's Special K
Granola Bars or Fruit Crisps
125-138g, Cracker or
Popcorn Chips 113-127g
Selected Varieties

2/4⁰⁰



Diana
BBQ Sauce or
Marinade
Assorted Varieties

2⁹⁹
375-500ml



Kikkoman
Soy Sauce
Regular or Teriyaki

3⁴⁹
591ml



Unico
Red Wine Vinegar

1⁷⁹
1L



Christie
Cookies
Selected Varieties

2/5⁰⁰
300g

Everyday Essentials



Gatorade
Thirst Quencher
Beverages
Assorted Varieties

4⁹⁹
6x591ml



Lipton Iced Tea or
Dole Sparklers
Assorted Varieties

4⁹⁹
12x355ml



Clorox
Disinfecting Wipes

SAVE MORE!

1⁹⁹
pkg of 30-35



Montellier
Carbonated
Mineral Water
Natural or Lemon

4⁹⁹
6x1L



Bugles
Assorted Varieties

1⁹⁹
212-213g



Gullon
Original
Maria Biscuits

1⁹⁹
800g



Pine-Sol
Cleaner &
Disinfectant
Assorted Varieties

2⁹⁹
1.41L



The GFB Bites
Gluten Free Snacks
Assorted Varieties

4⁹⁹
113g



Black River
Juice
Selected Varieties

20% OFF
our 1L reg. price



Manitoba Harvest
Hemp Hearts
Raw Shelled
Hemp Seeds

6⁹⁹
227g



TrueBlue &
TrueBlack Juice
Wild Blueberry or
Blackberry

2⁹⁹
1.36L

Seafood

Frozen Foods



Fresh
Rainbow Trout
Fillets

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Wild



Fresh
Wild Pacific
Snapper Fillets

6⁹⁹
/lb
15.41/kg



Fresh
Whole European
Sea Bass

7⁹⁹
/lb
17.61/kg



Janes
Frozen
Tavern Battered
Cod

9⁹⁹
615g



Triple Crown
Black Tiger Shrimp
Raw, Easy Peel,
Frozen 31/40 ct

10⁹⁹
454g



Maple Leaf
Prime Naturally
Burgers
Chicken or Turkey

8⁹⁹
680g



Dr. Oetker
Frozen Pizza
Ristorante, Casa di
Mama or Panebello
Selected Varieties

3⁹⁹
325-450g



Michelina's
Frozen Entrées
Selected Varieties

99¢
128-284g



Minute Maid
Frozen
Orange Juice
Assorted Varieties

3/5⁰⁰
295ml



Breyers Creamery
Style Real Ice Cream
1.66L or Popsicle
Ice Treats pkg of 10
Selected Varieties

3⁹⁹
each

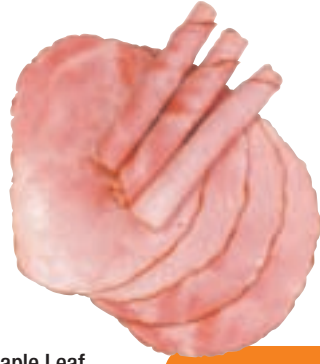
Deli

Country Kitchen



Schneiders
Turkey Breast
Cooked or Smoked
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Maple Leaf
Country Kitchen
Deli Ham
Freshly Sliced
at the Deli

4⁴⁹
/lb
9.90/kg



Saputo Provolone
Gigantino Cheese
Regular or Light
Freshly Cut
at the Deli

8⁹⁹
/lb
19.82/kg



Cayer
Havarti Cheese
Regular or Light
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



SAVE MORE!

9⁹⁹
/lb
22.02/kg

San Daniele
Boneless Prosciutto
Freshly Sliced at the Deli



Agropur
Oka Cheese
Regular, Light or
Classique

6⁹⁹
190g



Agropur
L'Extra Brie,
L'Extra
At the Deli

9⁹⁹
/lb
22.02/kg



Marc Angelo
Imported
Deli Meat Slices
Selected Varieties

4⁹⁹
100-125g



Maple Leaf
Top Dogs Wieners
Selected Varieties

2⁹⁹
375-450g



Maple Leaf
Bacon
Selected Varieties

4⁹⁹
375g



Fresh Summer Salads
Ideal for Picnics! Macaroni,
Potato, Coleslaw, Potato &
Egg or Creamy Coleslaw
Min. Weight 680g

3⁹⁹
each

Fresh Meat



**Fresh Ontario
Store-Made Pork Sausages
Hot or Mild
Assorted Varieties**



Canada AAA **AGED 21 DAYS**



**Fresh
Store-Made Lean
Beef Burgers**

5⁹⁹
/lb
13.21/kg



**Fresh Beef
Boneless
Top Sirloin
Medallion Steaks
Product of Canada**

11⁹⁹
/lb
26.43/kg

Canada AAA



**Fresh
Inside Round
Beef Cutlets
Product of Canada**

7⁹⁹
/lb
17.61/kg



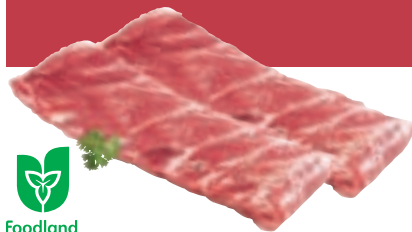
**Fresh Beef Chuck
Short Ribs
Cut from Canada AA
Grade Beef or Higher
Product of Canada**

7⁹⁹
/lb
17.61/kg

SAVE MORE!

3⁹⁹
/lb
8.80/kg

**BRING HOME THE
SIZZLE
THIS SUMMER**



**Fresh Ontario
Pork Side Ribs**

2⁹⁹
/lb
6.59/kg



**Fresh Ontario
Pork Side Ribs
for Sweet & Sour**

4⁴⁹
/lb
9.90/kg



**Fresh
Store-Made
Shish-Ka-Bob
Beef, Chicken or
Pork**

6⁹⁹
/lb
15.41/kg



**Freshly Seasoned
In-Store
Pork Back Ribs
Pepper Texas Grill**

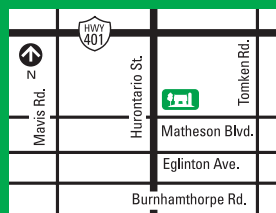
7⁹⁹
/lb
17.61/kg



We sell only Canadian Beef



**Visit our
2 locations.
Open 7 days
a week.**



**50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910**



**850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999**

Store Hours:

**Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.**

Fresh Savings Effective:

**Friday, July 8 to
Thursday, July 14, 2016**



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