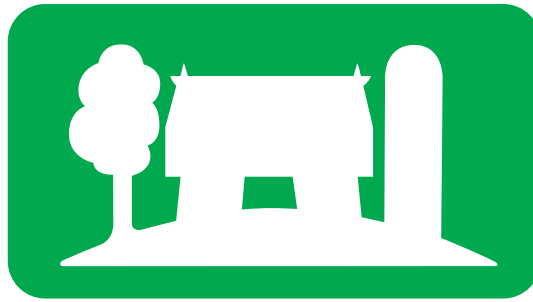


Fresh savings effective
Friday, July 22 to
Thursday, July 28, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS



START FRESH

Fresh ideas for
your next event
Check out highlandfarms.ca
for a great selection of party platters!

BRING HOME THE
SIZZLE
THIS SUMMER

Canada **AAA**

AGED
21
DAYS



Fresh Beef
Capless Rib Steaks
Product of Canada

SAVE MORE!

10⁹⁹
/lb
24.23/kg



Ontario Homegrown
Greenhouse Grown
Tomatoes on the Vine
No. 1 Grade

SAVE MORE!

99¢
/lb
2.18/kg



Black Diamond
Cheese
Assorted Varieties

4⁹⁹
400-450g



Emma
Italian Peeled Tomatoes
796ml or Passata 720ml
Product of Italy

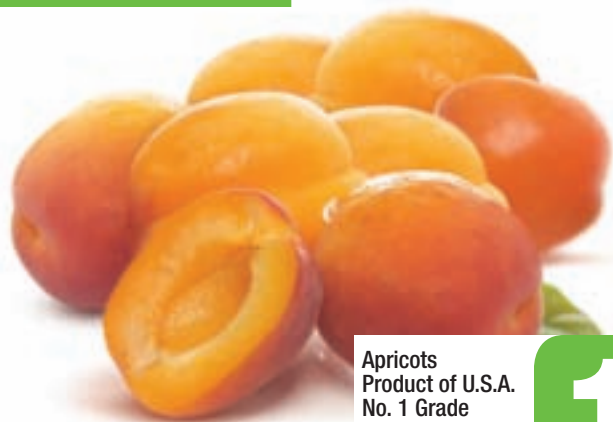
99¢
each



Kimbo
Espresso Bar
Extra Cream Coffee Beans

10⁹⁹
1kg

Produce



Apricots
Product of U.S.A.
No. 1 Grade

1.99
/lb
4.39/kg



Ontario Homegrown
Fresh
White Cauliflower
No. 1 Grade
Jumbo Size

1.99
each



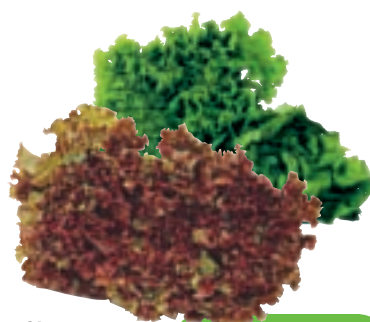
Plums
Black or Red
Product of U.S.A.
No. 1 Grade

1.99
/lb
4.39/kg



Ontario Homegrown
Fresh Sweet
Red Cherries
No. 1 Grade

3.99
1lb
clamshell



Leaf Lettuce
Red or Green
Product of Canada

79¢
each



Ontario Homegrown
Greenhouse Grown
Sweet Bell Peppers
Red, Yellow or Orange
No. 1 Grade, Extra Large Size

1.99
/lb
4.39/kg



Mangos
Product of Mexico

3/4.00



Cantaloupes
Product of U.S.A.
No. 1 Grade
Jumbo Size

2.99
each



Ontario Homegrown
Zucchini
Green or Yellow

99¢
/lb
2.18/kg



Ontario Homegrown
Spinach

1.29
bunch



Blueberries
Product of U.S.A.
No. 1 Grade

2.99
170g



Carrots
Product of Canada

2.49
bunch



Broccoli
Product of Canada

2.49
bunch



Fresh Orchids
Assorted Colours
Product of Ontario

12.99
5" ceramic pot

Bakery

Dairy



Country Harvest
100% Whole Grain
Sliced Bread
Assorted Varieties

2/5⁰⁰
675g



Country Goodness
Bagels
Assorted Varieties

1⁹⁹
510g



Ace Bakery
Crostino Croutons
Parmesan or
Roasted Garlic

3⁴⁹
125g



La Rocca
Fresh 6" Cherry Cheesecake

SAVE MORE!

16⁹⁹
each



Natrel
Fine-Filtered Milk
3.25%, 2%, 1%
or Skim

3⁷⁹
2L



Becel
Margarine
Selected Varieties

2⁷⁹
454g



The Laughing Cow
Cheese
Regular, Light

6⁹⁹
400g



iögo
Nano Drinkable
Yogurt 6x93ml or
Pouches 4x90g
Selected Varieties

2⁹⁹
each



Simply
Lemonade or
Limeade

2⁹⁹
1.75L



Naturegg
Free Run
Large Eggs

3⁹⁹
dozen



Liberté
Kéfir
Assorted Varieties

3⁷⁹
1L



Olympic
Organic Yogourt
Assorted Varieties

3²⁹
650g

Brands You Love



Mother Parkers
Original Roast Ground Coffee

SAVE MORE!

7⁹⁹
925g



Lantic
Natural
Granulated
White Sugar

1⁹⁹
2kg



Kellogg's
Special K Cereal
Selected Varieties

2⁹⁹
320-435g



Hellmann's
Mayonnaise
Regular or Light

5⁹⁹
1.42L



Elledi
Poker Wafers
Assorted Varieties

99¢
150g



Midi
Snack Cakes
Selected Varieties

3/5⁰⁰
280g



Kimbo
Export or Classico
Espresso
Ground Coffee

2⁹⁹
250g



La Grille
BBQ Sauce
Assorted Varieties

2⁹⁹
473ml



French's Classic
Yellow Mustard
Original, Sweet or
Spicy

1⁹⁹
400ml



Pantanella
Spelt Pasta
Assorted Varieties

2⁹⁹
454g



Mantova
Extra Virgin
Olive Oil 1L or
Organic Extra Virgin
Olive Oil 750ml

7⁹⁹
each

Everyday Essentials



Kraft Dinner
Original
Macaroni &
Cheese

89¢
225g



Nestlé
Pure Life Natural Spring Water

SAVE MORE!

249
case of
24x500ml



Oasis
100% Juice Blends
Classic, FruitZoo
or Hydra Fruit
Assorted Varieties

199
8x200ml



Kellogg's Cereal
Müslix 450g
Assorted Varieties
or Just Right 475g

399
each



Quaker
Crispy Minis
Rice Cakes
Assorted Varieties

3/500
100-186g



Fresh Gourmet
The Better Chip
Assorted Varieties

349
170g



Old Dutch
Potato Chips 255g
or Double Dutch
Ridgies 235g
Assorted Varieties

2/500



UFC
Refresh
100% Coconut
Water

299
1L



Kisko Freezies
Regular 100x20ml
or No Sugar
Added 90x20ml

399
each



Success
Mandarin Orange
Segments

69¢
284ml



S.O.S.
Steel Wool
Soap Pads

99¢
pkg of 10

Seafood

Frozen Foods



Fresh
Whole Dressed Rainbow Trout

SAVE MORE!

6⁹⁹
/lb
15.41/kg



Wild



Fresh Wild
Sockeye Salmon
Fillets

15⁹⁹
/lb
35.25/kg



Wild



Fresh Wild
Ocean Perch
Fillets

7⁹⁹
/lb
17.61/kg



Janes
Pub Style
Fish Fillets

9⁹⁹
580g



Triple Crown
Frozen Raw
Black Tiger Shrimp
Peeled and
Deveined 31/40ct

11⁹⁹
454g



Butterball
Lean Turkey
Burgers
Frozen

10⁹⁹
852g
box



Chapman's
Ice Cream Sundaes
Assorted Varieties

2/5⁰⁰
1L



Häagen-Dazs
Ice Cream 500ml
or Bars 3-4pk or
Nestlé Real Dairy
Ice Cream 1.5L

4⁹⁹
each



Riviera
Frozen
Meat Lasagna
pkg of 2x1.81kg

8⁹⁹
3.62kg



Delissio
Thin Crispy Crust
or Rustico
Frozen Pizza
Selected Varieties

3⁹⁹
340-630g



McCain
Deep'n Delicious
Cake
Selected Varieties

3⁹⁹
510g



Magnum Ice Cream
Bars pkg of 3 or
Fruttare Frozen
Fruit & Dessert
Bars pkg of 4-6

4⁹⁹
each



Piller's Salami
Hungarian or German
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Fletcher's
Black Forest Ham
Freshly Sliced
at the Deli

3⁹⁹
/lb
8.80/kg



Santa Lucia
Swiss Cheese
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Saputo Provolone
Gigantino Cheese
Regular or Light
Freshly Cut
at the Deli

8⁹⁹
/lb
19.82/kg



Agropur
Import Collection
Double Crème Brie

10⁹⁹
/lb
24.23/kg



Le Rustique
Camembert
Cheese
Regular or Light

6⁹⁹
250g

Deli Country Kitchen



3⁹⁹
/lb
8.80/kg
Mastro
Prosciutto Cotto

4⁹⁹
/lb
11.00/kg
San Daniele
Mortadella

5⁹⁹
/lb
13.21/kg
Mastro
Genoa Salami

9⁹⁹
/lb
22.02/kg
San Daniele
Prosciutto



Saputo
Bocconcini
Regular, Mini or
Cocktail

3⁶⁹
200g



Santa Lucia
Fresh
Ricotta Cheese

4⁴⁹
500g



Janes
Pub Style
Chicken Fries,
Nuggets, Strips
or Burgers

6⁹⁹
800g



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each

Family Size
Fresh Garden
Salad
Min. Weight 600g

6⁹⁹
each

Meat

Poultry



Foodland
ONTARIO

SAVE MORE!

3⁹⁹
/lb
8.80/kg

Fresh Ontario
Boneless Pork Loin
Centre Cut Chops

BRING HOME THE
SIZZLE
THIS SUMMER



FREE
1 pkg of 4
Ace Bakery Gourmet
Buns (\$3.79 value)
when you buy
4 Store-made
Burgers

Fresh Gourmet Store-Made Burgers,
Smoked Jalapeño & Tequila,
Coffee & Black Pepper,
Montreal Steak or Pork & Veal
with Feta & Peppers

4/8⁹⁹

BRING HOME THE
SIZZLE
THIS SUMMER

Foodland
ONTARIO



Fresh Ontario
Pork Side Ribs

2⁹⁹
/lb
6.59/kg

Foodland
ONTARIO



Fresh Ontario
Boneless Pork
Rib End Chops

4⁴⁹
/lb
9.90/kg

CLUB PACKS

Foodland
ONTARIO

Fresh
Outside Round
Beef Cutlets
Product of Canada

4⁹⁹
/lb
11.00/kg

Fresh Ontario
Veal Loin or
Rib Chops

8⁹⁹
/lb
19.82/kg

Fresh Beef
Miami-Style
Short Ribs
Product of Canada

9⁹⁹
/lb
22.02/kg

Foodland
ONTARIO

Fresh Ontario
Boneless
Chicken Breast
Cutlets

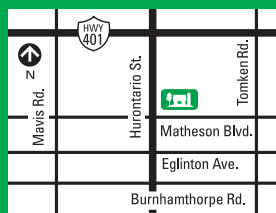
7⁹⁹
/lb
17.61/kg



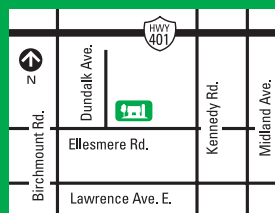
We sell only Canadian Beef



**Visit our
2 locations.
Open 7 days
a week.**



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, July 22 to
Thursday, July 28, 2016



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