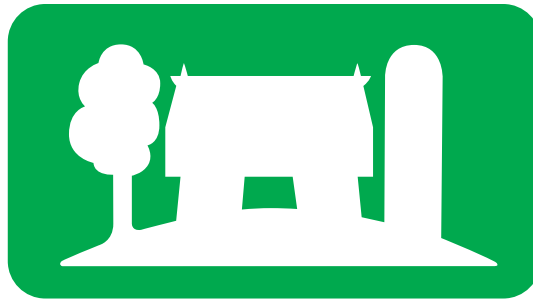


Fresh savings effective
Friday, August 19 to
Thursday, August 25, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS



START FRESH

Freshly seasoned in-store meats
ready-to-grill

BRING HOME THE
SIZZLE
THIS SUMMER

BRING HOME THE
SIZZLE
THIS SUMMER



Canada **AAA**

AGED
21
DAYS

SAVE MORE!

11⁹⁹
/lb
26.43/kg

Fresh Beef
Striploin Steaks
Product of Canada



SAVE MORE!

79¢
/lb
1.74/kg

Ontario Homegrown
Field Tomatoes
No. 1 Grade



Ice River Springs
Green Natural Spring or
Distilled Water

99¢
4L



Oasis
Premium Orange Juice

3⁹⁹
2.5L



Astro
Athentikos Greek Yogurt
Assorted Varieties

2⁴⁹
4x100g or
500g

Produce



Ontario Homegrown
Seedless
Watermelon
15lb Average

4⁹⁹
each



Romaine Lettuce
Product of Canada

99¢
each



Kiwi Fruit
Product of
New Zealand

1⁴⁹
/lb
3.28/kg

WEATHER
PERMITTING



Ontario Homegrown
Strawberries
No. 1 Grade

4⁹⁹
1 quart



Ontario Homegrown
Field Cucumbers

79¢
each



Ontario Homegrown
Banana Peppers
Sweet or Hot
No. 1 Grade

1⁴⁹
/lb
3.28/kg



Avocados
Product of Mexico

2/3⁰⁰



Red Cherries
Product of B.C.
Canada
No. 1 Grade
Colossal Size

6⁹⁹
/lb
15.41/kg



Ontario Homegrown
Eggplant

1⁴⁹
/lb
3.28/kg



Ontario Homegrown
Celery
No. 1 Grade
Large Stalk

1⁴⁹
each



Tree-Ripened
Peaches
No. 1 Grade
Product of U.S.A.

3⁹⁹
/lb
8.80/kg



Kale
Green, Red or
Black
Product of Canada

1⁹⁹
bunch



Classic Salads
Product of U.S.A.
Assorted Varieties

2⁹⁹
141g



Premium
Roses, 50cm
Assorted Colours
Product of Ecuador

17⁹⁹
dozen

Bakery

Dairy



Villaggio
Sliced Bread 675g
loaf, Crustini Buns
pkg of 8 or Sausage
Buns pkg of 6

2/5⁰⁰



Dempster's
7" Tortillas
Selected Varieties

2⁴⁹
pkg of
6-10



SAVE MORE!

22⁹⁹
each



Cinnabon
Cinnamon Scones

4⁹⁹
432g



Dufflet Pastries
Fresh
2.5" Mini Cakes
Selected Varieties

3⁹⁹
each

La Rocca
Fresh 8" Neapolitan Cake



Natre
Fine-Filtered Milk
2%, 1%, Skim or
Homogenized

4⁹⁹
4L



Pillsbury
Cookies 428-468g
or Turnovers 383g
Selected Varieties

2⁴⁹
each



Burnbrae Farms
Prestige
Club Pack
Large White Eggs

3⁷⁹
pkg of 18



Gay Lea
Nordica
Cottage Cheese
Assorted Varieties

2⁷⁹
450-500g



Tropicana
100% Juice Blends
Selected Varieties

1⁹⁹
1.75L



Liberté
Greek Yogourt
Assorted Varieties

4⁹⁹
750g



Olympic
Krema Yogourt
Assorted Varieties

2⁹⁹
500g



Yoplait
Drinkable Yogourt
Yop 1L or
Minigo 6x93ml
Selected Varieties

2⁹⁹
each

Brands You Love



Kellogg's
Rice Krispies
Selected Varieties

SAVE MORE!

2⁹⁹
335-440g



Hellmann's
Mayonnaise
Assorted Varieties

3⁹⁹
750-890ml



PurOliva
Blended Oil or
Sardo Canola Oil

4⁹⁹
1.89L



Melitta
Ground Coffee
Assorted Varieties

5⁹⁹
250-300g



Fresh Gourmet
Croutons
Assorted Varieties

2⁴⁹
128-142g



Unico
100% Pure
Grapeseed Oil

4⁹⁹
750ml



Unico
Premium Collection
Balsamic Vinegar
Original or White

1⁹⁹
500ml



Clorox
Disinfecting Wipes

1⁹⁹
pkg of
30-35



Loux
Orange or Lemon
Juice Drinks

1⁹⁹
1.5L



Profi Village
Pork Pate
Assorted Varieties

2/3⁰⁰
130g



Bugles
Assorted Varieties

1⁹⁹
212-213g

Everyday Essentials



Peanuts or
Sunflower Seeds
Salted or Unsalted

2⁹⁹
400g



SAVE MORE!

2⁹⁹
6x710ml

Pepsi
Soft Drinks
Assorted Varieties



Perrier or
San Pellegrino
Carbonated
Spring Water
750ml-1L bottles 3/\$5.00

14⁹⁷
case of
12x750ml-1L



Pepsi
Soft Drinks
Mini Cans
Assorted Varieties

2/5⁰⁰
6x222ml



Pringles
Chips
Assorted Varieties

2/4⁰⁰
150-182g



Del Monte
Fruit Nectar or
Oasis Classic
100% Juice
Selected Varieties

4/5⁰⁰
960ml



Rougemont
Apple Juice
Assorted Varieties

2⁴⁹
2L



Spectrum
Coconut Oil 414ml
or Organic
Apple Cider
Vinegar 946ml

6⁹⁹
each



Karma
Wellness Water
Assorted Varieties

2/5⁰⁰
532ml



Terra
Vegetable Chips
Assorted Varieties

3⁹⁹
170g



UFC Refresh or
Vita Coco
100% Pure
Coconut Water

1⁷⁹
500ml

Seafood

Frozen Foods



Fresh, Organic
Atlantic Salmon Fillets

SAVE MORE!

14⁹⁹
/lb
33.05/kg



Fresh
Wild Turbot
Fillets

9⁹⁹
/lb
22.02/kg



Tuna Steaks
Previously Frozen

13⁹⁹
/lb
30.84/kg



Ocean Prime
Frozen Basa
Fillets

8⁹⁹
1.13kg



Ocean Prime
Frozen Pollock
Fillets

10⁹⁹
1.13kg



Cardinal
Beef Burgers
Angus, Montreal
Steak Spice or
Third Pound, Frozen

12⁹⁹
1.02-1.13kg



Chapman's
Kids Collection
Ice Cream 1.5L or
Novelties 6-21pk
Selected Varieties

2⁹⁹
each



7 Days Bake It
Filo Rollini,
Mini Filo Twist 1kg,
Spanakopita or
Tyropita Filo Pies 850g

5⁹⁹
each



7 Days Bake It
Frozen
Filo Pastry Leaves

2⁴⁹
450g

Yves
Frozen
Veggie Burgers
Assorted Varieties

3⁹⁹
328-352g

Deli

Country Kitchen



Piller's Salami
Caliente or
Old Forest
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



San Daniele
Boneless
Prosciutto
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



Santa Lucia
Provolone Cheese
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Santa Lucia
Havarti Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Brandt
Black Forest Ham
Freshly Sliced at the Deli

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Agropur
Import Collection
Brie or Camembert

4⁹⁹
230g



Imported from
Norway
Jarlsberg Cheese
Regular, Freshly Cut
at the Deli

9⁹⁹
/lb
22.02/kg



Tre Stelle
Ricotta Cheese
Regular or Light

3⁹⁹
475g



Imported from Italy
Parmigiano
Reggiano Cheese

16⁹⁹
/lb
37.46/kg



Maple Leaf
Prime Naturally
Burgers
Chicken or Turkey

7⁹⁹
680g



Maple Leaf
Prime Naturally
Chicken Wings
Assorted Varieties

8⁹⁹
800g



Salads Tossed Fresh Daily



Selected Varieties

1⁸⁹
/100g

Meat

Poultry



Fresh Ontario
Boneless Pork Loin
Centre Cut Chops

SAVE MORE!

4⁹⁹
/lb
11.00/kg

100% Canadian.
Freshly Ground.
Every day.



Fresh
Lean Ground Beef

4⁴⁹
/lb
9.90/kg



Fresh
Store-Made
Lean Beef Burgers

5⁹⁹
/lb
13.21/kg



Fresh Ontario
Boneless Pork
Rib End Chops

4⁹⁹
/lb
11.00/kg



Fresh Ontario
Pork Side Ribs

2⁹⁹
/lb
6.59/kg

BRING HOME THE
SIZZLE
THIS SUMMER



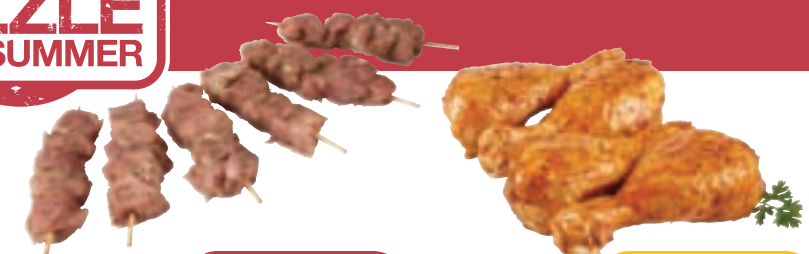
Marc Angelo
Fresh
Pork Burgers
Hot or Mild

4⁹⁹
500g



Marc Angelo
Fresh
Pork Sausages
Selected Varieties

4⁹⁹
500g



Freshly
Seasoned In-Store
Pork or Chicken
Souvlaki

6⁹⁹
/lb
15.41/kg

Freshly
Seasoned In-Store
Chicken Drumsticks
Piri Piri

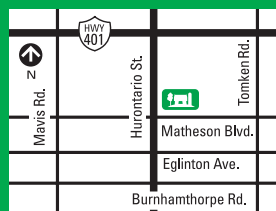
5⁹⁹
/lb
13.21/kg



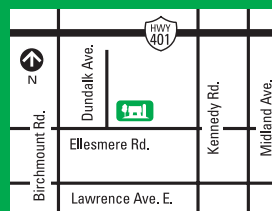
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:

Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

Friday, August 19 to
Thursday, August 25, 2016



Although we strive for accuracy in illustration, copy and regulatory requirements, unintentional errors may occur. We reserve the right to correct any errors. We reserve the right to limit quantities. Unauthorized reproduction or use of this advertisement without the written consent of Highland Farms and its marketing agency is strictly prohibited.

