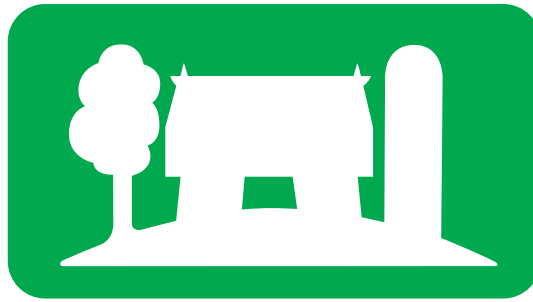


Fresh savings effective
Friday, April 29 to
Thursday, May 5, 2016

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today at highlandfarms.ca



Check out
our website
Visit highlandfarms.ca for a
new and delicious experience!

HIGHLAND FARMS



START FRESH



Canada AAA

AGED
21
DAYS

Fresh Beef
Sirloin Tip Roast or Steaks
Product of Canada

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Field Tomatoes
Product of U.S.A.
No. 1 Grade, Large Size

SAVE MORE!

99¢
/lb
2.18/kg



Majesta
Regular Paper Towels

2⁹⁹
8 rolls



Unico
Tomatoes 796ml or
Beans 540ml
Selected Varieties

88¢
each



Burnbrae Farms
Fresh Large White Eggs

2⁴⁹
dozen



Produce



Seedless
Navel Oranges
Product of U.S.A.
Large Size

99¢
/lb
2.18/kg



Romaine Lettuce
Product of U.S.A.

149
each



Bartlett Pears
Product of
Argentina
Extra Fancy Grade

199
/lb
4.39/kg



Cantaloupes
Product of
Guatemala
No. 1 Grade
Jumbo Size

299
each



Ontario Homegrown
Greenhouse Grown
Seedless
Cucumbers
No. 1 Grade

99¢
each



Green Onions
Product of Mexico

2/99¢
bunch



Ataulfo Mangos
Product of Mexico

99¢
each



Fresh Loquats
(Nespoli)
Product of Spain

299
/lb
6.59/kg



Bi-Colour Corn
Product of U.S.A.
No. 1 Grade

399
pkg of 5



Yellow Fledged
Potatoes
Product of P.E.I.
No. 1 Grade

399
10lb
poly bag



Premium Bananas
From the Tropics

99¢
/lb
2.18/kg



Abate Pears
Product of
Argentina
Extra Fancy Grade

249
/lb
5.49/kg



Broccoli
Product of U.S.A.

299
bunch



Tulips or
Hyacinths
Product of Ontario
Assorted Colours

499
6" pot

Floral

Bakery

Dairy



Dempster's
Original Hot Dog or
Hamburger Buns
White &
Whole Wheat

2.29
pkg of 8



Rudolph's
Bakeries
Bavarian or
Landbrot
Rye Bread

2.29
454-500g



Fresh
Store-Baked
8" Apple Pie

3.99
600g



Elite Sweets
Fresh 3" Mousse Topped Mini Cakes
Red Velvet, Strawberry, Blueberry,
Carrot, Bacio or Tiramisu

SAVE MORE!

3.99
each



Oasis Premium
Orange Juice

3.99
2.5L



Burnbrae Farms
Naturegg
Omega Plus Liquid

2/4.99
500g



iögo
Nomad
Yogourt Drinks
Selected Varieties

89¢
200ml



Gay Lea
Butter
Salted or Unsalted

4.49
454g



Black Diamond
Cheese Sticks
Assorted Varieties

3.49
200g



Shepherd
Gourmet Dairy Skyr
Icelandic Style
Yogurt
Assorted Varieties

3.49
500g



Bio-K Plus Probiotic
Fermented Milk or Soy
Selected Varieties
Organic Fermented Rice
6x98g - \$19.99

18.99
6x98g

Brands You Love



Mastro
Extra Virgin Olive Oil

SAVE MORE!

6⁹⁷
1L



Ara Azzurro
Espresso
Coffee Beans
Ground Espresso
250g - \$1.99

8⁹⁹
1kg



Tostitos
Tortilla Chips
Assorted Varieties

2/6⁰⁰
220-320g



Campbell's Soup
Tomato, Vegetable,
Cream of
Mushroom or
Chicken Noodle

79¢
284ml



Rio Mare
Solid Light Tuna
in Water, Olive Oil
or with Chili

4⁴⁹
3x80g



Martelli
Premium
Peach Halves

2⁹⁹
580ml



Martelli
Marinated
Artichoke Quarters

5⁹⁹
1L



Unico
100% Pure
Grapeseed Oil

4⁹⁹
750ml



Five Roses or
Robin Hood
All Purpose Flour
Selected Varieties

4⁹⁹
1.8-2.5kg



Gullon
Original Maria
Biscuits

1⁹⁹
800g



Mott's Fruitsations
Apple Sauce
pkg of 6 or
Fruit Rockets
pkg of 4

1⁹⁹
each

Everyday Essentials



Pepsi or Coke
Soft Drinks
Assorted Varieties

3/5⁰⁰
2L



GLUTEN
FREE

Pepsi or Coke
Soft Drinks
Assorted Varieties

SAVE MORE!

3/11⁰⁰
case of
12x355ml



Three Works
Apple Chips
Assorted Varieties

2/5⁰⁰
50g



Dad's or
Peek Freans
Cookies
Assorted Varieties

2⁶⁹
265-350g



Dream
Beverages
Assorted Varieties

2/4⁰⁰
946ml



Windex
Glass Cleaner
765ml, Scrubbing
Bubbles Bathroom
Cleaner 950ml

3⁹⁹
each



Scrub Free
Bathroom Cleaner
Selected Varieties

2⁹⁹
950ml



Spectrum
Organic
Apple Cider
Vinegar

5⁹⁹
946ml



NON
GMO



Larabar
Energy Bars
Multipack
Assorted Varieties

5⁹⁹
225-240g

GLUTEN
FREE



Fresh Gourmet
The Better Chip
Assorted Varieties

3⁴⁹
170g

NON
GMO

GLUTEN
FREE



Primo
GrainWise Pasta
Whole Grain
Selected Varieties

99¢
375g

Seafood

Frozen Foods



Fresh
Tilapia Fillets

SAVE MORE!

7⁹⁹
/lb
17.61/kg



Fresh
Steelhead Trout
Fillets

9⁹⁹
/lb
22.02/kg



Fresh
Whole Dressed
European
Sea Bream
(Orata)

8⁹⁹
/lb
19.82/kg



Thalassa
Frozen
Whole Cleaned
Squid

14⁹⁹
908g



Kallimanis
Frozen
Whole Cleaned
Sea Bass

14⁹⁹
675g



Kallimanis
Frozen Whole
Anchovies or
Sardines
Imported from Greece

4⁴⁹
454g



Kellogg's
Frozen Eggo
Waffles &
Pancakes
Assorted Varieties

2/5⁰⁰
280-310g



Toppits
Jumbo
Cooked Shrimp
Platter with
Cocktail Sauce

14⁹⁹
425g



VH or
Healthy Choice
Steamers
Frozen Entrées
Assorted Varieties

3/10⁰⁰
283-306g



Stahlbush
Frozen Fruit
or Vegetables
300-350g
Assorted Varieties

20% OFF
our reg. price

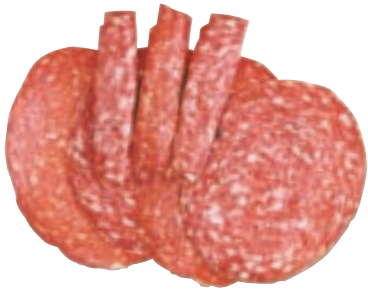


Chapman's
Ice Cream
Sundaes
Assorted Varieties

2/5⁰⁰
1L

Deli

Country Kitchen



Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Parma
Domestic Boneless
Prosciutto
Freshly Sliced
at the Deli

10⁹⁹
/lb
24.23/kg



Santa Lucia
Swiss Cheese
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



Santa Lucia
Havarti Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Doric Macedonian Style Feta Cheese
or Krinos Traditional or Cow & Goat
Feta Cheese

SAVE MORE!

29⁹⁹
3kg



Agropur
L'Extra Brie
At the Deli

9⁹⁹
/lb
22.02/kg



Boursin
Cheese
Assorted Varieties

4⁴⁹
125-150g



Saputo
Bocconcini
Regular, Mini or
Cocktail

3⁶⁹
200g



Silani
Mozzarella 260g
or Fresh Ricotta
Cheese 300g

2⁴⁹
each



Schneiders
Grill'ems
Smoked Sausages
Assorted Varieties

3⁹⁹
375g



Springer's
Whole
Smoked Bone-In
Pork Picnic
Shoulder

1⁶⁹
/lb
3.73/kg



Penne with Meatballs,
Tortellini with Cheese
in Tomato Sauce or
Cabbage Rolls with
Beef

19⁹⁹
5lb
tray

Meat

Poultry



Fresh Ontario
Chicken Breast
Boneless & Skinless

SAVE MORE!

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Lamb Loin &
Rib Chops

12⁹⁹
/lb
28.64/kg

Fresh Ontario
Whole or Half Baby
Spring Lamb
30-35lb Average

7⁹⁹
/lb
17.61/kg



Canada AAA

AGED
21
DAYS



Fresh Beef
Capless Prime Rib
Roast
Product of Canada

10⁹⁹
/lb
24.23/kg

Canada AAA

AGED
21
DAYS



Fresh Beef
Capless Rib Steaks
Product of Canada

11⁹⁹
/lb
26.43/kg

GREAT FOR
SOUVLAKI



Fresh Ontario
Boneless Pork
Sirloin Cubes

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Boneless
Pork Loin
Centre Cut Chops

3⁹⁹
/lb
8.80/kg



Royal Meats
Chevaps
Made with Veal,
Beef & Lamb
2.4kg \$35.99

19⁹⁹
1.2kg



Bring home
the Sizzle



Ontario Lamb
Frozen Spiedini

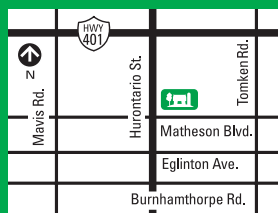
28⁹⁹
box of 40



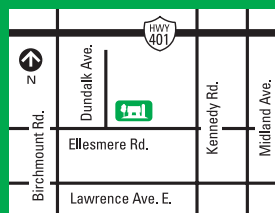
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, April 29 to
Thursday, May 5, 2016



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