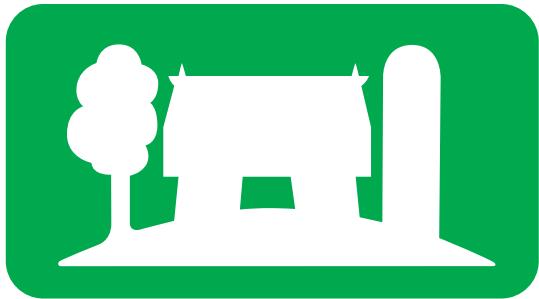


Fresh savings effective
Friday, December 4 to
Thursday, December 10, 2015

Sign-up for your E-flyer
today at highlandfarms.ca



Serve up * * * *
Holiday Cheer
Check out our merry recipes at
highlandfarms.ca

HIGHLAND FARMS



START FRESH



Fresh Ontario
Pork Back Ribs

SAVE MORE!

3.99
/lb
8.80/kg



Grown
at Highland Farms
Orchards



SAVE MORE!

2.99
4lb
cello bag

Apples
Red or Golden Delicious
Fancy Grade



San Benedetto
Spring Water
Natural & Carbonated

4.99
6x1.5L

Lantic
Natural Granulated
White Sugar

1.69
2kg



Oasis
Premium Orange Juice

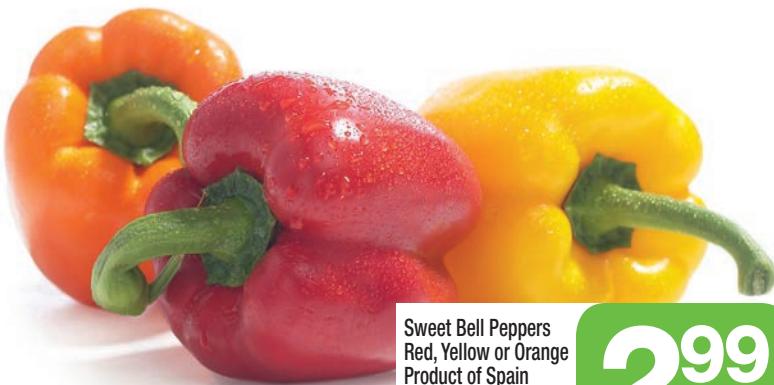
3.49
2.5L

Produce



Chestnuts
Product of Italy
Jumbo Size

3.99
/lb
8.80/kg



Sweet Bell Peppers
Red, Yellow or Orange
Product of Spain
No. 1 Grade
Extra Large Size

2.99
/lb
6.59/kg



Rocha Pears
Product of
Portugal
Extra Fancy Grade

1.49
/lb
3.28/kg



Kiwi Fruit
Product of Italy

1.49
/lb
3.28/kg



Ontario
Homegrown
Greenhouse Grown
Seedless Cucumbers
No. 1 Grade

1.29
each



Dole Salad
Blends or Kits
Selected Varieties
Product of U.S.A.

2.99
142-340g



Fuyu Persimmons
Product of U.S.A.

1.99
/lb
4.39/kg



Clementines
Product of U.S.A.

4.99
2lb
bag



Roma Tomatoes
Product of Mexico
No. 1 Grade

1.29
/lb
2.84/kg



Spinach
Product of Mexico

1.49
bunch



Ambrosia Apples
Product of B.C.
Canada
Extra Fancy Grade

1.99
/lb
4.39/kg



Avocados
Product of Mexico

1.99
each



Baking Potatoes
Product of P.E.I.
Canada No. 1
Grade

3.99
5lb
cello bag



Poinsettia
Product of Ontario

5.99
6" pot

Bakery

Dairy



1 99
675g



Fresh Store-Baked Stonemill Bakehouse Organic Baguette

2 49
350g

Oakrun Farm Belgian Waffles

4 99
420g



SAVE MORE!

21 99
each

La Rocca Fresh 8" Truffle Royale Cake



Natrel Fine-Filtered Milk 2%, 1% or Skim Homogenized 4L \$5.99

4 99
4L



Burnbrae Farms Large Brown Eggs

2 99
dozen



Danone Activia Yogurt 8x100g or Danino Drinkable Yogurt 8x93ml Assorted Varieties

3 99
each



Yoplait Yogourt Source 16x100g or Yoptimal 12x100g

4 99
each



Gay Lea Spreadables Butter Assorted Varieties

2 99
227g



Gay Lea Real Whipped Cream

2 99
225g



The Laughing Cow Processed Cheese Selected Varieties

2 99
133g



Liberté Organic Yoghurt Selected Varieties

3 99
650-750g

Brands You Love



Kellogg's All-Bran Cereal
Original 525g, Cranberries & Clusters 380g, Strawberry Bites 465g, Bran Flakes 670g or Raisin Bran 755g

3.99
each

3.99
each



Tetley
Orange Pekoe
Tea

7.99
box of
216



Neal Brothers
Kettle Cooked
Potato Chips
Assorted Varieties

2.40
142g



Green Giant or
Del Monte
Canned
Vegetables
Selected Varieties

99¢
341-398ml

99¢
341-398ml



Unico
100% Pure
Grapeseed Oil

4.99
750ml



Post Cereal
Shreddies,
Honeycomb,
Sugar-Crisp or
Alpha-Bits

2.99
340-550g



Bick's
Dill Pickles
Selected Varieties

3.99
1L



Sardo
Black Olives
Assorted Varieties

99¢
398ml



E.D. Smith
Pie Filling
Assorted Varieties

3.99
540ml



Kellogg's
Pop-Tarts 400g
or Pringles Potato
Chips 150-182g
Assorted Varieties

2.40



Club House
Gravies
Selected Varieties

3.40
21-45g



Uncle Ben's
Natural Select
Rice
Assorted Varieties

2.60
365-397g



Delverde
Pasta
Selected Varieties

3.40
450g



La Molisana
Egg Pasta
Assorted Varieties

1.69
250g

Everyday Essentials



Ferrero Chocolates
Collection 259g,
Golden Gallery
216g or Ferrero
Rocher 300g

999
each



Lindt Swiss
Classic Gold
Chocolate Bars
Assorted Varieties

2/1000
300g



Cott
Soft Drinks
Assorted Varieties

99¢
2L



Bauli
Il Pandoro
di Verona
Limoncello

999
750g



Royal Dansk
Cookies
Danish Butter or
Oat & Cranberry

499
340g



Arm & Hammer
2x Laundry
Detergent

397
1.84-2.03L



Walkers
Pure Butter
Shortbread
Fingers or Rounds

349
150g



belVita
Biscuits
Assorted Varieties

299
250g



Grissol
Melba Toast
Assorted Varieties

399
350-400g



Dr. Oetker
Mousse or
Premium Desserts
Selected Varieties

199
28-120g



Lesley Stowe's
Raincoast Crisps
Assorted Varieties

599
170g



wasa
Crispbread
Assorted Varieties

2/500
200-250g



Celestial
Seasonings
Tea
Assorted Varieties

2/500
box of 20



Starbucks
K-Cups Coffee
Assorted Varieties

999
pkg of 10

Seafood

Frozen Foods



SAVE MORE!

799
/lb
17.61/kg

Fresh
Wild
Pacific Snapper
Fillets

699
/lb
15.41/kg

Fresh
Whole European
Sea Bass

799
/lb
17.61/kg



Sea Delight
Frozen
Blue Marlin
Steaks or Grouper
Fillets

999
340g



Ocean Jewel
Frozen Breaded
Shrimp Trio 454g
or Butterfly
Shrimp 680g

899
each



Arctic Gardens
Frozen Vegetables
Selected Varieties

349
750g



Cheemo
Frozen Perogies
Assorted Varieties

199
907g



Dempster's
Home Bakery
Garlic Bread

2/400
323g



Krinos
Frozen Fillo
Pastry Leaves

199
454g



Magnum Ice Cream
Bars pkg of 3 or
Klondike Bars,
Sandwiches or
Kones pkg of 4

499
each



Sicilian
Ice Cream 2L or
Tartufo Ice Cream
Desserts 440ml

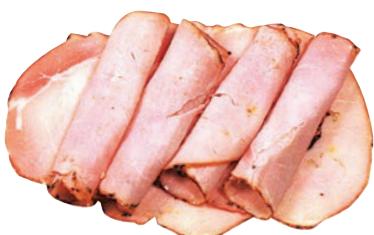
499
each

Deli Country Kitchen



Lilydale
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

9.99
/lb
22.02/kg



Casa Italia
Porchetta
Mild or Hot
Freshly Sliced
at the Deli

8.99
/lb
19.82/kg



Brandt
Black Forest Ham
Freshly Sliced at the Deli

SAVE MORE!

4.99
/lb
11.00/kg



Santa Lucia
Havarti Cheese
Freshly Sliced
at the Deli

6.99
/lb
15.41/kg



Santa Lucia
Swiss Cheese
Freshly Sliced
at the Deli

7.99
/lb
17.61/kg



Mastro
Cacciatoro Salami
Hot or Mild

10.99
/lb
24.23/kg



San Daniele
Sliced Prosciutto

5.99
125g



Tre Stelle
Mozzarella
Cheese

4.49
340g



Tre Stelle
Mascarpone
Cheese

7.99
475g



Quinoa with
Chickpeas and
Apple Salad

1.99
/100g



Pasta Arugula
and Feta Salad

1.99
/100g



Grilled
Lemon Herb
Chicken Breast

2.99
/100g



Stuffed Peppers
with Meat
in Tomato Sauce
Min. Weight 300g

3.99
each

Meat

Poultry



Fresh Beef
Boneless Top Sirloin Steaks
Product of Canada

Canada AAA

AGED
21
DAYS

SAVE MORE!

7.99
/lb
17.61/kg

100% Canadian.
Freshly Ground.
Every day.

Canada AAA



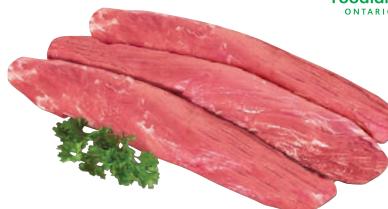
Fresh
Extra Lean
Ground Sirloin
Beef

5.99
/lb
13.21/kg



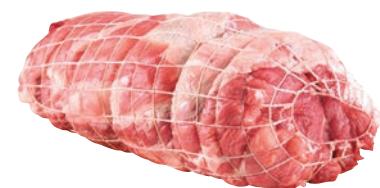
Fresh
Stewing Beef
Product of Canada

5.99
/lb
13.21/kg



Fresh Ontario
Pork Tenderloin

3.99
/lb
8.80/kg



Fresh Ontario
Boneless Pork
Shoulder Blade
Roast

2.99
/lb
6.59/kg



Maple Leaf
Prime Naturally
Fresh Whole
Chickens

2.99
/lb
6.59/kg



Maple Leaf
Prime Naturally
Fresh Boneless
Skinless Chicken
Breasts

6.99
/lb
15.41/kg



Maple Leaf
Prime Naturally
Fresh Boneless
Skinless Chicken
Thighs

5.99
/lb
13.21/kg



Maple Leaf
Prime Naturally
Extra Lean
Ground Chicken
or Turkey

5.99
454g

Visit our
2 grand
locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST.
905.501.9910



850 ELLESMERED RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday:
8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, December 4 to
Thursday, December 10, 2015



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