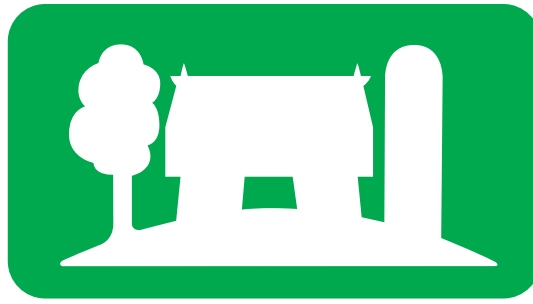


Fresh savings effective
Friday, October 28 to
Thursday, November 3, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



**Check out
our website**
Visit highlandfarms.ca for a
new and delicious experience!

HIGHLAND FARMS

—  **START FRESH** —



Canada AAA

**AGED
21
DAYS**

SAVE MORE!

4⁹⁹
/lb
11.00/kg

**Fresh Beef
Inside Round Roast
Product of Canada**

**NEW
CROP**

Picked Fresh
from our own
Highland Farms Orchards



SAVE MORE!

99¢
/lb
2.18/kg

**Matsu,
Red or Golden Delicious Apples
Fancy Grade**



**Oasis Premium Juice,
Health Break Blends or
Smoothies
Selected Varieties**

2⁴⁹
1.65-1.75L



**Ice River Springs
Natural Spring Water**

1⁹⁹
24x500ml



**Unico
Tomatoes 796ml or
Beans 540ml
Selected Varieties**

97¢
each

Produce

Driscoll's
ONLY THE FINEST BERRIES®



Driscoll's
Blackberries
or Raspberries
Product of Mexico

2/5⁰⁰
170g



Ontario Homegrown
Broccoli

99¢
bunch



Ontario Homegrown
Bosc Pears
Fancy Grade

149
/lb
3.28/kg



Red Globe Grapes
Product of U.S.A.
No. 1 Grade

199
/lb
4.39/kg



Ontario Homegrown
Greenhouse
Sweet Bell Peppers
Red, Yellow or
Orange, No. 1 Grade

199
/lb
4.39/kg



Dole
Salad Blends
or Kits
Selected Varieties
Product of U.S.A.

299
142-340g



Clementines
Product of Chile

199
/lb
4.39/kg



Avocados
Product of Mexico

399
bag of 5



Zucchini
Product of Mexico

99¢
/lb
2.18/kg



Ontario Homegrown
Baking Potatoes
No. 1 Grade

299
10lb
poly bag



Royal Gala Apples
Product of U.S.A.
Extra Fancy Grade

249
/lb
5.49/kg



Leaf Lettuce
Green or Red
Product of U.S.A.

199
each



Carrots
Product of U.S.A.

199
bunch



Floral

Premium
Jumbo Bouquets

1899
each

Bakery

Dairy



D'Italiano Buns
Sausage or Crustini
pkg of 6-8 or
Sliced Bread 675g
Assorted Varieties

1.99
each



SAVE MORE!

22.99
each



Country Goodness
Bagels
Assorted Varieties

1.99
510g



The Bakeshop
Butter Tarts or
Lemon Tarts

2.99
500-540g

La Rocca
Fresh 8" Milk Chocolate Caramel
Cake



iögo Yogurt
0%, 1.5% or
Probio
Assorted Varieties

1.99
650g



iögo
Nano Drinkable
Yogurt
Selected Varieties

2.99
6x93ml



Parkay Margarine
or Lactantia
Traditional Spread

99¢
427g



Burnbrae Farms
Prestige
Large White Eggs

2.79
dozen



Astro Athentikos
Greek Yogurt
Ancient Grains
Selected Varieties

2.99
2x150g



Krinos
Greek Yogurt
Assorted Varieties

2.99
500g



Krinos
Crumbled
Feta Cheese

3.49
170g



Black Diamond
Cheese Slices
Assorted Varieties

2.99
450g

Brands You Love



Kraft Dinner
Original Macaroni & Cheese

SAVE MORE!

89¢
225g



Italpasta Pasta
Assorted
Regular Cuts

4/5.00
900g



Sardo
Canola Oil

5.99
3L



Tilda
Basmati Rice
White or Brown

7.99
1.81kg



Martelli
Premium
Arborio Rice

3.99
1kg



Mutti
Passata
Strained Tomatoes

1.99
688ml



Five Roses or
Robin Hood
All Purpose Flour
Selected Varieties

4.99
1.8-2.5kg



Unico
100% Pure
Grapeseed Oil

4.99
750ml



Unico
Solid Light Tuna
in Oil

3/4.00
198g



Hellmann's
Mayonnaise
Assorted Varieties

3.99
750-890ml



Knorr
Sidekicks 111-163g
or Lipton Soup Mix
94-166g
Selected Varieties

99¢
each

Everyday Essentials



Kellogg's Froot Loops, Frosted Flakes, Corn Pops, Krave 320-425g, Rice Krispies 440g, Post Shreddies 540-550g or Great Grains 385-453g

2⁹⁹
each



SAVE MORE!

5⁹⁹
each

Kleenex Cottonelle Bathroom Tissue pkg of 12 double rolls or Viva Vantage Paper Towels Regular pkg of 6 rolls



Red Rose Orange Pekoe Tea

8⁹⁹
box of 216



Kellogg's Rice Krispies Squares Assorted Varieties

1⁹⁹
176g



Pepperidge Farms Goldfish Crackers Assorted Varieties

2/5⁰⁰
156-200g



Allen's Apple Juice 1.89L or Oasis NutriSource Juice Blends 1.36L Assorted Varieties

2⁴⁹
each



Fiuggi Spring Water Natural, Sparkling

9⁹⁹
6x1L



Organic Meadow Milk 1%, 2%, Skim 3.8% 2L \$5.99

4⁹⁹
2L



Blue Monkey Organic Pure Coconut Water

3⁴⁹
1L



Earth's Best Organic Baby Food Assorted Varieties

3/4⁰⁰
128ml



Nuts to You Cashew Butter or Rainforest Nut Butter with Coconut

9⁹⁹
500g

Seafood

Frozen Foods



Wild



Fresh
Wild Pacific Snapper
Fillets

SAVE MORE!

7⁹⁹
/lb
17.61/kg



Wild



Fresh
Wild Haddock
Fillets

8⁹⁹
/lb
19.82/kg



Fresh
Whole Dressed
European
Sea Bass

7⁹⁹
/lb
17.61/kg



Janes
Frozen
Tavern Battered
Cod

9⁹⁹
615g



Janes
Pub Style
Fish Fillets

10⁹⁹
580g



Maple Leaf
Prime Naturally
Frozen Chicken
Nuggets, Strips or
Burgers

8⁹⁹
750g



Pillsbury
Frozen Pizza Pops
800g or Pizza
Bites 692-693g
Assorted Varieties

3⁹⁹
each



McCain
Frozen Superfries
Selected Varieties

2⁹⁹
650-750g



Stouffer's &
Lean Cuisine
Frozen Entrées
Assorted Varieties

2/5⁰⁰
196-340g



Häagen-Dazs
Ice Cream
500ml tub or
Bars 3-4pk

4⁹⁹
each

Deli

Country Kitchen



Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Lilydale
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



Agropur
Import Collection
Double Crème Brie

11⁹⁹
/lb
26.43/kg



Cayer
Havarti Cheese
Regular or Light
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Fletcher's
Black Forest Ham
Freshly Sliced at the Deli

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Silani
Fresh
Ricotta Cheese
Regular or Light

1⁹⁹
300g



Silani
Mozzarella Cheese

2⁴⁹
260g



Santa Lucia
Bocconcini Cheese
Assorted Varieties

3⁹⁹
200g



Santa Lucia
Mozzarella
Fior' di Latte
Cheese

4⁴⁹
250g



Mastro
Extra Lean
Capocollo
Mild or Hot
Sliced

2⁹⁹
125g



Mastro
Cacciatore Salami
Mild or Hot

9⁹⁹
/lb
22.02/kg



Veal or
Chicken Cutlet
on a Panuozzo Bun
2 Toppings
Included

6⁹⁹
each

Chickpea
Jardiniere Salad

1⁸⁹
/100g

Meat

Poultry



Canada AAA

SAVE MORE!

5⁹⁹ /lb 13.21/kg

Fresh Inside Round Beef Cutlets
Product of Canada

100% Canadian. Freshly Ground. Every day.

Canada AAA



Fresh Lean Ground Beef

4⁹⁹ /lb 11.00/kg



Fresh Stewing Beef Product of Canada

5⁹⁹ /lb 13.21/kg



Fresh Ontario Pork Belly

4⁴⁹ /lb 9.90/kg



Fresh Ontario Picnic Pork Shoulder Roast

1⁴⁹ /lb 3.28/kg



Maple Leaf Prime Naturally Fresh Whole Chicken

2⁹⁹ /lb 6.59/kg



Maple Leaf Prime Naturally Fresh Boneless Skinless Chicken Breasts

6⁹⁹ /lb 15.41/kg



North of 90 Turkey Breast Scaloppine

11⁹⁹ /lb 26.43/kg



Fresh Boneless, Skinless Turkey Breast

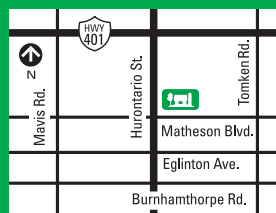
8⁹⁹ /lb 19.82/kg



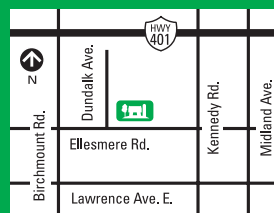
We sell only Canadian Beef



Visit our 2 locations. Open 7 days a week.



**50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910**



**850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999**

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, October 28 to
Thursday, November 3, 2016



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