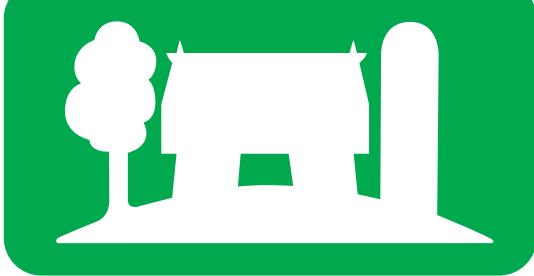


Fresh savings effective
Friday, November 27 to
Thursday, December 3, 2015

Sign-up for your E-flyer
today at highlandfarms.ca



Check out our
fresh new look
Visit highlandfarms.ca for a
new and delicious experience

HIGHLAND FARMS



START FRESH



Canada AAA

AGED
21
DAYS

SAVE MORE!

5.99
/lb
13.21/kg

Fresh Beef
Sirloin Tip Roast
Product of Canada



Grown
at Highland Farms
Orchards



SAVE MORE!

99¢
/lb
2.18/kg

Fresh Apples
McIntosh or Cortland
Fancy Grade



Product of Italy
Divella Pasta 500g
Assorted Regular Cuts or
Passata di Pomodoro
Regular 720ml

99¢
each



Astro Yogourt
Original, Fat Free Zero or
Smooth 'n Fruity

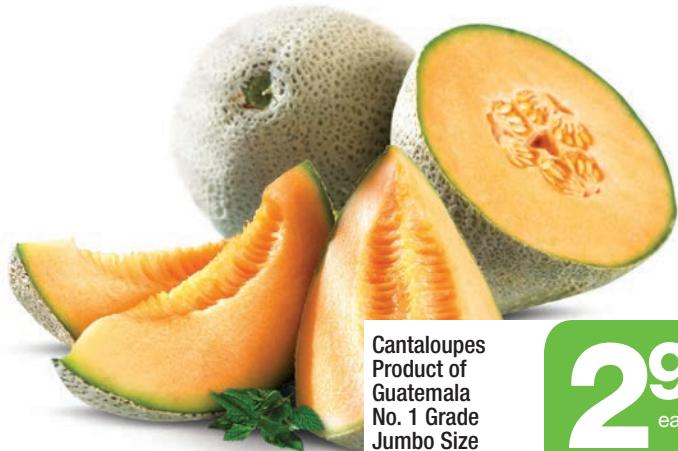
2.99
pkg of
12x100g



Majesta
Regular Paper Towels

2.99
pkg of
8 rolls

Produce



Cantaloupes
Product of
Guatemala
No. 1 Grade
Jumbo Size

2.99
each



Ontario Homegrown
Greenhouse Grown
Tomatoes
on the Vine
No. 1 Grade

1.49
/lb
3.28/kg



Ontario
Homegrown
Flemish Pears
Fancy Grade
Extra Large Size

1.49
/lb
3.28/kg

Pom Wonderful
Pomegranates
Product of U.S.A.
Jumbo Size

2/5.00



Ontario
Homegrown
Greenhouse Grown
Seedless Cucumbers
No. 1 Grade

1.29
each

Classic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

4.99
283g



Hachiya
Persimmons
Product of U.S.A.

99¢
each



Extra Sweet
Pineapples
Product of
Costa Rica

3.99
each



Eggplants
Product of U.S.A.
Large Size

99¢
/lb
2.18/kg



White Potatoes
Product of P.E.I.
Canada
No. 1 Grade

1.99
10lb
paper bag



Royal Gala Apples
Product of B.C.
Canada
Extra Fancy Grade

1.99
/lb
4.39/kg



Mini Seedless
Watermelons
Product of Mexico

2.99
each



Yellow Onions
Product of U.S.A.
No. 1 Grade

3.99
3lb
bag



Poinsettia
Product of Ontario

5.99
6" pot



Dempster's
Sliced Bread
Whole Grains or
Garden Vegetable
Assorted Varieties

2/500
600g



Ace Bakery
White Baguette

249
350g

Baked In-Store
Fresh
Cheddar Cheese
Bread

399
530g



SAVE MORE!

2199
each

La Rocca
Fresh 8" Black Forest Cake



Tropicana
Pure Premium
Orange Juice
Assorted Varieties

599
2.63L



Natrel
Fine-Filtered Milk
3.25%, 2%, 1% or
Skim

399
2L



Sealtest
Premium Egg Nog

249
1L



Danone
Oikos Greek Yogurt
Assorted Varieties

3/1000
4x100g



Black Diamond
Cheese
Assorted Varieties

599
400-450g



Butter
Salted or Unsalted

399
454g



Silk
Almond or Cashew
Beverages
Assorted Varieties

399
1.89L

Brands You Love



Christie
Cookies
Selected Varieties

2/500
300g



Divella
Italian Tomatoes

4/500
796ml



Unico
Tomato Paste

2/100
156ml



Kellogg's Cereal Müslix
450g or Just Right 475g
or Post Cereal Honey
Bunches of Oats 411-439g
or Great Grains 385-453g

2.99
each



PurOliva
Blended Oil or
Sardo Canola Oil

4.99
1.89L



Sardo
Kalamata Olives
Whole or Sliced

1.99
375ml



Stagg Chili 425g
or Baxters Soup
398-540ml
Assorted Varieties

2.49
each



Nestlé Coffee-mate
425-450g or Carnation
Hot Chocolate
130-280g
Assorted Varieties

2.99
each



Higgins & Burke
Tea
Assorted Varieties

2.99
box of 20



Pure Leaf Iced Tea 547ml
or Starbucks Refreshers,
Iced Coffee & Frappuccino
325-444ml or O.N.E.
Coconut Water 500ml

2/4.00



Kitchen Basics
Cooking Stock
Assorted Varieties

2.79
946ml



Success
Mushrooms
Pieces and Stems

79¢
284ml



Skippy
Peanut Butter
Assorted Varieties

4.99
1kg



E.D. Smith Pure Jam,
Fruit Lovers More Fruit
500ml or No Sugar
Added Spread 375ml
Assorted Varieties

3.69
each

Everyday Essentials



Festa
Panettone
Classico
Product of Italy

5.99
908g



Baci
Perugina
Chocolates

10.99
300g



Lantic Sugar
Icing, Brilliant
Yellow or
Old Fashioned
Brown

1.99
1kg



Aurora
Organic
Roasted Chestnuts
Ready to Eat

3/4.00
100g



Continental
Imported European
Belgian Chocolate
Biscuit Collection

11.99
750g



Old Dutch
Restaurante
Tortilla Chips
Assorted Varieties

2/6.00
276-384g



Welch's
100% Grape Juice
Concord or White

2.99
1.36L



T. Marzetti
Veggie Dips
Assorted Varieties

2.99
248-340g



Dial Liquid Soap
Eco-Smart Refill 1.18L
or Ziploc Storage or
Freezer Bags pkg of 10-30
Selected Varieties

3.49
each



Windex
Glass Cleaner
Assorted Varieties

3.99
765ml



Imagine
Organic Soup or
Broth
Assorted Varieties

3.49
946ml-1L



Seeds of Change
Organic Rice
Side Dish
Assorted Varieties

2/5.00
240g



Nuts to You
Cashew Butter or
Rainforest Nut
Butter with Coconut

9.99
500g



Neal Brothers
Tortillas
Assorted Varieties
Organic Salsa
500ml \$3.99

2.99
300g

Seafood

Frozen Foods



SAVE MORE!

8.99
/lb
19.82/kg



Fresh Wild Ocean Perch Fillets

7.99
/lb
17.61/kg

Marlin Steaks Previously Frozen

8.99
/lb
19.82/kg



Sea Delight Frozen Mahi-Mahi Portions, Swordfish Steaks or Snapper Fillets

9.99
340g



Chapman's Original Ice Cream 2L or Super Lolly 18x75ml Selected Varieties

2.99
each



McCain Frozen Fries Straight, Crinkle, Shoestring or Steak Cut

1.99
900g



VH or Healthy Choice Steamers Frozen Entrées Assorted Varieties

3/10.00
283-306g



Roman Frozen Lasagna, Cannelloni, Meatballs or Shepherd's Pie

5.99
907g-1.02kg



Delissio Frozen Pizza Rising Crust or Pizzeria Selected Varieties

4.99
530-888g



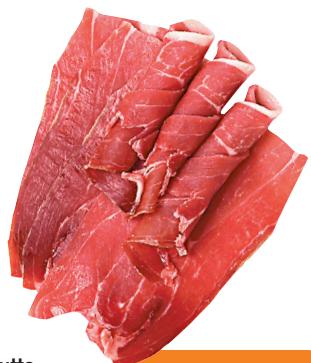
Minute Maid Frozen Fruit Punch Assorted Varieties

3/2.00
295ml



Brandt Salami
Hungarian,
German
Freshly Sliced
at the Deli

8.99
/lb
19.82/kg



Prosciutto
di Parma
Freshly Sliced
at the Deli

12.99
/lb
28.64/kg



Agropur
Havarti Cheese
Regular
Freshly Sliced
at the Deli

6.99
/lb
15.41/kg



Santa Lucia
Provolone Cheese
Freshly Sliced
at the Deli

7.99
/lb
17.61/kg



Piller's
Black Forest Ham
Freshly Sliced at the Deli

SAVE MORE!

4.99
/lb
11.00/kg



Luisa's
Fiesta Dip
Mild or Medium

3.99
482g



Santa Lucia
Bocconcini

3.99
200g



Imported from Italy
Asiago Stagionato
Cheese
Freshly Cut
at the Deli

11.99
/lb
26.43/kg



Imported from Italy
Piave Vecchio
Cheese
Freshly Cut
at the Deli

12.99
/lb
28.64/kg



Fresh
Ready to Bake Pizza
Pepperoni, Cheese
or Veggie
Min. Weight 825g-1.1kg

9.99
each



Fully Cooked
Chicken Wings
Mild, Hot or
Honey Garlic

9.99
pkg of 12



Potato Wedges
Savoury Herb or
Sweet Potato

2.99
/lb
6.59/kg



Fresh
Fully Cooked
Pork Back Ribs
Min. Weight 320g

11.99
each



Meat

Poultry



100% Canadian.
Freshly Ground.
Every day.

Canada AAA



Fresh Ontario
Chicken Drumsticks

SAVE MORE!

199
/lb
4.39/kg



Fresh
Extra Lean
Ground Beef

549
/lb
12.10/kg



Fresh
Stewing Beef
Product of Canada

599
/lb
13.21/kg

Canada AAA

AGED
21
DAYS



Fresh Beef
Sirloin Tip Steaks
Product of
Canada

699
/lb
15.41/kg



Fresh Beef
Stir Fry
Product of Canada

799
/lb
17.61/kg



Fresh Ontario
Pork Side Ribs

299
/lb
6.59/kg



Fresh Ontario
Pork Side Ribs
for Sweet & Sour

449
/lb
9.90/kg



Fresh Ontario
Pork Loin
Cutlets

499
/lb
11.00/kg



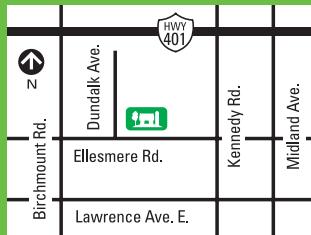
Fresh Ontario
Boneless
Pork Loin
Roast

349
/lb
7.69/kg

Visit our
2 grand
locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST.
905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999



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Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday:
8:00a.m. till 8:00p.m.

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Friday, November 27 to
Thursday, December 3, 2015