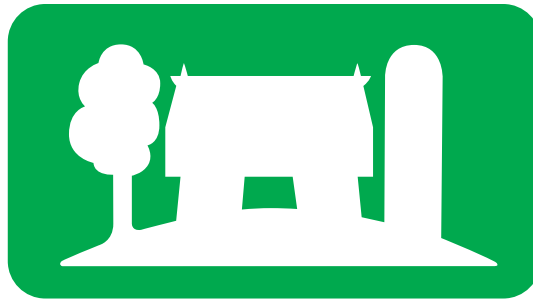


Fresh savings effective
Friday, April 15 to
Thursday, April 21, 2016

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our website
Visit highlandfarms.ca for a
new and delicious experience!

HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Pork Rib & Sirloin Chops

SAVE MORE!

2⁴⁹
/lb
5.49/kg



Ontario Homegrown
Greenhouse Grown
Tomatoes on the Vine
No. 1 Grade

SAVE MORE!

1⁴⁹
/lb
3.28/kg



Elite Dairy
Natural Yogurt
Assorted Varieties

1⁴⁹
750g



Breyers
Family Classic
Rich & Creamy
Frozen Dessert
Assorted Varieties

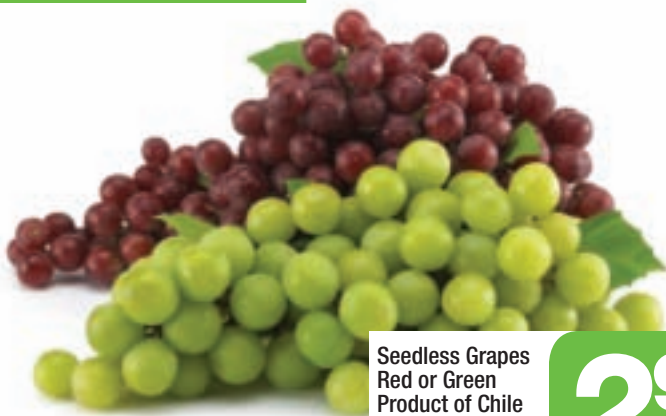
2⁹⁹
1.66L



Italpasta
Pasta
Assorted Regular Cuts

99¢
900g

Produce



Seedless Grapes
Red or Green
Product of Chile
No. 1 Grade

2⁹⁹
/lb
6.59/kg



Romaine Lettuce
Product of U.S.A.

99¢
each



Clementines
Stem & Leaf
Product of Spain

1⁹⁹
/lb
4.39/kg



Cantaloupes
Product of
Guatemala
No. 1 Grade
Jumbo Size

2⁹⁹
each



Ontario Homegrown
Greenhouse Grown
Seedless
Cucumbers
No. 1 Grade

1⁴⁹
each



Cauliflower
Product of U.S.A.
No. 1 Grade
Jumbo Size

2⁹⁹
each



Ataulfo Mangos
Product of Mexico

3/4⁰⁰



Pomegranates
Product of Peru
Jumbo Size

2/5⁰⁰



Zucchini
Product of Mexico

99¢
/lb
2.18/kg



Spinach
Product of Mexico

1⁴⁹
227g
cello bag



Bartlett Pears
Product of
Argentina
Extra Fancy Grade

2⁴⁹
/lb
5.49/kg



Romaine Hearts
Product of U.S.A.

2⁹⁹
pkg of 3



Celery
Product of U.S.A.
No. 1 Grade
Large Stalk

1⁹⁹
each



Floral

Premium
Roses, 50cm
Assorted Colours
Product of Ecuador

18⁹⁹
dozen

Bakery

Dairy



Dempster's
Sliced Bread
Whole Grains
Selected Varieties

2/5⁰⁰
600g



SAVE MORE!

19⁹⁹
each



Fresh
Mini Bagels
Assorted Varieties

2⁹⁹
380g



Store-Baked
Cookies

3⁹⁹
pkg of 10

Fresh
Store-Made
9" Mixed Berries Flan



Oasis
100% Premium
Valencia
Orange Juice
With or Without Pulp

2⁴⁹
1.75L



Imperial
Margarine

1⁴⁹
454g



Krinos
Crumbled Feta
Cheese

3⁴⁹
170g



Burnbrae Farms
Egg Creations
Assorted Varieties

2⁴⁹
500g



Liberté
Greek Yogurt
Muesli or
Seeds & Fruit
Assorted Varieties

2⁹⁹
pkg of
2x150g



Black Diamond
Cheese Portions
Marble or Gouda

2⁹⁹
6x21g



K-life
Traditional
2% Kefir

4⁹⁹
2L



Natrel
Fine-Filtered
Organic Milk
2% or 1%
3.8% 4L - \$8.99

7⁹⁹
4L

Brands You Love



Kimbo
Espresso Bar
Extra Cream Coffee Beans

SAVE MORE!

10⁹⁹
1kg



Kimbo
Export or Classico
Espresso
Ground Coffee

2⁹⁹
250g



Mantova
Premium
Extra Virgin
Olive Oil

7⁹⁹
1L



Mantova
Grape Seed Oil

4⁹⁹
750ml



Pantanella
Spelt Pasta
Assorted Varieties

2⁹⁹
454g



Elledi
Poker Wafers
Vanilla, Cocoa
& Nocciola

99¢
150g



Pringles
Chips & Tortillas
Assorted Varieties

2/4⁰⁰
150-182g



Campbell's
Chunky Soup
Assorted Varieties

2⁴⁹
540ml



Rougemont
Apple Juice
Assorted Varieties

2⁷⁹
2L



Bob's Red Mill
Natural
Raw Whole
Flaxseeds

GLUTEN
FREE

3⁹⁹
680g



Raincoast Trading
Wild Pink Salmon
Regular or
No Salt Added

2⁹⁹
160g

Everyday Essentials



Nescafé Rich or
Taster's Choice
Instant Coffee
Assorted Varieties

4⁹⁹
100-170g



Orville
Redenbacher's
Microwave
Popcorn
Assorted Varieties

3⁹⁹
248-540g



Unico
Tomato Paste

SAVE MORE!

2/1⁰⁰
156ml

**GLUTEN
FREE**



Kettle Brand
Popcorn
Assorted Varieties

2⁹⁹
113-142g



Dial
Liquid Soap
Eco-Smart Refill
Assorted Varieties

3⁴⁹
1.18L



Mr. Clean
All Purpose
Cleaner
Assorted Varieties

2⁹⁹
1.2L



Renuzit Air
Freshener
Assorted Varieties

89¢
198g



Kevita
Organic Sparkling
Fermented Drink
Assorted Varieties

3⁴⁹
450ml



Muir Glen
Organic Tomatoes
Assorted Varieties

2⁹⁹
796ml



Cascadian Farm
Organic Cereal
Assorted Varieties

3⁹⁹
340-450g



Amande
Creamy Cultured
Almond Milk
Assorted Varieties

5⁹⁹
680g

NEW! DAIRY FREE

Seafood

Frozen Foods



Wild

Fresh Wild Pacific Snapper Fillets

SAVE MORE!

7⁹⁹
/lb
17.61/kg



Wild



Fresh Wild Haddock Fillets

8⁹⁹
/lb
19.82/kg



Fresh Whole Dressed Whiting (Merluzzo)

4⁴⁹
/lb
9.90/kg



Ocean Prime Frozen Raw Pacific White Shrimp Peeled and Deveined 31/40ct

9⁹⁹
454g



Ocean Prime Frozen Cooked Pacific White Shrimp 21/25ct

13⁹⁹
454g



Cardinal Roadhouse Frozen Beef Burgers

26⁹⁹
2.27kg



McCain Family Pack Frozen Superfries or Wedges Selected Varieties

4⁹⁹
1.45-1.5kg



Marie Callender's Frozen Entrées Assorted Varieties

5⁹⁹
680-879g



Stouffer's & Lean Cuisine Frozen Entrées Assorted Varieties

2/5⁰⁰
196-340g



7Days Bake-it Frozen Bougatsa Cream Pie

6⁹⁹
850g



Nestlé Frozen Drumsticks Selected Varieties

4⁹⁹
pkg of 4

Deli

Country Kitchen



Piller's
Black Forest Ham
Freshly Sliced
at the Deli

4⁹⁹
/lb
11.00/kg



Brandt Salami
German or
Hungarian
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Santa Lucia
Bocconcini
At the Deli

7⁹⁹
/lb
17.61/kg



Cayer
Havarti Cheese
Regular or Light
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Brandt
Premium Oven Roasted
Turkey Breast
Freshly Sliced at the Deli

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Saputo
Sliced Cheese
Assorted Varieties

4⁴⁹
140-180g



Anco
Gouda Cheese
Assorted Varieties

3⁹⁹
170g



Santa Lucia
Fresh
Ricotta Cheese

4⁴⁹
500g



Tre Stelle
Mozzarella
Cheese

4⁴⁹
340g



San Daniele
Sliced Prosciutto

5⁹⁹
125g



Mastro/San Daniele
Cube-etti
Pancetta or
Prosciutto

4⁹⁹
125g



Empanada
Beef, Chicken or
Spinach & Feta
Min Weight 85g

1⁷⁹
each

Ready to Bake
Individual Pizza
Cheese, Pepperoni,
Veggie or Hawaiian
Min. Weight 350-590g

2/12⁰⁰

Fresh Meat



Fresh Ontario
Outside Round Veal Cutlets

SAVE MORE!

6⁹⁹
/lb
15.41/kg

100% Canadian.
Freshly Ground.
Every day.



Fresh
Lean
Ground Beef

3⁹⁹
/lb
8.80/kg

Canada AAA



Fresh
Beef Stir Fry
Product of Canada

7⁹⁹
/lb
17.61/kg



Fresh Ontario
Pork Side Ribs

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Pork Side Ribs
for Sweet & Sour

4⁹⁹
/lb
11.00/kg



GLUTEN
FREE

Marc Angelo
Fresh
Pork Burgers
Hot or Mild

5⁴⁹
500g



Fresh Ontario
Pork Loin
Centre Cut Chops

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Boneless Pork
Stew

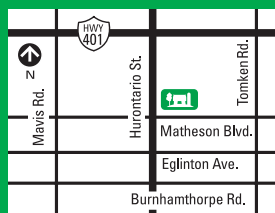
3⁴⁹
/lb
7.69/kg



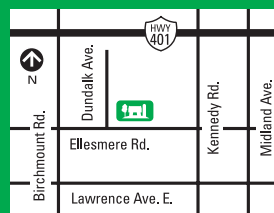
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, April 15 to
Thursday, April 21, 2016



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