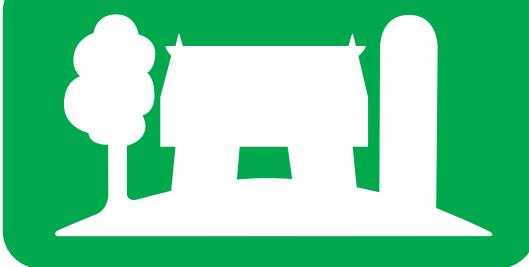


Fresh savings effective  
Friday, February 3 to  
Thursday, February 9, 2017

Sign-up for your E-flyer  
today at [highlandfarms.ca](http://highlandfarms.ca)



Get Ready  
for the Big  
Game!

# HIGHLAND FARMS



## START FRESH



Fresh Ontario  
Pork Back Ribs



SAVE MORE!

**3.99**  
/lb  
8.80/kg

Fresh  
Greenhouse Grown Tomatoes  
Product of Mexico  
No. 1 Grade

SAVE MORE!

**1.49**  
/lb  
3.28/kg



Mastro  
Extra Virgin Olive Oil

**5.99**



Dr. Oetker Frozen Pizza  
Ristorante, Casa di Mama  
or Panebello  
Selected Varieties



Oasis  
Premium Juice, Blends  
or Smoothies  
Selected Varieties

**2.49**  
1.65-1.75L

# Produce



Clementines  
Stem & Leaf  
Product of Spain

**1 99**  
/lb  
4.39/kg



Asparagus  
Product of Mexico  
No. 1 Grade

**3 99**  
/lb  
8.80/kg



Black Plums  
Product of Chile  
No. 1 Grade

**2 99**  
/lb  
6.59/kg



Galia Melons  
Product of  
Guatemala

**2 99**  
each



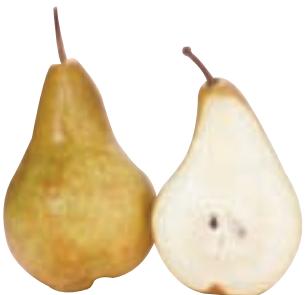
Celery  
Product of U.S.A.  
No. 1 Grade  
Large Stalk

**1 49**  
each



Seedless  
Cucumbers  
Product of Mexico  
No. 1 Grade

**1 99**  
each



Bosc Pears  
Product of U.S.A.  
Extra Fancy Grade

**1 49**  
/lb  
3.28/kg



Avocados  
Product of Mexico

**2/300**



Sweet Onions  
Product of Peru  
No. 1 Grade

**99¢**  
/lb  
2.18/kg



Vegetables with Dip  
Min. Weight 1.5kg  
or Fruit Tray  
Min. Weight 2.4kg

**17 99**  
each



Blueberries  
Product of Chile  
No. 1 Grade

**2 99**  
170g



Broccoli  
Product of U.S.A.

**2 99**  
bunch



Leaf Lettuce  
Green or Red  
Product of U.S.A.

**2 99**  
each



Premium  
Jumbo Bouquets

**18 99**  
each

# Bakery

# Dairy



Dempster's  
Deluxe Sausage &  
Hamburger Buns

**2/500**  
pkg of  
6-8



All Stars Bakery  
New York Style  
Rye Bread

**299**  
708g

Oakrun Farm  
English Muffins  
or Crumpets

**2/300**  
284-340g



**SAVE MORE!**

**1999**  
each

Fresh  
Store-Made  
9" Mixed Fruit Flan



Black Diamond  
Shredded Cheese  
Assorted Varieties

**499**  
340g



Gay Lea  
Sour Cream  
Assorted Varieties

**199**  
425-500ml



Gay Lea  
Nordica  
Cottage Cheese  
Assorted Varieties

**279**  
450-500g



Gay Lea  
Nordica Smooth  
Cottage Cheese  
Assorted Varieties

**349**  
4x100g



Heluva Good!  
Dips  
Assorted Varieties

**229**  
250g



Liberté  
Méditerranée  
Yoghurt  
Assorted Varieties

**279**  
500g



Liberté  
Kéfir  
Coconut or  
Raspberry

**349**  
4x200ml



Del Monte  
Refrigerated  
Fruit Juice &  
Cocktails  
Assorted Varieties

**199**  
1.6L

# Brands You Love



Unico  
Sunflower or Corn Oil

SAVE MORE!

**6<sup>99</sup>**  
3L



**7<sup>99</sup>**  
pkg of 12

**79¢**  
99g



Unico  
Solid Light Tuna  
in Vegetable Oil



Highland Farms  
Country Kitchen  
Pizza Sauce

**2<sup>99</sup>**  
473ml



Podravka  
Vegeta  
All Purpose  
Seasoning

**5<sup>99</sup>**  
1kg



Campiello  
Biscuits  
Selected Varieties

**3<sup>99</sup>**  
700g



S&F  
Cream Crackers  
Craquelins

**99¢**  
200g



Christie  
Snacking Crackers  
Assorted Varieties

**2/5<sup>00</sup>**  
175-250g



Vipro Ajvar  
Roasted  
Red Pepper Spread  
Mild & Hot

**4<sup>99</sup>**  
720ml



Rogers Flour  
Unbleached,  
Whole Wheat or  
All Purpose

**9<sup>99</sup>**  
10kg



Old Dutch  
Restaurante  
Tortilla Chips  
Assorted Varieties

**2/6<sup>00</sup>**  
276-384g

# Everyday Essentials

Highland Farms  
Country Kitchen  
Fruit Cake  
Panettone

**3<sup>99</sup>**  
800g



Budweiser  
Non-Alcoholic  
Beer

**14<sup>99</sup>**  
12x355ml

San Benedetto  
Spring Water  
Natural & Carbonated

**SAVE MORE!**  
**4<sup>99</sup>**  
6x1.5L



Club House  
Chili Seasoning Mix  
Selected Varieties

**14<sup>9</sup>**  
35g



Club House  
Slow Cooker or  
Skillet Sauces  
Selected Varieties

**19<sup>99</sup>**  
132-238ml



Cascade  
Dishwasher  
Action Pacs

**6<sup>99</sup>**  
16-25  
pacs



Swiffer Refills  
Wet 24s, Dry 32s  
or Dusters 10s

**8<sup>99</sup>**  
each

**NEW!**



Farmhouse Culture  
Organic Gut Shots  
Selected Varieties

**7<sup>99</sup>**  
473ml



Muir Glen  
Organic Tomatoes  
Assorted Varieties

**2<sup>99</sup>**  
796ml



Leclerc Go Pure  
Organic Bars or  
Mini Sandwich  
Crackers  
Assorted Varieties

**3<sup>99</sup>**  
150-175g



Larabar  
Bars  
Selected Varieties

**2/3<sup>00</sup>**  
45-48g

# Seafood

# Frozen Foods



Fresh  
Tilapia Fillets

**SAVE MORE!**

**7<sup>99</sup>**  
/lb  
17.61/kg

Fresh  
Whole Dressed  
Rainbow Trout

**6<sup>99</sup>**  
/lb  
15.41/kg

Fresh  
Catfish Fillets  
Plain or Cajun

**8<sup>99</sup>**  
/lb  
19.82/kg



Simply Poultry  
Frozen Stuffed  
Chicken Breast  
Swiss or Broccoli  
& Cheese

**2<sup>99</sup>**  
284g



Triple Crown  
Cooked  
Black Tiger Shrimp  
21/25ct

**16<sup>99</sup>**  
454g

Toppits Appi's  
Tempura Shrimp,  
Coconut Shrimp, Panko  
Shrimp or Breaded  
Calamari Rings

**6<sup>99</sup>**  
300-340g



Chapman's  
Original  
Ice Cream  
Assorted Varieties

**2<sup>99</sup>**  
2L



Stouffer's &  
Lean Cuisine  
Frozen Entrées  
Assorted Varieties

**2/5<sup>00</sup>**  
196-340g



Kellogg's  
Eggo Waffles  
Assorted Varieties

**4<sup>49</sup>**  
560g

# Deli

# Country Kitchen



Schneiders  
Lifestyle Fat Free  
Cooked Turkey  
Freshly Sliced  
at the Deli

**8.99**  
/lb  
19.82/kg



Maple Leaf  
Natural Selections  
Black Forest Ham  
Freshly Sliced  
at the Deli

**6.99**  
/lb  
15.41/kg



Santa Lucia  
Mozzarella  
Freshly Sliced  
at the Deli

**5.99**  
/lb  
13.21/kg



Santa Lucia  
Provolone Cheese  
Freshly Sliced  
at the Deli

**6.99**  
/lb  
15.41/kg



Get Ready for the  
Big Game!

SERVES  
8-12      40 pcs.

Jumbo Wings & Dip  
\$39.99 each



16" Pizza  
Cheese or  
Pepperoni  
\$9.99 each



Cooked Pork  
Back Ribs  
Min. Weight  
320g  
\$11.99 each



We love 'em  
with Blue  
Cheese Dip

SERVES  
8-12      32 pcs.

Mini Empanadas & Dip  
\$39.99 each

Visit [highlandfarms.ca](http://highlandfarms.ca) for more platters



Maple Leaf  
Natural Selections  
Sliced Deli Meats  
Oven Roasted Turkey  
or Chicken Breast

**3.99**  
175g



Silani  
Cheese Slices  
Assorted Varieties

**2.49**  
100g

Marc Angelo  
Imported  
Deli Meat Slices  
Selected Varieties

**4.99**  
100-125g



Luisa's  
Fiesta Dip  
Mild or Medium

**3.99**  
482g

GET YOUR  
**GAME ON**  
WITH OUR ALL-STAR LINE-UP



**\$4.99**  
375g-450g  
Schneiders®  
Juicy Jumbos® Wieners



**\$4.99**  
300g-375g  
Schneiders®  
Grill'em's® Sausages



**\$7.99**  
750g-800g  
Maple Leaf® Prime®  
Breaded Wings or  
Boneless Bites



**\$6.99**  
750g  
Maple Leaf® Prime®  
Breaded Strips, Nuggets  
or Burgers



**\$5.99**  
70g  
Devour™  
Jerky  
Assorted Varieties



**\$6.99**  
375g  
Schneiders®  
Pepperettes®  
Selected Varieties

# Meat

# Poultry



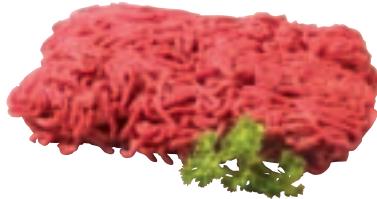
Fresh Ontario  
Pork Tenderloin

SAVE MORE!

**3.99**  
/lb  
8.80/kg

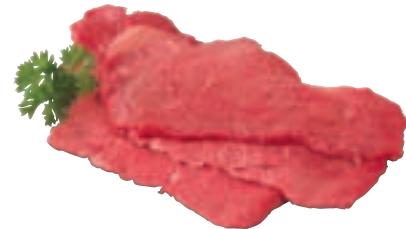


100% Canadian.  
Freshly Ground.  
Every day.



Fresh  
Lean Ground Beef

**4.99**  
/lb  
11.00/kg



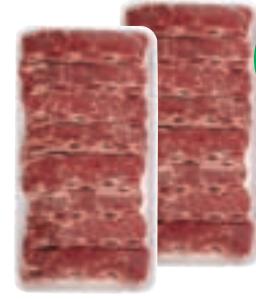
Fresh  
Outside Round  
Beef Cutlets  
Product of Canada

**5.99**  
/lb  
13.21/kg



Fresh Ontario  
Pork Loin Cutlets

**4.99**  
/lb  
11.00/kg



Fresh Beef  
Miami-Style  
Short Ribs  
Product of Canada

**7.99**  
/lb  
17.61/kg



Marc Angelo  
Fresh  
Pork Sausages  
Selected Varieties

**4.99**  
500g



Freshly Seasoned  
In-Store  
Pork Back Ribs  
Pepper Texas Grill

**5.99**  
/lb  
13.21/kg



Freshly Seasoned  
In-Store  
Jumbo Split  
Chicken Wings

**4.49**  
/lb  
9.90/kg



We sell only Canadian Beef

Visit our  
2 locations.  
Open 7 days  
a week.



50 MATHESON BLVD. EAST,  
AT HURONTARIO ST. 905.501.9910



850 ELLESMORE RD.  
AT KENNEDY RD. 416.298.1999



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## Store Hours:

Monday – Saturday:  
7:00a.m. till 10:00p.m.  
Sunday: 8:00a.m. till 8:00p.m.

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Friday, February 3 to  
Thursday, February 9, 2017