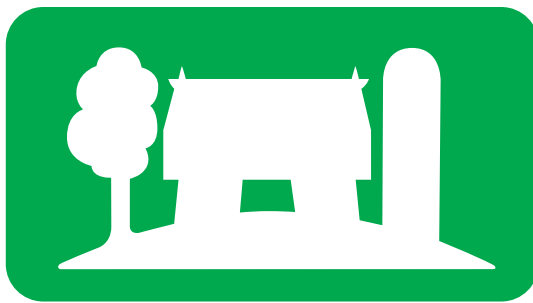


Fresh savings effective

Friday, July 29 to
Thursday, August 4, 2016

Open

Civic Holiday – Monday, August 1




Cheers to the
Long Weekend!
Celebrate with friends,
family and great food!

HIGHLAND FARMS

 **START FRESH**



Fresh Ontario
Pork Rib or Sirloin Chops

SAVE MORE!

2⁹⁹
/lb
6.59/kg



Fresh Sweet Red Cherries
Product of B.C.
Canada No. 1 Grade
Colossal Size

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Sealtest
1% Chocolate Milk
or No Sugar Added
Chocolate Dairy Beverage

99¢
1L



Chapman's
Original Ice Cream 2L
or Super Lolly 18x75ml
Selected Varieties

1⁹⁹
each



Xtra
Liquid Laundry Detergent
Assorted Varieties

1⁹⁹
2.21L

Produce



Ontario
Homegrown
Blueberries
No. 1 Grade

2/5⁰⁰
1 pint



Romaine Lettuce
Product of Canada

79¢
each



Bartlett Pears
Product of U.S.A.
Extra Fancy Grade

149
/lb
3.28/kg



White Figs
Product of U.S.A.

899
case



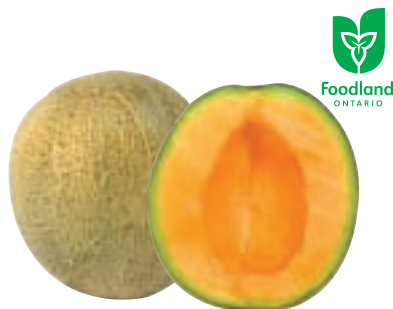
Ontario Homegrown
Field Tomatoes
No. 1 Grade

99¢
/lb
2.18/kg



Ontario Homegrown
Sweet Green
Bell Peppers
No. 1 Grade

129
/lb
2.84/kg



Ontario Homegrown
Cantaloupes
No. 1 Grade
Jumbo Size

299
each



Mangos
Product of Mexico

3/4⁰⁰



Ontario Homegrown
Beans
Green, Yellow
or Flat

199
/lb
4.39/kg



Ontario Homegrown
White Potatoes
No. 1 Grade

299
10lb
paper bag



Strawberries
Product of U.S.A.
No. 1 Grade

499
1lb tray



Green Onions
Product of Canada

129
bunch



Leaf Lettuce
Red or Green
Product of Canada

169
each



Floral

Premium
Roses, 50cm
Assorted Colours
Product of Ecuador

1799
dozen

Bakery

Dairy



Grainhouse
Soft Slice Bread
White or
100% Whole
Wheat

1.99
675g



Dempster's
Original Hot Dog or
Hamburger Buns
White &
Whole Wheat

1.99
pkg of 8



Fresh
Mini Bagels
Assorted Varieties

2.99
380g



Store-Baked
Gourmet Cookies
Selected Varieties

3.99
pkg of 10



La Rocca
Fresh 8" Mixed Fruit Torte

SAVE MORE!
23.99
each



Simply Lemonade or
Orange Juice
Selected Varieties

4.49
2.63L



Lactantia
Cream Cheese
Assorted Varieties

1.99
227-250g



Armstrong
Cheddar Cheese
Mild, Medium, Old
or Marble

3.99
300g



Astro
KiX
Drinkable Yogourt
Assorted Varieties

69¢
200ml



Krinos
Greek Yogurt
Assorted Varieties

2.49
500g



Liberté
Greek Yogurt
Muesli or
Seeds & Fruit
Assorted Varieties

2.99
2x150g



Western
Sour Cream
Regular or Light
30% Extra Rich \$2.99

1.99
500ml

Brands You Love



Tropical Grove
Fruit Cocktails
Assorted Varieties

SAVE MORE!

1⁹⁹
9x300ml



Kellogg's All-Bran
Cereal Original
525g, Strawberry
Bites 465g or
Bran Flakes 670g

3⁹⁹
each



Gloria
Baby Dill Pickles

1⁹⁹
1L



Red Rose Tea
Orange Pekoe 72's
or Canadian
Breakfast 60's

2⁹⁹
each



Kashi Whole Grain
Bars Assorted
Varieties

2⁹⁹
160-200g



Canadian Club
Barbecue Sauce
Assorted Varieties

1⁹⁹
355ml



Bick's
Sweet Green
Relish

1⁴⁹
375ml



Gallo or Mastro
Extra Virgin
Olive Oil

6⁹⁹
1L



Mastro
Balsamic Vinegar

2⁴⁹
500ml



Martelli
Marinated
Artichoke
Quarters

5⁹⁹
1L



French's
Tomato Ketchup

2⁹⁹
750ml-1L

Everyday Essentials



Lay's Potato
Chips 255g or
Kettle Cooked
Chips 220g
Assorted Varieties

3/8⁰⁰



Pepsi or Coca Cola
Soft Drinks
Assorted Varieties

SAVE MORE!

3/11⁰⁰

case of 12x355ml



Pepsi or
Coca Cola
Soft Drinks
Assorted Varieties

3/5⁰⁰
2L



Old Dutch
Restaurant
Tortilla Chips
Assorted Varieties

2/6⁰⁰
276-384g



Blue Diamond
Almonds
Assorted Varieties

9⁹⁹
454g



Fruité
Fruit Drinks or
Tetley
Lemon Iced Tea

1⁴⁹
2L



Royale
Luncheon
Napkins

3⁴⁹
pkg of
240



Black River
Spritzer
Assorted Varieties

4⁴⁹
4x250ml



Red Rain
Energy Drinks
Selected Varieties

3⁴⁹
4x250ml



Bernardin
Standard
Mason Jars

11⁹⁹
case of 12x1L



Bernardin
Standard
2-Piece Snap Lids

3⁹⁹
pkg of 12

Seafood

Frozen Foods



Fresh
Atlantic Salmon Steaks

SAVE MORE!

7⁹⁹
/lb
17.61/kg



Fresh
Tilapia Fillets

6⁹⁹
/lb
15.41/kg



Fresh Wild
Sole Fillets

7⁹⁹
/lb
17.61/kg



Toppits
Jumbo
Cooked Shrimp
Platter with
Cocktail Sauce

14⁹⁹
425g



Ocean Jewel
Frozen
Herb and Garlic
Marinated Shrimp

9⁹⁹
340g



The Keg
Prime Rib
Beef Sliders
Frozen

12⁹⁹
852g



Country Kitchen
Slider Buns
\$3⁹⁹
pkg of 12



Stouffer's &
Lean Cuisine
Frozen Entrées
Assorted Varieties

2/5⁰⁰
196-340g



Furlani's
Texas Toast
Garlic or
Three Cheese

3/5⁰⁰
240-288g



McCain
Frozen Superfries
Selected Varieties

2⁹⁹
650-750g



Minute Maid
Frozen
Fruit Punch
Assorted Varieties

4/3⁰⁰
295ml

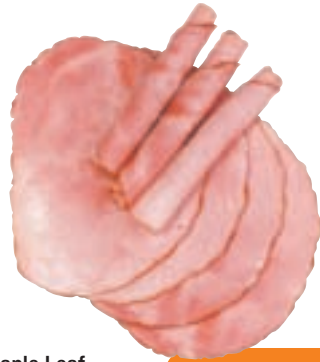
Deli

Country Kitchen



Maple Leaf
Natural Selections
Oven Roasted
Turkey Breast

8⁹⁹
/lb
19.82/kg



Maple Leaf
Country Kitchen
Deli Ham
Freshly Sliced
at the Deli

3⁹⁹
/lb
8.80/kg



Cayer
Domestic
Swiss Cheese
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Tre Stelle
Provolone Cheese
Regular or Light
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Agropur
Oka Regular Cheese
Freshly Cut at the Deli

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Agropur
Brie Vaudreuil
Double Crème

6⁹⁹
350g



Silani
Fresh
Ricotta Cheese
Regular

3⁹⁹
454g



Santa Lucia
Mozzarella
Fior' di Latte
Cheese

4⁹⁹
250g



Santa Lucia
Mozzarella
Cheese

4⁴⁹
340g

Summer Savings

\$1⁹⁹
375g - 450g

Maple Leaf®
Top Dogs®
Original, BBQ,
Less Salt
and Singles

\$2⁹⁹
375g

Schneiders®
Grill'ems®



Panko
Chicken Breast
with Sweet
Chili Sauce

2⁸⁹
/100g



Rice Pilaf

1⁸⁹
/100g

Fresh Meat

BRING HOME THE
SIZZLE



Fresh Beef
T-Bone Steaks
Product of Canada

Canada **AAA**

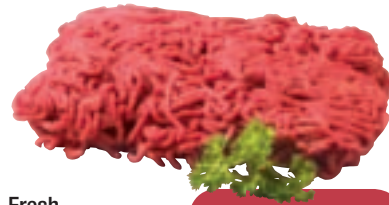
AGED
21
DAYS

SAVE MORE!

11⁹⁹
/lb
26.43/kg

100% Canadian.
Freshly Ground.
Every day.

Canada **AAA**



Fresh
Extra Lean
Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Outside Round
Beef Cutlets
Product of Canada

4⁹⁹
/lb
11.00/kg



GREAT FOR
SOUVLAKI



Fresh Ontario
Pork Loin
Centre Cut Chops

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Boneless
Pork Sirloin
Cubes

2⁹⁹
/lb
6.59/kg



Marc Angelo
Kabobs
Chicken Breast
or Pork
Selected Varieties

5⁹⁹
320g

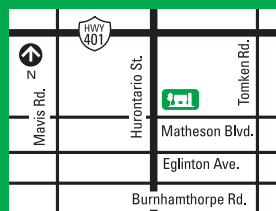


Marc Angelo
Fresh Pork
Sausages
Selected Varieties

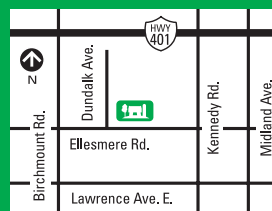
4⁹⁹
500g

 **We sell only Canadian Beef** 

Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, July 29 to
Thursday, August 4, 2016



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