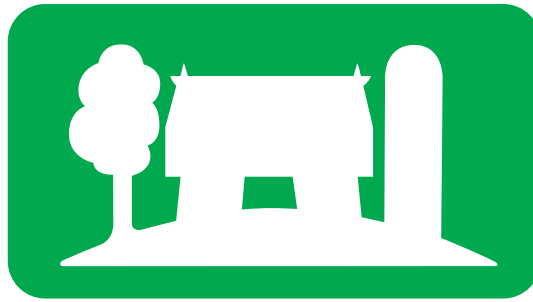


**Fresh savings effective**  
Friday, September 9 to  
Thursday, September 15, 2016

Sign-up for your E-flyer  
today at [highlandfarms.ca](http://highlandfarms.ca)



**Check out  
our website**  
Visit [highlandfarms.ca](http://highlandfarms.ca) for a  
new and delicious experience!

# HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario  
Pork Back Ribs

**SAVE MORE!**

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh Seedless Grapes  
Green or Red  
Product of U.S.A., No. 1 Grade

**SAVE MORE!**

**1<sup>99</sup>**  
/lb  
4.39/kg



Product of Italy  
Divella Pasta  
Assorted Regular Cuts

**99¢**  
500g



General Mills  
Cheerios 260-500g,  
Presweet Cereal 330-380g  
or Fibre 1 425-450g  
Selected Varieties

**2<sup>99</sup>**  
each



Palmolive  
Liquid Dish Soap  
Assorted Varieties

**1<sup>99</sup>**  
1L

# Produce

**Driscoll's**  
ONLY THE FINEST MEMBERS



Strawberries  
Product of U.S.A.  
No. 1 Grade

**2<sup>99</sup>**  
1lb  
tray



Ontario Homegrown  
Field Tomatoes  
No. 1 Grade

**79¢**  
/lb  
1.74/kg



Nectarines  
Product of U.S.A.

**1<sup>49</sup>**  
/lb  
3.28/kg



Ontario Homegrown  
Fresh Bartlett Pears  
Fancy Grade

**1<sup>49</sup>**  
/lb  
3.28/kg



Ontario Homegrown  
Beans  
Green, Flat or  
Yellow

**1<sup>49</sup>**  
/lb  
3.28/kg



Ontario Homegrown  
Endive or Escarole

**1<sup>49</sup>**  
each



Avocados  
Product of Mexico

**2/3<sup>00</sup>**



Honey Tangerines  
Product of  
Argentina

**2<sup>99</sup>**  
2lb  
bag



Ontario Homegrown  
Carrots  
No. 1 Grade

**1<sup>49</sup>**  
3lb  
cello bag



Ontario Homegrown  
Green Cabbage  
No. 1 Grade  
Jumbo Size

**1<sup>49</sup>**  
each



Premium Bananas  
From the Tropics

**99¢**  
/lb  
2.18/kg



Leeks  
Product of U.S.A.

**2<sup>99</sup>**  
bunch



Romaine Hearts  
Product of U.S.A.

**2<sup>99</sup>**  
pkg of 3



Fresh  
Orchids  
Assorted Colours  
Product of Ontario

**14<sup>99</sup>**  
5" ceramic pot

Floral

pickOntario.ca



# Bakery

# Dairy



Grainhouse  
Soft Slice Bread  
White or 100%  
Whole Wheat

**1.99**  
675g



D'Italiano  
Buns  
Sausage or  
Crustini  
Assorted Varieties

**2.49**  
pkg of 6-8



Rudolph's Bakeries  
Schinkenbrot  
Whole Grain Rye or  
Bavarian Premium  
Sandwich Bread

**2.49**  
454-500g



Fresh  
Baked In-Store  
Strudel  
Assorted Varieties

**3.99**  
425g



Baker Street  
Fresh 8" Cake  
Chocolate Banana or  
Cookies & Cream

**SAVE MORE!**

**22.99**  
each



Oasis  
Premium  
Orange Juice

**3.99**  
2.5L



Liberté  
Greek Yogourt  
4x100g or  
Méditerranée 500g  
Assorted Varieties

**2.99**  
each



Yoplait  
Source Yogurt 650g,  
Minigo 6x60g or  
Tubes 8x60g  
Assorted Varieties

**1.99**  
each



Black Diamond  
Cheese  
Assorted Varieties

**5.99**  
400-450g



Black Diamond  
CheeStrings  
Assorted Varieties

**5.49**  
336g



Natrel  
Lactose Free Milk  
2%, 1% or Skim

**7.99**  
4L



Earth's Own  
Almond So Fresh or  
Cashew So Fresh  
Beverages  
Assorted Varieties

**3.99**  
1.89L



# Brands You Love



Allen's  
Fruit Juice & Cocktails  
Assorted Varieties

SAVE MORE!

**1.99**  
8x200ml



Fruité Fruit Drinks  
or Tetley Lemon  
Iced Tea

**99¢**  
2L



Divella  
Passata di  
Pomodoro 720ml  
or Italian Tomatoes  
796ml

**4/5.00**



Nestlé  
Pure Life  
Sparkling Water  
Assorted Varieties

**2.99**  
case of  
12x355ml



Italpasta  
Macaroni &  
Cheese  
Original

**2/99¢**  
200g



Nutella  
Chocolate  
Hazelnut Spread

**5.49**  
725g



Nutella & Go!  
Snacks  
Multipack

**4.99**  
208g



Clover Leaf  
Wild Red Pacific  
Sockeye Salmon  
Regular or  
Low Sodium

**3.49**  
213g



Cirio  
Chopped Tomatoes

**99¢**  
400g



Martelli Premium  
Peach or Pear  
Halves

**2.99**  
580ml



Unico  
Sunflower Oil

**6.99**  
3L



# Everyday Essentials



AquaFina Demineralized Water  
24x500ml, Lipton Iced Tea  
or Dole Sparklers 12x355ml  
Assorted Varieties or Montellier  
Carbonated Mineral Water 6x1L

**4.99**  
each



**SAVE MORE!**

**1.99**  
each



Mother Parkers  
Original Roast  
Ground Coffee

**6.99**  
925g

Nature Valley Granola Bars 130-230g,  
Betty Crocker Fruit Snacks 120-226g  
or Dunkaroos 130g  
Selected Varieties



**NEW!**

Milano  
Mini Animal  
Cookies or  
'S' Biscuits  
Snack Packs

**1.99**  
156g



Milano  
The Original  
'S' Biscuits

**99¢**  
250g



Grace  
Coconut Water  
With Pulp

**99¢**  
500ml



Kellogg's  
Pop-Tarts 400g or  
All-Bran Bars 210g  
Selected Varieties

**1.99**  
each



Annie's  
Macaroni and  
Cheese  
Selected Varieties

**1.99**  
170g



Annie's  
Cookies and  
Crackers  
Selected Varieties

**2.99**  
213g



Primo  
Soup  
Assorted Varieties

**3/4.00**  
540ml



Vita Coco  
100% Pure  
Coconut Water  
330ml \$1.49 each

**15.99**  
case of 12x330ml



## Seafood

## Frozen Foods



Fresh  
Whole Dressed Rainbow Trout

SAVE MORE!

**6<sup>99</sup>**  
/lb  
15.41/kg



Wild

Fresh  
Wild Pickerel  
Fillets

**16<sup>99</sup>**  
/lb  
37.46/kg



Wild

Fresh  
Wild Pacific  
Snapper Fillets

**7<sup>99</sup>**  
/lb  
17.61/kg



Seacore  
Housecut Frozen  
Haddock Portions  
Product of Canada

**8<sup>99</sup>**  
454g



Seacore  
Housecut Frozen  
Halibut Portions  
Product of Canada

**17<sup>99</sup>**  
340g



Cardinal  
Beef Burgers  
Angus, Montreal  
Steak Spice, Sirloin or  
Third Pound, Frozen

**10<sup>99</sup>**  
1.02-1.21kg



Chapman's  
Great Canadian  
Super Yukon  
Ice Cream Bars  
or Sandwiches

**2<sup>99</sup>**  
6x140ml-  
8x150ml



Pillsbury Pizza Pops  
400g, Crispy Crust  
Pizza 278-309g or  
Toaster Strudel 326g  
Assorted Varieties

**1<sup>99</sup>**  
each



Delissio  
Frozen Pizza  
Rising Crust or  
Pizzeria  
Selected Varieties

**4<sup>99</sup>**  
530-888g



Pelmen Foods  
Frozen Perogies  
Assorted Varieties

**2<sup>99</sup>**  
454-625g

## Deli

## Country Kitchen



Casa Italia  
Porchetta  
Mild or Hot  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Cuddy  
Oven Roasted  
Turkey Breast  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Santa Lucia  
Swiss Cheese  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Dofino  
Havarti Cheese  
Freshly Cut  
at the Deli

**7<sup>99</sup>**  
/lb  
17.61/kg



Piller's  
Black Forest Ham  
Freshly Sliced at the Deli

**SAVE MORE!**

**4<sup>99</sup>**  
/lb  
11.00/kg



Silani  
Cheese Slices  
Assorted Varieties

**1<sup>99</sup>**  
100g



Tre Stelle  
Mozzarella Cheese

**4<sup>99</sup>**  
340g



Tre Stelle  
Ricotta Cheese  
Regular or Light

**4<sup>49</sup>**  
475g



Agropur Oka  
L'Artisan Cheese  
Freshly Cut  
at the Deli

**12<sup>99</sup>**  
/lb  
28.64/kg



Piller's  
Simply Free  
Back Bacon  
with Cornmeal

**4<sup>99</sup>**  
250g



Maple Leaf  
Top Dogs Wieners  
Selected Varieties

**2<sup>99</sup>**  
375-450g



Panko  
Chicken Breast  
with Sweet  
Chili Sauce

**2<sup>89</sup>**  
/100g

Glazed  
Baby Carrots or  
Roasted  
Parisienne Potatoes

**1<sup>89</sup>**  
/100g



# Fresh Meat

Canada AAA

AGED  
21  
DAYS



Fresh Beef  
Capless Rib Steaks  
Product of Canada

SAVE MORE!

**9<sup>99</sup>**  
/lb  
22.02/kg

100% Canadian.  
Freshly Ground.  
Every day.

Canada AAA



Fresh  
Lean Ground Beef

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh  
Inside Round  
Beef Cutlets  
Product of Canada

**6<sup>99</sup>**  
/lb  
15.41/kg

Canada AAA

AGED  
21  
DAYS



Fresh Beef  
Eye of Round  
Roast  
Product of Canada

**6<sup>99</sup>**  
/lb  
15.41/kg



Fresh Beef  
Stir Fry  
Product of Canada

**7<sup>99</sup>**  
/lb  
17.61/kg



Fresh Ontario  
Pork Tenderloin

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh Ontario  
Pork Loin  
Cutlets

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh Ontario  
Regular  
Ground Veal

**3<sup>49</sup>**  
/lb  
7.69/kg



Fresh Ontario  
Inside Round Veal  
Scallopini

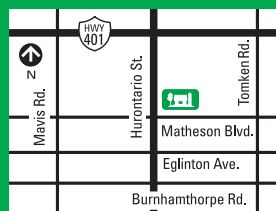
**11<sup>99</sup>**  
/lb  
26.43/kg



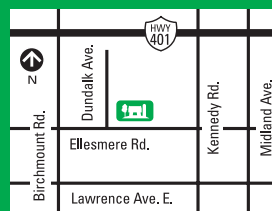
**We sell only Canadian Beef**



Visit our  
2 locations.  
Open 7 days  
a week.



50 MATHESON BLVD. EAST,  
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.  
AT KENNEDY RD. 416.298.1999

**Store Hours:**

Monday – Saturday:  
7:00a.m. till 10:00p.m.  
Sunday: 8:00a.m. till 8:00p.m.

**Fresh Savings Effective:**

Friday, September 9 to  
Thursday, September 15, 2016



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