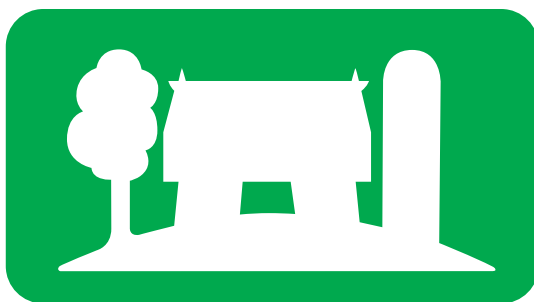


Fresh savings effective
Saturday, July 2 to
Thursday, July 7, 2016

Closed

Canada Day – Friday, July 1



HIGHLAND FARMS

—  **START FRESH** —

Get grilling!
Steaks to salads, get your
BBQ essentials here!



Fresh Ontario
Chicken Drumsticks

SAVE MORE!

1.49
/lb
3.28/kg



Ontario Homegrown
Greenhouse Grown
Tomatoes on the Vine
No. 1 Grade

SAVE MORE!

99¢
/lb
2.18/kg



Unico
Sunflower Oil

6.99
3L



Nature Valley
Granola Bars 130-230g or
Betty Crocker Snacks
120-226g
Selected Varieties

1.99
each



Del Monte
Refrigerated Fruit Juice
& Cocktails
Assorted Varieties

1.99
1.6L

Produce



Blueberries
Product of U.S.A.
New Jersey
No. 1 Grade

2/5⁰⁰
1 pint



Romaine Lettuce
Product of Canada

99¢
each



Plums
Black or Red
Product of U.S.A.
No. 1 Grade

1⁹⁹
/lb
4.39/kg



White Flesh Peaches
No. 1 Grade or
White Flesh
Nectarines
Product of U.S.A.

2⁹⁹
/lb
6.59/kg



Ontario Homegrown
Greenhouse Grown
Seedless Cucumbers
No. 1 Grade

99¢
each



Eggplants
Product of U.S.A.
Large Size

99¢
/lb
2.18/kg



Mangos
Product of Mexico

3/4⁰⁰



Clementines
Product of
South Africa

3⁹⁹
2lb
bag



Sweet
Vidalia Onions
Product of U.S.A.
No. 1 Grade

99¢
/lb
2.18/kg



Ontario Homegrown
Spinach

1²⁹
bunch



Strawberries
Product of U.S.A.
No. 1 Grade

3⁹⁹
1lb
tray



Avocados
Product of Mexico

1⁹⁹
each



Mini
Peeled Carrots
Product of U.S.A.

1⁹⁹
1lb
cello bag



Floral

pickOntario.ca

Large
Premium Orchids
Product of Ontario

19⁹⁹
6" ceramic pot

Bakery

Dairy



Country Harvest
100% Whole Grain
Sliced Bread
Assorted Varieties

2⁴⁹
675g



SAVE MORE!

19⁹⁹
each



Oakrun Farm
English Muffins or
Crumpets

3/5⁰⁰
284-340g



Dufflet Pastries
Frozen Cake
Carrot, Double
Chocolate or
Luscious Lemon Tart

7⁹⁹
430-580g

Fresh
Store-Made 9" Mixed Berry
Fruit Flan



Sealtest
Sour Cream 500ml
or Heluva Good!
Dips 250g
Assorted Varieties

1⁹⁹
each



Yoplait Yogourt
Source 16x100g
or Yoptimal
12x100g
Assorted Varieties

4⁹⁹
each



Liberté
Classique or
Western Yogourt
Selected Varieties

2⁴⁹
750g



Danone
DanActive
Drinkable Yogurt
Selected Varieties

4⁹⁹
8x93ml



Sealtest Milk
Chocolate,
Strawberry or
Chocolate with
Splenda

99¢
473ml



Krinos
Crumbled
Feta Cheese

3⁴⁹
170g



Black Diamond
Cheese Slices
Regular or
Fat Free

5⁹⁹
900g



Black Diamond
Shredded Cheese
Assorted Varieties

4⁴⁹
340g

Brands You Love



Monterey
Pure White Vinegar

SAVE MORE!

1.97
4L



Lavazza Espresso
Ground Coffee
Qualità Rossa &
Crema E Gusto

2.99
250g



Unico
Tomatoes 796ml
or Beans 540ml
Selected Varieties

99¢
each



Italpasta
Macaroni &
Cheese
Original

2/99¢
200g



Del Monte
Fruit Bowls
Assorted Varieties

2/4.00
pkg of 4



Ragù
Old World Style
Pasta Sauce
Assorted Varieties

2/3.00
640ml



Newman's Own
Salad Dressing
Assorted Varieties

2/5.00
350ml



General Mills
Fibre 1 425-450g
or Oatmeal Crisp
425-505g
Selected Varieties

3.99
each



Kellogg's
Cereal Fun Pac

3.99
210g



Nutella
Chocolate Hazelnut
Spread

5.49
725g



Fiji
Natural Spring Water
Case of 12x1L \$19.99
Pkg of 6x500ml \$5.99

2/4.00
1L

Everyday Essentials



Tropical Grove
Fruit Cocktails
Assorted Varieties

2/5⁰⁰
9x300ml



Lay's Potato Chips 255g or
Kettle Cooked Chips 220g
Assorted Varieties

SAVE MORE!

3/8⁰⁰



Kleenex
Cottonelle
Bathroom Tissue

5⁹⁹
pkg of 12
double rolls



Christie
Snack Crackers
Assorted Varieties

2/5⁰⁰
175-250g



Old El Paso
Dinner Kits
Selected Varieties
Salsa 650ml \$2.99

3⁹⁹
250-400g



Trophy
Kettle Cooked
Peanuts
Assorted Varieties

1⁹⁹
275g



Mott's
Fruitsations
Juice Ice Bars

3⁹⁹
16x53ml



Primo
Vegetable Pasta
Fusilli or Rotini

1⁴⁹
375g



Glutino
Gluten-Free
Sandwich Bread
Selected Varieties

5⁴⁹
400g



Kiju
Organic Juice
Assorted Varieties

2/5⁰⁰
4x200ml



Clorox
Toilet Bowl Cleaner

1⁹⁹
709ml

Seafood

Frozen Foods



Fresh
Atlantic Salmon
Fillets

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Wild



Fresh
Wild Whole
Dressed
Red Snapper

9⁹⁹
/lb
22.02/kg



Fresh P.E.I.
Cultivated Mussels

4⁴⁹
2lb
bag



Janes
Frozen Fish
Lemon Pepper Cod

9⁹⁹
580g



Triple Crown
Frozen Raw
Black Tiger Shrimp
Easy Peel
21/25 count

13⁹⁹
454 g



Foodland
ONTARIO



Paradise Farms
Frozen
Canadian Highland
Beef Burgers

14⁹⁹
680g



Chapman's Premium
Ice Cream 2L, Slice
Cream 1.5L or Super
Novelties 8-18pk
Selected Varieties

3⁹⁹
each



7 Days Bake It
Frozen
Puff Pastry

4⁴⁹
850g



7 Days Bake It
Frozen
Filo Rollini or
Mini Puff Pastries

3⁹⁹
450g



Arctic Gardens
Frozen Vegetables
Selected Varieties

3⁶⁹
750g



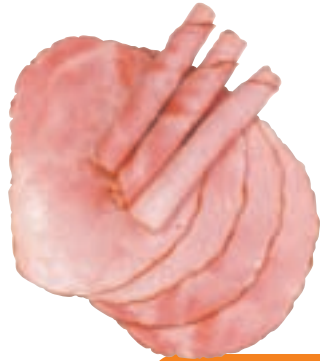
VH or
Healthy Choice
Steamers
Frozen Entrées
Assorted Varieties

3/10⁰⁰
283-306g



Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Fletcher's
Black Forest Ham
Freshly Sliced
at the Deli

4⁴⁹
/lb
9.90/kg



Castello
Traditional
Blue Cheese
At the Deli

9⁹⁹
/lb
22.02/kg



Agropur Havarti
Cheese Regular
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg

Deli Country Kitchen



Marc Angelo
Mortadella
Imported from Italy

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Cremona
Ricotta Cheese
Regular or Light

2⁴⁹
300g



Anco
Gouda Cheese
Assorted Varieties

3⁹⁹
170g



Santa Lucia
Bocconcini
Regular or Mini

7⁹⁹
500g



Santa Lucia Cheese
Mozzarella
Fior' di Latte 250g
or Mozzarella 340g

4⁴⁹
each



Janes Frozen
Chicken Wings
Barbeque,
Buffalo or
Sea Salt & Pepper

11⁹⁹
900g



Veal or
Chicken Cutlet
on a Panuozzo Bun
2 Toppings
Included

6⁹⁹
each

Potato Wedges
Savoury Herb or
Sweet Potato

2⁹⁹
/lb
6.59/kg

Fresh Meat

Canada AAA

AGED
21
DAYS



Fresh Beef
T-Bone Steaks
Product of Canada

SAVE MORE!

12⁹⁹
/lb
28.64/kg

Canada AAA

BRING HOME THE
SIZZLE
THIS SUMMER



Fresh
Outside Round
Beef Cutlets
Product of Canada

4⁹⁹
/lb
11.00/kg



Fresh
Store-Made
Lean Beef Burgers

5⁹⁹
/lb
13.21/kg



Fresh Ontario
Pork Shoulder
Blade Steaks

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Pork Loin
Cutlets

4⁹⁹
/lb
11.00/kg



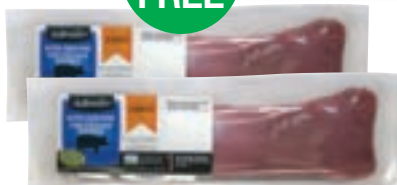
Boneless
Pork Loin
Centre Cut Chops

6⁹⁹
/lb
15.41/kg

ANTI-
BIOTIC
FREE

duBreton

VEGETABLE
GRAIN
FED



Pork
Tenderloin

9⁹⁹
/lb
22.02/kg



Pork
Back Ribs

8⁹⁹
/lb
19.82/kg



Pork
Sausages
Hot or Mild

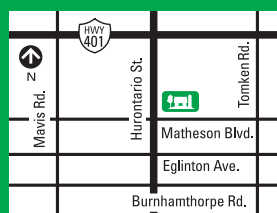
5⁹⁹
400g



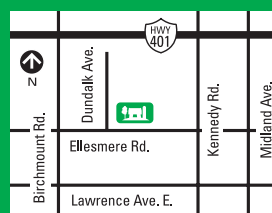
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:

Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

Saturday, July 2 to
Thursday, July 7, 2016



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