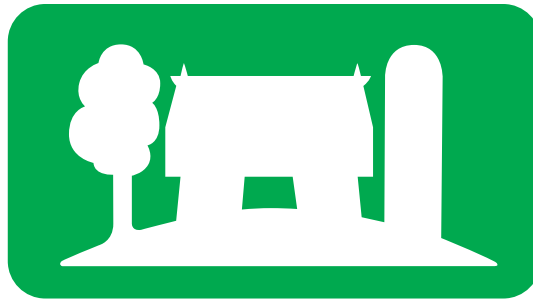


Fresh savings effective
Friday, February 19 to
Thursday, February 25, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS

—  **START FRESH** —

Beat the
Winter Chills
Please visit us at
highlandfarms.ca



Janes
Pub Style Chicken
Nuggets, Strips or Burgers

SAVE MORE!

5⁹⁹
800g



Asparagus
Product of Mexico
No. 1 Grade

SAVE MORE!

2⁹⁹
/lb
6.59/kg



Oasis
Premium Orange Juice

3⁴⁹
2.5L



San Benedetto
Spring Water
Natural & Carbonated

4⁹⁹
6x1.5L



Breyers
Creamery Style
Real Ice Cream
Selected Varieties

3⁹⁹
1.66L

Produce

Grown
at Highland Farms
Orchards



Apples
Red or
Golden Delicious
Fancy Grade

2⁹⁹
4lb
cello bag



Greenhouse
Grown Tomatoes
Product of Mexico
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Kiwi Fruit
Product of Italy

1⁴⁹
/lb
3.28/kg



Strawberries
Product of U.S.A.
No. 1 Grade

3⁹⁹
1lb tray



Ontario Homegrown
Greenhouse Grown
Seedless
Cucumbers
No. 1 Grade

1⁴⁹
each



Classic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

4⁹⁹
283g



Anjou Pears
Product of U.S.A.
Extra Fancy Grade

1⁹⁹
/lb
4.39/kg



Blood Oranges
Product of U.S.A.

1⁹⁹
/lb
4.39/kg



Broccoli
Product of U.S.A.
Large Size

1⁴⁹
bunch



White Potatoes
Product of P.E.I.
Canada No. 1
Grade

2⁴⁹
10lb paper
bag



Premium Bananas
From the Tropics

99¢
/lb
2.18/kg



Ambrosia Apples
Product of B.C.
Canada Extra
Fancy Grade

2⁴⁹
/lb
5.49/kg



Romaine Hearts
Product of U.S.A.

3⁹⁹
pkg of 3

pickOntario.ca



Floral

Tulips or
Hyacinths
Product of Ontario
Assorted Colours

4⁹⁹
6" pot

Mix & Match 2 FOR \$5

Dempster's
BAKERY

On participating
Dempster's® products



INDIVIDUAL RETAILS WILL VARY

Bakery

Dairy

MADE WITH

Amarena Cherries
& Custard or Ricotta



Fresh Store-Baked
Zeppole
Min. Weight
100g each

6/14⁹⁹
or \$2.99 each



Dimpflmeier
Organic
100% Rye Bread with
Sunflower Seeds
or Whole Grain

3⁵⁹
454g



Fresh Scones
Assorted Varieties

4⁹⁹
pkg of 6



La Rocca Fresh
6" Buttercream
Layer Cakes
Hazelnut, Lemon,
Mocha or Caramel

11⁹⁹
each



iögo Yogurt
Probio Lactose Free
12x100g or Original,
0% 16x100g
Assorted Varieties

4⁹⁹
each



Liberté Classique
or Western Yogurt
Selected Varieties

2⁴⁹
750g



Danone Danette
Dairy Dessert
Vanilla, Chocolate
or Caramel

2⁴⁹
4x100g



Natrel
Lactose Free Milk
Homogenized,
2%, 1%, Skim or
Chocolate

4⁹⁹
2L



Burnbrae Farms
Naturegg Omega
Plus Large Eggs
dozen or Omega
Plus Liquid 500g

3⁷⁹
each



Fleischmann's
Margarine

5⁴⁹
907g



Nathan's
New York Style
Pickles

2⁹⁹
710ml-1L

Brands You Love



General Mills Family Size Cereals
Cheerios, Oatmeal Crisp, Pre-Sweets
525-710g Selected Varieties or
Kellogg's Raisin Bran 755g

SAVE MORE!

4⁹⁹
each



Clover Leaf Wild Pacific Red
Sockeye Salmon Regular or
Low Sodium 213g or Solid
White Albacore Tuna 170g
Selected Varieties

2⁹⁹
each



Nutella
Chocolate Hazelnut
Spread

5⁴⁹
725g



Kellogg's
All-Bran Bars
Selected Varieties

2/5⁰⁰
210g



Sun-Maid
Pitted Prunes

2⁷⁹
250g



Del Monte
Fruit Bowls & Cups
Assorted Varieties

2/4⁰⁰
pkg
of 4



Pepperidge Farms
Goldfish Crackers
Assorted Varieties

2/5⁰⁰
156-200g



Delverde
Pasta
Selected Varieties

3/4⁰⁰
450g



Campbell's
Chunky Soup
Assorted Varieties

2⁴⁹
540ml



Profi
Village Pork Pate
Assorted Varieties

2/3⁰⁰
130g



So Delicious
Dairy Free
Coconut Milk
Coffee Creamer
Assorted Varieties

2⁴⁹
473ml

GLUTEN
FREE

Everyday Essentials



Coca Cola
Soft Drinks
Assorted Varieties

3/5⁰⁰
2L



Arm & Hammer
2x Laundry Detergent

SAVE MORE!

3⁹⁷
1.84-2.03L



Christie Snack
Crackers 175-250g
Assorted Varieties
or Rougemont
Apple Juice 2L

2/5⁰⁰



Welch's
100% Grape Juice
Concord or White

2⁹⁹
1.36L



Pure Leaf Iced Tea 547ml
or Starbucks Refreshers,
Iced Coffee & Frappuccino
325-444ml or O.N.E.
Coconut Water 500ml

2/4⁰⁰



Sunlight
Liquid Dish Soap
Assorted Varieties

2⁴⁹
740-950ml



Snuggle
Concentrated
Fabric Softener

4⁹⁹
1.47L



Nature's Path
Cereals
Selected Varieties

3⁹⁹
275-400g



Clif or Luna
Energy Bars
Assorted Varieties

3/4⁰⁰
48-68g



Fresh Gourmet
The Better Chip
Assorted Varieties

3⁴⁹
170g



TRESemmé
Shampoo or
Conditioner
Assorted Varieties

4⁹⁹
700-828ml

Seafood

Frozen Foods



Fresh
Rainbow Trout
Fillets

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Wild



Fresh Wild
Ocean Perch
Fillets

7⁹⁹
/lb
17.61/kg



Fresh Whole
European Sea Bass

8⁹⁹
/lb
19.82/kg



Janes Frozen Fish
Lemon Pepper Cod
580g, Tavern Battered
Cod 615g or Multigrain
Haddock 610g

8⁹⁹
each



Janes
Frozen
Chicken Wings
Barbeque, Buffalo or
Sea Salt & Pepper

9⁹⁹
900g



Kellogg's
Frozen
Eggo Waffles
Assorted Varieties

4⁴⁹
560g



Riviera Frozen
Meat Lasagna
pkg of 2x1.81kg

8⁹⁹
3.62kg



Rudi's
Gluten-Free
Bread 510g or
Tortillas 256g
Selected Products

3⁹⁹
each



Magnum
Ice Cream Bars
pkg of 3 or Klondike
Bars, Sandwiches
or Kones pkg of 4

4⁹⁹
each

Deli

Country Kitchen



Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

5⁹⁹
/lb
13.21/kg



Piller's Salami
Hungarian or
German
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Santa Lucia
Havarti or
Provolone Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Cayer
Domestic
Swiss Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



San Daniele
Boneless Prosciutto
Freshly Sliced at the Deli

SAVE MORE!

9⁹⁹
/lb
22.02/kg



San Daniele
Mortadella
Sliced
Regular, Light
or Hot

2⁹⁹
175g



Mastro
Sliced Capocollo
Mild or Hot

3⁴⁹
125g



Silani Reserved
Asiago or
Parmesan
Cheese Wedge

3⁹⁹
150g



Imported from
Norway, Jarlsberg
Cheese Regular or
Light, Freshly Cut
at the Deli

11⁹⁹
/lb
26.43/kg



Freybe
European Wieners

5⁹⁹
375g



Carl Buddig
Deli Meats
Assorted Varieties

1¹⁹
55g



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each

Homestyle
Coleslaw with
Yogurt Dressing

1⁹⁹
/100g

Meat

Poultry



Canada AAA

AGED
21
DAYS

Fresh
Boneless Beef Blade Roast
Product of Canada

SAVE MORE!

6⁹⁹
/lb
15.41/kg

100% Canadian.
Freshly Ground.
Every day.

Canada AAA



Fresh
Lean Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Stewing Beef
Product of Canada

5⁹⁹
/lb
13.21/kg



Fresh Beef Chuck
Short Ribs Cut from
Canada AA Grade
Beef or Higher
Product of Canada

7⁹⁹
/lb
17.61/kg



Fresh Bone-in Beef
Shank Cut from
Canada AA Grade
Beef or Higher
Product of Canada

5⁹⁹
/lb
13.21/kg



Fresh, Organic
Whole Chickens
Grade A

4⁴⁹
/lb
9.90/kg



Fresh, Organic
Chicken
Drumsticks

4⁹⁹
/lb
11.00/kg



Fresh, Organic
Boneless &
Skinless Chicken
Breast

11⁹⁹
/lb
26.43/kg



Fresh, Organic
Ground Chicken

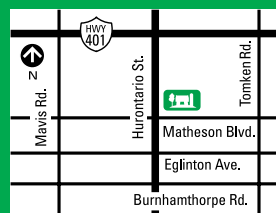
8⁹⁹
/lb
19.82/kg



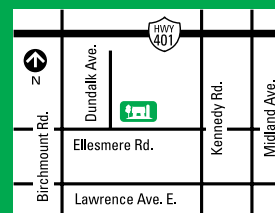
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, February 19 to
Thursday, February 25, 2016



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