

Fresh savings effective  
Thursday, June 1 to  
Wednesday, June 7, 2017

Sign-up for your E-flyer  
today at [highlandfarms.ca](http://highlandfarms.ca)

Follow us and  
get the latest  
deals & savings!



**Sunny Days Ahead**  
Summertime is full of flavour  
at Highland Farms

# HIGHLAND FARMS



## START FRESH

BRING HOME THE  
**SIZZLE**  
THIS SUMMER



Fresh Beef  
Capless Rib Steaks  
Product of Canada

Canada **AAA**

**AGED  
21  
DAYS**

**SAVE MORE!**

**9.99**  
/lb  
22.02/kg



Ontario Homegrown  
Asparagus  
No. 1 Grade

**SAVE MORE!**

**1.99**  
/lb  
4.39/kg



Mastro  
Extra Virgin Olive Oil

**5.99**



Nature Valley Granola Bars  
130-230g, Betty Crocker  
Fruit Snacks 120-226g or  
Dunkaroos 130g  
Selected Varieties

**1.97**



Beatrice  
Chocolate Milk

**79¢**  
750ml

# Produce



Peaches  
No. 1 Grade  
or Nectarines  
Product of U.S.A.

**1 99**  
/lb  
4.39/kg



Ontario Homegrown  
Greenhouse  
Tomatoes  
on the Vine  
No. 1 Grade

**99¢**  
/lb  
2.18/kg



Abate Pears  
Product of  
Argentina  
Extra Fancy Grade

**1 99**  
/lb  
4.39/kg



Pineapples  
Product of  
Costa Rica

**2 99**  
each



Ontario Homegrown  
Greenhouse  
Seedless  
Cucumbers  
No. 1 Grade

**99¢**  
each



Romaine Lettuce  
Product of U.S.A.

**1 49**  
each



Avocados  
Product of Mexico

**1 99**  
each



Loquats  
(Nespoli)  
Product of Spain

**3 99**  
/lb  
8.80/kg



Sweet  
Vidalia Onions  
Product of U.S.A.,  
Georgia  
No. 1 Grade

**99¢**  
/lb  
2.18/kg



Ontario Homegrown  
Greenhouse  
Sweet Bell Peppers  
Red, Yellow or Orange  
No. 1 Grade

**1 99**  
/lb  
4.39/kg



Raspberries or  
Blackberries  
Product of U.S.A.  
or Mexico  
No. 1 Grade

**3 99**  
170g



Cauliflower  
Product of U.S.A.  
No. 1 Grade

**3 99**  
each



Carrots  
Product of U.S.A.

**1 99**  
bunch



Premium  
Roses, 50cm  
Assorted Colours  
Product of Ecuador

**17 99**  
dozen



**1 99**  
each



Highland Farms  
Country Kitchen  
Fresh Store-Baked  
Baguette White or  
Whole Wheat

**1 69**  
300g



Highland Farms  
Country Kitchen  
Store-Baked  
Gourmet Cookies  
Assorted Varieties

**3 99**  
pkg of 10



**SAVE MORE!**

**21 99**  
each



iögo Yogurt  
16x100g or  
ProBio  
Lactose Free  
12x100g

**4 99**  
each



Olympic  
Krema Yogurt  
Assorted Varieties

**2 79**  
500g



Imperial  
Margarine

**1 99**  
454g



Highland Farms  
Country Kitchen  
Butter  
Salted or Unsalted

**4 29**  
454g



Saugeen Country  
Organic Yogurt or  
Kefir 1kg, Riviera  
Crème Fraîche 2x120ml  
or Butter 125g

**3 99**  
each



Nutri-Spring Farms  
Vegetarian  
Cage Free  
Large Brown Eggs

**4 99**  
dozen



Lactantia  
Lactose Free Milk  
Homogenized,  
2%, 1%, Skim or  
Chocolate

**3 99**  
2L



Black Diamond  
Shredded Cheese  
Assorted Varieties

**4 99**  
340g

**NEW!**

# Brands You Love



Cott  
Soft Drinks  
Assorted Varieties

**SAVE MORE!**  
**99¢**  
2L



Planters  
Peanut Butter  
Smooth or  
Crunchy

**399**  
1kg



Gloria  
Baby Dill Pickles

**199**  
1L



General Mills  
Fibre 1 425-450g  
or Oatmeal Crisp  
425-505g  
Selected Varieties

**399**  
each



Old El Paso  
Dinner Kits  
Selected Varieties  
Salsa 650ml \$2.99

**399**  
250-400g



Martelli  
Premium Peach or  
Pear Halves

**299**  
580ml



Nutrafruit  
Red Sour  
Pitted Cherries  
in Syrup

**249**  
540ml



Unico  
Green Olives  
Stuffed Manzanilla  
or Sliced Pizza

**169**  
375ml



Mastro  
Balsamic Vinegar

**199**  
500ml



Martelli  
Marinated  
Artichoke Quarters

**599**  
1L



Cedar  
Fava Beans

**69¢**  
540ml

# Everyday Essentials



Clorox  
Liquid Bleach

**2<sup>99</sup>**  
3.57L



SAVE MORE!

**5<sup>99</sup>**  
2.95L

Purex  
Laundry Detergent  
Selected Varieties



Sardo  
Cucina Pickled  
Mixed Vegetables,  
Hot Pepper Rings  
or Peperoncini

**1<sup>99</sup>**  
750ml



Barilla Pasta  
Assorted  
Regular Cuts

**1<sup>49</sup>**  
454g



Barilla  
Pasta Sauce  
Assorted Varieties

**2<sup>49</sup>**  
650ml



Primo  
Tomato Paste

**2/99¢**  
156ml



Dial  
Liquid Soap  
Eco-Smart Refill  
Assorted Varieties

**3<sup>99</sup>**  
1.18L



Black River  
Classic Lemonade

**3<sup>49</sup>**  
1L



O.N.E.  
100% Coconut  
Water

**3<sup>49</sup>**  
1L



Christie  
Snacking Crackers  
Assorted Varieties

**2/5<sup>00</sup>**  
175-250g



Coke  
Soft Drinks  
Mini Cans  
Assorted Varieties

**2/5<sup>00</sup>**  
6x222ml

# Seafood

# Frozen Foods



Fresh  
Rainbow Trout  
Fillets

**SAVE MORE!**

**8.99**  
/lb  
19.82/kg

Fresh  
Swordfish Steaks

**13.99**  
/lb  
30.84/kg

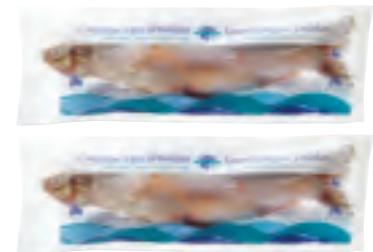
Fresh  
Wild Sole Fillets

**7.99**  
/lb  
17.61/kg



Norwegian Fjord  
Frozen Smoked  
Steelhead Salmon

**14.99**  
400g



Canadian  
Frozen Whitefish  
Whole Dressed

**4.49**  
/lb  
9.90/kg



The Keg  
Prime Rib  
Beef Sliders  
Frozen

**12.99**  
852g



Pillsbury Pizza Pops  
400g, Crispy Crust  
Pizza 278-309g or  
Toaster Strudel 326g  
Assorted Varieties

**1.99**  
each



Healthy Choice  
Simply Entrées  
Selected Varieties

**2.99**  
259-283g



Cedar  
Kataifi  
Shredded Dough

**1.99**  
454g



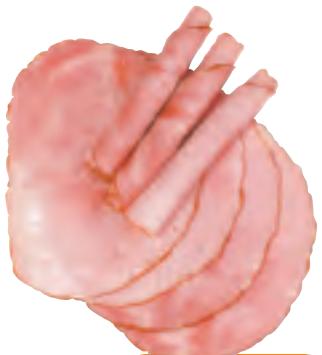
Semya  
Vanilla Ice Cream

**6.99**  
9x120ml



Häagen-Dazs  
Ice Cream  
500ml tub or  
Bars 3-4pk

**4.99**  
each



Fletcher's  
Cooked Ham  
Freshly Sliced  
at the Deli

**4<sup>49</sup>**  
/lb  
9.90/kg



Cuddy  
Oven Roasted  
Turkey Breast  
Freshly Sliced  
at the Deli

**9<sup>99</sup>**  
/lb  
22.02/kg



Santa Lucia  
Mozzarella  
Freshly Sliced  
at the Deli

**5<sup>99</sup>**  
/lb  
13.21/kg



Tre Stelle  
Provolone Cheese  
Regular or Light  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



**60**  
**Piller's**  
1957 - 2017  
FAMILY • TASTE • TRADITION

**SAVE MORE!**

**4<sup>99</sup>**  
/lb  
11.00/kg



Tre Stelle  
Cheese Slices  
Assorted Varieties

**3<sup>99</sup>**  
140-175g



Fontaine Santé  
Humm!  
Hummus Cocktail  
Assorted Varieties

**2<sup>99</sup>**  
227g



Silani  
Feta Cheese  
Regular or Light

**6<sup>99</sup>**  
400g



Silani  
Large Bocconcino  
Cheese

**3<sup>49</sup>**  
200g



Maple Leaf  
Bacon

**2<sup>99</sup>**  
250g



Grilled  
Lemon Herb  
Chicken Breast

**2<sup>99</sup>**  
/100g



Quinoa  
with Chickpeas  
and Apple Salad

**1<sup>99</sup>**  
/100g

# Meat

# Poultry



Fresh Ontario Milk-Fed Veal Loin & Rib Chops

SAVE MORE!

**9.99**  
/lb  
22.02/kg



BRING HOME THE  
SIZZLE  
THIS SUMMER



Fresh Store-Made  
Lean Beef Burgers

**5.99**  
/lb  
13.21/kg

BRING HOME THE  
SIZZLE  
THIS SUMMER



Freshly  
Seasoned In-Store  
Alabama-Style  
Beef Short Ribs

**8.99**  
/lb  
19.82/kg



Fresh Ontario  
Pork Side Ribs

**2.99**  
/lb  
6.59/kg



Fresh Ontario  
Boneless  
Pork Sirloin Chops

**2.99**  
/lb  
6.59/kg



Maple Leaf  
Prime Naturally  
Fresh  
Whole Chicken

**2.99**  
/lb  
6.59/kg



Maple Leaf  
Prime Naturally  
Fresh  
Boneless Skinless  
Chicken Breasts

**5.99**  
/lb  
13.21/kg



Maple Leaf  
Prime Naturally  
Fresh  
Chicken  
Drumsticks

**3.99**  
/lb  
8.80/kg



Maple Leaf  
Prime Naturally  
Extra Lean Ground  
Chicken or Turkey

**5.99**  
454g



We sell only Canadian Beef

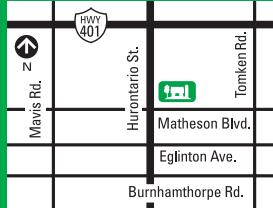


Visit our 3 locations.  
Open 7 days a week.

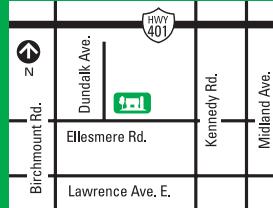
**Store Hours:**

Monday – Saturday:  
7:00a.m. till 10:00p.m.  
Sunday: 8:00a.m. till 8:00p.m.

**Fresh Savings Effective:**  
Thursday, June 1 to  
Wednesday, June 7, 2017



50 MATHESON BLVD. E.  
AT HURONTARIO ST.  
**905.501.9910**



850 ELLESMORE RD.  
AT KENNEDY RD.  
**416.298.1999**



9940 DUFFERIN ST.  
AT MAJOR MACKENZIE DR. W.  
**905.832.4481**

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