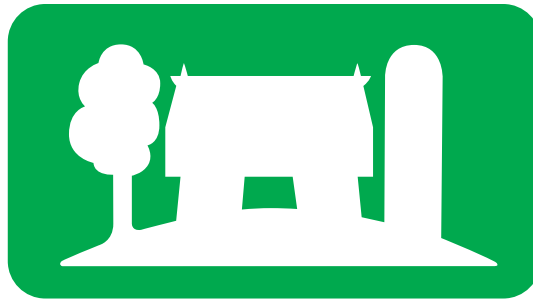


Fresh savings effective
Friday, January 27 to
Thursday, February 2, 2017

Sign-up for your E-flyer
today at highlandfarms.ca



Visit our website
Check out highlandfarms.ca
for more tasty goodness.

HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Chicken Leg Quarters
Backs Attached

SAVE MORE!

1²⁹
/lb
2.84/kg



SAVE MORE!

2⁹⁹
/lb
6.59/kg



Royale
Bathroom Tissue
Mega 9's, Ultra 12's,
Velour 12's or Double 12's

5⁹⁹
each



General Mills
Cheerios 260-500g,
Presweet Cereal 330-380g
Selected Varieties

2⁹⁹
each



Tropicana
Pure Premium
Orange Juice
Assorted Varieties

4⁹⁹
2.63L

Produce



Blueberries
Product of Chile
No. 1 Grade

2⁹⁹
1 pint



Cauliflower
Product of U.S.A.
No. 1 Grade
Jumbo Size

2⁹⁹
each



Spanish
Persimmons
Product of Spain

99¢
each



Anjou Pears
Product of U.S.A.
Extra Fancy Grade

1⁴⁹
/lb
3.28/kg



Roma Tomatoes
Product of Mexico
No. 1 Grade

99¢
/lb
2.18/kg



Classic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

4⁹⁹
283g



Mini Seedless
Watermelons
Product of
Guatemala

2⁹⁹
each



Mangos
Product of Peru

3/4⁰⁰



Dill Pickles
Product of Mexico

99¢
/lb
2.18/kg



Eggplants
Product of Mexico
Large Size

1²⁹
/lb
2.84/kg



Granny Smith
Apples
Product of U.S.A.
Extra Fancy Grade

2⁴⁹
/lb
5.49/kg



Seedless
Cucumbers
Product of Mexico
No. 1 Grade

2⁹⁹
each



Swiss Chard
Green or Rainbow
Product of U.S.A.

2⁴⁹
bunch



Tulips or
Hyacinths
Product of Ontario
Assorted Colours

4⁹⁹
6" pot

Bakery

Dairy



Dempster's Sliced Bread White, 100% Whole Wheat, Smart with Supergrains, Smooth Multigrains 675g or Original Hotdog or Hamburger Buns pkg of 8

1.99
each



SAVE MORE!

17.99
each



Dimpflmeier Rye Bread Monastery Kloster or Sunflower

2.79
454g



Ace Bakery Mini Baguette Crisps Selected Varieties

4.29
150-180g

La Rocca Fresh 6" Cake Chocolate Fudge or Chocolate Chip Banana



Yoplait Yogourt Source 16x100g, Yoptimal 12x100g or Source Greek 8x100g Assorted Varieties

4.49
each



Danone Yogourt Creamy 16x100g or Activia 12x100g

4.99
each



Klife Traditional 2% Kefir

4.99
2L



Naturegg Free Run Large Eggs

3.99
dozen



Black Diamond Cheese Portions Marble or Gouda

2.99
6x21g



Parkay Margarine or Lactantia Traditional Spread

1.29
427g



Beatrice Chocolate Milk

89¢
750ml

Brands You Love



Ragu
Old World Style Pasta Sauce
Assorted Varieties

SAVE MORE!

99¢
640ml



Hellmann's
Mayonnaise
Assorted Varieties

3.99
750-890ml



Allen's
100% Pure
Apple Juice

1.99
1.89L



Clover Leaf
Light Skipjack Tuna
in Water
Chunk or Flaked

4/5.00
170g



Baxters
Soup
Assorted Varieties

2.49
540ml



Unico
Tomato Paste

2/1.00
156ml



DeCecco Pasta
Product of Italy
Assorted
Regular Cuts

1.49
500g



Trophy
Peanuts
Dry Roasted or
Honey Roasted

3.99
700g



Sardo
Black Olives
Assorted Varieties

99¢
398ml



Excelsior
Espresso Coffee

11.99
1kg



Vita Coco
Pure
Coconut Water
Assorted Varieties

1.49
500ml

Everyday Essentials



Old El Paso
Dinner Kits
250-400g
Selected Varieties
or Salsa 650ml

2⁹⁹
250-400g



Christie
Cookies
Selected Varieties

2/5⁰⁰
300g



Coca-Cola
Soft Drinks
Assorted Varieties

3⁹⁷
case of
12x355ml



Nestea Iced Tea,
Five Alive or
Fruitopia
Fruit Beverages

4⁹⁹
12x341ml



Perrier
Carbonated
Mineral Water
Selected Varieties

5⁹⁹
10x250ml



Pepsi
Soft Drinks
Mini Cans
Assorted Varieties

2/5⁰⁰
6x222ml



Annie's
Macaroni and
Cheese
Selected Varieties

1⁹⁹
170g



Annie's
Cookies and
Crackers
Selected Varieties

2⁹⁹
213g



Jordans
Morning Crisp
Cereal
Selected Varieties

4⁹⁹
450-500g



Sunlight
Liquid Dish Soap
Lemon Fresh

2⁴⁹
950ml

Seafood

Frozen Foods



Fresh
Rainbow Trout Fillets

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Fresh
Whole Dressed
Whiting
(Merluzzo)

3⁹⁹
/lb
8.80/kg



Fresh
Wild Pacific Snapper
Fillets

8⁹⁹
/lb
19.82/kg



Ocean Prime
Frozen Tilapia
Fillets

11⁹⁹
908g



Ocean Prime
Frozen Pollock
Fillets

10⁹⁹
1.13kg



Schneiders
Frozen Meat Pies
Assorted Varieties

2⁹⁹
400g



Highland Farms
Country Kitchen
Frozen Lasagna,
Cannelloni or
Cabbage Rolls

12⁹⁹
1.85-2.27kg



Pillsbury Pizza Pops
400g, Crispy Crust
Pizza 278-309g or
Toaster Strudel 326g
Assorted Varieties

1⁹⁹
each



7 Days Bake It
Filo Rollini or
Filo Twist

6⁹⁹
1kg

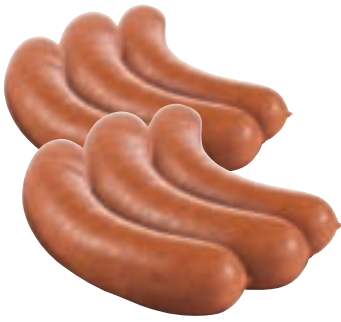


Häagen-Dazs
Ice Cream
500ml tub or
Bars 3-4pk

4⁹⁹
each

Deli

Country Kitchen



Sikorski
Debreccyna
Sausage
At the Deli

4⁹⁹
/lb
11.00/kg



Sikorski
Homemade Ham
Freshly Sliced
at the Deli

5⁹⁹
/lb
13.21/kg



Santa Lucia
Bocconcini
At the Deli

6⁹⁹
/lb
15.41/kg



Santa Lucia
Friulano
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Imported from Norway
Jarlsberg Cheese
Regular
Freshly Cut at the Deli

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Tre Stelle
Cheese Slices
Assorted Varieties

3⁹⁹
145-175g



Boursin
Cheese
Assorted Varieties

4⁹⁹
125-150g



Silani
Mozzarella Cheese

2⁹⁹
260g



Silani
Fresh
Ricotta Cheese

3⁴⁹
454g



Mastro
Riserva Salami
Assorted Varieties

5⁹⁹
250-300g



Maple Leaf
Bacon
Selected Varieties

3⁹⁹
375g



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each

Family Size
Fresh Salad, Garden
or Caesar
Min. Weight 570g

6⁹⁹
each

Fresh Meat

Canada AAA

AGED
21
DAYS



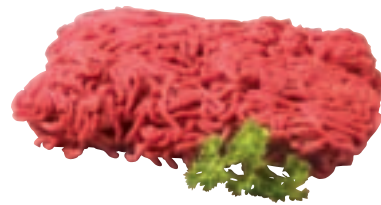
Fresh Beef
Inside Round Roast
Product of Canada

SAVE MORE!

4⁹⁹
/lb
11.00/kg

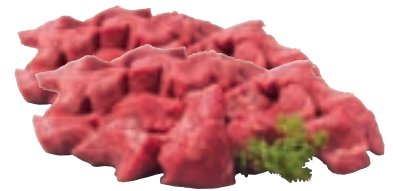
100% Canadian.
Freshly Ground.
Every day.

Canada AAA



Fresh
Lean Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Stewing Beef
Product of Canada

4⁹⁹
/lb
11.00/kg

Canada AAA



Fresh
Inside Round
Beef Cutlets
Product of Canada

5⁹⁹
/lb
13.21/kg



Fresh
Beef Chuck Short Ribs
Cut from Canada AA
Grade Beef or Higher
Product of Canada

6⁹⁹
/lb
15.41/kg



Fresh Ontario
Boneless
Pork Sirloin Roast

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Boneless
Pork Stew

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Pork Loin
Fast Fry
Centre Cut Chops

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Pork Rib or
Sirloin Chops

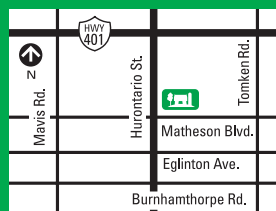
3⁴⁹
/lb
7.69/kg



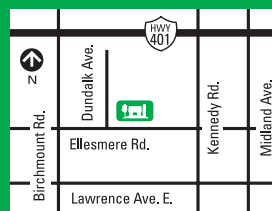
We sell only Canadian Beef



**Visit our
2 locations.
Open 7 days
a week.**



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:

Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

Friday, January 27 to
Thursday, February 2, 2017



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