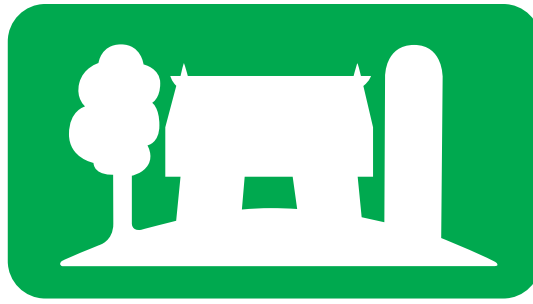


Fresh savings effective
Friday, January 29 to
Thursday, February 4, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Chicken Leg Quarters
Backs Attached

SAVE MORE!

1²⁹
/lb
2.84/kg



Broccoli
Product of U.S.A.
Large Size

SAVE MORE!

1⁴⁹
bunch



Fleecy
Liquid Concentrated
Fabric Softener

5⁹⁹
3L



Emma
Italian Peeled Tomatoes
Product of Italy

99¢
796ml



Tropicana
Pure Premium Orange Juice
Assorted Varieties

4⁹⁹
2.63L



Produce



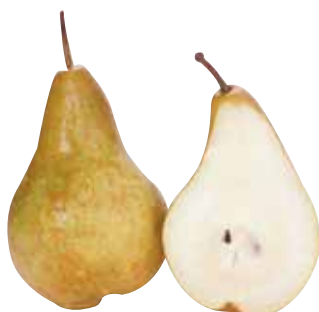
Blueberries
Product of Chile
No. 1 Grade

3⁹⁹
1 pint



Asparagus
Product of Mexico
No. 1 Grade

3⁹⁹
/lb
8.80/kg



Bosc Pears
Product of U.S.A.
Extra Fancy Grade

1⁹⁹
/lb
4.39/kg



Canary or
Santa Claus
Melons
Product of Brazil

3⁹⁹
each



Ontario Homegrown
Greenhouse Grown
Seedless Cucumbers
No. 1 Grade

1⁴⁹
each



Greenhouse Grown
Tomatoes
Product of Mexico
No. 1 Grade

2⁹⁹
/lb
6.59/kg



Pomegranates
Product of Israel
Jumbo Size

2/5⁰⁰



Minneola
Tangelos
Product of U.S.A.

1⁹⁹
/lb
4.39/kg



Romaine
Lettuce
Product of U.S.A.

1⁹⁹
each



Anise
Product of U.S.A.
Large Size

1⁹⁹
each



Fuji Apples
Product of B.C.
Canada Extra
Fancy Grade

2⁴⁹
/lb
5.49/kg



Cauliflower
Product of U.S.A.
No. 1 Grade
Large Size

3⁹⁹
each



Carrots
Product of U.S.A.
No. 1 Grade

2⁴⁹
2lb
cello bag



Floral

Premium Roses
50cm
Assorted Colours
Product of Ecuador

16⁹⁹
dozen

Bakery

Dairy



Grainhouse
Soft Slice Bread
White or
100% Whole Wheat

1.99
675g



SAVE MORE!

19.99
each



Oakrun Farm
English Muffins
or Crumpets

3/5.00
284-340g



Little Debbie
Snacks
Selected Varieties

1.99
300-459g

Fresh
Store-Made
7" Strawberry Cheesecake



Black Diamond
Shredded Cheese
Assorted Varieties

4.99
340g



Danone
Activia Yogurt
Assorted Varieties

3.99
8x100g



iögo Yogurt
Greko or Moment
Assorted Varieties

2.79
4x100g



Becel
Margarine
Selected Varieties

2.79
454g



Natrel
Fine-Filtered
Organic Milk
2% or 1%
3.8% 4L - \$8.99

8.49
4L



Naturegg
Organic
Large Eggs

5.99
dozen



So Nice
Organic
Soy Beverages
Assorted Varieties

3.49
1.75L



Astro
Organic Yogourt
Assorted Varieties

2.99
650g

Brands You Love



Aquafina
Demineralized Water

SAVE MORE!

3.99
24x500ml

BUY \$20 & GET* \$20

////// IN FREE PRODUCT COUPONS BY MAIL //////////



BUY \$20
in participating
PepsiCo products



TEXT
"Super Bowl"
to 33322*



UPLOAD
your receipt

* See Offer Form in-store for list of participating products and details. Products must be purchased between December 27, 2015 and February 14, 2016 in the same transaction and receipts must be uploaded by February 17, 2016. Not all products available in all stores. Limit one (1) offer per address or household.

* Std. msg & data rates may apply. Max 4msg/mnth. Text "stop" to unsubscribe at any time.

2/\$6

Doritos® tortilla chips
(225g - 230g,
any flavour)



3/\$11

PepsiCo Beverages
(12 x 355 mL,
any flavour/variety)



2/\$6

Ruffles® potato chips
(215g - 220g,
any flavour)



3/\$5

PepsiCo Beverages
(2L, any flavour)



OFFICIAL SPONSORS OF SUPER BOWL 50



PurOliva
Blended Oil or
Sardo Canola Oil

4.99
1.89L



Sardo
Mediterranean Soup
Assorted Varieties

1.49
540ml



Unico
Red Kidney Beans
or Chick Peas

99¢
796ml



Stagg Chili
Assorted Varieties

2/5.00
425g



S&F
Polish Dill Pickles

3.49
1.5L



S&F
Smoked Sprats
in Oil

1.49
160g



Loacker
Wafers
Assorted Varieties

1.99
175g



Ferrero
Nutella & Go!
Snacks

99¢
52-54g

Everyday Essentials



NEW!

Kellogg's Cereal
Special K Nourish 396g,
Mini Wheats 405-510g
or Kashi Granola 311g
Selected Varieties

3⁹⁹ each



NEW!

Kellogg's Bars
Vector Protein
or Special K
Nourish or Protein
Selected Varieties

2⁹⁹ 165-200g



SAVE MORE!

5⁹⁹ each

Cashmere Bathroom Tissue
Double 12's, Sponge Towels
Ultra Paper Towels 6's or
Scotties Facial Tissue 6pk



Allen's
Apple Juice

2/4⁰⁰ 1.89L

Sensodyne
Toothpaste
Regular or
ProNamel
Selected Varieties

3⁹⁹ 75-100ml



Renuzit
Air Freshener
Assorted Varieties

89¢ 198g

Scrub Free
Bathroom Cleaner
Selected Varieties

2⁹⁹ 950ml



Pringles
Chips & Tortillas
Assorted Varieties

2/4⁰⁰ 150-182g

Trophy
Kettle Cooked
Peanuts
Assorted Varieties

1⁹⁹ 275g



Kettle Brand
Potato Chips
Assorted Varieties

2/5⁰⁰ 220g

Fresh Gourmet
Croutons
Assorted Varieties

1⁹⁹ 128-142g

Seafood

Frozen Foods



Fresh
Cod Fillets
Product of Iceland

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Wild



Fresh
Wild Sea Smelts

6⁹⁹
/lb
15.41/kg



Fresh
Arctic Char
Fillets

13⁹⁹
/lb
30.84/kg



Janes
Battered Fish Bites
or English Style Fish

6⁹⁹
450g



Janes Frozen
Chicken Wings
Barbeque,
Buffalo or Sea
Salt & Pepper

11⁹⁹
900g



Frozen
Lasagna,
Cannelloni
Meat or Cheese
or Cabbage Rolls

12⁹⁹
1.85-2.27kg



Kellogg's
Frozen
Eggo Waffles
& Pancakes
Assorted Varieties

2/5⁰⁰
280-310g



U-Be-Livin-Smart
Karmaffin
Nutrient Dense
Muffins
Assorted Varieties

4⁹⁹
312g

GLUTEN
FREE



Ben & Jerry's
Ice Cream
Assorted Varieties

4⁹⁹
500ml

Deli

Country Kitchen



Mastro Genoa
Salami
Regular or Hot
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Imported from Italy
Marc Angelo
Prosciutto
Freshly Sliced
at the Deli

12⁹⁹
/lb
28.64/kg



Cayer
Domestic
Swiss Cheese
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Saputo Provolone
Gigantino Cheese
Regular or Light
Freshly Cut
at the Deli

7⁹⁹
/lb
17.61/kg



Lilydale
Oven Roasted
Turkey Breast
Freshly Sliced at the Deli

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Tre Stelle
Bocconcini
Regular, Mini
Light or
Medallions

3⁹⁹
200g



Tre Stelle
Cheese Slices
Assorted Varieties

4⁴⁹
145-175g



Santa Lucia
Mozzarella
Fior' di Latte
Cheese

4⁴⁹
250g



Santa Lucia
Mozzarella
Cheese

4⁴⁹
340g



Piller's
European Wieners

6⁹⁹
450g



Marc Angelo
Imported
Sliced Meats
Assorted Varieties

4⁹⁹
100g



Salads Tossed Fresh Daily



Selected
Varieties

1⁹⁹
/100g

Meat

Poultry



Canada

AAA

Fresh Beef
Inside Round Cutlets
Product of Canada

SAVE MORE!

6⁹⁹
/lb
15.41/kg

100% Canadian.
Freshly Ground.
Every day.

Canada AAA



Fresh
Extra Lean
Ground Beef

5⁹⁹
/lb
13.21/kg



Fresh
Stewing Beef
Product of Canada

5⁹⁹
/lb
13.21/kg



North of 90
Fresh Extra Lean
Ground Chicken
or Turkey
Product of Canada

4⁹⁹
/lb
11.00/kg



North of 90
Turkey Breast
Scaloppine

9⁹⁹
/lb
22.02/kg



Fresh Ontario
Pork Side Ribs

2⁹⁹
/lb
6.59/kg



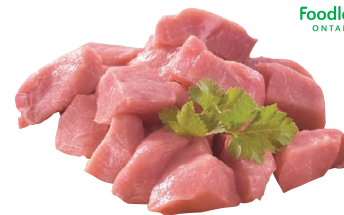
Fresh Ontario
Pork Side Ribs
for Sweet & Sour

4⁴⁹
/lb
9.90/kg



Fresh Ontario
Boneless Pork
Sirloin Roast

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Boneless Pork
Stew

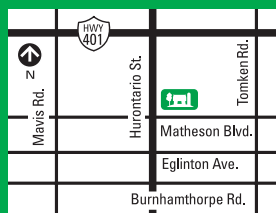
2⁹⁹
/lb
6.59/kg



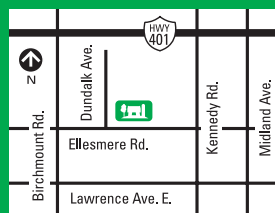
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, January 29 to
Thursday, February 4, 2016



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