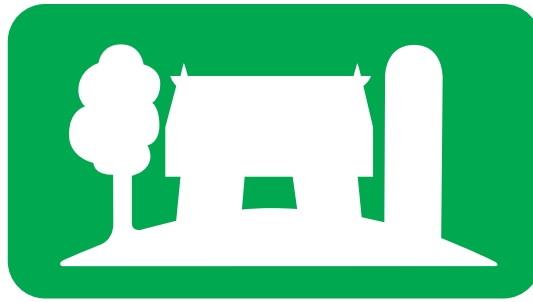


Fresh savings effective
Friday, August 26 to
Thursday, September 1, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



BACK TO
SCHOOL
Check Off Your Back-to-School List

HIGHLAND FARMS



START FRESH



SAVE MORE!

3⁹⁹
/lb
8.80/kg

Fresh Ontario
Chicken Breast
Boneless & Skinless



SAVE MORE!

2⁹⁹
bag of 8

Ontario Homegrown
Fresh Bi-Colour Corn
No. 1 Grade



Kellogg's
Cereal
Corn Flakes 680g or
Raisin Bran 425g

2⁹⁹
each



Chapman's
Gelato 1.5L or
Ice Cream Sundae 1L
Selected Varieties

1⁹⁹
each



Burnbrae Farms
Eggs
Large Brown or
Super Bon-ee Extra Large

2⁷⁹
per dozen

Produce



Ontario Homegrown
Nectarines

4⁹⁹
2L
basket



Ontario Homegrown
Field Tomatoes
No. 1 Grade

3⁹⁹
3L
basket



Ontario Homegrown
Clapp Pears
Fancy Grade

1⁴⁹
/lb
3.28/kg



Ontario Homegrown
Blue Plums
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Ontario Homegrown
Field Grown
Sweet Red
Bell Peppers
No. 1 Grade

1⁴⁹
/lb
3.28/kg



Ontario Homegrown
Greenhouse Grown
Seedless Cucumbers
No. 1 Grade

99¢
each



Ontario Homegrown
Cantaloupes
No. 1 Grade
Jumbo Size

2/5⁰⁰



Ontario Homegrown
Blue Grapes
No. 1 Grade

3⁹⁹
1.5L
clamshell



Andy Boy
Romaine Hearts
Product of U.S.A.

2/5⁰⁰
pkg of 3



Ontario Homegrown
White Potatoes
No. 1 Grade

2⁹⁹
10lb
paper bag



Premium Bananas
From the Tropics

99¢
/lb
2.18/kg



Leaf Lettuce
Green or Red
Product of Canada

1⁹⁹
each



Carrots
Product of Canada

2⁴⁹
bunch



Gladiolas
Assorted Colours
Product of Ontario

3⁹⁹
5 stem
bunch

Bakery

Dairy



Dempster's
Sliced Bread
Whole Grains
Selected Varieties

2/5⁰⁰
600g



Dempster's
Deluxe Sausage &
Hamburger Buns

2/5⁰⁰
pkg of
6-8



Oakrun Farm
English Muffins or
Crumpets

3/5⁰⁰
284-340g



Store-Baked
All Butter Cookies
Chocolate Chunk, Triple
Chocolate, Macadamia or
Oatmeal Cranberry Lemon

4⁹⁹
pkg of 10



La Rocca
Fresh 8" Peach Raspberry Cake

SAVE MORE!

22⁹⁹
each



Gay Lea
Sour Cream
Assorted Varieties

1⁹⁹
425-500ml



Gay Lea
Spreadables
Butter
Regular or Light

2⁹⁹
227g



Gay Lea
Real
Whipped Cream
Regular, Light or
Coconut

2⁹⁹
225g



Pillsbury Grands!
Cinnamon Rolls
or Ready to Bake!
Cookies
Selected Varieties

2⁹⁹
454-496g



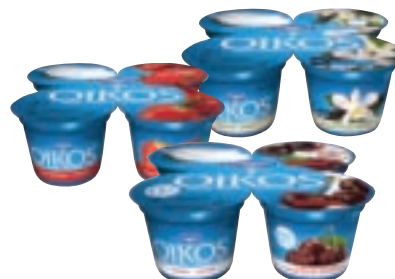
Danone
Activia Yogurt
Assorted Varieties

3⁴⁹
650g



iögo
Probio Kéfir
Strawberry or
Mango

3⁴⁹
4x190ml



Danone
Oikos Greek Yogurt
Assorted Varieties

3/10⁰⁰
4x100g



Becel
Margarine
Assorted Varieties

4⁴⁹
907g

Pantry Solutions



Mazola Oil
100% Pure Canola or Corn

SAVE MORE!

2⁹⁹
1.42L



La Molisana Pasta
450g, Assorted
Regular Cuts
or Passata di
Pomodoro 680ml

4/5⁰⁰



Ocean Spray
Cranberry
Cocktail or
100% Juice Blend
Assorted Varieties

3⁴⁹
1.77-1.89L



Hunt's
Snack Pack
Pudding & Gels
Assorted Varieties

1²⁹
4x99g



Chef Boyardee
Pasta
Selected Varieties

3/4⁰⁰
212-425g



Mott's
Fruitsations
100% Apple Juice
Natural or
Unsweetened

1⁹⁹
1.82L



Mott's
Clamato or
Garden Cocktail
Assorted Varieties

2⁹⁹
1.89L



Vachon
Snack Cakes
Passion Flakie,
Jos Louis, 1/2 Moon
or Ah Caramel!

2/5⁰⁰
252-336g



Marzetti Veggie
Dips 248-340g or
Simply Dressed
Dressings 354ml
Assorted Varieties

3⁴⁹
each



Canadian Club
Barbecue Sauce
Assorted Varieties

1⁹⁹
355ml



Taste of Nature
Snack Bars
Brazil Nut or
Cranberry

4⁹⁹
5x32g



Lunchbox Essentials



Lipton Iced Tea, Dole Sparklers 12x355ml or Nestea, Five Alive or Fruitopia 12x341ml Selected Varieties

3⁹⁹ each



Oasis 100% Juice Blends Classic, FruitZoo or Hydra Fruit Assorted Varieties

SAVE MORE!

1⁹⁹ 8x200ml



Nature's Path Organic Eco Pac Cereal Selected Varieties

7⁹⁹ 750-907g



Perrier Carbonated Mineral Water 10x250ml or 6x500ml Selected Varieties

5⁹⁹ each



Old Dutch Potato Chips 255g or Double Dutch Ridgies 235g Assorted Varieties

2/5⁰⁰



iögo Nano 6x60g or Zip Tubes 8x60g Assorted Varieties

1⁹⁹ each



Black Diamond CheeStrings Assorted Varieties

2⁹⁹ 168g



Bolthouse Farms Mini Peeled Carrots Product of U.S.A.

99¢ 340g



Nature's Pick Fresh Cut Fruit Pak, Crisp Apple Snack, Mini Carrots with Dip 250g or Go Fresh Mixed Berry Parfait 245g

2⁹⁹ each



Schneiders Lunch Mate Stackers & Kits Selected Varieties

2⁴⁹ 90-132g



Silani Cheese Slices Assorted Varieties

1⁹⁹ 100g

Seafood

Frozen Foods



Fresh
Cod Fillets
Product of Iceland

SAVE MORE!

10⁹⁹
/lb
24.23/kg



Fresh
Arctic Char Fillets

12⁹⁹
/lb
28.64/kg



Fresh
Bay Scallops

10⁹⁹
/lb
24.23/kg



Seacore Housecut
Frozen Sockeye
Salmon Portions
or Albacore Tuna
Product of Canada

10⁹⁹
340g



Butterball
Lean Turkey
Burgers
Frozen

10⁹⁹
852g



Magnum Ice Cream
Bars pkg of 3 or
Klondike Bars,
Sandwiches or
Cones pkg of 4

4⁹⁹
each

NEW!



Luna & Larry's
Coconut Bliss
Non-Dairy
Frozen Dessert
Assorted Varieties

7⁹⁹
473ml



Nature's Path
Organic Waffles
Frozen
Assorted Varieties

3⁹⁹
210g

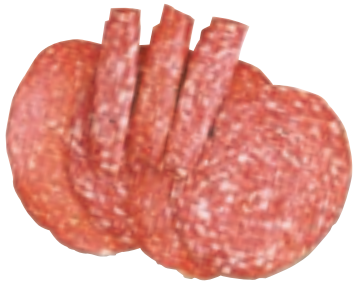


Minute Maid
Frozen Fruit Punch
Assorted Varieties

4/3⁰⁰
295ml

Deli

Country Kitchen



Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

5⁹⁹
/lb
13.21/kg



Maple Leaf
Country Kitchen
Deli Ham
Freshly Sliced
at the Deli

4⁹⁹
/lb
11.00/kg



Tre Stelle
Provolone Cheese
Regular or Light
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Dofino
Havarti Cheese
Freshly Cut
at the Deli

7⁹⁹
/lb
17.61/kg



Lilydale
Oven Roasted Turkey Breast
Freshly Sliced at the Deli

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Boursin
Cheese
Assorted Varieties

4⁹⁹
125-150g



Fletcher's
Naturally Smoked
Bacon

3⁹⁹
500g



Santa Lucia
Mozzarella Cheese

4⁴⁹
340g



Santa Lucia
Mozzarella
Fior' di Latte
Cheese

3⁹⁹
250g



Schneiders
All Beef Wieners
Regular

4⁹⁹
375g



Schneiders
Bologna
Selected Varieties

4⁹⁹
375-500g



Fresh
Store-Made
Hot 16" Pizza
Pepperoni or
Cheese

9⁹⁹
each

Family Size
Fresh Salad
Garden Min. Weight
600g or Caesar
Min. Weight 570g

6⁹⁹
each

Meat

Poultry



Foodland ONTARIO

SAVE MORE!

7⁹⁹
/lb
17.61/kg

Fresh Ontario Veal Loin or Rib Chops

100% Canadian. Freshly Ground. Every day.



Fresh Extra Lean Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh Beef Boneless Top Sirloin Medallion Steaks Product of Canada

11⁹⁹
/lb
26.43/kg



Freshly Seasoned In-Store Pork Back Ribs Pepper Texas Grill

7⁴⁹
/lb
16.51/kg



Freshly Seasoned In-Store Alabama-Style Beef Short Ribs

7⁴⁹
/lb
16.51/kg

Foodland ONTARIO

7⁹⁹
/lb
17.61/kg

Fresh Ontario Boneless Chicken Breast Cutlets

Canada AAA

CLUB PACKS

4⁹⁹
/lb
11.00/kg

Fresh Outside Round Beef Cutlets Product of Canada

Foodland ONTARIO

4⁹⁹
/lb
11.00/kg

Fresh Ontario Pork Loin Cutlets

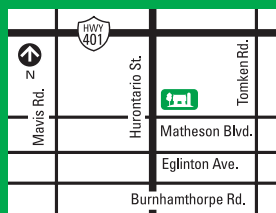
Canada AAA

9⁹⁹
/lb
22.02/kg

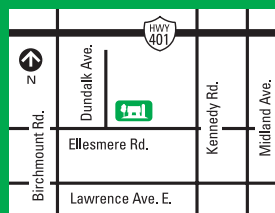
Fresh Beef Miami-Style Short Ribs Product of Canada

We sell only Canadian Beef

Visit our 2 locations. Open 7 days a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, August 26 to
Thursday, September 1, 2016



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