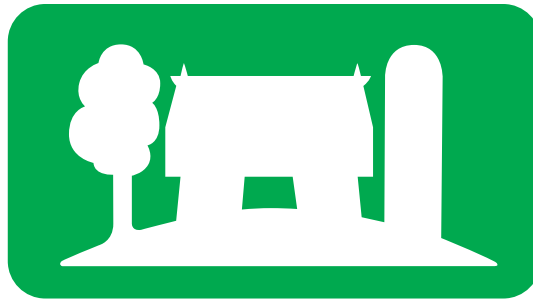


Fresh savings effective
Friday, March 4 to
Thursday, March 10, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS

—  **START FRESH** —



Fresh Ontario
Chicken Drumsticks

SAVE MORE!

1⁶⁹
/lb
3.73/kg



Fresh Seedless Grapes
Red or Green
Product of Chile
No. 1 Grade

SAVE MORE!

2⁹⁹
/lb
6.59/kg



Tide
Laundry Detergent
Liquid 2.72-2.95L or
Powder 3.1-3.2kg

10⁹⁹
each



Sealtest
1% Chocolate Milk or
No Sugar Added Chocolate
Dairy Beverage

99¢
1L



Astro
Yogourt
Selected Varieties

1⁹⁹
650-750g

Produce

Grown
at Highland Farms
Orchards



Apples
Red or Golden
Delicious
Fancy Grade

2⁹⁹
4lb
cello bag



Tomatoes
on the Vine
Product of Mexico
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Cantaloupes
Product of
Guatemala
No. 1 Grade
Jumbo Size

2⁹⁹
each



Seedless
Clementines
Product of
Morocco

3⁹⁹
2lb bag



Ontario Homegrown
Greenhouse Grown
Seedless
Cucumbers
No. 1 Grade

99¢
each



Head Lettuce
Product of U.S.A.
No. 1 Grade

1⁴⁹
each



Red Grapefruit
Product of U.S.A.

2/1⁰⁰



Extra Sweet
Pineapples
Product of
Costa Rica

3⁹⁹
each



Long Eggplant
Product of
Dominican
Republic

1⁴⁹
/lb
3.28/kg



Cauliflower
Product of U.S.A.
No. 1 Grade
Jumbo Size

3⁹⁹
each



Royal Gala Apples
Product of B.C.
Canada
Extra Fancy Grade

2⁴⁹
/lb
5.49/kg



Kale
Green, Red
or Black
Product of U.S.A.

2⁹⁹
bunch



Classic Salads
Product of U.S.A.
Assorted Varieties

3⁹⁹
141g



Floral

Premium
Roses, 50cm
Assorted Colours
Product of Ecuador

18⁹⁹
dozen

Bakery

Dairy

MADE WITH

Amarena Cherries
& Custard or Ricotta



Dempster's
Sliced Bread
Whole Grains or
Garden Vegetable
Assorted Varieties

2/5⁰⁰
600g



Fresh
Store-Baked
Zeppole
Min. Weight
100g each

6/14⁹⁹
or \$2.99 each



Ace Bakery
Pane Rustico
Bread

3⁹⁹
600g



Store-Baked
Cookies

3⁹⁹
pkg of 10



Fresh
La Rocca
8" Cherry
Cheesecake

22⁹⁹
each



Simply Juice
or Lemonade
Assorted Varieties

3⁴⁹
1.75L



Liberté
Méditerranée
Yogurt
Assorted Varieties

2⁹⁹
500g



Western
Cream Cheese
Assorted Varieties

2⁴⁹
250g



Natrel
Fine-Filtered Milk
2%, 1% or Skim
Homogenized 4L
\$5.99

4⁹⁹
4L



Burnbrae Farms
Prestige Club Pack
Large White Eggs

3⁹⁹
pkg of 18



I Can't Believe
It's Not Butter!
Regular & Light

1⁹⁹
454g



Black Diamond
Cheese Sticks
Assorted Varieties

2⁹⁹
200g

Brands You Love



Red Rose
Orange Pekoe Tea

SAVE MORE!

8⁹⁹
box of 216



Mastro or Gallo
Extra Virgin
Olive Oil

6⁹⁷
1L



Garofalo Pasta
500g, Selected
Varieties or Peeled
Tomatoes 796ml
Imported from Italy

1⁹⁹
each



Kellogg's All-Bran Cereal
Original 525g, Cranberries
& Clusters, 380g
Strawberry Bites 465g or
Bran Flakes 670g

3⁹⁹
each



Kellogg's Special K
Granola Bars or Fruit Cries
125-138g or Rice Krispies
Squares 176g
Assorted Varieties

2/4⁰⁰



Yoga
Fruit Nectar
or Juice
Selected Varieties

1⁷⁹
700ml-1L



Higgins & Burke
Tea
Assorted Varieties

2⁹⁹
box of 20



Unico
Beans
Assorted Varieties

99¢
540ml



Sardo
Black Olives
Assorted Varieties

99¢
398ml



Gloria
Baby Dill Pickles

1⁹⁹
1L



Martelli
Marinated
Artichoke Quarters

5⁹⁹
1L

Everyday Essentials



Aquafina Demineralized Water 24x500ml or Lipton Iced Tea or Dole Sparklers 12x355ml Assorted Varieties

4⁹⁹ each



Hellmann's Mayonnaise Regular or Light

4⁹⁹ 1.42L



Clorox Disinfecting Wipes

SAVE MORE!

1⁹⁹ pkg of 30-35



Pringles Chips & Tortillas Assorted Varieties

2/4⁰⁰ 150-182g



Mott's Fruitsations 100% Apple Juice Natural or Unsweetened

1⁹⁹ 1.82L



Nestlé Pure Life Sparkling Water Assorted Varieties

3⁹⁹ case of 12x355ml



Tilex Shower Cleaner Fresh Shower, Mold & Mildew, Soap Scum

2⁹⁹ 946ml



Orville Redenbacher's Microwave Popcorn Assorted Varieties

3⁹⁹ 248-540g



UFC Refresh 100% Coconut Water

2⁹⁹ 1L



Shady Maple Farms Organic Medium Pure Maple Syrup

14⁹⁹ 500ml



Greenworks Liquid Dish Detergent Assorted Varieties

2⁴⁹ 650ml

Seafood

Frozen Foods



Fresh
Whole Dressed Rainbow Trout

SAVE MORE!

6⁹⁹
/lb
15.41/kg



Wild



Fresh
Wild
Pacific Snapper
Fillets

8⁹⁹
/lb
19.82/kg



Fresh, Organic
Atlantic Salmon
Fillets

12⁹⁹
/lb
28.64/kg



Ocean Jewel
Frozen
Breaded Shrimp
Trio

9⁹⁹
454g



Ocean Jewel
Breaded Popcorn
Shrimp

6⁹⁹
340g



Schneiders
Frozen Chicken
Nuggets, Strips
or Burgers

8⁹⁹
840g



Chapman's No Sugar
Added Ice Cream 1L,
Novelties 4-6pk or
Frozen Yogurt 2L
Assorted Varieties

3⁹⁹
each



Delissio
Frozen Pizza
Rising Crust or
Pizzeria
Selected Varieties

4⁹⁹
530-888g



Gardein
Frozen Meat-Free
Products
Assorted Varieties

4⁴⁹
255-350g



Popsicle
Ice Treats
Selected Varieties

3⁹⁹
pkg of 10

Deli

Country Kitchen



Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

5⁹⁹
/lb
13.21/kg



Cuddy
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Santa Lucia
Swiss Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Agropur
Havarti Cheese
Regular
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Imported from Italy
Grana Padano Parmigiano
Freshly Cut at the Deli

SAVE MORE!
12⁹⁹
/lb
28.64/kg



Agropur Oka
L'Artisan Cheese
Freshly Cut
at the Deli

11⁹⁹
/lb
26.43/kg



Agropur
Crème Oka
Assorted Varieties

3⁹⁹
100g



Silani
Mozzarella
Cheese

2⁴⁹
260g



Santa Lucia
Bocconcini
Cheese

3⁹⁹
200g



Schneiders
All Beef Wieners

4⁹⁹
375g



Schneiders
Bologna
Blue Ribbon,
Dutch Treet or
Extra Thick

4⁹⁹
500g



Panko
Chicken Breast
with Sweet Chili
Sauce

2⁹⁹
/100g



Glazed
Baby Carrots
or Rice Pilaf

1⁹⁹
/100g

Fresh Meat



Fresh Ontario
Veal Loin or Rib Chops

SAVE MORE!

5⁹⁹
/lb
13.21/kg

**100% Canadian.
Freshly Ground.
Every day.**

Canada AAA



Fresh
Lean Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Stewing Beef
Product of Canada

5⁹⁹
/lb
13.21/kg

Canada AAA



Fresh Beef
Stir Fry
Product of Canada

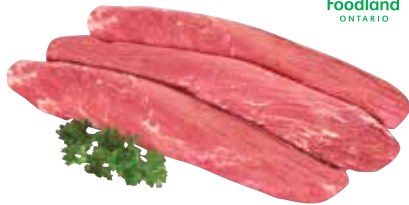
7⁹⁹
/lb
17.61/kg

Canada AAA



Fresh Beef
Boneless
Blade Steak
Product of Canada

6⁹⁹
/lb
15.41/kg



Fresh Ontario
Pork Tenderloin

3⁹⁹
/lb
8.80/kg



Fresh Ontario
Pork Back Ribs

4⁹⁹
/lb
11.00/kg



Fresh Ontario
Lamb Shoulder

6⁹⁹
/lb
15.41/kg



Fresh Ontario
Lamb
Shoulder Chops

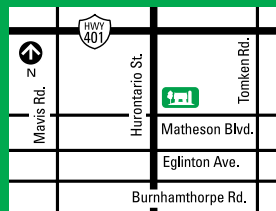
8⁹⁹
/lb
19.82/kg



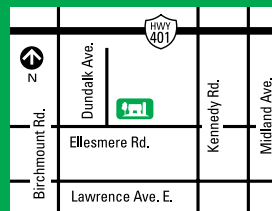
We sell only Canadian Beef



**Visit our
2 locations.
Open 7 days
a week.**



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, March 4 to
Thursday, March 10, 2016



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