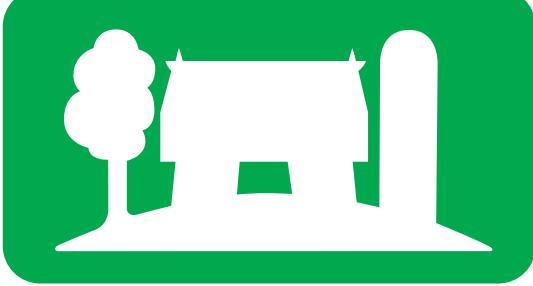


Fresh savings effective
Friday, November 20 to
Thursday, November 26, 2015

Sign-up for your E-flyer
today at highlandfarms.ca



Check out our
fresh new look!
Visit highlandfarms.ca for a
new and delicious experience

HIGHLAND FARMS



START FRESH



Fresh Ontario
Loin of Pork
Whole or Half
Sliced 2.29/lb-5.05/kg

SAVE MORE!

1.99
/lb
4.39/kg



Fresh Field Tomatoes
Product of U.S.A.
No. 1 Grade, Large Size

SAVE MORE!

99¢
/lb
2.18/kg



Majesta
Multipack Facial Tissue

4.99
pkg of 6



Five Roses or Robin Hood
All Purpose Flour



9.99
10kg



Tropicana
Tropicana 100% Juice Blends
Selected Varieties

1.99
1.75L

Produce

Grown
at Highland Farms
Orchards



Apples
Red or Golden
Delicious
Fancy Grade

2.99
4lb
cello bag



Broccoli
Product of U.S.A.
Large

1.29
bunch



Ontario
Homegrown
Bosc Pears
Fancy Grade

1.49
/lb
3.28/kg



Muscato Grapes
Product of Italy
No. 1 Grade

1.99
/lb
4.39/kg



Ontario
Homegrown
Rapini

1.99
bunch



Endive or
Escarole
Product of U.S.A.

1.99
each



Red Grapefruit
Product of U.S.A.

2/1.00

Calavo



**RIPE
NOW!**

Avocados Product
of Mexico

99¢
each



Ontario
Homegrown
Greenhouse Grown
Mini Seedless
Cucumbers

2.99
pkg of 6



Ontario
Homegrown
Greenhouse Grown
Baby Eggplants

2.99
/lb
6.59/kg



Premium Bananas
From the Tropics

89¢
/lb
1.96/kg



Fuji Apples
Product of B.C.
Canada
Extra Fancy Grade



1.99
/lb
4.39/kg



Sweet Potatoes
Product of U.S.A.



4.99
3lb
bag



Premium
Roses, 50cm
Assorted Colours
Product of Ecuador

16.99
dozen

Bakery

Dairy



1.99
675g
loaf



SAVE MORE!

21.99
each

Country Goodness
Bagels
Assorted Varieties

1.79
510g

Store-Baked
Cookies
Assorted Varieties

2.99
pkg of 12

La Rocca
Fresh 8" Chocolate Truffle Cake



Elite Dairy
Natural Yogurt
Assorted Varieties

1.79
750g



Black Diamond
CheeStrings
Assorted Varieties

5.49
336g



Black Diamond
Shredded Cheese
Assorted Varieties

4.99
340g



Burnbrae Farms
Super Bon-ee
dozen or Naturegg
Organic 6pk
Extra Large Eggs

2.99
each



Lactania
Margarine
Olivina or
Healthy Attitude

1.99
427g



Pillsbury
Chocolate Croissants
265g, Cookies 468g or
Turnovers 383g
Selected Varieties

2.49
each



iögo
Yogurt
Greko or Moment
Assorted Varieties

2.99
4x100g

Brands You Love



Kellogg's Cereal
All-Bran Flakes 450g, Rice Krispies
285g or Corn Flakes 440g

SAVE MORE!

2/5⁰⁰



Unico
Vegetable Oil

4⁹⁷
3L



Unico
Stuffed
Manzanilla
Olives
375ml

1⁴⁹
375ml



Mott's
Fruitsations
100% Apple Juice
Natural or
Unsweetened

1⁹⁹
1.82L



Rogers
Five Grain Granola
Assorted Varieties

3⁹⁹
700-750g



Nutrafruit
Red Sour Cherries
in Syrup

2⁴⁹
540ml



Radenska
Naturally Sparkling
Mineral Water

5⁹⁹
6x1.5L



Primo
Egg Pasta
Assorted Varieties

1⁷⁹
250g



Nestlé
Nesquik
Chocolate Syrup
510-700ml or
Powder 540-750g

3⁹⁹
each



Carnation
Evaporated Milk
Eagle Brand
Condensed Milk
300ml \$2.99 each

3/5⁰⁰
354ml



St. Dalfour
Deluxe Spread
Assorted Varieties

4⁹⁹
225ml

Everyday Essentials



2/500



4.99
1.5L



SAVE MORE!

3.99
1.77-2.04L



2.69
265-350g

Hunt's Snack Pack Pudding & Gels Assorted Varieties

4/500
4x99g



3.49
4x250ml



89¢
198g



12.99
454g

Nature's Path Organic Eco Pac Cereal Selected Varieties

7.99
750-907g



5.99
2.27kg



3.49
170g

Seafood

Frozen Foods



Fresh
Atlantic Salmon
Fillets

SAVE MORE!

799
/lb
17.61/kg



Pillsbury
Frozen Pizza Pops
& Pizza Minis
Assorted Varieties

2/500
370-400g



Krinos
Fillo Twisters
Assorted Varieties

699
1kg



Fresh
Whole Dressed
Rainbow Trout

699
/lb
15.41/kg



Tuna Steaks
Previously Frozen

1499
/lb
33.05/kg



Norwegian Fjord
Frozen Smoked
Steelhead Salmon

1599
400g



Triple Crown
Black Tiger Shrimp
Raw, Easy Peel,
Frozen 31/40 ct

1099
454g



Frozen Lasagna,
Cannelloni
Meat or Cheese
or Cabbage Rolls

1299
1.85-2.27kg



Weight Watchers
Smart Ones
Frozen Entrées
Assorted Varieties

3/900
170-311g



Furlani
Frozen Texas Toast
Garlic or
Three Cheese

3/500
192-240g



U-Be-Livin-Smart
Karmaffin
Nutrient Dense
Muffins
Assorted Varieties

499
312g



Magnum Mini
Ice Cream Bars
Assorted Varieties

499
4x55mL



Mastro
Capicollo di Lusso
Freshly Sliced
at the Deli

8.99
/lb
19.82/kg



Cuddy
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

9.99
/lb
22.02/kg



Casa Italia
Vera Mortadella
Regular or Light
Freshly Sliced at the Deli

SAVE MORE!

5.99
/lb
13.21/kg



Santa Lucia
Bocconcini
At the Deli

6.99
/lb
15.41/kg



Santa Lucia
Mozzarella
Freshly Sliced
at the Deli

5.99
/lb
13.21/kg



Agropur
Brie Vaudreuil
Double Crème

6.99
350g



Agropur Oka
L'Artisan Cheese
Freshly Cut
at the Deli

11.99
/lb
26.43/kg



Frico
Gouda & Edam
Cheese Wedges
Assorted Varieties

5.99
220-230g



Fantino &
Mondello
Salametti
Assorted Varieties

5.99
300g



Freybe
European Wieners

5.99
375g



Freybe
Damn Hot
Pepperoni

9.99
500g



Olivieri
Pasta
Selected Varieties

6.99
600-700g



Olivieri Fresh
Pasta &
Cooking Sauce
Selected Varieties

5.99
600ml

GLUTEN FREE

Meat

Poultry

Canada AAA



AGED
21
DAYS

Fresh Beef
Capless Prime Rib Roast
Product of Canada

SAVE MORE!

8.99
/lb
19.82/kg



Fresh
Lean Ground Beef

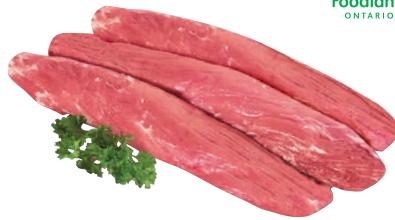
4.99
/lb
11.00/kg



Fresh
Stewing Beef
Product of Canada

5.99
/lb
13.21/kg

Canada AAA
Foodland
ONTARIO



Fresh Ontario
Pork Tenderloin

3.99
/lb
8.80/kg



Fresh Beef
Capless
Rib Steaks
Product of Canada

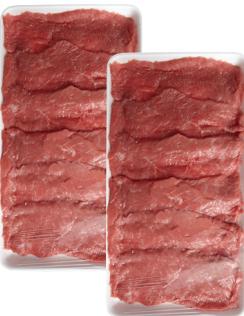
9.99
/lb
22.02/kg



Canada
AAA

Fresh
Outside Round
Beef Cutlets
Product of Canada

5.99
/lb
13.21/kg



Foodland
ONTARIO

Fresh Ontario
Outside Round
Veal Cutlets

7.99
/lb
17.61/kg

CLUB
PACKS



Foodland
ONTARIO

Fresh Ontario
Pork Loin Cutlets

4.99
/lb
11.00/kg

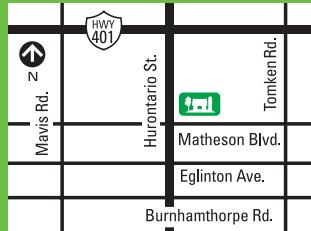


Foodland
ONTARIO

Fresh Ontario
Boneless
Chicken Breast
Cutlets

7.99
/lb
17.61/kg

Visit our
2 grand
locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST.
905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday:
8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, November 20 to
Thursday, November 26, 2015



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