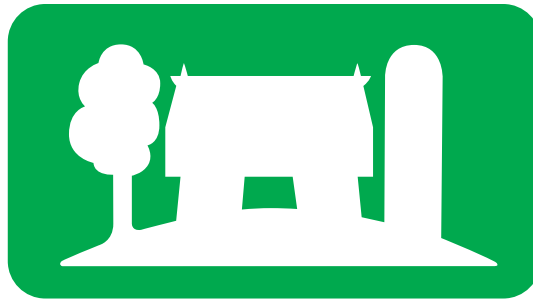


Fresh savings effective
Friday, June 17 to
Thursday, June 23, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



Happy
Father's
Day!

Treat Dad
to all of his
favourites

HIGHLAND FARMS



START FRESH

BRING HOME THE
SIZZLE
THIS SUMMER

Canada **AAA**

AGED
21
DAYS



Fresh Beef
Capless Rib Steaks
Product of Canada

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Ontario Homegrown
Asparagus
No. 1 Grade

SAVE MORE!

1⁹⁹
/lb
4.39/kg

**BONUS
OFFER!**
**BUY 1,
GET 1
FREE**



BUY 1 Country Kitchen 8" Apple Pie
at **\$4.99** each and **GET 1** Chapman's
Original Ice Cream 2L **FREE**



Tropicana Pure Premium
Juice, Blends, Lemonade
or Pure Leaf Iced Tea
Assorted Varieties

2⁹⁹
1.65-1.75L



Fleecy
Liquid Concentrated
Fabric Softener

5⁹⁹
3L

Produce



Seedless Grapes
Red, Green or
Black
Product of Mexico
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Andy Boy
Rapini
Product of U.S.A.

1⁹⁹
bunch



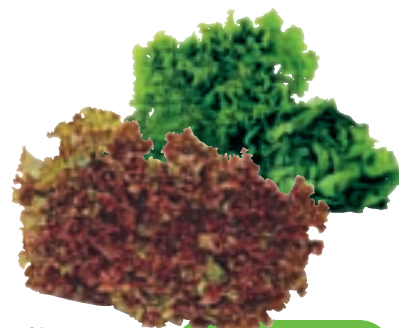
Ataulfo Mangos
Product of Mexico

99¢
each



Fresh
Black Figs
Product of U.S.A.

9⁹⁹
case



Leaf Lettuce
Red or Green
Product of Canada

99¢
each



Sweet Corn
Product of U.S.A.
No. 1 Grade

2⁹⁹
pkg of 5



Abate Pears
Product of
Argentina
Extra Fancy Grade

1⁹⁹
/lb
4.39/kg



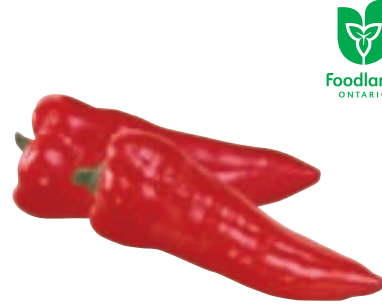
White Cherries
Product of U.S.A.
Washington
No. 1 Grade
Jumbo Size

5⁹⁹
/lb
13.21/kg



Ontario Homegrown
Greenhouse Grown
Baby Eggplants

2⁹⁹
/lb
6.59/kg



Ontario Homegrown
Greenhouse Grown
Fresh Sweet Red
Sheppard Peppers
No. 1 Grade

2⁹⁹
/lb
6.59/kg



Blueberries
Product of U.S.A
No. 1 Grade

2⁹⁹
170g



Cantaloupes
Product of U.S.A.
No. 1 Grade
Jumbo Size

2⁹⁹
each



Celery
Product of U.S.A.
No. 1 Grade
Large Stalk

2⁹⁹
each



Premium
Jumbo Bouquets
Product of Ontario

18⁹⁹
each

Bakery

Dairy



Dempster's
Bagels
Assorted Varieties

2/5⁰⁰
450g



Dufflet Pastries
Fresh
6" Top Banana
Layer Cake

19⁹⁹
each



Ace Bakery
Sourdough
Baguette 380g or
Ciabatta Lunga
Cluster 400g

2⁴⁹
each



Oakrun Farm
Belgian Waffles

4⁹⁹
420g



Fresh
La Rocca
8" Cherry
Cheesecake

22⁹⁹
each



Beatrice
Chocolate Milk

99¢
750ml



Sealtest Cream 10%,
5%, Natrel Lactose Free
Coffee Cream 10% 1L
or Sealtest Real
Whipped Cream 225g

2⁷⁹
each



Alphonso or All Juice
Premium Juice
Assorted Varieties or
St. Maarten Calamansi
Fruit Beverage

2⁶⁹
1.75L



Nathan's
New York Style
Pickles

3⁴⁹
710ml-1L



Natrel
Lactose Free Milk
Homogenized,
2%, 1%, Skim or
Chocolate

4⁹⁹
2L



iögo
Yogurt 16x100g or
Probio 12x100g
Selected Varieties

4⁹⁹
each



Liberté
Greek Yogourt
Assorted Varieties

3⁴⁹
500g



Yoplait Yop
Drinkable Yogourt
Assorted Varieties

3⁹⁹
6x200ml

Brands You Love



Pepsi
Soft Drinks
Assorted Varieties

SAVE MORE!

3/11⁰⁰
case of
12x355ml



Old Dutch Potato
Chips 255g or
Double Dutch
Ridgies 235g
Assorted Varieties

2/5⁰⁰



Lavazza
Qualità Rossa
Espresso
Coffee Beans

12⁹⁹
1kg



Kellogg's
Special K Cereal
Assorted Varieties

2⁹⁹
320-435g



Pepperidge Farms
Goldfish Crackers
Assorted Varieties

2/5⁰⁰
156-200g



Gloria
Roasted Peppers

4⁹⁹
1.5L



Mantova
Grape Seed Oil

4⁹⁹
750ml



Kellogg's
Nutri-Grain Bars
175-295g or
All-Bran Bars 210g
Assorted Varieties

2/5⁰⁰



Milupa
Baby Cereal
Assorted Varieties

3²⁷
227g



Frank's
Red Hot Sauce
Assorted Varieties

3⁹⁹
354ml



Unico
Vegetable Oil

4⁹⁹
3L

Everyday Essentials



Lantic
Natural
Granulated
White Sugar

1.99
2kg



Nestlé
Pure Life Natural Spring Water

SAVE MORE!

2.49
pkg of
24x500ml



Unico
Tomato Paste

2/1.00
156ml



Master of Mixes
Drink Mixes
Assorted Varieties

5.49
1L



Del Monte
Fruit Nectar or
Oasis Classic
100% Juice
Selected Varieties

4/5.00
960ml



Grace
Coconut Water
With Pulp

99¢
500ml



Italpasta Pasta
Assorted
Regular Cuts

4/5.00
900g



Bob's Red Mill
Organic
Whole Grain
Quinoa
Red or Tri-Color

9.99
453g



Tolerant
Organic
Red Lentil or
Black Bean Pasta
Assorted Varieties

4.99
227g



U-Be-Livin-Smart
Pocket Treats
Healthy Candy

4.99
147g



Karma
Wellness Water
Assorted Varieties

2/5.00
532ml

Seafood

Frozen Foods



Fresh
Whole Dressed
European Sea Bream
(Orata)

SAVE MORE!

7⁹⁹
/lb
17.61/kg



Fresh
Catfish Fillets

9⁹⁹
/lb
22.02/kg



Fresh
Cod Fillets
Product of Iceland

11⁹⁹
/lb
26.43/kg



Dom Reserve
Cedar-Planked
Frozen
Steelhead Salmon
Assorted Varieties

11⁹⁹
454g



Ocean Jewel
Frozen
Herb and Garlic
Marinated Shrimp

7⁹⁹
340g



Belmont Meats
Frozen Home Style
Beef Burgers
Selected Varieties

9⁹⁹
852g



Kellogg's
Frozen
Eggo Waffles &
Pancakes
Assorted Varieties

2/5⁰⁰
280-310g



Krinos
Fillo Twisters
Assorted Varieties

6⁹⁹
1kg



Tofutti Frozen
Milk Free
Novelties
Selected Varieties

6⁴⁹
pkg of
12x52ml

Deli

Country Kitchen



Schneiders
Turkey Breast
Cooked or Smoked
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



Maple Leaf
Country Kitchen
Deli Ham
Freshly Sliced
at the Deli

4⁴⁹
/lb
9.90/kg



SAVE MORE!

11⁹⁹
/lb
26.43/kg



Santa Lucia
Bocconcini
At the Deli

7⁹⁹
/lb
17.61/kg



Santa Lucia
Provolone Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg

Imported from Norway
Jarlsberg Cheese
Regular or Light
Freshly Cut at the Deli



Saputo
Parmesan Cheese
Petals

3⁹⁹
125g



Stella
Asiago Cheese

13⁹⁹
500g



Castello
Blue Cheese
Traditional or
Extra Creamy

3⁹⁹
125g



Anco
Havarti Cheese
Assorted Varieties

3⁴⁹
180g



Schneiders
Grill'em's
Smoked Sausages
Assorted Varieties

3⁹⁹
375g



Maple Leaf
Canadian Craft
Canadian Whiskey
and Apple Bacon

6⁹⁹
375g

NEW!



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each

Family Size
Fresh
Garden Salad
Min. Weight 600g

6⁹⁹
each

Meat

Poultry



**AGED
21
DAYS**

Canada AAA

**Great steak
for a great
Dad!**



**Fresh Beef
Tomahawk
Rib Steak
Product of Canada**

14⁹⁹
/lb
33.05/kg

**Fresh Ontario
Pork Rib or Sirloin Chops**

SAVE MORE!

2⁴⁹
/lb
5.49/kg



**Fresh Ontario
Pork Loin
Centre Cut Chops**

2⁹⁹
/lb
6.59/kg



**Freshly Seasoned
In-Store
Jumbo Split
Chicken Wings**

4⁹⁹
/lb
11.00/kg

**BRING HOME THE
SIZZLE
THIS SUMMER**



**Fresh
Store-Made
Lean Beef Burgers**

5⁹⁹
/lb
13.21/kg



**Fresh
Store-Made
Pork or Chicken
Souvlaki**

7⁹⁹
/lb
17.61/kg



**Fresh Gourmet
Pork Sausages
Provolone, Sundried
Tomato, Garlic & Wine
or Rapini & Cheese**

5⁹⁹
/lb
13.21/kg



**Freshly Seasoned
In-Store
Pork Back Ribs
Pepper Texas Grill**

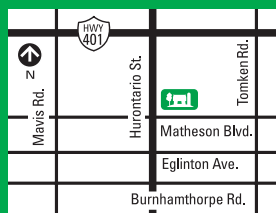
7⁹⁹
/lb
17.61/kg



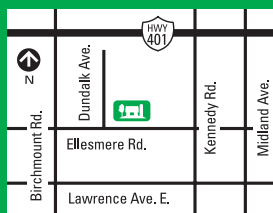
We sell only Canadian Beef



**Visit our
2 locations.
Open 7 days
a week.**



**50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910**



**850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999**

Store Hours:

**Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.**

Fresh Savings Effective:

**Friday, June 17 to
Thursday, June 23, 2016**



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