

**Fresh savings  
effective**

Sunday, December 27 to  
Thursday, December 31, 2015

**Holiday Hours**

**Open**

New Year's Eve until 6 p.m.

**Closed**

New Year's Day – Jan. 1, 2016



**HAPPY  
NEW  
YEAR!**  
Visit us at [highlandfarms.ca](http://highlandfarms.ca)

# HIGHLAND FARMS



## START FRESH



Canada **AAA**

AGED  
**21**  
DAYS

Fresh Beef  
Striploin Steaks  
Product of Canada

**SAVE MORE!**

**8<sup>99</sup>**  
/lb  
19.82/kg



Fresh Red Cherries  
Product of Chile  
No. 1 Grade, Extra Large

**SAVE MORE!**

**4<sup>99</sup>**  
/lb  
11.00/kg



Imperial  
Margarine

**99¢**  
454g



Tropicana Pure Premium  
Orange Juice & Blends or  
Pure Leaf Iced Tea  
Assorted Varieties

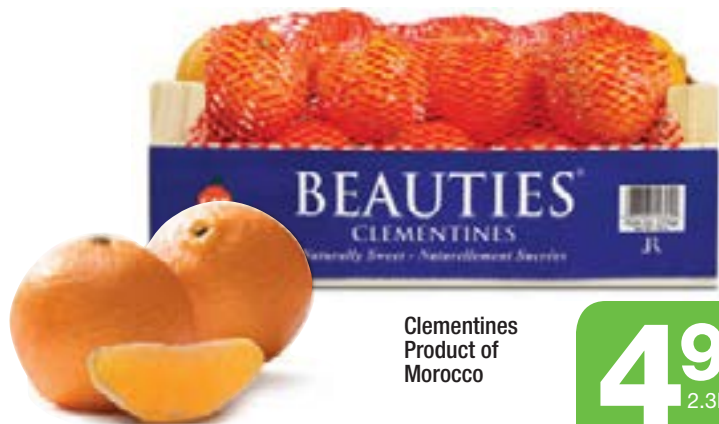
**2<sup>99</sup>**  
1.75L



Unico  
Vegetable Oil

**3<sup>99</sup>**  
3L

# Produce



Clementines  
Product of Morocco

**4<sup>99</sup>**  
2.3kg



Leaf Lettuce  
Red or Green  
Product of U.S.A.

**1<sup>49</sup>**  
each



Avocados  
Product of Mexico

**99¢**  
each



Extra Sweet  
Pineapples  
Product of Costa Rica

**3<sup>99</sup>**  
each



Bolthouse  
Mini Peeled  
Carrots  
Product of U.S.A.

**99¢**  
340g



Green Onions  
Product of Mexico

**69¢**  
bunch



Ontario  
Homegrown  
Flemish Pears  
Fancy Grade  
Extra Large Size

**1<sup>49</sup>**  
/lb  
3.28/kg



Mini Seedless  
Watermelons  
Product of Guatemala

**2<sup>99</sup>**  
each



Broccoli Crowns  
Product of Mexico

**1<sup>99</sup>**  
/lb  
4.39/kg



Vegetable or  
Fruit Tray  
with Dip  
Min. Weight 1650g

**16<sup>99</sup>**  
each



Braeburn Apples  
Product of B.C.  
Canada  
Extra Fancy Grade

**1<sup>99</sup>**  
/lb  
4.39/kg



Premium Bananas  
From the Tropics

**99¢**  
/lb  
2.18/kg



Carrots  
Product of U.S.A.  
No. 1 Grade

**2<sup>49</sup>**  
2lb  
cello bag



Premium  
Jumbo Bouquets  
Product of Ontario

**16<sup>99</sup>**  
each

Floral



# Bakery

# Dairy



Dempster's  
Sliced Bread  
Whole Grains or  
Garden Vegetable  
Assorted Varieties

**2/5<sup>00</sup>**  
600g



Ace Bakery Frozen  
Bake Your Own  
Demi-Baguettes  
White, Multigrain  
or Garlic

**2<sup>99</sup>**  
265-400g



Fresh La Rocca 8" Cakes  
Dulce Napoleon, White Chocolate  
Cranberry or Chocolate Hazelnut

**SAVE MORE!**

**21<sup>99</sup>**  
each



Gay Lea  
Sour Cream  
Assorted Varieties

**1<sup>99</sup>**  
425-500ml



Gay Lea Real  
Whipped Cream  
Assorted Varieties

**2<sup>99</sup>**  
225g



Mini Babybel  
Cheese  
Assorted Varieties

**3<sup>79</sup>**  
120-129g



Heluva Good!  
Dips  
Assorted Varieties

**2<sup>49</sup>**  
250g



Lactantia  
Lactaid  
Lactose Free Milk  
Homogenized,  
2%, 1% or Skim

**3<sup>99</sup>**  
2L



Astro Athentikos  
Greek Yogourt  
Assorted Varieties

**3<sup>49</sup>**  
500g



Armstrong  
Cheddar Cheese  
Mild, Medium,  
Old or Marble

**3<sup>99</sup>**  
300g



Burnbrae Farms  
Naturegg  
Omega 3  
Large White Eggs

**3<sup>29</sup>**  
dozen



# Brands You Love



Primo Soup  
Assorted Varieties

SAVE MORE!

**3/4<sup>00</sup>**  
540ml



Quaker Harvest  
Granola Bars  
Selected Varieties

**2/5<sup>00</sup>**  
175g



Perrier  
Carbonated  
Mineral Water  
Slim Cans  
Assorted Varieties

**5<sup>99</sup>**  
10x250ml



VH Cooking,  
Stir-Fry 341-355ml  
or Dipping  
Sauce 455ml  
Assorted Varieties

**2/5<sup>00</sup>**



Kikkoman  
Less Sodium  
Soy Sauce or  
Less Sodium  
Teriyaki Sauce

**2<sup>99</sup>**  
296ml



French's  
Tomato Ketchup

**2<sup>99</sup>**  
750ml-1L



RIO more  
Solid Light Tuna  
in Water, Olive Oil  
or with Chili

**4<sup>99</sup>**  
3x80g



Dad's or  
Peek Freans  
Cookies  
Assorted Varieties

**2<sup>69</sup>**  
265-350g



Lavazza  
Qualità Rossa  
Espresso  
Coffee Beans

**12<sup>99</sup>**  
1kg



Nescafé Rich or  
Taster's Choice  
Instant Coffee  
Assorted Varieties

**4<sup>99</sup>**  
100-170g



Leclerc  
Chocomax  
Chewy Bars  
Assorted Varieties

**3/5<sup>00</sup>**  
192g



# Everyday Essentials



Miss Vickie's  
Potato Chips  
Assorted Varieties

**3/10<sup>00</sup>**  
200-220g



Clorox  
Liquid Bleach

**SAVE MORE!**

**2<sup>99</sup>**  
3.57L



Pepsi  
Soft Drinks  
Assorted Varieties

**4/5<sup>00</sup>**  
2L



Mott's Clamato  
1.89L or  
McIlhenny Tabasco  
Sauce 57ml  
Assorted Varieties

**2<sup>99</sup>**  
each



Rotkäppchen  
De-Alcoholised  
Sparkling Wine

**7<sup>99</sup>**  
750ml



Del Monte  
Fruit Nectar or  
Oasis Classic  
100% Juice  
Selected Varieties

**4/5<sup>00</sup>**  
960ml



Studenac  
Carbonated  
Natural Mineral  
Water

**4<sup>49</sup>**  
6x1.5L



Orville  
Redenbacher's  
Microwave Popcorn  
Assorted Varieties

**3<sup>99</sup>**  
248-540g



UFC Refresh  
100% Coconut  
Water

**2<sup>99</sup>**  
1L tetra



Jamieson  
Vitamin C  
Chewables,  
Selected Varieties  
or Vitamin D 240's

**5<sup>99</sup>**  
each



Purina  
Fancy Feast  
Cat Food  
Assorted Varieties

**3/1<sup>99</sup>**  
85g

# Seafood

# Frozen Foods



Fresh  
Atlantic Salmon  
Fillets

**7<sup>99</sup>**  
/lb  
17.61/kg



Sardo  
Seafood Antipasto

**5<sup>99</sup>**  
500ml



Fresh P.E.I.  
Cultivated  
Mussels

**4<sup>49</sup>**  
2lb  
bag



Toppits Appi's  
Tempura Shrimp,  
Coconut Shrimp,  
Panko Shrimp or  
Breaded Calamari Rings

**7<sup>99</sup>**  
300-340g



AquaStar  
Reserve King Crab  
Legs & Claws

**24<sup>99</sup>**  
500g



Toppits  
Cooked Shrimp  
Platter with  
Cocktail Sauce

**6<sup>99</sup>**  
284g



Ocean Prime  
Frozen Cooked  
Pacific White  
Shrimp  
21/25ct

**13<sup>99</sup>**  
454g



Ocean Prime  
Frozen Raw  
Pacific White  
Shrimp  
31/40ct

**7<sup>99</sup>**  
454g



7 Days Bake It  
Filo Rollini or  
Filo Twist

**6<sup>99</sup>**  
1kg



McCain  
Frozen Superfries  
Assorted Varieties

**2<sup>99</sup>**  
650-750g



Chapman's  
Canadian Collection  
Novelties Bars,  
Cookies or Cones

**2<sup>99</sup>**  
4-8  
pack



Häagen-Dazs  
Ice Cream 500ml  
or Bars 3-4pk  
or Ben & Jerry's  
500ml

**4<sup>99</sup>**  
each



Riviera  
Frozen  
Meat Lasagna

**8<sup>99</sup>**  
2x4lb



Wong Wing  
Frozen  
Oriental Appetizers

**9<sup>99</sup>**  
852g





**Deli**

**Country Kitchen**



Cuddy  
Oven Roasted  
Turkey Breast  
Freshly Sliced  
At the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Mastro  
Prosciutto Cotto  
Freshly Sliced  
at the Deli

**4<sup>49</sup>**  
/lb  
9.90/kg



Imported from Norway  
Jarlsberg Cheese  
Regular or Light  
Freshly Cut at the Deli

**10<sup>99</sup>**  
/lb  
24.23/kg



Santa Lucia  
Bocconcini  
At the Deli

**6<sup>99</sup>**  
/lb  
15.41/kg



Santa Lucia  
Harvest Cheese  
Collection

**9<sup>99</sup>**  
454g



Grab & Go  
Deli Trays  
Assorted Varieties  
Serves 8-10

**39<sup>99</sup>**  
each



Fontaine Sante  
Humm! Hummus  
Cocktail  
Assorted Varieties

**2<sup>99</sup>**  
227g



Alexis De Portneuf  
Double-Crème Brie  
At the Deli

**9<sup>99</sup>**  
/lb  
22.02/kg



Tre Stelle  
Mozzarella  
Cheese

**4<sup>49</sup>**  
340g



Tre Stelle  
Ricotta Cheese  
Regular or Light

**3<sup>99</sup>**  
475g



Salads Tossed Fresh Daily

Grilled Chicken  
Caesar,  
Greek Orzo & Feta,  
Deluxe Bean or  
Multigrain Salads

**SAVE MORE!**

**1<sup>99</sup>**  
/100g

# Meat

# Poultry

Canada AAA

AGED  
21  
DAYS



**Fresh Beef**  
**Boneless Outside Round Roast**  
Product of Canada

SAVE MORE!

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh Ontario  
Pork Back Ribs

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh Ontario  
Boneless  
Chicken Breast  
Cutlets

**7<sup>99</sup>**  
/lb  
17.61/kg



Fresh Ontario  
Lamb Shoulder

**7<sup>99</sup>**  
/lb  
17.61/kg



Fresh Ontario  
Lamb Shoulder  
Chops

**8<sup>99</sup>**  
/lb  
19.82/kg



Springer's  
Whole Smoked  
Bone-In Pork  
Picnic Shoulder

**1<sup>99</sup>**  
/lb  
4.39/kg



Maple Leaf  
Country Kitchen  
Smoked Ham  
Regular or  
Honey Maple

**8<sup>99</sup>**  
800g



Johnsonville  
Breakfast  
Pork Sausages  
Selected Varieties

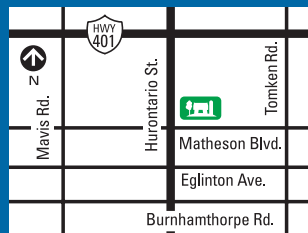
**3<sup>99</sup>**  
375g



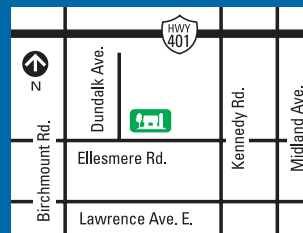
Schneiders  
Bacon  
Regular, Thick or  
Less Salt

**4<sup>99</sup>**  
375g

**Visit our  
2 grand  
locations.  
Open 7 days  
a week.**



50 MATHESON BLVD. EAST,  
AT HURONTARIO ST.  
905.501.9910



850 ELLESMERE RD.  
AT KENNEDY RD.  
416.298.1999

**Store Hours:**

Monday – Saturday:  
7:00a.m. till 10:00p.m.  
Sunday:  
8:00a.m. till 8:00p.m.

**Fresh Savings Effective:**

Sunday, December 27 to  
Thursday, December 31, 2015



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