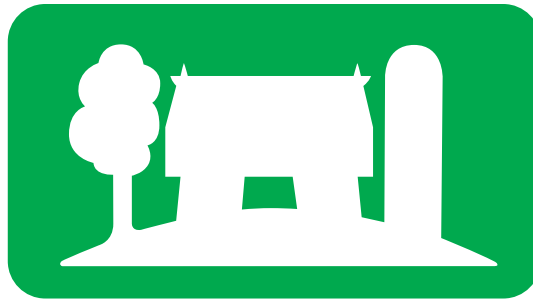


Fresh savings effective
Friday, December 2 to
Thursday, December 8, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS

—  **START FRESH** —

Serve Up
Holiday Cheer
Check out our merry recipes at
highlandfarms.ca

Canada **AAA**

**AGED
21
DAYS**



Fresh Beef
Boneless Outside Round Roast
Product of Canada

SAVE MORE!

3⁹⁹
/lb
8.80/kg



Clementines
Product of Morocco



SAVE MORE!

4⁹⁹
2.3kg



Oasis Premium Juice,
Blends or Smoothies
or Alphonso or Aljuice
Premium Juice
Selected Varieties

2⁴⁹
1.65-1.75L



Kellogg's Cereal
Corn Flakes 680g,
Raisin Bran 425g or
All-Bran Bran Flakes 670g

2⁹⁹
each



Tide
Laundry Detergent Liquid
2.72-2.95L

10⁹⁹
each

Produce



Red
Seedless Grapes
Product of U.S.A.
No. 1 Grade

1.99
/lb
4.39/kg



Broccoli
Product of U.S.A.

99¢
bunch



Ontario Homegrown
Bosc Pears
Fancy Grade

1.49
/lb
3.28/kg



Blueberries
Product of Chile
No. 1 Grade

3.99
1 pint



Head Lettuce
Product of U.S.A.
No. 1 Grade

1.29
each



Grape Tomatoes
Product of U.S.A.

2/4.00
pint



Hachiya
Persimmons
Product of U.S.A.

99¢
each



Cantaloupes
Product of
Guatemala
No. 1 Grade
Jumbo Size

2.99
each



Spinach
Product of U.S.A.

1.29
bunch



Eggplant
Product of U.S.A.

1.49
/lb
3.28/kg



Royal Gala Apples
Product of U.S.A.
Extra Fancy Grade

2.49
/lb
5.49/kg



Green Cabbage
Product of U.S.A.
No. 1 Grade

1.49
/lb
3.28/kg



Classic
Organic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

5.99
454g



Floral

Poinsettia
Product of Ontario

5.99
6 inch
pot

Bakery

Dairy



Dempster's
Sliced Bread
Whole Grains
Selected Varieties

2/5⁰⁰
600g



Two-Bite
Tarts
Selected Varieties

3⁹⁹
340-380g



Stonemill
Bakehouse
Organic
Live Sprouts Bread
Selected Varieties

3⁹⁹
550g



La Rocca
Fresh 8" Greatest Hits
Anniversary Cake

SAVE MORE!

21⁹⁹
each



Natre
Fine-Filtered Milk
2%, 1% or Skim
Homogenized 4L
\$5.99

4⁹⁹
4L



Natre
Cafe
Assorted Varieties

1⁹⁹
425ml



Natre
Hershey's
Milk Shakes
Assorted Varieties

1⁴⁹
350ml



Beatrice
Premium Egg Nog

1⁹⁹
1L



The Laughing Cow
Processed Cheese
Selected Varieties

2⁹⁹
133g



Burnbrae Farms
Eggs
Large Brown or
Super Bon-ee
Extra Large

2⁷⁹
each



Astro KiX
Drinkable Yogourt
Assorted Varieties

69¢
200ml



Yoplait Yogourt
Source 16x100g,
Yoptimal 12x100g or
Source Greek 8x100g
Assorted Varieties

4⁹⁹
each

Brands You Love



Christie
Cookies
Selected Varieties

2/5⁰⁰
300g



Green Giant
Vegetables
341-398ml or
Primo Soup 540ml
Selected Varieties

4/5⁰⁰



Fiji
Natural
Spring Water
Case of 12x1.5L
\$24.99

2/5⁰⁰
1.5L



Lantic Sugar
Natural Granulated
White 2kg, Icing,
Brilliant Yellow, Old
Fashioned Brown 1kg

1⁹⁹
each



Five Roses or
Robin Hood
All Purpose Flour
Selected Varieties

4⁴⁹
1.8-2.5kg



NEW!

Maple House
Pure Maple Syrup

4⁹⁹
250ml



Sardo
Black Olives
Assorted Varieties

99¢
398ml

Bush's Best
Baked Beans 398ml or
Clover Leaf Flavoured
Light Tuna 85g
Selected Varieties

3/4⁰⁰



Club House
Gravies
Selected Varieties

3/4⁰⁰
21-45g



Twinnings
Tea
Assorted Varieties

3⁹⁹
pkg of 20



Success
Mushrooms
Pieces and Stems

89¢
284ml



Martelli
San Marzano
Tomatoes
Imported from Italy

3⁹⁹
796ml



Elite
Rusks
Wheat or
Whole Wheat

99¢
180-250g



Lighthouse
Salad Dressing
Assorted Varieties

3⁴⁹
355-384ml

Everyday Essentials

BONUS
PACK



Festa
Classico Pandoro

7⁹⁹
908g



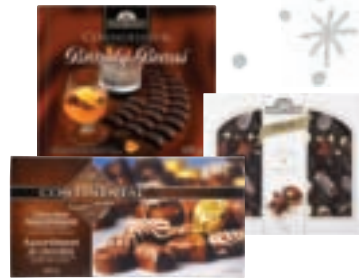
Continental
Imported European
Belgian Chocolate
Biscuit Collection

11⁹⁹
750g



Ferrero Rocher
Chocolates
30's

10⁹⁹
375g



Connoisseur Brandy Beans,
Continental Chocolate
Assortment 400g or
Waterbridge Belgian
Chocolate Seashells 250g

4⁴⁹
each



Kleenex
Multipack
Facial Tissue

5⁹⁷
3x160 +
1 FREE box



Nestea Iced Tea,
Five Alive or
Fruitiona
Fruit Beverages

4⁹⁹
12x341ml



Larabar
Energy Bars
Assorted Varieties

2/3⁰⁰
45-48g



Jamieson
Vitamin C
Chewables 100's,
Selected Varieties
or Vitamin D 240's

5⁹⁹
each



Clorox
Disinfecting Wipes

1⁹⁹
pkg of
30-35



S.O.S.
Steel Wool
Soap Pads

99¢
pkg of 10



Mary's
Organic Crackers
184g or Organic
Pretzels 212g
Selected Varieties

5⁴⁹
each



Bob's Red Mill
Ground
Almond Meal/Flour

14⁹⁹
453g



Whiskas
Temptations
Cat Treats
Assorted Varieties

2/6⁰⁰
180g



Windex Glass Cleaner
765ml, Scrubbing Bubbles
Bathroom Cleaner 950ml
or Fantastik All-Purpose
Cleaner 650ml

3⁹⁹
each

Seafood

Frozen Foods



Wild



Fresh
Wild Haddock
Fillets

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Wild



Fresh
Wild Pacific
Snapper Fillets

7⁹⁹
/lb
17.61/kg



Fresh
Whole Dressed
European
Sea Bass

7⁹⁹
/lb
17.61/kg



Ocean Prime
Frozen Basa
Fillets

9⁹⁹
1.13kg



Ocean Prime
Frozen Mussel
Meat

8⁹⁹
862g



Janes
Pub Style Chicken
Fries, Nuggets,
Strips or Burgers

7⁹⁹
800g



McCain
Frozen Superfries
Selected Varieties

2⁹⁹
650-750g



7 Days Bake It
Frozen Puff Pastry

4⁴⁹
850g



Häagen-Dazs
Ice Cream 500ml
tub or Bars 3-4pk
Assorted Varieties

4⁹⁹
each



Chapman's
Original
Ice Cream
Assorted Varieties

2⁹⁹
2L



Piller's
Black Forest Ham
Freshly Sliced
at the Deli

4⁴⁹
/lb
9.90/kg

Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Santa Lucia
Havarti Cheese
Freshly Sliced
at the Deli

6⁹⁹
/lb
15.41/kg



Santa Lucia
Swiss Cheese
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg

Deli Country Kitchen



Lilydale
Oven Roasted Turkey Breast
Freshly Sliced at the Deli

SAVE MORE!

9⁹⁹
/lb
22.02/kg



Castello
Blue Cheese
Traditional or
Extra Creamy

3⁹⁹
125g



Tre Stelle
Cheese Slices
Assorted Varieties

3⁴⁹
145-175g



Tre Stelle
Mozzarella Cheese

4⁴⁹
340g



Agropur
Oka
L'Artisan Cheese
Freshly Cut
at the Deli

9⁹⁹
/lb
22.02/kg



San Daniele
Sliced
Classic Mortadella

99¢
100g



Piller's
Polish Sausage

4⁹⁹
375g



Grilled
Lemon Herb
Chicken Breast

2⁸⁹
/100g



Thai
Chicken Mango
or Thai Noodle
Salad

1⁸⁹
/100g

Meat

Poultry



**100% Canadian.
Freshly Ground.
Every day.**

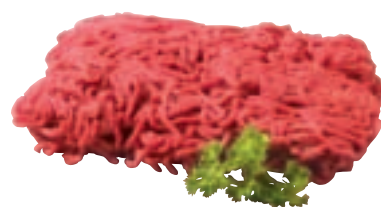
Canada AAA



**Fresh Ontario
Picnic Pork Shoulder Roast**
Minced \$1.69lb/\$3.73kg

SAVE MORE!

149
/lb
3.28/kg



**Fresh
Lean Ground Beef**

399
/lb
8.80/kg



**Fresh
Outside Round
Beef Cutlets**
Product of Canada

599
/lb
13.21/kg



**Fresh Bone-in
Beef Shank**
Cut from Canada AA
Grade Beef or Higher
Product of Canada

599
/lb
13.21/kg



**Fresh Beef
Boneless
Blade Steak**
Product of Canada

599
/lb
13.21/kg

Canada AAA

**AGED
21
DAYS**



**Maple Leaf
Prime Naturally
Fresh
Whole Chicken**

299
/lb
6.59/kg



**Maple Leaf
Prime Naturally
Fresh
Boneless Skinless
Chicken Breasts**

699
/lb
15.41/kg



**Maple Leaf
Prime Naturally
Fresh
Chicken
Drumsticks**

399
/lb
8.80/kg



**Maple Leaf
Prime Naturally
Extra Lean Ground
Chicken or Turkey**

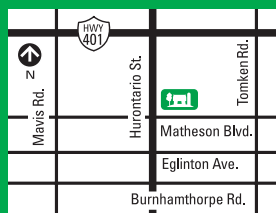
599
454g



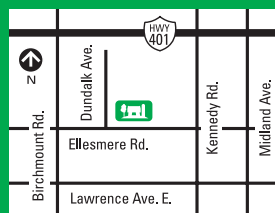
We sell only Canadian Beef



**Visit our
2 locations.
Open 7 days
a week.**



**50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910**



**850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999**

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, December 2 to
Thursday, December 8, 2016



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