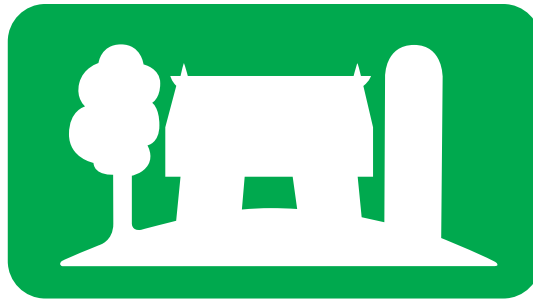


**Fresh savings effective**  
Thursday, February 23 to  
Wednesday, March 1, 2017

Sign-up for your E-flyer  
today at [highlandfarms.ca](http://highlandfarms.ca)



**Visit our website**  
Check out [highlandfarms.ca](http://highlandfarms.ca)  
for more tasty goodness.

# HIGHLAND FARMS

—  **START FRESH** —



Canada **AAA**

**AGED  
21  
DAYS**

Fresh Beef  
Sirloin Tip Roast  
Product of Canada

**SAVE MORE!**

**4<sup>99</sup>**  
/lb  
11.00/kg



Fresh  
Broccoli  
Product of U.S.A.

**SAVE MORE!**

**1<sup>49</sup>**  
bunch



Ice River Springs  
Natural Spring Water

**1<sup>99</sup>**  
24x500ml



Unico  
Tomatoes 796ml or  
Beans 540ml  
Selected Varieties

**97¢**  
each



Burnbrae Farms  
Eggs  
Large Brown or  
Super Bon-ee Extra Large

**2<sup>99</sup>**  
dozen

# Produce



Fresh  
Seedless Grapes  
Green or Red  
Product of Chile  
No. 1 Grade

**2<sup>99</sup>**  
/lb  
6.59/kg



Asparagus  
Product of Mexico  
No. 1 Grade

**2<sup>99</sup>**  
/lb  
6.59/kg



Ataulfo Mangos  
Product of Mexico

**99¢**  
each



Kiwifruit  
Product of Italy

**1<sup>49</sup>**  
/lb  
3.28/kg



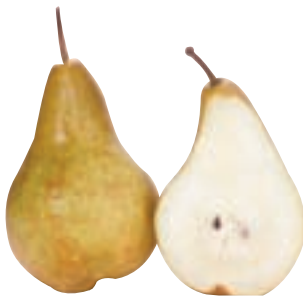
Ontario Homegrown  
Greenhouse  
Seedless  
Cucumbers  
No. 1 Grade

**1<sup>49</sup>**  
each



Dole  
Salad  
Blends or Kits  
Selected Varieties  
Product of U.S.A.

**2<sup>99</sup>**  
142-340g



Bosc Pears  
Product of U.S.A.  
Extra Fancy Grade

**1<sup>49</sup>**  
/lb  
3.28/kg



Seedless  
Minneola Tangelos  
Product of U.S.A.

**1<sup>49</sup>**  
/lb  
3.28/kg



Zucchini  
Product of Mexico

**99¢**  
/lb  
2.18/kg



Roma Tomatoes  
Product of Mexico  
No. 1 Grade

**99¢**  
/lb  
2.18/kg



Royal Gala Apples  
Product of U.S.A.  
Extra Fancy Grade

**2<sup>49</sup>**  
/lb  
5.49/kg



Kale  
Green, Red or  
Black  
Product of U.S.A.

**2/5<sup>00</sup>**



Carrots  
Product of U.S.A.  
No. 1 Grade

**2<sup>99</sup>**  
2lb  
cello bag



Tulips or  
Hyacinths  
Product of Ontario  
Assorted Colours

**4<sup>99</sup>**  
6" pot



# Bakery

# Dairy



Wonder  
Classic or +Fibre  
Sliced Bread  
White or 100%  
Whole Wheat

**1.99**  
675g



**SAVE MORE!**

**16.99**  
each



Rudolph's Bakeries  
Bavian Multigrain  
or Farmers  
Rye Bread

**2.49**  
454-500g

Highland Farms  
Country Kitchen  
Store-Baked  
Cookies  
Assorted Varieties

**2.99**  
pkg of 12

La Rocca  
Fresh 6" Carrot Cake



Elite Dairy  
Organic Yogurt  
750g, Kefir 1L  
or Sour Cream  
500g

**2.99**  
each



Oasis Hydra  
Fruit Beverage or  
Simply Orange  
Juice or Lemonade  
Selected Varieties

**2.99**  
1.65-1.75L



Black Diamond  
CheeStrings  
Assorted Varieties

**2.99**  
168g



Western  
Pressed Dry  
Cottage Cheese  
Salted or Unsalted

**4.99**  
500g



Highland Farms  
Country Kitchen  
Butter  
Salted or Unsalted

**4.29**  
454g



I Can't Believe  
It's Not Butter!  
Regular & Light

**1.49**  
454g

# Brands You Love



Nescafé Rich or  
Taster's Choice Instant Coffee  
Assorted Varieties

SAVE MORE!

**4<sup>99</sup>**  
100-170g



Allen's  
Fruit Juice &  
Cocktails  
Assorted Varieties

**2<sup>49</sup>**  
8x200ml



Maple House  
Pure Maple Syrup  
Dark

**4<sup>99</sup>**  
250ml



Nestlé  
Carnation  
Hot Chocolate  
Selected Varieties

**4<sup>99</sup>**  
500g



Nutella  
Chocolate  
Hazelnut Spread

**5<sup>49</sup>**  
725g



Martelli  
Premium Peach or  
Pear Halves

**2<sup>99</sup>**  
580ml



S&F  
Red Sour  
Pitted Cherries  
in Light Syrup

**2<sup>99</sup>**  
796ml



Baxters  
Soup  
Assorted Varieties

**2<sup>49</sup>**  
540ml



Clover Leaf  
Solid White  
Albacore Tuna  
Selected Varieties

**2<sup>99</sup>**  
170g



Gloria  
Baby Dill Pickles

**1<sup>99</sup>**  
1L



Primo Pasta  
Regular  
Assorted Cuts

**1<sup>49</sup>**  
900g



# Everyday Essentials



Sponge Towels  
Ultra  
Paper Towels 6's  
or Scotties  
Facial Tissue 6pk

**5<sup>99</sup>**  
each



Cashmere Bathroom Tissue  
Double Rolls  
Ultra or Ultra Luxe

**SAVE MORE!**

**11<sup>99</sup>**  
pkg of 24  
double rolls



Fresh Gourmet  
The Better Chip  
Assorted Varieties

**3<sup>69</sup>**  
170g



Gerber  
Graduates Puffs  
or Lil' Crunchies  
Assorted Varieties

**2/5<sup>00</sup>**  
42g



UFC  
Refresh 100%  
Coconut Water

**2<sup>99</sup>**  
1L



Clorox  
Liquid Bleach

**2<sup>99</sup>**  
3.57L



Scrub Free  
Bathroom Cleaner  
Selected Varieties

**2<sup>99</sup>**  
950ml



Nutiva  
Organic  
Coconut Oil

**9<sup>99</sup>**  
445ml



Le Veneziane  
100% Corn Pasta  
Gluten Free,  
Regular Cuts

**2<sup>49</sup>**  
250g



Persil  
Laundry Detergent

**19<sup>99</sup>**  
4.12kg



Arm & Hammer  
Cat Litter  
Assorted Varieties

**5<sup>99</sup>**  
6.4kg



## Seafood

## Frozen Foods



Fresh  
Rainbow Trout Fillets

SAVE MORE!

**8<sup>99</sup>**  
/lb  
19.82/kg



Wild



Fresh  
Wild Pacific  
Snapper Fillets

**7<sup>99</sup>**  
/lb  
17.61/kg



Fresh  
Whole Dressed  
Whiting  
(Merluzzo)

**3<sup>99</sup>**  
/lb  
8.80/kg



High Liner Marinated  
Mesquite Salmon,  
Lime Chili Tilapia or  
Roasted Garlic Haddock  
Frozen

**8<sup>99</sup>**  
454g



Schneiders  
Chicken Nuggets,  
Strips or Burgers  
Frozen

**7<sup>99</sup>**  
840g



Delissio  
Thin Crispy Crust  
or Rustico  
Frozen Pizza  
Selected Varieties

**3<sup>99</sup>**  
340-630g



Riviera  
Frozen  
Meat Lasagna  
pkg of 2x1.81kg

**8<sup>99</sup>**  
3.62kg



Minute Maid  
Frozen Lemonade,  
Nestea, Five Alive  
or Fruitopia

**99¢**  
295ml



Chapman's  
Sorbet 2L or  
Super Novelties  
8-18 pk  
Selected Varieties

**3<sup>99</sup>**  
each

## Deli

## Country Kitchen



Piller's Salami  
Hungarian, German  
or Pepperseed  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Bittner's  
Oven Roasted  
Turkey Breast  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Piller's  
Black Forest Ham  
Freshly Sliced at the Deli

**SAVE MORE!**

**4<sup>49</sup>**  
/lb  
9.90/kg



Agropur  
Havarti Cheese  
Regular  
Freshly Sliced  
at the Deli

**6<sup>99</sup>**  
/lb  
15.41/kg



Tre Stelle  
Provolone Cheese  
Regular or Light  
Freshly Sliced  
at the Deli

**8<sup>99</sup>**  
/lb  
19.82/kg



Tre Stelle  
Mozzarella Cheese

**4<sup>99</sup>**  
340g



Tre Stelle  
Ricotta Cheese  
Regular or Light

**4<sup>49</sup>**  
475g



Silani  
Mascarpone  
Cheese

**7<sup>99</sup>**  
475g



Silani  
Grated  
Parmesan Cheese

**6<sup>99</sup>**  
300g



Maple Leaf  
Country Kitchen  
Smoked Ham  
Regular or  
Honey Maple

**8<sup>99</sup>**  
800g



Schneiders  
Bologna  
Blue Ribbon,  
Dutch Treet or  
Extra Thick

**4<sup>99</sup>**  
500g



Heat and Serve  
Focaccia Pepper Medley,  
Potato & Rosemary or  
Tomato, Feta & Olives  
Min. Weight 950g-1.1kg

**11<sup>99</sup>**  
each



# Meat

# Poultry



**100% Canadian.  
Freshly Ground.**  
Every day.

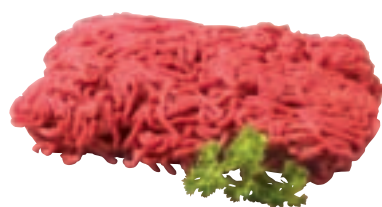
**Canada AAA**



**Fresh Ontario  
Pork Back Ribs**

**SAVE MORE!**

**3<sup>99</sup>**  
/lb  
8.80/kg



**Fresh  
Extra Lean  
Ground Sirloin  
Beef**

**4<sup>99</sup>**  
/lb  
11.00/kg



**Fresh Beef  
Sirloin Tip Cutlets  
Product of Canada**

**6<sup>99</sup>**  
/lb  
15.41/kg



**Fresh  
Bone-in Beef Shank  
Cut from Canada AA  
Grade Beef or Higher  
Product of Canada**

**5<sup>99</sup>**  
/lb  
13.21/kg



**Fresh Beef  
Chuck Short Ribs  
Cut from Canada AA  
Grade Beef or Higher  
Product of Canada**

**7<sup>99</sup>**  
/lb  
17.61/kg



**Maple Leaf  
Prime Naturally  
Fresh  
Boneless Skinless  
Chicken Breasts**

**6<sup>99</sup>**  
/lb  
15.41/kg



**Maple Leaf  
Prime Naturally  
Fresh  
Chicken  
Drumsticks**

**4<sup>49</sup>**  
/lb  
9.90/kg



**Maple Leaf  
Prime Naturally  
Extra Lean Ground  
Chicken or Turkey**

**5<sup>99</sup>**  
454g



**Maple Leaf  
Prime Naturally  
Fresh  
Whole Chicken**

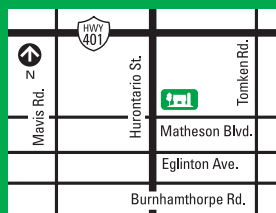
**2<sup>99</sup>**  
/lb  
6.59/kg



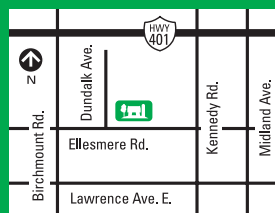
**We sell only Canadian Beef**



**Visit our  
2 locations.  
Open 7 days  
a week.**



**50 MATHESON BLVD. EAST,  
AT HURONTARIO ST. 905.501.9910**



**850 ELLESMERE RD.  
AT KENNEDY RD. 416.298.1999**

## Store Hours:

**Monday – Saturday:**  
7:00a.m. till 10:00p.m.  
**Sunday:** 8:00a.m. till 8:00p.m.

## Fresh Savings Effective:

**Thursday, February 23 to  
Wednesday, March 1, 2017**



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