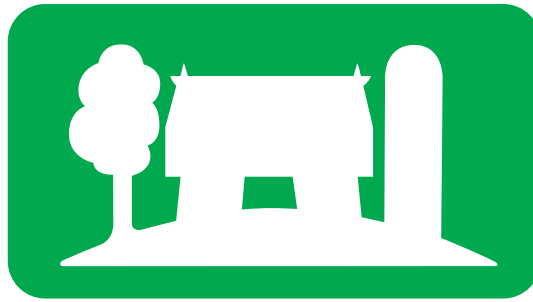


Fresh savings effective
Friday, May 27 to
Thursday, June 2, 2016

Sign-up for your E-flyer
today at highlandfarms.ca



Check out
our website
Visit highlandfarms.ca for a
new and delicious experience!

HIGHLAND FARMS



START FRESH



Bring home
the Sizzle



Canada **AAA**

AGED
21
DAYS

SAVE MORE!

8⁹⁹
/lb
19.82/kg

Fresh Beef
Boneless Top Sirloin Steaks
Product of Canada



SAVE MORE!

2⁹⁹
/lb
6.59/kg

Fresh Seedless Grapes
Red, Green or Black
Product of Mexico
No. 1 Grade



Unico
Solid Light Tuna
in Vegetable Oil

69[¢]
99g



Nature Valley
Granola Bars 130-230g or
Betty Crocker
Snacks 120-226g
Selected Varieties

1⁹⁹
each



Burnbrae Farms
Eggs
Large Brown or
Super Bon-ee Extra Large

2⁷⁹
dozen

Produce



Blackberries
or Raspberries
Product of
U.S.A. or Mexico

2/4⁰⁰
170g



Ontario Homegrown
Greenhouse Grown
Tomatoes
No. 1 Grade

99¢
/lb
2.18/kg



Ataulfo Mangos
Product of Mexico

99¢
each



Extra Sweet
Pineapples
Product of
Costa Rica

2⁹⁹
each



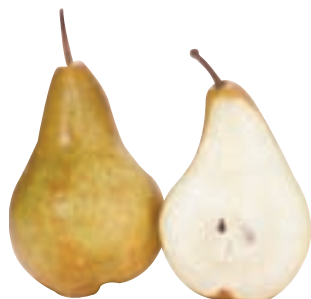
Ontario Homegrown
Greenhouse Grown
Seedless Cucumbers
No. 1 Grade

99¢
each



Dole Salad
Blends or Kits
Selected Varieties
Product of U.S.A.

2⁹⁹
142-340g



Bosc Pears
Product of
Argentina
Extra Fancy Grade

1⁴⁹
/lb
3.28/kg



Canary Melons
Product of Brazil

3⁹⁹
each



Zucchini
Product of Mexico

99¢
/lb
2.18/kg



Sweet
Green Bell Peppers
Product of U.S.A.
No. 1 Grade

1⁴⁹
/lb
3.28/kg



Strawberries
Product of U.S.A.
No. 1 Grade

3⁹⁹
1lb
tray



Broccoli
Product of U.S.A.

2⁴⁹
bunch



Kale
Green, Red or
Black
Product of U.S.A.

2⁴⁹
bunch



Grab & Go
Floral Bouquet
with Vase

19⁹⁹
each

Bakery

Dairy

2/\$6



Buy 1 Villaggio® Bread 600-675g
and 1 Nutella® 375g for only \$6!



Oakrun Farm
English Muffins
or Crumpets

3/5⁰⁰
284-340g

Store-Baked
Cookies
Assorted Varieties

2⁹⁹
pkg of 12

La Rocca
Fresh 8" White Chocolate
Raspberry Cake

SAVE MORE!

22⁹⁹
each



Simply
Lemonade or
Limeade

3⁴⁹
1.75L



Imperial
Margarine

1²⁹
454g



Olympic
Krema Yogourt
Assorted Varieties

2⁹⁹
500g



Krinos
Greek Yogurt
Assorted Varieties

2/5⁰⁰
500g



Natrel
Lactose Free Milk
2%, 1% or Skim

7⁹⁹
4L



Earth's Own
Almond Fresh or
Cashew Fresh
Beverages
Assorted Varieties

2/6⁹⁹
1.89L



Allegro
4% Cheese
White or Coloured
Pro-Biotic 4% Cheese
300g \$5.99

5⁴⁹
270g



iögo
Probio Lactose Free
Yogurt

4⁹⁹
12x100g

Brands You Love



Unico
Red Kidney Beans or
Chick Peas

SAVE MORE!

99¢
796ml



Primo Pasta
Regular
Assorted Cuts

1.49
900g



Primo
Thick & Zesty
Pasta Sauce or
Tomato Sauce
Assorted Varieties

4/5.00
680ml



PurOliva
Blended Oil or
Sardo
Canola Oil

4.99
1.89L



Divella
Biscuits
Assorted Varieties

2.49
300-400g



Excelsior
Espresso Coffee

2/4.00
250g



Oasis
100% Juice Blends
Classic, FruitZoo
or Hydra Fruit
Assorted Varieties

1.99
8x200ml



Loux
Orange or Lemon
Juice Drinks

2.49
1.5L



Yoga
Fruit Nectar
Apricot, Peach
or Pear

3/5.00
3x200ml



Hunt's
Snack Pack
Pudding & Gels
Assorted Varieties

99¢
4x99g



Old Dutch
Restaurant
Tortilla Chips
Assorted Varieties

2/6.00
276-384g

Everyday Essentials



Kellogg's Family Size Cereal
Froot Loops, Frosted Flakes,
Corn Pops, Rice Krispies,
Kraze, Special K,
Raisin Bran or Mini-Wheats

4.99
515-755g



Arm & Hammer
2x Laundry Detergent

SAVE MORE!

3.99
1.84-2.03L



Newman's Own
Salad Dressing
Assorted Varieties

2/5.00
350ml



Tony Roma's
Barbecue Sauce
Assorted Varieties

3.99
525ml



Green Giant
Vegetables
Selected Varieties

99¢
341-398ml



Pure Leaf Iced Tea 547ml or
Starbucks Refreshers, Iced
Coffee & Frappuccino 325-444ml,
O.N.E. Coconut Water 500ml or
Ocean Spray Pact 473ml

2/4.00



Fiji
Natural Spring Water
Case of 12x1.5L \$24.99
or Case of 6x330ml \$4.99

2/5.00
1.5L



Rogers
Five Grain Granola
Assorted Varieties

3.99
700-750g



Enjoy Life
Chewy Bars
Assorted Varieties

4.99
141g



Skinny Pop
Popcorn

3.49
125g



Quaker
Crispy Minis
Rice Cakes
Assorted Varieties

3/5.00
100-186g

Seafood

Frozen Foods



Fresh
Whole Dressed Rainbow Trout

SAVE MORE!

6⁹⁹
/lb
15.41/kg



Wild



Fresh
Wild Sea Smelts

7⁹⁹
/lb
17.61/kg



Wild



Fresh
Wild Pacific
Snapper Fillets

8⁹⁹
/lb
19.82/kg



Ocean Prime
Frozen Basa
Fillets

9⁹⁹
1.13kg



Ocean Prime
Frozen Pollock
Fillets

8⁹⁹
1.13kg



NEW!

Maple Leaf
Prime Naturals
Burgers
Chicken or Turkey

7⁹⁹
680g



Pillsbury Pizza Pops
& Pizza Minis
370-400g or
Toaster Strudel 326g
Assorted Varieties

2/5⁰⁰



U-Be-Livin-Smart
Karmaffin
Nutrient Dense
Muffins
Assorted Varieties

4⁹⁹
312g



NEW!

Bibigo
Steamed Dumplings
Chicken & Vegetable
or Pork & Vegetable
Mini Wontons 368g \$6.99

4⁴⁹
170g



VH or
Healthy Choice
Steamers
Frozen Entrées
Assorted Varieties

3/10⁰⁰
283-306g



7 Days Bake It
Filo Rollini or
Filo Twist

5⁹⁹
1kg

Deli

Country Kitchen



Mastro
Prosciutto Cotto
Freshly Sliced
at the Deli

4⁴⁹
/lb
9.90/kg



Brandt Premium
Oven Roasted
Chicken Breast
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Santa Lucia
Provolone Cheese
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Santa Lucia
Havarti Cheese
Freshly Sliced
at the Deli

7⁹⁹
/lb
17.61/kg



Lilydale
Oven Roasted Turkey Breast
Freshly Sliced at the Deli

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Anco
Double Crème
Brie Cheese

9⁹⁹
450g



Agropur
Grand Cheddar
Aged for 1, 2 or
3 Years

6⁹⁹
200g



Saputo
Bocconcini
Regular, Mini or
Cocktail

3⁶⁹
200g



Saputo
Poutine Cheese
Curds

3⁴⁹
200g



Mastro
Baby Genoa Salami
Mild or Hot

5⁹⁹
600g



Fletcher's
Naturally Smoked
Bacon

3⁹⁹
500g



Veal or Chicken
Cutlet with
Tomato Sauce on
a Panuozzo Bun
2 Toppings Included

6⁹⁹
each

Family Size
Fresh Greek Salad
Min. Weight 700g

9⁹⁹
each

Meat

Poultry



Bring home
the Sizzle



Fresh Ontario
Store-Made Pork Sausages
Hot or Mild
Assorted Varieties

SAVE MORE!

3⁹⁹
/lb
8.80/kg

100% Canadian.
Freshly Ground.
Every day.



Fresh
Extra Lean
Ground Sirloin
Beef

5⁹⁹
/lb
13.21/kg



Fresh Beef
Boneless
Top Sirloin
Medallion Steaks
Product of Canada

11⁹⁹
/lb
26.43/kg

Canada AAA

AGED
21
DAYS



Fresh Ontario
Boneless
Pork Sirloin Chops

2⁹⁹
/lb
6.59/kg



GREAT FOR
SOUVLAKI



Fresh Ontario
Boneless
Pork Sirloin Cubes

3⁴⁹
/lb
7.69/kg



Fresh, Organic
Whole Chickens
Grade A

4⁹⁹
/lb
11.00/kg



Fresh, Organic
Boneless &
Skinless
Chicken Breast

12⁹⁹
/lb
28.64/kg



Fresh, Organic
Ground Chicken

10⁹⁹
/lb
24.23/kg



Fresh, Organic
Chicken Thighs
Bone-in

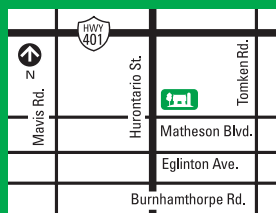
5⁹⁹
/lb
13.21/kg



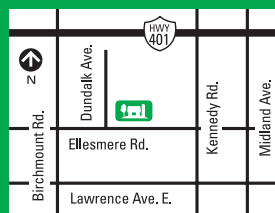
We sell only Canadian Beef



Visit our
2 locations.
Open 7 days
a week.



50 MATHESON BLVD. EAST,
AT HURONTARIO ST. 905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD. 416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:
Friday, May 27 to
Thursday, June 2, 2016



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