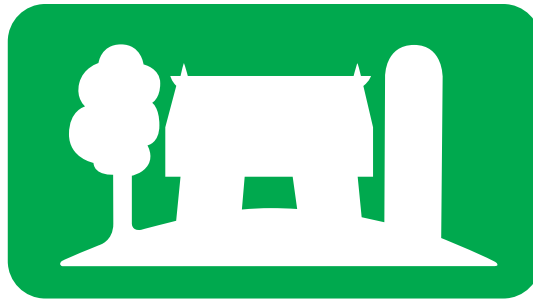


Fresh savings effective
Thursday, March 2 to
Wednesday, March 8, 2017

Sign-up for your E-flyer
today at highlandfarms.ca



HIGHLAND FARMS

—  **START FRESH** —

**Start fresh
on Thursdays!**
Flyers now in effect
Thursday to Wednesday



Fresh Ontario
Pork Rib or Sirloin Chops

SAVE MORE!

2⁴⁹
/lb
5.49/kg



Ontario Homegrown
Greenhouse Tomatoes on the Vine
No. 1 Grade

SAVE MORE!

1⁴⁹
/lb
3.28/kg



Mastro
Extra Virgin Olive Oil

5⁹⁹
1L



La Molisana
Pasta
Assorted Regular Cuts

99¢
450g



Elite Dairy
Natural Yogurt
Assorted Varieties

1⁴⁹
750g

Produce

Driscoll's
Only the Finest Berries



Strawberries
Product of Mexico
No. 1 Grade

2⁹⁹
1lb
tray



Ontario Homegrown
Greenhouse
Seedless Cucumbers
No. 1 Grade

99¢
each



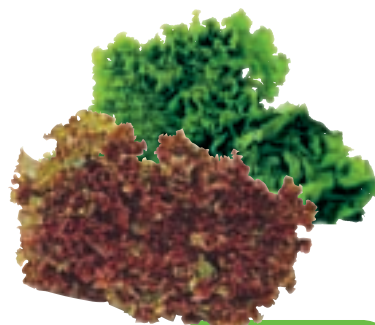
Bartlett Pears
Product of
Argentina
Extra Fancy Grade

1⁴⁹
/lb
3.28/kg



Avocados
Product of Mexico

2/3⁰⁰



Leaf Lettuce
Red or Green
Product of U.S.A.

1⁴⁹
each



Sweet
Red Peppers
Product of Mexico
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Seedless
Orri Clementines
Product of Israel

1⁹⁹
/lb
4.39/kg



Red Plums
Product of Chile
No. 1 Grade

1⁹⁹
/lb
4.39/kg



Spinach
Product of U.S.A.

1⁴⁹
bunch



Ontario Homegrown
Baking Potatoes
No. 1 Grade

2⁹⁹
10lb
poly bag



Red
Seedless Grapes
Product of Peru
No. 1 Grade

2⁹⁹
/lb
6.59/kg



Broccoli
Product of U.S.A.

1⁹⁹
bunch



Carrots
Product of U.S.A.

1⁹⁹
bunch



Premium
Jumbo Bouquets

18⁹⁹
each

Floral

Bakery

Dairy



Dempster's
Original Hot Dog or
Hamburger Buns
White &
Whole Wheat

2/5⁰⁰
pkg of 8



SAVE MORE!

21⁹⁹
each



The Bakeshop
Butter Tarts or
Lemon Tarts

2⁹⁹
500-540g

Highland Farms
Country Kitchen
Fresh, Baked In-Store
Strudel
Assorted Varieties

3⁹⁹
425g

Fresh
La Rocca 8" Cherry Cheesecake



1⁴⁹
350ml

Hershey's
Milkshakes

1⁹⁹
1L

Natrel Milk
Dark Chocolate, Milk Chocolate
or Caramel Latte

2⁴⁹
1L

Sealtest Cream
10%, 5% or Natrel
Lactose Free Coffee Cream



Yoplait Yop Drinkable
Yogourt 6x200ml,
Minigo 4x90g or Whole
Milk Yogurt 12x100g
Assorted Varieties

3⁹⁹
each



Minute Maid
Orange Juice,
Five Alive
Fruit Beverage or
Nestea Iced Tea

2⁴⁹
1.75L



Raccolti
Premium
Pizza Mozzarella
Shredded

7⁹⁹
700g



Lactantia
Cream Cheese
Assorted Varieties

2⁴⁹
227-250g



The Laughing Cow
Processed Cheese
Selected Varieties

2⁹⁹
133g

Brands You Love



Allen's
100% Pure Apple Juice

SAVE MORE!

99¢
1.05L



Clover Leaf
Wild Pacific
Pink Salmon
Regular, Low Sodium
or Skinless Boneless

2.49
150-213g



Rio Mare
Solid Light Tuna
in Water, Olive Oil
or with Chili

4.49
3x80g



Divella
Biscuits
Assorted Varieties

1.99
300-400g



Yoga
Fruit Nectar
Apricot, Peach or
Pear

3/5.00
3x200ml



Krakus
Biscuits
Assorted Varieties

99¢
135g



Profi
Village Pork Pate
Assorted Varieties

2/3.00
130g



Newman's Own
Salad Dressing
350ml, Salsa 415ml
or Pasta Sauce
412-645ml

2.99
each



Primo
Tomato Ketchup

1.99
1L



Unico
Tomato Paste

2/1.00
156ml



Primo
Soup
Assorted Varieties

3/4.00
540ml

Everyday Essentials



Fiji
Natural
Spring Water

5⁹⁹
6x500ml



Old Dutch Potato Chips 255g or
Double Dutch Ridgies 235g
Assorted Varieties

SAVE MORE!

3/8⁰⁰



Monterey
Pure White
Vinegar

1⁹⁹
4L



Mazola
100% Pure
Corn Oil

7⁸⁸
3.78L



Coke Soft Drinks
Mini Cans
Assorted Varieties

2/5⁰⁰
6x222ml



Perrier
Carbonated
Mineral Water
Selected Varieties

5⁹⁹
10x250ml



Mr. Clean
All Purpose
Cleaner
Assorted Varieties

2⁹⁹
1.2L



Earth's Best
Organic Baby Food
Assorted Varieties

4/5⁰⁰
128ml



Stash
Organic Tea
Selected Varieties

3⁷⁹
box of 18



Bob's Red Mill
Organic
Whole Grain Quinoa
Red or Tri-Colour

9⁹⁹
453g



Mott's Fruitsations
Apple Sauce
pkg of 6 or
Fruit Rockets
pkg of 4

2/5⁰⁰

Seafood

Frozen Foods



Wild



Fresh
Wild Whole Dressed
Red Snapper

SAVE MORE!

8⁹⁹
/lb
19.82/kg



Tuna Steaks
Previously Frozen

13⁹⁹
/lb
30.84/kg



Fresh, Organic
Atlantic Salmon
Fillets

14⁹⁹
/lb
33.05/kg



Janes
Pub Style
Fish Fillets

10⁹⁹
580g



Janes
Battered Fish Bites
or English Style
Fish

6⁹⁹
450g



Maple Leaf
Prime Naturally
Frozen Chicken
Nuggets, Strips
or Burgers

7⁹⁹
750g



McCain
Frozen Superfries
Selected Varieties

2⁹⁹
650-750g



Stouffer's &
Lean Cuisine
Frozen Entrées
Assorted Varieties

2/5⁰⁰
196-340g



Furlani
Texas Toast
Garlic or
Three Cheese

3/5⁰⁰
240-288g



Chapman's
No Sugar Added
Ice Cream 1L, Novelties
4-6pk or Frozen Yogurt 2L
Assorted Varieties

3⁹⁹
each

Deli

Country Kitchen



Brandt Roast Beef,
Corned Beef or
Pastrami
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Brandt Premium
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

9⁹⁹
/lb
22.02/kg



Santa Lucia
Bocconcini
At the Deli

7⁹⁹
/lb
17.61/kg



Santa Lucia
Friulano
Freshly Sliced
at the Deli

8⁹⁹
/lb
19.82/kg



Brandt
Black Forest Ham
Freshly Sliced at the Deli

SAVE MORE!

4⁹⁹
/lb
11.00/kg



Freybe
European Wieners

5⁹⁹
375g



Carl Buddig
Deli Meats
Assorted Varieties

99¢
55g



Silani
Provolone Cheese

12⁴⁹
850g



Silani
Cheese Slices
Assorted Varieties

2⁴⁹
100g



Schneiders
Bacon
Regular,
Extra Thick or
Less Salt

3⁹⁹
375g



Roasted
Barbeque Chicken
Min. Weight 800g

7⁹⁹
each

Family Size
Fresh Salad, Garden
Min. Weight 600g
or Caesar
Min. Weight 570g

6⁹⁹
each

Meat

Poultry

Canada AAA

AGED
21
DAYS

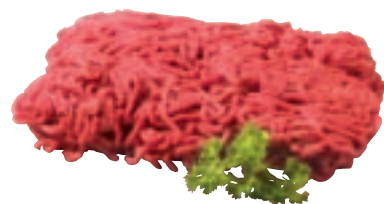
100% Canadian.
Freshly Ground.
Every day.



Fresh
Boneless Beef Blade Roast
Product of Canada

SAVE MORE!

5⁹⁹
/lb
13.21/kg



Fresh
Lean Ground Beef

4⁹⁹
/lb
11.00/kg



Fresh
Sliced Beef Liver

2⁴⁹
/lb
5.49/kg



North of 90
Turkey Breast
Scaloppine

8⁹⁹
/lb
19.82/kg



North of 90
Fresh Extra Lean
Ground Turkey
Product of Canada

4⁹⁹
/lb
11.00/kg



Fresh Ontario
Pork Loin
Centre Cut Chops

2⁹⁹
/lb
6.59/kg



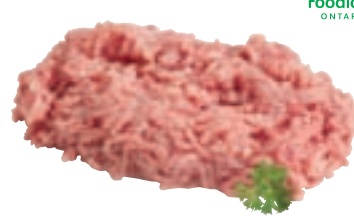
Fresh Ontario
Boneless Pork
Sirloin Roast

2⁹⁹
/lb
6.59/kg



Fresh Ontario
Boneless
Stewing Pork

3⁴⁹
/lb
7.69/kg



Fresh Ontario
Lean Ground Pork

3⁹⁹
/lb
8.80/kg



We sell only Canadian Beef



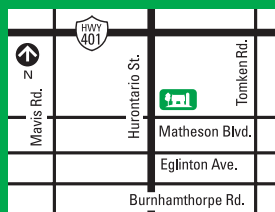
**Visit our 3 locations.
Open 7 days a week.**

Store Hours:

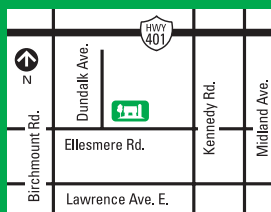
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

Fresh Savings Effective:

Thursday, March 2 to
Wednesday, March 8, 2017



50 MATHESON BLVD. E.
AT HURONTARIO ST.
905.501.9910



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999



9940 DUFFERIN ST.
AT MAJOR MACKENZIE DR. W.
905.832.4481

OPENING
SOON!



25 YEARS
OVER 1 MILLION
TREES PLANTED

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