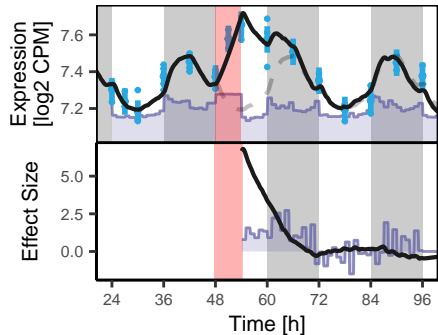


*Paqr8*



Recovery sleep duration:

