

Genes

Per2

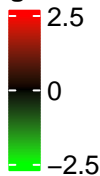
Nr1d1  
Bhlhe40  
Mfsd4a  
Npas2

Acot11

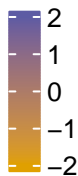
Srf  
Egr2  
Homer1

Paqr8

Gene recovery  
gain time [h]



$\log_{10}\zeta$



1 6 12 18 24 30 36 42

Recovery sleep amount

$\log_{10}\zeta$