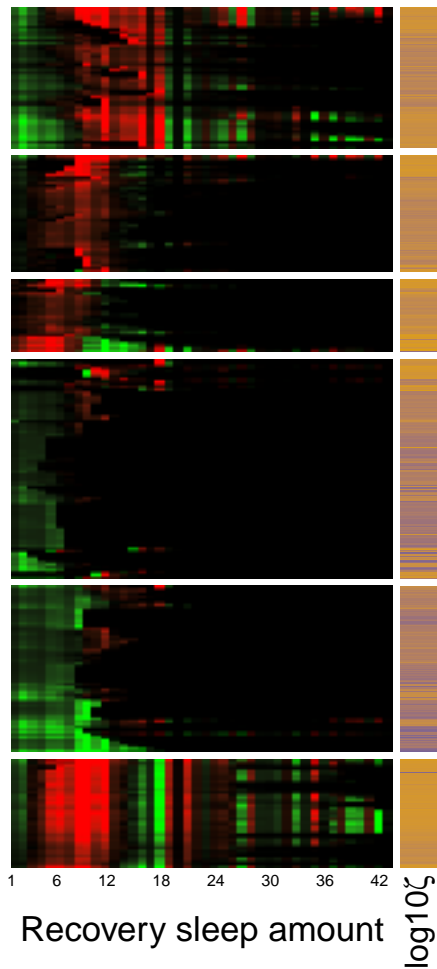


Genes



Gene recovery  
gain time [h]

2.5

0

-2.5

$\log_{10}\zeta$

2

1

0

-1

-2

*Acot11*

*Arntl*

*Npas2*

$\log_{10}\zeta$

Recovery sleep amount