Fig. 5.14 **Box plots for RQA values for vertical arm movements.** Box plots of (A) REC, (B) DET, (C) RATIO, and (D) ENTR values for 6 participants performing VNnb, VNwb, VFnb and VFwb movements with sensors HS01, HS02 and three smoothed-normalised time series (sg0, sg1 and sg2). RQA values were computed with embedding parameters $m = 9$, $\tau = 6$ and recurrence threshold $\epsilon = 1$. R code to reproduce the figure is available from Xochicale (2018).