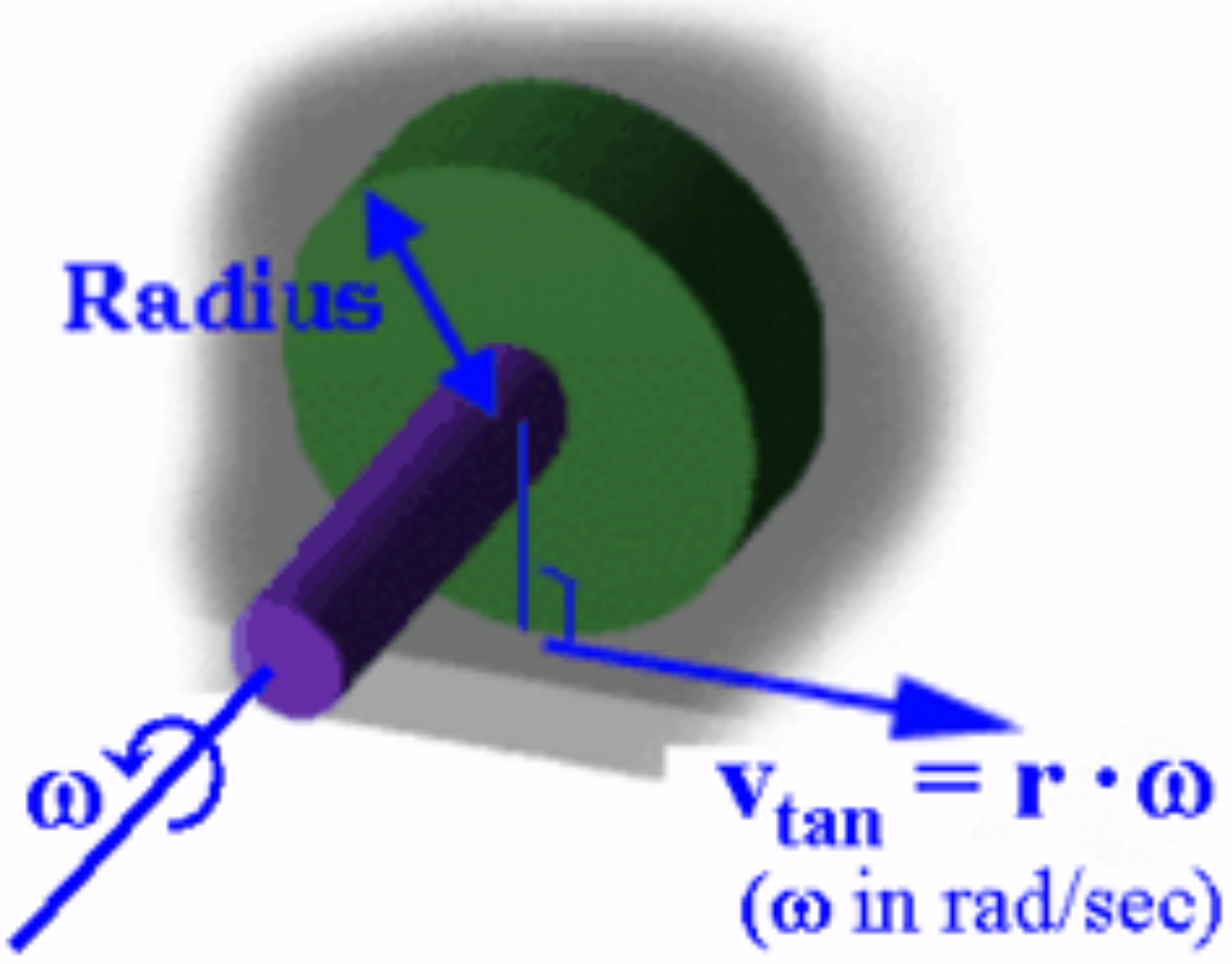Angular Velocity