



Contents lists available at ScienceDirect

Human Movement Science

journal homepage: www.elsevier.com/locate/humov



Inter-individual variability in the upper–lower limb breaststroke coordination

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ARTICLE INFO

Article history:

Available online 24 March 2011

PsycINFO classification:

2330

3720

ABSTRACT

The aim of the present study was to ability in upper–lower limb breastst individual variability was compared comparative swimmers. Second, as more variable inter-limb coordination inter-individual variability was assessed

Non-expert
(Recreational
Swimmers)

Expert

Elite

