```
#include <htc.h>
#define _XTAL_FREQ 8000000
void main()
{
    TRISB=0X00;
    PORTB=0X00;
    while(1)
    {
        PORTB=0XFF;
        __delay_ms(10000);
        PORTB=0X00;
        __delay_ms(10000);
    }
}
```

