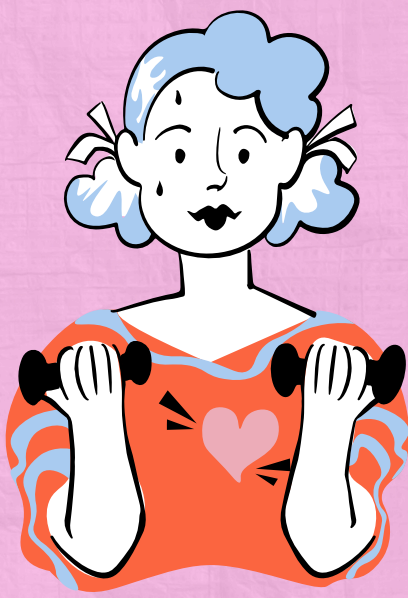


ESTILO DE VIDA SALUDABLE



EJERCICIO REGULAR

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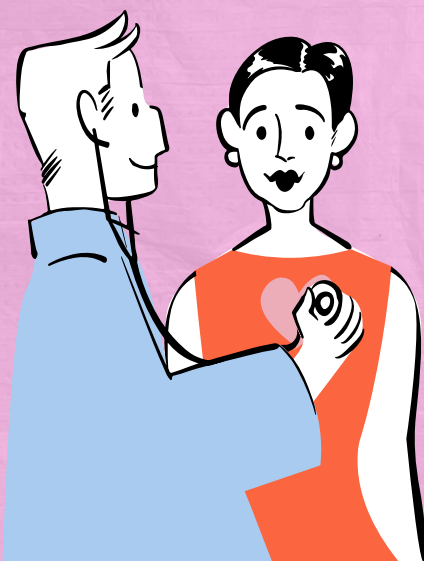
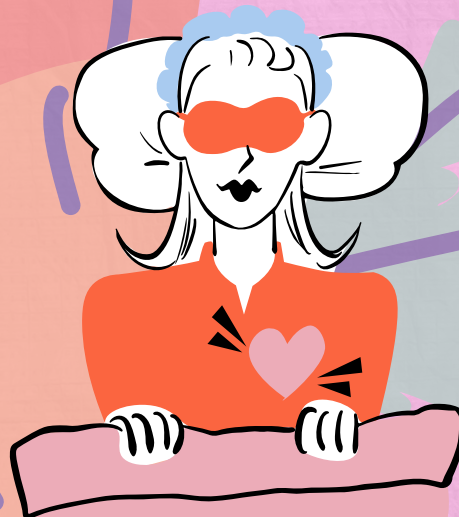
HIDRATACIÓN ADECUADA

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DESCANSO DE CALIDAD

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GESTIÓN DEL ESTRÉS

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