
FGCT6021 MOBILE APPLICATION DEVELOPMENT
LAB 6 – TOPIC 6 FRONTEND & BACKEND

Submission

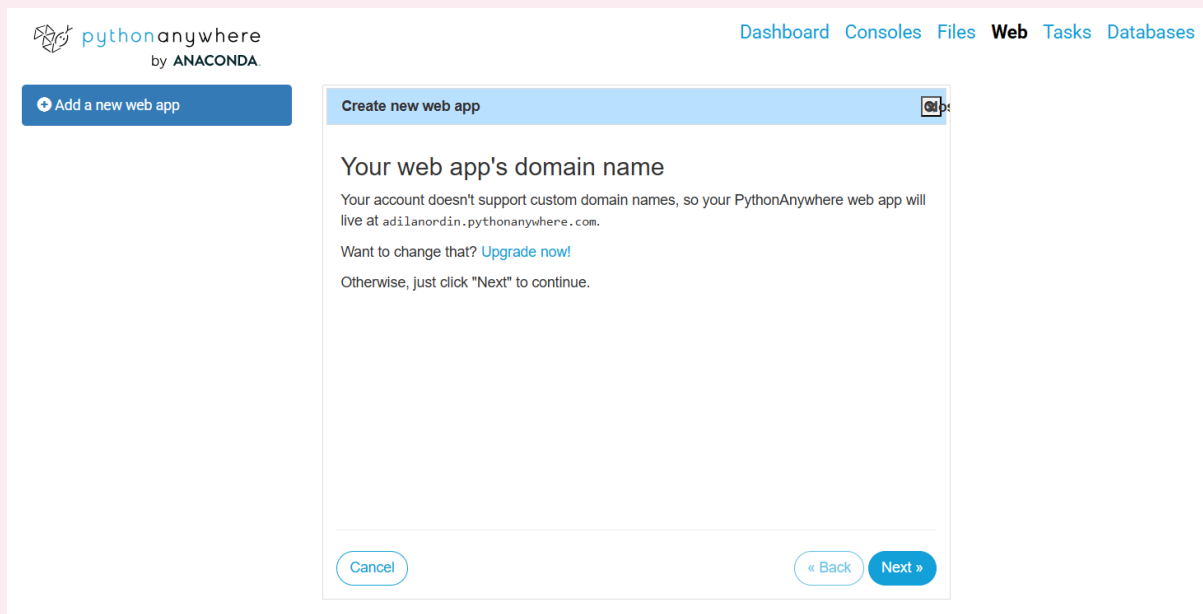
1. Submit your Learning Journal link (GitHub), your PythonAnywhere link and weekly journal entry on myUCA.
2. During the workshop, you will show your progress and share what you have learned.

Task 1 Set up Flask in PythonAnywhere

If you have not registered on [PythonAnywhere](https://www.pythonanywhere.com/), create an account first.


Part 1: New Web App

1. Log in to **PythonAnywhere** and click **Web**.
2. Click **Add a new web app**.
3. At **Create new web app** click **Next**.





The screenshot shows the PythonAnywhere web interface. At the top left is the logo 'pythonanywhere by ANACONDA'. At the top right are navigation links: 'Dashboard', 'Consoles', 'Files', 'Web', 'Tasks', and 'Databases'. Below the logo is a blue button with a plus icon and the text 'Add a new web app'. A modal dialog box titled 'Create new web app' is open in the center. It contains the text: 'Your web app's domain name', 'Your account doesn't support custom domain names, so your PythonAnywhere web app will live at ad1lanordin.pythonanywhere.com.', 'Want to change that? Upgrade now!', and 'Otherwise, just click "Next" to continue.' At the bottom of the dialog are three buttons: 'Cancel', '« Back', and 'Next »'.

4. Select a **Python Web framework**, choose **Flask** and click **Next**.

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Dashboard Consoles Files **Web** Tasks Databases



Create new web app

Select a Python Web framework

...or select "Manual configuration" if you want detailed control.

- » Django
- » web2py
- » Flask
- » Bottle
- » Manual configuration (including virtualenvs)


What other frameworks should we have here? Send us some feedback using the link at the top of the page!

Cancel


« Back


Next »

5. **Select a Python version**, choose the latest **Python 3.13** and click **Next**.

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Create new web app

Select a Python version

- » Python 3.9 (Flask 3.0.3)
- » Python 3.10 (Flask 3.0.3)
- » Python 3.11 (Flask 3.0.3)
- » Python 3.12 (Flask 3.0.3)
- » Python 3.13 (Flask 3.0.3)

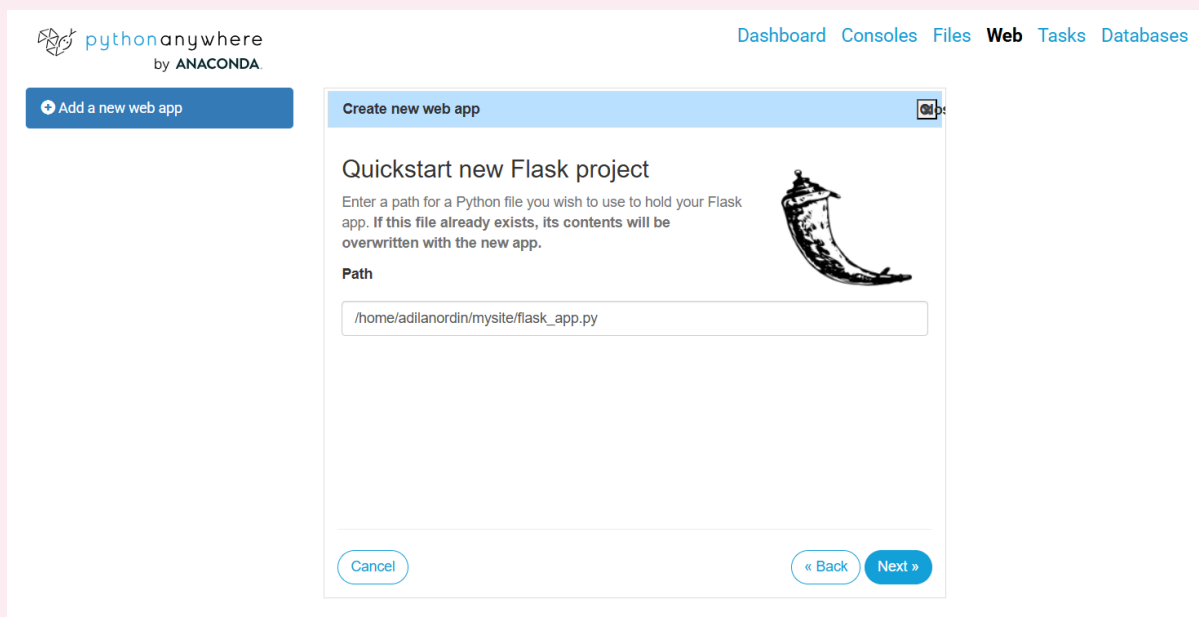
Note: If you'd like to use a different version of Flask to the default version, you can use a virtualenv for your web app. There are [instructions here](#).

Cancel

« Back

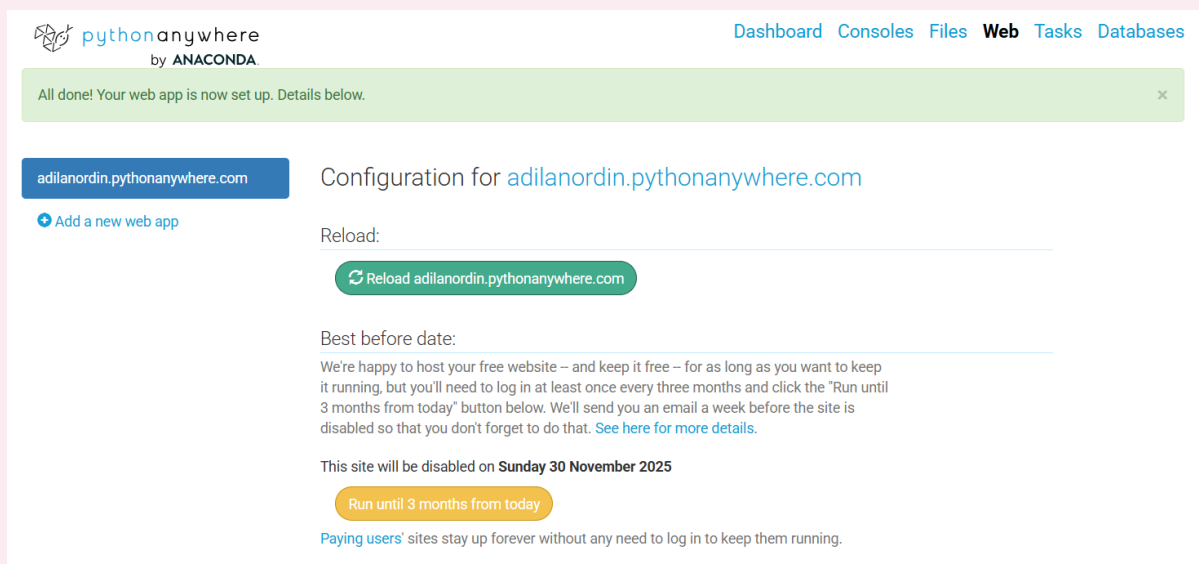
Next »

6. At **Quickstart new Flask project**, click **Next**.



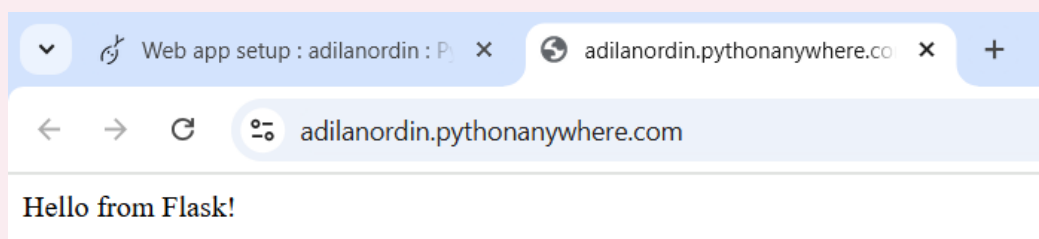
The screenshot shows the PythonAnywhere interface. At the top, there's a navigation bar with links: Dashboard, Consoles, Files, Web, Tasks, Databases. Below this is a header for 'pythonanywhere by ANACONDA'. A blue button 'Add a new web app' is on the left. The main area is titled 'Create new web app' and contains a 'Quickstart new Flask project' section. It instructs the user to enter a path for a Python file. A text input field contains the path '/home/adilanordin/mysite/flask_app.py'. To the right of the input field is a small illustration of a flask. At the bottom of the dialog, there are three buttons: 'Cancel', '« Back', and 'Next »'.

7. Your web app is now set up successfully.



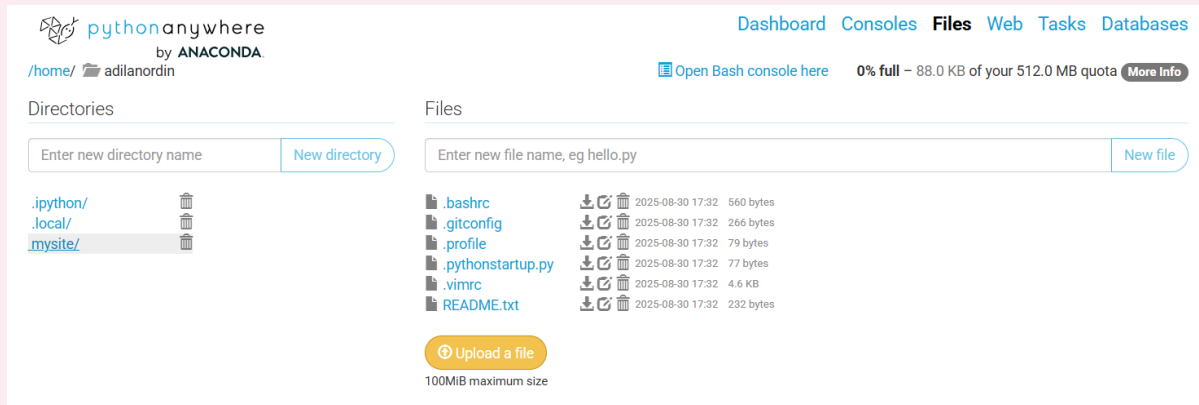
The screenshot shows the PythonAnywhere configuration page for 'adilanordin.pythonanywhere.com'. At the top, there's a green notification bar that says 'All done! Your web app is now set up. Details below.' Below this, the page title is 'Configuration for adilanordin.pythonanywhere.com'. There's a 'Reload' section with a button 'Reload adilanordin.pythonanywhere.com'. A 'Best before date' section explains that the site is free but will be disabled on 'Sunday 30 November 2025' if not maintained. It includes a button 'Run until 3 months from today' and a link 'See here for more details.' At the bottom, it says 'Paying users' sites stay up forever without any need to log in to keep them running.'

8. Click on the link `yourname.pythonanywhere.com` to view the example Hello from Flask!



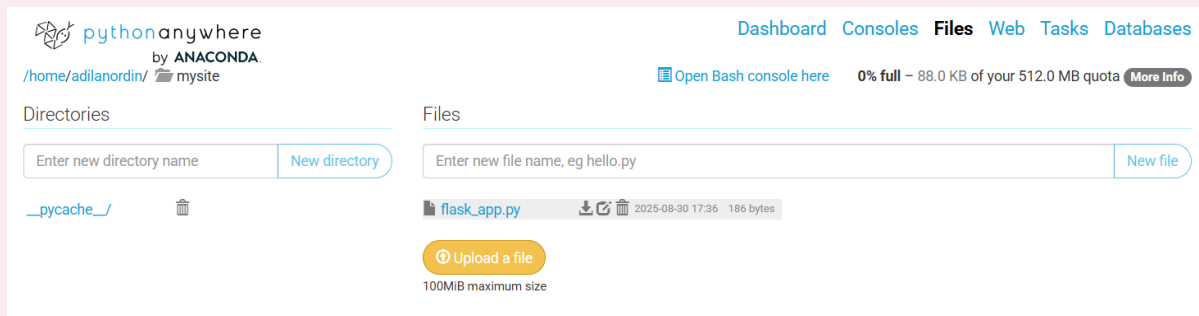
Part 2: Hello from Flask!

1. To view the file that displays Hello from Flask!, click **Files**.



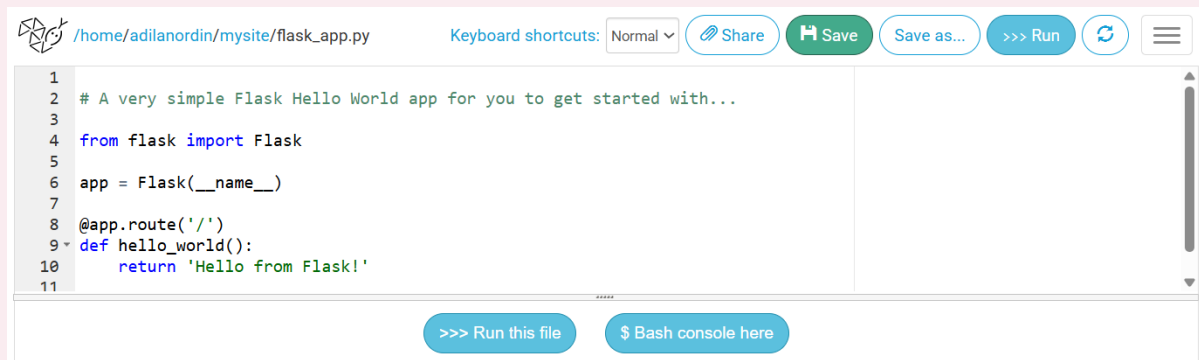
The screenshot shows the PythonAnywhere interface. The top navigation bar includes 'Dashboard', 'Consoles', 'Files', 'Web', 'Tasks', and 'Databases'. The 'Files' tab is active. The breadcrumb path is '/home/ adilanordin'. A status bar indicates '0% full - 88.0 KB of your 512.0 MB quota'. The 'Directories' section on the left shows a list with '.ipython/', '.local/', and 'mysite/'. The 'Files' section on the right shows a list of files: '.bashrc', '.gitconfig', '.profile', '.pythonstartup.py', '.vimrc', and 'README.txt'. At the bottom, there is an 'Upload a file' button and a note '100MiB maximum size'.

2. Then, click **mysite/**. You will see the file that was previously created, **flask_app.py**.



The screenshot shows the PythonAnywhere interface with the 'mysite' directory selected. The breadcrumb path is '/home/adilanordin/ mysite'. The 'Files' section on the right now shows a single file: 'flask_app.py' with a size of 186 bytes. The 'Upload a file' button and '100MiB maximum size' note are still present.

3. Click **flask_app.py** or **Edit** to open and view the code.



The screenshot shows the PythonAnywhere code editor. The breadcrumb path is '/home/adilanordin/mysite/flask_app.py'. The code is as follows:

```
1
2 # A very simple Flask Hello World app for you to get started with...
3
4 from flask import Flask
5
6 app = Flask(__name__)
7
8 @app.route('/')
9 def hello_world():
10     return 'Hello from Flask!'
11
```

At the bottom, there are buttons for '>>> Run this file' and '\$ Bash console here'.

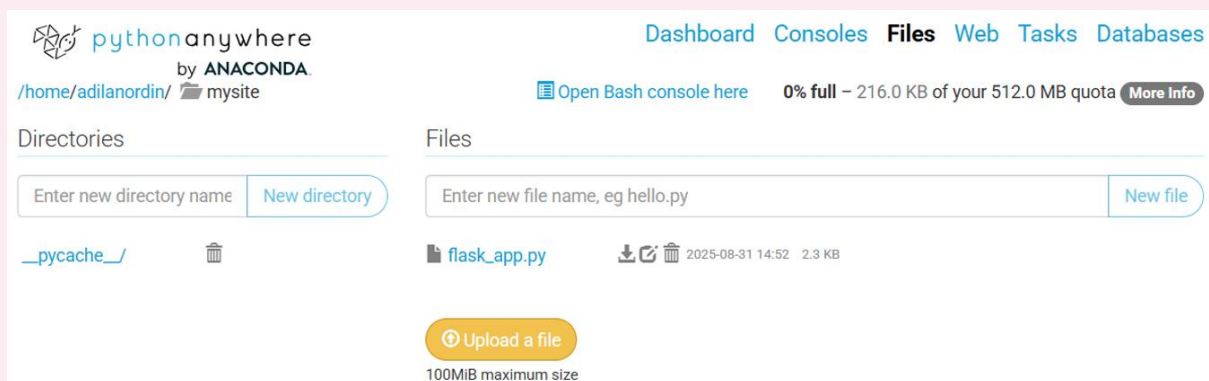
4. Try modifying the code and see what happens. Does it change as expected? If not, why?

Part 3: Reflective Journal Example

1. Recreate the Reflective Journal example from the lecture slides.
2. It will have the following structure:

```
/home/yourusername/mysite/
  flask_app.py
  templates/
    form4.html
  static/
    form4JS.js
```

3. As you already created the `flask_app.py` file, copy and paste this Python code into it.



```
# Flask → web framework we use.
# request → gets data sent from the client (form submission in JSON).
# jsonify → converts Python data into JSON for responses.
# render_template → loads the form4.html file from the templates/ folder.
# json, os → for file reading/writing.
# datetime → to add a date when a reflection is submitted.
from flask import Flask, request, jsonify, render_template
import json, os
from datetime import datetime

# Creates the Flask application object.
app = Flask(__name__)

# BASE_DIR = current folder.
# DATA_FILE = path to reflections.json, the file where reflections are stored.
BASE_DIR = os.path.dirname(os.path.abspath(__file__))
DATA_FILE = os.path.join(BASE_DIR, "reflections.json")

# Function to read reflections from reflections.json.
# If the file does not exist, return an empty list.
def load_reflections():
    if os.path.exists(DATA_FILE):
        with open(DATA_FILE, "r") as f:
            return json.load(f)
    return []

# Function to save reflections back into reflections.json.
# indent=4 makes it human-readable.
def save_reflections(reflections):
    with open(DATA_FILE, "w") as f:
        json.dump(reflections, f, indent=4)

# Flask will display the file in render_template()
# Defines the route / (homepage).
# Loads form4.html (the form page).
@app.route("/")
def index():
```

```

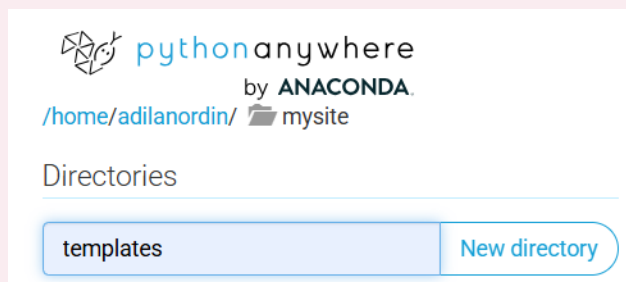
        return render_template("form4.html")

# Defines /api/reflections with GET method.
# Loads reflections from the JSON file.
# Returns them as JSON to the front-end.
@app.route("/api/reflections", methods=["GET"])
def get_reflections():
    reflections = load_reflections()
    return jsonify(reflections)


# Defines /api/reflections with POST method.
# Gets JSON data from the client (request.get_json()).
# Creates a new reflection entry (adds today's date).
# Loads all existing reflections, appends the new one, and saves.
# Returns the newly added reflection as a response.
@app.route("/api/reflections", methods=["POST"])
def add_reflection():
    data = request.get_json()
    new_reflection = {
        "name": data["name"],
        "date": datetime.now().strftime("%a %b %d %Y"),
        "reflection": data["reflection"]
    }
    reflections = load_reflections()
    reflections.append(new_reflection)
    save_reflections(reflections)
    return jsonify(new_reflection), 201

```

4. Enter new directory name **templates** and click **New directory**.



5. In the **templates/** directory, **Enter new file name** or **Upload a file**. For example, **form4.html**. Copy this HTML code into the file.

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DashboardConsolesFilesWebTasksDatabases

/home/adilanordin/mysite/ templates

[Open Bash console here](#)0% full – 216.0 KB of your 512.0 MB quota [More Info](#)




Directories

Enter new directory name [New directory](#)

Files

Enter new file name, eg hello.py [New file](#)

form4.html

   2025-08-30 21:04 1.2 KB

[Upload a file](#)
100MiB maximum size

```
<!DOCTYPE html>
<html>
<head>
  <meta charset="UTF-8">
  <title>Reflective Journal</title>
  <!-- Links external JavaScript file located in the Flask static folder
       url_for('static', filename='form4JS.js') tells Flask to serve
static/form4JS.js -->
  <script src="{ url_for('static', filename='form4JS.js') }"></script>
</head>

<body onload="init()">
  <h2>Reflective Journal</h2>
  <p id="todayDate"></p>

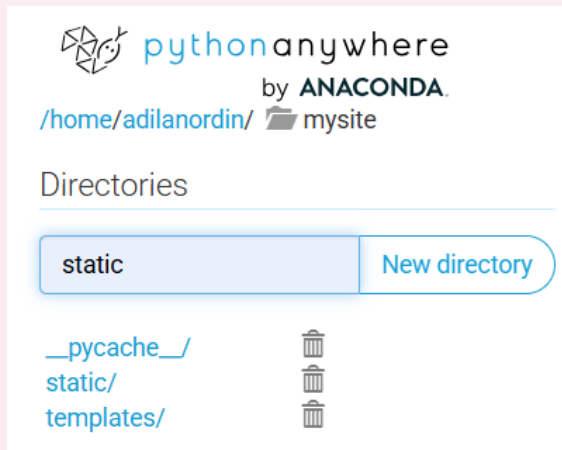
  <!-- onsubmit="return checkReflection()" → sends data using JS instead of
reloading page -->
  <form name="myForm" onsubmit="return checkReflection()">
    <label for="fname">Name: </label><br>
    <input type="text" id="fname" name="fname" size="53" required><br><br>

    <label for="reflection">Reflection: </label><br>
    <textarea id="reflection" name="reflection" minlength="10"
      placeholder="What did you learn this week? What did you find
challenging?" rows="4" cols="50"
      required></textarea><br><br>

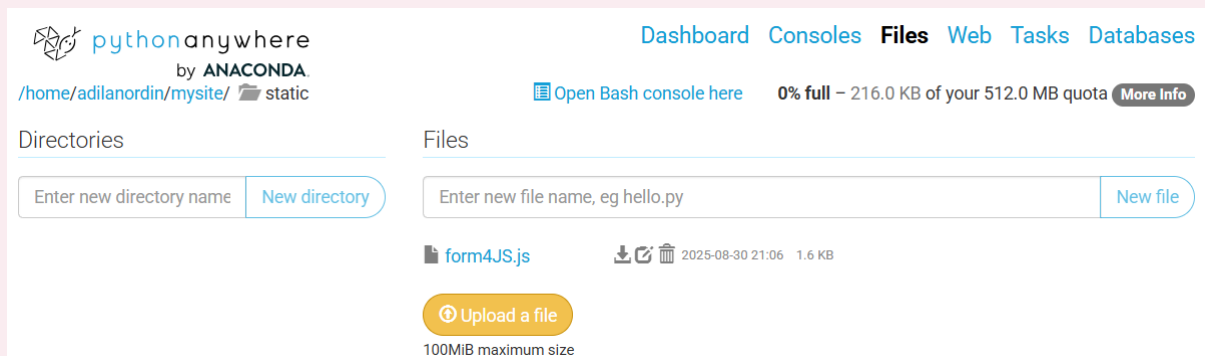
    <!-- Submit button → triggers JS checkReflection() -->
    <input type="submit" value="Submit">
    <input type="reset" value="Reset"><br><br>
  </form>

  <h2>Previous Reflections</h2>
  <div id="viewAll"></div>
</body>
</html>
```

6. Go back to the **mysite/** directory and enter new directory named **static** and click **New directory**.



7. In the **static/** directory, **Enter new file name** or **Upload a file**. For example, **form4JS.js**. Copy this JavaScript code into the file.



```
function getDate() {
    const d = new Date();
    let text = d.toString();
    document.getElementById("todayDate").innerHTML = text;
}

async function checkReflection() {
    // Reads input values from the form (name + reflection)
    let name = document.getElementById("fname").value;
    let reflection = document.getElementById("reflection").value;

    // Creates a JSON object entry
    let entry = { name, reflection };

    // Sends new reflection to Flask server via POST request
    let response = await fetch("/api/reflections", {
        method: "POST",
        headers: { "Content-Type": "application/json" },
        body: JSON.stringify(entry)
    });

    if (response.ok) {
```



```

        document.myForm.reset();
        submitted(); // refresh list
    }
    return false; // prevent page reload
}

async function submitted() {
    let output = "";

    // Sends a GET request to /api/reflections to load all reflections
    let response = await fetch("/api/reflections");
    if (response.ok) {
        let reflections = await response.json();

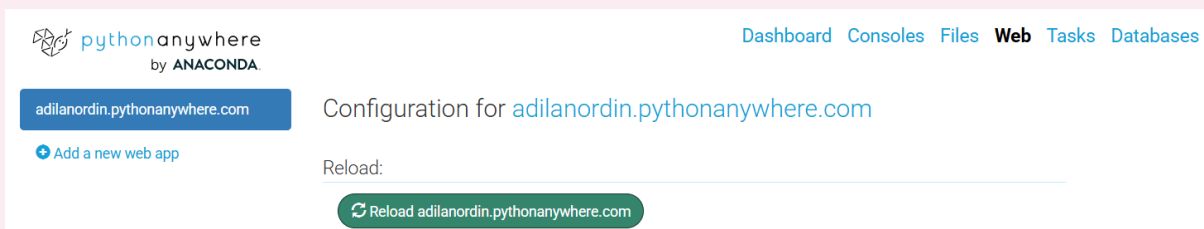
        for (let r of reflections) {
            output += "<b>" + r.name + ":</b><br>" +
                "<i>" + r.date + "</i><br>" +
                r.reflection + "<br><br>";
        }

        if (reflections.length === 0) {
            output = "<i>No reflections found.</i>";
        }
    } else {
        output = "<i>Error loading reflections.</i>";
    }
    document.getElementById("viewAll").innerHTML = output;
}

function init() {
    getDate();
    submitted();
}

```

8. Go to **Web** and click **Reload**.



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adilanordin.pythonanywhere.com

Configuration for adilanordin.pythonanywhere.com

Reload:

Reload adilanordin.pythonanywhere.com

9. Open your web app link. You should now see the **Reflective Journal** form.

Reflective Journal

Sat Aug 30 2025

Name:

Reflection:

What did you learn this week? What did you find challenging?

Submit Reset

Previous Reflections

Adila:
Sat Aug 30 2025
I learned how to use Flask

10. Fill in the form with **Name** and **Reflection**. Then return to **Files** and notice a new file, **reflections.json** has been created automatically.

pythonanywhere by ANACONDA

/home/adilanordin/ mysite

Dashboard Consoles **Files** Web Tasks Databases

Open Bash console here 0% full - 216.0 KB of your 512.0 MB quota More Info

Directories

Enter new directory name New directory

__pycache__ static/ templates/

Files

Enter new file name, eg hello.py New file

flask_app.py 2025-08-31 14:52 2.3 KB

reflections.json 2025-08-30 18:06 648 bytes

Upload a file

100MiB maximum size

11. You have now successfully integrated the frontend with the backend.

Task 2 Workshop Overview

You will extend your Learning Journal PWA by introducing **Flask as a backend framework** and deploying it on **PythonAnywhere**. While HTML, CSS, and JavaScript control the interface, Flask will handle requests between the frontend and backend. Reflections will be stored in a JSON file and served dynamically through Flask routes.

Your goal this week is to:

- Set up a Flask backend that serves and updates reflections stored in a JSON file.
- Use JavaScript's Fetch API to communicate with Flask routes.
- Deploy and test your PWA directly on PythonAnywhere.

Goal

Add a Flask backend to your Learning Journal PWA. The backend should manage the JSON file and respond to frontend requests. You will test the app live on PythonAnywhere, bypassing local testing.

All files should be committed to your **GitHub** repository so progress is visible and version-controlled.

What to Do

The following tasks are suggestions. You may adapt them as appropriate to your own design.

Folder and File Structure

Flask works best with its conventional **static/** and **templates/** folders. A possible structure:

/mysite	
flask_app.py	Main Flask backend file
/templates	
index.html	HTML pages served by Flask
/static	
Client-side assets	
/css	Stylesheets
/js	JavaScript files
/images	Media assets
/backend	
Backend data files	
reflections.json	JSON file storing reflections

Flask Backend

1. Upload or create the project files on PythonAnywhere.
2. Create a Flask application, flask_app.py that can handle requests for your reflections.
3. Implement at least two routes:
 - GET /reflections: Returns reflections.json as JSON.
 - POST /add_reflection: Accepts JSON from frontend and appends it to reflections.json.

Frontend (HTML, CSS, JavaScript)

1. Fetch Reflections from Flask
 - Update your PWA to fetch reflections from your Flask backend instead of reading the JSON file directly.
 - Submit new reflections to the backend.
 - Ensure the frontend updates dynamically when new reflections are added.
2. DOM Manipulation
 - Use your existing HTML/CSS for styling.
 - Insert entries dynamically into the DOM.
3. Extend with an Extra Feature
 - Add **at least one new feature** that uses the Flask backend.
 - Examples (suggestions only you may come up with your own idea):
 - Delete a reflection via a DELETE request.
 - Edit an existing reflection with a PUT request.
 - Search or filter reflections on the server.

Journal Questions

For your weekly entry, **submit it on myUCA** and **post it on the Learning Journal Web**:

1. Why is the frontend–backend connection important?
2. Which HTTP methods did you use in Flask, and why?
3. What is the difference between using Flask to store and load JSON data and reading JSON directly in the browser?
4. Did you face any difficulties when running your project on PythonAnywhere? How did you handle them?
5. What extra feature did you build into your PWA with Flask, and why did you add it?