

# **Certificate Course in Counseling and Psychotherapy**

## **Topic Covered**

**1) Overview of counseling 2) Personal and professional aspects of counseling. 3) Stages of counseling 4) Skills of counseling 5) Role of psychological testing in counseling. 6) Use of psychotherapy ( BT,REBT,TA,CBT). 7) Ethical & legal aspects**

**3rd batch Course starting from - 5 th  
September | Time: 2 to 3pm.**

**Total session - 16 | Sat - Sunday online mode**

## **Trainer**

**Mrs.Ranju Tripathi -. (Psychologist, psychotherapist and special educator Running aastha health care and education centre from last 5 yrs 16 yrs experience in the field of counselling, psychological assessment, seminars for all age group)**

**Contact co-ordinator - Satish (Career counsellor)  
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