



Elite Dance & Music

7177 Nolensville Road, Suite B3, Nolensville, TN, 37135



Ballet (2-3yrs)- Sat 10:45am- 11:30am

Mini Movers (3-5yrs) Mon, Wed, Fri 9am-2pm

Tap/Ballet/Tumbling (3-4yrs)- Sat 9:45am-10:45am

Tap/Ballet/Tumbling (3-4yrs)- Mon 4:45pm-5:45pm

Tap/Ballet/Tumbling (4-5yrs)- Tue 5pm-6pm

Tap/Ballet/Jazz (K-1)- Thu 6:15pm-7:15pm

Hip Hop- Mini (3-6yrs)- Mon 6:15pm - 7:00pm

Hip Hop- Peewee (5-8yrs)- Tue 5:15pm-6:00pm

Ages 7+

Ballet/Tap Level 1- Mon 5:45pm-7:15pm

Ballet Level 1&2- Sat 9am-10am

Jazz/Lyrical Level 1- Mon 7:15pm-8:15pm

Acrobatics- Wed 4:45pm-5:30pm

Contemporary Level 1&2- Wed 5:30pm-6:15pm

Ages 9+ (with prerequisites)

Ballet Level 2- Mon 5:45pm-6:45pm

Tap Level 2- Mon 7:15pm-8pm

Flexibility/Core- Wed 7:00pm-7:45pm

Hip Hop Int.- Wed 7:45pm-8:30pm

Ages 10+ (with prerequisites)

Ballet Level 3- Tue 5pm-6pm

Ballet Level 3- Sat 10am-11am

Pointe- Tue 6pm-6:45pm

Pointe- Sat 11am-11:45am

Tech/Leaps/Turns Level 3- Tue 7pm-8pm

Contemporary Level 3- Wed 6:15pm-7pm

Jazz/Lyrical Level 3- Thu 7pm-8:30pm

SPRING RECITAL

May 2nd, 2026

Inquire online at www.MyEliteDance.com
email: FrontDesk@MyEliteDance.com
call or text: (615) 776-4202