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Q search





Daily Journaling Daily page History About

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"If you set out to do good things, you will be happy in all circumstances"

Martedì, 2 Maggio 2024









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"If you set out to do good things, you will be happy in all circumstances"

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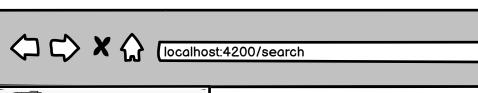
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Journaling allows people to write down their thoughts. It goes from the dimensionless to the dimensional. Journaling has many benefits. Writing helps a lot with clarity. It allows you to plan, to understand how you are and who you want to be, helps you change, increase productivity, and be much more grateful.

When planning, don't forget that "There is more happiness in giving than in receiving."