Teenagers and young people often talk about how much they should help with housework. From my point of view, children should always help their parents with domestic chores. It is natural for [family members](https://context.reverso.net/%D0%BF%D0%B5%D1%80%D0%B5%D0%B2%D0%BE%D0%B4/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9-%D1%80%D1%83%D1%81%D1%81%D0%BA%D0%B8%D0%B9/family+members) to help each other.

In the first place, I would like to mention that frequently teenagers and young people have more free time, also they are not as exhausted after workday as their parents. Therefore, it seems to me that it would not be a problem for children to do the washing-up or even get the dinner ready.

On the other hand, there are some household chores that teenagers are not able to do due to lack of experience. I think few young people, especially girls, are able to fix something like plumber or furniture. Though, teenagers should learn how to deal with it.

Furthermore, sometimes housework is a good way to take your mind off from problems, learning or a change of scenery. Needless to say that cooking can even make you happy.

All things considered, I think that teenagers and young people should help their parents. Nevertheless, housework must be balanced between family members.