



Do these for 60 days to  
become **unrecognisable**  
**next year....**

## **1. Manage Your Time.**

You're not Overwhelmed, You're Unorganised

- Wake up Earlier
- Create To-Do-list
- Set Deadlines
- Stick to your Schedule

## **2. Focus On One Thing.**

Everyone wants results, but nobody wants to stay focused.

The gap between your current life and the life you want is called Focus.

Focus 100% on One thing, instead of doing 5 things with 20% focus each.

### **3. Make Gradual Improvements.**

You can't go to the level 10 with level 1 Habits.

- Start by reading one page
- Start by writing one paragraph
- Start by doing one Workout
- Start today

Then focus on getting 1% better everyday.

Minor improvements over time leads to big changes.

## **4. Look At Things Diagnostically.**

Instead of focusing on Negative, ask yourself:

- What am I in control of?
- What can I do Better?
- How can I Improve things?

A Problem- Solving mindset will help you move past roadblocks much faster.



## **6. Get Into Deep Work.**

Your focus is currency.

How you spend it is your biggest investment.

- Block off a few hours
- Focus on one thing
- Remove distractions

They'll get you ahead of 90% of people.

## **7. Find your Purpose.**

Without direction or a clear plan, it's hard to live a fulfilled life.

Everything in life becomes easier once you find your Purpose and get clarity on what's next.



**If This Post Was Helpful**



**REPOST**