

Privacy Policy

Your Data, Our Commitment To Transparency And Security

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Welcome To Our Privacy Policy!

At TRY, your privacy, safety, and dignity are at the heart of everything we do. Any information you share during sign-ups, sessions, WhatsApp chats, emails, or worksheets remains strictly confidential. We do not judge, disclose, or share your personal experiences with anyone - no employers, no family members, and no third parties. Your emotional space is fully protected.

We collect only the minimum details needed - such as your name, email, and payment information - to deliver coaching sessions smoothly and improve your overall experience. Any analytics or cookie data on the website is used only to understand site performance and never personally identifies you.

Communication Policy

We communicate with you only through the channels you approve - including email, WhatsApp, or phone. You can change your preferred communication method at any time. We do not send promotional messages without your consent.

Your Rights as a Client

You have complete control over your information. At any time, you may :

- Request a copy of the data we hold about you
- Ask for correction or updates
- Request deletion of your information
- Withdraw consent for communication
- Ask for complete confidentiality regarding any topic discussed in sessions

Your journey stays in your hands.

Data Retention Policy

We retain coaching-related information only for as long as necessary to support your ongoing coaching experience or as required for legal, tax, or business purposes. If you discontinue coaching, you may request that we delete your session notes or personal data, and we will securely remove them unless a legal obligation requires retention.

Story & Transformation Sharing

We never share testimonials, screenshots, or success stories without your explicit, written consent. If you choose to allow your story to be shared, you may remain fully anonymous.

Your trust matters deeply - and everything you share stays safe, private, and respected.

Your information is always safe with us - 100% confidential

Newsletter

Sign up for gentle insights, wellness tips, and soul-soothing updates - delivered to your inbox.

Enter your email address

SUBMIT