Selenium provides the automation of web frontend. It saves lot of time for testers who does manual testing on webpages.

Ex:

1) Access a web site. Fill the form fields. Submit the form. Verify browser result.

2) Upload a 100 different file to a website, fill form fields. verify the result.

1) These types of tasks can be written using Java, c or Javascript

2) Selenium also supports record and playback functionality. Type or Browse the screen, selenium will record these and submits form with various inputs.

Selenium solves the cross origin policy issue by proxy handling.