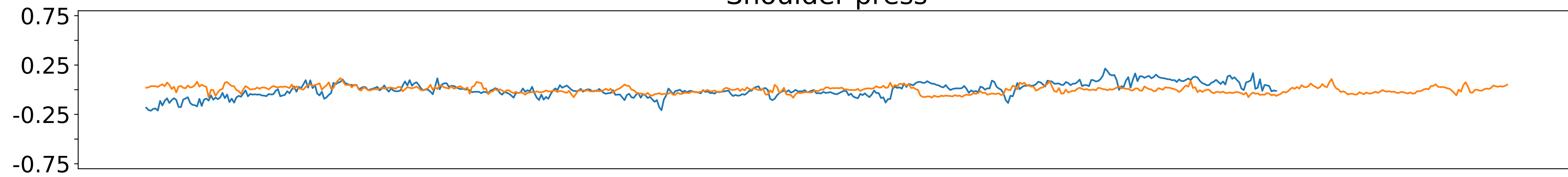
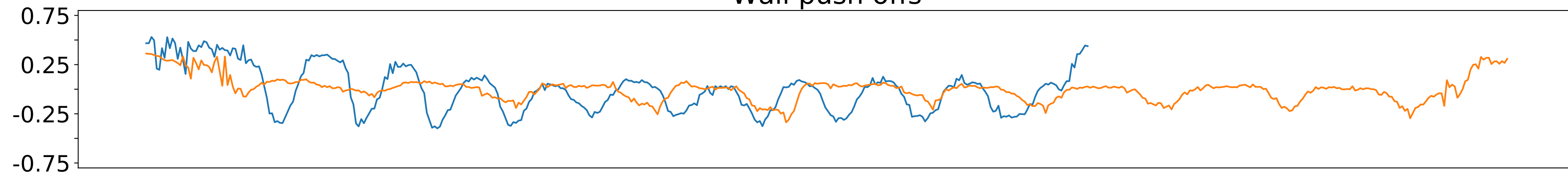


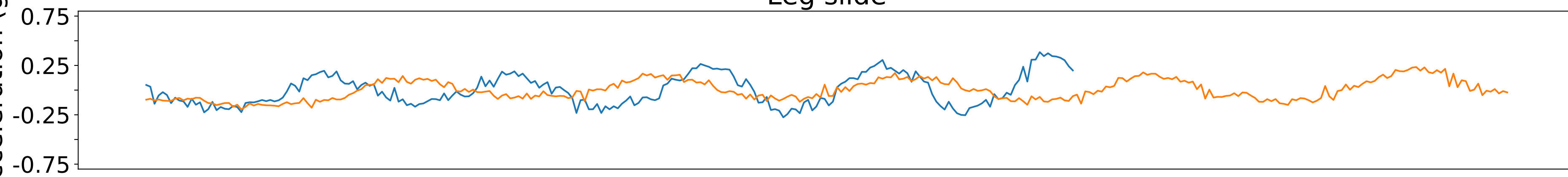
Shoulder press



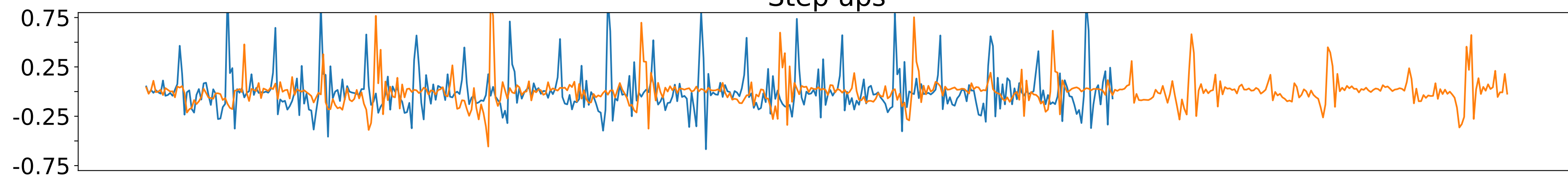
Wall push offs



Leg slide



Step ups



Walking

