| | Sit to stand - | 31 | 1 | 0 | 0 | 0.13 | 0 | 1.5 | 0.53 | 0.067 | 0.33 | - 30 |
|----------|------------------|----------------|------------------|----------|---------------|--------------|------------------|------------------|-------------|------------|-----------|-----------|
| | Knee extension - | 0.6 | 13 | 0 | 0 | 0.33 | 0.33 | 0.4 | 0.067 | 0 | 0 | |
| | Squats - | 0 | 0.13 | 19 | 0.67 | 1.7 | 0.33 | 0 | 0.067 | 0.4 | 0 | - 25 |
| S | Heel raises - | 0 | 0 | 1.3 | 11 | 0.87 | 0.4 | 0 | 0 | 0 | 0.067 | - 20 |
| labels | Bicep curl - | 0 | 0 | 1.1 | 0.47 | 18 | 0.2 | 0 | 0 | 0 | 0 | |
| True | Shoulder press - | 0 | 0.6 | 0.13 | 0 | 0.2 | 23 | 0.13 | 0 | 0.067 | 0 | - 15 |
| — | Wall push offs - | 1.3 | 0.47 | 0 | 0.067 | 0 | 0.73 | 18 | 0 | 0 | 0 | - 10 |
| | Leg slide - | 0.27 | 0 | 0 | 0 | 0.067 | 0.33 | 0.4 | 11 | 0.8 | 0.067 | |
| | Step ups - | 0.067 | 0 | 0.27 | 0.13 | 0.13 | 0.87 | 0.2 | 0.67 | 21 | 0.2 | - 5 |
| | Walking - | 0 | 0 | 0 | 0 | 0 | 0.2 | 0 | 0.4 | 0.87 | 14 | |
| | | Sit to stand - | Knee extension - | Squats - | Heel raises - | Bicep curl - | Shoulder press - | Wall push offs - | Leg slide - | Step ups - | Walking - | 0 |
| | | | | | Р | redicte | d Labe | ls | | | | |