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趴趴雅思 9-12 月大作文预测

1. 范文的押题准确率是多少呢?

举个例子，高考语文作文，考前老师也会发几个题目让我们练习，可是高考肯定不会出现完全一样的题目，但是之前练习时候用的那些素材却可以套用到高考中。

雅思作文也是类似，押中原题几乎不可能的，主要是熟练运用各个大类题目的相关素材，学会熟练将素材套用到自己文章里。

2. 范文的结构是怎样的?

可以分为“话题库”和“话题详情”两个部分。话题库中一共有45个话题，并被分为社会类、教育类、环境类等10个大类。每个话题前标有序号，可在话题下方（第3页起）找到对应该序号的话题详情，包括话题的英文题目、参考论点、参考范文、高分词组、相似题目等。

3. 范文具体如何使用?

- 在话题库中找到所需话题，根据该话题序号查找对应的话题详情
- 仔细审题，确保题干中没有生词；分析设问句，推测文章需要涵盖的内容
- 熟读文章，查询文中的生词；分析文章内容是如何涵盖设问的
- 整理并熟记文章中的主要论点和论据，以供以后写作参考
- 提炼文章中遇到的一些单词和短语短句，可应用到相同大类（犯罪类、经济发展类，科技类等）的题目中。文章下方也已整理出一些推荐高分词组/句型，

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可供参考

- 充分理解作文中的复杂句型（如虚拟语气、倒装、定语后置等），并自己尝试利用该句型结构造句
- 注意，切勿全文背诵。有时间的同学最好按照话题重新写一遍

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趴趴的师资团队由雅思英籍前考官 Paul Winterbottom老师 亲自坐镇领衔，集聚雅思/托福/GRE/GMAT等领域全球顶尖名师，平均教学经验8+年。

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深耕雅思教学7年多年来的良好口碑和高提分效率，也让趴趴屡获殊荣。【年度网师新生力量奖】、【CCTalk年度优秀网师】、【亚洲品牌知名度出国语言培训机构】、【亚洲家长信赖教育机构】，诸多奖项都证明趴趴在业内获得的高度认可。

那么现在，就和趴趴一起开始高效备考之旅吧～

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社会类

1. Some people think that young people should spend free time with families instead of outside entertainment, others disagree. Discuss both views and give your opinion. 【NEW】

有些人认为年轻人应该与家人共度空闲时间，而不是户外娱乐，其他人不同意。讨论两种观点并发表你的意见。

❖ 参考论点

Positive:

1. family bonding is crucial for the development of strong relationships and a sense of belonging. 家庭纽带对于发展牢固的关系和归属感至关重要。

2. spending time with families allows young people to gain a deeper understanding of their cultural heritage and traditions. 与家人共度时光可以让年轻人更深入地了解他们的文化遗产和传统。

Negative:

3. participation in hobbies, sports, and socializing with friends outside the family circle promotes individuality and independence. 参加爱好、运动以及与家庭圈外的朋友交往可以促进个性和独立性。

4. excessive emphasis on family time might hinder their personal growth and limit exposure to diverse experiences. 过分强调家庭时间可能会阻碍他们的个人成长，并限制他们接触各种经历。

❖ 参考范文

There are differing opinions on how young people should spend their free time. On one hand, some argue that young people should prioritize spending time with their

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families over engaging in outside entertainment activities. They believe that family bonding is crucial for the development of strong relationships and a sense of belonging. By spending quality time with their families, young people can foster emotional connections and receive guidance from their parents or older family members.

Moreover, proponents of this view argue that spending time with families allows young people to gain a deeper understanding of their cultural heritage and traditions. Through family activities, such as storytelling, cooking, or celebrating festivals together, young people can learn about their roots and develop a strong sense of identity. This connection to their culture can contribute to their overall well-being and provide a solid foundation for their personal growth.

On the other hand, there are those who believe that young people should have the freedom to engage in outside entertainment activities during their free time. They argue that participation in hobbies, sports, and socializing with friends outside the family circle promotes individuality and independence. These activities allow young people to explore their interests, develop new skills, and build their own network of relationships beyond the confines of their immediate family.

Furthermore, opponents of the notion that young people should primarily spend time with their families argue that excessive emphasis on family time might hinder their personal growth and limit exposure to diverse experiences. Outside entertainment, such as visiting museums, exploring nature, or attending cultural events, can expand their horizons, foster creativity, and promote socialization with peers outside the familial context. These experiences can enhance their critical thinking abilities and broaden their perspectives on the world.

In my opinion, a balance between spending time with families and engaging in outside entertainment is ideal for young people. Family bonds are undoubtedly important, as they provide a support system and valuable life lessons. However, young people also need the opportunity to explore their individual interests and develop their own identities. Therefore, a combination of quality family time and outside entertainment would allow for holistic personal and social development, ensuring young people grow into well-rounded individuals.

❖ 推荐高分词组/句型：

1. prioritize…over 优先

young people should prioritize spending time with their families over engaging in outside entertainment activities.

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2. engage in 参与

spending time with their families over engaging in outside entertainment activities.

3. be crucial for 对…很重要

They believe that family bonding is crucial for the development

4. grow into well-rounded individuals

ensuring young people grow into well-rounded individuals.

❖ 相似题目：

1. In some countries, more and more adults choose to continue to live with their parents after they graduate and have found jobs. Do the advantages of this trend outweigh its disadvantages?
2. Some people think that personal happiness is closely related to economic success, while others believe that it depends on other factors. Discussion both views and give your own opinion.
3. Some working parents believe childcare centers can provide the best care for children, while others think family members like grandparents can do it better. Discuss both views and give your opinion.
4. In some countries, more and more adults choose to continue to live with their parents after they graduate and have found jobs. Do the advantages of this trend outweigh its disadvantages?

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2. Some people think that there could be more benefits to society if more people study business than history. To what extent do you agree or disagree? 【NEW】

有些人认为，如果学习商业的人多于学习历史，对社会的好处可能会更大。你在多大程度上同意或不同意？

❖ 参考论点

1. studying history offers numerous benefits to society. 学习历史为社会带来许多好处

2.By studying business, individuals are better prepared to establish successful enterprises. 通过学习商业，个人为建立成功的企业做好了更好的准备

3.it develops individuals' critical thinking abilities and provides a deeper understanding of societal evolution. 它培养了个人的批判性思维能力，并提供了对社会演变的更深入理解。

❖ 参考范文

The role of education in shaping individuals and society is undeniably important. While some argue that studying history offers numerous benefits to society, I firmly believe that focusing on business education can bring about greater advantages for societal progress. In this essay, I will outline the reasons behind this viewpoint and explain why studying business holds more value compared to history.

One of the primary reasons why studying business is beneficial for society is its direct link to economic prosperity. A strong foundation in business equips individuals with skills such as entrepreneurship, financial literacy, and management expertise. These skills play a crucial role in enhancing productivity, boosting innovation, and fostering sustainable economic development. By studying business, individuals are better prepared to establish successful enterprises, which in turn leads to job creation, improved living standards, and overall economic growth.

In today's rapidly changing world, societies face various complex challenges such as climate change, inequality, and technological advancements. Businesses have a significant role to play in addressing these issues. Through studying business, individuals gain the knowledge and tools required to develop innovative solutions. For instance, studies in sustainable business practices can pave the way for environmentally friendly initiatives, while courses focused on social entrepreneurship can tackle social issues effectively. Therefore, prioritizing business education will empower individuals to actively engage in creating a more sustainable and equitable

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society.

Studying business offers practical skills that are highly valued in the job market. Businesses are the backbone of societies, and individuals with relevant expertise are in high demand across various industries. Furthermore, business education emphasizes critical thinking, problem-solving, and effective communication skills, which are transferable abilities applicable to multiple fields. By equipping individuals with these practical skills, more doors open for career opportunities, enabling individuals to contribute meaningfully to society through employment and entrepreneurship.

Advocates of studying history may argue that it develops individuals' critical thinking abilities and provides a deeper understanding of societal evolution. While this is valid, it is important to recognize that business education also fosters critical thinking skills through case studies, analysis, and decision-making exercises. Moreover, the impacts of studying business are more directly observable within the context of societal progress, as it encompasses a broader range of contemporary challenges and opportunities.

Undoubtedly, both history and business education offer unique benefits to individuals and society. However, considering the practical applicability, economic impact, and ability to address contemporary challenges, I firmly believe that studying business outweighs the benefits of studying history in terms of contributing to societal development and progress. By equipping individuals with business-oriented knowledge and skills, we can forge a brighter future that promotes economic growth, sustainability, and a better quality of life for all.

❖ 推荐高分词组/句型：

1. pave the way 铺路

For instance, studies in sustainable business practices can pave the way for environmentally friendly initiatives.

2. applicable to 适用于

which are transferable abilities applicable to multiple fields.

3. observable within 可观察

Moreover, the impacts of studying business are more directly observable within the context of societal progress.

4. forge a brighter future 打造更光明的未来

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we can forge a brighter future that promotes economic growth.

❖ 相似题目：

1. Some people say that arts subject such as painting or drawing should not be made compulsory for high school students. To what extent do you agree or disagree?
2. Some people believe that in order to improve educational quality, we should encourage students to make comments or even criticism on their teachers, but others think it will lead to the loss of respect and discipline in the classroom. Discuss both views and give your own opinion.
3. Some people think it is not necessary for adults to receive education in class. Self-study is a good way for them to study more effectively. To what extent do you agree or disagree with it?
4. New parents should attend parenting courses to bring up their children well. To what extent do you agree or disagree?

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3. Today more people put personal and private information online to do everyday activities such as banking, shopping, and socializing. Is this a positive or negative development? 【NEW】

如今，越来越多的人将个人和私人信息放在网上，以进行银行业务，购物和社交等日常活动。这是一个积极的还是消极的发展?

❖ 参考论点

1. One of the main advantages of putting personal information online is the convenience it offers. 将个人信息放在网上的主要优点之一是它提供的便利。

2. the increased reliance on online platforms means a higher risk of privacy breaches and cybercrime. 对在线平台的依赖增加意味着隐私泄露和网络犯罪的风险更高。

3. the collection and analysis of personal data by corporations and governments have raised concerns about surveillance and infringement of individual privacy. 公司和政府对个人数据的收集和分析引起了对监视和侵犯个人隐私的担忧。

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❖ 参考范文

In recent years, there has been a significant increase in the number of people who choose to put their personal and private information online for everyday activities such as banking, shopping, and socializing. This trend has sparked a debate regarding whether it is a positive or negative development. In my opinion, while there are certain advantages to this practice, the potential risks and concerns associated with online information sharing outweigh the benefits.

One of the main advantages of putting personal information online is the convenience it offers. With just a few clicks, individuals can access their bank accounts, make purchases, and connect with others around the world. This has undoubtedly made our lives easier and more efficient. Moreover, online platforms often provide enhanced security measures such as encryption and two-factor authentication, which aim to protect users' sensitive information.

On the other hand, there are several negative aspects to consider. First and foremost, the increased reliance on online platforms means a higher risk of privacy breaches and cybercrime. Hackers and identity thieves are constantly finding new ways to exploit vulnerabilities in the system, and even the most robust security measures can be compromised. Once personal information is leaked, the consequences can be severe, including financial loss, identity theft, and even blackmail.

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Furthermore, the collection and analysis of personal data by corporations and governments have raised concerns about surveillance and infringement of individual privacy. As our online activities generate massive amounts of data, companies can use this information to target advertisements, manipulate consumer behavior, and make decisions that may affect individuals' lives without their knowledge or consent. This lack of transparency and control over personal information is worrisome and can lead to a loss of trust in online platforms.

In conclusion, while the convenience of putting personal and private information online for everyday activities is undeniable, the potential risks and concerns associated with this practice cannot be ignored. It is crucial for individuals, organizations, and policymakers to strike a balance between convenience and privacy protection. This can be achieved through the implementation of robust security measures, strict regulations on data collection and usage, and continuous efforts to raise awareness about online risks. Only then can we truly harness the benefits of the digital world while safeguarding our personal information.

❖ 推荐高分词组/句型：

1. strike a balance 达成平衡

and policymakers to strike a balance between convenience and privacy protection.

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2. harness the benefits 利用优势

Only then can we truly harness the benefits of the digital world while safeguarding our personal information.

3. associated with 与…联系

the potential risks and concerns associated with online information sharing outweigh the benefits.

❖ 相似题目：

1. Online shopping is now replacing shopping in the store. Do you think it is a positive or negative development?

2. Some people think that social networking sites have a huge negative impact on both individual and society. To what extent do you agree or disagree?

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3. Nowadays consumers are faced with the advertisements from competitive companies. To what extent do you agree that consumers are influenced by advertisements? What measures should be taken to protect them?

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4. A recent survey shows that in many countries across the world people are generally living longer. But an increased life expectancy has many implications for the aging individuals and for the society as a whole. What are the possible effects of a longer life expectancy on individuals and the society? 【NEW】

最近的一项调查显示，在世界上许多国家，人们的寿命普遍更长。但是，预期寿命的增加对老年人和整个社会都有许多影响。延长预期寿命对个人和社会可能产生什么影响？

❖ 参考论点

1. people can engage in lifelong learning, continue working, or embark on new careers. 人们可以从事终身学习，继续工作或开始新的职业。

2. With retirement often starting later and lasting longer, individuals may need to save more and plan better to ensure financial security throughout their golden years. 由于退休通常开始得更晚，持续时间更长，个人可能需要储蓄更多，并更好地计划，以确保整个黄金时期的财务安全。

3. there will be a growing demand for healthcare services, long-term care facilities, and other forms of support for elderly citizens. 对医疗保健服务、长期护理设施和其他形式的老年人支持的需求将不断增长。

4. The knowledge and experience of older individuals can be tapped into, leading to intergenerational learning and knowledge transfer. 可以利用老年人的知识和经验，从而进行代际学习和知识转移。

❖ 参考论文

In recent years, people around the world have been enjoying longer life spans due to advancements in healthcare and living conditions. While this increased life expectancy is undoubtedly positive development, it also brings about various implications for both individuals and society as a whole.

Firstly, longer life expectancy has a significant impact on individuals themselves. On a personal level, individuals have more time to pursue their goals, dreams, and personal interests. With extended life spans, people can engage in lifelong learning,

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continue working, or embark on new careers. This prolonged period of productivity and engagement can lead to higher levels of personal fulfillment and satisfaction.

However, individuals with longer life expectancy are likely to require additional financial resources to sustain their livelihoods during their extended years. With retirement often starting later and lasting longer, individuals may need to save more and plan better to ensure financial security throughout their golden years. This increased financial burden can place additional strain on individuals and families, as well as on social support systems.

Moving on to the societal implications, an aging population resulting from longer life expectancy presents both challenges and opportunities for societies. On the one hand, there will be a growing demand for healthcare services, long-term care facilities, and other forms of support for elderly citizens. This can create a strain on healthcare systems, social welfare programs, and pension schemes. Governments and societies will need to adjust their policies and allocate appropriate resources to meet these needs.

On the other hand, a longer life span also brings potential benefits to society. The knowledge and experience of older individuals can be tapped into, leading to intergenerational learning and knowledge transfer. Older adults can contribute to the workforce and the economy for extended periods, promoting economic growth and stability. Moreover, societies can benefit from the wisdom and guidance of older individuals in decision-making processes, leading to more balanced and inclusive policies.

趴趴教育 PAPA EDU

In conclusion, longer life expectancy has wide-ranging effects on both individuals and society. While individuals can enjoy extended periods of productivity and personal fulfillment, they also face financial challenges. Societies will need to adapt to address the increased demand for healthcare and social support, but can also benefit from the contributions of older individuals. Ultimately, the implications of longer life expectancy call for comprehensive planning and policies to ensure well-being for all ages within societies.

❖ 推荐高分词组/句型：

1. prolonged period　长期

This prolonged period of productivity and engagement can lead to higher levels of personal fulfillment and satisfaction.

2. additional strain on 额外的压力

This increased financial burden can place additional strain on individuals and

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families.

3. ensure financial security 确保财政安全

individuals may need to save more and plan better to ensure financial security throughout their golden years.

4. be tapped into 被挖掘

The knowledge and experience of older individuals can be tapped into, leading to intergenerational learning and knowledge transfer.

5. intergenerational learning 代际学习

The knowledge and experience of older individuals can be tapped into, leading to intergenerational learning and knowledge transfer.

❖ 相似题目：

1. Some people think that the government should offer financial support and care to old people, while others think that people should save money for their future life. Discuss both these views and give your own opinion.

2. Some cultures think old people are of higher value than the youth, while other cultures value the youth more. Discuss both sides and give your opinion.

3. With technology speeding up, more and more young people begin to use mobile phones and the Internet. But old people have little chance to be exposed to them. What ways could mobile phone and the Internet be useful to old people? How can old people be encouraged to use this new technology?

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5. Some people think zoos are cruel and all the zoos should be closed. However, some people think zoos can help protect the rare animals. Discuss both these views and give your own opinion.

有些人认为动物园很残忍，所有的动物园都应该关闭。然而，有些人认为动物园可以帮助保护稀有动物。讨论这两种观点并给出你自己的观点。

❖ 参考论点

Positive:

1. provide a safe environment for endangered animals（为濒危动物提供安全环境）
2. Zoos play a critical role in educating the public about wildlife conservation and animal behavior.（在教育公众野生动物保护和动物行为方面起着至关重要的作用）
3. contribute to scientific research and breeding programs（为科学研究和繁殖项目做出贡献）

Negative:

1. It is cruel to restrict the freedom of animals.（限制动物自由是残忍的行为）
2. Living in unnatural environments can cause animals to suffer psychological or physical harm.（生活在非自然环境可能导致动物产生心理或身体上的伤害）
3. Many zoos use animals as entertainment for profit.（很多动物园出于利润而将动物作为娱乐目的）

❖ 参考范文

Zoos have always been a topic of debate among people. While some believe that zoos are cruel and should be closed, others argue that they play a crucial role in protecting rare and endangered animals. In this essay, I will discuss both views and provide my opinion.

On the one hand, those who oppose zoos argue that animals should not be kept in captivity. They believe that it is cruel to confine animals to small enclosures and deprive them of their freedom. Furthermore, animals in zoos are often subjected to physical and psychological distress due to the unnatural environments they are forced to live in. Moreover, critics argue that zoos prioritize profit over animal welfare, and animals are often exploited for entertainment purposes.

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On the other hand, supporters of zoos argue that they provide a safe environment for endangered animals. Zoos offer protection and care for animals that are facing extinction due to habitat destruction, poaching, and other threats. In addition, zoos play a critical role in educating the public about wildlife conservation and animal behavior. Zoos also contribute to scientific research and breeding programs, which are essential for the survival of some endangered species.

In my opinion, while there are some valid arguments against zoos, I believe that they are necessary for the protection and conservation of rare and endangered animals. However, zoos should be regulated and monitored to ensure that animal welfare is prioritized over profit. Zoos should also focus on education and scientific research, rather than solely on entertainment.

In conclusion, the debate over zoos will continue. However, I believe that zoos can be a valuable tool for conservation and education if they are managed correctly. We must find a balance between animal welfare and conservation efforts to ensure the survival of endangered species.

❖ 推荐高分词组/句型：

1. **deprive sb. of sth.**剥夺

They've been **deprived of** the fuel necessary to heat their homes.

2. **be subjected to** 遭受

The city **was subjected to** heavy bombing.

3. **prioritize A over B** 比起 B 更重视 A

Some schools **prioritize** students' academic performance **over** psychological health.

4. **find a balance between** 寻求平衡

You have to **find a balance between** your family and your own sense of self.

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❖ 相似题目

1.Many animal species in the world are becoming extinct nowadays. Some people say that countries and individuals should protect these animals from dying out, while others say we should concentrate more on problems of human beings. Discuss both views and give your opinion.

2.In the modern world, it is no longer necessary to use animals for food or use animal products, for instance, clothing and medicines. To what extent do you agree or disagree?

3.Many animal species in the world are becoming extinct nowadays. Some people say that countries and individuals should protect these animals from dying out, while others say we should concentrate more on problems of human beings. Discuss both views and give your opinion.

4.Some people argue that too much attention and too many resources are given to the protection of wild animals and birds. To what extent do you agree or disagree?

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6. Nowadays, some parents put a lot of pressure on their children. What is the reason for doing that? Is this a positive or negative development for children?

现在，一些父母给他们的孩子很大的压力。这样做的原因是什么?这对孩子来说是一种积极的还是消极的发展?

❖ 参考论点

Positive:

1. A certain amount of pressure can be positive and motivate children to work harder and achieve their goals.（一定的压力是积极的，可以激励孩子们更加努力地学习，实现他们的目标）

2. A certain amount of pressure can help children to develop important life skills such as time management, resilience, and determination.（一定的压力可以帮助孩子们发展重要的生活技能，如时间管理、适应力和决心）

Negative:

1.The pressure to succeed can be overwhelming and cause mental problems.（成功的压力可能导致孩子的精神问题）

2.The constant focus on achieving academic success can also lead to neglect of other important areas.（对学业成功的持续关注也会导致孩子生活中其他重要方面的忽视）

3.Children may feel a lack of control over their lives.（孩子们可能会感到对自己的生活缺乏控制）

❖ 参考范文

In recent years, there has been an increasing trend for parents to put pressure on their children to achieve academic success. This is largely due to the belief that academic success is the key to a good career and a comfortable life. Parents feel that they must do everything they can to ensure their children have the best possible start in life.

However, this can have negative consequences for children. The pressure to succeed can be overwhelming and cause feelings of inadequacy, low self-esteem, and even depression. The constant focus on achieving academic success can also lead to neglect of other important areas of a child's life, such as their relationships with family and

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friends, physical health, and personal interests. Furthermore, children may feel a lack of control over their lives, leading to feelings of helplessness and hopelessness.

On the other hand, some argue that a certain amount of pressure can be positive and motivate children to work harder and achieve their goals. It can also help children to develop important life skills such as time management, resilience, and determination.

In my opinion, while some pressure can be motivating, parents need to be careful not to put too much pressure on their children. Parents should encourage their children to work hard and strive for success, but they should also emphasise the importance of a balanced lifestyle and encourage their children to pursue interests and hobbies outside of school. Parents should also be aware of their child's mental health and seek professional help if necessary.

❖ 推荐高分词组/句型：

1. **There has been an increasing trend for**...有...的趋势

There has been an increasing trend for practicing scientists to write science fiction (SF) and PS.

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2. **A certain amount of** 一定量的

A certain amount of stress is vital to provide motivation and challenge.

3. **strive for** 争取

Strive for the best, prepare for the worst.

4. seek help 寻求帮助

So **seeking** psychiatric **help** is nothing special.

❖ 相似题目

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1.Some people believe that parents have a great influence on children’s growth but influences from the outside play a more important rule. Do you agree or disagree?

2.Nowadays children have too much freedom, school and university students are under great pressure and pushed to work hard. Do you agree or disagree?

3.In some countries, the parents expect children to spend long time in studying both in and after school and have less free time. Do you think it has positive or negative effects on children and the society?

4.Many parents choose to teach their children at home instead of sending them to school. Do you think the benefits of home schooling outweigh its drawbacks?

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7. Some people think that men and women have different qualities. Therefore, some jobs are suitable for men and others are suitable for women. To what extent do you agree or disagree?

有些人认为男人和女人有不同的品质。因此，有些工作适合男性，有些工作适合女性。你在多大程度上同意或不同意?

❖ 参考论点

Agree:

1. Certain jobs are better suited for one gender is that men and women have different physical abilities（男性和女性的身体能力不同）
2. Different genders have different career preferences and psychological characteristics（不同性别有不同的职业偏好和心理特征）

Disagree:

1. Many jobs require skills and abilities that are not specific to one gender or the other.（许多工作所需要的技能和能力并不局限于某一性别）
2. The idea that men and women have different qualities and are better suited for certain jobs can lead to discrimination and inequality.（更适合某些工作的想法会导致歧视和不平等）

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❖ 参考范文

In recent years, the discussion about whether certain jobs are more suitable for men or women has become a topic of debate. Some people argue that men and women have different qualities and that certain jobs should be reserved for one gender or the other. Others believe that people should be able to pursue any career regardless of gender. In my opinion, the idea that men and women have different qualities and are better suited for certain jobs is outdated and unfair.

One argument for the idea that certain jobs are better suited for one gender is that men and women have different physical abilities. For example, men are generally stronger than women, so they may be more suited for jobs that require physical labor. Similarly, women are often viewed as being more nurturing, so they may be better suited for jobs that involve caring for others, such as nursing or teaching.

However, this argument overlooks the fact that many jobs require skills and abilities

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that are not specific to one gender or the other. For example, both men and women can be good leaders, good communicators, and good problem solvers. In fact, research has shown that having a diverse workforce that includes both men and women can lead to better outcomes for businesses and organizations.

Furthermore, the idea that men and women have different qualities and are better suited for certain jobs can lead to discrimination and inequality. If certain jobs are seen as being "for men" or "for women," then people who do not conform to those gender norms may be excluded from those jobs or face discrimination in the workplace. This can limit opportunities for individuals and lead to a less diverse and less productive workforce.

In conclusion, I believe that the idea that certain jobs are better suited for men or women is outdated and unfair. People should be able to pursue any career they are interested in regardless of gender. By promoting equality and diversity in the workplace, we can create a more inclusive and productive society.

❖ 推荐高分词组/句型：

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1. **view as** 把...看作

He **views** boxing **as** his passport out of poverty.

2. **lead to better outcomes** 带来更好的结果

Having a strong social network has been proven to **lead to better outcomes**.

3. **conform to** 符合，与...一致

The kinds of books in her library **conform to** her level of education.

❖ 相似题目

1.Some people think that younger people are not suitable for important positions in government. Others think that it will be a good idea for younger people to take on

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these positions. Discuss both these views and give your own opinion.

2.Some people believe that women should play an equal role as men in a country's police or military forces, while others think women are not suitable for these kinds of jobs. Discuss both views and give your opinion.

3.Today in many countries, both women and men work full-time. Logically, women and men should share household tasks equally. To what extent do you agree or disagree?

4.Nowadays, men and women in many countries decide to have babies at an older age. What are the reasons? What effects does this trend have on society and family life?

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8 . Competitiveness is a positive quality for people to have in most societies. How does competitiveness affect individuals? Do you think it is a positive or negative trend?

在大部分社会里，竞争是人们拥有的一种积极品质。竞争如何影响个人？你认为这是积极的还是消极的趋势？

❖ 参考论点

Positive:

1. more motivated to obtain skills and strategies （更有动力去学习技能）
2. the products and services would become significantly improved （产品和服务质量会显著提升）
3. increase effectiveness (提高效率)
4. impact positively on people around (对身边人产生积极影响)
5. encourage people to improve themselves in various aspects in spare time (激励人们在空余时间从各方面提升自我)

Negative:

1. mental pressure that damages their confidence (会成为打击自信的心理压力)
2. focus more on the result instead of process （让人更关注结果而非过程）
3. pursue success so hard that people's health condition might be ignored (太过努力追求成功而忽略了健康状况)
4. may do harm to interpersonal relationships if people concentrate solely on the goals (如果只关注目标，可能伤害到人际关系)

❖ 参考范文

Which is it? A positive inner quality that favours both individuals and the society as a whole? Or an outcome that we are reluctant to see? The spread of competitiveness in people's attitudes towards their lives and the world is making the public confused.

Competitiveness or ambition, as an inner quality of an individual, plays two contradictory roles in the life of a modern individual. On the one hand, people with a strong desire for success stand a much better chance of final achievement, as they are often more motivated to obtain skills and strategies they need and more readily

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prepared for opportunities. On the other hand, an overemphasis on outcomes may also make people suffer, based on the fact that failures are unavoidable, and their desire for success may finally turn into mental pressure that damages their confidence.

On a social level, the picture seems much rosier. After all, if more and more people become motivated and make their best in daily jobs, the products and services that we can enjoy would become significantly improved. Ultimately, though, there are still some questions to ask, such as does the improvement of material lives really enhance our happiness when it places extra pressure on every one of us; or is it really positive given that it might give rise to unfair competitions?

In conclusion, competitiveness or people ' s ambition is obviously an important personal quality. But only when it is restricted to a healthy level does it exert positive influence on us. In addition, the effectiveness of the trend – more and more people are ambitious – to enhance our material lives should also be identified, while it is still questionable whether this improves our sense of happiness.

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❖ 推荐高分词组/句型：

1. **be reluctant to** 不愿去

More than five decades on, Judy is reluctant to judge her one-time friend too harshly.

2. **on a adj. level** 如 on a social level 在。。。层面上 比如：在社会层面上

The key to success (in any aspect of life) is to judge achievement on an individual level by creating a self-sufficient environment, making it relative to your circumstances.

3. **ultimately, though,** 然而最终

Ultimately, though, the customer that has to be satisfied is the people of Afghanistan.

4. **place extra pressure on** 给。。。增添额外压力

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"By providing this protection we avoid the risk, however small, that some students will choose to forego a gap year in 2005 and thus place extra pressure on places in the higher education system for the year, " he said.

5. **it is still questionable whether …** 。。。是否 。。。仍然不明朗

Given the number of kids on the autism spectrum, it is still questionable whether O'Dell's methods can be captured, encoded and distributed.

❖ 相似题目

1. In modern society, more people regard ambition as a positive quality. How important is ambition to becoming successful in life? Is it a positive or negative quality?
2. There are many different reasons that can keep a person in their workplace. Some believe that money is the main reason as paying more money is the only possible motivation to make employees work harder and to increase their productivity, but others think a satisfying job should be useful to society， To what extent do you agree with this statement?
3. Some people are giving more importance to employing people with good social skills in addition to with good qualification. Do you agree or disagree?
4. There is a trend of increasing competitiveness in today's society. In your opinion, is it a good or bad development?

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9.People are surrounded by many kinds of advertising which can influence their life. Does the positive effect of this trend outweigh negative effects?

我们周围充斥着很多广告，这些广告极大地影响了我们的生活。你认为广告带来的积极影响大于负面影响吗？

❖ 参考论点

Positive：
1. enable consumers to make well-informed decisions （让消费者作出合理的选择）the sales of these commodities could increase （增加商品销量）
2. allow viewers to take a rest from continuous TV shows (让观众在连续的电视节目中得到休息)
3. provide job opportunities in advertising and modelling (为广告业和模特提供就业机会)
4. creative advertisements can serve as an entertainment (创意广告可以当作娱乐节目)

Negative:
1. inaccurate information (不实信息)
2. push insensible purchases (促使冲动消费)
3. may contain inappropriate content for young people (也许会含有不适合年轻人的内容)
4. drive irrational viewers to pursue vanity (促使不理智的观众追求虚荣)
5. some ads are repetitive and annoying (有些广告很反复很烦人)

❖ 参考范文

The prosperity of market economy and the improvement of telecommunication allow a growing number of companies to publicize their products through advertisements. In this case, how to evaluate the pros and cons of advertising is under discussion. Although it may sometimes mislead some consumers, in my opinion, its benefits should be highlighted.

To begin with, advertisements enable consumers to make well-informed decisions on purchasing goods. Much information is provided through advertisements, such as materials, prices, functions and so on. Therefore, it is possible for consumers to learn about what they are going to purchase in detail, and they are able to know whether the goods are suitable.

In addition, manufacturers are capable of employing the advertisements to promote

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their products. It is undeniable that advertising is increasingly effective in terms of sales promotion. Celebrity endorsement is a good case in point. For instance, many sports stores and companies invite famous players to endorse their newly-developed sneakers, so the followers, in order to support their idols, are more willing to buy such advertised goods, which would also give them an illusion that they are similar to these athletes; therefore the sales of these commodities could increase.

Advertisements, on the other hand, sometimes convey the inaccurate information and push those who are insensible to purchase unnecessary items. It is possible that there are some exaggerations and excessive publicity in the advertisements. However, it can be solved if related divisions impose the regulation on the advertising industry.

In conclusion, I do believe advertisements provide the chance for consumers to make reasonable purchasing decisions and for producers to promote their merchandises, and finally, efforts should be made to refuse fake and misleading advertising.
(279 words)

❖ **推荐高分词组/句型：**

1. **a growing number of** 越来越多的... (后加可数名词复数)
A growing number of citizens prefer to travel abroad with the rise in their individual income.

2. **pros and cons** 连用时候表示利处和弊处
We have to admit that there are both pros and cons of one thing.

3. **well-informed** 消息灵通的、知识渊博的
Most people are not very well-informed about the disease

4. **increasingly** (等于 gradually) 越来越...
Overpopulation has been increasingly obvious with a large number of people from rural areas rushing in cities.

5. **impose ... on** 强制执行、强制推行
The government imposed a ban on the sale of ivory.

❖ **相似题目：**

1. Nowadays, some people believe advertising is useful and informative. Others believe advertising give false information about the products and increase the price of goods, what is your opinion?
2. Nowadays, a large amount of advertising is aimed at children, some people think

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there are lots of negative effects for children, and should banned it, give your opinion, to what extent you agree or disagree.

3. Many people choose to copy celebrities seen on TV and in magazines. Try to explain why it is happening. Is it a positive or a negative development? Give your own opinion.

4. Some people say that advertising is good for the economy, while others claim that it has a negative influence on the self-image of consumers. Discuss both sides and provide our own opinion.

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10.When a new town is planned, it is more important to develop public parks and sports facilities than building shopping centers. To what extent do you agree or disagree?

在计划建设一座新城镇时，建造公园和体育设施比购物中心更重要。你在多大程度上同意或不同意这个观点？

❖ 参考论点

Agree：

1. Sports facilities and parks allow people to do a variety of sports to stay healthy（人们可以在体育设施和公园里做运动以保持健康）

2. Parks are places where people can spend high-quality time with their family members（人们可以在公园与家人共度美好时光）

People need to spend money in shopping centers in order to have fun, while parks are all free（人们在购物中心需要消费才能真正体会到快乐，但公园是免费的）

3. Parks are more suitable for the elderly to spend their free time （公园比购物中心更适合长者）

4. People can walk their dogs in parks, which shopping centers don't allow（人们可以在公园遛狗，但购物中心不允许这样做）

Disagree:

1. Shopping centers generally offer more ways of entertainment than parks and sports facility（购物中心通常比公园和体育设施提供更多娱乐方式）

2. People can enjoy the fun of buying whatever they want in shopping centers（人们在购物中心可以通过购买自己喜欢的东西来享受快乐）

3. People can eat together in shopping centers, which is a great way to socialize and relax（人们在购物中心可以一起吃饭，这是社交和放松的一种好方式）

4. Shopping centers have more space for people to sit together and relax（购物中心有更多空间让人们坐下来放松）

5. It could be fun and relaxing for people to walk around and see things they want to buy in shopping centers（人们在购物中心到处走并看到自己想买的东西时，可能体会到更多快乐）

❖ 参考范文

When planning how to build a new town, policymakers often face a dilemma--whether they should construct more parks and sports facilities or more shopping centers. Both facilities have their role in society, but overall, I agree with the idea that developing more parks and sports facilities is more beneficial for the public.

One key role that parks and sports facilities play in society is that they offer enough space for the public to do exercise, sports and activities that can keep people healthy in the long term. Admittedly, playing sports on a regular basis strengthens our immune system which can keep us away from diseases and therefore helps longevity.

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In contrast, shopping centers are not designed for people to play sports. For the sake of the public health in the long run, governments should build more parks and sports facilities.

Another advantage of parks over shopping centers is that they are mostly free or only charge a low price. Compared with shopping centers where people need to buy things in order to truly enjoy the experience, the public can have all the fun they want for free in parks. In this regard, parks are better as they provide a much cheaper option than shopping centers for people to spend their free time.

Indeed, shopping centers allow people to have fun and relax through consumption, but this way of entertainment only suits a fraction of the population, whereas parks apparently cover the need of a majority. For instance, the elderly can do exercise in parks, but most of them would not consider shopping center as somewhere they can have the same kind of fun.

Based on the above analysis, it is more important for governments to build more parks and sports facilities while planning a new town.

❖ **推荐高分词组/句型**

1. **Policymakers** 政策制定者

Policymakers' decisions affect millions of people's lives.

2. **on a regular basis** 定期地，经常地

He writes diaries on a regular basis.

3. **longevity** 长寿

I wish you both health and longevity.

4. **for the sake of** 为了……的好处

For the sake of students' health, schools decide to shut down for at least a month.

5. **a fraction of** 一小部分的

Only a fraction of us agree with his decision.

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❖ 相似题目

1. Online shopping is replacing shopping in stores. Do you think it is a positive or negative development?
2. In many cities, urban planners have located shops, offices, schools and residences in different areas that are widely separated. Do you think the advantages of this policy outweigh its disadvantages?
3. Some people think the manufacturers or shopping malls should sell less packaged products and others argue that people have the responsibility to buy products with less packaging. Discuss both views and give you own opinion.
4. Some people think that the best way to reduce time spent traveling to work is to replace parks and gardens close to the city center with apartment buildings for commuters, but others disagree. Discuss both views and give your own opinion.

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政府类

1. Some people think that governments should spend money for faster public transportation, others think that there are other important priorities (e.g. cost, environment). Discuss both views and give your opinion. 【NEW】

有些人认为政府应该为了更快的公共交通花钱，另一些人则认为还有其他重要的优先事项（例如成本，环境）。讨论两种观点并发表你的意见。

❖ 参考论点

1. an efficient transit system reduces commuting time, easing congestion and improving productivity. 高效的交通系统可减少通勤时间，缓解拥堵并提高生产力。

2. fast and reliable public transportation attracts more users, leading to increased revenue for the government. 快速可靠的公共交通吸引了更多用户，从而为政府增加了收入。

3. investing in public transportation helps reduce carbon emissions. 投资公共交通有助于减少碳排放。

4. healthcare, education, and social welfare require significant financial investment to ensure the well-being and development of citizens. 医疗保健、教育和社会福利需要大量的财政投资，以确保公民的福祉和发展。

❖ 参考范文

Public transportation plays a crucial role in urban development, ensuring efficient mobility for citizens. However, a debate arises regarding whether governments should prioritize investing in faster public transportation or allocate resources to address other pressing issues. This essay will examine both viewpoints and offer a balanced perspective.

Advocates argue that investing in faster public transportation yields numerous benefits. Firstly, an efficient transit system reduces commuting time, easing congestion and improving productivity. Shorter travel times also enhance the quality of life by allowing individuals to spend more time with their families or engage in recreational activities. Additionally, fast and reliable public transportation attracts

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more users, leading to increased revenue for the government. Finally, investing in public transportation helps reduce carbon emissions, contributing to a greener environment and combatting climate change.

On the other hand, some argue that there are equally important priorities that warrant government attention. For instance, healthcare, education, and social welfare require significant financial investment to ensure the well-being and development of citizens. Neglecting these areas can lead to adverse societal consequences, including increased inequality and a lack of opportunities for vulnerable communities. Moreover, allocating funds towards environmental conservation and renewable energy initiatives is crucial in addressing climate change and preserving natural resources.

While it is essential to invest in faster public transportation, governments should strike a balance between different priorities. A comprehensive approach is necessary to address the needs of citizens holistically. Adequate funding for healthcare, education, and social welfare programs is vital for a prosperous society. At the same time, allocating resources towards eco-friendly infrastructure and renewable energy projects aligns with sustainable development goals.

Furthermore, governments should explore ways to optimize existing transportation systems before considering introducing expensive high-speed networks. Upgrading existing infrastructure, improving reliability, and implementing smart technologies can make public transportation faster and more efficient without incurring substantial costs.

趴趴教育 PAPA EDU

In conclusion, while faster public transportation offers significant benefits, governments must carefully consider competing priorities. Investment in public healthcare, education, social welfare, and environmental conservation should not be overlooked. Striking a balance and adopting a comprehensive approach will contribute to the overall well-being and sustainable development of a nation. Only by considering diverse needs can governments truly cater to the demands of its population.

❖ 推荐高分词组/句型：

1. strike a balance between 在…之间达成平衡

governments should strike a balance between different priorities.

2. aligns with 与…对齐

allocating resources towards eco-friendly infrastructure and renewable energy projects aligns with sustainable development goals.

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3. incurring substantial costs 产生大量成本

and implementing smart technologies can make public transportation faster and more efficient without incurring substantial costs.

4. cater to 满足

Only by considering diverse needs can governments truly cater to the demands of its population.

❖ 相似题目

1. In order to solve traffic problems, governments should tax private car owners heavily and use the money to improve public transportation. What are the advantages and disadvantages of such a solution?
2. Some cities have vehicle-free days, when private cars, trucks and motorcycles are banned from the city center and people are advised to use public transportation, like buses, taxis, and the subway. Do the advantages of this outweigh the disadvantages?
3. Thanks to the development in transportation and communication, people in some countries can now choose to live and work wherever they want. Do the advantages outweigh the disadvantages?

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2. **Some cities have vehicle-free days, when private cars, trucks and motorcycles are banned in city centers and people are advised to use public transportations like buses, taxis, and the subways. Do the advantages of this outweigh the disadvantages? 【NEW】**

一些城市有无车日，市中心禁止私家车、卡车和摩托车，建议人们使用公共汽车、出租车和地铁等公共交通工具。这样做的好处大于缺点吗?

❖ 参考论点

1. By limiting their use on designated days, these emissions can be significantly reduced, leading to improved air quality and a healthier environment for city dwellers. 通过限制在指定日期使用，可以显着减少这些排放，从而改善空气质量并为城市居民提供更健康的环境。

2. vehicle-free days promote the use of sustainable modes of transportation. 无车日促进了可持续交通方式的使用。

3. more people may opt to travel on foot or by bicycle. This not only reduces carbon emissions but also promotes physical activity, leading to better health outcomes for residents. 更多的人可能会选择步行或骑自行车旅行。这不仅减少了碳排放，还促进了身体活动，为居民带来了更好的健康结果。

4. Some individuals may find it difficult to adjust to alternative modes of transport, especially if the public transportation system is inadequate or unreliable in certain areas. 有些人可能会发现很难适应其他交通方式，特别是如果公共交通系统在某些地区不足或不可靠。

5. This could negatively impact local businesses and the overall economy of the city. 这可能会对当地企业和城市的整体经济产生负面影响。

❖ 参考范文

Vehicle-free days, during which private cars, trucks, and motorcycles are prohibited in city centers and people are encouraged to use public transportation like buses, taxis,

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and subways, have become increasingly popular in some cities. This essay will discuss the advantages and disadvantages of implementing vehicle-free days and determine whether the benefits outweigh the drawbacks.

One of the main advantages of vehicle-free days is the reduction in air pollution. Private cars and motorcycles are major contributors to air pollution, releasing harmful emissions such as carbon dioxide and nitrogen oxides. By limiting their use on designated days, these emissions can be significantly reduced, leading to improved air quality and a healthier environment for city dwellers.

Moreover, vehicle-free days promote the use of sustainable modes of transportation. Public transportations like buses, taxis, and subways are more energy-efficient and emit fewer greenhouse gases compared to private vehicles. Encouraging people to rely on these modes of transport can help reduce traffic congestion and alleviate the ecological footprint associated with individual car ownership.

Additionally, vehicle-free days create opportunities for active lifestyles. With private cars restricted, more people may opt to travel on foot or by bicycle. This not only reduces carbon emissions but also promotes physical activity, leading to better health outcomes for residents. Furthermore, it can enhance the livability of cities by creating pedestrian-friendly spaces that are conducive to walking, socializing, and outdoor activities.

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However, there are also certain disadvantages to consider. Firstly, vehicle-free days may inconvenience those who heavily rely on private cars for daily commuting or transportation purposes. Some individuals may find it difficult to adjust to alternative modes of transport, especially if the public transportation system is inadequate or unreliable in certain areas. This could lead to increased travel times and potential productivity losses.

Secondly, businesses in city centers may suffer as a result of vehicle-free days. Restrictions on private vehicles may deter customers from visiting shops, restaurants, and other establishments located in these areas. This could negatively impact local businesses and the overall economy of the city.

In conclusion, vehicle-free days offer several benefits such as reduced air pollution, and promotion of sustainable transportation. However, there are also drawbacks, including inconvenience for daily commuters and potential negative effects on local businesses. Taking these factors into account, it can be argued that the advantages of implementing vehicle-free days outweigh the disadvantages, considering the long-term environmental and health benefits they bring to cities.

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❖ 推荐高分词组/句型：

1. alleviate the ecological footprint 减少生态足迹

Encouraging people to rely on these modes of transport can help reduce traffic congestion and alleviate the ecological footprint associated with individual car ownership.

2. deter sb. from 组织某人做

Restrictions on private vehicles may deter customers from visiting shops.

3. Taking these factors into account 考虑到这些因素

Taking these factors into account, it can be argued that the advantages of implementing vehicle-free days outweigh the disadvantages.

❖ 相似题目

1. In order to solve traffic problems, governments should tax private car owners heavily and use the money to improve public transportation. What are the advantages and disadvantages of such a solution?

2. Some cities have vehicle-free days, when private cars, trucks and motorcycles are banned from the city center and people are advised to use public transportation, like buses, taxis, and the subway. Do the advantages of this outweigh the disadvantages?

3. Thanks to the development in transportation and communication, people in some countries can now choose to live and work wherever they want. Do the advantages outweigh the disadvantages?

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3. The best way to solve traffic and transportation problem is to encourage people to live in cities rather than suburbs and countrysides. To what extent do you agree or disagree?

解决交通运输问题的最好办法是鼓励人们住在城市，而不是郊区和农村。你在多大程度上同意或不同意?

❖ 参考论点

Agree:

1. Public transportation systems are typically better developed in urban areas, making it easier for people to get around without relying on cars.（城市地区的公共交通系统通常更发达，使人们不依赖汽车更容易出行）
2. When people live in cities, they are more likely to walk or bike to work.（住在城市更有可能步行或骑自行车上班）

Disagree:

1. Cities are often more expensive to live in.（城市的生活成本更高）
2. Encouraging people to live in cities may also put a strain on existing infrastructure and services.（鼓励人们住在城市也可能给现有的基础设施和服务带来压力）

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❖ 参考范文

Traffic congestion and transportation problems are a growing concern in many urban areas. Some people believe that encouraging people to live in cities is the best way to address these issues, while others argue that this approach is not feasible or effective.

On one hand, advocates of living in cities argue that concentrating people in urban areas would reduce the need for cars and decrease traffic congestion. This is because public transportation systems are typically better developed in urban areas, making it easier for people to get around without relying on cars. Furthermore, when people live in cities, they are more likely to walk or bike to work, reducing the need for motor vehicles altogether.

On the other hand, those who oppose this viewpoint argue that it may not be feasible for all people to dwell in cities. Cities are often more expensive to live in, so that not everyone can afford the high cost of living associated with urban areas. Encouraging

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people to live in cities may also put a strain on existing infrastructure and services, leading to further congestion and other problems.

In my opinion, the best way to solve traffic and transportation problems is to encourage a mix of solutions that address the needs of all residents, regardless of their location. This may include improving public transportation systems, developing carpooling initiatives, and promoting the use of bicycles and walking paths. Additionally, local governments can explore options such as flexi-hours or remote work arrangements to reduce the number of people commuting during peak hours. Ultimately, a combination of measures will be required to effectively tackle transportation problems and improve quality of life for all residents.

❖ 推荐高分词组/句型：

1. **...is/are a growing concern**。。。引发越来越多的关注

Chronic stress **is a growing concern** across the labor market.

2. **address the issue** 解决问题

He took a long time to **address the issues**, which only seems to have made things worse.

3. **decrease traffic congestion** 减少交通拥堵

The government have to grasp the nettle to **decrease traffic congestion**.

4. **get around** 出行，到处走

GPS has completely transformed how we **get around**.

5. **put a strain on** 施加压力

And that does **put a strain on** immigration enforcement.

6. **peak hours** 高峰时期

Several cities charge drivers for entering busy areas **at peak hours**.

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❖ 相似题目

1.Some cities have vehicle-free days, when private cars, trucks and motorcycles are banned in city centers and people are advised to use public transportations like buses, taxis, and the subways. Do the advantages of this outweigh the disadvantages?

2.In some cities, governments have tried to reduce traffic congestion by introducing congestion taxes on cars during rush hours. Do you think this is a positive or a negative development?

3.Traffic and housing problems in major cities can be solved by moving large companies, factories and their employees to the countryside. To what extent do you agree or disagree?

4.More and more people buy their own cars. Do you think its advantages to individuals outweigh its disadvantages to the environment?

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4. Because of traffic and housing problems in the cities， the government encourages business move to the rural area. Do you think the advantages outweigh the disadvantages?

由于城市的交通和住房问题，政府鼓励企业搬迁到郊区。你认为这种做法利大于弊吗？

❖ 参考论点

Advantage:

1. It relieves traffic pressure in urban areas. (缓解城区的交通压力）
2. It reduces the demand for housing in the cities, which contributes to lower house prices in the city.（城区住房需求下降，促进城区房价降低）
3. Businesses promote industrial and economic development in the suburbs.（企业促进郊区工业和经济发展）

Disadvantage:

1. Remote suburban location leads to inconvenient commute（郊区地理位置偏远，通勤不便）
2. Inadequate infrastructure such as communication in rural areas may affect business development（郊区通讯等基础设施不健全，或影响企业发展）
3. The influx of businesses into the rural area may cause environmental pressure（大量企业涌入郊区，或造成环境压力）

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❖ 参考范文

Overpopulation, despite the **economic boom** and rapid development of urbanisation, has been particularly obvious in metropolises, and this has imposed great pressure on the urban housing and traffic. In order to **tackle** such problems, some countries have implemented policies to relocate businesses to the countryside. This action, I believe, will be an effective solution.

On the one hand, the relocation of businesses to remote areas is helpful to reducing house price and relieving traffic pressure. To illustrate, most big cities are often very crowed with large population and limited resources. If some factories move to the countryside, this means that there will be fewer people living in the city, and the rental demand for accommodation in the meanwhile will also be decreased, so the house price **is predicted to** go down when there is more room **available**. Meanwhile, the traffic congestion will also be alleviated because the number of commuters to and from work every day is now smaller. For example, the traffic condition in Beijing becomes much better after some large industrial factories are encouraged to move to peripheral suburbs.

On the other hand, some problems may arise if companies move to the countryside,

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and the most obvious one is that the rural area is generally backward in transportation and communication systems, which may cause a lot of inconveniences for these companies. However, when it is seen in the long run, it is an unnecessary worry, because transportation will be enhanced when more factories come and settle down.

Overall, although there may be inconvenient transportation and communication if businesses move to the country area in the initial age, I believe it is worth trying because it does have effects on dealing with the traffic and housing problems in cities.

❖ 推荐高分词组/句型

1. economic boom 经济快速发展

With the economic boom, people are now paying more attention to their spiritual entertainment.

2. tackle 动词， 解决（替换 solve）

Every citizen should make some efforts to tackle environmental problems.

3. be predicted to do sth; 预计会， 可以代替 will do

The aging population is predicted to account for more than 60% of the total.

4. available 可行的

In addition to attending team sports, there are also other approaches available for students to learn how to cooperate with others.

5. in the long run 从长远的角度看

And it is far from clear that portals will have much value in the long run.

❖ 相似题目

1. In some countries, governments are encouraging industries and businesses to move out of large cities and into regional areas. Do you think the advantages of this development outweigh its disadvantages ?

2. In some developing country, children in rural areas still don't have the access to education. Some people believe that we should provide more schools and teachers,

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some think we should provide computers and Internet access in priority. Discuss both views and give your own opinion.

3. The major cities are growing fast around the globe and many problems occur in the meantime. What problems will young people living in cities face？ What solutions will you suggest？

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教育类

1. Some people think that the main purpose of school is to turn children into good citizens and workers, rather to benefit them as individuals. To what extent do you agree or disagree? 【NEW】

有些人认为学校的主要目的是把孩子变成好公民和好工人，而不是让他们作为个人受益。你在多大程度上同意或不同意？

❖ 参考论点

1. schools aim to create responsible and engaged citizens who are aware of their rights, duties, and the importance of civic participation. 学校旨在培养负责任和参与的公民，他们意识到自己的权利、义务和公民参与的重要性。

2. schools provide the foundations for economic productivity and societal cohesion. 学校为经济生产力和社会凝聚力奠定了基础。

3. Each child possesses unique talents, interests, and potential, which should be nurtured and harnessed. 每个孩子都有独特的才能、兴趣和潜力，应该加以培养和利用。

4. When students are supported in following their passions and interests, they become more motivated and engaged in their studies. 当学生在追随自己的激情和兴趣方面得到支持时，他们会变得更加积极和投入学习。

❖ 参考范文

In today's rapidly changing world, the role of schools is often debated. Some argue that their main purpose should be to transform children into good citizens and workers, while others believe that schools should primarily focus on benefiting them as individuals. In my opinion, while it is essential for schools to instill societal values and nurture professional skills, their core objective should still be the overall development and well-being of each student.

On the one hand, schools play a crucial role in preparing young individuals for their future roles in society. By teaching subjects like history, civics, and ethics, schools aim to create responsible and engaged citizens who are aware of their rights, duties, and the importance of civic participation. Additionally, vocational training equips students with practical skills and knowledge necessary for their future careers. Therefore, schools provide the foundations for economic productivity and societal cohesion.

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On the other hand, schools should not neglect the individual needs and aspirations of their students. Each child possesses unique talents, interests, and potential, which should be nurtured and harnessed. A well-rounded education should go beyond academic achievements and embrace personal growth, emotional intelligence, and creativity. By encouraging self-expression, critical thinking, and problem-solving abilities, schools can help students explore their true potential and develop into fulfilled and confident individuals.

Moreover, taking a student-centered approach benefits not only the individual but also society as a whole. When students are supported in following their passions and interests, they become more motivated and engaged in their studies. This ultimately leads to higher levels of achievement and innovation. By promoting personal development alongside citizenship and work skills, schools foster a sense of purpose and intrinsic motivation within students, enabling them to contribute positively to their communities.

In conclusion, while it is important to acknowledge the role of schools in shaping good citizens and workers, their primary purpose should be to benefit students as individuals. A balanced education that encompasses personal growth alongside academic and vocational training will not only serve the needs of society but also create well-rounded and fulfilled individuals who are prepared to tackle the challenges of the future. Thus, schools should strive to achieve a harmonious blend of societal and individual-focused education.

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❖ 推荐高分词组/句型：

1. transform into 变成

Some argue that their main purpose should be to transform children into good citizens and workers.

2. be aware of 意识到

schools aim to create responsible and engaged citizens who are aware of their rights, duties, and the importance of civic participation.

3. societal cohesion 社会凝聚力

schools provide the foundations for economic productivity and societal cohesion.

4. intrinsic motivation 内在动力

schools foster a sense of purpose and intrinsic motivation within students.

5. blend of 混合

schools should strive to achieve a harmonious blend of societal and individual-focused education.

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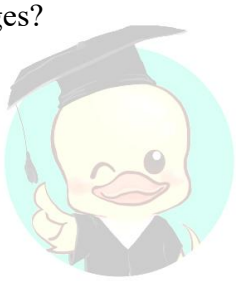
❖ 相似题目：

1. Despite easier access to education, a significant number of adults do not know how to read or write. How can governments solve the problem?

2. In some developing countries, children still don't have access to education. Some people believe that more schools and teachers should be provided, some think computers and Internet access should be provided to advance online learning. Discuss both views and give your own opinion.

3. Everybody should stay at school and keep studying until 18 years old. To what extent do you agree or disagree？

4. A huge amount of money is invested in children’s education. In some countries, the government pays some or all the costs. Do the advantages outweigh the disadvantages?



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2. Some people think that the best way to be successful in life is to get a university education. Others disagree and say that nowadays, this is no longer true. Discuss both views and give your own opinions. 【NEW】

有些人认为在生活中取得成功的最好方法是接受大学教育。其他人不同意并说，如今，这不再是事实。讨论两种观点并发表自己的意见。

❖ 参考论点

1. it equips individuals with the necessary knowledge and skills to excel in their chosen fields. 它为个人提供必要的知识和技能，以在他们选择的领域脱颖而出。

2. universities often offer practical opportunities such as internships and research projects, enabling students to apply theoretical concepts in real-world scenarios. 大学通常提供实习和研究项目等实践机会，使学生能够在现实世界中应用理论概念

3. practical experience and vocational training can be equally valuable, as they provide individuals with hands-on skills that are directly applicable to the workforce. 实践经验和职业培训同样有价值，因为它们为个人提供了直接适用于劳动力的实践技能。

4. Furthermore, entrepreneurship and self-education have become more accessible in recent years, with numerous successful individuals emerging without a formal university qualification. 此外，近年来，创业和自我教育变得更加容易，许多成功人士在没有正式大学学历的情况下出现。

❖ 参考范文

In recent times, the role of a university education in achieving success in life has been a topic of debate. While some individuals argue that obtaining a university degree is the key to success, others contend that this perception is no longer valid in today's society. This essay will examine both viewpoints and provide a personal opinion.

On one hand, proponents of the idea that a university education is crucial for success argue that it equips individuals with the necessary knowledge and skills to excel in their chosen fields. Higher education provides students with a comprehensive understanding of subjects, allowing them to specialize and become experts in their respective areas. Moreover, universities often offer practical opportunities such as internships and research projects, enabling students to apply theoretical concepts in real-world scenarios. Additionally, a university degree is frequently regarded as a prerequisite by many employers, particularly in competitive industries.

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On the other hand, those who oppose the notion point out that there are alternative pathways to achieve one's goals. Some argue that practical experience and vocational training can be equally valuable, as they provide individuals with hands-on skills that are directly applicable to the workforce. For example, individuals pursuing careers in trades such as plumbing or electricians may not require a university degree, but rather technical training and certifications. Furthermore, entrepreneurship and self-education have become more accessible in recent years, with numerous successful individuals emerging without a formal university qualification.

In my opinion, while a university education can significantly contribute to success in life, it is not the sole determining factor. The value of higher education lies in its ability to foster critical thinking, creativity, and a broad understanding of the world. However, success is a multifaceted concept that cannot be solely attributed to academic credentials. Factors such as determination, perseverance, networking skills, and adaptability play equally important roles in achieving success.

In conclusion, the belief that a university education is the ultimate pathway to success is disputed by some individuals. While higher education undoubtedly provides valuable knowledge and opportunities, alternative paths can also lead to success in various fields. Ultimately, success is a result of a combination of factors, including personal attributes, experiences, and qualifications.

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❖ 推荐高分词组/句型：

1. multifaceted concept 多面概念

success is a multifaceted concept that cannot be solely attributed to academic credentials.

2. academic credentials 学术资历

success is a multifaceted concept that cannot be solely attributed to academic credentials.

❖ 相似题目：

1. Despite easier access to education, a significant number of adults do not know how to read or write. How can governments solve the problem?

2. In some developing countries, children still don't have access to education. Some people believe that more schools and teachers should be provided, some think computers and Internet access should be provided to advance online learning. Discuss

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both views and give your own opinion.

3. Everybody should stay at school and keep studying until 18 years old. To what extent do you agree or disagree?

4. A huge amount of money is invested in children's education. In some countries, the government pays some or all the costs. Do the advantages outweigh the disadvantages?

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3. Parents are trying to reach childcare tutors to learn how to take care of their children. Is this essential? Give your opinion on this and illustrate an example.
父母们正试图聘请育儿导师来学习如何照顾孩子，这是必要的吗?请给出你的观点并举例说明。

❖ 参考论点

Positive:

1.Children need to have a comprehensive and scientific care.（孩子需要有一个全面且科学的照顾）

2.avoid family conflicts caused by different parenting concepts（避免因育儿理念不同导致的家庭冲突）

Negative:

1. They can seek advice and guidance from other parents who have already gone through similar experiences.（可以向其他有过类似经历的父母寻求建议和指导）

2. Parenting books and articles can provide helpful tips and guidance.（育儿书籍和文章可以提供有用的建议和指导）

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❖ 参考范文

In recent years, many parents have sought the assistance of childcare tutors to learn how to take care of their children. While this may be helpful in some cases, I do not believe that it is essential.

While it is understandable that some parents may feel overwhelmed and uncertain about how to properly care for their children, it is important to note that there are many ways to acquire the necessary knowledge and skills without the help of a childcare tutor. One option is to seek advice and guidance from other parents who have already gone through similar experiences. This can be done through social media groups, community support groups, or simply by reaching out to friends and family who have children. Additionally, there are countless parenting books and articles available that can provide helpful tips and guidance.

One example of this is a couple I know who have two children. Despite having no prior experience taking care of children, they were able to learn through trial and error and by seeking advice from other parents and resources. They read parenting books and joined online forums to get tips on everything from feeding to sleeping. They also

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made sure to spend quality time with their children, engaging in activities such as reading and playing games together. As a result of their efforts, their children have thrived and are happy and healthy.

In conclusion, while childcare tutors may be helpful in some situations, I do not believe that they are essential for all parents. With experience and the support of available resources, parents can learn how to effectively care for their children.

❖ 推荐高分词组/句型：

1. **seek assistance** 寻求帮助

He was fired for **seeking assistance** outside the proper lines of communication.

2. **go through the experience** 体验，经历

They have successfully **gone through the experience** in containing the outbreak.

3. **reach out to sb.**向某人求助

He **reached out to us** for rescue.

4. **learn through trial and error** 从反复试错中学习

Young faculties have to **learn through trial and error** to improve their pedagogy.

❖ 相似题目

1.Some working parents think that childcare can provide the best care for children who are too young to go to school. Other working parents, however, think that other family members such as grandparents can provide the best care. Discuss both these views and give your opinion.

2.Some working parents believe childcare centers can provide the best care for

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children, while others think family members like grandparents can do it better. Discuss both views and give your opinion.

3.Some people think parents should read or tell stories to children. Others think parents needn’ t do that as children can read books or watch TV, movies by themselves. Discuss both views and give your own opinion.

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4. Some people believe that university students should pay all the cost of studies because university education only benefits students themselves but not society as a whole. To what extent do you agree or disagree?

有些人认为大学生应该支付所有的学习费用，因为大学教育只使学生自己受益，而不是整个社会。你在多大程度上同意或不同意?

❖ 参考论点

Disagree:

1. Education is a public good that benefits society as a whole.（教育是一项公益事业，有利于整个社会）
2. University research often leads to new innovations and discoveries.（大学的研究往往会带来新的创新和发现）
3. The cost of university education is often too high for students to bear on their own.（大学教育的费用往往太高，学生无法自己承担）
4. Requiring students to pay the full cost of education may lead to unequal distribution of education.（要求学生支付全部教育费用，可能会导致教育分配不平等）

趴趴教育 PAPA EDU

❖ 参考范文

In recent years, there has been a debate about whether university students should pay all the cost of their studies. Some people argue that since university education only benefits the individual students and not the society as a whole, they should pay the full cost of their education. However, I disagree with this view.

Firstly, education is a public good that benefits society as a whole. The benefits of a university education extend beyond just the individual student. For example, university graduates can contribute to the economy through their work and pay taxes, which benefits society as a whole. Moreover, university research often leads to new innovations and discoveries that can have significant impacts on society.

Secondly, the cost of university education is often too high for students to bear on their own. Many students come from low-income families and cannot afford to pay for their education. If students were required to pay the full cost of their education, it would create a barrier to higher education and limit opportunities for many people.

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Lastly, if students were required to pay the full cost of their education, it could lead to an unequal distribution of education. Wealthy families would be able to afford to send their children to university, while those from low-income families would be unable to do so. This would create a significant gap between the rich and the poor and limit social mobility.

In conclusion, I believe that university education is a public good that benefits society as a whole, and students should not be required to pay the full cost of their education. It is essential to invest in education to ensure that all individuals have equal opportunities to succeed and contribute to society.

❖ 推荐高分词组/句型：

1. **as a whole** 整体上

The research has far-reaching implications for medicine as a whole.

2. **public good** 公共利益

Not of personal interest, but the public good.

3. **create a barrier** 创造障碍

The students created a barrier to success by thinking they are not good at math.

❖ 相似题目

1.Nowadays, most people learn academic study in university, but others think we should encourage to learn vocational skills more, do you agree or disagree?

2.More and more people want to study at university, so competition in university places is increasing. Why do more and more people want to study at university? Is it positive or negative?

3.Many people believe that main aim for university education is help graduates to find

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a better job, while some people believe that university education has wider benefits for individual and society. Discuss both views and give your own opinion.

4.Theoretical subjects like mathematics, philosophy and economics should be removed from the university education, whereas most of the students are interested in taking practical subjects. Do you agree or disagree with this statement? Discuss both and give own view.

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5.In the past, teachers were the main source of information, but today students have a wide source of information, so teachers are no longer important in the modern education. Do you agree or disagree?

在过去，老师是主要的信息来源，但如今学生拥有大量信息渠道，所以老师在现代教育中已不再重要。你同意这个观点吗？

❖ 参考论点

Agree:

1. There is information on the Internet that is more reliable than teachers（互联网上有大量比老师质量更高的信息源）

2. Students can get in touch with many professionals on the Internet（学生可以通过互联网接触到更多专业人士）

3. Information on the Internet covers a much wider range of knowledge than teachers（互联网信息的知识覆盖面比老师更广）

4. Reliance on teachers might result in limited source of information and crippled critical thinking of students（依赖老师可能造成学生的信息来源单一，难以批判性思考）

5. Students can freely choose what to learn on the Internet（学生可以自由选择在互联网上学习什么）

Disagree:

1. At school, only teachers can guide students face to face in real time（在学校，只有老师能面对面实时辅导学生）

2. Teachers can provide more systematic and effective education(老师能提供更系统长效的教育)

3. Information on the Internet is a mixed bag（互联网信息鱼龙混杂）

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4. The professionalism of certified teachers are more reliable than the Internet（老师经过专业考试认证，职业素养有保障）

5. Students could be misled by information on the Internet（互联网的许多信息会误导学生）

❖ 参考范文

With the rising popularity of the Internet and smart phone, students now have a much wider range of information channels to choose from than ever before. This specific development comes with mixed public reaction as to whether teachers have lost their importance in modern education. I firmly believe that there is still a crucial place for teachers in the current education system.

While most of the other information sources are usually circulated in one-way direction, meaning that students cannot interact with and get feedback from the sources, teachers can guide students face to face in real time. In a real classroom, teachers can immediately react to students' performance, point out the good and bad and guide them to improve, which is much more effective than the Internet-based learning.

More crucially, the exams that teachers need to pass in order to be certified ensure that in comparison with sources on the Internet, which is a mixed bag, qualified teachers can provide much more reliable knowledge. Many information sources are not held accountable for what they post on the Internet, so they are prone to promote misinformation for malicious objectives. In contrast, educational departments and schools can regulate and manage teachers so as to ensure that what they teach is in line with the educational benefit of students.

Some might argue that students can get in touch with many professionals on the Internet, who can provide a much wider range of knowledge than teachers. This claim seems to hold water, but I believe that what matters most is the quality, instead of quantity, of information. As is reasoned above, teachers can provide more reliable educational information, thus even if what they offer is not as diversified as online sources, they still hold immense importance in modern education.

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❖ 推荐高分词组/句型：

1. Real time 实时

Back in the old days, no technology can achieve real-time communication from afar.

2. One-way 单向

Watching TV is one-way interaction between TV content creators and audience.

3. Certified 有合格证件的

He is now a certified basketball trainer.

4. A mixed bag 参差不齐

Food quality at that market is a mixed bag.

5. Be prone to 倾向于

He is prone to make decisions irrationally when he is emotional.

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❖ 相似题目

1. Some people think that adults should learn practical skills by themselves, while others believe that learning from a teacher in a classroom is better. Discuss both these views and giver your own opinion.
2. Some people think that in order to continue improving the quality of high school education, students should be encouraged to evaluate and criticize their teachers. Others, however, assume that this could result in the loss of respect and dignity for teachers. Discuss both these views and give your own opinion.
3. Once children start school, teachers have more influence on their intellectual and social development than their parents. To what extent do you agree or disagree?
4. Some people think that language teaching should take place in small classes, while others believe that the number of students in a language class does not matter. Discuss both these views and give your own opinion.
5. The best way to teach children about how to cooperate with others is to engage them in team sports at school. To what extent do you agree or disagree?

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6. **Families who send their children to private schools should not be required to pay taxes that support the state education system. To what extent do you agree or disagree with this statement?**
把孩子送去上私立学校的家庭不应被要求缴纳用于支持公立教育系统的税额。你在多大程度上同意或不同意这种说法？

❖ 参考论点

Agree:
1. Families that send children to private schools have already paid high tuition fees, taxing them will put an even heavier financial burden on them（家庭将孩子送去上私立学校已经需要缴纳较高的费用，要求他们为公立教育纳税会进一步加重他们的经济负担）
2. Taxing these families will impact the academic development of their children（这一措施将影响这部分家庭孩子的学业发展）
3. The development of state education doesn't benefit these families, so they should not pay tax for it（公立教育的发展不会让这部分家庭受益，所以他们不应为此纳税）
4. Many families choose private schools because of their higher quality of education and they should not be burdened with tax as a result of this choice（较多家庭选择私立学校是为了追求更高质量的教育资源，他们不应为这个选择背负沉重的税负）
5. Governments should fund state education system through other channels（政府可以从其他渠道寻求资金支持公立教育系统）

Disagree:
1. We all need to pay tax for public service that we may not use, like infrastructure construction（我们都需要为自己不一定使用的公共服务纳税，比如基础设施建设）
2.State education system is beneficial to the whole society（公立教育系统对全社会都有利）
3.A high-quality state education system provides more people with equal opportunities for development（高质量的公立教育系统可以为更多人提供平等的发展机会）
4.If these families do not pay tax for the state education system, poor families are likely to be burdened with heavier tax（如果这部分人不为公立教育系统缴税，穷人将可能背负更沉重的纳税负担）
5.It is difficult to calculate the exact number of taxes reduced for these families（为这部分家庭计算具体税额减免额度有困难）

❖ 参考范文

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With more and more private schools providing education of higher quality and more diversity, many parents **opt out of** state education system and send their children to private schools instead. Many argue that these parents should not pay taxes that would be invested in state education systems and I totally disagree with them based on the **following** reasoning.

Everyone has to be taxed for public services that we may not use, such as public **nursing homes** and bus systems. These public services are essential for the optimal functioning of the entire society, so as responsible civil citizens, we need to pay taxes in order for the society to run as planned. **The same goes for** state education system, which is irreplaceable and crucial public service for many children who cannot afford private school expenses. Therefore, even if parents might never benefit from state education, they should pay tax for its development.

Moreover, tax strengthens financial support for state education system, which helps provide more equal opportunities for people. Public school could be the only school that many underprivileged children can afford to go to. With more high-quality public schools built up, more children can receive education and access the same opportunity that in the past only wealthy children can have. This can facilitate the creation of a more equal and fairer society.

Last but not least, if parents who send their children to private schools **are exempt from** tax for state education system, underprivileged families must be burdened with much heavier tax for the system. This might further worsen their financial situation and affect the academic future of many children.

Based on the reasoning above, I firmly believe that it is an obligation for all families to pay tax for the development of state education system.

❖ 推荐高分词组/句型：

1. opt out of 决定退出，不参加
He finally decided to opt out of the contest due to health concerns.

2. Following 以下的
He listed the following three reasons to justify his decision.

3. Nursing home 老人院
Many people fail to apply for a spot in the local public nursing home.

4. The same goes for 同理
The same goes for everyone on the team.

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5. Be exempt from 免除

They were somehow exempt from the harsh criminal punishment.

❖ 相似题目

1.Children's education is expensive. In some countries, the government pays for some or all of the costs involved. Do the advantages of this practice outweigh its disadvantages?
2.Some people think that all young people should be required to have full-time education until they are at least 18 years old. To what extent do you agree or disagree?
3.Some people believe that in addition to providing formal education, schools also have the responsibility to teach children to develop good behaviour. To what extent do you agree or disagree?
4.Lecturers are used to teach a large number of students. Some people believe that with the technologies available now for education, lecturers are not needed anymore. To what extent do you agree or disagree?

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7. **Some people think it is sportsmen's competency that helps them to win the game, while others believe it is the good attitude that really matters. Discuss both views and give your own opinion.**

一些人认为实力最强的个人或团队会在运动中取得胜利，还有一些人认为积极正向的精神态度是胜利的因素。请讨论双方观点并给出你的观点。

❖ 参考论点

Fit and strong:

1. Fit and strong teams have more endurance so they are more likely to get an advantage especially during long-lasting competitions. （运动员和团队的耐力高，在对方无法坚持的情况下占优势）（举例足球）
2. Having more strength means that sportsmen can show greater explosive power. （强壮的运动体魄意味着更强的爆发力和更快的出击）（举例篮球或短跑）
3. Individuals with a fitter body are less likely to suffer from illness, thus saving more time for efficient training. （强壮的运动体魄意味着更健康的身体，少有疾病或受伤的困扰，使团队更高效）

Mental attitude:

1. Positivity is the key to high morale. （乐观的态度会激励团队始终保持昂扬的斗志，不气馁）
2. A positive mental state reduces the nervousness and stress in competitions.（乐观的心态减少比赛的紧张）
3. Attitudes also have a huge impact on athletes' motivation during daily training.（心态也决定了平时训练的动力）
4. An athlete who has no confidence can't win any game even with the strongest body. （心态更重要，只有力量却没有自信的运动员无法发挥真实水平）

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❖ 参考范文

To win an athletic competition requires many preconditions. Some people think that sportsmen's competency is the key to help them to get advantages more easily especially in matches that require higher skills and endurance. While others hold the view that attitude is more important because it determines one's confidence and motivation. In my opinion, both elements lead to athletes' success..

On the one hand, stronger bodies as well as outstanding skills enable sportsmen to have higher endurance. For example, if a competitor is strong enough to stay energetic in a long-lasting game, he/she will have more opportunities to defeat rivals. Moreover, sportsmen with higher competence show extraordinary explosive power in general so they are more likely to lead some intense games like 100-meter dash.

On the other hand, a good mental state is also important in matches because it can reduce nervousness and stress. It is undeniable that being too nervous will lead to misjudgments and mistakes. Besides, attitudes also have a huge impact on athletes' motivation during daily training. If they are positive, confident and hard-working when they are preparing for competitions, the efficiency of their training will be far more remarkable.

In my opinion, both physical and psychological factors contribute to satisfying results for our athletes. Even the strongest team can not win the game, if the team members do not have faith in themselves. They will be easily intimidated by their rivals and therefore fail to focus on their targets. Nevertheless, if athletes just have positivity or even arrogancy without being equipped with competence, then they will definitely fail too.

❖ 推荐高分词组、句型

1. endurance 忍耐力

   Marathon can increase your endurance.

2. Keep energetic 保持精力充沛（的状态）

   You should take breaks from time to time to keep yourself energetic.

3. have faith in 对……有信心

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I have faith in myself to win the first place in the competition.

❖ 相似题目

1. Health experts claim that walking is one of the best and easiest ways to maintain good health. But fewer people walk now. What do you think are the causes of this phenomenon? What can be done to encourage people to walk more?
2. Many people want their country to host an international sports event, while others believe that this activity will bring more problems than benefits. Discuss both views and give your opinion.

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环境类

1. Some people think the manufacturers or shopping malls should sell less packaged products and others argue that people have the responsibility to buy products with less packaging. Discuss both views and give your own opinion.【NEW】

有些人认为制造商或购物中心应该销售较少包装的产品，而另一些人则认为人们有责任购买包装较少的产品。讨论这两种观点并给出自己的意见。

❖ 参考论点：

1. excessive packaging not only contributes to environmental pollution but also wastes valuable resources. 过度包装不仅会造成环境污染，还会浪费宝贵的资源。

2. reducing packaging can lead to more cost-effective production, thereby lowering the overall price of goods for consumers. 减少包装可以带来更具成本效益的生产，从而降低消费者的商品总价格。

3. individual choices have a significant impact on market demand and production patterns. 个人选择对市场需求和生产模式有重大影响。

4. consumer awareness and conscious decision-making hold the key to resolving the issue of excessive packaging. 消费者意识和有意识的决策是解决过度包装问题的关键。

❖ 参考范文：

In recent years, the issue of excessive packaging has drawn significant attention. While some individuals believe that manufacturers and shopping malls should reduce the amount of packaging used, others argue that consumers hold the responsibility to choose products with less packaging. This essay will discuss both perspectives and present my own opinion on the matter.

On one hand, proponents of the former view assert that manufacturers and shopping malls should take proactive measures to minimize the use of packaging. They argue that excessive packaging not only contributes to environmental pollution but also wastes valuable resources. Moreover, reducing packaging can lead to more cost-effective production, thereby lowering the overall price of goods for consumers. By adopting eco-friendly and sustainable packaging practices, manufacturers and shopping malls can demonstrate their commitment towards environmental protection.

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On the other hand, supporters of the latter view contend that consumers should shoulder the responsibility of purchasing products with less packaging. They believe that individual choices have a significant impact on market demand and production patterns. By actively selecting products with minimal packaging or choosing alternative options such as refillable containers, consumers can promote sustainability and encourage manufacturers to adopt more environmentally friendly practices. Advocates of this viewpoint believe that consumer awareness and conscious decision-making hold the key to resolving the issue of excessive packaging.

In my opinion, it is essential to address the issue from both ends. Manufacturers and shopping malls have a crucial role to play in reducing excessive packaging. They should invest in research and development to explore sustainable packaging alternatives. Additionally, they can implement recycling and waste management systems to ensure proper disposal and minimize environmental harm. However, consumers also need to be educated and empowered to make responsible choices. Public awareness campaigns, incentives for eco-friendly purchases, and improved labeling can help individuals make informed decisions.

To conclude, while some argue that manufacturers and shopping malls should sell fewer packaged products, others maintain that individuals should take responsibility for choosing products with less packaging. In my view, both parties need to actively participate in tackling the issue of excessive packaging. By adopting sustainable practices and promoting consumer awareness, we can work towards a more environmentally friendly future.

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❖ 推荐高分词组/句型：

1. eco-friendly and sustainable packaging practices 环保和可持续的包装实践

By adopting eco-friendly and sustainable packaging practices.

2. refillable containers 可再填充容器

By actively selecting products with minimal packaging or choosing alternative options such as refillable containers.

3. incentives for eco-friendly purchases 环保采购的激励措施

Public awareness campaigns, incentives for eco-friendly purchases, and improved labeling can help individuals make informed decisions.

❖ 相似题目：

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1. The increase in the production of consumer goods causes damage to the natural environment, what are the reasons and what can we do to solve this problem?

2. Nowadays, some people believe advertising is useful and informative. Others believe advertising give false information about the products and increase the price of goods, what is your opinion?

3. Many people say that we have developed into a "throw-away" society, because we are filling up our environment with so many plastic bags and rubbish that we cannot fully dispose of. To what extent do you agree or disagree with this opinion and what measures can you recommend to reduce this problem?

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2. More and more plastic waste is polluting the world's city, countryside and ocean. What problems will it cause? What measures should be taken to solve these problems?

越来越多的塑料垃圾正在污染世界的城市、农村和海洋。它会引起什么问题?应该采取什么措施来解决这些问题?

❖ 参考论点

Negative Impact:

1. It can take hundreds of years for plastic to decompose, and when it does, it releases toxic chemicals into the environment. （塑料可能需要数百年才能分解，当它分解时，它会向环境中释放有毒化学物质）

2. Marine life may mistakenly ingest plastic as food.（海洋生物可能误将塑料作为食物摄入）

3. Plastic waste can clog drains, leading to flooding and other issues in cities.（塑料垃圾会堵塞下水道，导致城市洪水和其他问题）

Solutions:

1. Reduce our consumption of single-use plastic products.（减少使用吸管和塑料袋等一次性塑料制品）

2. Companies can reduce the production and consumption of plastics and producing environmentally friendly alternatives.(企业减少塑料的生产和消费，生产环保替代品)

3. Legislation can also be introduced to encourage companies to reduce their plastic use and make them responsible for their environmental impact（政府立法鼓励企业减少塑料的使用，并让他们对环境影响负责）

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❖ 参考范文

More and more plastic waste is polluting the world's cities, countryside, and oceans, and this issue has become a pressing concern for the global community. The problem of plastic pollution is complex and multifaceted, and it poses a range of environmental, economic, and health problems.

Plastic waste has a negative impact on the environment in several ways. It can take hundreds of years for plastic to decompose, and when it does, it releases toxic chemicals into the environment. Plastic waste also poses a threat to marine life, as animals can mistake it for food and ingest it, causing injury or death. Additionally, plastic waste can clog drains, leading to flooding and other issues in cities.

To solve these problems, we need to take measures at both the individual and systemic levels. On an individual level, we can reduce our consumption of single-use plastic products, such as straws and plastic bags, and properly dispose of any plastic waste we do generate. On a systemic level, governments and businesses can work together to reduce the production and consumption of plastic, encourage the use of eco-friendly alternatives, and invest in waste management infrastructure.

Governments can also incentivise businesses to reduce their plastic use and hold them accountable for their environmental impact. This can be done through taxes, fees, or regulations that penalize companies that produce excessive plastic waste or fail to properly dispose of it. Moreover, public awareness campaigns can educate people about the importance of reducing plastic use and how to dispose of it properly.

In conclusion, the plastic waste problem is a global issue that requires both individual and systemic solutions. By taking action to reduce our plastic consumption and properly dispose of any plastic waste, we can all contribute to a cleaner and healthier planet.

❖ 推荐高分词组/句型：

1. **pressing concern** 迫切的问题

The most pressing concern is obviously how to avoid drowning.

2. **pose problems/threats** 产生问题/威胁

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That will make the economy more efficient, but it also poses new problems.

3. **on the ...level** 在...层面

The degree to which you can successfully encode information depends on the level of attention you give to an event while it's actually happening.

4. **hold accountable** 负责；追究责任

Iranian state TV said those responsible would be held accountable.

❖ 相似题目

1.Many people say that we have developed into a "throw-away" society, because we are filling up our environment with so many plastic bags and rubbish that we cannot fully dispose of. To what extent do you agree or disagree with this opinion and what measures can you recommend to reduce this problem?

2.Many people say that companies, factory owners and private tour operators should pay the bills for cleaning up pollution, instead of the government. To what extent do you agree or disagree with that?

3. In many countries, there is not enough recycling of waste materials (eg. paper, glass, cans).What are the reasons and solutions?

4.Some people think that environmental problems are too big for individuals to deal with. Others, however, think that each individual should take some actions. Discuss both views and give your own opinion.

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3.Damage to the environment is an inevitable consequence of the improvement in the standard of living. To what extent do you agree or disagree.
破坏环境是提高生活水平过程中不可避免的后果。你在多大程度上同意或不同意这个观点。

❖ 参考论点

Agree:

1. Social development requires an extensive exploitation of natural resources（人类社会发展需要利用大量自然资源，期间容易破坏环境）

2. Improving living standard needs to exploit so much land（人类提升生活水平需要开发大量土地）

3. There is still a huge technological limitation in terms of environmental protection（人类环保技术水平仍有限）

4. Industrial production must emit a large amount of toxic gas（人类工业生产必然排放大量有害气体）

5. After improving living standard, we tend to waste a lot of natural resources（人类生活水平提高后容易浪费大量自然资源）

Disagree:

1. Many conducts that damage the environment are totally avoidable（很多破坏环境的行为是完全可以避免的）

2. We now possess the technological means to balance industrial production and environmental protection（如今人类已经具备合理平衡工业和环保的技术能力）

3. Corporations and individuals all need to be aware of the importance of environmental protection（企业和个人都可以提高环保意识）

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4. Governments can incentivise people to protect the environment（政府也可以利用奖惩制度来促进环保）

5. Innovating technology also helps balance economic development and environmental protection（创新环保技术也能平衡经济发展和环境保护）

❖ 参考范文

It is an undeniable fact that throughout the progress of human society's development, we have been damaging the environment to different extent. Some argue that this is an inevitable consequence, whereas others dispute the opinion. Personally, I see damages to the environment as an unavoidable cost when improving our living standard.

The entire progress of improving our living standard is immensely resource-intensive, so damages to the environment are inevitable. Take expanding house constructions to improve living environment as an example. Governments have to exploit an extensive swath of land for the space to construct houses. This could mean a large scale of deforestation. House construction also involves the exploitation of an incredible amount of natural resources, including wood, steel and water. The construction process might also produce toxic gas that results in air pollution. The same can be said of many other essential industries to make our lives better.

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In order to mitigate damages to the environment while keeping up the level of our living standard, we must develop very cutting-edge technology to protect our environment. Unfortunately, the current level of human technology is not up to that par yet. That is to say, in order to limit the damages to environment, we might need to hold back the progress of improving living standard before some revolutionary technologies come up in the future.

In conclusion, we should not do whatever we want with the natural environment just to keep improving living standard. Some of the damages could be irreversible in the long-term future and they might end up significantly reversing our progress of social development. Hence, the advisable approach going forward would strike a balance between environmental protection and social advancement.

❖ 推荐高分词组/句型：

1. Undeniable 不可否认的

It is an undeniable fact that he cheated in the exam.

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2. To different extent 在不同程度上

The incident affects our team members to different extent.

3. A swath of 一大片

The government claims a swath of land in the rural area for construction of entertainment park.

4. Cutting-edge 尖端前沿的

Smart phone is no longer a cutting-edge technology nowadays.

5. Revolutionary 革命性的

There is no revolutionary technology to make this work at the moment.

❖ 相似题目

1. Some people think that environmental problems are too big for individuals to solve. Others, however, believe that these problems cannot be solved if individuals do not take actions. Discuss both these views and give your own opinion.
2. Scientists and tourists now travel to remote natural environments, such as the South Pole. Do you think the advantages outweigh the disadvantages?
3. Developments in technology are causing many environmental problems. Some people think that we should choose a simpler way of life, while others believe that we should use technology to solve these problems. Discuss both these views and give your own opinion.
4. Responsible tourists pay great attention to preserving the cultural and environmental resources of the places they visit. Some people think it is impossible to be “a responsible tourist”. To what extent do you agree or disagree?

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4.Some people think that companies and individuals should pay to clear up the pollution they produced and that the government should not pay for it. To what extent do you agree or disagree?

部分人认为公司和个人应出钱解决他们所制造的污染问题，而政府不应为此出钱。你在多大程度上同意或不同意这个观点？

❖ 参考论点

Agree:

1. Corporations and individuals produced most of environmental pollutions and they are responsible for the problem（公司和个人制造最多污染，他们是问题的根源）

2. If companies and individuals are required to pay to clean up the pollution that they produced, they are more likely to be deterred from polluting the environment in the future（如果公司和个人被要求出钱解决污染问题，未来他们很有可能不再敢污染环境）

3. With governments in charge of solving environmental pollution, companies and individuals are more likely to lack environmental consciousness（如果政府负责解决环境污染，公司和个人很有可能缺乏环保意识）

4. Governments use tax payers' money to curb pollution, so it could be unfair for those taxpayers who have not polluted the environment at all（政府用纳税人的钱解决污染问题，这对部分没有制造污染的纳税人来说是不公平的）

5. In this way, corporations that create pollutions might be washed out of the market because of financial problems（在沉重的罚款压力下，制造污染的企业可能因财政问题被市场淘汰，使得市场更重视环保）

Disagree:

1.For many environmental pollutions, it is hard to verify exactly who or which companies are the causes（在很多污染问题上，很难确定谁或哪家公司是源头）

2.Governments should take major responsibility for environmental pollution, because they do not do a good job of regulating corporations and individuals（政府应对污染

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问题负主要责任，因为他们不要尽职监管好公司和个人）

3.Requiring governments to pay pushes them to impose stricter regulations to curb pollution（要求政府出钱解决污染问题将促使他们出台更严厉的监管政策）

4.Governments have much more financial resources than corporations and individuals to deal with pollution（政府的财力比公司和个人都更强大）

5.Governments can mobilize necessary resources for solving pollution more effectively than corporations and individuals（和公司以及个人相比，政府可以更有效地调动各种资源解决环境问题）

❖ 参考范文

Environmental pollution has posed grave challenges for our society and who should be financially accountable for these problems has evoked a heated public debate. Some argue that instead of governments, corporations and individuals that produce pollutions should pay to solve the problem. I strongly agree with this idea.

The root of environmental pollutions can always be traced back to irresponsible corporations and individuals. In the pursuit of maximized profits, many corporations use fuels that are not environmentally friendly to manufacture products, resulting in serious air pollutions. Many individuals pour dirty water into rivers simply for convenience. When corporations and individuals collectively conduct these irresponsible and damaging behaviors, consequences could be catastrophic for the environment. Since they are responsible for this problem, they should pay to alleviate pollution.

If corporations and individuals are required to pay for environmental problems that they have caused, they are more likely to be deterred from polluting the environment in the future. When there is a high price to pay, people are going to think twice before taking actions that may damage the environment as their benefits are at stake.

Meanwhile, this approach can also raise environmental consciousness among corporations and individuals. As they are accountable for pollutions, they are likely to be driven to think deeply about how their behaviors affect the environment. When people are aware of the importance of environmental protection, pollution can be curbed in the long term.

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❖ 推荐高分词组/句型：

1. Grave challenges 严峻的挑战

Global warming is a grave challenge for every one of us.

2. Traced back to 追溯到

The history of this object can be traced back to 500 years ago.

3. Alleviate 缓解

The government promised to do everything to alleviate the problem.

4. Be deterred from 打消……的念头

He is deterred from doing this again.

5. Be accountable for 对。。。负责

Your corporation must be accountable for the damages to our school.

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❖ 相似题目

1. Some people think that environmental problems are too big for individuals to solve. Others, however, believe that these problems cannot be solved if individuals do not take actions. Discuss both these views and give your own opinion.
2. Developments in technology are causing many environmental problems. Some people think that we should choose a simpler way of life, while others believe that we should use technology to solve these problems. Discuss both these views and give your own opinion.
3. In order to reduce illness and disease, governments should focus more on environmental pollutions and housing problems. To what extent do you agree or disagree?
4. More and more people buy and use their own cars. Do you think the advantages of this trend for individuals outweigh its disadvantages for the environment?

文化类

1. Reading for pleasure can develop imagination and language skills better than watching TV. To what extent you agree or disagree? 【NEW】

以阅读为乐比看电视更能培养想象力和语言技能。你在多大程度上同意或不同意?

❖ 参考论点:

1. When engrossed in a novel or story, readers are required to create vivid mental images of characters, settings, and events. 当全神贯注于小说或故事时，读者需要对人物、环境和事件创造生动的心理形象。

2. watching TV often provides visual content that does not require active imagination, limiting the development of this crucial aspect of the mind. 看电视通常提供不需要积极想象力的视觉内容，限制了思维这一关键方面的发展。

3. watching TV, despite offering audio-visual stimuli, usually simplifies language usage and often utilizes colloquial dialogues that may hinder language learning. 看电视，尽管提供了视听刺激，但通常会简化语言使用，并经常使用可能阻碍语言学习的口语对话。

4. Books allow individuals to explore different cultures, historical events, and complex themes. 书籍允许个人探索不同的文化、历史事件和复杂的主题。

❖ 参考范文:

In today's digital era, individuals have various choices for entertainment, including reading books and watching TV. This essay aims to discuss the extent to which reading for pleasure can develop imagination and language skills more effectively than watching TV.

Reading books is an exceptional avenue for nurturing and enhancing one's imagination. When engrossed in a novel or story, readers are required to create vivid mental images of characters, settings, and events. This imaginative process helps

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readers develop critical cognitive abilities, leading to advanced creative thinking skills. On the other hand, watching TV often provides visual content that does not require active imagination, limiting the development of this crucial aspect of the mind.

Reading extensively exposes individuals to a diverse range of vocabulary, syntax, and writing styles. Through reading, individuals encounter words and phrases in various contexts, enabling them to grasp their nuanced meanings. Additionally, exposure to well-written literature significantly aids in improving grammar and sentence structure, facilitating overall language fluency. Conversely, watching TV, despite offering audio-visual stimuli, usually simplifies language usage and often utilizes colloquial dialogues that may hinder language learning.

Reading goes beyond language development; it also expands knowledge and fosters critical thinking. Books allow individuals to explore different cultures, historical events, and complex themes. Readers are required to analyze ideas, evaluate characters' motivations, and interpret subtexts. Consequently, reading for pleasure provides a platform for intellectual growth, whereas TV tends to supply information in a passive manner, limiting critical thinking opportunities.

Critics may argue that watching TV can also promote imagination and language skills through dramas, documentaries, and educational programs. While this is true to some extent, these benefits are often outweighed by the passive nature of TV consumption. Additionally, the convenience of visual stimuli on TV can detract from active mental engagement compared to the imaginative process triggered by reading.

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In conclusion, reading for pleasure surpasses watching TV in developing imagination and language skills. By engaging readers in an active imaginative process and providing exposure to diverse vocabulary and writing styles, books offer a distinct advantage. Furthermore, reading promotes experiential learning and critical thinking, contributing to personal growth and intellectual development. Therefore, individuals are encouraged to prioritize reading to fully harness these benefits over the more passive act of watching TV.

❖ 推荐高分词组/句型：

1. digital era 数字时代

In today's digital era, individuals have various choices for entertainment.

2. exceptional avenue 非凡大道

Reading books is an exceptional avenue for nurturing and enhancing one's imagination.

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3. colloquial dialogues 口语对话

usually simplifies language usage and often utilizes colloquial dialogues that may hinder language learning.

❖ 相似题目：

1. Some people think that using mobile phones and computers has a negative effect on young people's reading and writing skills. To what extent do you agree or disagree?
2. Some people think reading stories in books is better than watching TV or playing computer games for children. To what extent do you agree or disagree?
3. Some people think parents should read or tell stories to children. Others think parents needn’t do that as children can read books or watch TV, movies by themselves. Discuss both views and give your own opinion.

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2. Many people think that the best ways to learn a culture is to learn the language of it. To what extent do you agree or disagree?

许多人认为学习一种文化的最好方法是学习它的语言。你在多大程度上同意或不同意?

❖ 参考论点

Agree:

1. Speaking the language of a culture enables a person to express their thoughts and feelings more effectively and to understand the perspectives and experiences of others.（更有效地表达自己的思想和感情，并理解他人的观点和经历）

2. Learning a language can also help individuals appreciate the nuances and subtleties of a culture's literature, music, and art.（帮助个人欣赏一种文化的文学、音乐和艺术的细微差别和微妙之处）

Disagree:

1. Traveling to a country and immersing oneself in its daily life can also provide a deep understanding of the culture.（去一个国家旅行，沉浸在它的日常生活中，也能对这个国家的文化有更深的了解）

2. Reading books, watching documentaries, and attending cultural events can also help individuals understand a culture in a meaningful way.（读书、看纪录片和参加文化活动也可以帮助个人以有意义的方式了解一种文化）

❖ 参考范文

Culture is a broad term that encompasses language, customs, traditions, beliefs, and values of a particular group of people. Language is undoubtedly a fundamental element of culture, and many people believe that learning a language is the best way to understand and appreciate a culture. While I agree that learning the language of a culture can provide a deeper understanding of it, I also believe that other ways can be just as effective.

One of the advantages of learning a language is that it allows one to communicate directly with people from that culture. Speaking the language of a culture enables a person to express their thoughts and feelings more effectively and to understand the perspectives and experiences of others. Moreover, learning a language can also help

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individuals appreciate the nuances and subtleties of a culture's literature, music, and art, which are often only fully comprehensible in the language in which they are created.

However, learning a language is not the only way to gain insight into a culture. Traveling to a country and immersing oneself in its daily life can also provide a deep understanding of the culture. By experiencing the customs, traditions, and daily routines of a culture firsthand, one can gain a unique perspective that cannot be obtained through language learning alone. Similarly, reading books, watching documentaries, and attending cultural events can also help individuals understand a culture in a meaningful way.

In conclusion, I agree that learning the language of a culture is an essential way to learn about it, but it is not the only way. Other methods, such as traveling, reading, and attending cultural events, can also provide valuable insights. Therefore, individuals should use a combination of these approaches to gain a deeper understanding of a culture.

❖ 推荐高分词组/句型：

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1. **a fundamental element** 基本元素

The horizon is a fundamental element of western painting since the renaissance.

2. **...can be just as+adj.** 和...一样

But even if we think they are ridiculous, emotions can be just as powerful as rational thinking.

3. **gain insight into a culture** 透视，深入了解

We study science to gain insight into the world we live in.

4. **immerse oneself in** 沉浸在

He immersed himself in work so as to stop thinking about her.

❖ 相似题目

1.Some people believe governments should spend money in saving languages of few speakers from dying out completely. Others think this is a waste of financial resources.

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Discuss both views and give your opinion.

2.Some people say that the government should spend money on measures to save languages that are used by few speakers, while others believe that it is important to invest in the constructions of public facilities. Discuss both views and give your own opinion.

3.As part of education, students should spend a period of time living in another country to study its language and culture. To what extent do you agree or disagree?

4.Some people think that language teaching should take place in small classes, while others believe that the number of students in a language class does not matter. Discuss both these views and give your own opinion.

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3.Some people think that international competitive sports such as football bring conflict between people of different age groups and nationalities. Others think sport is helping reach understanding between people and nations. Discuss both views and give your opinion.

部分人认为足球等国际竞技体育在不同年龄和国籍群体中造成冲突，而其他人认为体育有助于促进不同人和国家之间的理解。讨论这两个观点，并提出你的想法。

❖ **参考论点**

The first view:

1. Competitive sports could spark conflict of interest among different groups（竞技体育造成不同群体的利益冲突）
2. Competitive sports is a part of national economic competition（竞技体育是不同国家经济竞争的一部分）
3. Irrational fans might get into conflict with others because of sports（不理性的粉丝可能因体育而与别人产生冲突）
4. Competitive sports might magnify group’s political expression and thus escalate conflicts（竞技体育可能放大群体的政治表达，从而加剧冲突）
5. Competitive sports involve physical contest that might result in conflicts（竞技体育涉及身体对抗，容易造成冲突）

The second view:

1. Competitive sports create a space for cultural exchange（竞技体育在不同群体间创造交流空间）
2. Competitive sports is a part of national culture（竞技体育本身是国家文化的一部分，关注体育有助于了解外国文化）
3. Many people make friends and learn about foreign culture through competitive sports（很多人通过竞技体育结识外国好友，了解外国文化）
4. Sports idols could help promote cultural understanding（体育偶像可以宣传国家文化）
5. Competitive sports boost the development of tourism and facilitate cultural exchange（竞技体育可带动旅游业发展，从而促进文化交流）

My opinion:

1. Overall, the benefits of competitive sports far outweigh the harms（竞技体育利大于弊）
2. Wherever there is competition, there could be conflicts（有竞争就有可能发生冲突）
3. So far as we cope with conflicts appropriately, competitive sports are immensely conducive for our economy and society（只要合理处理冲突，竞技体育对经济、社会有巨大裨益）
4. Competitive sports is a key window for us to learn about and understand foreign culture （竞技体育是了解外国文化的一个重要窗口）
5. Big international sports meeting like the Olympics is a significant platform for exchange between nations（奥运会等大型竞技体育赛事是国家交流的重要平台）

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❖ 参考范文

There is a mixed feeling toward international competitive sports among the public. Some argue that it sparks and escalates conflicts among different groups, while others believe that it facilitates understanding between different groups and **push forward** progress towards peace. I personally believe that so far as conflicts are properly dealt with, competitive sports could be a prominent platform that furthers exchange and understanding across the world.

Given that competitive sports **are entangled with** economic and political interests, it is safe to say that it could spark conflict of interests among different groups, especially among different nations. When there is a lack of effective regulation, competition in sports is likely to end up in a scenario where one side is trying to dominate the other side with force or even exploitation. On the individual level, competitive sports might result in fans brawl where some irrational sports fans get upset about the results and **vent** their anger on others.

On the other hand, international competitive sports are also believed to have created an important space for **cultural exchange** across the world. Sports turn out to be a major channel through which we make friends with others whom otherwise we might never meet. On top of that, sports are an integration of a regional economic, political and cultural history, hence they are a key window that furthers understanding across different groups of people.

As for me, I believe that overall, the benefits of competitive sports far outweigh the harms. Wherever there is competition, there could be conflicts, but that is not why we should oppose competition. **So far as** we cope with conflicts appropriately, competitive sports are immensely conducive for our economy and society.

❖ 推荐高分词组/句型：

1. Push forward 推动
The newly implemented policy significantly pushed forward progress of economic reform.

2. Be entangled with 牵扯
He does not want to be entangled with this chaotic family matter.

3. **Vent 发泄**
She vented her anger on her friends.

4. **Cultural exchange 文化交流**
Cultural exchange is important because it clears misunderstanding among different groups.

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5. **So far as** 只要

So far as we work on this together, the problem will be solved sooner or later.

相似题目

1. Some countries have achieved international success, building specialized sports facilities for top athletes to train instead of providing sports facilities that everyone can use. Is this a positive or negative development?
2. Some people think that government should ban dangerous sports. Others, however, think that people should have the freedom to choose sports activities. Discuss both these views and give your own opinion.
3. The best way to teach children about how to cooperate with others is to engage them in team sports at school.
4. The government should spend money on promoting sports and art in school rather than sponsoring professional sports and art events in communities. To what extent do you agree or disagree?
5. Nowadays many children spend a lot of time playing computer games and little time doing sports. Why is this happening? Is this a positive or negative development?

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4.Today, fashion is becoming more and more important in choosing clothes. What are the reasons? Do you think the trend is positive or negative?

如今，人们在挑选衣服时，时尚因素正变得越来越重要。原因是什么？你认为这个趋势是正面还是负面的？

❖ 参考论点

Reasons:
1.Income is generally increasing（人们收入在不断增长）
2.People focus more on expressing their identity and social status through clothing（人们更注重通过衣着展示身份和地位）
3.The vigorous advertisements of clothing brands（服装品牌的大力宣传）
4.The effects of globalization（全球化的推动作用）
5.Price of fashionable clothes is dropping（时尚服装价格降低）

Positive:
1.Fashionable clothes fulfill the need of personal expression（时尚服装能满足个人的情绪需求）
2.Clothing is no longer monotonous（人们的衣着不再千篇一律）
3.Clothing becomes increasingly diverse（衣着更多样化）
4.Clothing design put more emphasis on creativity（服装设计越来越注重创意）
5.The trend allows people with similar taste to bond with one another（有助于聚合服装品味相似的人）

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Negative:
1.Fewer and fewer people choose traditional clothes（越来越少人选择传统服装）
2.The high premium of fashion imposes a heavy financial burden on consumers（时尚服装溢价高，容易对消费者造成经济压力）
3.The trend might mislead people to constantly compare with others（驱使人们互相攀比）
4.It encourages clothing brands to overlook the importance of quality（导致服装厂商忽视质量的重要性）
5.The fashion of clothing updates increasingly faster and results in a waste of resources（服装更新迭代速度加快，造成资源浪费）

❖ 参考范文

Pop culture of clothing has reached every nook of the earth and more and more people grow increasingly receptive towards the idea of buying fashionable clothes. A variety of factors shape this particular trend, which I believe is overall negative. In this essay, I will **delve into** the specific reasons behind this trend and my stance on its negative effect.

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Multiple factors contribute to making fashion an important factor in choosing clothes and the growing economy is one of them. Thanks to the flourishing economy, more and more people now find fashionable clothes affordable. More importantly, many people use fashion as an outlet to showcase their personal identity as well as social status and search for **like-minded** people with similar fashion taste. Meanwhile, clothing brands vigorously advertise their fashionable clothes, **implanting** the idea in consumers that fashion is important for everyone. Globalization also makes it possible to sell trendy clothes around the world, regardless of where manufacturers are located.

When the factor of fashion becomes a primary preference among more and more people, traditional clothes will inevitably lose its market in the long run. While fashion represents the latest trend of clothing, traditional clothes have a much deeper and profound history behind it, which I believe is too valuable to lose. Traditional clothes are often **coupled with** distinct cultural features, which were once fashion at a certain point in history. Given its immense historical value, traditional clothes should not be **obsoleted** under the hit of fashion. Therefore, I believe that it is a negative trend for consumers to put more and more importance on fashion when choosing clothes.

❖ 推荐高分词组/句型：

1. **Delve into** 探究
Let's delve into the research project that our professor assigned.

2. Like-minded 想法相似的
She wants to make friends with some like-minded colleagues.

3. Implanting 灌输
Some advertisers love to implant the idea in viewers that their product is unique and necessary.

4. **Couple with** 与……相结合
In order to lose weight, he needs to couple doing sports with staying on a healthy diet.

5. Obsolete 淘汰，废弃
The tradition of arranged marriage was obsoleted long ago in this region.

相似题目

1. More and more people like to buy clothes, cars and others items bearing famous brand names. What are the reasons for this? Do you think it is a positive or negative development?
2. More and more people buy their own cars. Do you think its advantages for individuals outweigh its disadvantages for the environment?

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3. In terms of having accommodation, some people want to rent a place while others prefer to buy a place. Does renting a place bring more advantages than buying a place?
4. In many countries, more and more people buy a wide range of household appliances such as television, microwave oven and rice cooker. Do you think this is a positive or negative development?
5. Nowadays, differences between countries are becoming less evident. People can watch the same films, TV programs and advertisements. They can also choose the same brands and follow similar fashion styles. To what extent do the disadvantages of this outweigh the advantages?

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经济发展类

1. More and more people like to buy clothes, cars and other items bearing famous brand names. What are the reasons for this? Do you think it is a positive or negative development? 【NEW】

越来越多的人喜欢购买带有名牌的衣服，汽车和其他物品。这是什么原因呢？你认为这是一个积极的还是消极的发展？

❖ 参考论点：

1. the high prices associated with branded items create a financial burden for many individuals. 与品牌商品相关的高价格给许多人带来了经济负担。

2. the pursuit of branded items promotes a culture of superficiality and conformity. People are inclined to judge others based on the brands they wear or carry. 对品牌商品的追求促进了肤浅和墨守成规的文化。人们倾向于根据他们穿着或携带的品牌来判断他人.

3. This excessive consumerism perpetuates a materialistic culture. 这种过度的消费主义使物质主义文化永久化。

❖ 参考范文：

In recent years, there has been a growing trend among people to purchase products such as clothes, cars, and various items that are associated with famous brand names. This phenomenon can be attributed to several factors. In my opinion, while there are both advantages and disadvantages to this trend, I believe it is mostly a negative development.

One of the main reasons why people prefer buying branded items is the perceived quality and status associated with them. Famous brands often invest heavily in research and development, ensuring the superior quality and durability of their products. Consumers tend to believe that by purchasing these branded items, they are guaranteed better performance and longer lifespan. Moreover, possessing branded products has become a symbol of status and wealth, reflecting an individual's social standing and success in society.

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Another reason for this preference is the influence of advertising and media. These famous brands extensively promote their products through various channels, such as television, social media, and celebrity endorsements. The constant exposure to these advertisements creates an aspiration within individuals to own such products, fueling the desire for branded items. Furthermore, the media often portrays ownership of these products as indicators of personal achievement, leading people to believe that owning branded items can enhance their self-esteem and overall happiness.

However, despite these apparent benefits, I believe this trend is largely negative. Firstly, the high prices associated with branded items create a financial burden for many individuals. People often end up spending more than they can afford in order to possess these products, leading to increased personal debt and financial instability. This excessive consumerism perpetuates a materialistic culture where acquiring possessions becomes the primary measure of success, diverting attention from more important aspects of life, such as personal growth and relationships.

Moreover, the pursuit of branded items promotes a culture of superficiality and conformity. People are inclined to judge others based on the brands they wear or carry, which fosters a sense of societal division and discrimination. This obsession with external appearances undermines the value of inner qualities and personal achievements, ultimately eroding the collective values of a society.

In conclusion, while there are some valid reasons why people prefer purchasing products bearing famous brand names, I believe this trend is predominantly negative. The focus on material possessions and the associated costs outweigh the benefits, leading to financial strain and an emphasis on superficiality. It is crucial for individuals and society as a whole to prioritize personal growth, relationships, and genuine accomplishments over the mere ownership of branded products.

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❖ 推荐高分词组/句型：

1. famous brand names 大牌

such as clothes, cars, and various items that are associated with famous brand names.

2. perceived quality 可感知的质量

One of the main reasons why people prefer buying branded items is the perceived quality and status associated with them.

3. celebrity endorsements 名人代言

such as television, social media, and celebrity endorsements.

4. fueling the desire for 对…有欲望

fueling the desire for branded items.

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5. materialistic culture 物质主义文化

This excessive consumerism perpetuates a materialistic culture where acquiring possessions becomes the primary measure of success.

❖ 相似题目：

1. Human beings like to copy each other and this is reflected in the popularity of fashion, clothes, and consumer goods. To what extent do you agree or disagree?

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2. People's shopping habits depend more on the age group they belong to than any other factors. To what extent do you agree or disagree?

人们的购物习惯更多地取决于他们的年龄而不是其他因素。你在多大程度上同意或不同意?

❖ 参考论点

Agree:

1. Age affects people's preferences and needs, which directly influence their shopping behaviors.（年龄影响人们的偏好和需求，直接影响他们的购物行为）
2. People often exchange thoughts about shopping with others in the same age group（人们通常和自己的同龄人交流购物心得）

Disagree:

1. People with higher incomes may have more purchasing power and be more likely to shop for luxury items, regardless of their age.（收入高的人可能有更强的购买力，更有可能购买奢侈品，这无关年龄）
2. Men shop more purposefully, while women tend to shop for pleasure.（男性购物更具有目的性，而女性倾向于把购物当成娱乐）
3. Local culture influences people's propensity to shop.（地区文化影响人们的购物倾向）

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❖ 参考范文

Shopping habits can be influenced by various factors, including age, gender, income, education, and cultural background. However, among these factors, age seems to be the most significant determinant of shopping habits. I strongly agree that people's shopping habits depend more on the age group they belong to than any other factors.

Younger generations tend to be more tech-savvy and prefer to shop online. They also prioritize convenience and speed over the traditional shopping experience. On the other hand, older generations value quality, personal interaction, and face-to-face shopping. They are also more likely to be loyal to particular brands and stores.

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Furthermore, age affects people's preferences and needs, which directly influence their shopping behaviors. For example, young adults may prioritize fashion and trendy items over practicality and durability, while older adults may value comfort and functionality over style. Similarly, parents with young children may prioritize safety and affordability when shopping for their families.

However, it is important to note that shopping habits are not solely determined by age, and other factors such as income, education, and cultural background can also play a role. For instance, people with higher incomes may have more purchasing power and be more likely to shop for luxury items, regardless of their age.

In conclusion, while age is an important factor in determining shopping habits, it is not the only factor. Nonetheless, businesses and retailers should take into account the age of their target consumers when designing marketing strategies and products, as it can greatly influence their success.

❖ 推荐高分词组/句型：

1. **significant determinant** 重要决定性因素

Poor standards of education are a significant determinant in disproportionally-high rate on unemployment and imprisonments.

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2. **tech-savvy** 精通技术的

A young tech-savvy population, vast numbers of them use VPN, virtual private networks.

3. **be loyal to** 忠于

He’s determined to remain loyal to the team whatever comes his way.

4. **purchasing power** 购买力

The purchasing power of money has depreciated since she bought her savings certificates.

❖ 相似题目

1.Online shopping is replacing shopping in stores. Do you think it is a positive or

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negative development?

2.More and more people like to buy clothes, cars and other items bearing famous brand names. What are the reasons for this? Do you think it is a positive or negative development?

3.In many countries, more and more people buy a wide range of household appliances such as television, microwave oven and rice cooker. Do you think it is a positive or negative development?

4.Some people think the manufacturers or shopping malls should sell less packaged products and others argue that people have the responsibility to buy products with less packaging. Discuss both views and give you own opinion.

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3.Developing countries require help offered by international organizations to ensure development. Some people think that financial aid is important. Others believe that sending talents and giving advice to help them are more important. Discuss both these views and give your own opinion.

发展中国家需要国际组织提供的帮助以确保发展。有些人认为财政援助很重要，而其他人认为派遣人才和提供建议来帮助他们更为重要。讨论这两个观点，并提出你的想法。

❖ **参考论点：**

Financial aid is important:

1. Financial aids can effectively solve the problems confronted by less developed countries in the short term. (资金援助短期内能快速解决问题)

Sending talents and giving advice are important:

2. Sending talents and giving advice can offer local people opportunities in the future.(实际性的帮助和建议能给贫困地区的人们带来发展机会)
3. It helps break country's reliance on financial aid from international organizations and boost their economy independently.(实际性的帮助和建议有助于打破发展中国家对资金援助的依赖性，并促进本国经济独立发展)
4. Financial aid may pose a threat to the society and bring numerous related problems including corruption.(资金援助有可能带来包括腐败在内的负面影响)

My opinion:

1. They are equally important.(二者同等重要)
2. Countries receiving funds on a regular basis are likely to rely on financing.(资金支持容易养成依赖性)
3. Providing funds can solve urgent social problems, but talents and advice can help economy grow sustainably.(经济援助解决迫切的社会问题，建议有助于经济持续发展)

❖ **参考范文**

It is quite common for international organizations to provide poor countries with aids these days. Some people think financial support is more important than sending talents or giving advice. I believe that these aids are equally important and they should be combined together.

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Loans and other financial aids given directly to developing countries can effectively solve the problems that less developed countries confronted in the short term. For example, material aids can effectively cope with some emergencies such as natural disasters like famine and diseases. But it may **pose a threat to** the society and bring numerous related problems including corruptions. Countries that receive funds on a regular basis **are likely to** rely on the financing. Besides, authorities may take advantage of this and even embezzle the money. In the end, people in developing countries cannot enjoy the benefit of these financial aids.

Talents and advice, on the other hand, may make greater contributions. International organizations can send talented staff like outstanding teachers to give local people opportunities to receive high-level education and find **well-paid jobs** in the future. The positive effects can be seen in the long term and they are long-lasting. The well-educated workforce will break their country's reliance on financial aid from international organizations and boost their economy independently.

I firmly believe both aids are equally important to people in less developed countries and **impoverished** regions. International groups can support these financially struggling countries with funds when they are suffering from urgent social problems. While talents and advice can bring more sustainable economy to these vulnerable areas. Taking corn planting as an example, developing countries can make corn their sustainable food source by learning how to plant it.

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❖ 推荐高分词组/句型：

1.confront 面对，面临

Mr. Biden accused Donald Trump of panicking when he confronted the pandemic.

2.pose a threat to 对.....有负面影响

Global warming is posing a threat to human survival.

3.are likely to 倾向于.....，有可能

Rhodes said the sanctions are likely to extend to companies and banks.

4.well-paid jobs 高薪工作

He left his well-paid job to start organizing farm workers into a union.

5.impoverished 穷困的，用尽的

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Most workers from impoverished Nepal are infected.

❖ 相似题目

1. Some people think giving aids to poorer countries has more negative effects than positive ones. To what extent do you agree or disagree.
2. Some people believe that in addition to financial supports, rich countries should provide poor countries with other types of assistance. To what extent do you agree or disagree?
3. Some people prefer to provide supports directly to those in the local community. Others, however, prefer to give money to national or international charities. Discuss both views and give your own opinion.
4. Some people believe that charities should give aids to those in great need globally. While others believe that charities would better concentrate on helping local people in their own country instead. Discuss both views and give your opinion.

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4.Many companies invest their money in sport games for advertisement purposes. Some people think it is good for the sport world, while others believe that it has some disadvantages. Discuss both views and give your opinion.

很多公司在体育赛事中投入资金以达到卖广告的目的。部分人认为这对体育界有利，而其他人认为这一做法存在弊端。讨论这两个观点，并提出你的想法。

❖ 参考论点

The first view:

6. Sports events could draw a lot of investment through advertisements（体育赛事可通过广告获得大量资金）
7. Advertisement revenue could be used on optimizing sports facilities（资金收入可用于完善基础设施、扩大影响力等）
8. Advertisements improve income of sports-related workers（广告有助于体育界从业者收入上升）
9. Improved income could draw more talents to join sports（吸引更多人才成为运动员）
10. Advertisements help sports events draw more attention（广告可帮助体育赛事吸引更多关注）

The second view:

6. Advertisements might negatively affect viewing experience（广告影响观赛体验）
7. Games might be manipulated by advertisers in an unjust manner（比赛有可能受到广告商的操控，影响公平）
8. The image of some sports events might be negatively affected by advertisers（部分体育赛事的形象可能受到广告商的负面影响）
9. Some advertisements might do harm to young audience（部分广告对年少的体育观众产生不良影响）
10. The instability of advertisement revenue could affect the long-term development of sports（广告收入的不稳定性可能影响体育赛事的长期发展）

My opinion:

6. Advertisement is an indispensable part of sports（广告是体育不可或缺的一部分）
7. It contribute a decent amount of operational funding for sports events（广告为体育赛事贡献相当一部分运转资金）
8. Governments need to properly regulate advertisements in sports（政府需要监管体育赛事中的广告）
9. Governments can penalize unauthorized advertisements in sports（政府可对不符要求的广告商予以惩罚）
10. The well-regulated advertisers and sports events can supplement one another（良性的广告商与体育赛事可相辅相成）

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❖ 参考范文

Nowadays, it is so common for global brands to **sponsor** sports events as a way to draw as much attention as possible. While sponsorship in sports events certainly generate profits, it can also exert negative impacts on brands, sports and audiences. I personally believe that advertisement is an indispensable part of sports and when properly regulated, advertisers and sports events can positively supplement one another.

There is no denying that advertisements make up a huge sum of funding that sustains the development of sports events. Sponsorship on venues, TV commercials, jerseys and shoes often contribute loads of money that could be invested on optimizing sports facilities and further expanding the influence of sports. More importantly, when there is decent or even **lucrative** advertisement revenue, more talents are likely to be drawn into sports, which is definitely conducive for sports development.

As for the **downsides** of advertisements in sports, some argue that they negatively affect viewing experience as the audience has to bear seconds or even minutes of monotonous advertisements every once in a while before they could get back to the live broadcasting of the games. On top of that, when there is a lack of scrutiny, ill-designed advertisements, such as those that promote poisonous products, could create a **ripple effect** and damage the image of sports events. Moreover, some advertisements contain violent, graphic and disturbing content that is totally inappropriate for young audience.

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The reason why I think advertisement is an indispensable part of sports despite its many drawbacks is that it provides the necessary funding for sports events to run sustainably so that fans can always have access to enjoyable games. There are many measures that governments can resort to, including financial and legal penalties, in order to regulate advertisements. When well-regulated, advertisements can greatly expand the influence of sports around the world.

❖ 推荐高分词组/句型：

1. **Sponsor** 赞助
This show is sponsored by multiple generous jersey brands.

2. **There is no denying** 不可否认
There is no denying that he is going to be laid off.

3. **Lucrative** 获利多的
Drug trafficking is an insanely lucrative criminal activity.

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4. **Downside** 缺点

One of the downsides of this policy is the lack of funding to implement it.

5. **Ripple effect** 连锁反应

Large scale unemployment is one of the ripple effects of the pandemic.

相似题目

1. Some people think that international competitive sports such as football bring conflict between people of different age groups and nationalities. Others think sport is helping reach understanding between people and nations. Discuss both views and give your opinion.
2. Some people think that government should ban dangerous sports. Others, however, think that people should have the freedom to choose sports activities. Discuss both these views and give your own opinion.
3. Many countries spend a lot of money on preparing athletes for major sports competitions such as the Olympics. Some people believe that it is better to spend that money on encouraging children to take up sports at a young age. To what extent do you agree or disagree?
4. There are many advertisements directed at children, promoting products such as snacks and toys. Parents argue that as a result, children are under pressure, while advertisers claim that such advertisements can provide useful information. Discuss both these views and give your own opinion.
5. Nowadays people are surrounded by advertisements. Some people believe that this affects what people think is important and has had a negative impact on people's lives. To what extent do you agree or disagree?

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旅游健康类

1. Young people do not spend their holidays and weekends doing outdoor activities such as hiking and climbing in nature. Why is this? And how can we encourage them to go out? 【NEW】

年轻人不会在假期和周末进行户外活动，例如在大自然中远足和登山。这是为什么呢？我们如何鼓励他们走出去？

❖ 参考论点：

1. young people are more likely to spend their free time on electronic devices. 年轻人更有可能将空闲时间花在电子设备上。

2. Many are burdened with academic pressure or busy schedules due to extracurricular activities and part-time jobs. 由于课外活动和兼职工作，许多人背负着学业压力或繁忙的日程安排。

3. educational institutions should incorporate outdoor activities into their curriculum. 教育机构应将户外活动纳入其课程。

4. parents, guardians, and schools should actively promote the benefits of outdoor activities. 家长、监护人和学校应积极宣传户外活动的好处。

❖ 参考范文：

There are several reasons why young people today are not inclined to spend their holidays and weekends participating in outdoor activities such as hiking and climbing in nature. However, by understanding these reasons and implementing certain strategies, we can encourage them to engage in these activities.

One of the primary reasons for this phenomenon is the increasing reliance on technology. Nowadays, young people are more likely to spend their free time on electronic devices, such as smartphones, video games, and social media. These activities provide instant gratification and entertainment, making them more appealing than outdoor activities that require physical effort and patience.

Another factor is the changing lifestyles and priorities of young people. Many are burdened with academic pressure or busy schedules due to extracurricular activities

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and part-time jobs. As a result, they may not have the time or energy to explore outdoor activities. Moreover, the emphasis on academic achievements and career prospects leaves little room for leisure pursuits.

To encourage young people to go outdoors, we would need to adopt proactive measures. Firstly, educational institutions should incorporate outdoor activities into their curriculum. By incorporating adventure-based learning and outdoor excursions, students can learn to appreciate the benefits of outdoor activities and develop a connection with nature. This can instill a lifelong interest in exploring the outdoors.

Furthermore, parents, guardians, and schools should actively promote the benefits of outdoor activities. They should highlight the physical and mental health advantages of engaging in such activities, emphasizing the opportunity to disconnect from technology and enjoy the beauty of nature. By creating awareness and fostering a positive attitude towards outdoor activities, we can inspire young people to step outside their comfort zones.

Government support is also crucial in encouraging outdoor activities among the youth. The authorities should invest in the development of parks, hiking trails, and climbing facilities. They can organize outdoor events, and sports competitions to create a sense of community and excitement around these activities.

The authorities should invest in the development of parks, hiking trails, and climbing facilities. They can organize outdoor events, workshops, and sports competitions to create a sense of community and excitement around these activities. Additionally, subsidies or discounts can be provided for outdoor equipment rentals to reduce financial barriers.

In conclusion, the decline in young people participating in outdoor activities can be attributed to technological distractions and changing priorities. To encourage them to go out, we must integrate outdoor activities into education, promote the benefits of these pursuits, and provide necessary infrastructure and support. By doing so, we can inspire a generation of young people to appreciate nature and reap the rewards of outdoor adventures.

❖ 推荐高分词组/句型：

1. leaves little room for leisure pursuits. 休闲活动的机会很小

the emphasis on academic achievements and career prospects leaves little room for leisure pursuits.

2. incorporate into 融合进

educational institutions should incorporate outdoor activities into their curriculum.

3. step outside their comfort zones 走出舒适圈

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we can inspire young people to step outside their comfort zones.

❖ 相似题目：

1. Some people think that the government should ban dangerous sports, but others think that people should have the freedom to choose sports activities. Discuss both views and give your opinion.
2. Some countries achieve international success by building specialized facilities to train top athletes instead of providing sports facilities that everyone can use. Do you think it is a positive or negative development?

3. Some people think that international competitive sports such as football bring conflict between people of different age groups and nationalities. Others think sport is helping reach understanding between people and nations. Discuss both views and give your opinion.

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2. It is difficult for people living in cities to get enough physical exercise. What are the causes and what solutions can be taken to solve the problem?
生活在城市里的人很难得到足够的体育锻炼。原因是什么?可以采取什么解决办法来解决这个问题?

❖ 参考论点

Causes:

1. the limited availability of exercise facilities（城市运动设施有限）
2. People often have busy schedules that leave little time for physical exercise.（人们经常有繁忙的日程安排，几乎没有时间进行体育锻炼）

Solutions:

1. City planners can prioritize the construction of parks and recreation facilities and design walkable and bike-friendly neighborhoods. （建设公园和娱乐设施，设计适合步行和骑自行车的社区）
2. Employers can encourage their workers to exercise by providing on-site gyms or organizing group fitness activities during lunch breaks or after work hours. （雇主可以通过提供健身房或在午餐休息时间或下班后组织集体健身活动来鼓励员工锻炼）
3. Individuals can choose to prioritize exercise by setting aside time for it.（个人可以通过留出时间来锻炼）

❖ 参考范文

In today's fast-paced world, many people living in cities lead sedentary lifestyles, which often lead to health problems. This is due to various factors, including the lack of exercise facilities in urban areas, limited time due to long working hours, and the preference for convenience over physical activity.

One of the main causes of the lack of physical exercise among city dwellers is the limited availability of exercise facilities. Many cities do not have enough parks or recreational centers, and some neighborhoods lack sidewalks or bike lanes, making it difficult for people to walk or cycle to work or school. Additionally, people often have busy schedules that leave little time for physical exercise. Many people have to work long hours to make ends meet, leaving them with little energy or motivation to engage in physical activity.

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To address this problem, several solutions can be implemented. City planners can prioritize the construction of parks and recreation facilities and design walkable and bike-friendly neighborhoods. Employers can also encourage their workers to exercise by providing on-site gyms or organizing group fitness activities during lunch breaks or after work hours. Furthermore, individuals can choose to prioritize exercise by setting aside time for it, such as waking up earlier to jog or bike to work.

In conclusion, the lack of physical exercise among people living in cities is a serious problem that can lead to various health issues. Addressing this issue will require a collaborative effort from city planners, employers, and individuals, and implementing solutions such as building exercise facilities, promoting active commuting, and making time for exercise.

❖ 推荐高分词组/句型：

1.**sedentary lifestyles** 久坐不动的生活方式

It has been found that a sedentary lifestyle due to continuous sitting can weaken you bones.

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2. **busy schedule** 极度繁忙的，百忙（之中）

With such a busy schedule, how often do you actually get to relax?

3.**make ends meet** 使收支相抵

I am always thinking about how to make ends meet.

4.**set aside time** 挤出时间

Throughout the day, set aside time to engage with the outside world.

5.**collaborative effort** 共同努力，团结一心

We need a collaborative effort to fight these common enemies.

❖ 相似题目

1.The government has the duty to ensure that its citizens have a healthy diet, while others believe this is individuals' responsibility. Discuss both views and give your opinion.

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2.The best way to teach children to cooperate is through team sports at school. What extent do you agree or disagree?

3.When a new town is planned, it is more important to develop public parks and sports facilities than building shopping centers. To what extent do you agree or disagree?

4.Some countries achieve international success by building specialized facilities to train top athletes instead of providing sports facilities that everyone can use. Do you think it is a positive or negative development?

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3. An increasing number of developing countries are expanding tourist industries. Why is it the case? Is this a positive development?
越来越多的发展中国家正在发展旅游业。为什么会这样呢?这是一个积极的发展吗?

❖ 参考论点

Positive:

1. Tourism is an important source of income.（旅游业是重要的收入来源）
2. Tourism can create jobs and boost local economies. （旅游业可以创造就业机会，促进当地经济）
3. Tourism may force local tourism ecological construction and improve environmental quality.（旅游业可能倒逼当地进行旅游生态建设，提高环境质量）

Negative:

1. Increased tourism can put a strain on infrastructure. （旅游业的增长可能给基础设施带来压力）
2. The rubbish brought by tourists may pollute the local environment.（游客带来的垃圾可能污染当地环境）
3. the risk of cultural exploitation（旅游业可能会导致文化剥削）

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❖ 参考范文

In recent years, an increasing number of developing countries have been expanding their tourist industries. This trend can be attributed to several factors, including the potential economic benefits that come with increased tourism. While this can be seen as a positive development, there are also potential drawbacks to consider.

One reason why developing countries are expanding their tourist industries is that it can be a significant source of income. With the rise of low-cost airlines and online booking platforms, travel has become more accessible and affordable for many people. This has led to an increase in the number of tourists traveling to developing countries, which can bring in revenue from hotel bookings, restaurants, transportation, and other related services.

Additionally, tourism can create jobs and boost local economies. Many tourist destinations require a range of services, such as hotels, restaurants, and tour operators, which can create jobs and stimulate economic growth. This can have a positive impact

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on the lives of people living in the area, providing opportunities for work and income.

However, there are also potential drawbacks to consider. For example, increased tourism can put a strain on local resources and infrastructure. Popular tourist destinations may struggle to cope with the influx of visitors, leading to issues such as overcrowding, environmental degradation, and strain on public services.

Furthermore, there is the risk of cultural exploitation. In some cases, tourism can lead to the commodification of local cultures, with tourists expecting to be entertained and catered to in a certain way. This can lead to the exploitation of local traditions and practices for the benefit of tourism, rather than preserving and respecting them.

In conclusion, while the expansion of the tourist industry in developing countries can bring potential economic benefits, it is important to consider the potential drawbacks as well. Governments and local communities should work to manage tourism in a sustainable way, balancing the benefits with the need to protect local resources, cultures, and infrastructure.

❖ 推荐高分词组/句型：

1. **There are also drawbacks to consider.**也有不利的因素需要考虑

2.**boost economy** 促进经济发展

The money is to help create jobs and boost the Iraqi economy.

3.**put a strain on** 增加负担

The increase put a strain on their retirement budget, and they felt forced to move.

❖ 相似题目

1.Many countries believe that international tourism has harmful effects. Why do they think so? What can be done to change their views?

2.Some people believe that societies benefit from closer contacts and relationships with foreigners brought about by international business and tourism. To what extent do you agree or disagree?

3.Many people believe that international tourism is a bad thing for their countries.

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What are the reasons? What can be done to change this negative attitude?

4.International tourism creates tension rather than understanding between people from different cultures. To what extent do you agree or disagree?

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4. Some people think everyone should be a vegetarian because we do not need to eat meat to have a healthy diet. To what extent do you agree or disagree?
有人认为所有人都应该成为素食主义者，因为我们不需要吃肉也可以保持健康饮食。你在多大程度上认同或不认同这个观点？

❖ 参考论点

Agree:

1. vegetables can, in some ways, compliment or even replace some nutritious values of meat（蔬菜可以从某些方面代替肉的营养价值）
2. eating vegetables can help reduce more energy consumption (吃蔬菜可以更节约能源)
3. more people are becoming obese due to too much meat consumption (越来越多的人因为吃肉过多而肥胖)
4. animal rights should be valued （应该重视动物的权利）
5. a vegetarian diet can also be enjoyable (全素饮食也可以令人愉悦)

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Disagree:

1. meat can be more nutritious than vegetables for many people in certain ways (肉类对有些人来说更能提供营养)
2. people cannot find certain vital nutrients in vegetables (蔬菜无法提供某些营养成分)
3. meat could be a healthy choice of food that prevents people from ailments（肉类可以预防一些疾病）
4. their immunity system could be undermined to an extent（对长期吃肉的人来说，改吃素食可能会破坏免疫系统）
5. the society should not intervene with their choice of what to eat （社会不应该干涉人们的饮食选择）

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❖ 参考范文

Vegetarianism is a lifestyle that some people believe everyone should adhere to. The reason why they believe in that is that we can stay healthy without eating meat. On that note, I strongly disagree, as I am convinced that eating meat could be a wholesome and enjoyable lifestyle for many people and that everyone is entitled to choose the way to live that fits their needs.

Meat can be more nutritious than vegetables for many people in certain ways. As scientific research finds out, meat supplies people with protein and vitamins that cannot be found in vegetables. In addition, people cannot find certain vital nutrients, including iron, zinc, calcium and iodine, in vegetables. Meanwhile, meat could be a healthy choice of food that prevents people from ailments such as anemia and dementia. If people adopt a long-term meat-free lifestyle, their immunity system could be undermined to an extent that they would frequently get sick.

Besides, for many people, eating could be more than a way for them to keep fit. In fact, eating might be an enjoyable experience. Vegetables do not share the taste of meat and therefore, many people cannot find the same experience of eating meat in vegetables. Eating proves to one of the major ways to improve our sense of well-being, so if eating meat can make some people happier and it does not damage the environment to a severe extent, the society should not intervene with their choice of what to eat.

Indeed, vegetables can, in some ways, compliment or even replace some nutritious values of meat, but with no doubt, for a certain group of people, meat can provide them with vital nutrition that significantly improves their physical conditions. Therefore, despite the fact that eating too much meat could pose risks of health, it should be up to people to consider whether or not vegetarianism fits their needs.

❖ 推荐高分词组/句型：

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1. On that note 关于这一点

On that note, people should keep their diet in check to stay healthy.

2. Wholesome 有益健康的

To maintain physical fitness, we should eat wholesome food and get sufficient exercise.

3. Keep fit 保持健康

More and more people are willing to spend lots of money in gym to keep fit.

4. Risks of health 健康风险

To avoid the risks of health, we should opt for a healthy diet that suits ourselves.

5. Be up to people 取决于人们的决定

It is up to people to choose whether or not they want to go to a university.

❖ 相似题目

1. Every one of us should become a vegetarian because eating meat can cause serious health problems. To what extent do you agree or disagree? Give your opinion and examples
2. Scientists think people are damaging their health by eating more junk food, some think education want people to eat less junk food, while others think the education will not work. Discuss both views and give your own opinion.

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科技类

1. The availability of entertainment such as playing electronic games on portable devices will be harmful to individuals in the society they live in. To what extent do you agree or disagree? 【NEW】

在便携式设备上玩电子游戏等娱乐的可用性将对他们所生活的社会中的个人有害。你在多大程度上同意或不同意?

❖ 参考论点:

1. Excessive screen time and sedentary behavior can contribute to obesity, eye strain, and musculoskeletal problems. 过多的屏幕时间和久坐不动的行为会导致肥胖、眼睛疲劳和肌肉骨骼问题。

2. individuals who spend excessive amounts of time playing games might neglect important aspects of their lives. 花费过多时间玩游戏的人可能会忽略他们生活中的重要方面。

3. These games can provide cognitive benefits, such as improving problem-solving skills, strategic thinking, and hand-eye coordination. 这些游戏可以提供认知益处，例如提高解决问题的能力、战略思维和手眼协调能力。

4. certain games require teamwork and cooperation, fostering social skills and enhancing communication abilities. 某些游戏需要团队合作和合作，培养社交技能和增强沟通能力。

5. Excessive gaming might contribute to a decline in productivity and motivation among individuals. 过度的游戏可能会导致个人生产力和动力下降。

❖ 参考范文:

In our modern society, the availability of entertainment options has significantly increased. With the rise of technology, playing electronic games on portable devices has become a popular form of entertainment. However, there is ongoing debate regarding the potential harm these games may impose on individuals and their societies. In this essay, I will discuss the extent to which I agree or disagree with the

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statement that the availability of entertainment like playing electronic games on portable devices is harmful to individuals in the society they live in.

One argument in favor of the idea that playing electronic games on portable devices is harmful is that it can lead to various health issues. Excessive screen time and sedentary behavior can contribute to obesity, eye strain, and musculoskeletal problems. Moreover, individuals who spend excessive amounts of time playing games might neglect important aspects of their lives, such as social interactions, education, and professional responsibilities. This could result in social isolation, poor academic performance, and reduced career prospects.

On the other hand, it is important to acknowledge that playing electronic games on portable devices can also have positive effects on individuals. These games can provide cognitive benefits, such as improving problem-solving skills, strategic thinking, and hand-eye coordination. Additionally, certain games require teamwork and cooperation, fostering social skills and enhancing communication abilities. Furthermore, playing games can serve as a stress-relieving activity, allowing individuals to temporarily escape from the pressures of daily life.

Turning to the impact on society, some argue that the availability of entertainment like electronic games can lead to negative consequences. Excessive gaming might contribute to a decline in productivity and motivation among individuals, particularly in the younger generation. Moreover, it is claimed that violent or addictive games can potentially influence individuals' behavior, leading to aggression, desensitization to violence, and addictive tendencies. Such societal implications should not be overlooked when considering the harmful effects of playing electronic games on portable devices.

In conclusion, it is clear that playing electronic games on portable devices possesses both potential harms and benefits for individuals and their societies. Therefore, it is essential to strike a balance between enjoying entertainment and maintaining a healthy lifestyle, and individuals should exercise self-discipline in managing their time spent on electronic games.

❖ 推荐高分词组/句型：

1. adverse health effects　不良健康影响

While excessive screen time can have adverse health effects and lead to neglect of important responsibilities

2. exercise self-discipline in 训练自律

individuals should exercise self-discipline in managing their time spent on electronic games.

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❖ 相似题目

1. People can access games or films on the mobile devices such as laptops or phones whenever they want. Do you think the advantages outweigh the disadvantages.

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2. More and more business meetings and business training have taken place on the internet. Do the advantages of this development outweigh the disadvantages?
越来越多的商务会议和商务培训在互联网上进行。这种发展的利大于弊吗?

❖ 参考论点

Advantages:

1. save a lot of time and money（节省了大量的时间和金钱）
2. can be recorded and shared with those who were unable to attend（可以被记录下来，并与那些无法参加的人分享）
3. provide flexibility and convenience（提供了灵活性和便利性）

Disadvantages:

1. the lack of face-to-face interaction（缺乏面对面的交流）
2. easily affected by network fluctuations and device faults（容易被网络波动与设备故障影响）

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❖ 参考范文

In recent years, the trend of conducting business meetings and training sessions online has gained popularity. While some argue that this development has its drawbacks, I believe that the advantages of this approach far outweigh the disadvantages.

Firstly, online meetings and training sessions save a lot of time and money. It eliminates the need for participants to travel long distances to attend meetings or training sessions, which not only saves travel time but also reduces traffic-related expenses. Additionally, online meetings and training sessions can be recorded and shared with those who were unable to attend, which helps these people further save their time and money.

Secondly, online meetings and training sessions provide flexibility and convenience. Participants can attend from anywhere in the world, at any time that suits them, making it easier to schedule meetings and training sessions. Online meetings and training sessions can also be conducted from the comfort of one's home or office, which provides a more relaxed and comfortable learning environment.

However, there are some disadvantages to online meetings and training sessions. One of the main drawbacks is the lack of face-to-face interaction. It can be more challenging to build relationships and establish trust with colleagues or clients when

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interactions are limited to virtual environments. Additionally, technical issues such as poor internet connectivity or malfunctioning equipment can hinder the effectiveness of online meetings and training sessions.

In conclusion, while online meetings and training sessions have some disadvantages, I believe that their advantages far outweigh the drawbacks. The convenience and flexibility that they provide, along with the cost and time savings, make them a valuable tool for modern businesses. However, it is crucial to ensure that they are used appropriately and that efforts are made to overcome any potential drawbacks to maximize their benefits.

❖ 推荐高分词组/句型：

1. **gain popularity** 赢得人气，开始流行

We think these technologies will start gaining popularity.

2. **A far outweigh B** A 远比 B 重要

In potential food value, however, plankton far outweigh that of the land grasses.

3. **face-to-face interaction** 面对面交流

Partners tend to like each other more if they meet for the first time online rather than with a face-to-face interaction.

4. **establish trust** 建立信任

This is the first time they meet, and they need to establish trust.

5. **maximize the benefit** 利益最大化

Get over it and let's see if we can, at least, maximize the benefits that flow from it.

❖ 相似题目

1.In some countries, the development of the Internet gives people the freedom to work and study at home instead of traveling to their workplace or school. Do you think the advantages of this development outweigh the disadvantages?

2.Nowadays, people can shop, work and communicate with others via the Internet. They do not need to do these face-to-face. Is this a positive or negative development?

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3.In the past, people used to store knowledge in books. Nowadays, knowledge is increasingly stored on the Internet. Do the advantages of this outweigh its disadvantages?

4.Nowadays, we can do daily tasks such as shopping, banking and business transactions without meeting face to face. What are the possible effects of this development on individual and society?

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3. More and more people are using computers and electric devices to access information. Therefore there is no need to print books, magazines and newspapers on paper. To what extent do you agree or disagree?
越来越多的人使用电脑和电子设备来获取信息。因此没有必要在纸上印刷书籍、杂志和报纸。你在多大程度上同意或不同意?

❖ 参考论点

Agree:
1. With the internet, people can access information from anywhere in the world.（借助互联网人们可以从世界任何地方获取信息）
2. Electronic information access is more timely and convenient.（电子信息获取更及时快捷）

Disagree:
1. Not everyone has access to technology or the internet.（并非每个人都能接触到技术或互联网）
2. Digital information can be fleeting and easily lost.（数字信息转瞬即逝，很容易丢失）
3. Physical copies are tangible and can be kept as keepsakes or passed down to future generations.（实体书可以作为纪念品保存或传给后代）

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❖ 参考范文

The development of technology has transformed the way we access and consume information. More and more people are now using computers and electric devices such as smartphones and tablets to read books, magazines, and newspapers. In my opinion, while the shift to digital information has many benefits, there is still a need to print books, magazines, and newspapers on paper.

One advantage of digital information is that it is more accessible and convenient. With the internet, people can access information from anywhere in the world, and with the use of smartphones and tablets, they can carry an extensive library with them wherever they go. This makes it easier for people to read, learn, and stay informed.

However, there are still some disadvantages to digital information. One of the significant disadvantages is the fact that not everyone has access to technology or the

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internet, particularly in developing countries where access to technology is limited. In addition, digital information can be fleeting and easily lost. For example, if a person's device is lost or damaged, they may lose all the information they have saved on it.

Furthermore, there is still value in the physical form of books, magazines, and newspapers. Physical copies are tangible and can be kept as keepsakes or passed down to future generations. Reading a physical book or magazine can also be a more immersive experience, and the act of turning pages can be satisfying.

In conclusion, while digital information is becoming more prevalent, there is still a need for printed books, magazines, and newspapers. Both forms of information have their advantages and disadvantages, and it is up to individuals to choose which format works best for them.

❖ 推荐高分词组/句型：

1.**extensive library** 庞大的图书馆

With its extensive library, it became the center for mathemathics, astronomy, biology and medicine.

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2.**fleeting** 飞逝的，瞬间的

We only had a fleeting glimpse of the sun all day.

3.**tangible** 有形的

There should be some tangible evidence that the economy is starting to recover.

4.**pass down to future generations** 传给下一代人

What is something you would pass down to the future generation?

5.**prevalent** 流行的

The prevalent view is that interest rates will fall.

❖ 相似题目

1.Many top universities are providing online courses to the student as an alternative of

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on campus as anyone can have access to them. Do you think it is positive or negative development?

2.Some people think computer and Internet are important in children's study, but others think students can learn effectively in schools and with teachers. Discuss both views and give your own opinion.

3.Compared with online courses, students can learn more from offline lessons. To what extent do you agree or disagree?

4.Although more and more people read news online, newspapers still remain the most important source of receiving news. To what extent do you agree or disagree?

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4.Some people think that using mobile phones and computers has a negative effect on young people's reading and writing skills. To what extent do you agree or disagree?

有些人认为使用手机和电脑对年轻人的阅读和写作能力有负面影响。你的观点是?

❖ **参考论点**

Agree:

1. they would naturally have no time for any reading (阅读时间减少)
2. do not know the spelling of even common words （让他们忘记如何拼写一些词汇）
3. the use of emojis affects their ability to communicate feelings in words (符号表情的使用影响了他们用语言表达感情的能力)
4. may not need to spell properly with automatic spell checks (拼写检查让年轻人不需要好好拼写)
5. lose ability to read long articles (无法阅读长文章)

Disagree:

1. search for useful research materials （可以搜寻更多有用的材料）
2. read them whenever they have some free time（随时阅读）
3. help express ideas in a multimodal way (有助于用多种方式表达想法)
4. can adjust the font and size of words flexibly (可以随意调节字体和大小)
5. write at any time anywhere (随时随地写作)
6.

❖ **参考范文**

Electronic gadgets like mobile phones or computers have become an integral part of our lives and it is now impossible to imagine a life without them. Some people, however, argue that the abusive use of them could have an adverse impact on the youngsters' literacy skills. I agree with this view for several reasons, which I will explore in the following essay.

To begin with, the youth now are so addicted to using their cells to interact and chat with their friends. This whole process can take up a whole day without making them

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feel tired or bored, so they would naturally have no time for any reading. Consequently, their reading skills will be greatly degraded.

Moreover, the youngsters tend to only use acronyms when sending messages to their friends. As a result, many of them do not know the spelling of even common words. In addition, they usually use emojis to express their emotions. While it might look harmless, it can actually affect their ability to communicate feelings in words. What's more, most word processors now have spell-checks. Since these programs automatically correct the spelling of misspelled words, these young people might not have to learn spelling to get good marks.

However, for those who know how to take advantage of these communication tools, there might be fewer negative effects. Some smart users use their cells to search for useful research materials and read them whenever they have some free time, which is beneficial for their study and future career.

In sum, the over-indulgence on technological devices can definitely do great harm to young people's reading and writing skills. However, since the prevalence of these things can not be changed, right habits must be developed to gain the positive effects. (296 words)

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❖ **推荐高分词组/句型：**

1. have an impact on… 对.....施加影响

Early education can have a profound impact on one's later life.

2. be addicted to 对.....上瘾

Those impulsive young shoppers addicted to the purchase of those luxuries.

3. Take advantage of 充分利用／占便宜

Those businesses take full advantages of people's mindset of buying cheaper goods.

4. over-indulgence 过度沉溺、过度放纵

These economies are now struggling with the burden of fiscal over-indulgence.

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5. do harm to 对。。。 有害

This may do you more harm than good.

❖ 相似题目

1. Nowadays the way many people interact with each other has changed because of technology. In what ways has technology affect the type of relationships people make? Has this become a positive or negative development?

2. People can access games or films on the mobile devices such as laptops or phones whenever they want. The advantages outweigh the disadvantages

3. Some people have benefited from modern communications technology, but some other people have not benefited from; To what extent do you agree or disagree?

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犯罪类

1. Many people are afraid to leave home because of crimes. Some believe that more action should be taken to prevent crimes, but others feel little can be done. Discuss both views and give your opinion. 【NEW】
许多人因为犯罪不敢出门。一些人认为可以采取措施减少犯罪，但其他人感觉能做的很少。讨论双方并给出你的观点。

❖ 参考论点

1. increasing police presence in public areas can help deter criminals and enhance public safety. 增加公共场所的警力有助于阻止犯罪分子并加强公共安全。

2. the installation and use of surveillance cameras can aid in identifying and apprehending offenders. 安装和使用监控摄像头有助于识别和逮捕罪犯。

3. the root causes of crime, such as poverty, inequality, and social exclusion, need to be addressed in order to make a significant impact on crime prevention. 为了对预防犯罪产生重大影响，需要解决贫困、不平等和社会排斥等犯罪的根源。

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❖ 参考范文

In recent years, the fear of crime has become a deterrent for many individuals to venture outside their homes. While some argue that more stringent measures should be implemented to prevent crimes, others believe that there is a limit to what can be done. This essay will discuss both perspectives and provide an opinion on the matter.

On the one hand, those who advocate for stronger actions argue that there are various measures that can be taken to combat crime effectively. Firstly, increasing police presence in public areas can help deter criminals and enhance public safety. Additionally, the installation and use of surveillance cameras can aid in identifying and apprehending offenders, thus reducing crime rates. Moreover, enhancing community engagement and implementing educational programs that raise awareness about crime prevention can empower individuals to protect themselves and their communities.

On the other hand, some individuals hold the view that despite efforts to prevent crimes, there will always be criminal activities occurring in society. They argue that as long as the root causes of crime, such as poverty, inequality, and social exclusion, exist, it is near impossible to make a significant impact on crime prevention.

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In my opinion, while it is necessary to implement measures to prevent crimes, it is equally important to address the underlying causes that lead individuals to engage in criminal activities. Prevention strategies should focus not only on law enforcement, but also on social and economic factors. By addressing issues such as poverty and inequality, societies can create an environment that is less conducive to criminal behavior. Furthermore, education and awareness programs should be prioritized to empower individuals to protect themselves and their communities.

To conclude, the fear of crime has resulted in some individuals being reluctant to leave their homes. Although it is essential to take action to prevent crimes, addressing the root causes and providing equal opportunities can also contribute to a safer society. Therefore, a comprehensive approach that combines effective law enforcement measures with social and economic initiatives is needed to tackle the issue of crime effectively.

❖ 推荐高分词组/句型：

1. a deterrent for 威慑

the fear of crime has become a deterrent for many individuals to venture outside their homes.

2. stringent measures 严格措施

While some argue that more stringent measures should be implemented to prevent crimes.

3. combat crime 打击犯罪

there are various measures that can be taken to combat crime effectively.

4. surveillance cameras 监控摄像头

the installation and use of surveillance cameras can aid in identifying and apprehending offenders.

❖ 相似题目

1.Some people believe that young people who commit serious crimes should be punished in the same way as adults. To what extent do you agree or disagree?

2.Some people think most crimes are the result of circumstances like poverty and other social problems. Others believe that they are caused by people who are bad in nature. Discuss both views and give your opinion.

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2. Some people think that if a police force carries guns, this will encourage a higher level of violence in society. To what extent do you agree or disagree?
有些人认为，如果警察部队携带枪支，这将鼓励社会上更高层次的暴力。你在多大程度上同意或不同意?

❖ 参考论点

Agree:

1. escalate the level of violence in potentially dangerous situations（潜在的危险情况下，这可能会使暴力程度升级）
2. make the public feel more fearful and distrustful of law enforcement, undermining the ability of police to carry out their duties effectively（使公众对执法感到更加恐惧和不信任，从而削弱警察有效履行职责的能力）

Disagree:

1. provides officers with a means of protecting themselves and the public from violent criminals（为警察提供了一种保护自己和公众免受暴力犯罪的手段）
2. act as a deterrent to would-be offenders（对潜在的罪犯起到威慑作用）
3. give officers an advantage in dangerous situations（让警察在危险的情况下占据优势）

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❖ 参考范文

The debate over whether police should carry guns has been a contentious issue for many years. Some argue that carrying guns will encourage a higher level of violence in society, while others contend that it is necessary for officers to be armed to protect themselves and the public.

One argument against police carrying guns is that it can escalate the level of violence in potentially dangerous situations. If police officers feel threatened or nervous, they may be more likely to use their weapons, even if the situation does not warrant such force. Additionally, if police carry guns, it could make the public feel more fearful and distrustful of law enforcement, undermining the ability of police to carry out their duties effectively.

On the other hand, there are several reasons why police officers should be armed. First, it provides officers with a means of protecting themselves and the public from violent criminals. Second, it can act as a deterrent to would-be offenders, as they

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know that the police are capable of using force to protect themselves and the public. Finally, it can give officers an advantage in dangerous situations, where quick and decisive action is required to protect the public.

In my opinion, police officers should be allowed to carry guns, but only after proper training and certification. Officers need to be trained to use their weapons responsibly and only in situations that require such force. Additionally, there should be strict regulations in place to ensure that officers do not abuse their power or use excessive force.

In conclusion, while the issue of police carrying guns is complex, it is important to strike a balance between protecting officers and the public and ensuring that law enforcement is carried out in a fair and responsible manner.

❖ 推荐高分词组/句型：

1.**contentious** 容易引起争论的

Sanctions are expected to be among the most contentious issues.

2.**escalate** 加剧

Both unions and management fear the dispute could escalate.

3.**law enforcement** 法律的实施

For decades, researchers and law enforcement agencies have tried to build a machine that will do the same thing.

4.**deterrent** 威慑因素

They seriously believe that capital punishment is a deterrent.

5.**give sb. an advantage** 给予优势

Legacy admissions is giving an advantage to someone who has an arbitrary privilege of their parent having attended the university to which they're applying.

6.**strike a balance** 寻求平衡

Striking a balance between accuser and accused is hard.

❖ 相似题目

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1.Some people believe that young people who commit serious crimes should be punished in the same way as adults. To what extent do you agree or disagree?

2.Some people think most crimes are the result of circumstances like poverty and other social problems. Others believe that they are caused by people who are bad in nature. Discuss both views and give your opinion.

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个人成长

1. Some people are giving more importance to employing people with good social skills in addition to with good qualification. Do you agree or disagree? 【NEW】

有些人认为除了资质，应该在招聘时更重视社交技巧。你同意还是不同意?

❖ 参考论点

1. qualifications demonstrate an individual's knowledge and competence in a specific field, making them better equipped to handle job responsibilities. 资格表明个人在特定领域的知识和能力，使他们更好地处理工作职责。

2. they are crucial in promoting effective communication and collaboration within the workplace. 它们对于促进工作场所内的有效沟通和协作至关重要。

3. strong interpersonal skills contribute to effective problem-solving and conflict resolution, leading to a more productive work environment. 强大的人际交往能力有助于有效地解决问题和解决冲突，从而创造更高效的工作环境。

4. Striking a balance can lead to a harmonious and productive work environment. 取得平衡可以带来和谐而富有成效的工作环境。

❖ 参考范文

In today's society, there is a growing emphasis on the value of good social skills in addition to qualifications when it comes to employment. While some argue that qualifications alone should be sufficient, others believe that social skills play a crucial role in professional success. This essay will discuss both viewpoints and present my opinion on this matter.

On one hand, proponents of focusing solely on qualifications argue that academic achievements and technical expertise are essential for job performance. They believe that qualifications demonstrate an individual's knowledge and competence in a specific field, making them better equipped to handle job responsibilities. Furthermore, they argue that technical skills can be objectively measured and evaluated, ensuring that employers make informed hiring decisions based on merit rather than subjective judgments.

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On the other hand, those who emphasize the importance of social skills argue that they are crucial in promoting effective communication and collaboration within the workplace. Possessing good social skills enables individuals to build positive relationships with colleagues, clients, and superiors, fostering teamwork and cooperation. Moreover, strong interpersonal skills contribute to effective problem-solving and conflict resolution, leading to a more productive work environment. Additionally, individuals with good social skills are often perceived as more approachable, creating a positive and welcoming atmosphere within an organization.

In my opinion, I agree that employing individuals with good social skills in addition to qualifications is of paramount importance. While qualifications provide the necessary foundation, social skills enhance an individual's overall effectiveness in the workplace. Technical expertise may help someone excel in their specific role, but social skills enable them to thrive within a team and contribute positively to the organizational culture. Interpersonal skills are particularly crucial in industries that require frequent interactions with clients or involve working in teams.

Ultimately, a balance between qualifications and social skills should be sought when considering potential employees. Employers should not overlook the importance of qualifications, but they should also recognize that social skills contribute significantly to an individual's professional success and overall effectiveness within an organization. Striking a balance can lead to a harmonious and productive work environment.

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To conclude, while qualifications are undoubtedly important, social skills should be given equal importance in the employment process. By valuing individuals' abilities to communicate, collaborate, and build relationships, organizations can create a positive and productive work environment that fosters both personal growth and professional success.

❖ 推荐高分词组/句型：

1. technical expertise 技术专长

academic achievements and technical expertise are essential for job performance.

2. interpersonal skills 人际交往能力

strong interpersonal skills contribute to effective problem-solving and conflict resolution, leading to a more productive work environment.

3. is of paramount importance 至关重要

I agree that employing individuals with good social skills in addition to qualifications is of paramount importance.

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❖ 相似题目

1. Salaries of senior management positions are much higher than other works in the same company or organization. To what extent do you agree or disagree?
2. Some people think older employees are more useful to a company, some people believe younger employees are more useful in modern society. Discuss both views and give your opinion.
3. The leaders or directors of organizations are often older people. But some people say that young people can also be a leader what extent do you think?

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2.Many businesses think that new employees who graduate from college lack basic interpersonal skills, such as working with colleagues as a team. What are the causes of this problem? What are the solutions to it?

许多企业认为他们招募的刚刚从大学毕业的新员工缺乏基本的人际交往能力，例如较难与其他员工进行团队合作。请问是什么导致了这一现象？针对这一问题你能给出一些解决方法吗？

参考论点

the possible causes of the problem

1. their introverted nature（他们内向的本质）
2. most students are in the same social group for a very long time in school.（在学校里他们长期置身于同样的社交圈）
3. They're uncomfortable with revealing personal info or sharing their lives with others. （他们不愿意过多透露自己的个人信息或与别人分享自己的生活）
4. they tend to be overloaded with emotions. （他们倾向于变得情绪化）
5. they give up easily in challenging times. （遇到困难他们容易选择放弃）

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the possible solutions:

1. Focus on fundamental communication skills. （集中训练一些基本的沟通技巧）
2. step out of the comfort zone and make changes. （走出舒适区，做出改变）
3. let people know about you as well as your good personalities. （让别人了解自己，展示自己的优点和好相处的性格）
4. Try to stay calm, patient and tolerant about others' minor mistakes. （保持冷静与耐心，对他人的小失误要保持宽容的态度）
5. Encourage team members frequently and bring confidence to the whole team instead of quitting easily. （时时刻刻鼓励团队成员，给予他人信心，而不是轻言放弃）

❖ **参考范文**

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According to a lot of businesses, many college students nowadays demonstrate the lack of interpersonal skills in their cooperation with colleagues and participation in teamwork. Students might be active and outgoing on campus but once they hit the workforce, they tend to become more introverted and reluctant to communicate.

One of the primary reasons why new recruits appear to be poor in communicating and partnering with others in workplace is that most students socialized within the same group for a very long time. For example, students make friends in school and hang out together from time to time throughout their whole college life. Most new graduates are used to staying in their comfort zone of the old social network even when they start a new phase of life. They get uncomfortable when they step into the workplace for the first time and cannot simply pluck up the courage to develop new interpersonal relationships and team up with others, resulting in little communication and low efficiency.

After clarifying the problem, I would like to suggest some possible solutions to it. In most cases, new graduates are not introverted in nature. They just need a little bit catalyst for change. What companies can do is to provide them with opportunities to fit in and develop good relationships with others, such as organizing orientations and group activities. The students themselves also need to realize that they are no longer with the known crowd of his peer friends and family. What they need to do is just as simple as to seek advice from a senior or to give a hand to a someone being tied up in his/her work.

In conclusion, new graduates lack interpersonal skills because they are used to the old circles and old life modes refuse to make active changes. But in fact, once taking a step out of their comfort zones, most of them can successfully become communicative and cooperative contributors to the team.

❖ **推荐高分词组/句型：**

1. Hit the workforce 进入职场
2. Be reluctant to do sth.… 不情愿做某事

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Students might be active and outgoing on campus but once they hit the workforce, they tend to become more introverted and reluctant to communicate.

3. 主语从句

What companies can do is to provide them with opportunities to fit in and develop good relationships with others, such as organizing orientations group activities.

5. Pluck up the courage 鼓起勇气

They get uncomfortable when they step into the workplace for the first time and cannot simply pluck up the courage to develop new interpersonal relationships with others, resulting in little communication and low efficiency.

❖ **相似题目**

1. some people say organisations are more successful when managers and workers communicate well; others say there are other more important factors that makes organisations more successful; discuss both views and give you opinion 有些人说，管理者和工人沟通好的组织是更成功的 ,其他人说，还有另外更重要的因素使组织更成功;讨论这两种观点,给出你的意见.
2. Many people believe that main aim for university education is help graduates to find a better job, while some people believe that university education has wider benefits for individual and society. Discuss both views and give your own opinion. 很多人相信大学教育的主要目标是帮助毕业生找到更好的工作，而其他人相信大学教育对个人和社会有更多的益处。请讨论双方的观点并给出你自己的观点。
3. Some people are giving more importance to employing people with good social skills in addition to with good qualification. Do you agree or disagree?有些人认为除了资质，应该在招聘时更重视社交技巧。你同意还是不同意?
4. Nowadays, some university offer graduate students skills that assist to find employment, but some people believe the main function of university should be to access knowledge for its sake. What is your opinion? 如今，一些大学为毕业生提供求职援助，有些人认为大学的主要作用是传授知识，你有什么意见?

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课程概要

严谨的师资教学体系，专业的官方系统培训，长期的一线教学实践，使得趴趴打造出了一套科学高效的课程体系，针对不同基础和备考情况，开设有不同学习产品及多种课程种类，满足不同阶段考生的备考需求。

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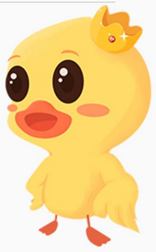

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