

I haven't written any books yet and this is my first try for one but I hope it will be an interesting magickal treatise on a lot of different subjects. I like to keep things short and compact but enough space to make your brain decipher all the information.

I am into pretty much Hebrew lore and Qabbalah and find it fascinating how such an old language can have such a large impact on western magickal thinking. Through trial and error I have found magick to be the most important spiritual psychology tool that exists, with it's many incredible rituals. Rituals and ceremonies are meant to be done on a regular basis because of how the mind works. I am also interested in psychology and have read my fair share of psychological works but that is not what this book is about.

Chapter 1 - The Beginning

To begin the book I am going to write about the numbers 1-10 so you get your own understanding of what these mean in the spiritual and geometrical world.

1. Unity – A point. In hebrew this is designated into a Yud. The number 1 will go into anything and everything and thus signifies unity. It will not go into 0 as 0 doesn't exist. You can divide every number by 1 and it still gives the same number so it doesn't take away anything from the number in question. If you go into binary numbers which is 0 and 1 then 1 is the active part and 0 is the passive part, like in Yin/Yang.
2. Duality – A line. Duality is any share of 2 and is the half of anything in division. So it's the other half of any number. +- is number 2. It is called a feminine number thanks to being even.
3. Trinity – A triangle. This is where the interesting part comes in, you get a 2D picture of a triangle when you have the number 3. It is geometrically the strongest number and gives up a neat kind of numerology with 3,6,9,12,15 and so forth and when adding 1+2 and 1+5 you get again 3,6,9 and so forth ad infinitum. The more interesting metaphysical aspects of the number 3 is that it is + Spirit -, or – Spirit +. Which is really how the human being is made in the first place. We have 2 brain hemispheres and when they are working disconnected to each other they are 2 but when they both co-operate they do a magickal 3rd part which is the snake brain operating. That is why we have so many snake emblems around the world.
4. Tetra – A square. This is an interesting number as it is $2*2$ and also denotes the 4 elements of the universe. Which is really Fire, Water, Air, Earth which occultism so much writes about. It is also the unpronounceable name of God (YHVH). It is also in terms of the Tetractys the formula $+ - + -$ which means the Universe. The interesting part of this is that it has got 2 dualities, so $2*2$. If you think of the EMG it is $+ - + -$ which seems to point out that the universe and it's matter is made out of frozen light. Even EMG has a magnetic charge as well as an electric charge. These are related to photons also in a way which are the carriers of the electric charge.
- 5- Penta – A pentagram or pentagon. This is the number of life itself. The number 5 archetype is that of the ratio of Phi which is all over in nature. The number Phi is the golden ratio or 1:1.618033.... It is just a ratio between 1 and 1.618 and seems to be one of the archetypes of Nature itself. This is why the pentagram is especially important in

occultism. From a pentagram you can see the Phi ratio all around the entire thing. (Will put an image here later on with the ratio). The cat is also the inverted pentagram archetype as well as the goat.

6- Hexa – A hexagon or hexagram. The number 6 is interesting it is 2×3 and $3 + 3$. Many in occultism sees 666 as an evil number even if 666 is a depiction of matter itself. The interesting thing about number 6 is that in hebrew it's Vav or in qabbalistic terms the Connection. Without matter we wouldn't see photons reflected, and without photons the matter couldn't show itself. A thing with the number 6 is that it is related to 7 in terms of circles. If you have 1 circle in the middle then there is 6 circles around it. So the epic archetype of a circle is inside both 7 and 6 when you look at it geometrically. 6 is also the number of the Sefira Tiphareth which is the Sefira of both the Heart as well as that of Beauty, Miracles etc. and is governed by Raphael. The funny thing is here that if Da'ath is not included it is #6 but if Da'ath is included it is #7.

7- Septa – Septagon or septagram. In hebrew this letter is depicted as Zayin or a Weapon. In a way this could also be thought as Sacrifice. Because when you grow spiritually you sacrifice yourself with strains that are unpleasant in a way. Even the military sacrifices themselves more than civilians think just because it's a rougher material path. Which again makes it a brilliant hidden Sword or a Weapon. Number 7 is the most mysterious number and as I said when you fulfill the circles you get point + 6 around it. The Seed of Life is also based on 1 circle in the middle and then 6 around and that is how our human cells begin in the embryo. The eyes are also in the human being linked to the number 7 as we can see 7 diffractions of the light like in the rainbow. We don't see other colors than the 7 even if they exist on the electromagnetic(EMG) scale. The number 7 is also very important in hebrew in the number of $7 + 7 + 7$ which is 21. This 21 is the letter Shin and is a Crown of sorts. So when you master the lesson of the Sword you get to become a King or Queen. Another mechanism of 7 is the 7 astrological influences.

8 – Octa – Octagon or octagram. The number 8 is interesting as it is 2×4 or $2 \times 2 \times 2$ or 2^3 . In terms of 2×4 it is 2 times the elements. In this way we can depict the positive elements of Fire, Water, Air and Earth and the negative of them. Which is really what elemental mastery is about in occultism, you should do them both ways, even the harsh and negative parts as they are part of your being and you need to transform them. They might always remain negative but they need to be accepted in yourself to be of use. If you think in terms of balance and harmony the number 8 is triple dualities. Which means in lay terms of emotion that it can be also put into the 3 in a term of $+/-$ Spirit($+/-$) $+/-$. This in term fits into the elemental aspects of creation and also how your own spirit can

be both malevolent and benevolent into yourself. Fits also into your own body and brain hemisphere.

9 – Ennea – Enneagon or enneagram. The number 9 is $3*3$ or $3+3+3$. It is basically the number of Foundation in the Tree of Life or Sephiroth. It also means sexuality. If Love is the Force then Sexuality is it's Power. Sexuality is linked to the element of water and also to the emotions of a human being. If sexuality is off then you might become depressed and if it's hyperactive then you might become manic. If you think of $3*3$ it is +Spirit- multiplied with -Spirit+ if you think that male and female sex is inverted to each other.

10 – Deca – Decagon or decagram. This is the final number of this chapter and we have come a full circle in our mathematical system and it begins again. 10 is $2*5$ or $5+5$. So it's 2 pentagrams or pentagons within each other. So the Evil and the Good inside the number of 10. In the Sephiroth it is the Sefira Malkuth. Which is really the Kingdom of God or the entire physical universe which is dualistic. In this way it makes sense. Even the 10th Love commandment is 'Do something'.

Chapter 2 - Aleph-Bet

Another key point inside the western occultism realm is the Aleph-Bet alphabet. The hebrew letters are mystical into itself and this field is called Qabalah. The hebrew Aleph-Bet is a symbolistic approach to letters. The letters themselves have an intelligence inside of them and can even be talked to for guidance and other practices of magick which is also why it's popular in western occultism to do so. The 22 hebrew letters are already a sacred notation to itself. It is said that the letters were made by God Himself. The Tetragrammaton or Yud-Heh-Vav-Heh is a supposition of God's name. In reality it is a magickal formula for Fire-Water-Air-Earth. The numbers of it is 10-5-6-5 so 26. This is 2*the hebrew word for Love, which is Ahava. This form of number letters is called Gematria and two values that have a spiritual scent to them are supposedly linked in some way if the numbers match. Every Hebrew letter corresponds to a number, which is what Gematria is built upon. There are 3 mother letters, 7 other letters and 12 zodiacal letters in the hebrew aleph-bet. They can be put on the tree of life.

י	ט	ח	ז	ו	ה	ד	ג	ב	א
Yod (Y)	Tet (T)	Chet (Ch)	Zayin (Z)	Vav (V)	He (H)	Dalet (D)	Gimel (G)	Bet (B/V)	Alef (silent)
ע	ס	נ	נ	מ	מ	ל	ך	כ	
Ayin (silent)	Samech (S)	Nun (N)	Nun (N)	Mem (M)	Mem (M)	Lamed (L)	Khaf (Kh)	Kaf (K/Kh)	
ת	ש	ר	ק	ץ	צ	ף	פ		
Tav (T)	Shin (Sh/S)	Resh (R)	Qof (Q)	Tsadeh (Ts)	Tsadeh (Ts)	Feh (F)	Peh (P/F)		

These are the hebrew Aleph-Bet, they are symbols for different spiritual symbolisms for the consciousness. Resh for example comes from Esh which is Aleph-Shin which means fire and with an Resh it means 'Head'. We could even argue that it's a spiritual fires within which is incorporated into our central nervous system or CNS. When you do breathing excercises you seem to excite the CNS and then you see how the nerves are of 'fire'. In this way the Aleph-Bet is very exact in it's different meanings of both words and letters.

In hebrew we have 3 mother letters which is Shin, Mem and Aleph. From these 3 mother letters every other letter comes into existence. This is symbolical also that it represents our world. Everything in existence came from Shin or Fire. Then it cooled down until it became Mem or water. Matter is just frozen light as someone said, which is that matter came also from Mem, then we have the letter Aleph which means Air.

From Sefer Yetzirah "3. The Three Mothers in the world are Aleph, Mem and Shin: the heavens were produced from Fire; the earth from the Water; and the Air from the Spirit is as a reconciler between the Fire and the Water"

After that we have the 7 doubles which are the konsonants of the Aleph-Bet. These are Bet, Gimel, Dalet, Kaf, Peh, Resh and Tav. In the Sefer Yetzirah it is said that "Their foundation is life, peace, wisdom, fruitfulness, grace and government". Tav is the last letter of the hebrew Aleph-Bet and is a the ending of Everything. If you want to seal something you use the letter Tav. If you want to close eternity you use the letter Tav.

After it nothing can reside because it will be an abomination. By understanding the 7 ‘doubles’ you start to understand the number 7 which is the most mystical number in itself. With 7 you can also understand the 7 planetary correspondents or the planets causing astrology to exist.

IMAGE OF THE SEED OF LIFE WITH THE 7 LETTERS AND RESH IN MIDDLE

Then comes the 12 simples: He, Vav, Zayin, Chet, Tet, Yod, Lamed, Nun, Samech, Ayin, Tsadeh and Qof. By understanding the 12 simples we can understand the 12 astrological signs and the months by what they mean in itself, it is related to the cycle of the year.

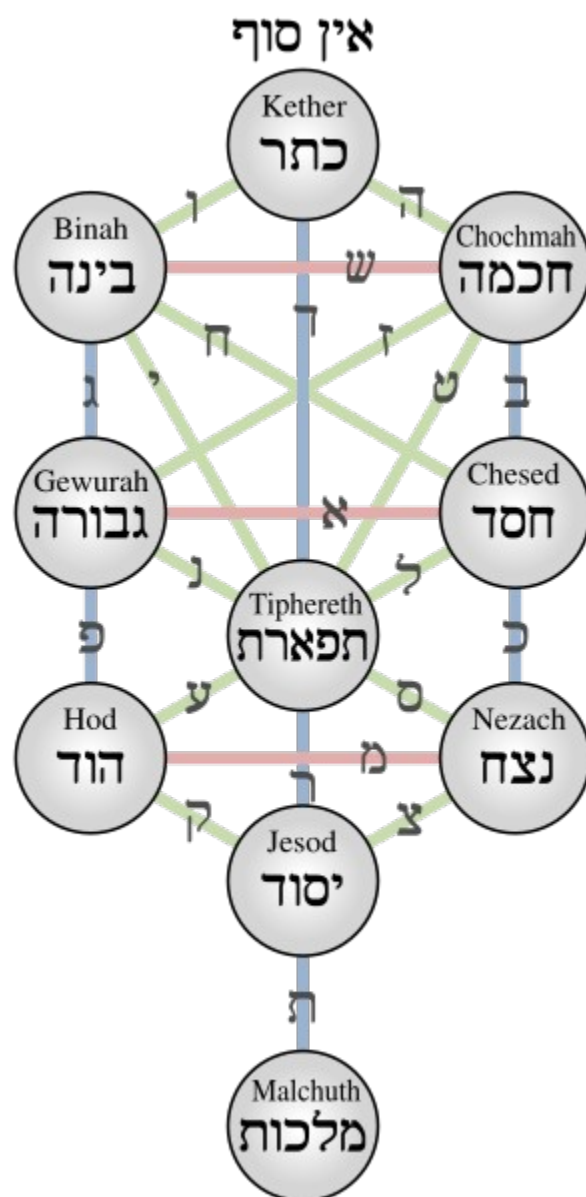
Chapter 3 – Tree of Life / Sephiroth

The Sephiroth or tree of life has 10 points in it plus a hidden one called Da’ath(Knowledge). The Sephiroth has it’s roots in the sky and the branches down in the earthly kingdom. The different points have different meanings and there are 22 paths in the entire scheme between 10 points. The 22 paths correspond to the 22 hebrew letters which all mean something in themselves. The points or sefiras are the ones conjuring Power down the tree.

Sefira 1 → Kether → Crown. The start of the tree and is linked to the God name AHIH pronounced “Eheieh”. This is the sefira of the Spirit or where the tree begins. The Arch Angel in question for this sefira is Metatron.

Sefira 2 → Chockmah – Wisdom. God name of this sefira is “Yah” or “Yud-Heh”. This is the sefira of Wisdom which comes through aging. This sefira is linked to Da’ath (Knowledge). The Arch Angel for the sefira is Raziel.s

Sefira 3 → Binah → Understanding. God name of this sefira is “YHVH Elohim”. This sefira is the sefira of



Understanding. It is also linked to Da'ath, the hidden sefira. The Arch Angel for the Sefira is Tzaphkiel

Sefira 4 → Chesed → Loving Kindness or Mercy. God name of this sefira is "EL". This is the sefira of Loving-kindness. It is also linked to Da'ath. The Arch Angel in question is Zadkiel.s

Sefura 5 → Geburah → Judgement of God or Strength. God name of this sefira is "Elohim Gibbor". This is the sefira of Strength and Judgement. It is also linked to Da'ath. The Arch Angel in question is Chamuel.

Sefira 6 → Tiphareth → Beauty. God name of this sefira is "YHVH Eloah Ve-Da'ath". This is the sefira of Beauty and of the Heart and Love itself, it is the center point of the Tree of Life and is linked to all of the other sefiras. It is also linked to Da'ath. The Arch Angel for this sefira is Raphael.

Sefira 7 → Netzach → Perserverence. God name of this sefira is "YHVH Tzabaoth". Netzach means Eternity and is archived as Victory. The Arch Angel for Netzach is Haniel.

Sefira 8 → Hod → Majesty/Splendour/Glory. God name of this sefira is "Elohim Tzabaoth". Arch Angel in question is Michael.

Sefira 9 → Yesod → Foundation. God name of this sefira is "Shaddai El Chai". The Arch Angel in question is Gabriel. It is interesting to note that Yesod is the sexual conduit of the human being. The entire Foundation of the psyche is built on sexuality.

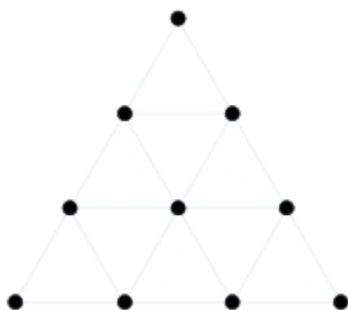
Sefira 10 → Malkuth → Kingdom. God name of this sefira is "Adonai Ha-Aretz". The Arch Angel in question is Sandalphon.

To study this is called Qabbalah or Kabbalah. The way through the entire Tree is through the 22 hebrew letters which make 22 paths between the Sefiras. Where most letters meet below Kether is where Da'ath or Knowledge is located, which in turn impacts also how you perceive the world or the current reality tunnel. Belief changes the reality tunnel and the sum of Knowledge gives this belief.

The Sephiroth has 3 pillars. The left one is the pillar of Severity. The middle pillar is the pillar of Balance. The right one is the pillar of Mercy. Too much Severity and you become evil, too much Mercy and you become weak. It is a common life rule. The left on is linked to our right side, and the right side is linked to our left.

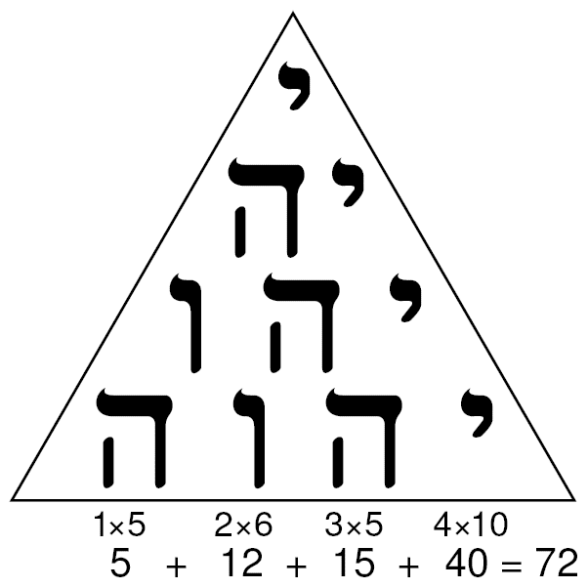
Chapter 3 - The Tetractys and Sephiroth

This is something that Pythagoras came up with. It is literally $1+2+3+4 = 10$. Which is a triangular number. A triangular number means that it is seen geometrically as a triangle. 1 is a triangular number $1+2 = 3$ is seen as a triangular number, $1+2+3 = 6$ is seen as a triangular number and 10 is seen as a triangular number, the next is 15 and then comes 21 etc ad infinitum. The interesting part in this concept lies in how it looks when portrayed as dots.



The interesting part in this is that 1 = Unity, 2 = +/- or Duality, 3 \rightarrow + Spirit – and 4 is \rightarrow +/-/+. Everything of course comes from 0 but it doesn't exist.

In occult terms this is very lofty because you can really put the Tetragrammaton into the Tetractys with. Yud, Yud-Heh, Yud-Heh-Vav, Yud-Heh-Vav-Heh. The gematrial number of this is 72 which is also the angle between the pentagram. As shown in the following picture.

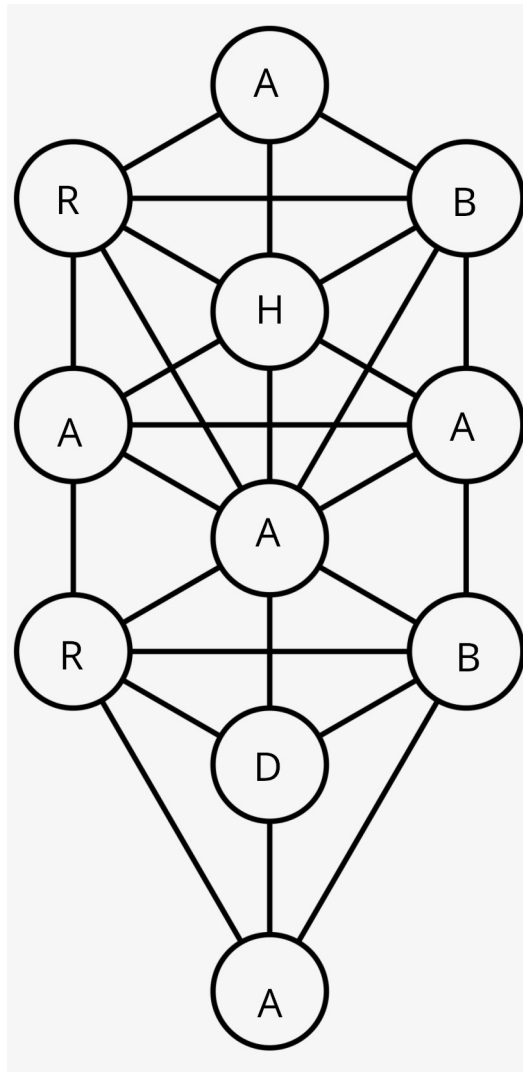


The Tetractys gets even more interesting if you input 5 and 6. But what is the hebrew correspondent to the next then? We need a 5 and 6 letter concept to fill it. For the 5th we input Yeheshua or YHShVh. Which actually means the Spirit of God or the Great Spirit itself. The Tetragrammaton or YHVH is God, so Shin in the middle means the Spirit of God. The next is where it becomes interesting. The Word of Perfection or AHYH and YHVH combined which becomes AHYHVH. This gematrial value is 32 which is 22 hebrew letters + 10 sefiras = 32. With AHYHVH alone you can balance the Tree of Life inside yourself and you can also get knowledge and balance the Paths of the Tree of Life or the hebrew letters. It is a magickal formula that will have a huge impact on the occultistic scene today as we know it. It is very different than Abrahadabra which I will show soon what kind of formula that is. So in a sense AHYHVH is +/-/+-. So a triple duality in a sense which gives forth Perfection of both the Macrocosmos (AHYH) and Microcosmos (YHVH). Macrocosmos AHYH means actually “I Am” in hebrew, which is why it is linked to both Spirit and Macrocosmos since there things only is. The yud can also be pronounced or seen as an I. Pronounced AHYH or AHIH is “Eheieh”. YHVH or IHVH is unpronouncable and merely means the 4 elements Fire, Water, Air and Earth. When you go through the elements in a proper manner you literally become “Alike God or Goddess”. For Macrocosmos the Hexagram is used. For Microcosmos the Pentagram is used.

It is said that Creation itself manifests itself from Fire to Water to Air to Earth. So in order to manifest things you only need the Tetragrammaton or YHVH. The opposite of Fire is Water and the opposite to Air is Earth. Which is why it is double duality or +/-+/- . The one is masculine and the passive is feminine.

The formula Abrahadabra is 11 letters and can be looped Abrahadabrahamadabrahamadabra. With this you can assign it to the Sefiras+Da’ath and literally balance the sefiras inside your sphere of sensation into Perfection itself. I will show you next how to balance the sefiras inside yourself. The abrahadabra was a mystical word that Aleister Crowley refound from history, in old history it was abracadabra, but it isn’t balanced or correct so he changed the word from c to h which also makes sense in hebrew. The interesting thing about Abrahadabra is the many A’s and HAD and ABRA. When you think in hebrew terms the Abra’s can be Aleph or Ayin. Aleph is the Breath of God and Ayin is the letter for wickedness or two-facedness. Ayin also means sight, but it is a letter that comes from unity to duality in it’s ascension process which leads to wickedness. Hebreically the word doesn’t mean anything but is a

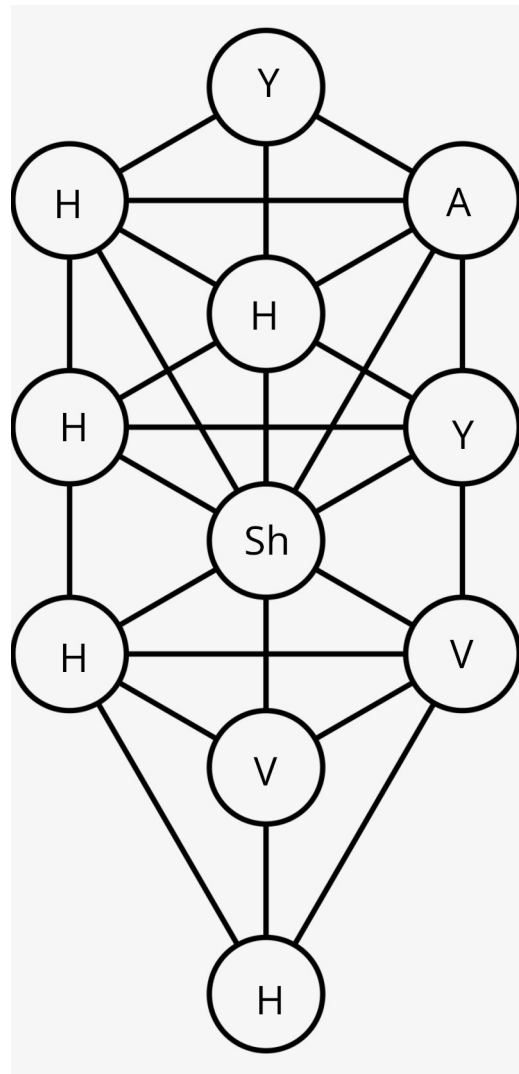
powerful formula. The gematrial value can vary as you change from Ayin to Aleph. It is best to begin with Ayin and then end with Aleph. Ayin-Beth-Resh-Aleph-Had-Aleph-Daleth-Ayin-Beth-Resh-Aleph is a certain formula to become less wicked within.



With Ayin in Kether and Ayin in Geburah it makes both the Spirit and your own Severity or Judgement better into an Aleph, which is the letter of connection of both Upper waters and Lower waters with a vav in the middle. It is the very foundation of the letter Aleph to have 2 yuds and a vav. Upper and Lower waters are what they are representing.

There is also a good practice where you ignite every Sefira in candles with the appropriate God names and arch angels recited into the candle flame 3 times/name. You can try this at home at some point and you will see what I mean about Divinity. The candles will shine so bright than any fool that is energetically awakened can see the

difference. Here are also some alternatives that can be laid upon the God names and the Arch Angels.



As you can see this is YHShVH (5) + AHYHVH (6), and is the perfect Emblem on how to unite both Microcosmos and Macrocosmos. You can put this in candles so that you put each letter into the candle with hands encompassing the candle and vibrating the hebrew word 3 times as to transfer it to the flame. After that you can lie down on your bed and just let the Divine Light fullfill the room. Then you can chant Abrahadabra with the formula of Ayin and Aleph I gave you. It is a sure Alchemistical way to gaining both Self-Balance but also Self-Perfection. The gematrial value of this formula is 358(not 358) which is also that of Messiah.

Chapter 4 – The Middle Pillar Exercise

Now that we have read about the Sephiroth enough there is a middle pillar exercise where one can meditate and just channel the energies of the sefiras. You can stand upright or lie down for this and just activate the different spots on the body with the appropriate God names.

Kether – Crown → On top of head → “Eheieh” → Metatron

Chockmah → Right brain hemisphere → “Yah” → Raziel

Binah → Left brain hemisphere → “Yod-Heh-Vav-Heh Elohim” → Tzadkiel

Chesed – Left shoulder → “El” → Zapkiel

Geburah – Right shoulder → “Elohim Gibbor” → Chamuel

Tiphareth – Chest → “Yod-Heh-Vav-Heh Eloah-Ve-Da’ath” → Raphael

Netzach – Left hip → “Yod-Heh-Vav-Heh Tzabaoth” → Haniel

Hod – Right hip → “Elohim Tzabaoth” → Michael

Yesod – Groins → “Shaddai El Chai” → Gabriel

Malkuth – Feet → “Adonai Ha-Aretz” → Sandalphon

You can envision White Divine Light coming from your crown going downwards to your right brain hemisphere and then left brain hemisphere etc. When you have completed the names you can just circulate the Light with focusing on your breath. When you are ready just tell your inner self that “You will stop this exercise” or something like that to signal yourself that you are ready.

For those that are new you can also do a banishment ritual of the pentagram to purify the place where you are working. This gives a protection against all negative energy (except

the ones inside you). When you have mastered this it is very easy to do also without casting a circle. I will put all rituals last in the book where there are a few that are very good.

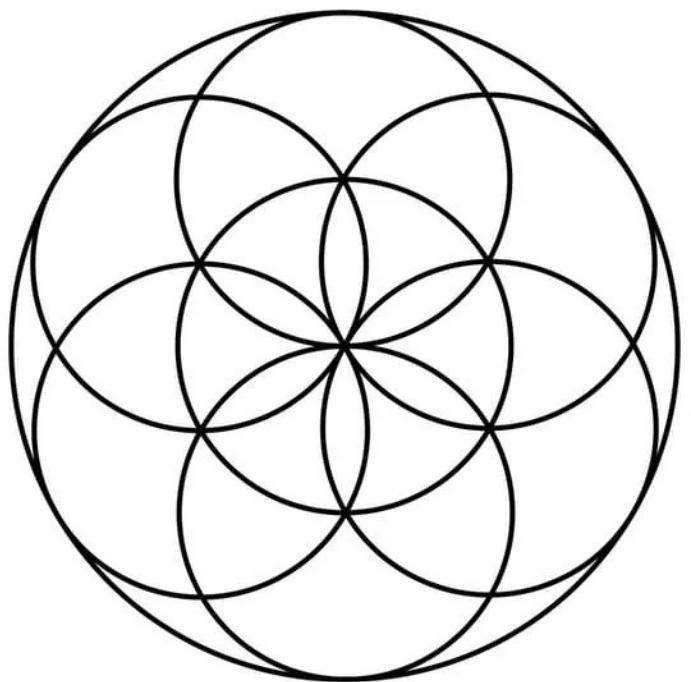
Chapter 5 – Binary Magick

This is a special concept for magick in itself. Binary numbers are either on or off so this form of magick can be used to turn something on or off like a switch. It also works for magick or channeling energies, you can just turn it off. It will work in the mind so that when you do 0 you see that it's empty and it becomes empty, and when it's 1 it's unity with the current energy and is on. A new concept of magick that should be introduced to everyone. It works through the logical mind itself, so that you disable an energetical or emotional flow inside your own sphere of sensation. A bit like banishing with a 0 except you can deactivate the energy that you are working with. It is a convenient way when doing invocations, when the phone rings or something else like that.

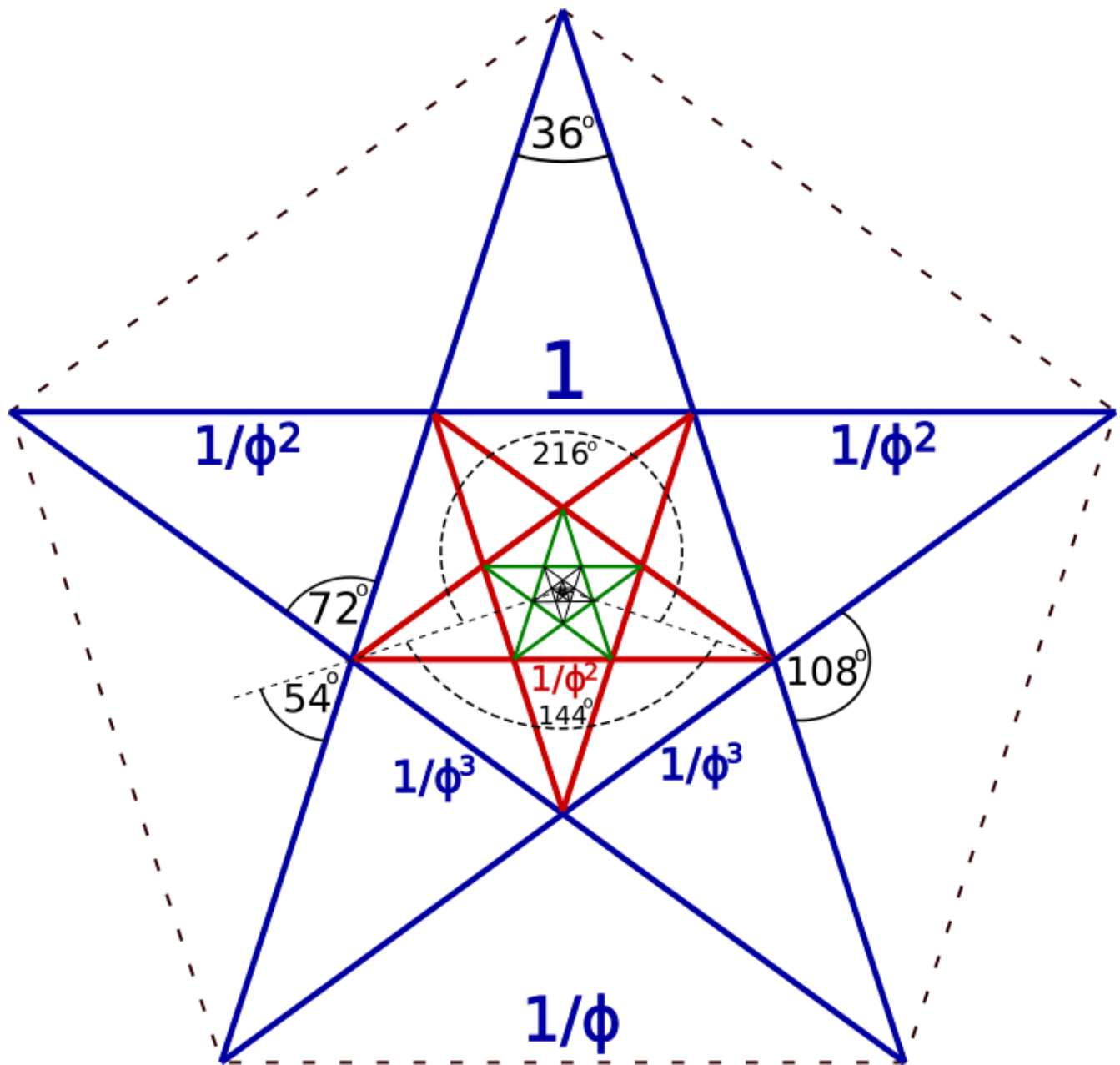
Chapter 6 – Geometrical figures

As we said before the Hexagrams are the depiction of Macrocosmos and the Pentagrams are the revelation of Microcosmos. AHYHVH fits into the hexagram and can be used in rituals or operations with the hexagram. Where YhShVH can be used in pentagram rituals.

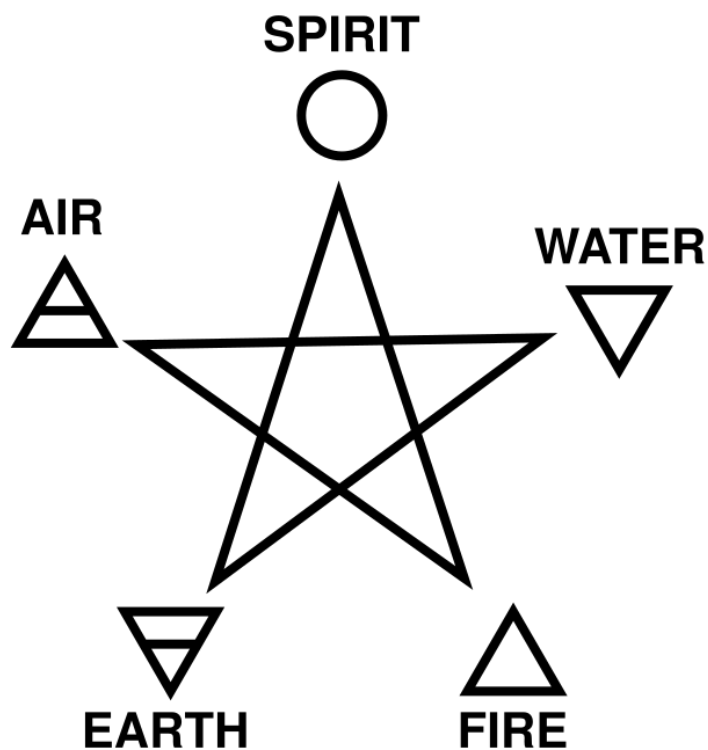
The odd thing really is the seed of life which is a hexagon which is how human embryos start out as. Here we can see a circle in the middle as the 7th point + 6 other circles around. So to understand number 7 we need to understand the 6 others defining the center.



The other interesting geometrical figure is that of the pentagram. It has phi ratios in relationship to itself. You can inspect the following image of it to gain some perception of what phi really stands for.



The Pentagram in occultistic use



This pentagram positioning of the elements goes with YHShVH. Remember aleph-bet is read from right to left, beginning from Fire then Water then Spirit then Air then Earth. Everyone should begin their journey with going through all of the elements. If the pentagram is inverted it is Elements and Matter over Spirit, which is the Negative side for each element. If Spirit is over the elements then it is its Positive attribute. For true elemental mastery you need to go through both of the elements in its +&- form even if it's harsh. When you draw away from the element the pentagram you are banishing from that element, and when you draw towards an element then you are invoking that particular element. For making a full ritual of the pentagram or so called Lesser ritual of the pentagram you first do the pentagram and then you invoke the corresponding God Name inside the pentagram as to charge the entire thing. You need to draw the elements to the corresponding 4 poles of the compass. East, South, West, North. Draw them in

that order. Remember you can also just do the common LBRP, which is to draw an Spirit,Earth elemental pentagram in all 4 corners. This grounds you back to the earthly plane. The earthly plane is always infinite in all ways and is a good come back sector if you have been out too long. You can also try LIRP which is to invoke the divine Earth energies into your Sphere of Sensation(psyche). It is important to also do an inverted pentagram with the appropriate God Names and invoke the energies of Matter over Spirit. Always do these invocations 2-fold until you get used to both the negative and positive energies. Don't do them simultaneously or they will just cancel each other out.

East - For Air – Shaddai El Chai. - Raphael Arch Angel of Air

South - For Fire – YHVH Tzabaoth – Michael Arch Angel of Fire

West - For Water – Elohim Tzabaoth – Gabriel Arch Angel of Water

North - For Earth – Adonai Ha-Aretz – Uriel or Auriel Arch Angel of Water

There are ways to do direct sorcerer invocations and banishments with the elements. You act directly with the element in this way and draw the element into the entire aura, body and sphere of sensation(psyche). When you have done the invocations both negative and positive so that you know the energy then you can just breath the element into yourself so that you infuse yourself with that elements energies, again remember to do both the negative and positive. When you have done this sufficient times you can just use direct sorcery to all the time draw the element into yourself, both positive and negative. Do these 1 element at a time until you get spiritually bored of the element, then it means that you have mastered it. For me the 3 elements took me 21 years to do and that was only Air, Fire and Water. Choose an element you like and begin with that once you have gotten accustomed to it's energies and do only that element until you get spiritually bored of it, then you have gained true Mastery over that element, then continue on till the next. For the elements that you do not like choose them after you have done an element that you like and then go through both negative and positive aspects of that current element. In the beginning you can try for 15 days with an invocation of an element and then switch to the negative aspect of it for another 15 days and then move on to another element. So that you really get to know the element by ceremony first. When you have found the element to work with do it everyday with

either the ceremony approach and when you are good enough, then with the sorcerer approach.

For the famous LRP ritual start with this:

- Qabbalistic Cross

Ateh (Thou art)

Malkuth (Kingdom)

Ve-Geburah(

Ve-Gedulah(

Le Olam

Amen

East – Banishing or Invocation pentagram of the Earth – Charge the pentagram with Yod-Heh-Vav-Heh (YHVH)

North – Banishing or Invocation pentagram of the Earth – Charge the pentagram with “Adonai”

West – Banishing or Invocation pentagram of the Earth – Charge the pentagram with “EHEIEH” (AHIH or “I am”)

South – Banishing or Invocation pentagram of the Earth – Charge the pentagram with “AGLA” ("Attah Gibor Le'Olam Adonai," which means "Thou art mighty forever, O Lord.")

Face east in the center. Before me stands Raphael, behind me Gabriel, on my right side Michael on my left side Uriel. For about me flames the blue pentagrams and in the middle the 6-rayed stars.

You can have 3 hexagons or hexagrams one at the crown, one at the feet and one at the dan-tien for the 6-rayed stars.

Do the qabbalistic cross after this.

For beginning practitioners I would start to do the LIRP in the morning and the LBRP in the evening. Both using the invocation pentagram of the Earth. By invoking earth you invoke the Divine Energies of the Earthly sphere into your aura which fills your auric holes and so forth. It's literally a life nourisher for the soul. Try doing it for a month until you feel better. The LBRP banishes the circle energies back to Earth and is a good way for ending any ceremony with. It is also making them go back to Source point or Ruach Elohim which is an infinite Source within the Self. Remember this magickal game is only about your own eternal game in the Self within Infinity being reincarnated on this earthly plane.

One more life hack to remember is really that Spirit is that of the Air element. When you have mastered Air you have mastered Spirit. So don't start with the SRP before you have mastered Air or you might go insane. Another good definition is that don't start with the SRP before you have mastered all of the elements, both negative and positive. But a definitive warning for those exploring the realm of occultism is to not touch SRP before Air is truly mastered otherwise you might find yourself in a psychosis.

The supreme ritual of the pentagram

You use a spirit active and spirit passive for this pentagram and put the corresponding elemental pentagram on top of this spirit pentagram. Spirit Active is from Air to Fire. Spirit Passive is from Water to Earth.

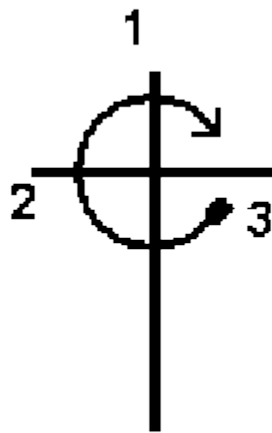
East, draw a spirit active pentagram and vibrate "EXARP", then do a banishing pentagram of Air and vibrate

Rituals to purify your homespace

Look into the Rose Cross Ritual it really purifies all the negative energies inside your home to positive, it's also an excellent amalgator of energies thanks to it's Yehovashah

algorithm. YHVShH is really to purify also sexual and other energies together in a very powerful yet friendly way. It amalgates the masculine and the feminine part together into a coherent whole, so look into this ritual and do it often. The ritual also blesses the room where it is done, but not like the Supreme Ritual of the Pentagram or SRP. While the Supreme Ritual of the Pentagram has loftier energies to it, many errors can be made by not being lofty enough in the body/mind mechanism so you might even go insane if you try it too early. With Rose Cross Ritual it is not like that. You can do it anytime and it doesn't require much effort. While Supreme Ritual of the Pentagram draws you closer into the Absolute Truth Light that exists, the Rose cross ritual really just purifies and blesses your room, and puts a veiled truth upon you as a protection. Which is why I really recommend the Rose Cross Ritual. Here is how you do it:

1. Go to the South East corner of the room. Make a large cross and circle with your fingertips like this:



and holding the point of the incense in the center vibrate the word Yeheshuah.

2. With arm outstretched on a level with the centre of the cross, and holding the incense stick, go to the South West corner and make a similar cross, repeating the Word.

3. Go to the North West corner and repeat the cross and the Word.

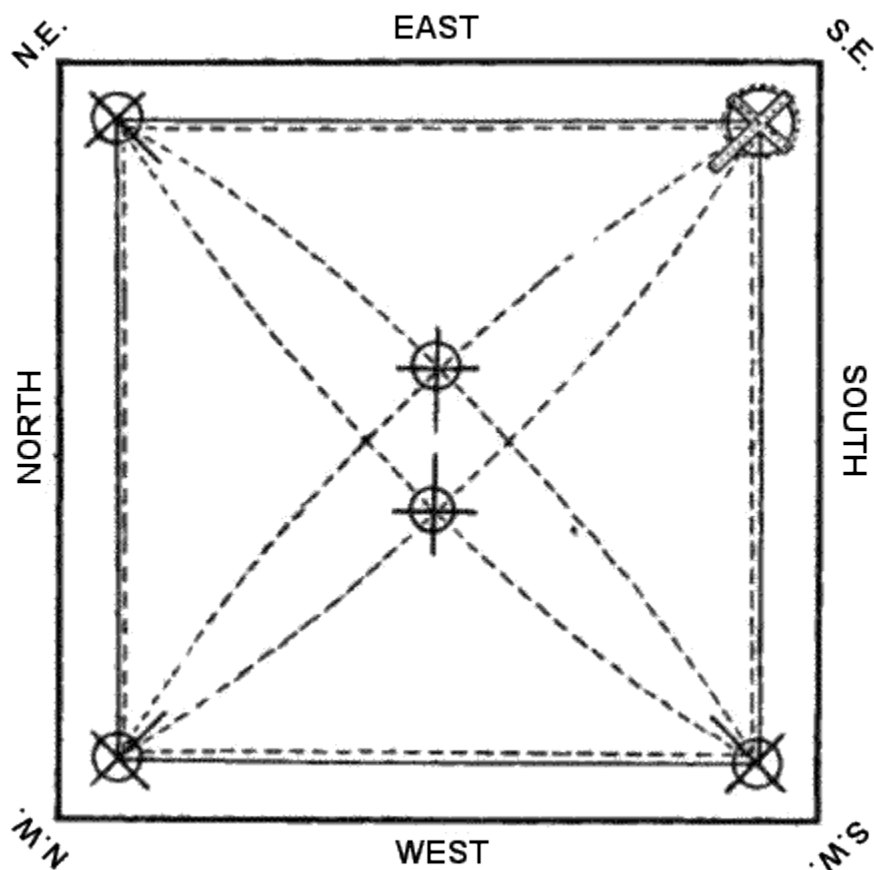
4. Go to the North East corner and repeat the cross and the Word.

5. Complete your circle by returning to the South East corner and bringing the point of the incense to the central point of the first cross which you should imagine astrally there.

6. Holding the stick on high, go to the centre of the room, walking diagonally across the room towards the North West corner. In the centre of the room, above your head, trace the cross and circle and vibrate the Name.

7. Holding the stick on high, go to the North West and bring the point of the stick down to the centre of the astral cross there.

8. Turn towards the South East and retrace your steps there, but now, holding the incense stick directed across the floor. In the centre of the room, make the cross and circle towards the floor, as it were, under your feet, and vibrate the Name.



9. Complete this circle by returning to the South East and bringing the point of the stick again to the centre of the Cross, then move with arm outstretched to S.W. corner.

10. From the centre of this cross, and, raising stick before, walk diagonally across the room towards the North East corner. In the centre of the room, pick up again the cross above your head previously made, vibrating the Name. It is not necessary to make another cross.

11. Bring the stick to the centre of the North East cross and return to the South West, incense stick down, and pausing in the centre of the room to link up with the cross under your feet.

12. Return to the South West and rest the point of the incense a moment in the centre of the cross there. Holding the stick out, retrace your circle to the North West, link on to the N.W. Cross --- proceed to the N.E. cross and complete your circle by returning to the S.E., and the centre of the first cross.

13. Retrace the cross, but larger, and make a big circle, vibrating for the upper half Yeheshuah, and for the lower half Yehovashah.

14. Return to the centre of the room, and visualise the six crosses in a net-work around you. This ceremony can be concluded by the analysis of the Key-Word given as follows:

1. *Stand with arms outstretched in the form of a cross. Face East.*

2.	<i>Vibrate</i>	<i>these</i>	<i>words:</i>
I.	<i>N.</i>	<i>R.</i>	<i>I.</i>

Yod-Nun-Resh-Yod
The sign of Osiris Slain.

3. *Right arm up, left arm extended out from shoulder, head bowed toward left hand.*
L. --- The Sign of the Mourning of Isis.

4.	<i>Both</i>	<i>arms</i>	<i>up</i>	<i>in</i>	<i>a</i>	<i>V</i>	<i>shape.</i>
----	-------------	-------------	-----------	-----------	----------	----------	---------------

V. --- The Sign of Typhon and Apophis.

5.	<i>Arms</i>	<i>crossed</i>	<i>on</i>	<i>breast,</i>	<i>head</i>	<i>bowed.</i>
----	-------------	----------------	-----------	----------------	-------------	---------------

X. --- The Sign of Osiris Risen.

6.	<i>Make</i>	<i>the</i>	<i>signs</i>	<i>again</i>	<i>as</i>	<i>you</i>	<i>repeat</i>	<i>L.V.X.</i>
----	-------------	------------	--------------	--------------	-----------	------------	---------------	---------------

L.V.X. Lux.

7.	<i>Arms</i>	<i>folded</i>	<i>on</i>	<i>breast,</i>	<i>head</i>	<i>bowed.</i>
----	-------------	---------------	-----------	----------------	-------------	---------------

The Light of the Cross.

8.	<i>Then</i>	<i>arms</i>	<i>extended</i>	<i>in</i>	<i>the</i>	<i>Sign</i>	<i>of</i>	<i>Osiris</i>	<i>Slain</i>	<i>(see 1).</i>
Virgo	-							<i>Mighty</i>		<i>Mother</i>
Scorpio	-				<i>Apophis</i>			-		<i>Destroyer</i>
Sol - Osiris - Slain and Risen										

9.	<i>Gradually</i>	<i>raise</i>	<i>arms.</i>
----	------------------	--------------	--------------

Isis - Apophis - Osiris

10.	<i>Arms</i>	<i>above</i>	<i>head,</i>	<i>face</i>	<i>raised.</i>
-----	-------------	--------------	--------------	-------------	----------------

I. A. O.

11. *Except when in the Vault, now vibrate the four Tablet of Union Names to equilibrate the* ***Light.***

Exarp - Hcoma - Nanta - Biton

12. *Aspire to the Light and draw it down over your head to your feet.*
Let the Divine Light Descend.

Candle magick

Here's a powerful ceremony with candles. Put an infinite energy candle spot in Kether (facing East). Then chant or invoke "Eheieh" 3 times for that candle. Put one in the spot of Chokmah chant or invoke "Yah" 3 times for that candle. Then put one in Binah and invoke "Yod-Heh-Vav-Heh Elohim" 3 times for that candle. Then put one candle in Malkuth and invoke "Adonai Ha-Aretz" 3 times for that candle. Then go and lie inside this spot and just let the Divine energies unleash to the entire room and to your ceremonial spot. You can also try this with the corresponding God Names AND Arch Angel names of the particular Sefira.