



# Crossfit Open Rankings

Max Zimmerman

RANK	NAME		POINTS	20.1	20.2	20.3	20.4	20.5
1	+ PATRICK VELLNER		64	13th (8:38)	19th (988 reps)	12th (6:29)	18th (16:29)	2nd (10:09)
2	+ MATHEW FRASER		74	8th (8:28)	40th (959 reps)	3rd (6:08)	2nd (14:22)	21st (10:45)
3	+ LEFERIS THEOFANIDIS		94	1st (8:05) 	3rd (1021 reps) 	13th (6:32) 	4th (15:00) 	73rd (11:11) 
4	+ BJÖRGVIN KARL GUDMUNDSSON		97	2nd (8:16)	12th (991 reps)	18th (6:40)	62nd (17:47)	3rd (10:11)
5	+ JEFFREY ADLER		100	44th (9:06)	6th (1016 reps)	6th (6:23)	1st (12:41)	43rd (10:59)
6	+ NOAH OHLSEN		127	22nd (8:53)	25th (973 reps)	7th (6:24)	25th (16:41)	48th (11:02)
7	+ BAYDEN BROWN		136	26th (8:57)	11th (993 reps)	38th (7:07)	25th (16:41)	36th (10:55)
8	+ JEAN-SIMON ROY-LEMAIRE		158	33rd (9:02)	8th (1000 reps)	26th (6:52)	32nd (16:52)	59th (11:07)
9	+ TYLER CHRISTOPHEL		184	15th (8:40) 	20th (986 reps) 	41st (7:08) 	39th (17:02) 	69th (11:10) 
10	+ ROMAN KHRENNIKOV		189	30th (9:00) 	20th (986 reps) 	77th (7:30) 	58th (17:40) 	4th (10:14) 
11	+ JONNE KOSKI		200	3rd (8:18)	62nd (952 reps)	16th (6:37)	109th (18:46)	10th (10:32)

20.1

**10 Rounds for Time**

**8 Ground-to-Overheads (95/65 lb)**

**10 Bar Facing Burpees**

**Time Cap: 15 minutes**





20.2

**AMRAP in 20 minutes**

**4 Dumbbell Thrusters (2x50/35 lb)**

**6 Toes-to-Bar**

**24 Double-Unders**



## 20.3

**For Time**

**21-15-9 Reps of:**

**Deadlifts (225/155 lb)**

**Handstand Push-Ups**

**Then, 21-15-9 Reps of:**

**Deadlifts (315/205 lb)**

**50 foot Handstand Walk**

**Time Cap: 9 minutes**



## 20.4

**For Time**

**30 Box Jumps (24/20 in)**

**15 Clean-and-Jerks (95/65 lb)**

**30 Box Jumps (24/20 in)**

**15 Clean-and-Jerks (135/85 lb)**

**30 Box Jumps (24/20 in)**

**10 Clean-and-Jerks (185/115 lb)**

**30 Single-Leg Squats**

**10 Clean-and-Jerks (225/145 lb)**

**30 Single-Leg Squats**

**5 Clean-and-Jerks (275/175 lb)**

**30 Single-Leg Squats**

**5 Clean-and-Jerks (315/205 lb)**

**Time cap: 20 minutes**



20.5

**For Time**

**40 Ring Muscle-Ups**

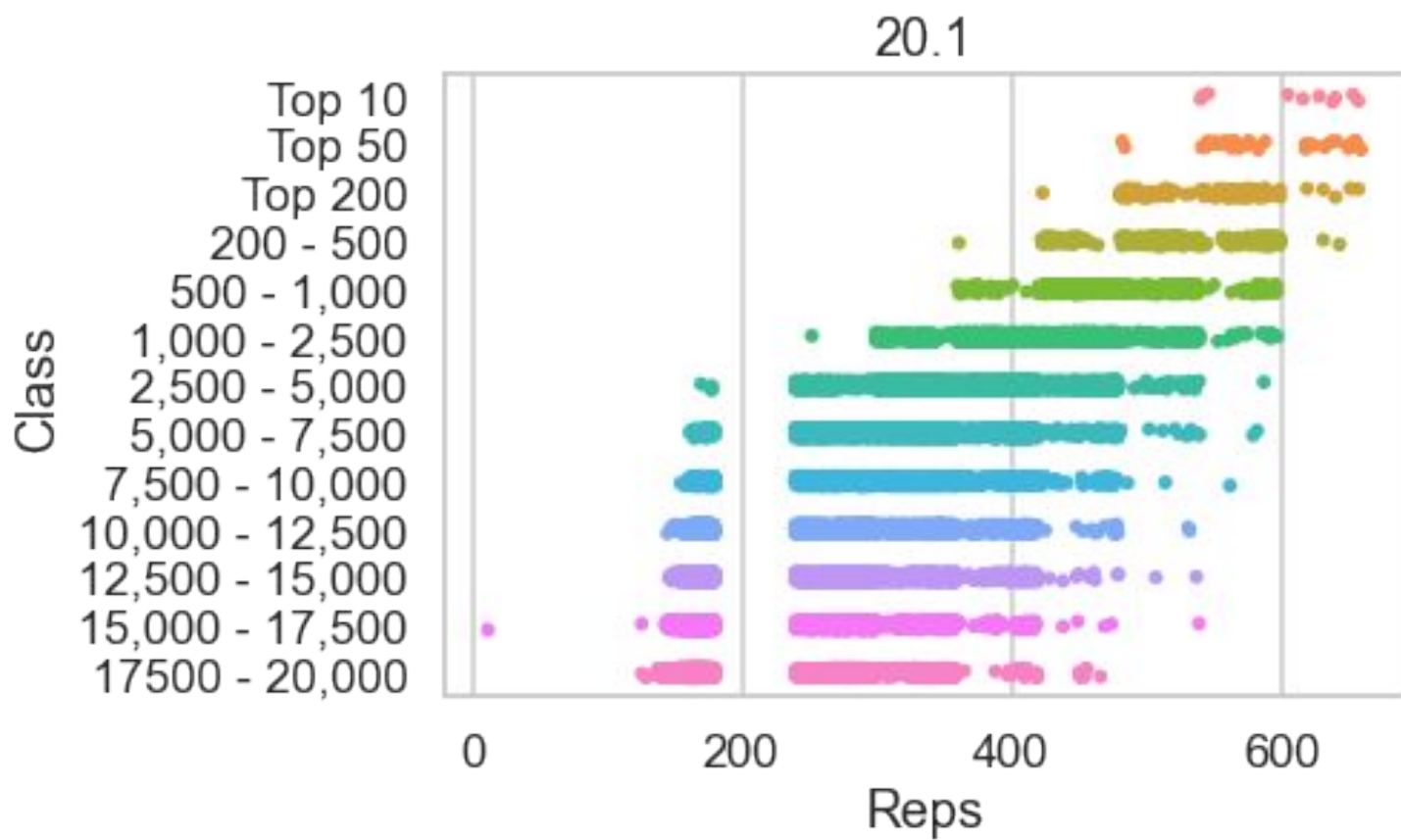
**80 calorie Row**

**120 Wall Ball Shots (20/14 lb)**

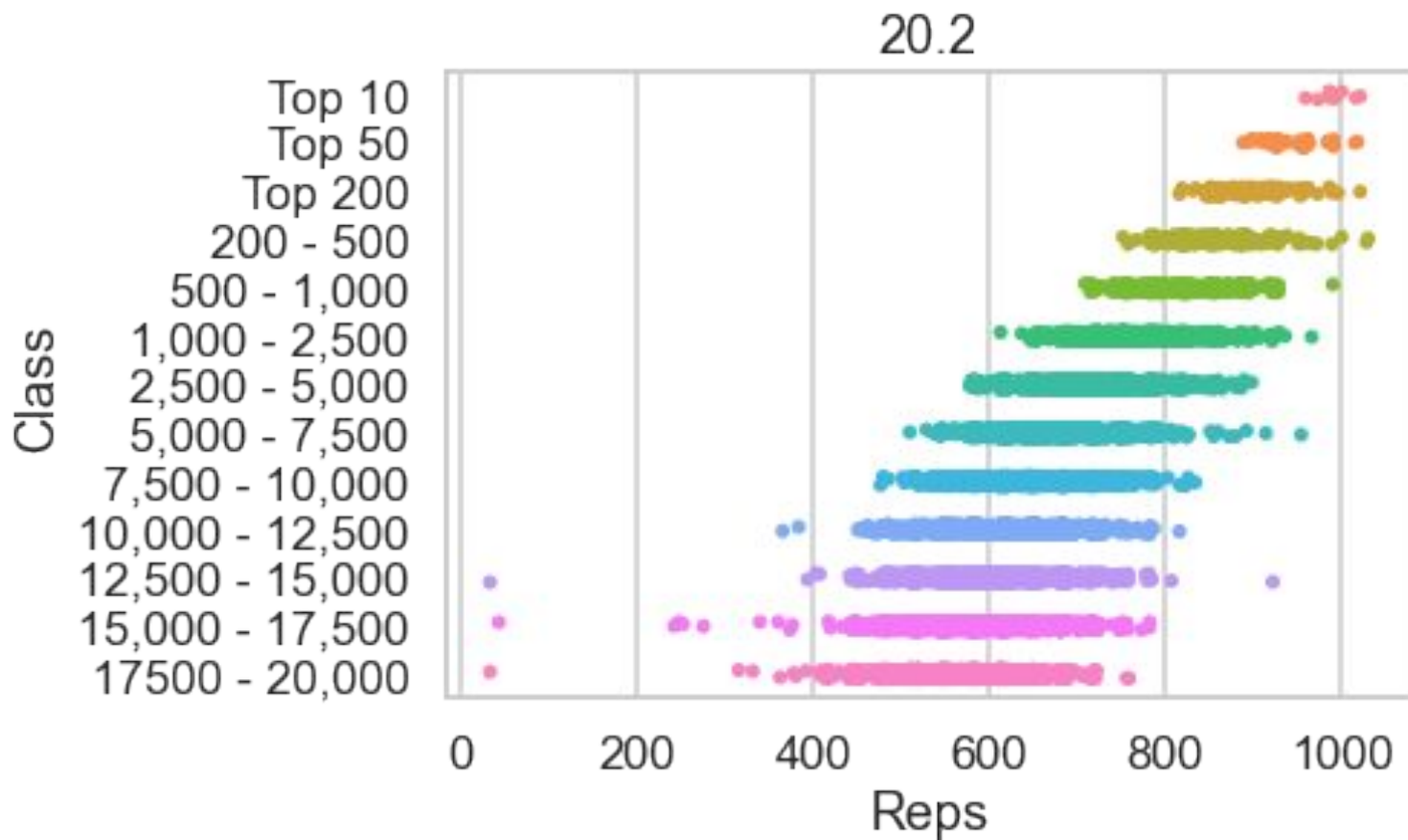
**Partition any way**

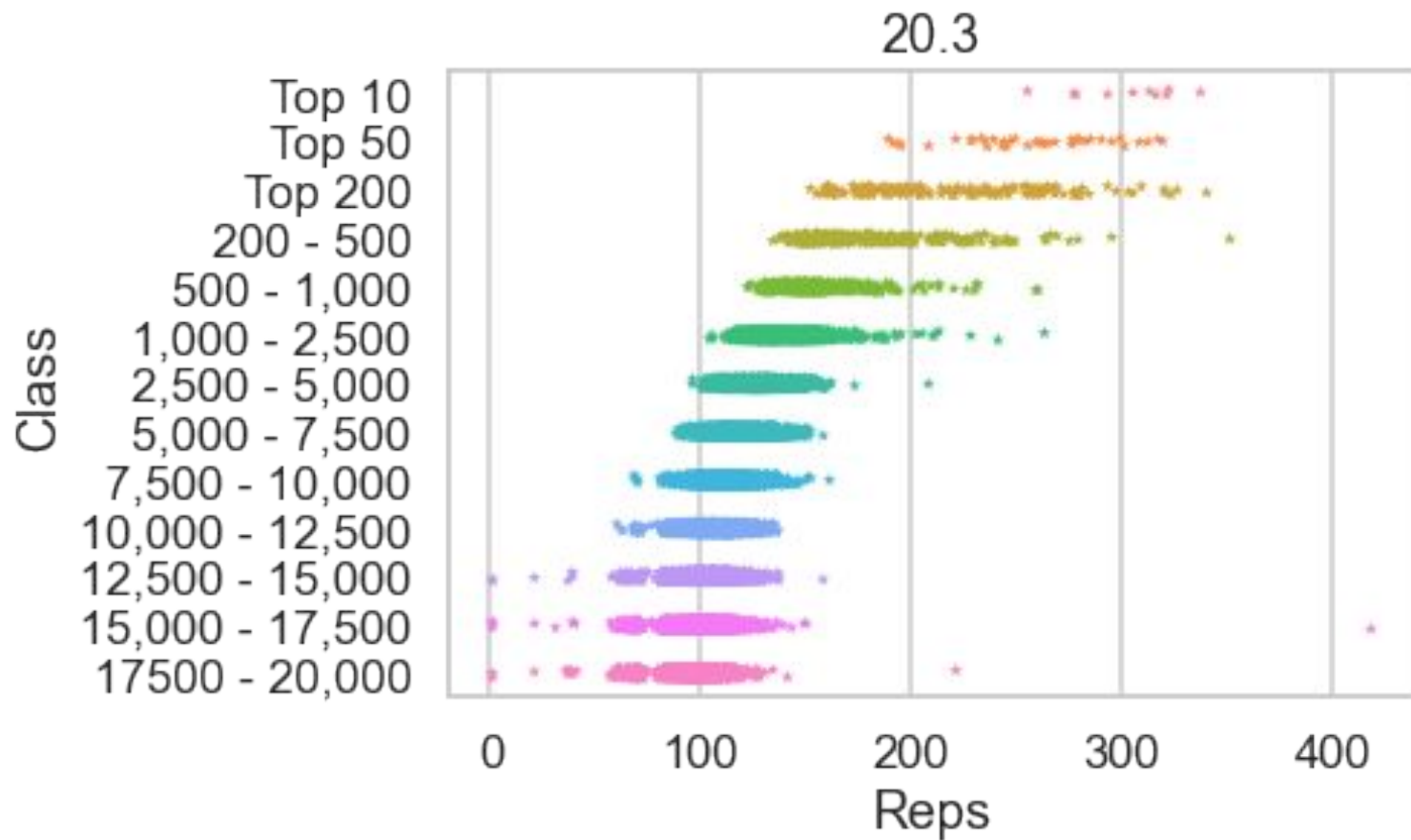
**Time Cap: 20 minutes**

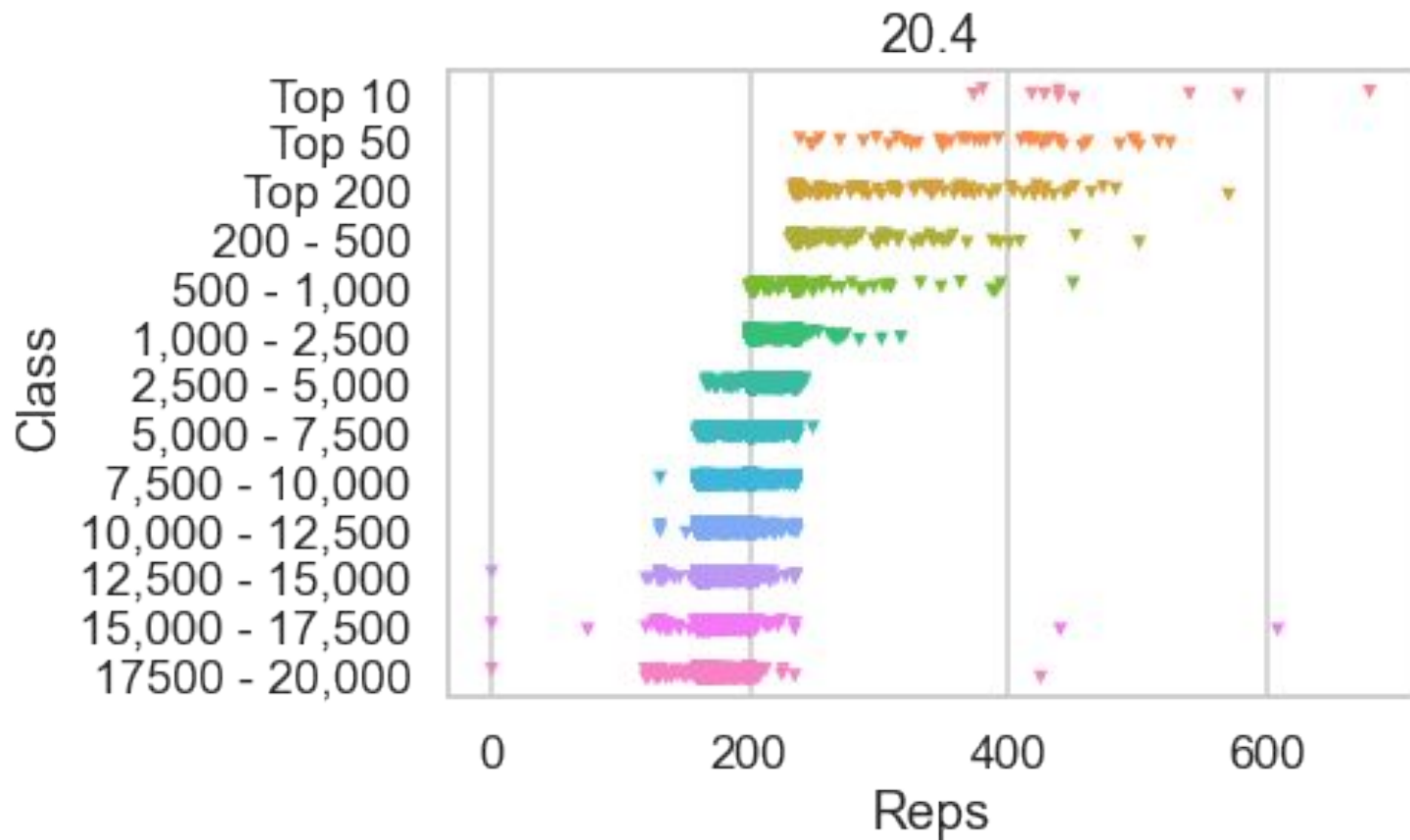


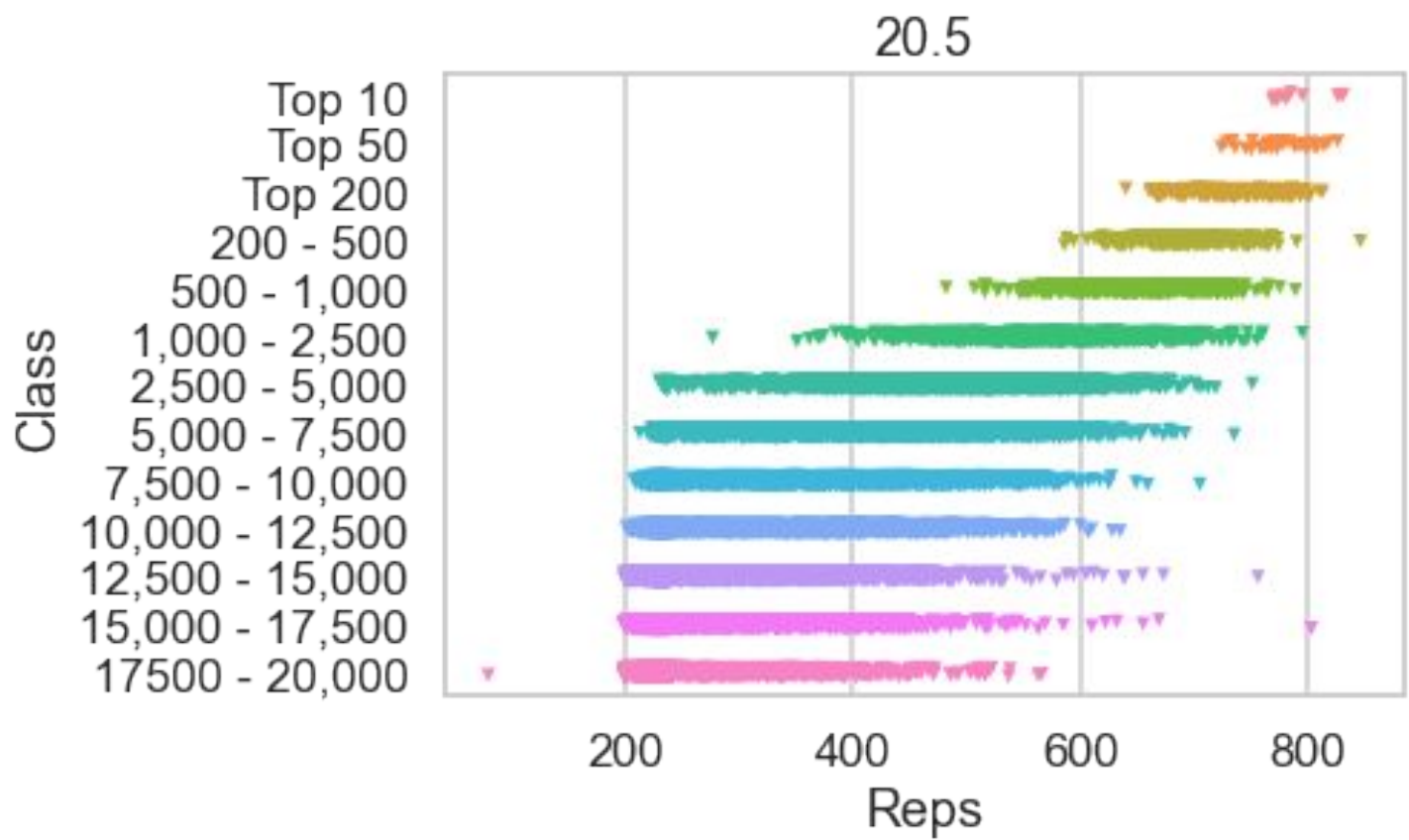


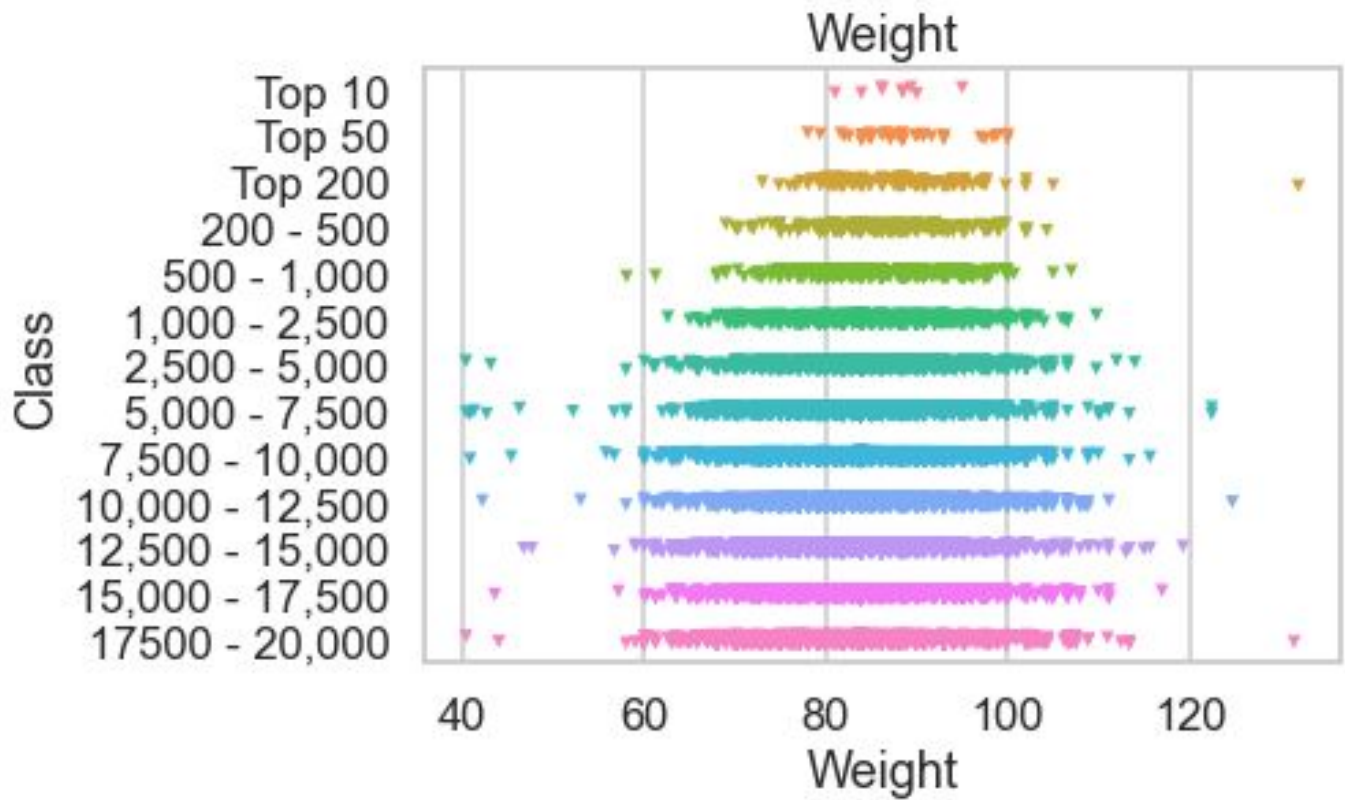


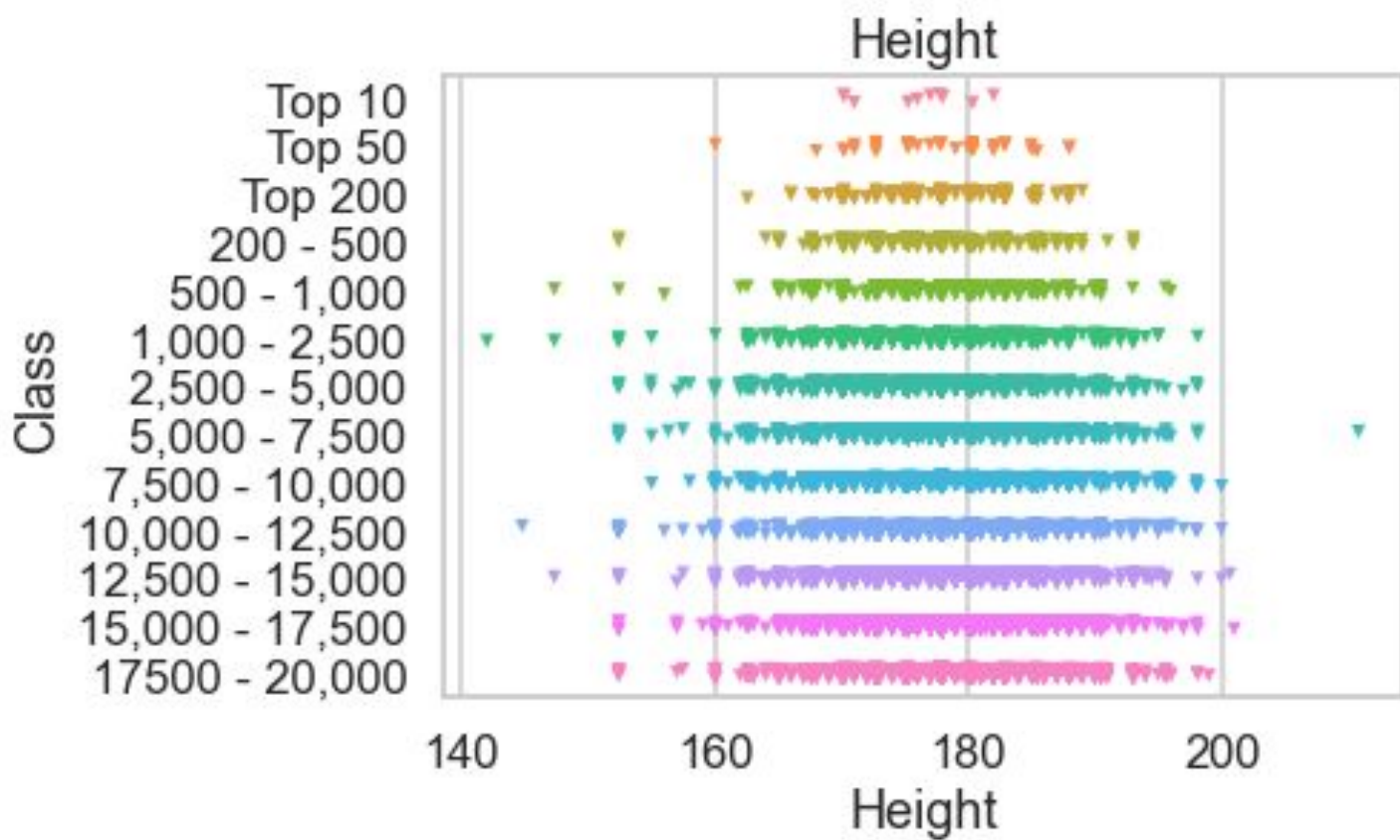






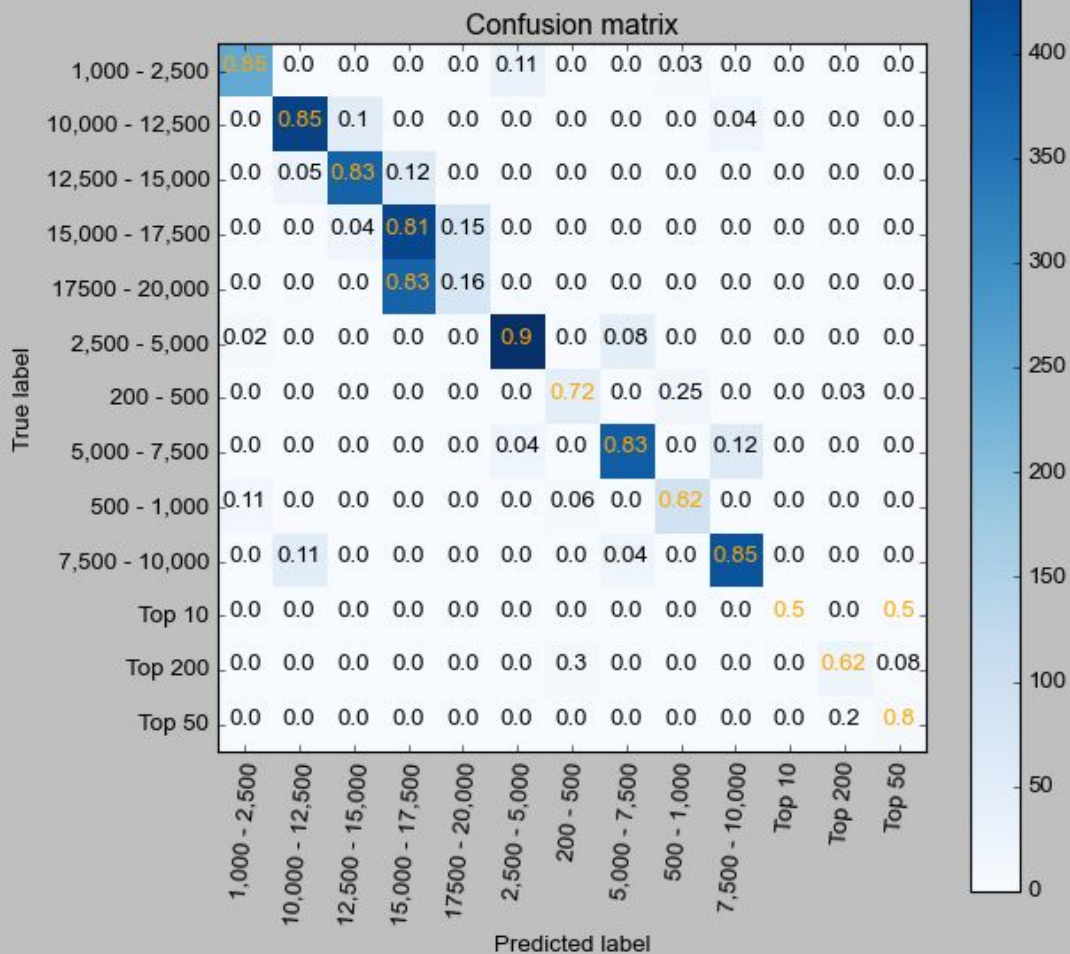


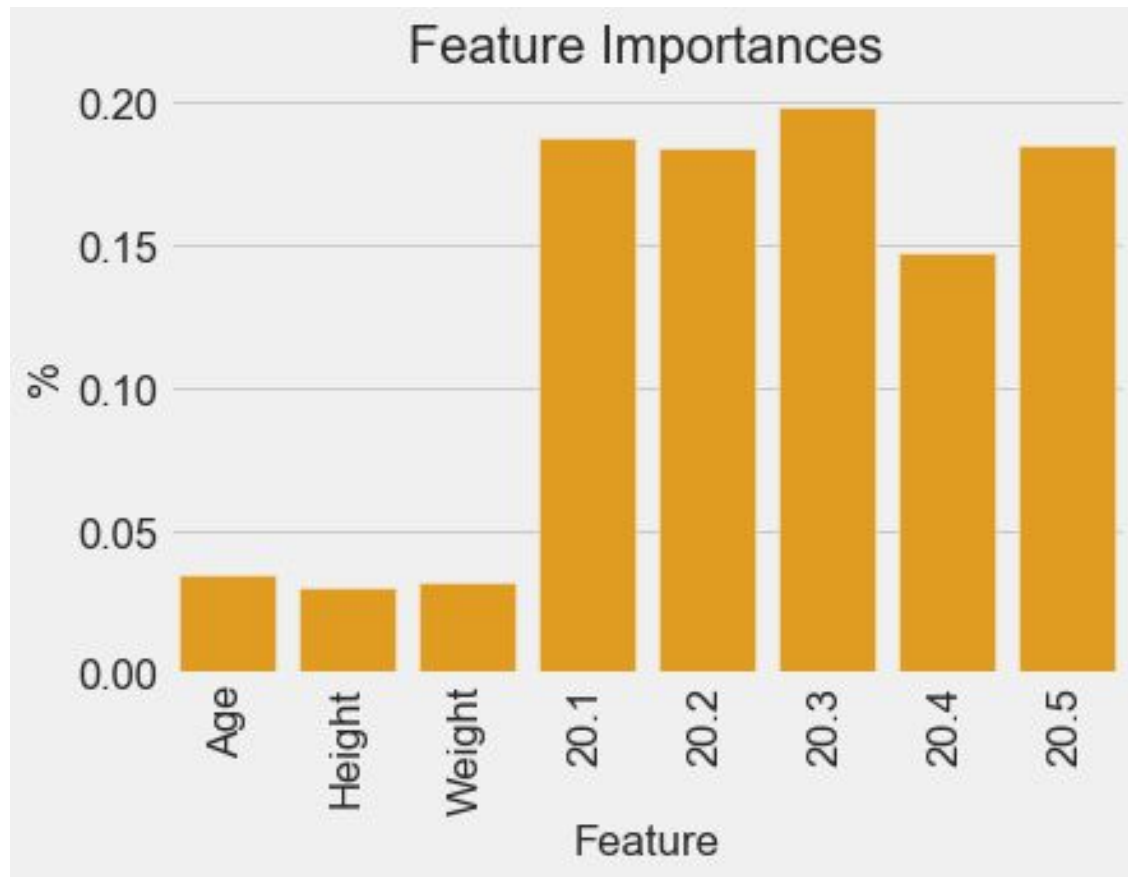






accuracy: 0.8451







# Recommendations

- Place more importance on event scores when making predictions as opposed to age/weight/height.
- While the constructed model is accurate, be aware there might be cases where the model is one class off



# Future Research

- More research into feature importances
- How does country/bloodline affect strength/scores in crossfit?
- Does scoring high in one event result in high scores in all the others?





Thank You!

