Install & Uninstall Grub in Multi Boot by MZ

Go to Linux OS and do as shown in Terminal

```
sudo mount /dev/sda3 /mnt
sudo mount --bind /dev /mnt/dev
sudo mount --bind /dev/pts /mnt/dev/pts
sudo mount --bind /proc /mnt/proc
sudo mount --bind /sys /mnt/sys
sudo chroot /mnt
grub-install /dev/sda
update-grub
exit
reboot
sudo umount /mnt/dev/pts
sudo umount /mnt/dev
sudo umount /mnt/proc
sudo umount /mnt/sys
sudo umount /mnt
os-prober
update-grub
exit
reboot
```