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# **Weak field approximations in modified theories of gravity**



## **Master's thesis**

in partial fulfillment of the degree  
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# Abstract

A recent topic of interest in modified theories of gravity is the so-called  $f(R)$  gravity, which replaces the Ricci scalar  $R$  with a function of it. One subset of  $f(R)$  gravity is  $f(\mathcal{G})$  gravity, which alters  $R$  as follows: The boundary term  $\mathcal{B}$ , which does not contribute to the Einstein-Hilbert action, is removed, and the remaining  $\mathcal{G}$  is mapped to a function  $f(\mathcal{G})$ .

In this thesis, we will examine linearised  $f(\mathcal{G})$  gravity and several of its interesting aspects. Firstly, there is a correspondence between the linearised  $\mathcal{G}$  and the Lagrangian of a rank-2 tensor field. Secondly, we discover that one can recover the field equations with the cosmological term from the linearised  $f(\mathcal{G})$  field equations by a specific choice of  $f(\mathcal{G})$ .

We then select a more generalised  $f(\mathcal{G})$  such that its gravitational wave solutions exhibit *small* deviations from GR. The simplest solution under this shows that the coupling constant  $\lambda$  of the  $f(\mathcal{G})$  term in the field equations is proportional to the angular frequency of the gravitational wave  $\omega$ . Finally, this thesis closes with physical discussions of this solution.

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Lastly and most importantly, I dedicate this thesis to my parents, whose immense love and support throughout my life I would never be able to repay.

# Chapter 1

## Preliminaries

**Quote 1.1** Gravity is geometry

*Various relativists*

### 1.1 Linearised field equations

We begin with the Einstein field equations [1]

**Theorem 1.1 (Einstein field equations)**

$$G_{\mu\nu} + \Lambda g_{\mu\nu} = \kappa T_{\mu\nu} \quad (1.1)$$

where  $G_{\mu\nu}$  is the Einstein tensor (trace-reverse of the Ricci tensor),  $\Lambda$  is the cosmological constant,  $g_{\mu\nu}$  is the metric,  $\kappa$  is the coupling constant and  $T_{\mu\nu}$  is the stress-energy tensor.

Outside of cosmology, the cosmological term is usually omitted, leaving

$$G_{\mu\nu} = \kappa T_{\mu\nu} \quad (1.2)$$

This seemingly simple equation is, in fact, highly non-linear. Like in many cases, however, the field equations can be linearised.

Suppose that the spacetime is nearly flat but very slightly curved. Such a spacetime can be represented by decomposing the geometry into flat (Minkowski) spacetime and a *small* perturbation, or *gauge transformation*  $\xi$ . In effect, the metric is then the sum of the Minkowski metric  $\eta_{\mu\nu} = \text{diag}(-1, 0, 0, 0)$  and the *small* perturbation  $h_{\mu\nu}$ :

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu} + \mathcal{O}((h_{\mu\nu})^2) \quad \text{where} \quad |h_{\mu\nu}| \ll 1 \quad (1.3)$$

This process is called *linearised gravity* [2]. As both the metric  $g_{\mu\nu}$  and the Minkowski metric  $\eta_{\mu\nu}$  are symmetric,  $h_{\mu\nu}$  is also symmetric.

We can now derive the linearised field equations. We begin by writing out the inverse metric under the linearised gravity regime

$$g^{\mu\nu} = \eta^{\mu\nu} - h^{\mu\nu} \quad (1.4)$$

The Christoffels are [3]

$$\Gamma_{\alpha\beta}^{\mu} = \frac{1}{2}\eta^{\mu\nu}(h_{\alpha\mu,\beta} + h_{\beta\nu,\alpha} - h_{\alpha\beta,\nu}) = \frac{1}{2}(h_{\alpha,\beta}^{\mu} + h_{\beta,\alpha}^{\mu} - h_{\alpha\beta}^{\mu}) \quad (1.5)$$

As we have  $\eta_{\mu\nu} \approx g_{\mu\nu}$ , we have forgone  $g_{\mu\nu}$  for the Minkowski metric in our derivations.

From definition, the linearised *Ricci tensor* is hence

$$R_{\mu\nu} = \frac{1}{2}(h_{\mu,\nu\alpha}^{\alpha} + h_{\nu,\mu\alpha}^{\alpha} - h_{\mu\nu,\alpha}^{\alpha} - h_{,\mu\nu}) \quad (1.6)$$

The last term is effectively a ‘scalar perturbation’  $h = \eta^{\alpha\beta} h_{\alpha\beta}$  differentiated with respect to the indices  $\mu$  and  $\nu$ . By contracting the linearised Ricci tensor, one finds the linearised Ricci scalar

$$R = h^{\mu\nu}_{;\mu\nu} - h^{\rho}_{;\rho} \quad (1.7)$$

This allows us to perform the trace reverse, which gives the linearised Einstein tensor as [4]

$$G_{\mu\nu} = \frac{1}{2} \left( \bar{h}_{\lambda\nu}{}^{;\lambda}_{;\mu} + \bar{h}_{\lambda\mu}{}^{;\lambda}_{;\nu} - \bar{h}_{\mu\nu}{}^{;\lambda}_{;\lambda} - \eta_{\mu\nu} \bar{h}_{\alpha\beta}{}^{;\alpha\beta} \right) \quad (1.8)$$

While this might look very bulky, one can actually reduce the expression by considering gauge freedom introduced by the newly added perturbation  $h_{\mu\nu}$ . Consider the *small* coordinate (gauge) transformation

$$X^\mu \rightarrow X'^\mu = X^\mu + \xi^\mu \quad (1.9)$$

where  $\xi^\mu$  is an infinitesimal vector field. Under this transformation, the metric is invariant, while the metric perturbation  $h_{\mu\nu}$  transforms as

$$h_{\mu\nu} \rightarrow h'_{\mu\nu} = h_{\mu\nu} - \xi_{\nu;\mu} - \xi_{\mu;\nu} \quad (1.10)$$

As the metric is gauge-invariant under this gauge transformation, a *gauge freedom* has arisen in that many metric perturbations correspond to the same metric. To eliminate some of the gauge freedom, one can impose a gauge condition. A convenient choice is the tensorial form of the *Lorenz gauge*:

$$\bar{h}_{\mu\nu}{}^{;\mu} = 0 \quad (1.11)$$

where we have the trace-reversed perturbation

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2} \eta_{\mu\nu} h \quad (1.12)$$

This fixes the gauge freedom by restricting the allowed vector fields  $\xi^\mu$  in the gauge transformation. The transformed perturbation  $h'_{\mu\nu}$  must also satisfy the Lorenz gauge condition, which imposes a constraint on  $\xi^\mu$ :

$$\xi^{\mu;\alpha}_{;\alpha} = 0 \quad (1.13)$$

In this tensorial Lorenz gauge, the linearised Einstein tensor is [4]

$$G_{\mu\nu} = -\frac{1}{2} \bar{h}_{\mu\nu}{}^{;\alpha}_{;\alpha} \quad (1.14)$$

This yields the linearised Einstein field equations:

### Theorem 1.2 (Linearised field equations)

$$G_{\mu\nu} = -\frac{1}{2} \bar{h}_{\mu\nu}{}^{;\alpha}_{;\alpha} = \kappa T_{\mu\nu} \quad (1.15)$$

For completeness, we also note that the linearised field equations with the cosmological constant take the form

$$G_{\mu\nu} + \Lambda h_{\mu\nu} = \kappa T_{\mu\nu} \quad (1.16)$$

This is a result we will recover later in this thesis.

## 1.2 Gravitational wave solutions

Derivation of gravitational wave solutions take place under linearised gravity, and we start with the linearised field equations as seen in Equation 1.15. As gravitational waves are a non-matter source, we also set the stress-energy tensor (i.e. matter content) as zero. This makes gravitational wave solutions vacuum solutions:

**Theorem 1.3 (Linearised vacuum field equations)**

$$\bar{h}_{\mu\nu;\alpha} = 0 \quad (1.17)$$

Noting that this is effectively a wave equation, we can reasonably set up a trial solution for the *gravitational wave*

**Definition 1.1 (Gravitational wave)**

$$\bar{h}_{\mu\nu} = A_{\mu\nu} \exp(ik_\alpha x^\alpha) \quad (1.18)$$

where  $k_\alpha$  is the wavevector,  $x^\alpha$  is the 4-position and  $A_{\mu\nu}$  is some tensorial amplitude. Both  $k_\alpha$  and  $A_{\mu\nu}$  are constants. Much like in electromagnetic waves, only the real part of the phase term is physical.

By inserting this  $\bar{h}_{\mu\nu}$  into the gauge  $\bar{h}^{\mu\alpha}_{;\alpha} = 0$ , we can find the following constraints on  $k_\alpha$  [5]:

- $k_\alpha$  is a null (i.e. lightlike) vector:

$$k_\alpha k^\alpha = 0 \quad (1.19)$$

- $A_{\mu\alpha}$  is orthogonal to  $k_\alpha$  (transverse wave):

$$A_{\mu\alpha} k^\alpha = 0 \quad (1.20)$$

Here the physical significance is clearly seen. Expectedly,  $k_\alpha$  corresponds to the angular frequency  $\omega$ .

We can now impose further gauge conditions by adjusting the initial data for the Lorenz gauge equations. For a given 4-velocity  $u_\nu$ , we impose an additional gauge conditions, which is the traceless tensorial amplitude:

$$A^\mu_\mu = 0 \quad (1.21)$$

This, combined with the tensorial Lorenz gauge, is the so-called *transverse-traceless gauge* or the *TT gauge* [4].

From  $A^{0\nu} = 0$ , we can see that the first row and the first column vanishes. As  $A^{\mu\nu}$  is established to be traceless, we also have

$$A^{11} + A^{22} + A^{33} = 0 \quad (1.22)$$

Considering also that  $A^{\mu\nu}$  is symmetric, the most general matrix that satisfies these conditions leaves only two independent wave amplitudes out of the original 10:

$$A^{\mu\nu} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & A_+ & A_\times & 0 \\ 0 & A_\times & -A_+ & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad (1.23)$$

$A_+ = 0$  and  $A_\times = 0$  represent two different polarisations of gravitational waves:

- The  $A_+$  mode or the *plus polarisation* describes stretching and squeezing along axes aligned with the  $x$ - and  $y$ -axes. When a gravitational wave in this mode passes through, it elongates spacetime along one axis (say, the  $x$ -axis) while contracting along the perpendicular axis ( $y$ -axis), and then alternates this behaviour.
- The  $A_\times$  mode or the *cross polarisation* describes stretching and squeezing along axes rotated by 45 degrees relative to the  $x$ - and  $y$ -axes. i.e., along lines like

$$x' = (x + y)/\sqrt{2} \quad y' = (x - y)/\sqrt{2} \quad (1.24)$$

The deformation pattern is the same as the  $A_+$  mode, but the axes of elongation and contraction are rotated by 45 degrees.

This is analogous to polarisations in EM waves, which are separated by  $90^\circ$ . The angles are different as EM waves correspond to oscillations of EM fields, which are vector fields in orthogonal directions, whereas gravitational waves correspond to tensorial deformations of spacetime that are rotations of each other by 45 degrees in the transverse plane.



## 1.3 Decomposition of the Ricci scalar

The generalised action in GR is the so-called *Einstein-Hilbert action*, which has two terms [6][7]:

### Definition 1.2 (Einstein-Hilbert action)

$$S = \int_{\mathcal{V}} \mathcal{L} d^4x = S_H + S_M \quad (1.25)$$

The terms are defined as follows:

- $S_H$  is the *Hilbert term* arising from the Ricci scalar:

$$S_H = \frac{1}{16\pi} \int_{\mathcal{V}} R \sqrt{-g} d^4x \quad (1.26)$$

where  $g$  is the (negative) determinant of the metric  $g_{\mu\nu}$  and  $\sqrt{-g} d^4x$  is the proper volume element.

- $S_M$  is the *matter action* arising from the scalar matter field  $\phi$ :

$$S_M = \int_{\mathcal{V}} \mathcal{L}_M(\phi, \partial_\mu \phi, g_{\mu\nu}) \sqrt{-g} d^4x \quad (1.27)$$

We apply the *action principle* to the Hilbert term, which stipulates that the time derivative of the action of an isolated system is zero. As is well known, doing so to any system yields, through integration by parts, two different integrals, one of which is the so-called *boundary term* which does not contribute to the action [8].

In the case of the Einstein-Hilbert action, this means one can decompose the Ricci scalar, which takes the full form

$$R = g^{\mu\nu} (\Gamma_{\mu\nu,\lambda}^\lambda - \Gamma_{\mu\lambda,\nu}^\lambda + \Gamma_{\mu\nu}^\sigma \Gamma_{\lambda\sigma}^\lambda - \Gamma_{\mu\lambda}^\sigma \Gamma_{\nu\sigma}^\lambda) \quad (1.28)$$

into two parts: the *bulk term*  $\mathcal{G}$  and the *boundary term*  $\mathcal{B}$  [9]:

$$R = \mathcal{G} + \mathcal{B} \quad (1.29)$$

where  $\mathcal{G}$  and  $\mathcal{B}$  are respectively defined as

### Definition 1.3 (Bulk term)

$$\mathcal{G} = g^{\mu\nu} (\Gamma_{\mu\sigma}^\lambda \Gamma_{\lambda\nu}^\sigma - \Gamma_{\mu\nu}^\sigma \Gamma_{\lambda\sigma}^\lambda) \quad (1.30)$$

### Definition 1.4 (Boundary term)

$$\mathcal{B} = \nabla_\sigma B^\sigma \quad (1.31)$$

where we use the shorthand

$$B^\sigma = g^{\mu\nu} \Gamma_{\mu\nu}^\sigma - g^{\sigma\nu} \Gamma_{\lambda\nu}^\lambda \quad (1.32)$$

This is a *pseudovector*.

While the two terms have rank 0, they do not transform tensorially, and are *not* scalars. As such, they are called *pseudoscalars*. Likewise, the rank-1 pseudovector is so-called as it does not transform tensorially either.

## 1.4 Transformation of $\mathcal{G}$ and $\mathcal{B}$

**Quote 1.2** They arise naturally and there is no point to name them after people.

*Christian G. Böhrer, on  $M_\lambda^{\mu\nu}$  and  $E^{\mu\nu\lambda}$ , November 2024*

Consider the infinitesimally small transformation  $\xi$ :

$$X^\mu \rightarrow X'^\mu = X^\mu + \xi^\mu(X) \quad (1.33)$$

The general coordinate transformations become

$$\frac{\partial X'^\mu}{\partial X^\nu} = \delta_\nu^\mu + \partial_\nu \xi^\mu \quad \frac{\partial X^\mu}{\partial X'^\nu} = \delta_\nu^\mu - \partial_\nu \xi^\mu \quad (1.34)$$

Yielding the metric, inverse metric and Christoffel transformations: Using the above, along with the usual transformation laws, the metric, inverse metric and Christoffel symbol transform as

$$g'_{\mu\nu}(X') = g_{\mu\nu} - \partial_\mu \xi^\lambda g_{\lambda\nu} - \partial_\nu \xi^\lambda g_{\mu\lambda} + \mathcal{O}(\xi^2) \quad (1.35)$$

$$g'^{\mu\nu}(X') = g^{\mu\nu} + \partial_\lambda \xi^\mu g^{\lambda\nu} + \partial_\lambda \xi^\nu g^{\mu\lambda} + \mathcal{O}(\xi^2) \quad (1.36)$$

$$\Gamma'_{\mu\nu}^\gamma(X') = \Gamma_{\mu\nu}^\gamma + \partial_\lambda \xi^\gamma \Gamma_{\mu\nu}^\lambda - \partial_\mu \xi^\lambda \Gamma_{\nu\lambda}^\gamma - \partial_\nu \xi^\lambda \Gamma_{\mu\lambda}^\gamma - \partial_\mu \partial_\nu \xi^\gamma + \mathcal{O}(\xi^2) \quad (1.37)$$

From these, we can derive the transformations of  $\mathcal{G}$  and  $\mathcal{B}$

$$\mathcal{G}'(X') = \mathcal{G}(X) - M_\gamma^{\alpha\beta} \partial_\alpha \partial_\beta \xi^\gamma \quad (1.38)$$

$$\mathcal{B}'(X') = \mathcal{B}(X) + M_\gamma^{\alpha\beta} \partial_\alpha \partial_\beta \xi^\gamma \quad (1.39)$$

Where we have defined a non-tensorial object that we will call the *pseudoscalar deviation*. The object represents the ‘degree’ of failure displayed by pseudoscalars  $\mathcal{G}$  and  $\mathcal{B}$  to transform as scalars [9].

#### Definition 1.5 (Pseudoscalar deviation)

$$M_\lambda^{\mu\nu} := \frac{\delta \mathcal{G}}{\delta \Gamma_{\mu\nu}^\lambda} = 2g^{\rho(\nu} \Gamma_{\lambda\rho}^{\mu)} - g^{\mu\nu} \Gamma_{\rho\lambda}^\rho - g^{\rho\sigma} \delta_\lambda^{(\nu} \Gamma_{\rho\sigma}^{\mu)} \quad (1.40)$$

where the brackets around the indices is the so-called *index anticommutator* that symmetrises the expression<sup>1</sup>. For example:

$$g^{\rho(\nu} \Gamma_{\lambda\rho}^{\mu)} = \frac{1}{2} (g^{\rho\nu} \Gamma_{\lambda\rho}^\mu + g^{\rho\mu} \Gamma_{\lambda\rho}^\nu) \quad (1.41)$$

The invariance of the Ricci scalar under general coordinate transformations is well-known. By adding together the already transformed  $\mathcal{G}'$  and  $\mathcal{B}'$ , we can find that

$$\mathcal{G}' + \mathcal{B}' = \mathcal{G}(X) - M_\gamma^{\alpha\beta} \partial_\alpha \partial_\beta \xi^\gamma + \mathcal{B}(X) + M_\gamma^{\alpha\beta} \partial_\alpha \partial_\beta \xi^\gamma = \mathcal{G} + \mathcal{B} = R \quad (1.42)$$

The pseudoscalar deviations cancel out, and Equation 1.29 is recovered.

## 1.5 Modified gravity

In this thesis, we will be working with  $f(\mathcal{G})$  gravity. We begin with  $f(R)$  gravity, which is the well-known generalised form of  $f(\mathcal{G})$  gravity. The longevity of GR and against experimental tests is well-known [4]. However, modified theories of gravity have been consistently proposed. A famous example is the so-called *Einstein-Cartan theory*, which is also well-supported by classical tests of GR due to it reducing to GR in vacuum [10].

One family of modified gravity theories is  $f(R)$  gravity, which was proposed in 1970 by Buchdahl [11]. It modifies the Hilbert term in the Hilbert term of the gravitational action by replacing  $R$  with an arbitrary function of it:

$$S_H = \frac{1}{16\pi} \int_V f(R) \sqrt{-g} d^4x \quad (1.43)$$

Specifically,  $f(R)$  gravity is related to the scalar-tensor family of theories. The Brans-Dicke theory, a scalar-tensor theory, reduces to  $f(R)$  gravity under specific choices of variables [12].

<sup>1</sup>Conversely, the square brackets [ and ], known as the *index commutator*, antisymmetrises an expression. For example:  $g_{b[c} R_{d]a} = \frac{1}{2} g_{bc} R_{da} - g_{bd} R_{ca}$ .

In recent years, more specific subcategories of  $f(R)$  gravity have been developed [4]. We know that, from Equation 1.29 which we just proved, that  $R = \mathcal{G} + \mathcal{B}$ . We can then write our  $f(R)$  as

$$f(R) = f(\mathcal{G}, \mathcal{B}) \quad (1.44)$$

This is the premise of the so-called  $f(\mathcal{G}, \mathcal{B})$  gravity and, assuming no matter-energy content, gives rise to the following Einstein-Hilbert action:

$$S = \frac{1}{2\kappa} \int f(\mathcal{G}, \mathcal{B}) \sqrt{-g} d^4x \quad (1.45)$$

By applying the action principle, one finds

**Theorem 1.4 ( $f(\mathcal{G}, \mathcal{B})$  field equations)**

$$\begin{aligned} \frac{\partial f}{\partial \mathcal{G}} \left( G_{\rho\sigma} + \frac{1}{2} g_{\rho\sigma} \mathcal{G} \right) + \frac{1}{2} E_{\rho\sigma}{}^\gamma \partial_\gamma \left( \frac{\partial f}{\partial \mathcal{G}} \right) - \frac{1}{2} g_{\rho\sigma} f(\mathcal{G}, \mathcal{B}) + \frac{1}{2} \frac{\partial f}{\partial \mathcal{B}} g_{\rho\sigma} \mathcal{B} + g_{\rho\sigma} \partial^\mu \partial_\mu \left( \frac{\partial f}{\partial \mathcal{B}} \right) - \\ \partial_\rho \partial_\sigma \left( \frac{\partial f}{\partial \mathcal{B}} \right) + \frac{1}{2} g_{\rho\sigma} \partial_\mu (g^{\mu\nu}) \partial_\nu \left( \frac{\partial f}{\partial \mathcal{B}} \right) + \frac{1}{\sqrt{-g}} \partial_{(\rho} (\sqrt{-g}) \partial_{\sigma)} \left( \frac{\partial f}{\partial \mathcal{B}} \right) = \kappa T_{\rho\sigma} \end{aligned} \quad (1.46)$$

The boundary term does not contribute to the action [13]. For this reason, it is generally safe to discard it. Hence, the only remaining component of the Ricci tensor is the pseudoscalar  $\mathcal{G}$ . When we do so to  $f(\mathcal{G}, \mathcal{B})$  gravity, it reduces to  $f(\mathcal{G})$  gravity, whose Einstein-Hilbert action is

$$S = \frac{1}{2\kappa} \int f(\mathcal{G}) \sqrt{-g} d^4x \quad (1.47)$$

This yields the field equations [9]

**Theorem 1.5 ( $f(\mathcal{G})$  field equations)**

$$f'(\mathcal{G}) \left( G_{\rho\sigma} + \frac{1}{2} g_{\rho\sigma} \mathcal{G} \right) + \frac{1}{2} f''(\mathcal{G}) E_{\rho\sigma}{}^\gamma \partial_\gamma \mathcal{G} - \frac{1}{2} g_{\rho\sigma} f(\mathcal{G}) = \kappa T_{\rho\sigma} \quad (1.48)$$

where  $E_{\rho\sigma}{}^\gamma$  is a term we will call the *pseudoscalar connection*. This is a connection term made up of three index-permuted pseudoscalar deviations [9]:

**Definition 1.6 (Pseudoscalar connection)**

$$\begin{aligned} E^{\mu\nu\lambda} &:= M^{\{\lambda\mu\nu\}} = M^{\lambda\mu\nu} + M^{\nu\lambda\mu} - M^{\mu\nu\lambda} \\ &= 2g^{\rho\mu} g^{\nu\sigma} \Gamma_{\rho\sigma}^\lambda - 2g^{\lambda(\mu} g^{\nu)\sigma} \Gamma_{\rho\sigma}^\rho + g^{\mu\nu} g^{\lambda\rho} \Gamma_{\sigma\rho}^\sigma - g^{\mu\nu} g^{\rho\sigma} \Gamma_{\rho\sigma}^\lambda \end{aligned} \quad (1.49)$$

## Chapter 2

# Linearisation of $f(\mathcal{G})$ gravity

**Quote 2.1** Sure, the abyss is great for staring into. But if screaming is your thing, you'll want to go with the void.

*Christian G. Böhrer*

### 2.1 Bulk term

As the higher orders of  $h_{\mu\nu}$  vanish, we can safely replace  $g_{\mu\nu}$  by  $\eta_{\mu\nu}$  and employ the linearised Christoffels in Equation 1.5:

$$\mathcal{G} = \frac{1}{4}\eta^{\mu\nu} \left( (h_{\mu,\sigma}^\lambda + h_{\sigma,\mu}^\lambda - h_{\mu\sigma}^{\cdot\lambda})(h_{\lambda,\nu}^\sigma + h_{\nu,\lambda}^\sigma - h_{\lambda\nu}^{\cdot\sigma}) - (h_{\mu,\nu}^\sigma + h_{\nu,\mu}^\sigma - h_{\mu\nu}^{\cdot\sigma})(h_{\lambda,\sigma}^\lambda + h_{\sigma,\lambda}^\lambda - h_{\lambda\sigma}^{\cdot\lambda}) \right) + O(h^3) \quad (2.1)$$

where  $O$  is the so-called *big-O notation*.

Even though the lowest order terms are quadratic in  $h_{\mu\nu}$ ,  $\mathcal{G}$  corresponds to the majority<sup>1</sup> of the Ricci scalar  $R$ , and its vanishing would be clearly unphysical. Another justification to preserve the second-order terms comes from Equation 1.48: if the trial function  $f(\mathcal{G})$  includes terms of  $\mathcal{G}^{1/2}$ ,  $\mathcal{G}^{-1/2}$  and so on, we might end up with an expression involving square roots of  $\mathcal{G}$ , and with that, linear orders of  $h_{\mu\nu}$ .

$$\begin{aligned} \mathcal{G} = \frac{1}{4}\eta^{\mu\nu} & (h_{\mu,\sigma}^\lambda h_{\lambda,\nu}^\sigma + h_{\mu,\sigma}^\lambda h_{\nu,\lambda}^\sigma - h_{\mu,\sigma}^\lambda h_{\lambda\nu}^{\cdot\sigma} + h_{\sigma,\mu}^\lambda h_{\lambda,\nu}^\sigma + h_{\sigma,\mu}^\lambda h_{\nu,\lambda}^\sigma - h_{\sigma,\mu}^\lambda h_{\lambda\nu}^{\cdot\sigma} \\ & - h_{\mu\sigma}^{\cdot\lambda} h_{\lambda,\nu}^\sigma - h_{\mu\sigma}^{\cdot\lambda} h_{\nu,\lambda}^\sigma + h_{\mu\sigma}^{\cdot\lambda} h_{\lambda\nu}^{\cdot\sigma} - h_{\mu,\nu}^\sigma h_{\lambda,\sigma}^\lambda - h_{\mu,\nu}^\sigma h_{\sigma,\lambda}^\lambda + h_{\mu,\nu}^\sigma h_{\lambda\sigma}^{\cdot\lambda} \\ & - h_{\nu,\mu}^\sigma h_{\lambda,\sigma}^\lambda - h_{\nu,\mu}^\sigma h_{\sigma,\lambda}^\lambda + h_{\nu,\mu}^\sigma h_{\lambda\sigma}^{\cdot\lambda} + h_{\mu\nu}^{\cdot\sigma} h_{\lambda,\sigma}^\lambda + h_{\mu\nu}^{\cdot\sigma} h_{\sigma,\lambda}^\lambda - h_{\mu\nu}^{\cdot\sigma} h_{\lambda\sigma}^{\cdot\lambda}) + O(h^3) \end{aligned} \quad (2.2)$$

Some indices are contracted:

$$\begin{aligned} \mathcal{G} = \frac{1}{4}\eta^{\mu\nu} & (h_{\mu,\sigma}^\lambda h_{\lambda,\nu}^\sigma + h_{\mu,\sigma}^\lambda h_{\nu,\lambda}^\sigma - h_{\mu,\sigma}^\lambda h_{\lambda\nu}^{\cdot\sigma} + h_{\mu,\nu} h_{\lambda,\sigma}^\lambda + h_{\sigma,\mu}^\lambda h_{\lambda,\nu}^\sigma - h_{\sigma,\mu}^\lambda h_{\lambda\nu}^{\cdot\sigma} \\ & - h_{\mu\sigma}^{\cdot\lambda} h_{\lambda,\nu}^\sigma - h_{\mu\sigma}^{\cdot\lambda} h_{\nu,\lambda}^\sigma + h_{\mu\sigma}^{\cdot\lambda} h_{\lambda\nu}^{\cdot\sigma} - h_{\mu,\nu}^\sigma h_{\lambda,\sigma}^\lambda - h_{\mu,\nu}^\sigma h_{\sigma,\lambda}^\lambda + h_{\mu,\nu}^\sigma h_{\lambda\sigma}^{\cdot\lambda} \\ & - h_{\nu,\mu}^\sigma h_{\lambda,\sigma}^\lambda - h_{\nu,\mu}^\sigma h_{\sigma,\lambda}^\lambda + h_{\nu,\mu}^\sigma h_{\lambda\sigma}^{\cdot\lambda} + h_{\mu\nu}^{\cdot\sigma} h_{\lambda,\sigma}^\lambda + h_{\mu\nu}^{\cdot\sigma} h_{\sigma,\lambda}^\lambda - h_{\mu\nu}^{\cdot\sigma} h_{\lambda\sigma}^{\cdot\lambda}) + O(h^3) \end{aligned} \quad (2.3)$$

We apply the Minkowski metric, which raises some indices:

$$\begin{aligned} \mathcal{G} = \frac{1}{4} & (h^{\lambda\nu}{}_{,\sigma} h_{\lambda,\nu}^\sigma + h^{\lambda\nu}{}_{,\sigma} h_{\nu,\lambda}^\sigma - h^{\lambda\nu}{}_{,\sigma} h_{\lambda\nu}^{\cdot\sigma} + h^{\nu\lambda} h_{\lambda,\sigma}^\sigma + h_{\sigma}^{\lambda,\nu} h_{\lambda,\nu}^\sigma - h_{\sigma}^{\lambda,\nu} h_{\lambda\nu}^{\cdot\sigma} \\ & - h_{\sigma}^{\nu,\lambda} h_{\lambda,\nu}^\sigma - h_{\sigma}^{\nu,\lambda} h_{\nu,\lambda}^\sigma + h_{\sigma}^{\nu,\lambda} h_{\lambda\nu}^{\cdot\sigma} - h_{\mu}^{\sigma,\mu} h_{\lambda,\sigma}^\sigma - h_{\mu}^{\sigma,\nu} h_{\sigma,\lambda}^\lambda + h_{\mu}^{\sigma,\mu} h_{\lambda\sigma}^{\cdot\lambda} \\ & - h_{\sigma}^{\sigma\mu}{}_{,\mu} h_{\lambda,\sigma}^\sigma - h_{\sigma}^{\sigma\mu}{}_{,\mu} h_{\sigma,\lambda}^\lambda + h_{\sigma}^{\sigma\mu}{}_{,\mu} h_{\lambda\sigma}^{\cdot\lambda} + h^{\cdot\sigma} h_{\lambda,\sigma}^\sigma + h^{\cdot\sigma} h_{\sigma,\lambda}^\lambda - h^{\cdot\sigma} h_{\lambda\sigma}^{\cdot\lambda}) + O(h^3) \end{aligned} \quad (2.4)$$

We then note that  $h_{\mu\nu}$  is symmetric. As all indices are free, and that

$$h^{\mu\nu}{}_{,\mu} = h_{\mu}^{\nu,\mu} \quad (2.5)$$

we can proceed to simplify  $\mathcal{G}$  as

<sup>1</sup>At the very least, the part that contributes to the action.

**Linearised result 1 (Bulk term)**

$$\mathcal{G} = \frac{1}{2}(h^{\lambda\nu}{}_{,\sigma}h_{\lambda,\nu}^{\sigma} - h^{\sigma\mu}{}_{,\mu}h_{,\sigma}) + O(h^3) \quad (2.6)$$

**2.2 Recovery of the tensor field Lagrangian**

The action of a rank-2 free tensor field is well known as [14]

**Definition 2.1 (Tensor field action)**

$$S = \int \left( \frac{1}{2}h^{\mu\nu,\sigma}h_{\mu\nu,\sigma} - h^{\mu\nu}{}_{,\nu}h_{\mu,\sigma}^{\sigma} + h^{\mu\nu}{}_{,\nu}h_{\sigma,\mu}^{\sigma} - \frac{1}{2}h_{\nu,\mu}^{\nu}h_{\sigma}^{\sigma,\mu} - \lambda T^{\mu\nu}h_{\mu\nu} \right) d\tau \quad (2.7)$$

This corresponds to the Lagrangian

$$L = \frac{1}{2}h^{\mu\nu,\sigma}h_{\mu\nu,\sigma} - h^{\mu\nu}{}_{,\nu}h_{\mu,\sigma}^{\sigma} + h^{\mu\nu}{}_{,\nu}h_{\sigma,\mu}^{\sigma} - \frac{1}{2}h_{\nu,\mu}^{\nu}h_{\sigma}^{\sigma,\mu} - \lambda T^{\mu\nu}h_{\mu\nu} \quad (2.8)$$

As we are investigating the vacuum field equations, the stress-energy term vanishes:

$$L = \frac{1}{2}h^{\mu\nu,\sigma}h_{\mu\nu,\sigma} - h^{\mu\nu}{}_{,\nu}h_{\mu,\sigma}^{\sigma} + h^{\mu\nu}{}_{,\nu}h_{\sigma,\mu}^{\sigma} - \frac{1}{2}h_{\nu,\mu}^{\nu}h_{\sigma}^{\sigma,\mu} \quad (2.9)$$

Cancelling out indices yields

$$L = \frac{1}{2}h^{\cdot\mu}h_{,\mu} - h^{\mu\nu}{}_{,\nu}h_{\mu,\sigma}^{\sigma} + h^{\mu\nu}{}_{,\nu}h_{,\mu} - \frac{1}{2}h_{,\mu}h^{\cdot\mu} \quad (2.10)$$

Noting that the first and last terms cancel, we have

$$L = \frac{1}{2}h^{\cdot\mu}h_{,\mu} - h^{\mu\nu}{}_{,\nu}h_{\mu,\sigma}^{\sigma} + h^{\mu\nu}{}_{,\nu}h_{,\mu} - \frac{1}{2}h_{,\mu}h^{\cdot\mu} = h^{\lambda\nu}{}_{,\sigma}h_{\lambda,\nu}^{\sigma} - h^{\sigma\mu}{}_{,\mu}h_{,\sigma} \quad (2.11)$$

Which, amazingly, is equal to the linearised bulk term  $\mathcal{G}$  save for an overall scaling factor of 2 that is ultimately arbitrary. Indeed, the boundary term does not contribute to the action, and  $\mathcal{G}$  is equal to the Lagrangian  $L$  generated by a rank-2 tensor field, which, in this case, is the graviton field.

**2.3 Boundary term**

Performing the same substitutions as  $\mathcal{G}$  yield

$$\mathcal{B} = \frac{1}{2}\nabla_{\sigma}(\eta^{\mu\nu}(h_{\mu,\nu}^{\sigma} + h_{\nu,\mu}^{\sigma} - h_{\mu\nu}{}^{\cdot\sigma}) - \eta^{\sigma\nu}(h_{\lambda,\nu}^{\lambda} + h_{\nu,\lambda}^{\lambda} - h_{\lambda\nu}{}^{\cdot\lambda})) \quad (2.12)$$

With respect to the covariant derivative, we note that:

- The covariant derivative of the Minkowski metric yields zero.
- The covariant derivative of an object in Minkowski space simply reduces to the partial derivative.

Using the chain rule:

$$\mathcal{B} = \frac{1}{2}\eta^{\mu\nu}\nabla_{\sigma}(h_{\mu,\nu}^{\sigma} + h_{\nu,\mu}^{\sigma} - h_{\mu\nu}{}^{\cdot\sigma}) - \frac{1}{2}\eta^{\sigma\nu}\nabla_{\sigma}(h_{\lambda,\nu}^{\lambda} + h_{\nu,\lambda}^{\lambda} - h_{\lambda\nu}{}^{\cdot\lambda}) \quad (2.13)$$

In flat space, the covariant derivative reduces to an ordinary partial derivative

$$\mathcal{B} = \frac{1}{2}\eta^{\mu\nu}\partial_{\sigma}(h_{\mu,\nu}^{\sigma} + h_{\nu,\mu}^{\sigma} - h_{\mu\nu}{}^{\cdot\sigma}) - \frac{1}{2}\eta^{\sigma\nu}\partial_{\sigma}(h_{\lambda,\nu}^{\lambda} + h_{\nu,\lambda}^{\lambda} - h_{\lambda\nu}{}^{\cdot\lambda}) \quad (2.14)$$

We then differentiate the perturbation terms

$$\mathcal{B} = \frac{1}{2}\eta^{\mu\nu}(h_{\mu,\nu\sigma}^{\sigma} + h_{\nu,\mu\sigma}^{\sigma} - h_{\mu\nu,\sigma}{}^{\cdot\sigma}) - \frac{1}{2}\eta^{\sigma\nu}(h_{\lambda,\nu\sigma}^{\lambda} + h_{\nu,\lambda\sigma}^{\lambda} - h_{\lambda\nu,\sigma}{}^{\cdot\lambda}) \quad (2.15)$$

Using the metric to shift indices, we find

$$\mathcal{B} = \frac{1}{2}(2h^{\mu\sigma}{}_{,\mu\sigma} - h^{\cdot\sigma}{}_{,\sigma} - h^{\sigma\mu}{}_{,\mu\sigma} - h^{\lambda\sigma}{}_{,\lambda\sigma} + h_{\lambda,\sigma}^{\sigma,\lambda}) \quad (2.16)$$

Finally, we again note  $h_{\mu\nu}$  is symmetric. As all indices are free, one can further simplify this as

### Linearised result 2 (Boundary term)

$$\mathcal{B} = \frac{1}{2}(h_{\nu,\mu}^{\mu,\nu} - h_{,\mu}^{\mu}) + O(h^2) \quad (2.17)$$

## 2.4 Pseudoscalar deviation

Starting with Equation 1.40, the expression for the pseudoscalar deviation, one expands the symmetrisation terms and finds:

$$M_{\lambda}^{\mu\nu} = g^{\rho\nu}\Gamma_{\lambda\rho}^{\mu} + g^{\rho\mu}\Gamma_{\lambda\rho}^{\nu} - g^{\mu\nu}\Gamma_{\rho\lambda}^{\rho} - \frac{1}{2}g^{\rho\sigma}\delta_{\lambda}^{\nu}\Gamma_{\rho\sigma}^{\mu} - \frac{1}{2}g^{\rho\sigma}\delta_{\lambda}^{\mu}\Gamma_{\rho\sigma}^{\nu} \quad (2.18)$$

Note that most indices are no longer free due to  $M_{\lambda}^{\mu\nu}$  also having 3 indices. The only free indices are  $\rho$  and  $\sigma$ , and the other indices should be treated carefully, especially with respect to the Kronecker deltas.

We recall the expressions for the linearised inverse metric and the Christoffels

$$g^{\mu\nu} = \eta^{\mu\nu} - h^{\mu\nu} \quad \Gamma_{\alpha\beta}^{\mu} = \frac{1}{2}(h_{\alpha,\beta}^{\mu} + h_{\beta,\alpha}^{\mu} - h_{\alpha\beta}^{\mu})$$

Inserting the two expressions, we can expand all five terms, here labelled with circled numbers:

$$\begin{aligned} \textcircled{1}_{\lambda}^{\mu\nu} &= \frac{1}{2}(\eta^{\rho\nu} - h^{\rho\nu})(h_{\lambda,\rho}^{\mu} + h_{\rho,\lambda}^{\mu} - h_{\lambda\rho}^{\mu}) \\ \textcircled{2}_{\lambda}^{\mu\nu} &= \frac{1}{2}(\eta^{\rho\mu} - h^{\rho\mu})(h_{\lambda,\rho}^{\nu} + h_{\rho,\lambda}^{\nu} - h_{\lambda\rho}^{\nu}) \\ \textcircled{3}_{\lambda}^{\mu\nu} &= -\frac{1}{2}(\eta^{\mu\nu} - h^{\mu\nu})(h_{\rho,\lambda}^{\rho} + h_{\lambda,\rho}^{\rho} - h_{\rho\lambda}^{\rho}) \\ \textcircled{4}_{\lambda}^{\mu\nu} &= -\frac{1}{4}\delta_{\lambda}^{\nu}(\eta^{\rho\sigma} - h^{\rho\sigma})(h_{\rho,\sigma}^{\mu} + h_{\sigma,\rho}^{\mu} - h_{\rho\sigma}^{\mu}) \\ \textcircled{5}_{\lambda}^{\mu\nu} &= -\frac{1}{4}\delta_{\lambda}^{\mu}(\eta^{\rho\sigma} - h^{\rho\sigma})(h_{\rho,\sigma}^{\nu} + h_{\sigma,\rho}^{\nu} - h_{\rho\sigma}^{\nu}) \end{aligned} \quad (2.19)$$

Expanding the expressions yield

$$\begin{aligned} \textcircled{1}_{\lambda}^{\mu\nu} &= \frac{1}{2}(h_{\lambda}^{\mu,\nu} + h^{\mu\nu}_{,\lambda} - h_{\lambda}^{\nu,\mu}) + O(h^2) \\ \textcircled{2}_{\lambda}^{\mu\nu} &= \frac{1}{2}(h_{\lambda}^{\nu,\mu} + h^{\nu\mu}_{,\lambda} - h_{\lambda}^{\mu,\nu}) + O(h^2) \\ \textcircled{3}_{\lambda}^{\mu\nu} &= \frac{1}{2}(-\eta^{\mu\nu}h_{,\lambda} - \eta^{\mu\nu}h_{\lambda,\rho}^{\rho} + \eta^{\mu\nu}h_{\rho\lambda}^{\rho}) + O(h^2) \\ \textcircled{4}_{\lambda}^{\mu\nu} &= \frac{1}{4}\delta_{\lambda}^{\nu}(-h_{\rho}^{\mu,\rho} - h_{\sigma}^{\mu,\sigma} + h^{\mu}) + O(h^2) \\ \textcircled{5}_{\lambda}^{\mu\nu} &= \frac{1}{4}\delta_{\lambda}^{\mu}(-h_{\rho}^{\nu,\rho} - h_{\sigma}^{\nu,\sigma} + h^{\nu}) + O(h^2) \end{aligned} \quad (2.20)$$

From symmetries and Equation 2.5,  $\textcircled{1}_{\lambda}^{\mu\nu}$ ,  $\textcircled{2}_{\lambda}^{\mu\nu}$  and  $\textcircled{3}_{\lambda}^{\mu\nu}$  can be simplified as

$$(\textcircled{1} + \textcircled{2} + \textcircled{3})_{\lambda}^{\mu\nu} = h^{\mu\nu}_{,\lambda} - \frac{1}{2}\eta^{\mu\nu}h_{,\lambda} + O(h^2) \quad (2.21)$$

$\textcircled{4}_{\lambda}^{\mu\nu}$  and  $\textcircled{5}_{\lambda}^{\mu\nu}$  are slightly tricky. To begin with, we recognise that there is no term where the free indices  $\rho$  and  $\sigma$  coexist. Hence, there is nothing stopping us from labelling  $\sigma$  as  $\rho$ . This gives

$$\begin{aligned} \textcircled{4}_{\lambda}^{\mu\nu} &= \frac{1}{4}\delta_{\lambda}^{\nu}(-2h_{\rho}^{\mu,\rho} + h^{\mu}) + O(h^2) \\ \textcircled{5}_{\lambda}^{\mu\nu} &= \frac{1}{4}\delta_{\lambda}^{\mu}(-2h_{\rho}^{\nu,\rho} + h^{\nu}) + O(h^2) \end{aligned} \quad (2.22)$$

Note that so far we have not eliminated the 2<sup>nd</sup>-order terms outright even though there exist 1<sup>st</sup>-order terms. This is not without good reason. In most cases we investigate,  $f(\mathcal{G})$  will be a polynomial of  $\mathcal{G}$  for

simplicity, among other reasons. Now suppose we have, in  $f(\mathcal{G})$ , negative orders of  $\mathcal{G}$ . This might reduce any 2<sup>nd</sup>-order or 3<sup>rd</sup>-order terms down to 0<sup>th</sup>- or linear order terms.

We are then in a position to write out the entire expression for the linearised  $M_\lambda^{\mu\nu}$ :

### Linearised result 3 (Pseudoscalar deviation)

$$M_\lambda^{\mu\nu} = h^{\mu\nu}{}_{,\lambda} - \frac{1}{2}\eta^{\mu\nu}h_{,\lambda} + \frac{1}{4}\delta_\lambda^\nu(h^{\cdot\mu} - 2h_\rho^{\cdot\mu,\rho}) + \frac{1}{4}\delta_\lambda^\mu(h^{\cdot\nu} - 2h_\rho^{\cdot\nu,\rho}) + O(h^2) \quad (2.23)$$

## 2.5 Pseudoscalar connection

Again, starting from the original expression for the term in Equation 1.49, one can expand the symmetrisation and find

$$E^{\mu\nu\lambda} = 2g^{\rho\mu}g^{\nu\sigma}\Gamma_{\rho\sigma}^\lambda - g^{\lambda\mu}g^{\nu\sigma}\Gamma_{\rho\sigma}^\rho - g^{\lambda\nu}g^{\mu\sigma}\Gamma_{\rho\sigma}^\rho + g^{\mu\nu}g^{\lambda\rho}\Gamma_{\sigma\rho}^\sigma - g^{\mu\nu}g^{\rho\sigma}\Gamma_{\rho\sigma}^\lambda \quad (2.24)$$

For clarity, we dedicate three subsections for the five terms, again recalling the linearised inverse metric and Christoffels:

$$g^{\mu\nu} = \eta^{\mu\nu} - h^{\mu\nu} \quad \Gamma_{\alpha\beta}^\mu = \frac{1}{2}(h_{\alpha,\beta}^\mu + h_{\beta,\alpha}^\mu - h_{\alpha\beta}{}^{,\mu})$$

We label the 1<sup>st</sup> term  $2g^{\rho\mu}g^{\nu\sigma}\Gamma_{\rho\sigma}^\lambda$  as  $\textcircled{1}^{\mu\nu\lambda}$ . Writing out the term in full gives

$$\textcircled{1}^{\mu\nu\lambda} = (\eta^{\rho\mu} - h^{\rho\mu})(\eta^{\nu\sigma} - h^{\nu\sigma})(h_{\rho,\sigma}^\lambda + h_{\sigma,\rho}^\lambda - h_{\rho\sigma}{}^{,\lambda}) \quad (2.25)$$

Expanding yields

$$\textcircled{1}^{\mu\nu\lambda} = (\eta^{\rho\mu} - h^{\rho\mu})(h_{\rho}^{\lambda,\nu} + h_{\rho}^{\lambda\nu}{}_{,\rho} - h_{\rho}^{\nu,\lambda}) + O(h^2) \quad (2.26)$$

One can further expand the expression as

$$\textcircled{1}^{\mu\nu\lambda} = h^{\lambda\mu,\nu} + h^{\lambda\nu,\mu} - h^{\nu\mu,\lambda} + O(h^n) \quad (2.27)$$

We label the 2<sup>nd</sup> term  $-g^{\lambda\mu}g^{\nu\sigma}\Gamma_{\rho\sigma}^\rho$  as  $\textcircled{2}^{\mu\nu\lambda}$ . Writing out the term in full gives

$$\textcircled{2}^{\mu\nu\lambda} = -\frac{1}{2}(\eta^{\lambda\mu} - h^{\lambda\mu})(\eta^{\nu\sigma} - h^{\nu\sigma})(h_{\rho,\sigma}^\rho + h_{\sigma,\rho}^\rho - h_{\rho\sigma}{}^{,\rho}) \quad (2.28)$$

Expanding yields

$$\textcircled{2}^{\mu\nu\lambda} = -\frac{1}{2}(\eta^{\lambda\mu} - h^{\lambda\mu})(h^{\cdot\nu} + h^{\rho\nu}{}_{,\rho} - h_{\rho}^{\nu,\rho}) + O(h^2) \quad (2.29)$$

From symmetries and Equation 2.5, the last two terms cancel out:

$$\textcircled{2}^{\mu\nu\lambda} = -\frac{1}{2}(\eta^{\lambda\mu} - h^{\lambda\mu})h^{\cdot\nu} + O(h^2) \quad (2.30)$$

One can further expand the expression as

$$\textcircled{2}^{\mu\nu\lambda} = -\frac{1}{2}\eta^{\lambda\mu}h^{\cdot\nu} + O(h^n) \quad (2.31)$$

Now we label the 3<sup>rd</sup> term  $2g^{\lambda\nu}g^{\mu\sigma}\Gamma_{\rho\sigma}^\rho$  as  $\textcircled{3}^{\mu\nu\lambda}$ . To our great relief,  $\textcircled{3}^{\mu\nu\lambda}$  is simply  $\textcircled{2}^{\mu\nu\lambda}$  with the positions of the non-free indices  $\mu$  and  $\nu$  switched. Hence, we can immediately write it as

$$\textcircled{3}^{\mu\nu\lambda} = -\frac{1}{2}\eta^{\lambda\nu}h^{\cdot\mu} + O(h^n) \quad (2.32)$$

We then label the 4<sup>th</sup> term  $g^{\mu\nu}g^{\lambda\rho}\Gamma_{\sigma\rho}^\sigma$  as  $\textcircled{4}^{\mu\nu\lambda}$ . Again, miraculously, we find that it is  $\textcircled{4}^{\mu\nu\lambda}$  is simply  $\textcircled{2}^{\mu\nu\lambda}$  with an inverse sign the positions of the free and non-free indices exchanged among themselves. Hence, we can immediately write it as

$$\textcircled{4}^{\mu\nu\lambda} = \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} + O(h^n) \quad (2.33)$$

Combining these terms, we have

$$(\textcircled{2})^{\mu\nu\lambda} + (\textcircled{3})^{\mu\nu\lambda} + (\textcircled{4})^{\mu\nu\lambda} = -\frac{1}{2}\eta^{\lambda\mu}h^{\cdot\nu} - \frac{1}{2}\eta^{\lambda\nu}h^{\cdot\mu} + \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} + O(h^n) \quad (2.34)$$

We label the 5<sup>th</sup> term  $g^{\mu\nu}g^{\rho\sigma}\Gamma_{\rho\sigma}^{\lambda}$  as  $\textcircled{5}^{\mu\nu\lambda}$ . Writing out the term in full gives

$$\textcircled{5}^{\mu\nu\lambda} = -\frac{1}{2}(\eta^{\mu\nu} - h^{\mu\nu})(\eta^{\rho\sigma} - h^{\rho\sigma})(h_{\rho,\sigma}^{\lambda} + h_{\sigma,\rho}^{\lambda} - h_{\rho\sigma}^{\cdot\lambda}) \quad (2.35)$$

Expanding yields

$$\textcircled{5}^{\mu\nu\lambda} = -\frac{1}{2}(\eta^{\mu\nu} - h^{\mu\nu})(h_{\rho}^{\lambda,\rho} + h_{\sigma}^{\lambda,\sigma} - h^{\cdot\lambda}) + O(h^2) \quad (2.36)$$

Again, as  $\rho$  and  $\sigma$  are free indices, we can convert  $\rho$  to  $\sigma$  for terms in which  $\rho$  appears alone or swap  $\rho$  and  $\sigma$  in terms where they appear together. Then, recognising the symmetry of  $h_{\mu\nu}$ , we have

$$\textcircled{5}^{\mu\nu\lambda} = -\frac{1}{2}(\eta^{\mu\nu} - h^{\mu\nu})(2h_{\rho}^{\lambda,\rho} - h^{\cdot\lambda}) \quad (2.37)$$

One can further expand the expression as

$$\textcircled{5}^{\mu\nu\lambda} = -\eta^{\mu\nu}h_{\rho}^{\lambda,\rho} + \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} + O(h^n) \quad (2.38)$$

Finally, combining the five terms yields

$$E^{\mu\nu\lambda} = h^{\lambda\mu,\nu} + h^{\lambda\nu,\mu} - h^{\nu\mu,\lambda} - \frac{1}{2}\eta^{\lambda\mu}h^{\cdot\nu} - \frac{1}{2}\eta^{\lambda\nu}h^{\cdot\mu} + \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} - \eta^{\mu\nu}h_{\rho}^{\lambda,\rho} + \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} + O(h^n) \quad (2.39)$$

which reduces slightly to

#### Linearised result 4 (Pseudoscalar connection)

$$E^{\mu\nu\lambda} = h^{\lambda\mu,\nu} + h^{\lambda\nu,\mu} - h^{\nu\mu,\lambda} - \frac{1}{2}\eta^{\lambda\mu}h^{\cdot\nu} - \frac{1}{2}\eta^{\lambda\nu}h^{\cdot\mu} + \eta^{\mu\nu}h^{\cdot\lambda} - \eta^{\mu\nu}h_{\rho}^{\lambda,\rho} + O(h^n) \quad (2.40)$$

## 2.6 Recovery via the pseudoscalar deviation

By relabelling one index in the expression of Linearised result 3, one finds

$$M_{\sigma}^{\mu\nu} = h^{\mu\nu}{}_{,\sigma} - \frac{1}{2}\eta^{\mu\nu}h_{,\sigma} + \frac{1}{4}\delta_{\sigma}^{\nu}(h^{\cdot\mu} - 2h_{\rho}^{\mu,\rho}) + \frac{1}{4}\delta_{\sigma}^{\mu}(h^{\cdot\nu} - 2h_{\rho}^{\nu,\rho}) + O(h^2) \quad (2.41)$$

We can now solve for the entirely contravariant version of  $M_{\sigma}^{\mu\nu}$  by calculating

$$M^{\lambda\mu\nu} = g^{\lambda\sigma}M_{\sigma}^{\mu\nu} = (\eta^{\lambda\sigma} + h^{\lambda\sigma})\left(h^{\mu\nu}{}_{,\sigma} - \frac{1}{2}\eta^{\mu\nu}h_{,\sigma} + \frac{1}{4}\delta_{\sigma}^{\nu}(h^{\cdot\mu} - 2h_{\rho}^{\mu,\rho}) + \frac{1}{4}\delta_{\sigma}^{\mu}(h^{\cdot\nu} - 2h_{\rho}^{\nu,\rho})\right) + O(h^n) \quad (2.42)$$

Expansion then yields

$$M^{\lambda\mu\nu} = h^{\mu\nu,\lambda} - \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} + \frac{1}{4}\eta^{\nu\lambda}(h^{\cdot\mu} - 2h_{\rho}^{\mu,\rho}) + \frac{1}{4}\eta^{\mu\lambda}(h^{\cdot\nu} - 2h_{\rho}^{\nu,\rho}) + O(h^n) \quad (2.43)$$

Recalling Equation 1.49, we permute the indices thrice and solve for

$$E^{\mu\nu\lambda} = M^{\lambda\mu\nu} + M^{\nu\lambda\mu} - M^{\mu\nu\lambda} \quad (2.44)$$

which gives

$$\begin{aligned} E^{\mu\nu\lambda} = & h^{\mu\nu,\lambda} - \frac{1}{2}\eta^{\mu\nu}h^{\cdot\lambda} + \frac{1}{4}\eta^{\nu\lambda}(h^{\cdot\mu} - 2h_{\rho}^{\mu,\rho}) + \frac{1}{4}\eta^{\mu\lambda}(h^{\cdot\nu} - 2h_{\rho}^{\nu,\rho}) + \\ & h^{\lambda\mu,\nu} - \frac{1}{2}\eta^{\lambda\mu}h^{\cdot\nu} + \frac{1}{4}\eta^{\mu\nu}(h^{\cdot\lambda} - 2h_{\rho}^{\lambda,\rho}) + \frac{1}{4}\eta^{\lambda\nu}(h^{\cdot\mu} - 2h_{\rho}^{\mu,\rho}) - \\ & h^{\nu\lambda,\mu} + \frac{1}{2}\eta^{\nu\lambda}h^{\cdot\mu} - \frac{1}{4}\eta^{\lambda\mu}(h^{\cdot\nu} - 2h_{\rho}^{\nu,\rho}) - \frac{1}{4}\eta^{\nu\mu}(h^{\cdot\lambda} - 2h_{\rho}^{\lambda,\rho}) + O(h^n) \end{aligned} \quad (2.45)$$



Cancelling out terms, and we have

$$\begin{aligned} E^{\mu\nu\lambda} = & h^{\mu\nu,\lambda} + h^{\lambda\mu,\nu} - h^{\nu\lambda,\mu} - \frac{1}{2}\eta^{\mu\nu}h^{\lambda,\lambda} - \frac{1}{2}\eta^{\lambda\mu}h^{\nu,\nu} + \frac{1}{2}\eta^{\nu\lambda}h^{\mu,\mu} \\ & + \frac{1}{2}\eta^{\nu\lambda}h^{\mu,\mu} - \eta^{\nu\lambda}h_{\rho}^{\mu,\rho} + O(h^n) \end{aligned} \quad (2.46)$$

Simplifying even further, we find

$$E^{\mu\nu\lambda} = h^{\mu\nu,\lambda} + h^{\lambda\mu,\nu} - h^{\nu\lambda,\mu} - \frac{1}{2}\eta^{\mu\nu}h^{\lambda,\lambda} - \frac{1}{2}\eta^{\lambda\mu}h^{\nu,\nu} + \eta^{\nu\lambda}h^{\mu,\mu} - \eta^{\nu\lambda}h_{\rho}^{\mu,\rho} + O(h^n) \quad (2.47)$$

which is identical to Linearised result 3.

Finally, to convert  $E^{\mu\nu\lambda}$  to its form seen in Equation 1.48, we need attack two of its indices by moving them down:

$$\begin{aligned} E_{\rho\sigma}{}^{\gamma} = & g_{\rho\mu}g_{\sigma\nu}E^{\mu\nu\gamma} = \eta_{\rho\mu}\eta_{\sigma\nu}E^{\mu\nu\gamma} + O(h^n) \\ = & \eta_{\rho\mu}\eta_{\sigma\nu} \left( h^{\mu\nu,\gamma} + h^{\gamma\mu,\nu} - h^{\nu\gamma,\mu} - \frac{1}{2}\eta^{\mu\nu}h^{\gamma,\gamma} - \frac{1}{2}\eta^{\gamma\mu}h^{\nu,\nu} + \eta^{\nu\gamma}h^{\mu,\mu} - \eta^{\nu\gamma}h_{\alpha}^{\mu,\alpha} \right) + O(h^n) \\ = & h_{\rho\sigma}{}^{\gamma} + h_{\rho,\sigma}^{\gamma} - h_{\sigma,\rho}^{\gamma} - \frac{1}{2}\eta_{\rho\sigma}h^{\gamma,\gamma} - \frac{1}{2}\eta_{\rho}^{\gamma}h_{,\sigma} + \eta_{\sigma}^{\gamma}h_{,\rho} - \eta_{\sigma}^{\gamma}h_{\alpha\rho}{}^{\alpha} + O(h^n) \end{aligned} \quad (2.48)$$

At this point, we have linearised all the objects appearing in Equation 1.48. For ease of reading, we display all of them below:

$$\begin{aligned} g_{\rho\sigma} = & \eta_{\rho\sigma} + h_{\rho\sigma} \\ G_{\rho\sigma} = & \frac{1}{2} (h_{\rho\sigma}{}^{\alpha} - h_{\sigma\alpha,\rho} - h_{\rho\alpha,\sigma} + h_{,\rho\sigma}) - \frac{1}{2}\eta_{\rho\sigma} (h_{\alpha\beta}{}^{\alpha\beta} - h_{,\alpha}{}^{\alpha}) \\ = & \frac{1}{2} (h_{\rho\sigma}{}^{\alpha} - h_{\sigma\alpha,\rho} - h_{\rho\alpha,\sigma} + h_{,\rho\sigma} - \eta_{\rho\sigma}h_{\alpha\beta}{}^{\alpha\beta} + \eta_{\rho\sigma}h_{,\alpha}{}^{\alpha}) \\ \mathcal{G} = & h^{\mu\nu}{}_{,\alpha}h_{\nu,\mu}^{\alpha} - h_{\beta}^{\mu,\beta}h_{,\beta} \\ E_{\rho\sigma}{}^{\gamma} = & h_{\rho\sigma}{}^{\gamma} + h_{\rho,\sigma}^{\gamma} - h_{\sigma,\rho}^{\gamma} - \frac{1}{2}\eta_{\rho\sigma}h^{\gamma,\gamma} - \frac{1}{2}\eta_{\rho}^{\gamma}h_{,\sigma} + \eta_{\sigma}^{\gamma}h_{,\rho} - \eta_{\sigma}^{\gamma}h_{\alpha\rho}{}^{\alpha} + O(h^n) \end{aligned}$$

# Chapter 3

## Test $f(\mathcal{G})$ gravities

**Quote 3.1** I can't think of a good motivation why this is a good idea.

*Christian G. Böhrer, on the trace reverse, 23 November 2023*

### 3.1 Dimensional constraints

We again consider the mathematical implications when solving the linearised  $f(\mathcal{G})$  field equations: while the final result should consist of linear orders of  $h_{\mu\nu}$  only, one should preserve higher-orders of  $h_{\mu\nu}$  in the intermediate steps to account for the potential cancelling out of  $h_{\mu\nu}$  due to any negative orders of  $\mathcal{G}$  in  $f(\mathcal{G})$  and its derivatives.

As it turns out, this is quite visually intuitive. Everything but two terms is linear order  $h_{\mu\nu}$ . As we have established previously, the remaining terms behave as:

- $\mathcal{G}$  is of second order  $h_{\mu\nu}$  only:

$$\mathcal{G} = O(h^2) \quad (3.1)$$

- From Linearised result 4, we know that  $E_{\rho\sigma}{}^\gamma$  goes at least beyond the third term:

$$E_{\rho\sigma}{}^\gamma = h_{\rho\sigma}{}^{,\gamma} + h_{\rho,\sigma}^\gamma - h_{\sigma,\rho}^\gamma - \frac{1}{2}\eta_{\rho\sigma}h^{,\gamma} - \frac{1}{2}\eta_\rho^\gamma h_{,\sigma} + \eta_\sigma^\gamma h_{,\rho} - \eta_\sigma^\gamma h_{\alpha\rho}{}^{,\alpha} + O(h^n) \quad (3.2)$$

In the last chapter, we have effectively derived a linearised version of  $f(\mathcal{G})$  gravity. This puts us in a position to solve for the gravitational wave solutions for a given  $f(\mathcal{G})$ . Intuitively, inspired by simple test  $f(R)$ s in existing literature [15], a good toy model for  $f(\mathcal{G})$  is an infinite series of polynomials, where each term has a different order.

$$f(\mathcal{G}) = \dots + c_{-2}\mathcal{G}^{-2} + c_{-1}\mathcal{G}^{-1} + c_0 + c_1\mathcal{G} + c_2\mathcal{G}^2 + \dots \quad (3.3)$$

While simple, this candidate has one problem. We investigate the first term of Equation 1.48, which can be expanded as

$$f'(\mathcal{G}) \left( G_{\rho\sigma} + \frac{1}{2}g_{\rho\sigma}\mathcal{G} \right) = f'(\mathcal{G})G_{\rho\sigma} + \frac{1}{2}f'(\mathcal{G})(\eta_{\rho\sigma} + h_{\rho\sigma})\mathcal{G} \quad (3.4)$$

The first derivative of a purely polynomial  $f(\mathcal{G})$  will not include a term of order  $\mathcal{G}_{-1}$ . To make sure that a  $\mathcal{G}_{-1}$  term appears in  $f'(\mathcal{G})$ , we add a term of  $\log|\mathcal{G}|$  in  $f(\mathcal{G})$ . We will call this resultant  $f(\mathcal{G})$  a *near-polynomial*. In this thesis, we will restrict our discussions to near-polynomials to keep calculations manageable.

### 3.2 Integer power near-polynomial

The simplest form of our near-polynomial is hence shown below:

**Definition 3.1 (Integer power near-polynomial)**

$$f(\mathcal{G}) = \cdots + c_{-2}\mathcal{G}^{-2} + c_{-1}\mathcal{G}^{-1} + \hat{c}\log|\mathcal{G}| + c_0 + c_1\mathcal{G} + c_2\mathcal{G}^2 + \cdots \quad (3.5)$$

where  $c_n$  and  $\hat{c}^a$  are a series of constants.

<sup>a</sup>This constant is not distinct from the others. It has a hat merely because we have run out of subscripts to assign.

The first derivative of this test near-polynomial is

$$f'(\mathcal{G}) = \cdots - 2c_{-2}\mathcal{G}^{-3} - c_{-1}\mathcal{G}^{-2} + \hat{c}\mathcal{G}^{-1} + c_1 + 2c_2\mathcal{G} + \cdots \quad (3.6)$$

Here, differentiating  $\log|\mathcal{G}|$  term in  $f(\mathcal{G})$  has resulted in a  $\mathcal{G}^{-1}$  term in  $f'(\mathcal{G})$ , and the significance of the  $\log|\mathcal{G}|$  term is verified.

The second derivative is then

$$f''(\mathcal{G}) = \cdots + 6c_{-2}\mathcal{G}^{-4} + 2c_{-1}\mathcal{G}^{-3} - \hat{c}\mathcal{G}^{-2} + 2c_2 + 6c_3\mathcal{G} + \cdots \quad (3.7)$$

Now consider the fully expanded  $f(\mathcal{G})$  field equations:

$$\underbrace{f'(\mathcal{G})G_{\rho\sigma}}_{\textcircled{1}} + \underbrace{\frac{1}{2}f'(\mathcal{G})(\eta_{\rho\sigma} + h_{\rho\sigma})\mathcal{G}}_{\textcircled{2}} + \underbrace{\frac{1}{2}f''(\mathcal{G})E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G}}_{\textcircled{3}} - \underbrace{\frac{1}{2}(\eta_{\rho\sigma} + h_{\rho\sigma})f(\mathcal{G})}_{\textcircled{4}} = \kappa T_{\rho\sigma}$$

We analyse the dimensionality of each term, noting that only terms of linear or inverse linear orders  $h_{\mu\nu}$  should survive in the final expression, while all other terms perish:

- $\textcircled{1}$ :  $G_{\rho\sigma}$  is of linear order  $h_{\mu\nu}$ . As such,  $f'(\mathcal{G})$  effectively reduces to  $\hat{c}\mathcal{G}^{-1} + c_1$ , and the term becomes

$$f'(\mathcal{G})G_{\rho\sigma} = (\hat{c}\mathcal{G}^{-1} + c_1)G_{\rho\sigma} \quad (3.8)$$

- $\textcircled{2}$ : Due to the metric,  $\mathcal{G}$  evolves into two groups of terms of second and third orders of  $h_{\mu\nu}$  respectively. The second-order group can be reduced to zeroth order by  $\mathcal{G}^{-1}$ , while the third-order group can be either reduced to linear order by the  $\mathcal{G}^{-1}$  term or inverse linear order by  $\mathcal{G}^{-2}$ . As such, the term becomes

$$\frac{1}{2}f'(\mathcal{G})(\eta_{\rho\sigma} + h_{\rho\sigma})\mathcal{G} = \frac{1}{2}\hat{c}\mathcal{G}^{-1}\eta_{\rho\sigma}\mathcal{G} + \frac{1}{2}(-c_{-1}\mathcal{G}^{-2} + \hat{c}\mathcal{G}^{-1})h_{\rho\sigma}\mathcal{G} \quad (3.9)$$

- $\textcircled{3}$ : As was previously seen,  $E_{\rho\sigma}{}^\gamma$  is of linear order  $h_{\mu\nu}$ . As such,  $E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G}$  goes up to the third order  $h_{\mu\nu}$ . We thus admit, from  $f''(\mathcal{G})$ , only the term  $-\hat{c}\mathcal{G}^{-2}$ . The term then becomes

$$\frac{1}{2}f''(\mathcal{G})E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} = -\frac{1}{2}\hat{c}\mathcal{G}^{-2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} \quad (3.10)$$

- $\textcircled{4}$ : We follow a similar train of thought to  $\textcircled{2}$ , which gives

$$\frac{1}{2}(\eta_{\rho\sigma} + h_{\rho\sigma})f(\mathcal{G}) = \frac{1}{2}\eta_{\rho\sigma}(\hat{c}\log|\mathcal{G}| + c_0) + \frac{1}{2}h_{\rho\sigma}(c_{-1}\mathcal{G}^{-1} + \hat{c}\log|\mathcal{G}| + c_0) \quad (3.11)$$

We can thus construct a preliminary form of the integer power near-polynomial  $f(\mathcal{G})$  gravity field equations:

$$\begin{aligned} &(\hat{c}\mathcal{G}^{-1} + c_1)G_{\rho\sigma} + \frac{1}{2}\hat{c}\eta_{\rho\sigma} + \frac{1}{2}(-c_{-1}\mathcal{G}^{-1} + \hat{c})h_{\rho\sigma} - \frac{1}{2}\hat{c}\mathcal{G}^{-2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - \\ &\frac{1}{2}\eta_{\rho\sigma}(\hat{c}\log|\mathcal{G}| + c_0) - \frac{1}{2}h_{\rho\sigma}(c_{-1}\mathcal{G}^{-1} + \hat{c}\log|\mathcal{G}| + c_0) = \kappa T_{\rho\sigma} \end{aligned} \quad (3.12)$$

Two terms cancel out, which reduces the equation to

$$\underbrace{(\hat{c}\mathcal{G}^{-1} + c_1)G_{\rho\sigma}}_{\textcircled{1}} + \frac{1}{2}\hat{c}(\eta_{\rho\sigma} + h_{\rho\sigma}) - \frac{1}{2}\hat{c}\mathcal{G}^{-2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - \frac{1}{2}\eta_{\rho\sigma}(\hat{c}\log|\mathcal{G}| + c_0) - \frac{1}{2}h_{\rho\sigma}(\hat{c}\log|\mathcal{G}| + c_0) = \kappa T_{\rho\sigma} \quad (3.13)$$

One final simplification we can make concerns the term ①. The Einstein tensor is of linear order  $h_{\mu\nu}$ , while  $\mathcal{G}^{-1}$  is of order  $h_{\mu\nu}^{-2}$ . As such, we would expect  $\hat{c}\mathcal{G}^{-1}G_{\rho\sigma}$  (which is of order  $h_{\mu\nu}^{-1}$ ) to be *large*. This is clearly unphysical. To eliminate this, we must set

$$\hat{c} = 0 \quad (3.14)$$

The field equations then become

**Theorem 3.1 (Integer power near-polynomial linearised  $f(\mathcal{G})$  field equations)**

$$c_1 G_{\rho\sigma} + \frac{1}{2} c_0 g_{\rho\sigma} = \kappa T_{\rho\sigma} \quad (3.15)$$

But this looks a bit familiar, doesn't it?

Suppose we fix the constants  $c_1$  and  $c_0$  to the following values:

$$c_1 = 1 \quad \frac{1}{2} c_0 = \Lambda \quad (3.16)$$

whence Equation 3.15 reads

$$G_{\rho\sigma} + \Lambda g_{\rho\sigma} = \kappa T_{\rho\sigma} \quad (3.17)$$

This is identical to Equation 1.1<sup>1</sup>. And so, we have recovered our good friend, the field equations with the cosmological constant.

Two comments are in order here:

- GR as we know today is actually a form of  $f(\mathcal{G})$  gravity with a very specific choice of  $f(\mathcal{G})$  and its parameters. We will see this again in the next section.
- Unfortunately at the same time, this means that an integer power near-polynomial returns us exactly to GR.

### 3.3 Half-integer power near-polynomial

One way to prevent the linearised  $f(\mathcal{G})$  field equations from reducing to GR is to introduce half-integer power terms, like so:

**Definition 3.2 (Half-integer power near-polynomial)**

$$\begin{aligned} f(\mathcal{G}) = & \dots + c_{-2}\mathcal{G}^{-2} + c_{-3/2}\mathcal{G}^{-3/2} + c_{-1}\mathcal{G}^{-1} + c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| \\ & + c_0 + c_{1/2}\mathcal{G}^{1/2} + c_1\mathcal{G} + c_{3/2}\mathcal{G}^{3/2} + c_2\mathcal{G}^2 + \dots \end{aligned} \quad (3.18)$$

where we have expanded the constants to include half-integers.

The first derivative of this test near-polynomial is

$$\begin{aligned} f'(\mathcal{G}) = & \dots - 2c_{-2}\mathcal{G}^{-3} - \frac{3}{2}c_{-3/2}\mathcal{G}^{-5/2} - c_{-1}\mathcal{G}^{-2} - \frac{1}{2}c_{-1/2}\mathcal{G}^{-3/2} + \hat{c}\mathcal{G}^{-1} + \frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} \\ & + c_1 + \frac{3}{2}c_{3/2}\mathcal{G}^{1/2} + 2c_2\mathcal{G} + \frac{5}{2}c_{5/2}\mathcal{G}^{3/2} + \dots \end{aligned} \quad (3.19)$$

The second derivative is then

$$\begin{aligned} f''(\mathcal{G}) = & \dots + 6c_{-2}\mathcal{G}^{-4} + \frac{15}{4}c_{-3/2}\mathcal{G}^{-7/2} + 2c_{-1}\mathcal{G}^{-3} + \frac{3}{4}c_{-1/2}\mathcal{G}^{-5/2} - \hat{c}\mathcal{G}^{-2} - \frac{1}{4}c_{1/2}\mathcal{G}^{-3/2} + \frac{3}{4}c_{3/2}\mathcal{G}^{-1/2} \\ & + 2c_2 + \frac{15}{4}c_{5/2}\mathcal{G}^{1/2} + 6c_3\mathcal{G} + \dots \end{aligned} \quad (3.20)$$

<sup>1</sup>At this point, one might wonder why the result we have recovered is not Equation 1.15. This is because the linearised field equations have assumed the Lorenz gauge, which we are yet to do here.

We again consider the fully expanded  $f(\mathcal{G})$  field equations:

$$\underbrace{f'(\mathcal{G})G_{\rho\sigma}}_{\textcircled{1}} + \underbrace{\frac{1}{2}f'(\mathcal{G})(\eta_{\rho\sigma} + h_{\rho\sigma})\mathcal{G}}_{\textcircled{2}} + \underbrace{\frac{1}{2}f''(\mathcal{G})E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G}}_{\textcircled{3}} - \underbrace{\frac{1}{2}(\eta_{\rho\sigma} + h_{\rho\sigma})f(\mathcal{G})}_{\textcircled{4}} = \kappa T_{\rho\sigma}$$

where only terms of linear or inverse linear orders of  $h_{\mu\nu}$  should survive in the final expression. Hence:

- $\textcircled{1}$ :  $G_{\rho\sigma}$  is of linear order  $h_{\mu\nu}$ . As such,  $f'(\mathcal{G})$  effectively reduces to  $\hat{c}\mathcal{G}^{-1} + \frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} + c_1$ , and the term becomes

$$f'(\mathcal{G})G_{\rho\sigma} = \left( \hat{c}\mathcal{G}^{-1} + \frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} + c_1 \right) G_{\rho\sigma} \quad (3.21)$$

- $\textcircled{2}$ : Due to the metric,  $\mathcal{G}$  evolves into two groups of terms of second and third orders of  $h_{\mu\nu}$  respectively. The second-order terms can be reduced to zeroth order by  $\mathcal{G}^{-1}$ , linear order by  $\mathcal{G}^{-1/2}$  or inverse linear order by  $\mathcal{G}^{-3/2}$ , while the third-order terms can be either reduced to linear order by  $\mathcal{G}^{-1}$ , zeroth order by  $\mathcal{G}^{-3/2}$  or inverse linear order by  $\mathcal{G}^{-2}$ . As such, the term becomes

$$\begin{aligned} \frac{1}{2}f'(\mathcal{G})(\eta_{\rho\sigma} + h_{\rho\sigma})\mathcal{G} = & \frac{1}{2} \left( -\frac{1}{2}c_{-1/2}\mathcal{G}^{-3/2} + \hat{c}\mathcal{G}^{-1} + \frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} \right) \eta_{\rho\sigma}\mathcal{G} + \\ & \frac{1}{2} \left( -c_{-1}\mathcal{G}^{-2} - \frac{1}{2}c_{-1/2}\mathcal{G}^{-3/2} + \hat{c}\mathcal{G}^{-1} \right) h_{\rho\sigma}\mathcal{G} \end{aligned} \quad (3.22)$$

- $\textcircled{3}$ : As was previously seen,  $E_{\rho\sigma}{}^\gamma$  is of linear order  $h_{\mu\nu}$ . As such,  $E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G}$  goes up to the third order  $h_{\mu\nu}$ . We thus admit, from  $f''(\mathcal{G})$ , the terms  $-\hat{c}\mathcal{G}^{-2} - \frac{1}{4}c_{1/2}\mathcal{G}^{-3/2}$ . The term then becomes

$$\frac{1}{2}f''(\mathcal{G})E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} = -\frac{1}{2} \left( \hat{c}\mathcal{G}^{-2} + \frac{1}{4}c_{1/2}\mathcal{G}^{-3/2} \right) E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} \quad (3.23)$$

- $\textcircled{4}$ : We follow a similar train of thought to  $\textcircled{2}$ , which gives

$$\begin{aligned} \frac{1}{2}(\eta_{\rho\sigma} + h_{\rho\sigma})f(\mathcal{G}) = & \frac{1}{2}\eta_{\rho\sigma} \left( c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| + c_0 + c_{1/2}\mathcal{G}^{1/2} \right) + \\ & \frac{1}{2}h_{\rho\sigma} \left( c_{-1}\mathcal{G}^{-1} + c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| + c_0 \right) \end{aligned} \quad (3.24)$$

We can thus construct a preliminary form of the half-integer power near-polynomial  $f(\mathcal{G})$  gravity field equations:

$$\begin{aligned} & \left( \hat{c}\mathcal{G}^{-1} + \frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} + c_1 \right) G_{\rho\sigma} + \frac{1}{2} \left( -\frac{1}{2}c_{-1/2}\mathcal{G}^{-1/2} + \hat{c} + \frac{1}{2}c_{1/2}\mathcal{G}^{1/2} \right) \eta_{\rho\sigma} + \\ & \frac{1}{2} \left( -c_{-1}\mathcal{G}^{-1} - \frac{1}{2}c_{-1/2}\mathcal{G}^{-1/2} + \hat{c} \right) h_{\rho\sigma} - \frac{1}{2} \left( \hat{c}\mathcal{G}^{-2} + \frac{1}{4}c_{1/2}\mathcal{G}^{-3/2} \right) E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - \\ & \frac{1}{2} \left( c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| + c_0 + c_{1/2}\mathcal{G}^{1/2} \right) \eta_{\rho\sigma} - \frac{1}{2} \left( c_{-1}\mathcal{G}^{-1} + c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| + c_0 \right) h_{\rho\sigma} = \kappa T_{\rho\sigma} \end{aligned} \quad (3.25)$$

Some terms cancel out:

$$\begin{aligned} & \left( \hat{c}\mathcal{G}^{-1} + \frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} + c_1 \right) G_{\rho\sigma} - \frac{1}{2} \left( \hat{c}\mathcal{G}^{-2} + \frac{1}{4}c_{1/2}\mathcal{G}^{-3/2} \right) E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - \\ & \frac{1}{2}\eta_{\rho\sigma} \left( \frac{3}{2}c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| + c_0 + \frac{1}{2}c_{1/2}\mathcal{G}^{1/2} - \hat{c} \right) - \frac{1}{2}h_{\rho\sigma} \left( 2c_{-1}\mathcal{G}^{-1} + \frac{3}{2}c_{-1/2}\mathcal{G}^{-1/2} + \hat{c}\log|\mathcal{G}| + c_0 - \hat{c} \right) = \kappa T_{\rho\sigma} \end{aligned} \quad (3.26)$$

Again, physicality must be preserved in that no terms should blow up to infinity. Terms of order  $h_{\mu\nu}^{-1}$  and below must be eliminated. This forces some constants to be zero:

$$c_{-1} = c_{-1/2} = \hat{c} = 0 \quad (3.27)$$

Hence

$$\left(\frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} + c_1\right)G_{\rho\sigma} - \frac{1}{2}\left(\frac{1}{4}c_{1/2}\mathcal{G}^{-3/2}\right)E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - \frac{1}{2}\eta_{\rho\sigma}\left(c_0 + \frac{1}{2}c_{1/2}\mathcal{G}^{1/2}\right) - \frac{1}{2}c_0h_{\rho\sigma} = \kappa T_{\rho\sigma} \quad (3.28)$$

and

$$\left(\frac{1}{2}c_{1/2}\mathcal{G}^{-1/2} + c_1\right)G_{\rho\sigma} - \frac{1}{8}c_{1/2}\mathcal{G}^{-3/2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - \frac{1}{2}c_0g_{\rho\sigma} - \frac{1}{4}\eta_{\rho\sigma}c_{1/2}\mathcal{G}^{1/2} = \kappa T_{\rho\sigma} \quad (3.29)$$

Rescaling the constants yields

**Theorem 3.2 (Half-integer power near-polynomial linearised  $f(\mathcal{G})$  field equations)**

$$\lambda_1 G_{\rho\sigma} + \lambda_3 g_{\rho\sigma} + \lambda_2 (4\mathcal{G}^{-1/2}G_{\rho\sigma} - \mathcal{G}^{-3/2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - 2\eta_{\rho\sigma}\mathcal{G}^{1/2}) = \kappa T_{\rho\sigma} \quad (3.30)$$

Specific constants return us to something close to GR. If we set

$$\lambda_1 = 1 \quad \lambda_3 = \Lambda \quad \lambda_2 = \lambda \quad (3.31)$$

we will find that

$$\underbrace{G_{\rho\sigma} + \Lambda g_{\rho\sigma}}_{\text{GR}} + \underbrace{\lambda \left( 4\mathcal{G}^{-1/2}G_{\rho\sigma} - \mathcal{G}^{-3/2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - 2\eta_{\rho\sigma}\mathcal{G}^{1/2} \right)}_{f(\mathcal{G}) \text{ contribution}} = \underbrace{\kappa T_{\rho\sigma}}_{\text{GR}} \quad (3.32)$$

where GR is recovered with a choice of  $\lambda = 0$ .

### 3.4 Gravitational wave equations

Again, we note that gravitational waves are a non-matter source. By considering the vacuum field equations without the cosmological term, we find:

$$\underbrace{G_{\rho\sigma}}_{O(h)} + \underbrace{\lambda \left( 4\mathcal{G}^{-1/2}G_{\rho\sigma} - \mathcal{G}^{-3/2}E_{\rho\sigma}{}^\gamma\partial_\gamma\mathcal{G} - 2\eta_{\rho\sigma}\mathcal{G}^{1/2} \right)}_{O(1)} = 0 \quad (3.33)$$

The LHS of the equation is comprised of two terms of linear order  $h$  and two terms of order 1. It can immediately be seen that the  $O(1)$  terms must cancel out<sup>2</sup>, and we naturally find the following nice-looking equation

$$G_{\mu\nu} - \lambda\eta_{\rho\sigma}\mathcal{G}^{1/2} = 0 \quad (3.34)$$

where  $\lambda$ , which we shall call the  $f(\mathcal{G})$  coupling constant, has been rescaled.

Inserting Equation 1.18, the linearised bulk term becomes

$$\begin{aligned} \mathcal{G} &= h^{\mu\nu}{}_{,\alpha}h_{\mu,\nu}^\alpha - h^{\mu\alpha}{}_{,\alpha}h_{\mu,\mu} \\ &= \bar{A}^{\mu\nu}\exp(ik_\sigma x^\sigma)ik_\alpha\bar{A}_\mu^\alpha\exp(ik_\sigma x^\sigma)ik_\nu - \bar{A}^{\mu\alpha}\exp(ik_\sigma x^\sigma)ik_\alpha\bar{A}\exp(ik_\sigma x^\sigma)ik_\mu \\ &= (\bar{A}^{\mu\alpha}k_\alpha\bar{A}k_\mu - \bar{A}^{\mu\nu}k_\alpha\bar{A}_\mu^\alpha k_\nu)\exp(2ik_\sigma x^\sigma) \end{aligned} \quad (3.35)$$

where we have not differentiated the almighty  $\bar{A}^{\mu\nu}$  due to assuming it to be a constant.

The square root of  $\mathcal{G}$  is then simply

$$\sqrt{\mathcal{G}} = \exp(ik_\sigma x^\sigma)\sqrt{\bar{A}^{\mu\alpha}k_\alpha\bar{A}k_\mu - \bar{A}^{\mu\nu}k_\alpha\bar{A}_\mu^\alpha k_\nu} \quad (3.36)$$

By definition, the trace of the trace-reverse of a tensor always yields zero. Happily, we then have

$$\bar{A} = 0 \rightarrow \sqrt{\mathcal{G}} = \exp(ik_\sigma x^\sigma)\sqrt{-\bar{A}^{\mu\nu}k_\alpha\bar{A}_\mu^\alpha k_\nu} \quad (3.37)$$

<sup>2</sup>Otherwise, we have a term that is *large* compared to the  $O(h)$  terms, and the LHS would be non-zero.

For simplicity, let us make the following shorthand:

$$\varrho = \sqrt{-\bar{A}^{\mu\nu} k_\alpha \bar{A}_\mu^\alpha k_\nu} \quad (3.38)$$

Substituting the linearised objects in Equation 1.8 and Equation 1.12, Equation 3.34 becomes

$$\bar{h}_{\lambda\nu}{}_{;\mu}^\lambda + \bar{h}_{\lambda\mu}{}_{;\nu}^\lambda - \bar{h}_{\mu\nu}{}_{;\lambda}^\lambda - \eta_{\mu\nu} \bar{h}_{\alpha\beta}{}^{;\alpha\beta} - \lambda \varrho \exp(ik_\sigma x^\sigma) \eta_{\mu\nu} = 0 \quad (3.39)$$

From Equation 1.18, one can identify the trace-reversed perturbation as

$$\bar{h}_{\mu\nu} = A_{\mu\nu} \exp(ik_\sigma x^\sigma) \quad (3.40)$$

Inserting this gives

$$(A_{\lambda\nu} k^\lambda k_\mu + A_{\lambda\mu} k^\lambda k_\nu - A_{\mu\nu} k^\lambda k_\lambda - \eta_{\mu\nu} A_{\alpha\beta} k^\alpha k^\beta - \lambda \varrho \eta_{\mu\nu}) \exp(ik_\sigma x^\sigma) = 0 \quad (3.41)$$

where we intuitively factor out the exponential and find

**Theorem 3.3 (Linearised half-integer power near polynomial  $f(\mathcal{G})$  gravitational wave equations)**

$$A_{\lambda\nu} k^\lambda k_\mu + A_{\lambda\mu} k^\lambda k_\nu - A_{\mu\nu} k^\lambda k_\lambda - \eta_{\mu\nu} A_{\alpha\beta} k^\alpha k^\beta - \lambda \varrho \eta_{\mu\nu} = 0 \quad (3.42)$$

which is a result without loss of generality!

## Chapter 4

# $f(\mathcal{G})$ gravitational waves

**Quote 4.1** You shouldn't be able to pump solids, but you can pump peanut butter.

*Christian G. Böhrer, 22 November 2023*

### 4.1 Trace equation

We now proceed from where we left off, which is Equation 3.42.

$$A_{\lambda\nu}k^\lambda k_\mu + A_{\lambda\mu}k^\lambda k_\nu - A_{\mu\nu}k^\lambda k_\lambda - \eta_{\mu\nu}A_{\alpha\beta}k^\alpha k^\beta - \lambda\varrho\eta_{\mu\nu} = 0$$

Note that this is actually a collection of 10 equations in disguise, with each corresponding to a degree of freedom in the (symmetric) perturbation<sup>1</sup>.

$$A_{\lambda 0}k^\lambda k_0 + A_{\lambda 0}k^\lambda k_0 - A_{00}k^\lambda k_\lambda + A_{\alpha\beta}k^\alpha k^\beta + \lambda\varrho = 0 \quad (4.1)$$

$$A_{\lambda 1}k^\lambda k_0 + A_{\lambda 0}k^\lambda k_1 - A_{01}k^\lambda k_\lambda = 0 \quad (4.2)$$

$$A_{\lambda 2}k^\lambda k_0 + A_{\lambda 0}k^\lambda k_2 - A_{02}k^\lambda k_\lambda = 0 \quad (4.3)$$

$$A_{\lambda 3}k^\lambda k_0 + A_{\lambda 0}k^\lambda k_3 - A_{03}k^\lambda k_\lambda = 0 \quad (4.4)$$

$$A_{\lambda 1}k^\lambda k_1 + A_{\lambda 1}k^\lambda k_1 - A_{11}k^\lambda k_\lambda - A_{\alpha\beta}k^\alpha k^\beta - \lambda\varrho = 0 \quad (4.5)$$

$$A_{\lambda 2}k^\lambda k_1 + A_{\lambda 1}k^\lambda k_2 - A_{12}k^\lambda k_\lambda = 0 \quad (4.6)$$

$$A_{\lambda 3}k^\lambda k_1 + A_{\lambda 1}k^\lambda k_3 - A_{13}k^\lambda k_\lambda = 0 \quad (4.7)$$

$$A_{\lambda 2}k^\lambda k_2 + A_{\lambda 2}k^\lambda k_2 - A_{22}k^\lambda k_\lambda - A_{\alpha\beta}k^\alpha k^\beta - \lambda\varrho = 0 \quad (4.8)$$

$$A_{\lambda 3}k^\lambda k_2 + A_{\lambda 2}k^\lambda k_3 - A_{23}k^\lambda k_\lambda = 0 \quad (4.9)$$

$$A_{\lambda 3}k^\lambda k_3 + A_{\lambda 3}k^\lambda k_3 - A_{33}k^\lambda k_\lambda - A_{\alpha\beta}k^\alpha k^\beta - \lambda\varrho = 0 \quad (4.10)$$

which summarises to

$$A_{\lambda\nu}k^\lambda k_\mu + A_{\lambda\mu}k^\lambda k_\nu - A_{\mu\nu}k^\lambda k_\lambda = 0 \quad \mu < \nu \quad (4.11)$$

$$A_{\lambda\nu}k^\lambda k_\mu + A_{\lambda\mu}k^\lambda k_\nu - A_{\mu\nu}k^\lambda k_\lambda + A_{\alpha\beta}k^\alpha k^\beta + \lambda\varrho = 0 \quad \mu = \nu = 0 \quad (4.12)$$

$$A_{\lambda\nu}k^\lambda k_\mu + A_{\lambda\mu}k^\lambda k_\nu - A_{\mu\nu}k^\lambda k_\lambda - A_{\alpha\beta}k^\alpha k^\beta - \lambda\varrho = 0 \quad \mu = \nu = 1, 2, 3 \quad (4.13)$$

The simplest form these equations can take is the trace form, which we can derive applying the inverse Minkowski metric  $\eta^{\mu\nu}$  on both sides:

$$\eta^{\mu\nu}A_{\lambda\nu}k^\lambda k_\mu + \eta^{\mu\nu}A_{\lambda\mu}k^\lambda k_\nu - \eta^{\mu\nu}A_{\mu\nu}k^\lambda k_\lambda - \eta^{\mu\nu}\eta_{\mu\nu}A_{\alpha\beta}k^\alpha k^\beta - \eta^{\mu\nu}\lambda\varrho\eta_{\mu\nu} = 0 \quad (4.14)$$

which reduces to

$$2A_{\lambda\mu}k^\lambda k^\mu - Ak^\lambda k_\lambda - 4A_{\alpha\beta}k^\alpha k^\beta - 4\lambda\varrho = 0 \quad (4.15)$$

All indices are free in this equation, and we naturally have

<sup>1</sup>Remember that only 10 out of 16 components of the perturbation are free as a result of symmetry.



**Theorem 4.1 (Trace equation)**

$$2A_{\lambda\mu}k^\lambda k^\mu + Ak^\lambda k_\lambda = 4\lambda\varrho \quad (4.16)$$

**4.2 Modified  $k^\mu$  and  $A_{\mu\nu}$** 

Now let us discuss the physical meaning of Equation 4.16. We recall that the tensorial amplitude  $A_{\mu\nu}$  and the wavevector  $k^\mu$  are subject to two constraints in GR in the form of Equation 1.19 and Equation 1.20. Applying these constraints to Equation 4.16 yields

$$4\lambda\varrho = 0 \quad (4.17)$$

where  $\lambda = 0$  and we return to GR. In other words, no effects of modified gravity are shown under the two constraints.

Consider the implications of this very carefully. To begin with, we recall the simplest possible form of  $k^\mu$  and  $A_{\mu\nu}$  in standard GR [3]:

$$k^\mu = (\omega_0, 0, 0, \omega_3) \quad A_{\mu\nu} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & A_{11} & A_{12} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad (4.18)$$

where, importantly, one has

- Null wavevector:

$$\omega_0 = \omega_3 \quad (4.19)$$

- Transverse wave (see Equation 1.21).
- Traceless tensorial amplitude:

$$A_{11} = -A_{22} \quad (4.20)$$

For a solution that displays the effects of our modified gravity, we will not assume these constraints. The simplest modifications we can make are:

- Timelike wavevector:

$$k^\mu = (\omega, 0, 0, \omega + \hat{\omega}) \quad (4.21)$$

where  $\hat{\omega}$  is *small*. Importantly, we also set  $\hat{\omega} < 0$  to prevent the unphysical case of spacelike wavevectors.

- Traceful wave amplitude: We begin with the most generalised symmetric tensorial amplitude

$$A_{\mu\nu} = \begin{pmatrix} A_{00} & A_{01} & A_{02} & A_{03} \\ A_{01} & A_{11} & A_{12} & A_{13} \\ A_{02} & A_{12} & A_{22} & A_{23} \\ A_{03} & A_{13} & A_{23} & A_{33} \end{pmatrix} \quad (4.22)$$

where we have a *small* trace

$$\text{Tr}(A_{\mu\nu}) = \hat{A} = A_{00} + A_{11} + A_{22} + A_{33} \quad (4.23)$$

**4.3  $f(\mathcal{G})$  coupling constant**

Now we want to solve Equation 4.16 under the modifications. We begin by computing  $k^\mu$ ,  $A_\nu^\mu$  and  $A^{\mu\nu}$  by applying Minkowski metrics, which gives:

$$k_\mu = \begin{pmatrix} -\omega_0 \\ 0 \\ 0 \\ \omega_0 + \hat{\omega} \end{pmatrix} \quad A_\nu^\mu = \begin{pmatrix} -A_{00} & -A_{01} & -A_{02} & -A_{03} \\ A_{01} & A_{11} & A_{12} & A_{13} \\ A_{02} & A_{12} & A_{22} & A_{23} \\ A_{03} & A_{13} & A_{23} & A_{33} \end{pmatrix} \quad A^{\mu\nu} = \begin{pmatrix} A_{00} & -A_{01} & -A_{02} & -A_{03} \\ -A_{01} & A_{11} & A_{12} & A_{13} \\ -A_{02} & A_{12} & A_{22} & A_{23} \\ -A_{03} & A_{13} & A_{23} & A_{33} \end{pmatrix} \quad (4.24)$$

The LHS of Equation 4.16 becomes

$$\text{LHS} = 2A_{00}\omega^2 + 4\hat{A}\omega^2 - 4A_{03}\omega(\omega + \hat{\omega}) + 2A_{33}(\omega + \hat{\omega})^2 - 4\hat{A}(\omega + \hat{\omega})^2 \quad (4.25)$$

As the RHS of Equation 4.16 involves a square root, we square both sides of the equation to solve it, keeping in mind that we will eventually take the square root of it.

The LHS squares to

$$\begin{aligned} \text{LHS}^2 = & 4A_{00}^2\omega^4 - 16A_{00}A_{03}\omega^4 + 16A_{03}^2\omega^4 + 8A_{00}A_{33}\omega^4 - 16A_{03}A_{33}\omega^4 + 4A_{33}^2\omega^4 - 16A_{00}A_{03}\omega^3\hat{\omega} + \\ & 32A_{03}^2\omega^3\hat{\omega} + 16A_{00}A_{33}\omega^3\hat{\omega} - 48A_{03}A_{33}\omega^3\hat{\omega} + 16A_{33}^2\omega^3\hat{\omega} - 32A_{00}\hat{A}\omega^3\hat{\omega} + 64A_{03}\hat{A}\omega^3\hat{\omega} - \\ & 32A_{33}\hat{A}\omega^3\hat{\omega} + 16A_{03}^2\omega^2\hat{\omega}^2 + 8A_{00}A_{33}\omega^2\hat{\omega}^2 - 48A_{03}A_{33}\omega^2\hat{\omega}^2 + 24A_{33}^2\omega^2\hat{\omega}^2 - 16A_{00}\hat{A}\omega^2\hat{\omega}^2 + \\ & 96A_{03}\hat{A}\omega^2\hat{\omega}^2 - 80A_{33}\hat{A}\omega^2\hat{\omega}^2 + 64\hat{A}^2\omega^2\hat{\omega}^2 - 16A_{03}A_{33}\omega\hat{\omega}^3 + 16A_{33}^2\omega\hat{\omega}^3 + 32A_{03}\hat{A}\omega\hat{\omega}^3 - \\ & 64A_{33}\hat{A}\omega\hat{\omega}^3 + 64\hat{A}^2\omega\hat{\omega}^3 + 4A_{33}^2\hat{\omega}^4 - 16A_{33}\hat{A}\hat{\omega}^4 + 16\hat{A}^2\hat{\omega}^4 \end{aligned} \quad (4.26)$$

The RHS squares to

$$\begin{aligned} \text{RHS}^2 = & 16\lambda^2 \left( 2A_{00}^2\omega^2 - A_{01}^2\omega^2 - A_{02}^2\omega^2 - 4A_{00}A_{03}\omega^2 + A_{00}A_{11}\omega^2 - 2A_{03}A_{11}\omega^2 + \right. \\ & 2A_{01}A_{13}\omega^2 - A_{13}^2\omega^2 + A_{00}A_{22}\omega^2 - 2A_{03}A_{22}\omega^2 + 2A_{02}A_{23}\omega^2 - A_{23}^2\omega^2 + \\ & 2A_{00}A_{33}\omega^2 + A_{11}A_{33}\omega^2 + A_{22}A_{33}\omega^2 - \frac{1}{2}A_{00}^2\omega\hat{\omega} - 4A_{00}A_{03}\omega\hat{\omega} + 2A_{03}^2\omega\hat{\omega} - A_{00}A_{11}\omega\hat{\omega} - \\ & 2A_{03}A_{11}\omega\hat{\omega} - \frac{1}{2}A_{11}^2\omega\hat{\omega} + 2A_{01}A_{13}\omega\hat{\omega} - 2A_{13}^2\omega\hat{\omega} - A_{00}A_{22}\omega\hat{\omega} - 2A_{03}A_{22}\omega\hat{\omega} - \\ & A_{11}A_{22}\omega\hat{\omega} - \frac{1}{2}A_{22}^2\omega\hat{\omega} + 2A_{02}A_{23}\omega\hat{\omega} - 2A_{23}^2\omega\hat{\omega} + A_{00}A_{33}\omega\hat{\omega} + A_{11}A_{33}\omega\hat{\omega} + \\ & A_{22}A_{33}\omega\hat{\omega} - \frac{1}{2}A_{33}^2\omega\hat{\omega} - \frac{A_{00}^2\hat{\omega}^2}{4} + A_{03}^2\hat{\omega}^2 - \frac{1}{2}A_{00}A_{11}\hat{\omega}^2 - \frac{A_{11}^2\hat{\omega}^2}{4} - A_{13}^2\hat{\omega}^2 - \frac{1}{2}A_{00}A_{22}\hat{\omega}^2 - \\ & \left. \frac{1}{2}A_{11}A_{22}\hat{\omega}^2 - \frac{A_{22}^2\hat{\omega}^2}{4} - A_{23}^2\hat{\omega}^2 + \frac{1}{2}A_{00}A_{33}\hat{\omega}^2 + \frac{1}{2}A_{11}A_{33}\hat{\omega}^2 + \frac{1}{2}A_{22}A_{33}\hat{\omega}^2 - \frac{A_{33}^2\hat{\omega}^2}{4} \right) \end{aligned} \quad (4.27)$$

Both expressions are quite unwieldy. However, we can solve them by extracting the terms of zeroth order perturbation<sup>2</sup>. The equations then reduce to

$$\text{LHS}_{O(1)}^2 = 4A_{00}^2\omega^4 - 16A_{00}A_{03}\omega^4 + 16A_{03}^2\omega^4 + 8A_{00}A_{33}\omega^4 - 16A_{03}A_{33}\omega^4 + 4A_{33}^2\omega^4 \quad (4.28)$$

$$\begin{aligned} \text{RHS}_{O(1)}^2 = & 16\lambda^2 \left( 2A_{00}^2\omega^2 - A_{01}^2\omega^2 - A_{02}^2\omega^2 - 4A_{00}A_{03}\omega^2 + A_{00}A_{11}\omega^2 - 2A_{03}A_{11}\omega^2 + \right. \\ & 2A_{01}A_{13}\omega^2 - A_{13}^2\omega^2 + A_{00}A_{22}\omega^2 - 2A_{03}A_{22}\omega^2 + 2A_{02}A_{23}\omega^2 - A_{23}^2\omega^2 + \\ & \left. 2A_{00}A_{33}\omega^2 + A_{11}A_{33}\omega^2 + A_{22}A_{33}\omega^2 \right) \end{aligned} \quad (4.29)$$

We stop for a moment and review the tensorial amplitude  $A_{\mu\nu}$  itself. In Equation 4.23, we have intentionally defined the most general possible form of  $A_{\mu\nu}$ . This does not mean, however, that all components of  $A_{\mu\nu}$  are non-zero. By inspecting the structure of Equation 4.28 and Equation 4.29, we can see that a possible  $A_{\mu\nu}$  is

$$A_{\mu\nu} = \begin{pmatrix} A_{00} & 0 & 0 & 0 \\ 0 & A_{11} & A_{12} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & A_{33} \end{pmatrix} \quad (4.30)$$

To keep the structure of our  $A_{\mu\nu}$  as close as its standard GR form as possible, we retain the assumption that  $A_{11} = -A_{22}$ . Amazingly, Equation 4.16 is then

$$4A_{00}^2\omega^2 + 8A_{00}A_{33}\omega^2 + 4A_{33}\omega^2 = 32\lambda^2(A_{00}^2 + 2A_{00}A_{33}) \quad (4.31)$$

<sup>2</sup>Why we extract them instead of the terms of order 2 perturbation - which reduce to linear order after taking the square root - will soon be seen.

This reduces to

$$\lambda = \frac{\omega}{2\sqrt{2}} \sqrt{1 + \frac{A_{33}}{A_{00}}} \quad (4.32)$$

which is surprisingly simple!

Some comments can be made regarding this relationship:

- First, we note that  $\lambda$  is independent of the perturbation  $\hat{\omega}$ . In fact, our whole derivation is independent of  $\hat{\omega}$ . If one is to assume a wavevector identical to GR, they would identically recover the zero-order terms and the relation in Equation 4.32. This suggests that the simplest wavevector is actually its standard GR form

$$k^\mu = (\omega, 0, 0, \omega) \quad (4.33)$$

which we did not dare assume initially.

- Also of interest is the parameter  $\frac{A_{33}}{A_{00}}$ . It is dimensionless by construction, which is expected if one considers the fact that  $\lambda$  itself should be dimensionless as well. At the same time, it implies that in addition to  $\omega$ ,  $\lambda$  is also dependent on the two extra polarisations  $A_{00}$  and  $A_{33}$ .

## 4.4 $A_{00}$ as perturbation

So far, the relationship we have derived in Equation 4.32 remains problematic. The only real constraint on our  $A_{\mu\nu}$  is that  $\text{Tr}(A_{\mu\nu}) = A_{00} + A_{33}$  must be *small*. Hence, we can, in theory, admit *large* values for  $A_{00}$  and  $A_{33}$  so long as  $A_{00} + A_{33}$  remains *small*.

Again, the problem lies in the fact that we have attempted to keep our assumption of  $A_{\mu\nu}$  in Equation 4.30 as generalised as possible. Let us instead assume the simplest possible form of  $A_{\mu\nu}$  that retains the effects of our modified gravity

$$A_{\mu\nu} = \begin{pmatrix} A_{00} & 0 & 0 & 0 \\ 0 & A_{11} & A_{12} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad (4.34)$$

where we have only one extra component compared to GR. Equation 4.32 then becomes

$$\lambda = \frac{\omega}{2\sqrt{2}} \quad (4.35)$$

This simplified result is satisfying for reasons one can see by investigating  $A_{00}$ . comparing the simplest forms of our  $f(\mathcal{G})$  tensorial amplitude and the standard GR tensorial amplitude:

$$A_{\mu\nu, f(\mathcal{G})} = \begin{pmatrix} A_{00} & 0 & 0 & 0 \\ 0 & A_{11} & A_{12} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad A_{\mu\nu, \text{GR}} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & A_{11} & A_{12} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

We know that current observational results of gravitational waves confirm GR up to a *tiny* margin of error [16]. Hence, the gravitational wave tensorial amplitude of any viable modified theory of gravity must exhibit only *small* deviations from GR. Hence, for our theory to be viable,  $A_{00}$  must be *small*. It is then intuitive to declare that  $A_{00}$  is the only component that differs from GR in our  $f(\mathcal{G})$  gravity. That is to say

$$A_{11} = -A_{22}$$

remains true.

At this point, it should be obvious that  $A_{00}$  is the trace of the tensorial amplitude itself:

$$A_{00} = \hat{A} \quad (4.36)$$

Thus recovering our  $f(\mathcal{G})$  tensorial amplitude

$$A_{\mu\nu} = \begin{pmatrix} \hat{A} & 0 & 0 & 0 \\ 0 & A_{11} & A_{12} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad (4.37)$$

where  $\hat{A}$  is *small*, and  $A_{11}$ ,  $A_{12}$  and  $A_{22}$  are identical to their standard GR counterparts.

An important observation is that the choice of  $A_{\mu\nu}$  in 4.4 justifies our previous choice to only extract the part of the equation that is of order zero perturbation. To begin, we note that under the tensorial amplitude in Equation , the ‘zero order’ terms we previously extracted from the squared Equation 4.16 is actually

$$\hat{A}^2 \omega^2 = 8\lambda^2 \hat{A}^2 \quad (4.38)$$

which is not of zero order perturbation, but of second order. After taking the square root and therefore restoring the dimensionality of our original Equation , we find

$$\hat{A}\omega = 2\sqrt{2}\lambda\hat{A} \quad (4.39)$$

which is, very nicely, of first order perturbation!

Let us summarise our previous discussion. Initially, when solving for Equation , we have extracted the order zero perturbation terms, seemingly without justification. However, if we retroactively assume the simplest possible tensorial amplitude in Equation and substitute the individual components into the zero order terms of the squared Equation 4.16, these zero-order terms actually become terms of linear order  $\hat{A}$ . This result then justifies our choice of extracting the seemingly ‘zero-order’ terms, which turn out to be linear-order perturbation terms.

Hence, the gravitational wave field equations of our  $f(\mathcal{G})$  gravity is

$$G_{\mu\nu} - \frac{\omega}{2\sqrt{2}}\eta_{\rho\sigma}\mathcal{G}^{1/2} = 0 \quad (4.40)$$

Finally, we are in a position make some brief discussions on the physical meaning of our findings.

## 4.5 Physical discussions

**Longitudinal polarisation.** Let us begin by considering our good friend, the perturbation  $\hat{A}$ . In standard GR, only two gravitational wave polarisations exist: the tensor modes  $A_{11}$  and  $A_{12}$  [17]. In our  $f(\mathcal{G})$  gravity, a *third* polarisation exists in the form of  $\hat{A}$ . While  $A_{11}$  and  $A_{12}$  are transverse modes,  $\hat{A}$  is instead a longitudinal (i.e. scalar) mode. That is to say, it represents a compression or expansion along the direction of propagation.

In principle, interferometric detectors such as LIGO, Virgo, KAGRA, or the future LISA are sensitive to any extra polarisation components [18]. So far, no clear evidence for extra polarisation states has emerged [18], although future sensitivity improvements or additional detectors (with different arm orientations and baselines) could set further constraints on such modes.

**Dispersion.** In Equation 4.40, we have seen that the coupling constant is actually a rescaled version of the angular frequency  $\omega$ . This suggests that the effects of the modified gravity term becomes more pronounced as the angular frequency rises. In other words, signatures hinting at our  $f(\mathcal{G})$  gravity are more likely to emerge in high-frequency gravitational wave observations.

This relationship could give rise to dispersion. That is to say, a frequency-dependent phase shift will exist over long distances. Experimentally, such dispersion can be tested by measuring whether high-frequency components of the wave arrive out of phase with low-frequency components.

# Chapter 5

## Conclusion and outlook

**Quote 5.1** I would be really interested in an effective field theory treatment of a quantized version of this.

*Paulina Schlachter, on this thesis, 16 February 2025*

### 5.1 Summary

We now summarise the main ideas of this thesis. Assuming no matter-energy content, the Einstein-Hilbert action is

$$S_H = \frac{1}{16\pi} \int_V R \sqrt{-g} d^4x$$

In reference to the action principle, we can decompose the Ricci scalar into two parts

$$R = \mathcal{G} + \mathcal{B}$$

where  $\mathcal{B}$  is a boundary term that does not contribute to the action, and the remaining  $\mathcal{G}$  is

$$\mathcal{G} = g^{\mu\nu} (\Gamma_{\mu\sigma}^\lambda \Gamma_{\lambda\nu}^\sigma - \Gamma_{\mu\nu}^\sigma \Gamma_{\lambda\sigma}^\lambda)$$

A modified theory of gravity arises if one discards  $\mathcal{B}$  and map  $\mathcal{G}$  to a function of itself  $f(\mathcal{G})$ . This modified gravity, a subset of  $f(R)$  gravity, is known as  $f(\mathcal{G})$  gravity (not to be confused with the so-called Gauss-Bonnet gravity) as we have effectively replaced  $R$  with some  $f(\mathcal{G})$ .

The weak field approximations in  $f(\mathcal{G})$  gravity can then be considered. For the standard form perturbation  $h_{\mu\nu}$ , the linearised  $\mathcal{G}$  is

$$\mathcal{G} = \frac{1}{2} (h^{\lambda\nu}{}_{,\sigma} h_{\lambda,\nu}^\sigma - h^{\sigma\mu}{}_{,\mu} h_{,\sigma})$$

It is discovered that the simplest choice of  $f(\mathcal{G})$  that does not reduce to GR is the ‘near-polynomial’

$$f(\mathcal{G}) = \dots + c_{-2} \mathcal{G}^{-2} + c_{-3/2} \mathcal{G}^{-3/2} + c_{-1} \mathcal{G}^{-1} + c_{-1/2} \mathcal{G}^{-1/2} + \hat{c} \log |\mathcal{G}| \\ + c_0 + c_{1/2} \mathcal{G}^{1/2} + c_1 \mathcal{G} + c_{3/2} \mathcal{G}^{3/2} + c_2 \mathcal{G}^2 + \dots$$

Under this, the linearised field equations are

$$G_{\mu\nu} - \lambda \eta_{\rho\sigma} \mathcal{G}^{1/2} = 0$$

where  $\lambda$  is a parameter that resembles a coupling constant.

We can now solve for the gravitational wave solutions in  $f(\mathcal{G})$  gravity. As we know, in the context of gravitational waves, the trace-reverse of the perturbation is

$$\bar{h}_{\mu\nu} = A_{\mu\nu} \exp(ik_\alpha x^\alpha)$$

It is discovered that to prevent us returning to standard GR, we must assume that gravitational waves in this modified gravity theory is not transverse. The wavevector and the tensorial amplitude thus take the form

$$k^\mu = (\omega, 0, 0, \omega) \quad A_{\mu\nu} = \begin{pmatrix} \hat{A} & 0 & 0 & 0 \\ 0 & A_{11} & A_{21} & 0 \\ 0 & A_{12} & A_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

where  $k^\mu$  is identical to its standard GR counterpart, and  $\hat{A}$  represents a *small* deviation from standard GR.

By inserting  $k^\mu$  and  $A_{\mu\nu}$  into the field equations, it is then found that

$$\lambda = \frac{\omega}{2\sqrt{2}}$$

In  $f(\mathcal{G})$  gravity, the modified gravity term of the gravitational wave field equations is then directly related to the temporal component of the wavevector

$$G_{\mu\nu} - \frac{\omega}{2\sqrt{2}} \eta_{\rho\sigma} \mathcal{G}^{1/2} = 0$$

implying a dispersion relation.

## 5.2 Future work

As discussed preciously, current observational data already places very stringent constraints of  $f(\mathcal{G})$  gravity. Therefore, the viability of our  $f(\mathcal{G})$  gravity is strongly dependent on future observational data from collaborations like LISA, which would either place even stricter constraints on this theory or (in the very unlikely case) confirm  $f(\mathcal{G})$  gravity by detecting a longitudinal polarisation mode.

To date,  $f(\mathcal{G})$  gravity remains one of the less studied categories of  $f(R)$  gravity. It is worth noting that the usefulness of the near-polynomials employed in this thesis, which nominally have an infinite number of terms, is mostly restricted to weak gravity due to the vanishing of higher-order terms in this regime. Other exact solutions in  $f(\mathcal{G})$  gravity, especially those in strong gravity, remain to be studied.

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