Nicholas A. Vest

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Education

2021- Ph.D. in Psychology (Developmental)

Department of Psychology, University of Wisconsin-Madison

Committee: Martha Alibali, Mitchell Nathan, Percival Matthews, & Stephen

Ferrigno

2019–2021 M.S. in Psychology (Developmental)

Department of Psychology, University of Wisconsin-Madison

2012–2016 B.S. in Psychology, with Honors

Certificate in Neuroscience

Department of Psychological and Brain Sciences, Indiana University

Research Interests

I investigate mathematical and numerical cognition, focusing on how on children and adults mentally represent, manipulate, and understand integers (i.e., negatives, zero, and positives).

Research Experience

2022–2023 Graduate Research Assistant

Department of Psychology, University of Wisconsin-Madison

Cognitive Development and Communication Lab

Project: Helping Children Develop a Patterning Lens

PI: Martha Alibali, Ph.D.

2019–2022 Graduate Research Assistant

Department of Psychology, University of Wisconsin-Madison

Cognitive Development and Communication Lab

Project: Fostering Conceptual Understanding and Skill with an Intelligent

Tutoring System for Equation Solving

PIs: Martha Alibali, Ph.D. & Vincent Aleven, Ph.D.

2017–2019 Research Coordinator

Department of Psychological and Brain Sciences, Indiana University

Learning, Education, and Development Lab

PI: Emily Fyfe, Ph.D.

Teaching Experience

2024 Instructor of Record

Department of Psychology, University of Wisconsin-Madison

Numerical Cognition (PSYCH 601)

Effectiveness Rating: 4.9/5 Inclusive Climate Rating: 5/5

2022–2024 Graduate Teaching Assistant

Department of Psychology, University of Wisconsin-Madison

Design and Analysis of Psychological Experiments II (PSYCH 710) **Design and Analysis of Psychological Experiments I** (PSYCH 610)

Basic Statistics for Psychology (PSYCH 210) Introduction to Psychology (PSYCH 202) Cognitive Development (PSYCH 502)

Awards

2025	Travel Award, Society for Research in Child Development [\$300]
2024	Serendipity Award, University of Wisconsin-Madison [\$7,500]
2024	Psychology Department Award for Outstanding Teaching, University of
	Wisconsin-Madison [\$500]
2023	Student Research Grant Competition: Conference Presentation Award,
	University of Wisconsin-Madison [\$600]
2022-2025	Hertz Travel Award, University of Wisconsin-Madison [\$3,500]
2021	Simon Initiative's LearnLab Scholarship, Carnegie Mellon University [\$500]
2019-2025	Menzies and Royalty Research Award, University of Wisconsin-Madison
	[\$3,000]
2019	Mamie and Kenneth Clark Award, University of Wisconsin-Madison [\$2,500]

Journal Publications

- **Vest, N. A.**, & Sidney, P. G., Alibali, M. W. (in prep). Extending and compressing the mental number line: How fractions and negative numbers challenge numerical representations.
- **Vest, N. A.**, & Alibali, M. W. (in prep). Flexibility and adaptivity of the mental number line during integer processing.
- Fyfe, E. R., Grenell, A., & **Vest, N. A.** (under review). The negative effects of self-focused feedback on mathematics problem solving.

^{*} Denotes mentored undergraduate

- **Vest, N. A.**, Anthony, L. E., Callery, K.*, Shack, A. P.*, Becerra-Lopez, C.* & Alibali, M. W. (under review). Does focusing on the unit of change help children learn growing pattern skills?
- Alibali, M. W., Matthews, P. G., Rodrigues, J., Meng, R., **Vest, N. A.**, Jay, V., Menendez, D., Murray, J., Donovan, A. M., Anthony, L. E., & McNeil, N. M. (2024). Research on mathematical cognition, learning, & instruction: A bird's-eye view. *Journal of Experimental Child Psychology*.
- **Vest, N. A.**, & Alibali, M. W. (2024). Is zero more than nothing? Relations between concepts of zero and integer understanding. *Journal of Experimental Child Psychology*.
- Borriello, G., Grenell, A., **Vest, N. A.**, Moore, K.*, & Fyfe, E. R. (2023). Links between patterning and mathematics skills across childhood and adulthood. *Child Development*.
- **Vest, N. A.**, Fagan, S. E., & Fyfe, E. R. (2022). The role of gesture and mimicry for children's pattern learning. *Cognitive Development*.
- **Vest, N. A.**, Fyfe, E. R., Nathan, M. J., & Alibali, M. W. (2020). Learning from an avatar video instructor: The role of gesture mimicry. *Gesture*.

Conference Proceedings

- **Vest, N. A.**, Weaver, H. J., & Alibali, M. W. (2022, July). Zero in on this: Children are exposed to various concepts of zero prior to age six. *Proceedings of the Annual Conference of the Cognitive Science Society*. Toronto, Canada.
- Nagashima, T., Ling, E., Zheng, B., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2022, July). How does sustaining and interleaving visual scaffolding help learners? A classroom study with an Intelligent Tutoring System. *Proceedings of the Annual Conference of the Cognitive Science Society*. Toronto, Canada.
- **Vest, N.A.**, Silla, E. M., Bartel, A. N., Nagashima, T., Aleven, V., & Alibali, M. W. (2022, July). Self-explanation of worked examples integrated in an Intelligent Tutoring System enhances problem solving and efficiency in algebra. *Proceedings of the Annual Conference of the Cognitive Science Society*. Toronto, Canada.
- **Vest, N.A.**, & Alibali, M. W. (2021, July). The mental representation of integers: Further evidence for the negative number line as a reflection of the natural number line. *Proceedings of the Annual Conference of the Cognitive Science Society.* Vienna, Austria.
- Nagashima, T., Bartel, A. N., Tseng, S., **Vest, N. A.**, Silla, E. M., Alibali, M. W., & Aleven, V. (2021, July). Scaffolded self-explanation with visual representations promotes

- efficient learning in early algebra. *Proceedings of the Annual Conference of the Cognitive Science Society*. Vienna, Austria.
- Bartel, A. N., Silla, E., **Vest, N. A.**, Nagashima, T., Aleven, V., & Alibali, M. W. (2021, July). Reasoning about tape diagrams: Insights from students and math teachers. *Proceedings of the International Conferences of the Learning Sciences*.
- Nagashima, T., Bartel, A. N., Tseng, S., **Vest, N. A.**, Silla, E. M., Alibali, M. W., & Aleven, V. (2021, July). Using anticipatory diagrammatic self-explanation to support learning and performance in early algebra. *Proceedings of the International Conferences of the Learning Sciences*.
- Nagashima, T., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2020, June). Enhancing conceptual knowledge in early algebra through scaffolding diagrammatic self-explanation. In M. Gresalfi & I. S. Horn (Eds.), *Proceedings of the International Conference of the Learning Sciences* (pp. 35-43). Nashville, TN: International Society of the Learning Sciences.
- Nagashima, T., Yang, K., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2020, June). Pedagogical Affordance Analysis: Leveraging teachers' pedagogical knowledge for eliciting pedagogical affordances and constraints of instructional tools. In M. Gresalfi & I. S. Horn (Eds.), *Proceedings of the International Conference of the Learning Sciences* (pp. 1561-1564). Nashville, TN: International Society of the Learning Sciences.

Conference Presentations

- **Vest, N. A.**, & Alibali, M. W. (2025, June). Do representations of negative numbers in children and adults depend on context? In Y. Oscar (Chair), *Visual-spatial aspects of numerical cognition*. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Park, S., & Hu, Y.* (2025, June). *Slippery slopes: Examining college students' understanding of linear equations with negative slopes*. [Lightning talk] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Briceno, A. R.*, Berger, H. Z.*, & Alibali, M. W. (2025, May) *Developing negative number magnitudes: Evidence from distance effects during symbolic magnitude comparison.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- **Vest, N. A.**, Anthony, L. E., Callery, K.*, Shack, A. P.*, Becerra, C.*, Maheshwary, P.*, & Alibali, M.W. (2024, June). Does focusing on the unit of change help children extend and abstract shape and number patterns? In N.A. Vest (Chair), *Pattern learning:*Empirical research about interventions, parental beliefs, and links to mathematical

- competence in children. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Anthony, L. E., Becerra, C.*, Maheshwary, P.*, Callery, K.*, Shack, A. P.*, & Alibali, M. W. (2024, March). *Learning to extend shape and number patterns: Do lessons focused on the pattern unit help?* [Poster] Biennial Meeting of the Cognitive Development Society.
- **Vest, N. A.**, & Alibali, M. W. (2023, June). Conceptions of zero and the semantic congruence effect: Evidence from children and adults. In N.A. Vest (Chair), *More than nothing? Empirical insights into children and adults' conceptions of "zero"*. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Manhart, H. M.*, Smith, L. R.*, & Alibali, M. W. (2022, March). *Predictors of arithmetic fluency with integers.* [Poster] Biennial Meeting of the Cognitive Development Society.
- Silla, E. M., **Vest, N. A.**, Nagashima, T., Bartel, A. N., Anthony, L., Aleven, V., & Alibali, M. W. (2021, November). *Efficacy of tape diagrams: Evidence from an Intelligent Tutoring System.* [Lightning talk] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, & Alibali, M. W. (2021, November). *How do children's concepts of zero relate to their understanding of integers?* [Lightning talk] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- Borriello, G. A., **Vest, N. A.**, & Fyfe, E. R. (2021, April) *Associations between novel patterning assessments and mathematics knowledge across childhood.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- **Vest, N. A.**, Borriello, G. A., & Fyfe, E. R. (2021, April) *Mimicking speech and gesture during a lesson may not be beneficial for early learners.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- **Vest, N. A.**, Silla, E. M., Bartel, A. N., Nagashima, T., Aleven, V., & Alibali, M. W. (2021, April) *Learning from worked examples: Conceptually rich explanations predict conceptual gains.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- Nagashima, T., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2020, November). *Collaborative open educational practices: Sharing of evidence-based open educational resources to facilitate meaningful adaptation*. [Gallery showcase] Open Education Conference.

- Bartel, A. N., Silla, E. M., **Vest, N. A.**, Nagashima, T., Tang, Y.*, Aleven, V., & Alibali, M. W. (2020, July). *Reasoning about equations with tape diagrams: Do differing visual features matter?* [Poster] Annual Meeting of the Cognitive Science Society.
- Bartel, A. N., Silla, E. M., **Vest, N. A.**, Nagashima, T., Tang, Y., Aleven, V., & Alibali, M. W. (2020, June). Do tape diagrams promote a focus on conceptual principles? Evidence from equation solving with an Intelligent Tutoring System. In T. T. Wong (Chair), *Principle knowledge in mathematics: its development, cognitive predictors, and potential interventions.* Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, & Fyfe, E. R. (2020, June). *Don't copy me! How mimicking gestures influence children's patterning performance*. [Poster] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, & Fyfe, E. R. (2020, April). *A novel patterning assessment and its associations with formal numeracy knowledge.* [Poster session canceled] Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- **Vest, N. A.**, & Fyfe, E. R. (2020, March). The effects of feedback in an evaluative online learning context. In M. DeCaro (Chair), *The science of learning*. Symposium presented at the annual meeting of the Southern Society for Philosophy and Psychology.
- **Vest, N. A.**, & Fyfe, E. R. (2019, May). *The effects of self-focused feedback on students'* mathematics problem solving. [Poster] Annual Convention of the Association for Psychological Science. Washington, D.C.
- Macchione, A. L.*, **Vest, N. A.** & Fyfe, E. R. (2019, March) *Point to those! Grouping gestures predict children's early patterning skills.* [Poster] Biennial Meeting of the Society for Research in Child Development. Baltimore, MD.
- **Vest, N. A.**, & Fyfe, E. R. (2018, November) *Feedback hinders performance on women's mathematics problem solving.* [Poster] Annual Convention of the Psychonomic Society. New Orleans, LA.
- **Vest, N. A.**, & Fyfe, E. R. (2018, May). *Learning from an avatar video instructor: Gesture mimicry supports middle schoolers' algebra knowledge*. [Poster] Annual Convention of the Association for Psychological Science. San Francisco, CA.
- **Vest, N. A.**, & Fyfe, E. R. (2018, May). *YOU are right! Feedback focused on the self enhances problem solving.* [Poster] Annual Conference of the Midwest Cognitive Science. Bloomington, IN.

Vest, N. A., West, M. J., & Dohme, R. (2016, March). *Attentional differences and their contribution to autism.* [Poster] Indiana University's Department of Psychological and Brain Sciences Honors Banquet. Bloomington, IN.

Workshops

2022	NUMBERs, From Cognition to Instruction: A Birds'-Eye View of Math
	Cognition Interventions, Kent State University [Scholarship]
2022	From Images to Symbols: Drawing as a Window into the Mind, Annual
	Cognitive Science Conference, Toronto, Canada
2021	LearnLab, Educational Data Mining, Carnegie Mellon University [Scholarship]
2020	ICPSR Summer Program, Machine Learning: Applications and Opportunities
	in Social Science Research, University of Michigan [Scholarship]

Service

2024-2026	Research Chair, The Mathematical Cognition and Learning Society
2022-	Graduate Student Volunteer, Anti-racism Learning and Action in
	Neuroscience, University of Wisconsin-Madison
2022-	Graduate Student Representative, Colloquium Committee
	University of Wisconsin-Madison
2020-2022	<i>Graduate Student Representative, Climate and Diversity Committee</i>
	University of Wisconsin-Madison

Ad Hoc Reviewer

Journal of Experimental Child Psychology Mathematical Thinking and Learning

Technical Skills

R [advanced]; Python [novice]