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Nicholas A. Vest

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Education

2021 – Ph.D. in Psychology (Developmental)

Department of Psychology, University of Wisconsin-Madison

Committee: Martha Alibali, Mitchell Nathan, Percival Matthews, & Stephen

Ferrigno

2019–2021 M.S. in Psychology (Developmental)

Department of Psychology, University of Wisconsin-Madison

2012–2016 B.S. in Psychology, with Honors

Certificate in Neuroscience

Department of Psychological and Brain Sciences, Indiana University

Research Interests

I investigate mathematical cognition, focusing on how children and adults mentally represent, manipulate, and understand integers, and how these processes depend on context.

Research Experience

2019- Graduate Research Assistant

Department of Psychology, University of Wisconsin-Madison

Cognitive Development and Communication Lab

Projects: Fostering Conceptual Understanding and Skill with an Intelligent Tutoring System for Equation Solving, Helping Children Develop a Patterning Lens, Leveraging Simple Card Games to Promote Children's Learning about Biological Reasoning

PI: Martha Alibali, Ph.D.

2017–2019 Project Manager

Department of Psychological and Brain Sciences, Indiana University

Learning, Education, and Development Lab

PI: Emily Fyfe, Ph.D.

Teaching Experience

2024 Instructor of Record

Department of Psychology, University of Wisconsin-Madison

Numerical Cognition (PSYCH 601)

Effectiveness Rating: 4.9/5 Inclusive Climate Rating: 5/5

2022–2024 Graduate Teaching Assistant

Department of Psychology, University of Wisconsin-Madison

Design and Analysis of Psychological Experiments II (PSYCH 710) **Design and Analysis of Psychological Experiments I** (PSYCH 610)

Basic Statistics for Psychology (PSYCH 210) Introduction to Psychology (PSYCH 202) Cognitive Development (PSYCH 502)

Awards

| 2025 | Travel Award, Society for Research in Child Development [\$300] |
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| 2024 | Serendipity Award, University of Wisconsin-Madison [\$7,500] |
| 2024 | Psychology Department Award for Outstanding Teaching, University of |
| | Wisconsin-Madison [\$500] |
| 2023 | Student Research Grant Competition: Conference Presentation Award, |
| | University of Wisconsin-Madison [\$600] |
| 2022-2025 | Hertz Travel Award, University of Wisconsin-Madison [\$3,500] |
| 2021 | Simon Initiative's LearnLab Scholarship, Carnegie Mellon University [\$500] |
| 2019-2025 | Menzies and Royalty Research Award, University of Wisconsin-Madison |
| | [\$3,000] |
| 2019 | Mamie and Kenneth Clark Award, University of Wisconsin-Madison [\$2,500] |

Journal Publications

- **Vest, N. A.**, & Sidney, P. G., Alibali, M. W. (in prep). Extending and compressing the mental number line: How fractions and negative numbers challenge numerical representations.
- **Vest, N. A.**, & Alibali, M. W. (in prep). The mental representation of negative integer magnitude.
- Fyfe, E. R., Grenell, A., & **Vest**, **N. A.** (under review). The negative effects of self-focused feedback on mathematics problem solving.
- **Vest, N. A.**, Anthony, L. E., Callery, K.*, Shack, A. P.*, Becerra-Lopez, C.*, & Alibali, M. W. (in press). Does focusing on the unit of change help children learn growing pattern skills? *Journal of Cognition and Development.*

^{*} Denotes mentored undergraduate

- Alibali, M. W., Matthews, P. G., Rodrigues, J., Meng, R., **Vest, N. A.**, Jay, V., Menendez, D., Murray, J., Donovan, A. M., Anthony, L. E., & McNeil, N. M. (2024). Research on mathematical cognition, learning, & instruction: A bird's-eye view. *Journal of Experimental Child Psychology*.
- **Vest, N. A.**, & Alibali, M. W. (2024). Is zero more than nothing? Relations between concepts of zero and integer understanding. *Journal of Experimental Child Psychology*.
- Borriello, G., Grenell, A., **Vest, N. A.**, Moore, K.*, & Fyfe, E. R. (2023). Links between patterning and mathematics skills across childhood and adulthood. *Child Development*.
- **Vest, N. A.**, Fagan, S. E., & Fyfe, E. R. (2022). The role of gesture and mimicry for children's pattern learning. *Cognitive Development*.
- **Vest, N. A.**, Fyfe, E. R., Nathan, M. J., & Alibali, M. W. (2020). Learning from an avatar video instructor: The role of gesture mimicry. *Gesture*.

Conference Proceedings

- **Vest, N. A.**, Weaver, H. J., & Alibali, M. W. (2022, July). Zero in on this: Children are exposed to various concepts of zero prior to age six. *Proceedings of the Annual Conference of the Cognitive Science Society*. Toronto, Canada.
- Nagashima, T., Ling, E., Zheng, B., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2022, July). How does sustaining and interleaving visual scaffolding help learners? A classroom study with an Intelligent Tutoring System. *Proceedings of the Annual Conference of the Cognitive Science Society*. Toronto, Canada.
- **Vest, N.A.**, Silla, E. M., Bartel, A. N., Nagashima, T., Aleven, V., & Alibali, M. W. (2022, July). Self-explanation of worked examples integrated in an Intelligent Tutoring System enhances problem solving and efficiency in algebra. *Proceedings of the Annual Conference of the Cognitive Science Society*. Toronto, Canada.
- **Vest, N.A.**, & Alibali, M. W. (2021, July). The mental representation of integers: Further evidence for the negative number line as a reflection of the natural number line. *Proceedings of the Annual Conference of the Cognitive Science Society*. Vienna, Austria.
- Nagashima, T., Bartel, A. N., Tseng, S., **Vest, N. A.**, Silla, E. M., Alibali, M. W., & Aleven, V. (2021, July). Scaffolded self-explanation with visual representations promotes efficient learning in early algebra. *Proceedings of the Annual Conference of the Cognitive Science Society*. Vienna, Austria.

- Bartel, A. N., Silla, E., **Vest, N. A.**, Nagashima, T., Aleven, V., & Alibali, M. W. (2021, July). Reasoning about tape diagrams: Insights from students and math teachers. *Proceedings of the International Conferences of the Learning Sciences*.
- Nagashima, T., Bartel, A. N., Tseng, S., **Vest, N. A.**, Silla, E. M., Alibali, M. W., & Aleven, V. (2021, July). Using anticipatory diagrammatic self-explanation to support learning and performance in early algebra. *Proceedings of the International Conferences of the Learning Sciences*.
- Nagashima, T., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2020, June). Enhancing conceptual knowledge in early algebra through scaffolding diagrammatic self-explanation. In M. Gresalfi & I. S. Horn (Eds.), *Proceedings of the International Conference of the Learning Sciences* (pp. 35-43). Nashville, TN: International Society of the Learning Sciences.
- Nagashima, T., Yang, K., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2020, June). Pedagogical Affordance Analysis: Leveraging teachers' pedagogical knowledge for eliciting pedagogical affordances and constraints of instructional tools. In M. Gresalfi & I. S. Horn (Eds.), *Proceedings of the International Conference of the Learning Sciences* (pp. 1561-1564). Nashville, TN: International Society of the Learning Sciences.

Conference Presentations

- **Vest, N. A.**, & Alibali, M. W. (2025, June). Do representations of negative numbers in children and adults depend on context? In Y. Oscar (Chair), *Visual-spatial aspects of numerical cognition*. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Park, S., & Hu, Y.* (2025, June). *Slippery slopes: Examining college students' understanding of linear equations with negative slopes*. [Lightning talk] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Briceno, A. R.*, Berger, H. Z.*, & Alibali, M. W. (2025, May) *Developing negative number magnitudes: Evidence from distance effects during symbolic magnitude comparison.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- **Vest, N. A.**, Anthony, L. E., Callery, K.*, Shack, A. P.*, Becerra, C.*, Maheshwary, P.*, & Alibali, M.W. (2024, June). Does focusing on the unit of change help children extend and abstract shape and number patterns? In N.A. Vest (Chair), *Pattern learning: Empirical research about interventions, parental beliefs, and links to mathematical competence in children*. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.

- **Vest, N. A.**, Anthony, L. E., Becerra, C.*, Maheshwary, P.*, Callery, K.*, Shack, A. P.*, & Alibali, M. W. (2024, March). *Learning to extend shape and number patterns: Do lessons focused on the pattern unit help?* [Poster] Biennial Meeting of the Cognitive Development Society.
- **Vest, N. A.**, & Alibali, M. W. (2023, June). Conceptions of zero and the semantic congruence effect: Evidence from children and adults. In N.A. Vest (Chair), *More than nothing? Empirical insights into children and adults' conceptions of "zero"*. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, Manhart, H. M.*, Smith, L. R.*, & Alibali, M. W. (2022, March). *Predictors of arithmetic fluency with integers.* [Poster] Biennial Meeting of the Cognitive Development Society.
- Silla, E. M., **Vest, N. A.**, Nagashima, T., Bartel, A. N., Anthony, L., Aleven, V., & Alibali, M. W. (2021, November). *Efficacy of tape diagrams: Evidence from an Intelligent Tutoring System.* [Lightning talk] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, & Alibali, M. W. (2021, November). *How do children's concepts of zero relate to their understanding of integers?* [Lightning talk] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- Borriello, G. A., **Vest, N. A.**, & Fyfe, E. R. (2021, April) *Associations between novel patterning assessments and mathematics knowledge across childhood.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- **Vest, N. A.**, Borriello, G. A., & Fyfe, E. R. (2021, April) *Mimicking speech and gesture during a lesson may not be beneficial for early learners.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- **Vest, N. A.**, Silla, E. M., Bartel, A. N., Nagashima, T., Aleven, V., & Alibali, M. W. (2021, April) *Learning from worked examples: Conceptually rich explanations predict conceptual gains.* [Poster] Biennial Meeting of the Society for Research in Child Development.
- Nagashima, T., Bartel, A. N., Silla, E. M., **Vest, N. A.**, Alibali, M. W., & Aleven, V. (2020, November). *Collaborative open educational practices: Sharing of evidence-based open educational resources to facilitate meaningful adaptation*. [Gallery showcase] Open Education Conference.
- Bartel, A. N., Silla, E. M., **Vest, N. A.**, Nagashima, T., Tang, Y.*, Aleven, V., & Alibali, M. W. (2020, July). *Reasoning about equations with tape diagrams: Do differing visual features matter?* [Poster] Annual Meeting of the Cognitive Science Society.

- Bartel, A. N., Silla, E. M., **Vest, N. A.**, Nagashima, T., Tang, Y., Aleven, V., & Alibali, M. W. (2020, June). Do tape diagrams promote a focus on conceptual principles? Evidence from equation solving with an Intelligent Tutoring System. In T. T. Wong (Chair), *Principle knowledge in mathematics: its development, cognitive predictors, and potential interventions*. Symposium presented at the Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, & Fyfe, E. R. (2020, June). *Don't copy me! How mimicking gestures influence children's patterning performance*. [Poster] Annual Meeting of the Mathematical and Cognition Learning Society Conference.
- **Vest, N. A.**, & Fyfe, E. R. (2020, April). *A novel patterning assessment and its associations with formal numeracy knowledge.* [Poster session canceled] Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- **Vest, N. A.**, & Fyfe, E. R. (2020, March). The effects of feedback in an evaluative online learning context. In M. DeCaro (Chair), *The science of learning*. Symposium presented at the annual meeting of the Southern Society for Philosophy and Psychology.
- **Vest, N. A.**, & Fyfe, E. R. (2019, May). *The effects of self-focused feedback on students' mathematics problem solving*. [Poster] Annual Convention of the Association for Psychological Science. Washington, D.C.
- Macchione, A. L.*, **Vest, N. A.** & Fyfe, E. R. (2019, March) *Point to those! Grouping gestures predict children's early patterning skills.* [Poster] Biennial Meeting of the Society for Research in Child Development. Baltimore, MD.
- **Vest, N. A.**, & Fyfe, E. R. (2018, November) *Feedback hinders performance on women's mathematics problem solving.* [Poster] Annual Convention of the Psychonomic Society. New Orleans, LA.
- **Vest, N. A.**, & Fyfe, E. R. (2018, May). *Learning from an avatar video instructor: Gesture mimicry supports middle schoolers' algebra knowledge*. [Poster] Annual Convention of the Association for Psychological Science. San Francisco, CA.
- **Vest, N. A.**, & Fyfe, E. R. (2018, May). *YOU are right! Feedback focused on the self enhances problem solving.* [Poster] Annual Conference of the Midwest Cognitive Science. Bloomington, IN.
- **Vest, N. A.**, West, M. J., & Dohme, R. (2016, March). *Attentional differences and their contribution to autism.* [Poster] Indiana University's Department of Psychological and Brain Sciences Honors Banquet. Bloomington, IN.

Invited Talks

| 2025 | Mathematical Cognition in Context, The Mathematical Cognition and |
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| | Learning Society |
| 2025 | Developmental Proseminar, University of Wisconsin-Madison |
| 2025 | The Computation and Language Lab, University of California-Berkeley |
| 2024 | Cognitive Origins Lab, University of Wisconsin-Madison |
| 2024 | Developmental Proseminar, University of Wisconsin-Madison |
| 2023 | Cognitive Origins Lab, University of Wisconsin-Madison |
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Workshops

| 2022 | NUMBERs, From Cognition to Instruction: A Birds'-Eye View of Math |
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| | Cognition Interventions, Kent State University [Scholarship] |
| 2022 | From Images to Symbols: Drawing as a Window into the Mind, Annual |
| | Cognitive Science Conference, Toronto, Canada |
| 2021 | LearnLab, Educational Data Mining, Carnegie Mellon University [Scholarship] |
| 2020 | ICPSR Summer Program, Machine Learning: Applications and Opportunities |
| | in Social Science Research, University of Michigan [Scholarship] |

Service

| 2024-2026 | Research Chair, The Mathematical Cognition and Learning Society |
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| 2022- | Graduate Student Volunteer, Anti-racism Learning and Action in |
| | Neuroscience, University of Wisconsin-Madison |
| 2022- | Graduate Student Representative, Colloquium Committee |
| | University of Wisconsin-Madison |
| 2020-2022 | Graduate Student Representative, Climate and Diversity Committee |
| | University of Wisconsin-Madison |

Ad Hoc Reviewer

Journal of Experimental Child Psychology Mathematical Thinking and Learning

Technical Skills

R [advanced]; Python [competent]; JavaScript [competent]

References

Martha Alibali, Ph.D.
Vilas Distinguished Achievement Professor
Department of Psychology
University of Wisconsin-Madison
mwalibali@wisc.edu

Emily Fyfe, Ph.D.

Last Updated: April 2025

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Percival Matthews, Ph.D.
Associate Professor
Department of Educational Psychology
University of Wisconsin-Madison
pmatthews@wisc.edu