

c/h = CALORIES p/ HOUR

450 c/h (YOGA) POWER YOGA P

660 c/h (JOGGING)

675 = 75 MIN

$p + j = 75 \text{ min}$

$75 = 37,5$

$20 + 45 \text{ MIN}$

$p + j = 75$

$660 + 450j = 675$

$1110 = 675$

675

1110

675 1110

06

9

660 = 60

11

C/h → C/m

$p + j = 75$

$11 + 7,5 = 675$

660 160

0,11

450 160

0,205

ANS

660 160

11,

450 160

7,5,

ANSWER

$11 + 7,5 = 675$

$18,5 = 675$

675 18,5

33,5

11,5

16,5

18,5

3

55,5