

These were the materials we used at the recent Fall Retreat (2024). Feel free to print out the worksheets and use the teaching videos for your bible studies or personal reflection.

Videos:

Session 1: [Still Waters: Finding Peace in God Presence](#)

Session 2: [Fear Fighters: Overcoming Anxiety](#)

Session 3: [Steady Hands: Trusting God's Sovereignty](#)

Session 4: [Mind Renewal: Transforming with Truth](#)

Bible Study Materials:

Session 1: Still Waters: Finding Peace in God Presence

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