

# Lecture 16 - Review 2 - 3.7

Tuesday, March 7, 2023 9:30 AM

Lecture 2 is all about models to predict movement

Lecture 3 uses calculus to derive the Kinematics equations  
- Creates powerful models for movement in one dimension

Lecture 4  
- Object falls at the same speed in G independent of mass  
- Takes the same time to go up as it does to go down  
- Speed up is same as speed down at same displacement

Lecture 5  
- setup kinematics equations for constant acceleration  
-  $a(t) = a$   
-  $v(t) = v_0 + a \cdot t$   
-  $x(t) = x_0 + v_0 \cdot t + (1/2) \cdot a \cdot t^2$

Lecture 6  
- Vectors  
- magnitude and direction  
- Unit vectors  
- Vector notation  
- Vectors create triangles  
-  $r$  (hypot),  $x$  (adj),  $y$  (opposite)  
- SohCahToa  
- Helps solve projectile motion

Lecture 7  
- Vector algebra  
- add everything in the individual components (x,y,z)  
- Explored 2D motion  
- Balls rolling from table hit ground at same time

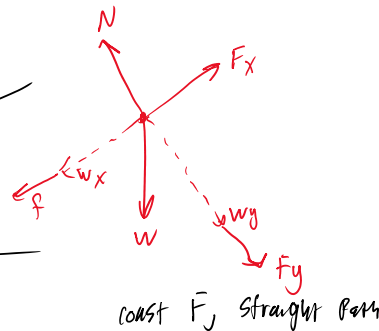
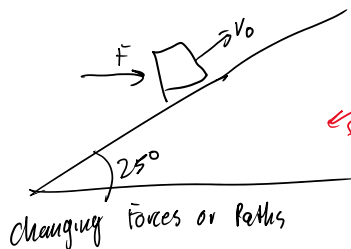
$$\begin{pmatrix} a_1 \\ a_2 \end{pmatrix} + \begin{pmatrix} b_1 \\ b_2 \end{pmatrix} = \begin{pmatrix} a_1 + b_1 \\ a_2 + b_2 \end{pmatrix} = \begin{pmatrix} c_1 \\ c_2 \end{pmatrix}$$

Lecture 8  
- Uniform Circular Motion  
- vectors can change direction while having same magnitude  
- acceleration can change velocities without changing speed  
- circular motion results in centripetal acceleration  
- Motions in rotating frames become pretty complicated



Lecture 9  
- We can express x,v,a in 1d as functions of time.  
- special case of circular motion  
- quadrants

Lecture 10  
- Forces  
- Newton's first law  
- force is needed to change an objects state of movement  
- Newton's second law  
-  $F = m \cdot a$   
- Third law  
- Equal and opposite reactions  
- Forces come in pairs  
- Push on wall, wall pushes back



Lecture 12  
- Friction  
- Static  
- Kinematic  
- Molecular level  
- Free Body Diagrams

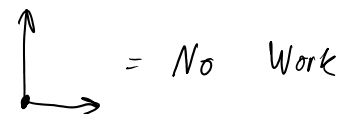
Lecture 13  
- Newton's laws  
- Normal Force

Lecture 14  
- Work  
- Perpendicular Forces means there's no work

$$W = \int_a^b F(s) \cdot ds \quad W = F s \cdot \cos \theta \quad s = \text{distance}$$

$$W_{\text{net}} = \frac{1}{2} m v^2 - \frac{1}{2} m v_0^2 \quad \leftarrow \text{change in Energy}$$

$$W_{\text{net}} = K - K_0$$



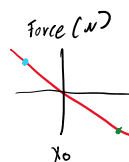
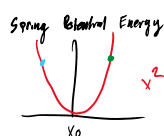
Lecture 15  
- Work = energy transferred to or from an object  
- can be negative!!  
- We call the ability of an object to do work 'Energy'  
- Power = Work / Time  
- Kinematic Energy  
- Gravitational Potential Energy  
- Energy is conserved

$$K = \frac{1}{2} m v^2$$

$$U_{\text{grav}} = m \cdot g \cdot h$$

$$P = W/t$$

if W is greater, so is P  
if t is smaller, P is larger



$$U_{\text{spring}} = \frac{1}{2} k (x - x_0)^2$$

$$F_{\text{spring}} = -k (x - x_0)$$

Lecture 16  
- Conversions between kinetic and potential energy is conserved  
- Springs can store energy

Hooke's Law

$$F = -kx$$

$$W = 1 \text{ kg} \cdot 9.8 \text{ m/s}^2 \approx 10 \text{ N}$$

$$\Delta x = -1 \text{ cm} = -0.01 \text{ m}$$

$$-F = \frac{10 \text{ N}}{-0.01 \text{ m}} = 1000 \text{ N/m} = k$$

$$W = 1 \text{ kg} \cdot 9.8 \text{ m/s}^2 \approx 10$$

$$\Delta x = -1 \text{ cm} = -0.01 \text{ m}$$

$$k = \frac{-F}{\Delta x} = \frac{10 \text{ N}}{0.01} = 1000 \text{ N/m} = k$$

$$F_{\text{spring}} = -k(x - x_0)$$

$$F_x = -\frac{dU}{dx}$$

#### Conservation of Energy

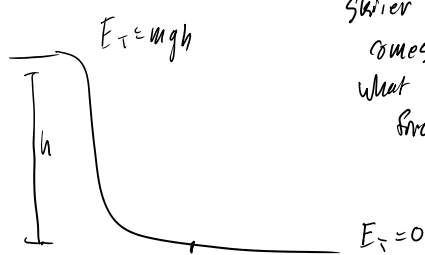
- If you add up all the energy in a system you get a number
- Doesn't matter at what time you add it up, it will always be the same
- Work done against energy is "stored" as potential energy that you can get back
- Same thing with springs

$$U_{\text{grav}0} + U_{\text{spring}0} + K_0 = U_{\text{grav}} + U_{\text{spring}} + K$$

#### Conservation of Energy and Work-Energy theorem are tools

- You can use these tools to find velocity
- If you put equations from the work-energy theorem in the right form you can find acceleration
- You can use velocity and acceleration to solve your other kinematic problems

Skier problem - goes downhill, comes to stop at bottom, what do we know about friction and air resistance?

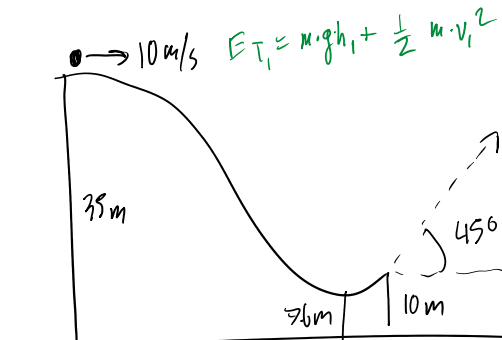


$E_i = mgh$

$E_f = 0$

$\Delta E = -mgh = W_{\text{friction}} + W_{\text{air}}$

car goes off ramp w/o friction. How fast is it going when it leaves ramp?



$E_{T1} = mgh_1 + \frac{1}{2}mv_1^2$

$E_{T2} = mgh_2 + \frac{1}{2}mv_2^2$

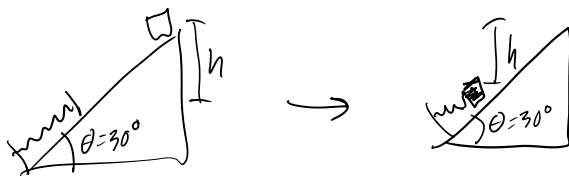
$$E_{T1} = E_{T2}; \text{ solve for } v_2$$

$$W = \Delta E_{\text{kin}}$$

$$m \cdot g(h - h_2) = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

How fast when it hits the ground

$$m \cdot g \cdot h + \frac{1}{2}m \cdot v_i^2 = \frac{1}{2}m \cdot v_f^2 \quad m's \text{ all cancel}$$



can be compressed 3.0 cm by force 270 N

block = 12 kg

spring compresses 5.5 cm.

How high was the block?

Conserve forces

$$E_{Tb} = mgh$$

$$E_{Tf} = \frac{1}{2} k x^2$$

Set equal, solve for h

$$h = \frac{1}{2} \frac{k}{m \cdot g} \cdot x^2$$

Find k using Hooke's Law

$$F = -k \Delta x$$

$$k = \frac{270 \text{ N}}{2 \text{ cm}} = \frac{270 \text{ N}}{0.02 \text{ m}} = 2700 \frac{\text{N}}{\text{m}}$$