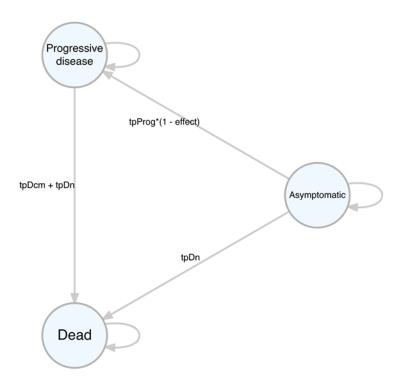
# Introduction to Markov models — SOLUTIONS

# 8.1 Simple model

Consider a three-state model is used to describe how patients transition between health states with a chronic disease. Patients begin in an asymptomatic health state, which means that the patient has developed the chronic disease but has so symptoms. Patients can stay in the asymptomatic health state or move to a progressive health state which means that the patient is experiencing symptoms of the disease. Patients can move from the asymptomatic health state to the dead health state at the same rate as the general population without the disease. Patients can stay in the progressive health state or move from the progressive health state to dead, but at an increased risk of death. The dead state is an absorbing state as a patient cannot change from being dead.



A cohort of 1000 patients receives a drug and compares to a cohort of 1000 patients that does not receive a drug to assess how patients move throughout the health states over time with a chronic

disease. To set up thel model in R some definitions are needed first. We outline the R code used to define the number of treatments (prefixed with  $t_{-}$ ) and their names (prefixed with  $n_{-}$ ), the number of states (prefixed with  $s_{-}$ ) and their names. The number of cycles starting at 1 (not 0 as in spreadsheet models) is specified, as well as the initial age of patients in the cohort beginning at 55.

```
## model set-up ----
t_names <- c("without_drug", "with_drug")
n_treatments <- length(t_names)

s_names <- c("Asymptomatic_disease", "Progressive_disease", "Dead")
n_states <- length(s_names)

n_pop <- 1000

n_cycles <- 46
Initial_age <- 55</pre>
```

The unit costs and unit utilities associated with each of the health states as well as the cost of the drug need to be defined. The utility of being in the dead health state is 0 so does not need to be defined here. Costs begin with a c and utilities with a u. The discount rate for costs and outcomes are also included at a rate of 6%. The probability of dying from the disease in a single cycle (tpDcm) is now defined.

```
cAsymp <- 500
cDeath <- 1000
cDrug <- 1000
cProg <- 3000
uAsymp <- 0.95
uProg <- 0.75
oDr <- 0.06
cDr <- 0.06
tpDcm <- 0.15

# transition matrix variables
tpProg <- 0.01
tpDcm <- 0.15
tpDn <- 0.0138
effect <- 0.5
```

This process of defining treatment names, states and cycles is similar to that in MS Excel. One addition in R is that space for when calculations are performed is needed. It is like creating the cells in MS Excel. By creating matrices, empty space for costs and utilities in each health state for patients with or without the drug is specified. The structure of the matrices for the cost of transition to a health state, and cost and QALYs accrued being in health state are the same. We describe the cost of transitioning to a state, in this case only for the dead state. The first argument defines a vector of values for each health state and for each cohort, similar to a column of values in a parameters sheet in Excel. The argument byrow = TRUE makes sure that all the states for the first cohort are defined first and then all the states for the second cohort. The trans\_c\_matrix creates empty space and assigned the cost of £1000 for transitioning to the Dead state. The first line is for the cohort who are without a drug, and the second line for the cohort that are with a drug.

```
# cost of staying in state
state_c_matrix <-</pre>
```

```
matrix(c(cAsymp, cProg, 0,
           cAsymp + cDrug, cProg, 0),
         byrow = TRUE,
         nrow = n_{treatments}
         dimnames = list(t_names,
                          s_names))
# qaly when staying in state
state_q_matrix <-</pre>
  matrix(c(uAsymp, uProg, 0,
           uAsymp, uProg, 0),
         byrow = TRUE,
         nrow = n_treatments,
         dimnames = list(t_names,
                          s_names))
# cost of moving to a state
# same for both treatments
trans_c_matrix <-</pre>
  matrix(c(0, 0, 0,
           0, 0, cDeath,
           0, 0, 0),
         byrow = TRUE,
         nrow = n_states,
         dimnames = list(from = s_names,
                          to = s_names)
```

The probability of dying from the disease in a single cycle (tpDcm) was defined above. Space is also needed to define the transition probabilities between health states. A matrix is created as above but with another dimension for the movements between health states. The resulting matrix shows an empty space for the transitions between each health state dependent on the cohort being with or without a drug.

• The reason that they are in this order is because when printed out then the square matrix is preserved so we can see from which state to which state. The array is split by the third dimension treatment.

# Matrix containing transition probabilities for with\_drug

```
4
```

• Theres no need to specify each treatment separately. Simply leave the last dimension empty and it will replicate the value for all treatments.

## 8.2 Output Variables

A population matrix (pop) and transition matrix (trans) are created with an additional dimension so there is blank space for each health state, with or without a drug, for each of the 46 cycles. Below shows this process for a generic array (cycle\_empty\_array).

## 8.3 Running the model

To run the model and combine all the information and code from the previous sections, an algorithm will be created. A loop is first created over treatments and then a second loop repeats from cycle number 2 to cycle 46 (n\_cycles), as cycle 1 was already defined above, equivalent to cycle 0 rows in Excel models. Recall the matrix multiplication operator %\*%, used here to calculate the state population at the next time step (pop) and the number of individuals who transition between states (trans).

```
for (i in 1:n_treatments) {
  age <- Initial_age</pre>
  for (j in 2:n_cycles) {
    pop[, cycle = j, treatment = i] <-</pre>
      pop[, cycle = j - 1, treatment = i] %*% p_matrix[, , treatment = i]
    trans[, cycle = j, treatment = i] <-</pre>
    pop[, cycle = j - 1, treatment = i] %*% (trans_c_matrix * p_matrix[, , treatment = i])
    age <- age + 1
  cycle_state_costs[i, ] <-</pre>
   state_c_matrix[treatment = i, ] %*% pop[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 1)
  # discounting at _previous_ cycle
  cycle_trans_costs[i, ] <-</pre>
    (c(1,1,1) \%\% trans[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 2)
  cycle_costs[i, ] <- cycle_state_costs[i, ] + cycle_trans_costs[i, ]</pre>
  LE[i, ] \leftarrow c(1,1,0) \%\% pop[, , treatment = i]
  LYs[i, ] <- LE[i, ] * 1/(1 + oDr)^{(1:n_cycles - 1)}
  cycle_QALE[i, ] <-</pre>
    state_q_matrix[treatment = i, ] %*% pop[, , treatment = i]
  cycle_QALYs[i, ] <- cycle_QALE[i, ] * 1/(1 + oDr)^(1:n_cycles - 1)</pre>
  total_costs[i] <- sum(cycle_costs[treatment = i, -1])</pre>
  total_QALYs[i] <- sum(cycle_QALYs[treatment = i, -1])</pre>
}
```

The discount rate is also incorporated into the model here easily as each cycle's costs and QALYs will depend on the cycle number. These repeated steps are performed for each of the two treatments (1:n treatments) and the total costs and QALYs over the lifetime of the model can then be calculated for each treatment.

#### 8.4 Plot results

Displaying the results after running the model is easy in R. . These results will therefore assume that the strategy where the cohort are without a drug is the standard of care or base case analysis. Swapping with and without the drug will change this around.

The point is below the threshold and so the new drug is cost-effective.

# 8.5 Cycle-dependent probability matrix

Transition probabilities in a Markov model can either be time-independent, such as tpDm, or time-dependent. Next, define the transition probabilities in the full model depend on age and cycle. To begin with let us only depend on cycle and fix the age varying variable tpDn at a middle value. Define the transition probability from Asymptomatic to Progressive disease, previously just tpProg, to depend on cycle such that the new transition probability is tpProg × cycle.

To account for the time dependency, the hard-coded array in MS Excel has been replaced with a function in R named p\_matrix\_cycle which is called at each cycle iteration. By simply replacing a fixed array with a function, this will decouple the calculation of the transition matrix and the higher-level cost-effectiveness calculations. This makes changes and testing to either part easier and more reliable.

Note that, strictly speaking, in R this is an array but we have named the data structure p\_matrix to emphasise that it provides what is known in Markov modelling as the transition probability matrix. The time dependent probabilities are those that depend on the age of the cohort. A lookup function is used to describe the transition probability from Asymp to Dead using 6 age group categories.

```
p_matrix["Progressive_disease", "Dead", "without_drug"] <- tpDcm + tpDn
p_matrix["Progressive_disease", "Progressive_disease", "without_drug"] <- 1 - tpDcm - tpDn
p_matrix["Dead", "Dead", "without_drug"] <- 1

# Matrix containing transition probabilities for with_drug
p_matrix["Asymptomatic_disease", "Progressive_disease", "with_drug"] <- tpProg*(1 - effect)*cycle
p_matrix["Asymptomatic_disease", "Dead", "with_drug"] <- tpDn
p_matrix["Asymptomatic_disease", "Asymptomatic_disease", "with_drug"] <-
1 - tpProg*(1 - effect)*cycle - tpDn
p_matrix["Progressive_disease", "Dead", "with_drug"] <- tpDcm + tpDn
p_matrix["Progressive_disease", "Progressive_disease", "with_drug"] <- 1 - tpDcm - tpDn
p_matrix["Dead", "Dead", "with_drug"] <- 1
return(p_matrix)
}</pre>
```

## 8.6 Running the model

The model is run in the same way as the first example.

```
for (i in 1:n_treatments) {
  age <- Initial_age
  for (j in 2:n_cycles) {
    p_matrix <- p_matrix_cycle(p_matrix, j - 1)</pre>
    pop[, cycle = j, treatment = i] <-</pre>
      pop[, cycle = j - 1, treatment = i] %*% p_matrix[, , treatment = i]
    trans[, cycle = j, treatment = i] <-</pre>
    pop[, cycle = j - 1, treatment = i] %*% (trans_c_matrix * p_matrix[, , treatment = i])
    age <- age + 1
  }
  cycle_state_costs[i, ] <-</pre>
  (state_c_matrix[treatment = i, ] **% pop[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 1)
  # discounting at _previous_ cycle
  cycle_trans_costs[i, ] <-</pre>
    (c(1,1,1) \% \% trans[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 2)
  cycle_costs[i, ] <- cycle_state_costs[i, ] + cycle_trans_costs[i, ]</pre>
  LE[i, ] \leftarrow c(1,1,0) \%\% pop[, , treatment = i]
  LYs[i, ] <- LE[i, ] * 1/(1 + oDr)^{(1:n\_cycles - 1)}
  cycle_QALE[i, ] <-</pre>
```

```
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```

```
state_q_matrix[treatment = i, ] %*% pop[, , treatment = i]

cycle_QALYs[i, ] <- cycle_QALE[i, ] * 1/(1 + oDr)^(1:n_cycles - 1)

total_costs[i] <- sum(cycle_costs[treatment = i, -1])

total_QALYs[i] <- sum(cycle_QALYs[treatment = i, -1])
}</pre>
```

The cost, QALY, LE, LY and QALE at each cycle are calculated as the p\_matrix is updated at each iteration of the loop.

#### 8.7 Plot results

8

The point is further to the right and lower meaning it is less costly and more effective than in the previous analysis.

## 8.8 Age-dependent probability matrix

Now extend the p\_matrix\_cycle() function to include a dependence on age as well as cycle. The additional code looks like the following:

```
age\_grp < - cut(age, breaks = c(34,44,54,64,74,84,100))
  # map an age group to a probability
  tpDn <- tpDn_lookup[age_grp]</pre>
  # Matrix containing transition probabilities for without_drug
 p_matrix["Asymptomatic_disease", "Progressive_disease", "without_drug"] <- tpProg*cycle</pre>
  \verb|p_matrix["Asymptomatic_disease", "Dead", "without_drug"] <- tpDn|
 p_matrix["Asymptomatic_disease", "Asymptomatic_disease", "without_drug"] <- 1 - tpProg*cycle - tpDn p_matrix["Progressive_disease", "Dead", "without_drug"] <- tpDcm + tpDn p_matrix["Progressive_disease", "Progressive_disease", "without_drug"] <- 1 - tpDcm - tpDn
  p_matrix["Dead", "Dead", "without_drug"] <- 1</pre>
  # Matrix containing transition probabilities for with_drug
 p_matrix["Asymptomatic_disease", "Progressive_disease", "with_drug"] <- tpProg*(1 - effect)*cycle
  p_matrix["Asymptomatic_disease", "Dead", "with_drug"] <- tpDn</pre>
  p_matrix["Asymptomatic_disease", "Asymptomatic_disease", "with_drug"] <-
    1 - tpProg*(1 - effect)*cycle - tpDn
  {\tt p\_matrix["Progressive\_disease", "Dead", "with\_drug"] <- tpDcm + tpDn}
 p_matrix["Progressive_disease", "Progressive_disease", "with_drug"] <- 1 - tpDcm - tpDn</pre>
  p_matrix["Dead", "Dead", "with_drug"] <- 1</pre>
  return(p_matrix)
}
   To run the model use the following.
for (i in 1:n_treatments) {
  age <- Initial_age
  for (j in 2:n_cycles) {
    p_matrix <- p_matrix_cycle(p_matrix, age, j - 1)</pre>
    pop[, cycle = j, treatment = i] <-</pre>
       pop[, cycle = j - 1, treatment = i] %*% p_matrix[, , treatment = i]
    trans[, cycle = j, treatment = i] <-</pre>
     pop[, cycle = j - 1, treatment = i] %*% (trans_c_matrix * p_matrix[, , treatment = i])
    age <- age + 1
  cycle_state_costs[i, ] <-</pre>
   (state_c_matrix[treatment = i, ] ** pop[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 1)
  # discounting at _previous_ cycle
  cycle_trans_costs[i, ] <-</pre>
    (c(1,1,1) \%\% trans[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 2)
  cycle_costs[i, ] <- cycle_state_costs[i, ] + cycle_trans_costs[i, ]</pre>
```

```
LE[i, ] \leftarrow c(1,1,0) %*% pop[, , treatment = i]
  LYs[i, ] <- LE[i, ] * 1/(1 + oDr)^{(1:n_cycles - 1)}
  cycle_QALE[i, ] <-</pre>
    state_q_matrix[treatment = i, ] %*% pop[, , treatment = i]
  cycle_QALYs[i, ] \leftarrow cycle_QALE[i, ] * 1/(1 + oDr)^(1:n_cycles - 1)
  total_costs[i] <- sum(cycle_costs[treatment = i, -1])</pre>
  total_QALYs[i] <- sum(cycle_QALYs[treatment = i, -1])</pre>
}
## Plot results ----
# Incremental costs and QALYs of with_drug vs to without_drug
c_incr <- total_costs["with_drug"] - total_costs["without_drug"]</pre>
q_incr <- total_QALYs["with_drug"] - total_QALYs["without_drug"]</pre>
## what the incremental cost effectiveness ratio?
ICER <-
  plot(x = q_incr/n_pop, y = c_incr/n_pop,
       xlim = c(0, 1500/n_{pop}),
       ylim = c(0, 12e6/n_pop),
       pch = 16, cex = 1.5,
       xlab = "QALY difference",
       ylab = "Cost difference (£)",
       frame.plot = FALSE)
abline(a = 0, b = 30000) # Willingness-to-pay threshold
```

The point is closer to the origin. It slightly less costly and less effective than the previous analysis.

### 8.9 Probability Sensitivity Analysis (PSA)

The formulation in the previous section can be extended to include uncertainty about one or more of the parameters. Briggs (2000) describe this for the current model by repeating the analytical solution of the model employing different values for the underlying parameters sampled from specified ranges and distributions. Sensitivity analyses can be performed one at a time (one-way) or for multiple parameters simultaneously (multi-way). This section presents a multi-way probabilistic sensitivity analysis.

Performing a PSA analysis can be done by inputting random draws from the unit costs and QALY distributions as inputs to the existing model function. In R, there are numerous ways of implementing a PSA. Following from the R code presented in the previous sections, we can wrap this model code in a function, e.g. called ce\_markov(), which we can then repeatedly call with different parameter values. To this we will need to pass the starting conditions: population (start\_pop), age (init\_age) and number of cycles (n\_cycle) (in our case, if not defined then age and number of cycles are assigned default values). We will also need the probability transition matrix (p\_matrix), state cost and QALY matrices (state\_c\_matrix, state\_q\_matrix, trans\_c\_matrix).

In extension to the first analysis, the unit values have distributions rather than point values. To sample from a base R distribution the function name syntax is a short form version of the distribution name preceded by and r (for random or realisation). For example, to sample from a normal distribution then call rnorm(). We could sample all of the random numbers before running the model which would allow us to save them to use again and improve run time because this would only be performed once outside of the main loop. Alternatively, we can sample the random variables at runtime, within the Markov model function. This is arguably neater and if we wish to replicate a particular run then we can set the random seed beforehand with set.seed(). We will demonstrate how to implement a simple version when sampling at runtime.

```
ce_markov <- function(start_pop,</pre>
                       p_matrix,
                       state_c_matrix,
                       trans_c_matrix,
                       state_q_matrix,
                       n_{cycles} = 46,
                       init_age = 55,
                       s_names = NULL,
                       t_names = NULL) {
  n_states <- length(start_pop)</pre>
  n_treat <- dim(p_matrix)[3]</pre>
  pop <- array(data = NA,</pre>
                dim = c(n_states, n_cycles, n_treat),
                dimnames = list(state = s_names,
                                 cycle = NULL,
                                 treatment = t_names))
  trans <- array(data = NA,
                  dim = c(n_states, n_cycles, n_treat),
                  dimnames = list(state = s_names,
                                   cycle = NULL,
                                   treatment = t_names))
  for (i in 1:n_states) {
    pop[i, cycle = 1, ] <- start_pop[i]</pre>
  cycle_empty_array <-
    array(NA,
          dim = c(n_treat, n_cycles),
          dimnames = list(treatment = t_names,
                            cycle = NULL))
  cycle_state_costs <- cycle_trans_costs <- cycle_empty_array</pre>
  cycle_costs <- cycle_QALYs <- cycle_empty_array</pre>
  LE <- LYs <- cycle_empty_array
                                    # life-expectancy; life-years
  cycle_QALE <- cycle_empty_array # galy-adjusted life-years</pre>
  total_costs <- setNames(rep(NA, n_treat), t_names)</pre>
  total_QALYs <- setNames(rep(NA, n_treat), t_names)</pre>
```

```
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```

}

```
for (i in 1:n_treat) {
  age <- init_age</pre>
  for (j in 2:n_cycles) {
    # difference from point estimate case
    # pass in functions for random sample
    # rather than fixed values
    p_matrix <- p_matrix_cycle(p_matrix, age, j - 1,</pre>
                                 tpProg = tpProg(),
                                 tpDcm = tpDcm(),
                                 effect = effect())
    # Matrix multiplication
    pop[, cycle = j, treatment = i] <-</pre>
      pop[, cycle = j - 1, treatment = i] %*% p_matrix[, , treatment = i]
    trans[, cycle = j, treatment = i] <-</pre>
   pop[, cycle = j - 1, treatment = i] %*% (trans_c_matrix * p_matrix[, , treatment = i])
    age <- age + 1
  cycle_state_costs[i, ] <-</pre>
  state_c_matrix[treatment = i, ] %*% pop[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 1)
  cycle_trans_costs[i, ] <-</pre>
    (c(1,1,1) \% \% trans[, , treatment = i]) * 1/(1 + cDr)^(1:n_cycles - 2)
  cycle_costs[i, ] <- cycle_state_costs[i, ] + cycle_trans_costs[i, ]</pre>
  LE[i, ] \leftarrow c(1,1,0) \%\% pop[, , treatment = i]
  LYs[i, ] <- LE[i, ] * 1/(1 + oDr)^{(1:n_cycles - 1)}
  cycle_QALE[i, ] <-</pre>
  state_q_matrix[treatment = i, ] %*% pop[, , treatment = i]
  cycle_QALYs[i, ] <- cycle_QALE[i, ] * 1/(1 + oDr)^(1:n_cycles - 1)</pre>
  total_costs[i] <- sum(cycle_costs[treatment = i, -1])</pre>
  total_QALYs[i] <- sum(cycle_QALYs[treatment = i, -1])</pre>
}
list(pop = pop,
     cycle_costs = cycle_costs,
     cycle_QALYs = cycle_QALYs,
     total_costs = total_costs,
     total_QALYs = total_QALYs)
```

Because we will want to sample more than once, rather than just once at the start of the simulation, we can wrap the random sampling statements in a function so that they are called newly every time the Markov model is run. So, using the same names as we used for the point values in the previous analysis

# replace point values with functions to random sample

```
cAsymp <- function() rnorm(1, 500, 127.55)
cDeath <- function() rnorm(1, 1000, 255.11)
cDrug <- function() rnorm(1, 1000, 102.04)
cProg <- function() rnorm(1, 3000, 510.21)
effect <- function() rnorm(1, 0.5, 0.051)
tpDcm <- function() rbeta(1, 29, 167)
tpProg <- function() rbeta(1, 15, 1506)
uAsymp <- function() rbeta(1, 69, 4)
uProg <- function() rbeta(1, 24, 8)</pre>
```

Similarly, rather than using fixed state\_c\_matrix, trans\_c\_matrix and state\_q\_matrix, if we define these as functions, we can sample newly their component values each time they are called. In practice, the code looks the same as previously but now the unit values are function calls so are followed by open and closed brackets.

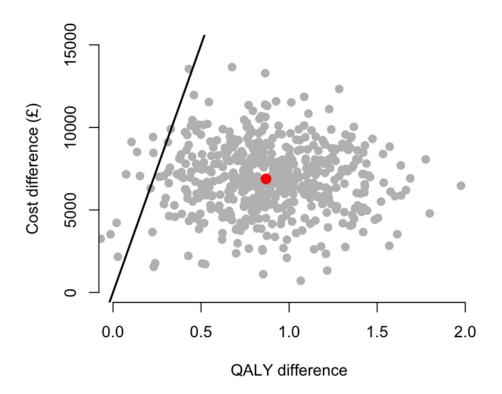
```
# Define cost and QALYs as functions
state_c_matrix <- function() {</pre>
  matrix(c(cAsymp(), cProg(), 0,
                                            # without drug
           cAsymp() + cDrug(), cProg(), 0), # with drug
           byrow = TRUE,
           nrow = n_treatments,
           dimnames = list(t_names,
                            s_names))
}
state_q_matrix <- function() {</pre>
  matrix(c(uAsymp(), uProg(), 0, # without drug
           uAsymp(), uProg(), 0), # with drug
         byrow = TRUE,
         nrow = n_{treatments}
         dimnames = list(t_names,
                         s_names))
}
trans_c_matrix <- function() {</pre>
  matrix(c(0, 0, 0,
                        # Asymptomatic_disease
           0, 0, cDeath(), # Progressive_disease
                            # Dead
           0, 0, 0),
         byrow = TRUE,
         nrow = n_states,
         dimnames = list(from = s_names,
                         to = s_names)
}
```

#### 8.9.1 Run PSA analysis

To finally obtain the PSA output, loop over ce\_markov() remembering to record the cost and QALYs outputs each time.

#### 8.9.2 Plot results

We can use the same code as before because R is vectorised.



# Cost-Effectiveness Plane with\_drug vs without\_drug

