## Lecture

## Introduction to Markov Chain Monte Carlo methods

## **Learning Objectives**

After this session students should be able to:

- Describe MCMC simulation methods
- Compare and contrast MCMC and MC methods learnt in the previous lectures
- Describe the main methods available to check for convergence of MCMC simulations
- Explain the role of MC error in determining the effective sample size of an MCMC simulation

#### **Outline**

- Why do we need simulation methods for Bayesian inference?
- Sampling from posterior distributions using Markov chains
- Gibbs sampling
- Checking convergence of the MCMC simulations
- Checking efficiency of the MCMC simulations
- OpenBUGS demo

#### Why is computation important?

Bayesian inference centres around the posterior distribution

$$p(\theta|y) \propto p(y|\theta) \times p(\theta)$$

where  $\theta$  is typically a large vector of parameters  $\theta = \{\theta_1, \theta_2, ...., \theta_k\}$ 

- $p(y|\theta)$  and  $p(\theta)$  will often be available in closed form, but  $p(\theta|y)$  is usually not analytically tractable, and we want to
  - obtain marginal posterior  $p(\theta_i|y) = \int \int ... \int p(\theta|y) \ d\theta_{(-i)}$  where  $\theta_{(-i)}$  denotes the vector of  $\theta$ s excluding  $\theta_i$
  - ▶ calculate properties of  $p(\theta_i|y)$ , such as mean  $(=\int \theta_i p(\theta_i|y) d\theta_i)$ , tail areas  $(=\int_T^\infty p(\theta_i|y) d\theta_i)$  etc.
- → numerical integration becomes vital



## Monte Carlo integration

- We have already seen that Monte Carlo methods can be used to simulate values from prior distributions and from closed form posterior distributions
- If we had algorithms for sampling from arbitrary (typically high-dimensional) posterior distributions, we could use Monte Carlo methods for general Bayesian inference

# How do we sample from non-conjugate and high-dimensional posteriors?

- We want samples from joint posterior distribution  $p(\theta|y)$
- Independent sampling from  $p(\theta|y)$  may be difficult
- **BUT** dependent sampling from a Markov chain with  $p(\theta|y)$  as its stationary (equilibrium) distribution is easier
- A sequence of random variables  $\theta^{(0)}, \theta^{(1)}, \theta^{(2)}, ...$  forms a Markov chain if  $\theta^{(i+1)} \sim p(\theta|\theta^{(i)})$ 
  - i.e. conditional on the value of  $\theta^{(i)}$ ,  $\theta^{(i+1)}$  is independent of  $\theta^{(i-1)}, \dots, \theta^{(0)}$

## Sampling from the posterior using Markov chains

Several standard 'recipes' available for designing Markov chains with required stationary distribution  $p(\theta|y)$ 

- Metropolis et al. (1953); generalised by Hastings (1970)
- Gibbs Sampling (see Geman and Geman (1984), Gelfand and Smith (1990), Casella and George (1992)) is a special case of the Metropolis-Hastings algorithm which generates a Markov chain by sampling from full conditional distributions
- See Gilks, Richardson and Spiegelhalter (1996) for a full introduction and many worked examples

## Gibbs sampling

Let our vector of unknowns  $\theta$  consist of k sub-components  $\theta = (\theta_1, \theta_2, \dots, \theta_k)$ 

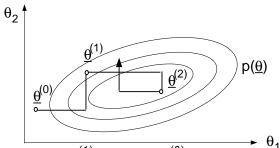
- 1) Choose starting values  $\theta_1^{(0)}, \theta_2^{(0)}, \dots, \theta_k^{(0)}$
- 2) Sample  $\theta_1^{(1)}$  from  $p(\theta_1|\theta_2^{(0)}, \theta_3^{(0)}, \dots, \theta_k^{(0)}, y)$ Sample  $\theta_2^{(1)}$  from  $p(\theta_2|\theta_1^{(1)}, \theta_3^{(0)}, \dots, \theta_k^{(0)}, y)$ :
  - Sample  $\theta_k^{(1)}$  from  $p(\theta_k | \theta_1^{(1)}, \theta_2^{(1)}, \dots, \theta_{k-1}^{(1)}, y)$
- 3) Repeat step 2 many 1000s of times
  - eventually obtain sample from  $p(\theta|y)$

The conditional distributions are called 'full conditionals' as they condition on all other parameters



## Gibbs sampling continued

Example with k=2



- Sample  $\theta_1^{(1)}$  from  $p(\theta_1|\theta_2^{(0)},y)$
- Sample  $\theta_2^{(1)}$  from  $p(\theta_2|\theta_1^{(1)},y)$
- Sample  $\theta_1^{(2)}$  from  $p(\theta_1|\theta_2^{(1)},y)$
- ...

 $heta^{(n)}$  forms a Markov chain with (*eventually*) a stationary distribution  $p(\theta|y)$ 

#### Initial values

- MCMC requires initial (starting) values to be specified for all unknown quantities
- OpenBUGS can automatically generate initial values using gen inits
  - these are generated from the prior distribution for each variable
- OK if have informative priors
- If have fairly 'vague' priors, better for user to provide reasonable values in a separate initial values list

Initial values list can be after model description or in a separate file, e.g.

```
list(theta=0.1)
```

Note: initial values are just a starting point for the MCMC simulation, they are not priors

## Using MCMC methods

#### There are two main issues to consider

- Convergence
  - ▶ how quickly does the distribution of  $\theta^{(t)}$  approach  $p(\theta|y)$ ?
- Efficiency
  - ▶ how well are functionals of  $p(\theta|y)$  estimated from  $\{\theta^{(t)}\}$ ?

## Checking convergence

This is the users responsibility!

- Note: Convergence is to target distribution (the required posterior), not to a single value
- Once convergence reached, samples should look like a random scatter about a stable mean value

#### Convergence diagnosis

- How do we know we have reached convergence?
  - i.e. how do we know the number of 'burn-in' iterations?
- Many 'convergence diagnostics' exist, but none foolproof
- CODA and BOA software contain large number of diagnostics

#### Brooks-Gelman-Rubin (bgr) diagnostic

- Multiple (≥ 2) runs
- Widely differing starting points
- Convergence assessed by quantifying whether sequences are much further apart than expected based on their internal variability
- Diagnostic uses components of variance of the multiple sequences

#### Example of checking convergence

Consider the following response rates for different doses of a drug (similar to example from Practical 3 last week)

dose $x_i$	No. subjects $n_i$	No. responses $r_i$
1.69	59	6
1.72	60	13
1.75	62	18
1.78	56	28
1.81	63	52
1.83	59	53
1.86	62	61
1.88	60	60

Fit a logistic regression (uncentred analysis)

$$r_i \sim {\sf Binomial}(p_i, n_i)$$
  
 ${\sf logit}\ p_i = \alpha + \beta x_i$   
 $\alpha \sim {\sf N}(0, 10000)$   $\beta \sim {\sf N}(0, 10000)$ 

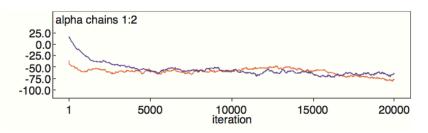
#### Checking convergence with multiple runs

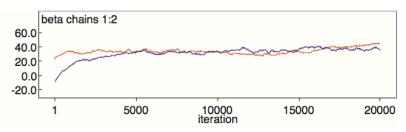
Set up multiple initial value lists, e.g.

```
list(alpha=-100, beta=100)
list(alpha=100, beta=-100)
```

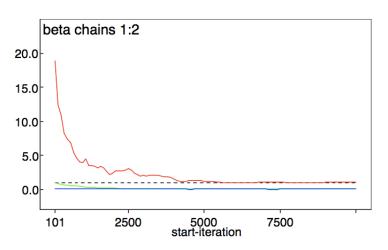
- Before clicking compile, set num of chains to 2
- Load both sets of initial values
- Monitor from the start of sampling
- Visually inspect trace/history plots to see if chains are overlapping
- Assess how much burn-in needed using the bgr statistic
- Check autocorrelation, as high autocorrelation is symptom of slow convergence

#### History plots for 'un-centred' analysis





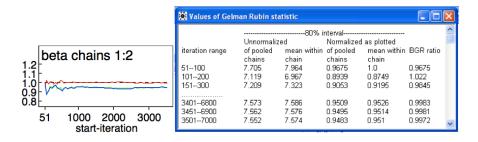
## bgr plot for uncentred analysis



#### Discard first 10,000 iterations as burn-in

node mean sd MC error 2.5% median 97.5% start sample beta 33.36 3.00 0.2117 28.18 33.5 38.33 10001 20000

## BGR convergence diagnostic in OpenBUGS



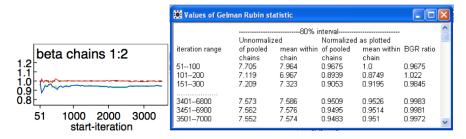
#### Interpreting the bgr statistics

#### When convergence is reached:

- Green: width of 80% intervals of pooled chains: should be stable
- Blue: average width of 80% intervals for chains: should be stable
- Red: ratio of pooled/within: should be near 1

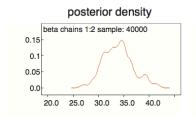


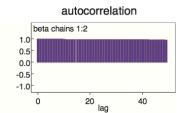
## BGR convergence diagnostic in OpenBUGS



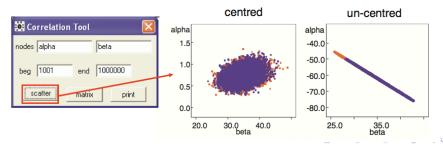
- OpenBUGS splits iterations into multiple overlapping intervals, calculates bgr statistics for each interval, and plots them against starting iteration of interval
  - approximate convergence can be 'read off' plot as iteration after which red bgr ratio line stabilises around 1, and blue and green 80% interval lines stabilise to approximately constant value (not necessarily 1)
- In OpenBUGS, right-click on the plot, select *Properties*, then click on *Data* gives values of statistics

#### Output for 'un-centred' analysis





#### bivariate posteriors

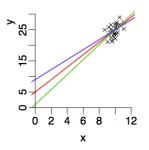


Re-fit same logistic regression, but with centred covariate

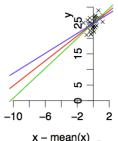
$$r_i \sim \text{Binomial}(p_i, n_i)$$
 $\log p_i = \alpha^* + \beta(x_i - \bar{x})$ 
 $\alpha^* \sim \text{N}(0, 10000)$ 
 $\beta \sim \text{N}(0, 10000)$ 

Note:  $\alpha^* = \alpha + \beta \bar{x}$ 

 $\alpha$  = value at which regression line crosses y-axis at x=0

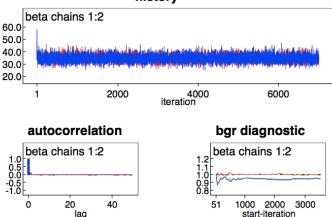


 $\alpha^*$  = value at which regresison line crosses y-axis at x=mean(x)



## Output for 'centred' analysis





#### Discard first 1,000 iterations as burn-in

node	mean	sd	MC error	2.5%	median	97.5%	start	sample
beta	34.6	2.93	0.0298	29.17				12000

## OpenBUGS steps

- Load data files
- Load multiple initial values files
- Visually inspect trace plots
- Check bgr diagnostics
- Check autocorrelation plots
- Discard burn-in samples

## How many iterations after convergence?

- After convergence, further iterations are needed to obtain samples for posterior inference
- More iterations = more accurate posterior estimates
- MCMC samples are usually autocorrelated so effective sample size < actual sample size</li>

#### Effective sample size and MC error

- Monte Carlo standard error (MCSE) = standard error of the mean of the posterior samples of  $\theta$  as estimate of theoretical posterior expectation,  $\mathbb{E}(\theta|y)$
- With independent samples, MCSE<sup>ind</sup> =  $s/\sqrt{N}$ , where s = posterior SD of  $\theta$  and N = sample size
- With autocorrelated samples, calculation of MCSE<sup>ac</sup> also depends on the autocorrelation
  - $\rightarrow$  MCSE<sup>ac</sup> > MCSE<sup>ind</sup>
- An estimate of the effective sample size, N\* of an autocorrelated chain can be obtained as

$$N^* = (s/\text{MCSE}^{ac})^2$$

- ▶ so, if MCSE<sup>ac</sup>  $\approx 0.05s \Rightarrow N^* \approx 1/0.05^2 = 400$
- ▶ so, if MCSE<sup>ac</sup>  $\approx 0.015s \Rightarrow N^* \approx 1/0.015^2 = 4444$
- ▶ so, if MCSE<sup>ac</sup>  $\approx 0.01s \Rightarrow N^* \approx 1/0.01^2 = 10000$

## Deciding if your posterior sample size is large enough

- Relationship between posterior SD and MC error (previous slide) implies general rule for determining posterior sample size
  - ightharpoonup after convergence, run MCMC simulation until the MC error  $\approx$  2 orders of magnitude smaller than the posterior SD
  - $\Rightarrow$  posterior summaries will be based on effective sample size of  $\approx\!10,\!000$

#### Output from logistic regression model with uncentred covariate

```
        node
        mean
        sd
        MC error 2.5%
        median
        97.5%
        start sample

        beta
        33.36
        3.00
        0.2117
        28.18
        33.5
        38.33
        10001
        20000
```

(MC error)/(sd) = 0.2117/3.00 = 0.07, so effective sample size  $\approx 1/0.07^2 = 204$ 

#### Output from logistic regression model with centered covariate

```
node
      mean
            sd
                  MC error 2.5%
                                  median
                                           97.5%
                                                  start sample
                  0.0298
bet.a
      34.6
            2.93
                           29.17
                                  34.54
                                           40.6
                                                  1001
                                                        12000
```

(MC error)/(sd) = 0.0298/2.93 = 0.01, so effective sample size  $\approx 1/0.01^2 = 10,000$ 

## Key References and Further Reading

Brooks, SP (1998). Markov chain Monte Carlo method and its application. *The Statistician*, **47**, 69-100.

Brooks, SP and Gelman, A (1998). Alternative methods for monitoring convergence of iterative simulations. *Journal of Computational and Graphical Statistics*, **7**, 434-455.

Casella, G and George, El (1992). Explaining the Gibbs sampler. *The American Statistician*, **46**, 167–174.

Cowles, MK and Carlin, BP (1996) Markov chain Monte Carlo convergence diagnostics: a comparative review. *Journal of the American Statistical Association*, **91**, 883–904.

Spiegelhalter, DJ, Gilks, WR and Richardson, S (1996). *Markov chain Monte Carlo in Practice*, Chapman & Hall, London.