**APPENDIX 3: QUESTIONNAIRE FOR FRONT LINE WORKERS**

I am Theodora Ntiriwaa, a student from the university of Ghana Business School and in partial fulfilment of the requirement of the award of Master’s Degree in Clinical Leadership and Management , I am undertaking a study titled “ **Challenges faced by healthcare professionals during the COVID -19 pandemic. A comparative study of the Police and 37 Military Hospital”**. I will be very grateful if you could kindly devote a little of your time to answer these questions.

It is purely for academic purposes. Your honest opinion are highly welcome. Your support and cooperation is very much anticipated and your responses will be treated with maximum confidentiality.

Thank you.

SECTION A: DEMOGRAPHICAL DATA

1. Age
2. 19-24years ( ) B. 25-29years ( ) C. 30-34years ( ) D. 35-40years E. 41-45years ( ) F. Above 45years ( )
3. Gender:
4. Male ( ) B. Female ( )
5. Marital status:
6. Married ( ) B. Single ( ) C. Divorced ( ) D. Living together ( )
7. Professional background
8. Doctor ( ) B. Nurse ( ) C. Allied Health professional ( ) D. Field staff ( ) E. Nursing Aid ( ).
9. Religious Background
10. Christianity ( ) B. Islamic religion ( ) C. Traditional religion ( ) D. Others ( ) ( please specify ) ………………….
11. Number of hours worked per week?

<20

20–40

41–60

>60

1. Years of work experience \*

\_

1. Are you in a leadership role \*

*Mark only one oval.*

Yes Health Professional

No Health Professional

1. Are you currently on medication for any chronic illnesses? \*

*Mark only one oval.*

Yes Health Professional

No Health Professional

1. What is your predominant emotion during the COVID-19 pandemic? \*

Mark only one oval.

Happy Health Professional

Sad Professional

Fearful Professional

Anxious Health Professional

Other:

1. Can you write some thoughts that came to your mind? \*
2. Have you been experiencing fear in the COVID-19 pandemic? \*

*Mark only one oval.*

Almost

Sometimes

Often

Almost Always

1. How worried were you during the COVID-19 pandemic? \*

*Mark only one oval.*

Almost Never Sometimes Often

Almost always

1. Have you been experiencing sleepless nights in the COVID-19 pandemic? \*

*Mark only one oval.*

Almost

Never

Sometimes

Often

Almost Always

1. Have you been anxious about things around you in the COVID-19 pandemic? \*

*Mark only one oval.*

Almost

Never

Sometimes

Often

Almost Always

1. Are/Were you experiencing stress in your work place during this pandemic? \*

*Mark only one oval.*

Almost

Never

Sometimes

Often

Almost always

1. Are/Were you experiencing stress at your home because this pandemic? \*

*Mark only one oval.*

Almost

Never

Sometimes

Often

Almost always

1. Are/Were you scared that you may/might die if you continue/d to work during this pandemic?

*Mark only one oval.*

Yes

No

1. Are/Were you scared to come to work during the COVID-19 days?

*Mark only one oval.*

Yes

No

Occasionally

1. Have you ever thought of ending your life because of these unpleasant situations due to the pandemic?

*Mark only one oval*

Almost never

Sometimes

Often

Almost always

1. What do you do to overcome these unpleasant experiences?

*Mark only one oval*

Talking to friends/colleague

Get involved in favorite hobbies

Pray or spend time in religious activities

Spend time with family

Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Which of the following caused the most stress during the COVID-19 pandemic?

*Mark only one oval*

Exposure or infection to the virus

Restrictions associated to the pandemic

Death or illness of patients/coworkers/loved ones

Work-related problems

Stressors related to PPEs/supplies

Family/community opinions related to

COVID-19

Politicization of the pandemic

1. Can you describe some of your positive thoughts?

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1. Can you write two reasons you are grateful for?

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1. Can you write two reasons (COVID-19 related) which causes most stress?

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