## CAUSES OF BIPOLAR DISORDER



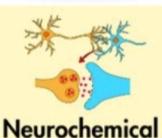
Genetic predisposition: Family history increases susceptibility.



factors: Stressful life events or trauma.



abuse: Alcohol or drug misuse triggering episodes.



imbalances:

Fluctuations in neurotransmitters like serotonin and dopamine.



Seasonal changes:

Some individuals experience mood shifts with changing seasons.



Childhood trauma:

Adverse childhood experiences impacting mental health later in life.