



## Kirishna Saleem

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### SUMMARY

- Comprehensive knowledge of different therapies and various treatment procedures
- Proven ability to use medical instruments and provide first aid to emergency department patients
- Capable of working with medical equipment like IABP, ECMO and CRRT to provide timely healthcare
- Hands-on experience of handling patients with valve replacements, cardiac surgery, heart transplants, CT surgery, and post cardiogenic shocks
- Record patient data in computerized system to access it from database when required
- Strong ability to manage multiple tasks and attend to different patient needs
- Team player with excellent interpersonal skills

### KEY QUALIFICATIONS:

- Direct patient care
- Nursing process and documentation.
- Patient rights and safety.
- Problem solving.
- Quality assurance.
- Educational and professional development
- Written and verbal communication Skills
- Qualification and experience

### EMPLOYMENT HISTORY:

Home care Nurse (Private)

**Al Nahda 1 Dubai, United Arab Emirates,**

**Join 1<sup>st</sup> May 2022 to till date .**

Emergency Department & OBG - Clinical Nurse  
**Alfalah Hospital Riyadh**

**October 2020 – December 2022**  
**Saudi Arabia.**

Dental Department - In-charge Nurse  
**Alfalah Hospital Riyadh**

**March 2018 – Sep. 2020**  
**Saudi Arabia.**

Nero Surgical ward - Registered Nurse  
**Liaquat National Hospital,**

**October 2013 - Feb. 2018**  
**Karachi, Pakistan.**

### PROFESSIONAL EXPERIENCE:

- Monitoring and caring for pre & post OBG surgery patients
- Implementing plans for patient care by providing nursing aid to 10 + patients daily
- Understand and follows hospital and Nursing Department Policies protocol and guidelines.
- Application and execution of Nursing Techniques and procedures aseptic technique and standard precautions to all procedures like blood extraction, wound dressing and IV-line Insertion Blood.
- Documents all aspects of nursing techniques and procedures pre-operative and post-operative pre- and post-procedures like Angiogram and CT scan.
- Maintain an open environment for patient, staff and visitors.
- Maintain an open environment, which enhances Transcultural care.
- Maintain confidentiality of all patient care treatment and written medical records.
- Report patient information to all appropriate chain of authority.
- Assume responsibility for own nursing acts.
- Take necessary care of equipment on wards, unit and assist in maintenance of supplied.
- Maintain effective interpersonal relationship in a professional manner to all health care team members of a multinational work force.
- Perform duties relevant to routine unit activities, assisting patient in personal hygiene, feeding, administration of drugs including narcotic, liaising with others paramedical team.
- Provide comprehensive Nursing care and establish standards of practice using the Nursing process.
- Assist with the quality management of the unit.

- Adhering to safety precautions for complex heart surgeries and assisting cardiac surgeons in the operation theater
- Assessing medical status of patients pre- and post-operation by checking vital parameters and supervising food intake as per doctor's prescription
- Following nursing care standards for cardiac treatments and making operation theater ready prior to scheduled surgery
- Maintaining and sterilizing medical instrument and equipment for surgeries
- Educating family members on patient's illness and care to be taken post-surgery and transplant

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#### CASES HANDLED:

- ❖ Care of pre- and post-cardio Thoracic patient.
- ❖ Care of the patient inters costal chest drain.
- ❖ Care of the patient temporary and permanent pace maker.
- ❖ Assist the doctor inter costal tube insertion
- ❖ Display competency in operation of the following machines.
  - 12 lead ECG machine.
  - Cardiac Monitor and Data Scope.
  - Baxter IV pump single channel and multi-channel
  - Gluco Meter Machine.
  - ACT Machine.

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#### EDUCATION:

<b>BScN</b>	<b>St. James College Karachi, Pakistan</b> 2 years Degree	September, 2016
<b>General Nursing</b>	<b>Civil Hospital Karachi, Pakistan</b> 3 Years Diploma	September, 2012
<b>Midwifery</b>	<b>Baqai Hospital Karachi</b> 1-year Diploma	September, 2013

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#### AFFLICTIONS & REGISTRATIONS:

- 1) Pakistan Nursing Council, 5 June 2016 – **Registration No A-67563**
- 2) Saudi Commission of Health Services - **18-R-N-0020862**
- 3) Kingdom of Saudi Arabia- Ministry of interior - **# 2454091949**

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#### LANGUAGE:

Arabic, Urdu, Hindi and English

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#### PERSONAL DETAILS:

Date of Birth: October 12, 1988,	Gender: Female
Marital Status: Single	Nationality: Pakistani
Pakistani ID #: 33301-7527439-8	Employee No: 4223
Blood Group: A+ve	

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#### ADDRESS:

##### PRESENT ADDRESS:

Flat # 1203 12<sup>th</sup> floor Al sidra Buliding, Al Qusais 28<sup>th</sup>  
St Al Nahda 1 Deira Dubai. United Arab Emirates.

##### PERMANENT ADDRESS:

Karachi. Pakistan