

## Form B6: BEHAVIORAL ASSESSMENT — Geriatric Depression Scale (GDS)<sup>1</sup>

ADRC name: \_\_\_\_\_ Participant ID: \_\_\_\_\_ Form date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Visit #: \_\_\_\_\_ Examiner's initials: \_\_\_\_\_

*INSTRUCTIONS: This form is to be completed by the clinician or other trained health professional, based on participant response. For additional clarification and examples, see UDS Coding Guidebook for Initial Visit Packet, Form B6. Check only one answer per question.*

☐ Check this box and enter "88" below for the Total GDS Score **if and only if the participant:** 1.) does not attempt the GDS, or 2.) answers fewer than 12 questions.

**Instruct the participant:** "In the next part of this interview, I will ask you questions about your feelings. Some of the questions I will ask you may not apply, and some may make you feel uncomfortable. For each question, please answer "yes" or "no," depending on how you have been feeling **in the past week, including today.**"

	Yes	No	Did not answer
1. Are you basically satisfied with your life?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 9
2. Have you dropped many of your activities and interests?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
3. Do you feel that your life is empty?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
4. Do you often get bored?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
5. Are you in good spirits most of the time?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 9
6. Are you afraid that something bad is going to happen to you?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
7. Do you feel happy most of the time?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 9
8. Do you often feel helpless?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
9. Do you prefer to stay at home, rather than going out and doing new things?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
10. Do you feel you have more problems with memory than most?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
11. Do you think it is wonderful to be alive now?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 9
12. Do you feel pretty worthless the way you are now?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
13. Do you feel full of energy?	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 9
14. Do you feel that your situation is hopeless?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
15. Do you think that most people are better off than you are?	<input type="checkbox"/> 1	<input type="checkbox"/> 0	<input type="checkbox"/> 9
16. Sum all checked answers for a Total GDS Score ( <i>max score = 15; did not complete = 88</i> )	_____		

<sup>1</sup>Sheikh JI, Yesavage JA. Geriatric Depression Scale (GDS): Recent evidence and development of a shorter version. Clinical Gerontology: A Guide to Assessment and Intervention 165–173. NY: The Haworth Press, 1986. Reproduced by permission of the publisher.