You are given a string. Your task is to find the number of vowels that are places between two consonants.  
The following letters are vowels: 'a', 'e','i', 'o', 'u' (and their uppercase versions).

**Example:**

PlayfulVowel("How are you?") = 1

The only vowel between two consonants is'o' at the 1st position (0-based).

* **[input] string characters**
* **[output] integer**

<https://codefights.com/challenge/8nKAyEm5rkWkqgWku>

int PlayfulVowel(std::string characters) {

 std::string vocales = "aeiouAEIOU";

    int cont = 0;

    for(int i = 1; i < characters.size() - 1; i++) {

        if(vocales.find(characters[i]) != std::string::npos){//esvocal

           if(

            (vocales.find(characters[i-1]) == std::string::npos) &&

            (vocales.find(characters[i+1]) == std::string::npos) &&

            characters[i-1] != ' ' &&characters[i+1] != ' ')

            {

                cont++;

            }

        }

    }

    return cont;

}