

Travel Itinerary

Dallas, Texas → Tokyo

****Travel Dates:**** February 01, 2026 to February 07, 2026

****Expected Temperature:**** 3-10°C / 37-50°F

****Weather:**** Cool and mostly clear, with occasional clouds and low chances of rain

****What to Wear:**** Layered clothing (long-sleeve shirts, sweaters, and a warm jacket), comfortable walking shoes, and a scarf or hat for extra warmth. Modest clothing is suitable for visiting shrines and temples.

Day 1

****Morning:****

- Arrive at Narita International Airport (NRT) and take the Narita Express train to Tokyo. Check into a budget-friendly hotel in Shinjuku or Asakusa.
- Grab breakfast at a local café, such as **Ain Soph. Journey**, known for its delicious vegan options.

****Afternoon:****

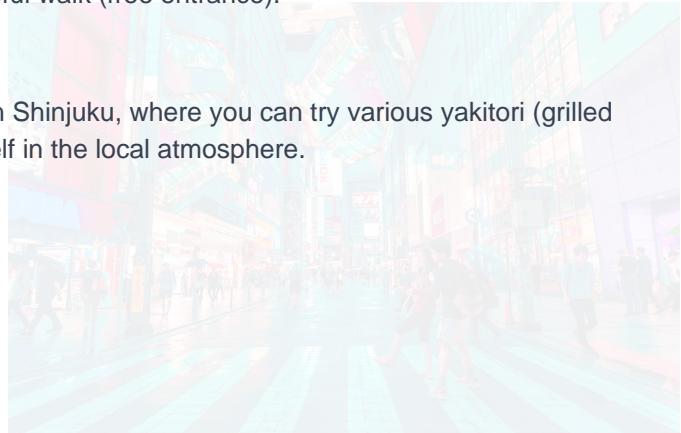
- Visit **Shinjuku Gyoen National Garden**, a beautiful park offering diverse landscapes, perfect for nature lovers. Explore the tranquil gardens and enjoy a peaceful walk (free entrance).

****Evening:****

- Enjoy dinner at **Omoide Yokocho** (Memory Lane) in Shinjuku, where you can try various yakitori (grilled chicken skewers) at affordable prices. Immerse yourself in the local atmosphere.

Day 2

****Morning:****



- Head to **Ueno Park**, another large public park featuring museums and a zoo. Spend time exploring the park and visit the **Tokyo National Museum** (entry fee around ¥620).

****Afternoon:****

- Explore **Ameyoko Market**, located near Ueno Park, for lunch. Try local street food like takoyaki (octopus balls) or taiyaki (fish-shaped pastries) while browsing through the market stalls.

****Evening:****

- Dine at **Ippudo Ramen** for a budget-friendly yet delicious bowl of ramen. Enjoy the cozy atmosphere and hearty meal.

Day 3

****Morning:****

- Take a day trip to **Nikko National Park**. Catch an early train from Tokyo to Nikko (approx. 2 hours). Visit the stunning **Toshogu Shrine** and explore the beautiful surroundings.

****Afternoon:****

- After visiting the shrine, hike around **Lake Chuzenji** and **Kegon Falls** for breathtaking views of nature. Pack a picnic lunch or buy something from a local vendor.

****Evening:****

- Return to Tokyo, and have a casual dinner at **Sushiro**, a conveyor-belt sushi chain that offers budget-friendly sushi options.

Day 4

****Morning:****

- Visit **Meiji Shrine**, a serene Shinto shrine surrounded by lush forest. Enjoy the peaceful atmosphere and take part in traditional purification rituals.



****Afternoon:****

- Stroll through **Harajuku**, visiting **Yoyogi Park** for a leisurely afternoon. Grab lunch at **Harajuku Gyoza Lou**, where you can enjoy affordable gyoza (dumplings).

****Evening:****

- Head to **Shibuya** for dinner at **Uobei Shibuya Dogenzaka**, a fun and budget-friendly conveyor-belt sushi restaurant. Experience the fast-paced sushi delivery system.

Day 5

****Morning:****

- Travel to **Mount Takao** (approx. 1 hour from Tokyo) for a day of hiking. Choose one of the trails with varying difficulty levels. Enjoy the fresh air and beautiful views.

****Afternoon:****

- Have lunch at the mountaintop restaurant or bring a bento box from a local convenience store. Explore the area and visit the **Yakuoin Temple** at the summit.

****Evening:****

- Return to Tokyo and enjoy dinner at **Curry House CoCo Ichibanya**, where you can customize your curry meal at budget-friendly prices.

Day 6

****Morning:****

- Explore **Asakusa**, visiting **Senso-ji Temple**, Tokyo's oldest temple. Spend time walking around the temple grounds and checking out the traditional shops on **Nakamise Street**.

****Afternoon:****

- Take a boat cruise on the **Sumida River** to enjoy views of the city from the water. Lunch at a nearby café or food stall.

****Evening:****

- Visit **Tokyo Skytree** for stunning panoramic views of the city at sunset (entry fee approx. ¥2,100). Have dinner at the **Solamachi Shopping Complex**, which has various budget-friendly dining options.

Day 7

****Morning:****

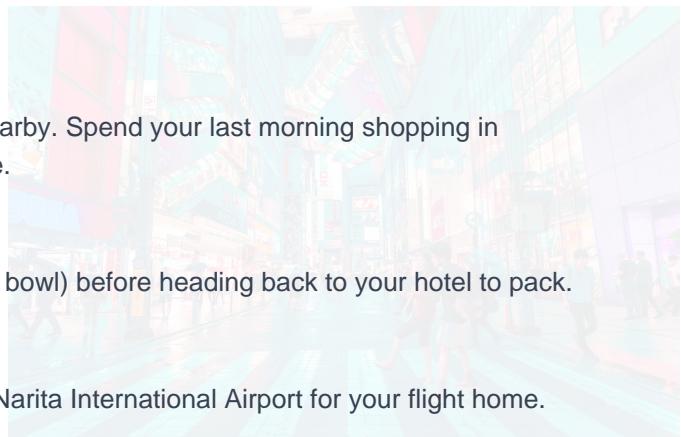
- Enjoy a leisurely breakfast at a café in your hotel or nearby. Spend your last morning shopping in **Akihabara**, known for electronics and anime culture.

****Afternoon:****

- Have lunch at **Matsuya** for affordable gyudon (beef bowl) before heading back to your hotel to pack.

****Evening:****

- Depart from Tokyo, taking the Narita Express back to Narita International Airport for your flight home.



Recommended Airlines

****American Airlines****

- Offers direct flights from Dallas to Tokyo, providing good service and competitive pricing.

****Japan Airlines****

- Known for excellent service and comfort, Japan Airlines frequently offers direct flights and has competitive fares.

****All Nippon Airways (ANA)****

- Offers direct flights with high-quality service and comfortable seating, making it a great value for travelers.

