

# Travel Itinerary

## Dallas, Texas → Tokyo

**\*\*Travel Dates:\*\*** February 01, 2026 to February 07, 2026

**\*\*Expected Temperature:\*\*** 3-10°C / 37-50°F

**\*\*Weather:\*\*** Cool and mostly clear, with occasional clouds and low chances of rain

**\*\*What to Wear:\*\*** Layered clothing (long-sleeve shirts, sweaters, and a warm jacket), comfortable walking shoes, and a scarf or hat for extra warmth. Modest clothing is suitable for visiting shrines and temples.

### Day 1

#### **\*\*Morning:\*\***

- Arrive at Narita International Airport (NRT) and take the Narita Express train to Tokyo. Check into a budget-friendly hotel in Shinjuku or Asakusa.
- Grab breakfast at a local café, such as **\*\*Ain Soph. Journey\*\***, known for its delicious vegan options.

#### **\*\*Afternoon:\*\***

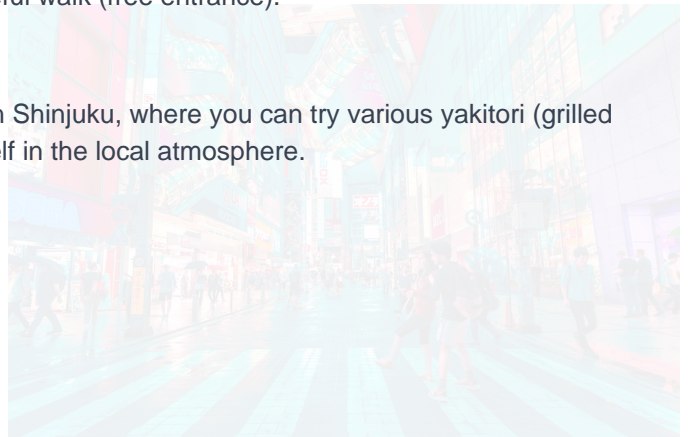
- Visit **\*\*Shinjuku Gyoen National Garden\*\***, a beautiful park offering diverse landscapes, perfect for nature lovers. Explore the tranquil gardens and enjoy a peaceful walk (free entrance).

#### **\*\*Evening:\*\***

- Enjoy dinner at **\*\*Omoide Yokocho\*\*** (Memory Lane) in Shinjuku, where you can try various yakitori (grilled chicken skewers) at affordable prices. Immerse yourself in the local atmosphere.

### Day 2

#### **\*\*Morning:\*\***



- Head to **Ueno Park**, another large public park featuring museums and a zoo. Spend time exploring the park and visit the **Tokyo National Museum** (entry fee around ¥620).

**Afternoon:**

- Explore **Ameyoko Market**, located near Ueno Park, for lunch. Try local street food like takoyaki (octopus balls) or taiyaki (fish-shaped pastries) while browsing through the market stalls.

**Evening:**

- Dine at **Ippudo Ramen** for a budget-friendly yet delicious bowl of ramen. Enjoy the cozy atmosphere and hearty meal.

## Day 3

**Morning:**

- Take a day trip to **Nikko National Park**. Catch an early train from Tokyo to Nikko (approx. 2 hours). Visit the stunning **Toshogu Shrine** and explore the beautiful surroundings.

**Afternoon:**

- After visiting the shrine, hike around **Lake Chuzenji** and **Kegon Falls** for breathtaking views of nature. Pack a picnic lunch or buy something from a local vendor.

**Evening:**

- Return to Tokyo, and have a casual dinner at **Sushiro**, a conveyor-belt sushi chain that offers budget-friendly sushi options.

## Day 4

**Morning:**

- Visit **Meiji Shrine**, a serene Shinto shrine surrounded by lush forest. Enjoy the peaceful atmosphere and take part in traditional purification rituals.

**Afternoon:**

- Stroll through **Harajuku**, visiting **Yoyogi Park** for a leisurely afternoon. Grab lunch at **Harajuku Gyoza Lou**, where you can enjoy affordable gyoza (dumplings).

**Evening:**

- Head to **Shibuya** for dinner at **Uobei Shibuya Dogenzaka**, a fun and budget-friendly conveyor-belt sushi restaurant. Experience the fast-paced sushi delivery system.



## Day 5

### **\*\*Morning:\*\***

- Travel to **\*\*Mount Takao\*\*** (approx. 1 hour from Tokyo) for a day of hiking. Choose one of the trails with varying difficulty levels. Enjoy the fresh air and beautiful views.

### **\*\*Afternoon:\*\***

- Have lunch at the mountaintop restaurant or bring a bento box from a local convenience store. Explore the area and visit the **\*\*Yakuoin Temple\*\*** at the summit.

### **\*\*Evening:\*\***

- Return to Tokyo and enjoy dinner at **\*\*Curry House CoCo Ichibanya\*\***, where you can customize your curry meal at budget-friendly prices.

## Day 6

### **\*\*Morning:\*\***

- Explore **\*\*Asakusa\*\***, visiting **\*\*Senso-ji Temple\*\***, Tokyo's oldest temple. Spend time walking around the temple grounds and checking out the traditional shops on **\*\*Nakamise Street\*\***.

### **\*\*Afternoon:\*\***

- Take a boat cruise on the **\*\*Sumida River\*\*** to enjoy views of the city from the water. Lunch at a nearby café or food stall.

### **\*\*Evening:\*\***

- Visit **\*\*Tokyo Skytree\*\*** for stunning panoramic views of the city at sunset (entry fee approx. ¥2,100). Have dinner at the **\*\*Solamachi Shopping Complex\*\***, which has various budget-friendly dining options.

## Day 7

### **\*\*Morning:\*\***

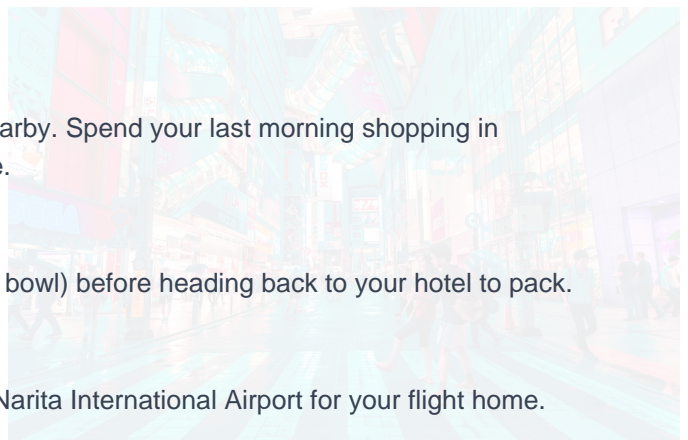
- Enjoy a leisurely breakfast at a café in your hotel or nearby. Spend your last morning shopping in **\*\*Akihabara\*\***, known for electronics and anime culture.

### **\*\*Afternoon:\*\***

- Have lunch at **\*\*Matsuya\*\*** for affordable gyudon (beef bowl) before heading back to your hotel to pack.

### **\*\*Evening:\*\***

- Depart from Tokyo, taking the Narita Express back to Narita International Airport for your flight home.



## ✈️ ■ Recommended Airlines

### **\*\*American Airlines\*\***

- Offers direct flights from Dallas to Tokyo, providing good service and competitive pricing.

### **\*\*Japan Airlines\*\***

- Known for excellent service and comfort, Japan Airlines frequently offers direct flights and has competitive fares.

### **\*\*All Nippon Airways (ANA)\*\***

- Offers direct flights with high-quality service and comfortable seating, making it a great value for travelers.

