

Welcome to my world...

Come on a journey of sharing the ONENESS of the eight dimensions of my total well-being and development. The energy that I link into for my total well-being and development, is the Octopus. This model of learning and teaching has been transmitted from our ancient ancestors Nga Potiki and Nga Uri-A-Maui, who have always lived here in New Zealand as Peace-keepers, and intermarried with our other ancestors who came to New Zealand in the Great Fleet from the Pacific Islands approximately a thousand years ago.

1. Te Ao Wairua / The Spiritual World

I am a Spirit having a physical journey. My spirit is made up of "two waters". One "water" Waiora, is directly linked into the Central Sun, the Divine Spark. Waituhi, the other "water" records everything that I do, whether it be good or bad. It is second nature for me to link in with the Divine Source from whence I came, in terms of communication through prayer, to ensure that I vibrate to Aroha the Presence and Breath of the Divine Source which is Unconditional Love. My day begins, flows, and ends with the Aroha I have for our Divine Source.

If I transgress I send all negative energy to the Rays of the Central Sun, to be dissipated, so that only Divine Essence returns. The ordinary meaning of the Māori word Rangatira is Esteemed Person, but the sacred meaning is RaNgatiRa... "Ra" means that we begin and end with the Central Sun, the Divine Spark. "Ngati" means we are the Living Breath. We call the whole of humanity, "Ngati Ra", and do not believe in separation.

Assessment: 10

2. Te Ao Turoa / The Physical World

My Physical Body is the "Kai Pupuri / the Keeper" of my Spirit, which is eternal. It also houses the Divine Mother Energy, on my left side, the Divine Child Energy/ Inner Universe, in the Centre, and the Divine Father Energy, on my right side. The Divine is within.

My body is sacred, particularly the Head and the Genital Region. I ensure that I have an alkaline diet, and I avoid processed foods and dairy products. I drink at least 2 litres of water an hour before breakfast, exercise regularly, and keep myself safe and happy. I also love myself a "miracle in expression", to the "enth" degree. I pay tribute to my Divine Parents, and Birth Parents for giving me life!

Assessment: 7-8

3. Te Ha a Koro Ma, A Kui Ma, Nga Taonga Tukuiho, The Treasures and Traditions that uphold my Cultural Identity

I treasure the strands of my cultural cloak. I love our songs, music, dances, stories, history, art forms, rituals of welcome and celebration. I celebrate and see each day as perfect, with song and laughter.

We are known as the finest social scientists, and conservationists across the world. We see ourselves as ONE with Papatuanuku our Earth Mother, and Rangi our Sky Father of the Far Flung Heavens. I celebrate the similarities and differences I have with other cultures, because I believe we are truly ONE, and are all Family. The "Hongi" (pressing of noses) in greeting, is a tradition that reminds us, that we are interrelated to all living things that exist!

Assessment: 8

4. Mana Motuhake/Individual Uniqueness, Vested Authority from the Divine Source, the Ancestors

I celebrate my absolute uniqueness... there has never been anyone else exactly like me, and there never will be. I have been given Divine Authority to stand in my own power and wisdom.

I was not put on this earth to be programmed by the State or Religion, consequently I am able to stand up against the odds, and for what I believe in. I was brought up to uphold the Spirit of Peace, Love, Joy and Truth, and to move into the principle of neutrality, when confronted by very challenging situations.

Assessment: 10

8. Mauri Ora / Psychological Life Force, Ethos

It is a challenge for me to find the English equivalent to this concept. At conception, the "mauri ora" comes in as absolutely unique to the individual, whereas the "wairua" that comes in, is eternal, and has been held by other people in the past. Positive energy can help a person's "mauri ora" to wax and not wane.

I am very wary of energies, and will generally only interact with people who have a positive affect on my "mauri ora", my psychological life force. When some people take medication, their psychic defenses can be weakened. I make sure that my "mauri ora" is steadfast, and that I am in control of any given situation that I find myself in.

When a person dies physically, the "mauri ora" changes status, and becomes an "awe/ soul energy", that can be grounded on this plane. When any loved ones die physically, I make sure to send both the "wairua" and "awe/ soul energy" of the person, HOME, to our Divine Source. The "mauri ora" is a Life Force that comes from the Central Sun the Divine Spark, and therefore needs to return home, alongside the "wairua".

Assessment: 8



Dr. Rangimarie Turuki Rose Pere will be opening Rights, Responsibilities & Respect. Don't miss this opportunity to hear from this incredible wisdom keeper.

7. Te Whatumanawa Karekare/ The Emotional... "All Seeing Eye Of the Heart"

I believe in expressing emotion, if it can help me to release tension, or express feelings from the heart. I am regarded as a Whaea / Mother, a Kuia / Grandmother, by people from all walks of life, all age groups, different cultures, different religions, who are not fearful of showing me how they truly feel. I have experienced big strong men weep and sob when releasing some form of trauma, with me as a "mother figure that they can trust!"

The energy that "one gives out is what one gets back!" Babies and children who have not been programmed by the State or Religion, can "read" us, and let us know exactly what they think and feel about us. I remember a five year old boy in a classroom kicking his teacher, when I was assessing her as a School Inspector, many years ago. The boy told his teacher, that she was "yucky", and that he hated her. The teacher went crimson, and felt embarrassed and absolutely helpless within the context! That was one time however, when I managed to remain neutral, and not show any emotion, although the child was absolutely right!!!

Assessment: 8

6. Hinengaro/ "The Hidden Mother", who is the Intellectual, Mental dimension within, has two Children.

The Left Brain... "Tumatauenga", her son, and her daughter "Rongo"... the Right Brain. In my tradition we personify everything, and we promote "Whole Brain" learning. The left brain is sequential, rational, and logical, while the right brain is creative and intuitive. The Māori is recognized as having intuitive intelligence at a very high level. For example, King Farouk got the Māori Battalion to guard his palace in Cairo during the 2nd World War, because he maintained his own people had lost their ability to navigate intuitively.

When I use my whole brain, I can move into the super consciousness, and confidently make up a tune and lyrics for a song at the same time. The name of the super consciousness is "Tane Maurangi". The Right Brain links into, and crosses over to the Mother Energy on the left hand side, and the Left Brain links into, and crosses over to the Father Energy on the right hand side. The Traditional Meeting House depicts and symbolizes a person, including the "brain". The front of the meeting house is called "Roro" and is upheld, by Rongo on the right side and Tumatauenga on the left side.

Assessment: 10

5. Whānaungatanga / Social Connection to the Human Family that moves in the Four Directions across the World

Every living thing that seeks for sustenance from our Earth Mother, is Family. We do not separate ourselves from the communal living of others. I lived in a family commune of four to five generations as a child, and was taught to respect and be ONE with all living things, including NGATI RA, the whole of humanity.

The deeper meaning of "Whānau Ora" is "that every living thing that seeks sustenance from our Earth Mother is Family from the Central Sun". The Māori language has no word for "enemy"... the closest meaning we can get to "enemy" is "hoariri", "quarrelsome friend", and as I said earlier, the Māori are regarded as the finest Social Scientists, worldwide. I have interacted with a hundred plus Nations across the world, and I am blessed and loved by many people. I link into International and National Organizations that promote the spirit of ONENESS, not DIVISION.

Assessment: 10