

13.06



Gamble Guard

Gamble Guard



"Losing time and money at the gambling table is not worth losing precious moments with your family."



Gamble Guard



"Gambling promises dreams, but hard work delivers real results.."



Gamble Guard



"Remember, you are stronger than your struggles and more fierce than your fears.

The power to stop gambling is in your hands. It's not about luck, it's about making the choice every day to embrace your future and let go of the past.."





Lets Get Started!

"Make a wise decision, stop
gambling and start saving!"



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Camble Guard

Username

Password



[Forgot Password?](#)

Login

Don't have an account yet? [Register](#)

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Camble Guard

Username

E-Mail

Phone Number

Password



Re-Enter Password



Sign Up

already have an account? [login](#)

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Gamble
Guard

Hello, Kevin!
What are you gonna do today?

Upcoming Group Sessions



Today's Session
5pm - 6pm

Recovering from
financial loss

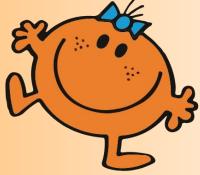


Current Challenge

WOW!

You've passed **4 days** not gambling.
Continue to make your future better!

Mood Tracker



Today you are feeling **Great**
“Be the reason someone smiles today”

Let's **Talk** with Someone!



Expert

Find your therapist



Guardie

Your AI Companion



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Challenges

SAY NO TO GAMBLE

15 Days
daily

✓	✓	✓	4	5
6	7	8	9	10
11	12	13	14	15

Years

Month

Week

Day

Today's Challenge -

Replace Gambling with Good Deeds

• 25 Points Each



Volunteer Your Time:

- Find a local organization or community center where you can volunteer. Even an hour of your time can make a big difference.



Exercise:

- Dedicate at least 30 minutes today to physical activity. It can be a walk, a jog, yoga, or any form of exercise you enjoy.



Learn Something New:

- Spend time learning a new skill or hobby. This could be anything from cooking a new recipe to starting a DIY project.

Current Period - 125 Points

[Previous Challenges](#)



Contacts



Dr. Seto Mulyadi, S.Psi.,M.Si.



Dr. Indra Wicaksono



Dr. Ratna Dewi



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Dr. Budi Santoso



Dr. Rina Setiawan, PsyD



Dr. Dian Pratama, MD



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Dr. Seto Mulyadi, S.Psi.,M.Si.

Online

Dr. Seto Mulyadi

Halo Kevin, gimana kabarya?
Apa yang saya bisa bantu?

Type your message here





IT'S ME,
YOUR **GUARDIE!**

Guardie

Hi Kevin, semoga kamu sehat!
Mau ngobrol apa sama Guardie?

Tell me your thoughts!





Recovering from financial loss

Led by Dr. Kai Cenat

Discover practical strategies and emotional support to rebuild your financial stability and confidence.

Days

Hours

Seconds

00

04

28

Join Session

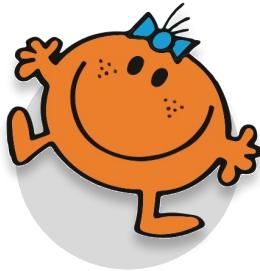


My Mood

How are you feeling today?



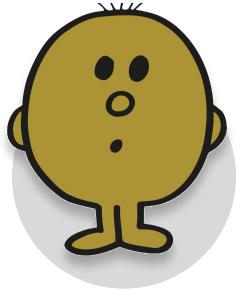
Awesome



Great



Loved



Okay



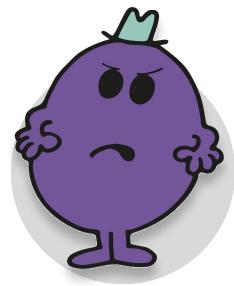
Meh



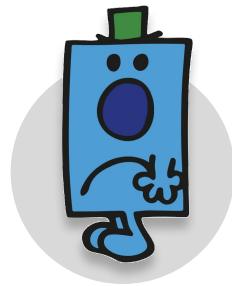
Anxious



Bad



Terrible



Upset

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Logout



Kevin Bong

kevinbbong@gmail.com | 08123456789

Edit Your Profile



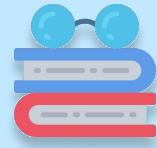
Support Groups

Explore support groups on Whatsapp



Need help?

Resources for Mental Health



Emergency Services



What do you want to watch?



||| Filter



Time to Quit Gambling: Reclaim Your Life

Reclaim your life by exploring effective techniques and resources to break free from gambling addiction



Leave Gambling Behind: Rediscover Happiness and Peace

Rediscover happiness and peace by learning how to let go of gambling and embrace a fulfilling life



Stop Gambling, Start Saving: A Life-Changing Transformation

Practical tips to replace gambling habits with healthy financial practices



Say No to Gambling: How to Take Control of Your Life

Take control of your life with strategies to regain your independence.



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COMPLETE GUIDE TO QUIT GAMBLING



Time to Quit Gambling : Reclaim Your Life

Reclaim your life by exploring effective techniques and resources to break free from gambling addiction.

