I'll create a 14-day Java mastery plan focusing on practical implementations and micro-topics, structured for 1.5 hours daily.

Day 1: Java Fundamentals Advanced
Time Split:

- 20 min: Concept review
- 40 min: Coding practice
- 30 min: Mini-project

Micro Topics:

1. Data Types Deep Dive
    - Wrapper classes internals
    - AutoBoxing/Unboxing
    - String pool mechanics
    - BigDecimal for precision
    - Type erasure understanding
2. Memory Management
    - Stack vs Heap
    - GC algorithms
    - Memory leaks
    - Soft/Weak references
    - Reference queues

Practice Project: Memory-efficient cache implementation

Day 2: Collections Framework Deep Dive
Micro Topics:

1. List Implementations
    - ArrayList internals
    - LinkedList use cases
    - Vector vs ArrayList
    - CopyOnWrite collections
    - Custom List implementation
2. Map Deep Dive
    - HashMap internals
    - TreeMap balancing
    - WeakHashMap usage

- ConcurrentHashMap features
- Custom Map implementation

Practice Project: Build a custom collection with iteration support

Day 3: Advanced Collections
Micro Topics:

1. Set Implementations
    - HashSet internals
    - TreeSet balancing
    - LinkedHashSet ordering
    - EnumSet performance
    - Custom Set implementation
2. Queue Types
    - PriorityQueue implementation
    - BlockingQueue patterns
    - Deque operations
    - Queue ordering
    - Custom Queue build

Practice Project: Priority task scheduler system

Day 4: Object-Oriented Concepts
Micro Topics:

1. Inheritance Patterns
    - Abstract classes
    - Interface evolution
    - Default methods
    - Diamond problem
    - Composition patterns
2. Polymorphism
    - Runtime vs Compile-time
    - Method overloading rules
    - Covariant returns
    - Generic type bounds
    - Bridge methods

Practice Project: Plugin system using interfaces

Day 5: Java Generics
Micro Topics:

1. Generic Types
    - Type parameters
    - Wildcards (? extends/super)
    - Type inference
    - Generic methods
    - Type erasure implications
2. Generic Constraints
    - Multiple bounds
    - Recursive type bounds
    - Raw types
    - Type capture
    - Generic constructors

Practice Project: Generic data structure implementation

Day 6: Exception Handling Advanced
Micro Topics:

1. Exception Mechanisms
    - Custom exceptions
    - try-with-resources
    - Suppressed exceptions
    - Exception chaining
    - Finally block patterns
2. Best Practices
    - Exception hierarchy
    - Logging patterns
    - Error handling strategies
    - Performance impact
    - Testing exceptions

Practice Project: Robust error handling framework

Day 7: Java I/O & NIO
Micro Topics:

1. I/O Streams

- Buffered operations
- Character vs Byte streams
- File operations
- Serialization
- Custom serialization

2. NIO Features
    - Channels and Buffers
    - Selector patterns
    - Memory-mapped files
    - Path operations
    - Watch service

Practice Project: File processing system with monitoring

Day 8: Multithreading Basics
Micro Topics:

1. Thread Management
    - Thread lifecycle
    - Thread pools
    - Thread local
    - Daemon threads
    - Thread priorities
2. Synchronization
    - synchronized keyword
    - Volatile variables
    - Object locking
    - ReentrantLock usage
    - Condition objects

Practice Project: Thread pool implementation

Day 9: Advanced Concurrency
Micro Topics:

1. Concurrent Collections
    - ConcurrentHashMap
    - CopyOnWriteArrayList
    - BlockingQueue types
    - Concurrent Sets

    - Skip Lists
2. Synchronizers
    - CountDownLatch
    - CyclicBarrier
    - Phaser
    - Semaphore
    - Exchanger

Practice Project: Producer-consumer system

Day 10: Java Memory Model
Micro Topics:

1. Memory Architecture
    - Happens-before
    - Memory barriers
    - Cache coherence
    - False sharing
    - Memory leaks
2. Atomic Operations
    - Atomic variables
    - CAS operations
    - Memory ordering
    - Lock-free algorithms
    - ABA problem

Practice Project: Lock-free data structure

Day 11: Functional Programming
Micro Topics:

1. Lambda Expressions
    - Method references
    - Closure scope
    - Type inference
    - SAM conversion
    - Exception handling
2. Stream API
    - Stream operations
    - Parallel streams

- Custom collectors
- Spliterator
- Stream performance

Practice Project: Data processing pipeline

Day 12: Reflection & Annotations
Micro Topics:

1. Reflection API
    - Class loading
    - Dynamic proxy
    - Method invocation
    - Field access
    - Security concerns
2. Custom Annotations
    - Retention policies
    - Target types
    - Annotation processors
    - Runtime processing
    - Documentation

Practice Project: Dependency injection framework

Day 13: Modern Java Features
Micro Topics:

1. Module System
    - Module types
    - Service loading
    - Module resolution
    - Cyclic dependencies
    - Migration strategies
2. New APIs
    - Optional class
    - CompletableFuture
    - Process API
    - HTTP Client
    - Records

Practice Project: Modular application architecture

Day 14: Testing & Best Practices
Micro Topics:

1. Testing
    - JUnit features
    - Mockito advanced
    - Test containers
    - Performance testing
    - Code coverage
2. Best Practices
    - Design patterns
    - Code organization
    - Documentation
    - Logging strategies
    - Security practices

Practice Project: Complete test suite with CI setup

Daily Structure (1.5 hours):

1. 20 min: Theory and examples
2. 40 min: Hands-on coding
3. 30 min: Project implementation

Key Tools to Use:

- IDE: IntelliJ IDEA/Eclipse
- Build: Maven/Gradle
- Testing: JUnit/Mockito
- Profiling: JProfiler/VisualVM
- Version Control: Git

Would you like detailed exercises or specific project requirements for any of these days?