I'll expand the plan to include crucial micro topics that should be mastered under each day's main theme.

Day 1: CSS Fundamentals
Main Topics:

- 20 min: Review basic syntax, selectors, and properties
- 40 min: Practice exercises
- 30 min: Profile card project

Micro Topics to Master:

1. Selectors:
   - Type, class, and ID selectors
   - Attribute selectors [attr=value]
   - Descendant selectors (space)
   - Child selectors (>)
   - Adjacent sibling selectors (+)
   - Pseudo-classes (:hover, :first-child, :nth-child)
2. Basic Properties:
   - color and background properties
   - font-family, font-size, font-weight
   - text-align, line-height, letter-spacing
   - cursor properties
   - opacity and visibility

Day 2: Box Model & Layout Basics
Main Topics:

- 20 min: Box model study
- 40 min: Practice exercises
- 30 min: Product card project

Micro Topics to Master:

1. Box Model Components:
   - content-box vs border-box
   - outline vs border
   - margin collapsing rules
   - negative margins
   - box-sizing property

2. Display Properties:
- block vs inline vs inline-block
- overflow handling
- visibility vs display: none
- float and clear

Day 3: Flexbox
Main Topics:

- 15 min: Flexbox concepts
- 45 min: Practice exercises
- 30 min: Navigation bar project

Micro Topics to Master:

1. Container Properties:
- flex-flow shorthand
- align-content vs align-items
- gap properties
- flex-wrap behavior
2. Item Properties:
- flex-grow, flex-shrink, flex-basis
- align-self
- order
- flex shorthand

Day 4: CSS Grid
Main Topics:

- 20 min: Grid fundamentals
- 40 min: Practice exercises
- 30 min: Gallery project

Micro Topics to Master:

1. Grid Container:
- fr units and auto
- minmax() function
- repeat() function
- auto-fit vs auto-fill
- grid-template-areas syntax

2. Grid Items:
- span keyword
- grid-column/row shorthand
- grid placement strategies
- overlapping elements

Day 5: Responsive Design
Main Topics:

- 20 min: Media queries
- 40 min: Responsive layouts
- 30 min: Project conversion

Micro Topics to Master:

1. Units:
- rem vs em
- vh and vw
- calc() function
- min() and max() functions
- clamp()
2. Media Queries:
- breakpoint strategies
- orientation queries
- print stylesheets
- container queries
- feature queries (@supports)

Day 6: Advanced Concepts
Main Topics:

- 20 min: Transitions/animations
- 40 min: Practice effects
- 30 min: Animation integration

Micro Topics to Master:

1. Transitions:
- timing functions
- delays
- multiple transitions

- hardware acceleration
- will-change property

2. Animations:
   - keyframe syntax
   - animation-fill-mode
   - animation direction
   - steps() function
   - performance optimization

Day 7: Modern CSS & Project Work
Main Topics:

- 20 min: Modern CSS features
- 40 min: Positioning study
- 30 min: Landing page project

Micro Topics to Master:

1. Modern Features:
   - CSS custom properties (variables)
   - CSS Modules
   - @layer
   - :is() and :where()
   - aspect-ratio property
2. Positioning:
   - sticky positioning
   - stacking contexts
   - fixed vs absolute
   - transform-origin
   - perspective

Advanced Concepts to Explore:

1. CSS Architecture:
   - BEM methodology
   - CSS-in-JS
   - Utility-first CSS
   - CSS Modules
   - CSS Custom Properties
2. Performance:

- Critical CSS
- Loading strategies
- Paint performance
- Composite layers
- Browser rendering

Practice Projects for Each Day:

1. Day 1: Style a blog post with proper typography
2. Day 2: Create a pricing card with good spacing
3. Day 3: Build a responsive navbar with dropdown
4. Day 4: Design a masonry-style gallery
5. Day 5: Convert a desktop design to mobile
6. Day 6: Create a micro-interactions library
7. Day 7: Build a modern landing page

Would you like me to elaborate on any of these topics or provide specific exercises for practicing them?